

Mophato 2

KGWEDITHARO 2

SETSWANA

PUO

YA GAE

Lenaneothuto

TSAMAISO YA GO SIAMISA

Badiramongo ba ba rategang,

Re a lo amogela mo lenaneong la Puo ya Gae la NECT!

Ka kopo tlhokomelang ntlha ya gore didiriswa tsa NECT tsa Puo ya Gae tsa kgweditharo ya ntlha, di dirilwe ka fa tlase ga kgatelelo ya nako. Ka lebaka le, re amogela gore go ka nna le kgonagalo ya gore go nne le ditshiamiso kgotsa diphetogo mo go se se dirilweng.

Re ka rata gore le lona le nne le seabe mo didirisweng tse, mme lo dire le lekoko la rona nako le nako go siamisa le go tokafatsa tiro ya go kwala. Fa o ka fitlhela diphoso, ka kopo latela tsamaiso e e maleba go dira tlaleo:

- 1** Romela molaetsa mo atereseng e e maleba, e e ka fa tlase:
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- 2** Mo moleng wa setlhogo, kwala leina la tokomane e e batlisisiwang, Sekao: MOPHATO 3 KGWEDITHARO 2, Lenaneothuto, TSEBE 45–47.
- 3** Mo MMELENG WA MOLAETSA, kwala diphetogo tse di tshwanetseng go diriwa kgotsa o dire diphetogo mo lenaneothutong, o gatisa letlhare le le nang le diphetogo, mme o le romele mo atereseng e e maleba.
- 4** Fa o na le bothata jo bogolo jwa puo, mme o batla thuso ya potlako, kwala mo moleng wa setlhogo. Sekao: BOPAKI BA MOFUTA WA PUO WA SEDIKA.
- 5** Jaanong, mo mmeleng wa molaetsa, tlhalosa bothata jwa gago.
- 6** Ka kopo romela molaetsa wa gago le leina, maemo le mogala wa gago, gore re kgone go letsetsa fa go tlhokega puisano.
- 7** **Re lebogela ditshwaelo tsa kitso ya lona e e totobetseng mo lenaneong le! Re batla go netefatsa gore go dirisitswe puo e e lolameng mo ditokomaneng tsa maleme otlhe.**

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Dintlha tsa Tsamaiso

Diphithhelelo tsa Thuto

Mo kgweditharong e, bnarutwana ba gago ba tshwanetse go fitlhelela diphithhelelo tse di latelang:

GO REETSA LE GO BUA

- 1 Barutwana ba tshwanetse go kgona go bua kgotsa go opela diraeme kgotsa dipina di le nne.
- 2 Barutwana ba tshwanetse go kgona go tsaya karolo mo dipuisanong tsa ka mo phaposing go abelana ka kitso ya bona ya pele.
- 3 Barutwana ba tshwanetse go kgona go buisana ka kgang ya puisokopanelo, ba dirisa letlhomeso la puisano jaaka kaedi.
- 4 Barutwana ba tshwanetse go itlhamela dikgang tsa bona tsa tirwana ya tlhamo ya dikanelokgang.
- 5 Barutwana ba tshwanetse go kgona bua ka kwalo ya bona.
- 6 Barutwana ba tshwanetse go tlhaloganya le go kgona go dirisa nngwe ya tlotlofoko e e latelang

ngongorega	leeto	karo	go swaba	phisego	phadisano
kgomotso	boitumelo	kwa bofelong	itlhaloso	go iteka mo seweng	ikatiso
tshoga	roroma	segatlhamelamasisi	go itshepa	go se iketle	bareetsi
atlega	go se atlege	phoso	kotsi	ka bomo	tlhakatlhakanya
mae a a thubegileng	botlhaswa	kelotlhoko	kgopiwa	tsherebana	thubagana
thuba	ikatisa	kwalakwala	ithuta	itshwabela	mankge
marara	bonolo	makgakga	ikgatholosa	go kopa maitshwarelo	babalesega
go se babalesege	maikarabelo	tshoga	potlaka	phaposo	leka selo se sentšhwa
diphatsa	itshola	kotsi	sebeta	kgalema	kgalemo
go bontsha bonatla	bonatla	gogola	bonatla	bomatla	go tlhoka maikarabelo
ngwao	keteko	setso	setšhaba	mmopa	bopa
masika otlhe	feteletsa	kereke	maikhutso	ditumelo	lenyalo
mefuta	moletlo	lesira	sari	yarmulke	mehndi
tlhaloso	moeng	monyadiwa	monyadi	nnete	maitlhommo

nnete	ga se nnete	leobu	go fitlha	maitshwaro	gasa
enke	tshwenya	motlhasedi	utlwile	go se	mase
tlhaloganye	mmele o o dikolosang letsatsi	magatwe	athikele	patlisiso	

TEMOGO YA MEDUMOPUO LE MEDUMOPUO

- 1 Barutwana ba tshwanetse go lemoga dikarolo tsa medumo tse di tlišang pharologano mo mafokong ka kutlo.
- 2 Barutwana ba tshwanetse go lemoga dikarolo tsa medumo tse di tlišang pharologano mo mafokong bonolo.
- 3 Barutwanaba tshwanetse go kopanya le go kgaoganya dikarolo tsa medumo tse di tlišang pharologano mo mafokong tse di latelang.

oo	ee	oa	rw	ngw	ou
tlw	ea	tsh	gw	nk	ntlh
gwa	kgw	tlw	ngw		

Barutwana ba tshwanetse go kgaoganya mafoko a a latelang ka dinoko

mooki	lookwane	moonoo	leroo	bookelo	feela
eeleele	seemo	beela	apeela	moagi	boatla
moabi	rwala	morwalo	morwa	morwadi	borwa
ngwedi	ngwaya	ngwana	lengwa	bongwe	roula
toula	mmoulo	boulela	tlwaela	mmutlwa	tlwaetse
mebitlwa	setlwa	leano	seaparo	seatla	seane
seaka	tshipi	tshaba	tshimo	tshela	tshoga
gwama	gwamisa	segwapa	nkonko	monko	panka
seganka	ntlhoka	ntlhorisa	ntlhapaola	ntlhaolela	ntlhotlheletsa
gwanta	gwama	mogwapa	gwamisa	legwafa	kgwedi
mokgwaro	sekgwa	makgwakgwa	kgwara	tlwaela	kutlwano
petlwana	tlwaologa	mmutlwa	ngweega	ngwetsi	mongwe
ngwananyana					

PUISO

Barutwana ba tshwanetse go dumisa kgotsa go kgaoganya ka dinoko mafoko a a latelang

mooki	lookwane	moonoo	leroo	poo	bookelo
feela	eeleee	seemo	beela	apeela	boa
moagi	boatla	moabi	rwala	morwalo	morwa
morwadi	borwa	ngwedi	ngwaya	ngwana	lengwa
bongwe	roula	toula	mmoulo	rou	boulela
tlwaela	mmutlwa	tlwaetse	mebitlwa	setlwa	leano
seaparo	seatla	seane	seaka	tshipi	tshaba
tshimo	tshela	tshoga	gwama	gwamisa	segwapa
nkonko	monko	panka	seganka	ntlhoka	ntlhorisa
ntlhapaola	ntlhaolela	ntlhotlheletsa	gwanta	gwama	mogwapa
gwamisa	legwafa	kgwedi	mokgwaro	sekgwa	makgwakgwa
kgwara	tlwaela	kutlwano	petlwana	tlwaologa	mmutlwa
ngweega	ngwetsi	mongwe	ngwananyana		

Barutwana ba tshwanetse go kgona go buisa mafoko a a latelang ka tebo

re	rata	go	etela	ditsala	tshoga
ipela	ikaelela	fitlhelela	mokgele	dilalelo	kelotlhoko
lebenkele	duela	taboga	dipalo	teko	ithaya
tshameka	fosa	timela	segwagwa	malome	batla
roma	losi	noka	kgabaganya	metsi	elega
nkgo	mmopa	bopa	ruta	nkoko	lenyalo
mosese	lesira	dijo	kobo	fetola	mmala
batho	losika	tlola	temogo	lewatile	ditshedi
Mars	nnete				

Barutwana ba tshwanetse go kgona go buisa setlhangwa se se nang le kgolagano jaaka sekao se se latelang:

Kgwedi le kgwedi go na le masea a le mantshi a a tsholwang. Lesea le a itumedisa le lennye ebile le boruma. Seatla sa lesea se sennye. Mme o rwesa lesea futshe gore le thutafale. Nna ga ke rate go rwala futshe ya ulu ka gore e dira gore ditsebe tsa di nne bollo thata. Ke rata go rwala kepisi ya me ya nike. Ditsala tsa me dire e ntle ebile ke serwalo sa segompiano. Ka dikgwedi tsa mariga ke tla rwala futshe ya ulu.

TEKOTLHALOGANYO

- 1 Barutwana ba tshwanetse go kgona go dira diponelopele tsa setlhangwa ka go buisa ditshwantsho.
- 2 Barutwana ba tshwanetse go gopola diteng tsa setlhangwa.
- 3 Barutwana ba tshwanetse go kgona go anela kgang ka botlalo.
- 4 Barutwana ba tshwanetse go kgona go dira tatelano ya ditiragalo tsa setlhangwa.
- 5 Barutwana ba tshwanetse go simolola go tlhaloganya bokao jwa go bopa setshwantsho sa mogopolo, go dira dikgolagano, go akanya ka dintlha tse di sa umakiwang le go ipotsa dipotso ka ga setlhangwa.
- 6 Barutwana ba tshwanetse go go kgona go akanya ka setlhangwa go tswa kwa tshimologong ba dirisa letlhomeso la puisano.
- 7 Barutwana ba tshwanetse go kgona go araba dipotso tsa tekotlhaloganyo ya kwalo.
- 8 Barutwana ba tshwanetse go kgona go dira tshosobanyo ya setlhangwa

GO KWALA

- 1 Barutwana ba tshwanetse go kgona go thala setshwantsho se se romelang molaetsa.
- 2 Barutwana ba tshwanetse go kgona go oketsa ka leina/lefoko le le 1-2 mo ditshwantshong tsa bona.
- 3 Barutwana ba tshwanetse go kgona go tlatsa letlhomeso le le khutshwane la go kwala.
- 4 Barutwana ba tshwanetse go kgona go kwala 1 ditemana ba dirisa letlhomeso la go kwala kgotsa thulaganyo ya go kwala.
- 5 Barutwana ba tshwanetse go kgona go kwala: lenaane/lekwalô.

PUISOKAELO KA DITLHOPHA

- 1 Barutwana ba tshwanetse go kgona go buisetsa kwa godimo go tswa mo dibukeng tsa puiso tsa tekanyetso, mo ditlhopheng tsa bokgoni jwa bona jwa puiso le morutabana.
- 2 Barutwana ba tshwanetse go nna le bokgoni jwa go dirisa kitso ya medumo, go dirisa metlhala ya seemo go tlhaloganya le go lemoga mafoko a a dirisiwang gantsi fa ba buisa.
- 3 Barutwana ba tshwanetse go simolola go kgona go itemogela mafoko le go tlhaloganya.



Didiriswa tse di neetsweng

Tlhokomela gore didiriswa tse di neetsweng ke thoto ya sekolo. Didiriswa di tlaa neelwa gangwe fela ka jalo di tshwanwtse go somarelwa le go bolokwa ka kelotlhoko.

Mo kgweditharong ya 1 barutabana ba tlaa neelwa didiriswa tse di latelang:

1 Dipati tsa mebala tsa go bontsha × 4

Dirisa dipati tse go rulaganya tiro ya beke. Beke nngwe le nngwe bontsha mo dipating: medumopuo le mafoko; mafoko a a tlhagelelang gantsi; tlotlofoko ya thitokgang; ditshwantsho le letlhomeso la go kwala.

2 Diphousetara tsa mokwalo

Manega diphousetara tse kwa pele ka mo phaposing mo barutwana ba tla kgonang go di bona sentle. Barutabana ba mophato wa 1 ba tla newa phousetara ya mokwalo o o gatisitsweng mme ba mophato wa 2 le 3 ba tla newa tsa mokwalo o o gatisitsweng le o o tshwaraganeng.

3 Lenaneothuto la kgweditharo 1

Dirisa lenaneothuto le go itse se o tshwanetseng go se ruta letsatsi lengwe le lengwe. Mekgwathuto e go naya tshedimosetso ya mokgwa wa go ruta thuto nngwe le nngwe. Mo dibekeng tse pedi tsa kgweditharo ya 1 o tla dirisa lenaneo la tlwaetso le le neetsweng.

4 Mosupatsela wa kgweditharo 1

Dirisa lenaneo le go tlatsa lenaneo la ngwaga la go ruta le thulaganyo ya kgweditharo. Tshwaya mme o kwale letlha le o feditseng go ruta thuto le tirwana nngwe le nngwe ka lone. Akanya ka dithuto tse o di rutileng.

5 Bukakgolo ya Kgweditharo 2

Dirisa bukakgolo fa o ruta puisokopanelo. Go na le dikgang di le robedi mo bukeng e. Buisa kgang e le nngwe beke nngwe le nngwe.

6 Didiriswa tsa Kgweditharo 2

Didiriswa di akaretsa tse di latelang:

- **Dipapetlana tsa mafoko a tlotlofoko ya thitokgang, mafoko a a tlhagelelang gantsi, medumopuo le mafoko. Sega mafoko mme o a boloke ka thulaganyo ya beke le beke. Dirisa mafoko a mo dipating tsa go bontsha.**
- **Ditshwantsho tsa mafoko a tlotlofoko ya thitokgang di tla newa fa go leng maleba. Di sege mme o di boloke ka thulaganyo ya beke le beke. Di dirise mo pating ya go bontsha.**
- **O tlile go newa matlhare a go kwalela kgang ya kanelo ya thitokgang nngwe le nngwe. Tse ke ditshwantsho tsa tatelano di le 3 kgotsa 4 tse di anelang kgang. O tla newa matlhare a le 10 mme setlhotshwana sengwe le sengwe se tla bona letlhare le le lengwe. Dira matlhare a mangwe a a gatisitsweng fa go tlhokega.**
- **O tla newa letlhare la go rekota dipholo tsa barutwana le ditshwaelo tsa kgweditharo eo.**
- **Matlhare a barutwana a go dira ka nosi × 8**

7 O tla newa matlhare a barutwana a go dira ka nosi a kgweditharo ya ntlha a beke le beke go simolola ka beke ya bo 3 go ya go ya bo Barutwana ba bangwe ba tla a dirisa fa wena o buisa le setlhopho ka nako ya puisokaelo ka ditlhopho. O tla newa a le 20 mme o tla gatisa a mangwe fa o a tlhoka.

**Tsamaiso ya beke le beke: diura di le 7**

- 1** Lenaneothuto le le latela tsamaiso e e tshwanang ya beke le beke.
- 2** Se se thusa gore go nne bonolo go morutabana le barutwana go le go le latela.
- 3** Barutwana ba kgona go ipaakanyetsa thuto e e latelang fa ba setse ba itse tsamaiso e.

- 4 Tsamaiso e, e ikaegile mo go CAPS ka tiriso ya diura di le 7 mo bekeng bonnye go ruta puo ya gae.
- 5 Tsamaiso e, e diretswe go dira jaaka lenaneo la dipuo di le pedi ga mmogo le PSRIP ya puo ya sekgowa.
- 6 Ka kopo bontsha tsamaiso ya lenaneo le mo phaposing ya gago mme o le itse ka tlhogo!

Mosupologo		Labobedi		Laboraro		Labone		Labotlhano	
Puo ya molomo	15			Puo ya molomo	15			Puo ya molomo	15
		Medu-mopuo	15	Medu-mopuo	15	Medu-mopuo	15	Medu-mopuo	15
Mokwalo	15	Mokwalo	15	Mokwalo	15				
Puisoko-panelo	15	Puisoko-panelo	15			Puisoko-panelo	15	Puisoko-panelo	15
Go kwala	30			Go kwala	30				
Puisokaelo ka ditlhopho	30	Puisokaelo ka ditlhopho	30	Puisokaelo ka ditlhopho	30	Puisokaelo ka ditlhopho	30	Puisokaelo ka ditlhopho	30
1.45		1.15		1.45		1.00		1.15	



Paakanyo ya beke le beke

Ela tlhoko gore le fa lenaneothuto la puogae le fokoleditse barutabana tiro ya go RULAGANYA, go santse go le botlhokwa gore barutabana ba dire PAAKANYO. Tlhophang letsatsi le le lengwe mo bekeng, mme morago ga dithuto le nne mmogo lo dire paakanyo.

Gakologelwa se fa o dira paakanyo:

- 1 Buisa lenaneothuto la beke yotlhe.
- 2 Netefatsa gore o itse le go tlhologanya mekgwathuto ya dithuto tse o tla di rutang mo bekeng eo. Go botoka go ikgakolola ka go buisa karolo ya 'Mekgwathuto' mo lenaneothutong la gago.
- 3 Jaanong netefatsa gore o tlile go tlhoka dipapetlana tsa mafoko, ditshwantsho tsa tlotlofoko ya thitokgang, mafoko a a tlhagelelang gantsi, medumopuo le letlhomeso la go kwala dife.
 - a Sega dipapetlana tsa mafoko le ditshwantsho.
 - b Leka go di kgomaretsa mo khatebokosong kgotsa mo pampering.
 - c Fa go kgonega a phuthele ka polasitiki go a sireletsa.
 - d Baya dipapetlana tsa mafoko a beke mmogo, o ka a tsenya mo enfelopong kgotsa wa a bofa ka rekere.
- 4 Kgobokanya didiriswa dingwe tse o tla di tlhokang, e ka nna ditshwantsho kgotsa dilwana tsa nnete.
- 5 Netefatsa gore a bukagolo ya gago e mo maemong a a siameng.

- 6 Buisa ditirwana tsa DBE tse o tla di dirang.
- 7 Ikatisetse thuto ya mokwalo.
- 8 Netefatsa gore o tladitse mosupatsela wa gago mo bekeng e e fetileng mme o akanye ka tswelopele ya gago



Dithitokgang le lenaneo la puiso

NOMORO YA BEKE	THITOKGANG	SETLHANGWA SA PUISOKOPANELO	LETLHARE LA TIRO LA GO BUISA
1	Re na le maikutlo	Dintle o jela Dumi nala	1
2	Re na le maikutlo	Nyasha mo seraleng	2
3	Go dira diphoso	Jabu o dira mae a a tlhakatlhakantsweng	3
4	Go dira diphoso	Teko ya matetisi e e bonolo ya ga Lindelani	4
5	Pabalesego le maikarabelo	Duma le ditsala tsa gagwe ba a timela	5
6	Pabalesego le maikarabelo	Vusi le losi lwa noka	6
7	Ditso	Kgang ya ga nkoko	7
8	Ditso	Kgang ka ga manyalo a mararo	8
9	Nnete kgotsa maitlhomo?	A o ne o itse?	9
10	Nnete kgotsa maitlhomo?	Temogo e tona ya ga Gugu	10



Lenaneo la tlhatlhobo ya kgweditharo 1

Lenaneo la Tlhatlhobo le tlamilwe go tsamaisana le Karolo 4 e e khutshwafaditsweng ya CAPS. Se se ka fitlhelwa kwa morago mo mosupatseleng wa kgweditharo nngwe le nngwe.



Dipontsho tsa ka mo phaphosing

DIPATI TSA GO BONTSHA

- 1 Kwa ntle ga lenaneo le, o tllile go newa dipati tsa pontsho tse di dikgolo tsa mebala e e farologaneng di le nne.
- 2 Pati ya mmala mongwe le mongwe e tla bontsha mafoko a beke a a farologaneng.
- 3 Dirisa dipati tse ka mokgwa o o latelang:

- a Pati ya botala jwa tlhaga – bontsha mafoko a tlotlofoko ya thitokgang le ditswhantsho tsa beke eo.
 - b Pati ya botala jwa legodimo – bontsha mafoko a a tlhagelelang gantsi a beke eo.
 - c Pati e e serolwana – bontsha mafoko a medumopuo le mafoko a beke eo.
 - d Pati e pinki –bontsha letlhomeso la go kwala la beke eo.
- 4 Mafoko a a mo dipating a tshwanetse go fetolwa beke le beke.
 - 5 Se tlogele mafoko a ngwaga otlhe mo loboteng lwa phaposi. Se, se ka dira gore barutwana ba tlhakane tlhogo. Bontsha fela mafoko a a tsamaisanang le thitokgang.
 - 6 Fa o se na go pagolola mafoko le ditshwantsho di boloke sentle mo difaeleng.
 - 7 Tlhokomela mafoko a gore o kgone go a dirisa gape mo ngwageng o o latelang.

TAFOLE YA DIPONTSO TSA THITOKGANG

- 1 Leka go dira tafole ya dipontsho tsa thitokgang mo phaphosing ya gago.
- 2 Baya ditshwantsho le dilwana tsa nnete tse di tsamaisanang le thitokgang.
- 3 Kwala maina a dilwana tse gore barutwana ba kgone go ithuta tlotlofoko e.

Mekgwathuto



Tsamaiso ya ka mo phaposing

Tse ke dikaedi tsa konokono tsa tsamaiso ya ka mo phaposing di akaretsa le 'mekgwathuto'. Dikaedi tse di dirirsiwa ka dinako tsotlhe mo lenaneong le, ka jalo go botlhokwa go di itse sentle.

Maikaelelo: Go tokafatsa tiriso ya nako, maitseo a barutwana le tirisano mmogo ya barutwana. Go fokotsa go iteega tsebe ga barutwana fa dithuto di tswelletse. Go dirisa metshameko ka katlego mo go ithuteng.

GO RULAGANYA GO NNA GA BARUTWANA LE GO BA KGAOGANYA KA DITLHOTSHWANA

- 1 Ela tlhoko ka fa o nnisang barutwana ka mo phaposing.
- 2 Fa o dira se, ela tlhoko tse di latelang:
 - a **Go nna ka bokgoni jo bo sa tshwaneng** – Ga go botlhale gore barutwana ba ba nang le bokgoni ba nne mmogo mme ba ba kgaratlang le bone ba nne mmogo. Tlhakanya barutwana ka bokgoni jo bo sa tshwaneng gore phaposi e nne lefelo la bokgoni jo bo tlhakaneng.
 - b **Nnisa barutwana ka kelotlhoko gore go se nne le dikgotlang le modumo o o sa tlhokagaleng.** Barutwana ba ba lwang ba se nne mmogo, le ba ba buang bobee ba se nne mmogo. Efoga mathata a ka go kgaoganya barutwana ba.
- 3 Mo lenaneong la thuto le, go ditirwana di le mmalwa fela tse di tlhokang gore barutwana ba di dire ka ditlhotshwana.
- 4 Baya barutwana ka ditlhopho tsa barutwana ba le 3–4 mo setlhopheng. Se, se tla thusa gore go nne bonolo gore barutwana ba dire sentle ntle le go tlatlala.
- 5 Fa barutwana ba nna ka mela, tsela e e bonolo ya go dira ditlhotshwana ke gore barutwana ba le babedi ba nne fa pele gore ba kgone go retologa mme ba lebe barutwana ba mola o o ka fa morago. Ka go dira jalo ba tla bopa setlhopho sa ba le bane ka bonako
- 6 Se letle barutwana go itseela ditshweetso ka se. Dira tshweetso ya gore o bopa ditlhotshwana jang mme o katise barutwana go ya kwa ditlhopheng tsa bona ka bonako le ka tidimalo.
- 7 Fa o lemoga gore go dira ditlhopho ga go go tswela mosola, dira diphetogo mo ditlhopheng. O seke wa gapeletsa barutwana go dira mmogo.

TSAMAISO YA PUISANO YA DITLHOPHA.

- 1 Mo lenaneong la thuto le, go na le ditirwana dile mmalwa tse di tlhokang gore barutwana ba nne le dipuisano tsa ditlhopho.

- 2 Katisa barutwana go dira se jaana:
 - a Sa ntlha barutwana ba tshwanatse go nna ka ditlhopha tsa bone
 - b Morago barutwana ba tshwanetse go ela tlhoko dipotso tsa puisano kgotsa letlhomeso.
 - c Jaanong morutwana mongwe le mongwe o tshwanetse go newa tšhono ya go araba potso nngwe le nngwe.
 - Morutwana 1 o araba potso 1
 - Morutwana 2 o araba pitso 1
 - Morutwana 3 o araba potso 1
 - Morutwana 4 o araba potso 1
 - Morutwana 1 o araba potso 2
 - Morutwana 2 o araba potso 2
 - Morutwana 3 o araba potso 2
 - Morutwana 4 o araba potso 2
 - Jalojalo
- 3 O ka dirisa kotana/leje/sengwe fela jaaka tetla ya go bua.
 - a Naya setlhopha sengwe le sengwe kotana e e mebala kgotsa leje la tetla ya go bua.
 - b Morutwana yo o tshwereng tetla ya go bua ke ene fela a buang fa ba bangwe ba reeditse ka tlhoafalo.
 - c Fa morutwana wa ntlha a feditse go bua o fetisetsa tetla ya go bua go morutwana yo mongwe, mme ba tswelala pele jalo.
- 4 Fa setlhopha se tshwanetse go bua morago ga fa mongwe le mongwe a arabile dipotso, setlhopha se ka tsaya tshweetso ka ga dikarabo tse di gaisitseng tsa potso nngwe le nngwe.

DITIRWANA TSE DI FAROLOGANENG TSA PUIISO

- 1 Ka nako ya puisokaelo ka ditlhopha morutabana o dira le ditlhopha di le pedi.
- 2 Mo gare ga ditlhopha tse pedi tse, go botlhokwa gore go nne le khefu pele barutwana ba simolola go dira tirwana ya matlharetiro a go buisa.
- 3 Dira se jaana:
 - a Fa o feditse go dira le setlhopha, ba laele go boela kwa mannong a bone.
 - b Netefatsa gore barutwana botlhe ba go reeditse.
 - c Dira tirwana e e farologaneng ya puiso le barutwana botlhe.
 - d Laela barutwana go ya go nna ka matlharetiro a go buisa.
 - e Ba tlhalosetse tirwana e e latelang mo matlharetirong a go buisa.
 - f Gakolola barutwana gore ba feleetse tirwana ya ntlha pele ba dira e e latelang mme morutwana mongwe le mongwe a dire ka nosi.
 - g Bitsa setlhopha sa bobedi go tla go dira le wena.
- 4 Mo kgweditharong ya 1, re lo gakolola go dirisa ditirwana tse nne tse di farologaneng tsa puiso tse le barutwana.

Tirwana 1: Morutabana a re

- 1 Laela barutwana go ema.
- 2 Tlhalosa gore o ya go dira metsamao e e farologaneng jaaka: go itshwara tlhogo, go fofisa khaete, go tshikinya dinko, go tlola gararo; jj.
- 3 Fa o re 'morutabana a re' barutwana ba tshwanetse go dira.
- 4 Fa o sa re 'morutabana a re' barutwana ba seka ba dira.
- 5 Fa morutwana a ka dira sengwe o sa re' morutabana a re' morutwana yoo, o a tswa mo motshamekong.
- 6 Mofenyi ke morutwana yo o setseng fa botlhe ba dule mo motshamekong.

Tirwana 2: Moletlo wa mmimo

- 1 Laela barutwana go ema.
- 2 Ba bolelele gore o ya go ba tshamekela mmimo.
- 3 Fa barutwana ba utlwa mmimo, ba tshwanetse go bina.
- 4 Fa o emisa mmimo le bone ba tshwanetse go ema ba sa tshikinyege.
- 5 Tshameka mmimo le go o emisa makgetlonyana gore barutwana ba bine le go ema ba sa tshikinyege makgetlonyana.

Tirwana 3: Tshikinyega, tshikinyega, se tshikinyege.

- 1 Laela barutwana go ema.
- 2 Bua jaana: tshikinyega, tshikinyega, tshikinyega, se tshikinyege!
- 3 Barutwana ba bua se mmogo le wena fa ba ntse ba itshikinya
- 4 Fa o re 'se tshikinyege' ba eme tsi ka tidimalo!
- 5 Boeletsa se ka makgetlo a le mmalwa

Tirwana 4: Nna le setilo sa me

- 1 Laela barutwana go ema gaufi le ditilo tsa bone mme ba katologane.
- 2 Bolelela barutwana go latela ditaello tsa gago mme ba dire se ka bonako.
- 3 Maikaelelo ke go thusa barutwana go gakologelwa makaedi.
- 4 Naya ditaello jaana:
 - ema ka fa morago ga setilo sa gago.
 - tsholetsa setilo sa gago
 - pagama mo godimo ga setilo sa gago.
 - tlola setilo sa gago
 - jj



Ditirwana tsa Molomo

O tllile go dira ditirwana tsa molomo mo tshimologong ya dithuto tsa puo ya gae ka Mosupologo, Laboraro le Labotlhano. Tse ke ditirwana tsa go reetsa le go bua tsa lenaneo. Di dirilwe ka kelotlhoko go naya morutwana mongwe le mongwe tšhono ya go bua.

Ruta mafoko a thitokgang

Maikaelelo: Go tswelletsa maemo a barutwana a go tlhaloganya, go akanya ga maemo a a kwa godimo le tiriso ya mafoko a thuto gore ba nne le tswelelopele mo go buiseng le go tlhaloganya se ba se buisang le kitsokakaretso. Go naya barutwana puo e e maleba e ba tla e dirisang ka botlalo le botswerere mo kgatong ya magareng.

- 1 Ruta barutwana mafoko a thitokgang a le mararo a mantšhwa.
- 2 Dirisa mokgwathuto wa 'SDTB' go ruta tlotlofoko e ntšhwa.
- 3 SDTB ke khutswafatso ya Supa, Diragatsa, Tlhalosa, Bua.
- 4 Ga go kgonege gore o ka dirisa 'SDTB' mo lefokong lengwe le lengwe la thitokgang – dira se se maleba.
 - a S – SUPA setshwantsho kgotsa sediriswa sa nnete fa go tlhokega.
 - b D – DIRAGATSA lefoko la thitokgang fa go kgonega.
 - c T – TLHALOSETSA barutwana bokao jwa lefoko la thitokgang.
 - d B – BUA lefoko mo polelong mme barutwana ba go latele.
- 5 Baya mafoko le ditshwantsho tsa thitokgang tse di rutilweng mo bekeng.
- 6 Ga se barutwana botlhe ba ba tla kgonang go gopola tlotlofoko ya thitokgang e ntšhwa. Se tshwenyega ka ga se, gape o seke wa dira gore barutwana ba boeletse lefoko gantsi.
- 7 Barutwana ba tllile go kopana le tlotlofoko ya thitokgang e ntšhwa go le gantsi mme ba tla neelwa tšhono ya go ipopela tlotlofoko ya bona ka tlhomamo.

Pina kgotsa Raeme

Maikaelelo: Go kokoanya kitso ya tlotlofoko e ntšhwa mo barutwaneng. Go ithuta ka motshameko.

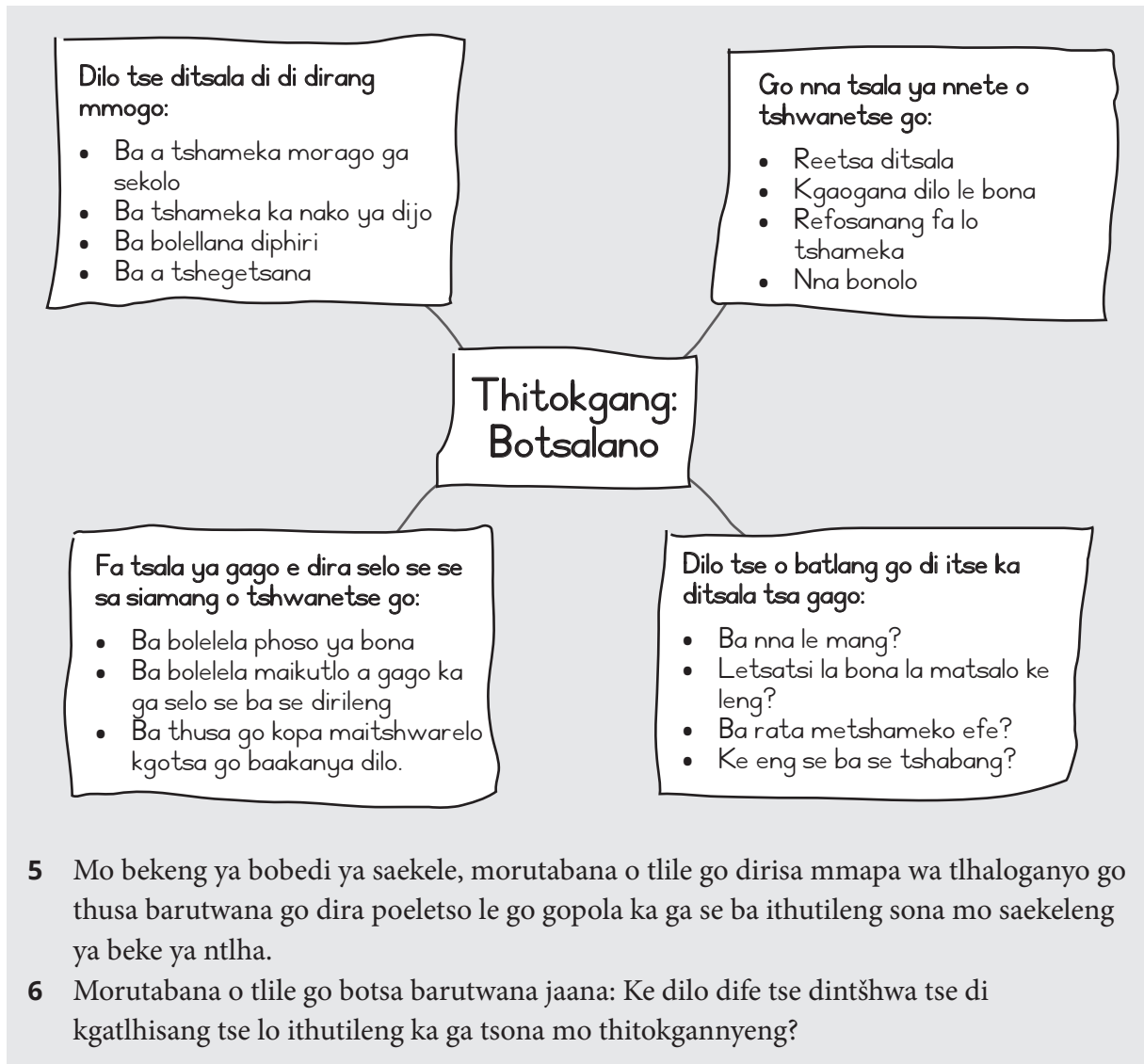
- 1 Pina kgotsa raeme e e maleba e o tshwanetseng go e dira le barutwana e ka bonwa ka mo lenaneothutong.
- 2 Fa nako e ntse e tsamaya, barutwana ba tla itse dipina le diraeme tse, mme ba kgona go di opela.
- 3 Fela fa di simolola go tlhagisiwa, o tshwanetse go ruta barutwana mafoko, tiragatso le molodi wa pina (fa go tlhokega)
- 4 Ruta barutwana pina kgotsa raeme motlhala ka motlhala jaana:
 - a Opelela barutwana kgotsa o ba bolelele pina kgotsa raeme yotlhe. Ba tlhaloetse bokao ba pina kgotsa raeme fa go tlhokega.

- b** Opela kgotsa o bue motlhala wa ntlha mme barutwana ba boeletse fa morago ga gago.
- c** Opela kgotsa o bue motlhala wa bobedi mme barutwana ba boeletse fa morago ga gago.
- d** Opela kgotsa o bue metlhala e mebedi ya ntlha mmogo, mme o letle barutwana go boeletsatsa fa morago ga gago
- e** Tswelala ka mokgwa o, go fitlhela o ratile barutwana pina kgotsa raeme yotlhe.
- 5** Ka gale Diragatsa ka ditiragatso tse di maleba mo pineng kgotsa raema.
- 6** Letla barutwana go opela dipina tse ba di ratang kwa bokhutlong jwa letsatsi – se ke mokgwa o o itumedisang wa go gatelela puo e ntšhwa e ba ithutileng yona.

Tlhagisa thitokgang: Phitlhelelo ya kitso ya pele

***Maikaelelo:** Go tlhoma le go amogela kitso e barutwana ba nang le yona ka ga setlhogo le go agela mo go se ba se itseng ka ga setlhogo. Go diragatsa kerafo ya go kokoanya kitso ka go dirisa maano a mmapa wa tlhaloganyo.*

- 1** Mo tirwaneng e, morutabana o simolola ka go dira mmapa wa tlhaloganyo mo patitšhokong.
- 2** Morutabana o thala tshekeletsatsa e e nang le leina la thitokgang mo bogareng jwa patitšhoko.
- 3** *Morago morutabana o botsa barutwana jaana: Ke eng se lo se itseng ka thitokgang e?*
- 4** Morutabana o kwala dintlha tsa barutwana go dikologa mmapa wa tlhaloganyo. Morutabana a leke go baya dintlha tse di tshwanang ka ditlhopho. Sekao: Fa thitokgang e le ka ga 'Botsalano' o ka nna le mmapa wa tlhaloganyo o o lebegang jaana:



Kanelokgang ya Maitlhamelo Beke 1

Maikaelelo: Go naya barutwana tšhono ya go dirisa puo ka tlhomamo le go dirisa kitso ya bona ka ga thitokgang le boitlhamedi go tlhama kang e e nang le bokao. Go aga bokgoni jwa barutwana ba tatelano ya dintlha. Go naya barutwana tšhono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.

- 1 Tirwana e, e naya barutwana tšhono ya go dirisa bokgoni jwa bona jwa go akanya, le boitlhamedi go dirisa mafoko a thitokgang le tatelano ya dintlha go tlhama kang e ntšhwa.
- 2 Bolelela barutwana go nna mo ditlhopheng tsa bona tse dinnye.
- 3 Naya setlhopha sengwe le sengwe lethare la kanelokgang ya maitlhamelo le le nang le thitokgang.
- 4 Matlhare a, a na le ditshwantsho di le 3–4 tse di ka dirisiwang go tlhama kang e e amanang le thitokgang.

- 5 Laela barutwana go akanya ka ga kgang e e maleba le setshwantsho
- 6 Naya barutwana motsotso kgotsa e le mebedi go akanya ka dintlha tsa bona.
- 7 Morutwana mongwe le mongwe mo setlhopheng o tshwanetse go bona tšhono ya go abelana ka se ba se itseng ka kgang.
- 8 Tsamaya fa gare ga barutwana ba ba farologaneng go reetsa fa ba anela dikgang tsa bona.
- 9 Tsaya matlhare mme o a boloke sentle go a dirisa gape mo bekeng e e latelang
- 10 Rotloetsa barutwana go anela dikgang tsa bona go mongwe kwa gae.

Kanelokgang ya Maitlhamelo Beke 2

***Maikaelelo:** Go naya barutwana tšhono ya go dirisa puo ka tlhomamo le go dirisa kitso ya bona ka thitokgang go itlhamela kgang e e nang le bokao. Go aga bokgoni jwa barutwana ba tatelano ya dintlha. Go naya barutwana tšhono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.*

- 1 Bolelela barutwana go nna mo ditlhopheng tsa bona.
- 2 Naya setlhopha sengwe le sengwe letlhare la kanelokgang ya maitlhamelo le le nang le thitokgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng, ba itlhametse dikgang tsa bona ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira mmogo go tsaya tshweetso ka ga kgang ya setlhopha.
- 5 Gakolola barutwana gore kgang ya bona e tshwanetse go nna ya maitlhamelo mme e tsamaelane le ditshwantsho.
- 6 Kopa barutwana go reetsa ka tlhoafalo
- 7 Kopa setlhopha se le 1 go ya go di le pedi tse di farologaneng go abelana ka dikgang tsa bona tsa setlhopha.
- 8 Leboga barutwana go abelana ka dikgang tsa bona.

Puisano ka setlhangwa sa Puisokopanelo

***Maikaelelo:** Go ruta barutwana ka go akanya go go tibileng le dikgono tsa go sobokanya tse di tla ba nayang tšhono ya go ikatisa le go godisa dikgono tse. Go aga boitshepi mo barutwaneng ka go ba naya tšhono ya go ipopela le go tlhagisa dikakanyo, go itekola, go dira dikgolagano le dintlha tse di sa umakiwang. Go naya barutwana tšhono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.*

- 1 Puisano ka ga setlhangwa sa puisokopanelo e diriwa ka Labotlhano.
- 2 Simolola ka go kwala letlhomeso la puisano mo patitšhokong.
- 3 Morago buisa le go tlhalosetsa barutwana letlhomeso la puisano.

- 4 Barutwana ba tshwanetse go tlhaloganya gore ga go na katlholo mo dikarabong tsa dipotso tse di bulegileng, dikarabo tsotlhe le dikakaknyo tse di farologaneng di amogelesegile.
- 5 Kwa bokhutlong jwa thutu, kopa barutwana go reetsa ka tlhoafalo.
- 6 Mo metsotsong ya bofelo, kopa barutwana ba ba farologaneng kgotsa setlhopha se se rileng go abelana ka dikarabo tsa bona.
- 7 Lebogela dikarabo le ditshwaelo tsa barutwana.
- 8 Fa dikarabo di se maleba kgotsa di tlhoka go atolosiwa, baakanya diphoso tsa dikarabo tsa barutwana kgotsa botsa dipotso tsa thotloetso.



Temogo ya medumopuo & Medumopuo/Mokwalo

Kopano ya dintlha: Mosupologo

Maikaelelo: Go dira tlhatlhubo e e sa tlhomamang ya temogo ya medumopuo le go gopola medumopuo e ba ithutileng yona le mokwalo. Go thusa le go sobokanya kitso ya barutwana ya medumopuo le mokwalo ka mokgwa wa go itshiamisa.

- 1 Ka mosupologo ka nako ya Mokwalo, barutwana ba ikatisa go bopa ditlhaka ka go dira poeletso ya medumo, dinoko le mafoko a ba ithutileng ona mo dibekeng tse di fetileng.
- 2 Bolelela barutwana go bula dibuka tsa bona mme ba kwale letlha.
- 3 Morago, kopa barutwana go mena letlhare ka bogare, ba kwale dinomoro go simolola ka 1-5 fa thoko ga mola letlhakore go ya kwa tlase, mme 6-7 ba e kwale mo lemenong le le fa gare la letlhare go ya kwa tlase. (Palo ya medumo, dinoko le mafoko di tlaa farologana go ya ka dithuto tsa beke).
- 4 Bolelela barutwana go kwala modumo, noko kgotsa lefoko jaaka o le bua, mme ba kwale fa thoko ga nomoro e e nepagetseng. Fa ba palelwa ke go kwala modumo kgotsa lefoko, ba thale mola o monnye fa thoko ga nomoro.
- 5 Bolelela barutwana gore e ke tirwana e nnye ya ka bonako go bona fa ba gakologelwa go kwala medumo, dinoko le mafoko a ba ithutileng one.
- 6 Bolelela barutwana gore ba lekola kitso ya bona ya medumopuo le mokwalo.
 - Ba tlhoka go bona fa ba kgona go kwala modumo, noko kgotsa lefoko ka nepagalo
 - Gape ba tlhoka go bona fa ba kgona go bopa ditlhaka ka nepagalo.
- 7 Ba biletse medumo, dinoko le mafoko a a leng mo lenaneothutong.
- 8 Morago laela barutwana go tshwaya tiro ya bona ba dirisa pentshele ya mmala.
- 9 Kwala dikarabo tse di nepagetseng mo patitshokong mme o bue modumo le go tlhalosa tsamaiso ya go kwala
- 10 Bolelela barutwana gore fa ba kgaratlhela go gopola modumo kgotsa go kwala tlhaka, ba tshwanetse go ithuta tsona mo gare ga beke.
- 11 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

Go ithuta modumo le mafoko a mantšhwa: Labobedi le Laboraro

Maikaelelo: Go aga bokgoni ba temogo ya medumopuo ya barutwana ka thulaganyo le ka botlalo. Go ruta barutwana medumo ya ditlhaka tsa puo ya gae le dinoko go ikatisa go lemoga le go dirisa medumo ya ditlhaka le dinoko tse di rutilweng.

Itsise modumo o montšhwa

- 1 Bua modumo mme o emise papetlana ya modumo. Sekao:/a/
- 2 Bua modumo mme o laele barutwana go bua modumo x 3.
- 3 Buisanang ka ga modumo/a/o o sa dumisiweng ka go tshwana mo setswaneng le mo sekgoeng.
- 4 Bontsha barutwana medumo e e ikemetseng e le nosi go tswa mo tšhateng ya ditlhaka.
- 5 Botsa barutwana jaana: A le ka akanya ka mafoko a a dirisang modumo/a/?
- 6 Akanya ka mafoko le barutwana, jaaka: **bana, ila, gama, fala**
- 7 Botsa barutwana jaana: A lo ka akanya ka mafoko a a felelang ka/a/?
- 8 Akanya ka mafoko le barutwana, jaaka: **mala, baba, loma**

Itsise mafoko a mantšhwa

- 1 Buisetsa lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **bana, ila, gama, fala**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang
- 3 Laela barutwana go boeletsa mafoko fa morago ga gago mme o gatelela modumo o o rutiwang
- 4 Baya dipapetlana tsa mafoko mo tšhateng ya medumopuo.

Go kwala tlhaka/ditlhaka le mafoko a mantšhwa: Labobedi le Laboraro

Maikaelelo: Go godisa bokgoni ba barutwana ba go kwala ditlhaka tse di maleba le medumo e ba ithutileng yona ka thelelo le ka thulaganyo.

- 1 Ruta barutwana go bopa ditlhaka tse di gatisitsweng ka medumo e e rutilweng ka nepagalo.
- 2 Diragatsa ka go kwala modumo mo patitšhokong – tlhalosa tsamaiso ya go bopa tlhaka fa o ntse o kwala
- 3 Bolelela barutwana ba ba kwalang ka letsogo la molema go baya ditlhago tsa bona mo ditafoleng.
- 4 Jaanong, furalela barutwana mme o emise letsogo la moja.
- 5 Bolelela barutwana ba ba kwalang ka letsogo la moja go go latela fa o kwala tlhaka mo moweng.
- 6 Morago, boeletsa tsamaiso e e fa godimo le ka barutwana ba ba kwalang ka letsogo la molema

- 7 Bolelela barutwana go dira le balekane mme ba kwale modumo ka menwana mo mekwatleng ya bona.
- 8 Morago ga se, laela barutwana go kwala modumo ka menwana mo ditafoleeng tsa bona.
- 9 Kwa bokhutlong, supetsa barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 10 Barutwana jaanong ba tshwanetse go kwala modumo, mafoko le dipolelo mo dibukeng tsa bona.
- 11 Barutwana ba tshwanetse go thalela modumo o montšhwa o ba ithutileng ona mo mafokong le mo dipolelong.

Go kgaoganya le go kopanya: Labone

Maikaelelo: Go aga bokgoni jwa temogo ya medumopuo ka thulaganyo le ka botlalo mo barutwaneng le bokgoni jwa go kopanya le go kgaoganya medumo ya ditlhaka le dinoko go ba kgontsha go buisa le go kwala ka nosi. Go lemoga le go oketsa kgakologelo ya medumo ya ditlhaka le dinoko bonolo.

Ke a dira...

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **bana**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: **/b/-/a/-/n/-/a/**
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: **/b/**
- 5 Bua modumo o o ikemetseng wa bobedi wa lefoko: **/a/**
- 6 Bua modumo o o ikemetseng wa boraro wa lefoko: **/n/**
- 7 Bua modumo o o ikemetseng wa bone wa lefoko: **/a/**
- 8 Kwala lefoko mo patitšhokong: **bana**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko: **/b/-/a/-/n/-/a/= bana**
- 10 Morago bua noko ya ntlha ya lefoko: **/ba/**
- 11 Bua noko ya bobedi ya lefoko: **/na/**
- 12 Diragatsa ka go supetsa le go kopanya dinoko tse o di kopanyang go bopa lefoko: **ba/-/na/= bana**
- 13 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Re a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **ila**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? **/i/**
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? **/l/**
- 5 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? **/a/**
- 6 Kopa barutwana go kgaoganya lefoko ka medumo: **/i/-/l/-/a/**
- 7 Kwala lefoko mo patitšhokong: **ila**
- 8 Laela barutwana go kopanya medumo le wena go bopa lefoko: **/i/-/l/-/a/= ila**

- 9 Botsa barutwana jaana: Noko ya ntlha ya lefoko ke efe?/i/
- 10 Botsa barutwana jaana: Noko ya bobedi ya lefoko ke efe?/la/
- 11 Kopa barutwana go kopanya dinoko go bopa lefoko:/i/-/la/= **ila**
- 12 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Batla Lefoko: Labotlhano

Maikaelelo: Go naya barutwana tšhono ya go sobokanya dintlha tsa kitso ya medumo ya ditlhaka e e rutilweng. Go naya barutwana tšhono ya go ikatisa go nna le kgono ya go kopanya medumo go bopa mafoko. Go lemoga medumo ya ditlhaka bonolo.

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo e e ithutilweng mo nakong e e fetileng le e e ithutilweng ka Labobedi le Laboraro.

a	m	o
b	l	e
n	j	r

Diragatsa

- 1 Gakolola barutwana ka medumo ya beke: sekao:/a/ le /b/
- 2 Boeletsa medumo yotlhe e e mo patitšhokong.
- 3 Tlhalosetsa barutwana gore ba na le metsotso e le 3 go bona mafoko a le mantši a ba ka a kgonang ba dirisa medumo e e fa godimo.
- 4 Bontsha barutwana gore ba bona jang mafoko ba dirisa medumo e e totilweng jaaka:/a/-/b/-/a/
- 5 Gakolola barutwana gore ba ka bona lefoko ba dirisa modumo mongwe le mongwe – ga go tlhokege gore ba dirise/a/kgotsa/b/.
- 6 Bontsha barutwana gore ba ka bopa jang lefoko le lengwe go dira lefoko le lengwe, jaaka:/m/-/e/-/n/-/o/
- 7 Gakolola barutwana gore ba ka bopa mafoko ba dirisa medumo e e totilweng jaaka **aba**, kgotsa mafoko a a se nang modumo o o totilweng jaaka **meno**.

Barutwana ba a dira

- 1 Bolelela barutwana go bula dibuka tsa bona tsa go kwalela mme ba kwale setlhogo: **a, b**.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go fitlhela le go aga mafoko a le mantši a ba ka a kgonang ka medumo.
- 4 Letla barutwana go siamisa tiro ya bona. Bontsha barutwana go bopa mafoko a (le a mangwe)
- 5 Sekao: **aba, baba, oba, ema, loma, lema, roma, rera, jala, bela**



Temogo ya medumopuo & Medumopuo/Mokwalo

MOKWALO

Go fetola mafoko: Mosupologo

Maikaelelo: Go thusa barutwana go itshiamisetsa ba dirisa kitso ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go lemoga dipharologano tse di fetolang bokao ba mafoko le dipolelo.

Ntlha: Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o sa TSHWARAGANANG. Barutwana ba ka kwala tirwana e ka mokwalo o o TSHWARAGANENG fa ba na le bokgoni jo bo tletseng ba go kwala ka go TSHWARAGANYA.

- 1 Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa ka go kwala mokwalo o o tshwaraganeng ka go boeletsa medumo le mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2 Se se latelang: Laela barutwana go bula dibuka tsa bona mme ba kwale letlha.
- 3 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tlole mola mo magareng ga dinomoro.
- 4 Kwala polelo e o e neilweng go tswa mo lenaneothutong mo patitshokong fa thoko ga nomoro 1, jaana:
 - Ke a gama.
- 5 Laela barutwana go kwalololela polelo ka mo dibukeng tsa bona.
- 6 Se se latelang: Laela barutwana go kwala dikarolwana tsa mafoko (maemedi) fa thoko ga dinomoro, jaaka:
 - O
 - Re
 - Ba
 - Le
- 7 Laela barutwana go kwalolola dipolelo ba dirisa dikarolwana tsa mafoko (maemedi).
- 8 Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 9 Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.
- 10 Kwa bokhutlhong ba thuto, kwala polelo mo patitshokong ka nepagalo. Fa o dira se, bua medumo le go tlhalosa tsamaiso ya mokwalo o o tshwaraganeng.
- 11 Kopa barutwana go supa dipaterone tse ba kgonang go di bona jaaka: fa polelo e fetogang.
- 12 Thalela dipaterone jaaka:
 - O a gama.
 - Re a gama.
 - Ba a gama.

- Le a gama.
- 13** Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.
- 14** Bolelela barutwana gore fa ba paletswe ke go gopola modumo kgotsa go kwala tlhaka, ba ithute se mo gare ga beke.
- 15** Phutha dibuka tsa barutwana kwa bokhutlong ba thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso e e tseneletseng. Barutwana bangwe ba ka tswa ba kgaratlha ka medumopuo fa ba bangwe b aka ne ba kgaratlha ka mokwalo o o tshwaraganeng.

MOKWALO

Mafoko a Bongwe go ya go Bontsi: Mosupologo

***Maikaelelo:** Go thusa barutwana go itshiamisetsa ba dirisa kitso ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go bonela pele dipaterone tse di tlišang pharologano mo lefokong, e ka nna leina le le nang le tlhogo.*

***Ntlha:** Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o GATISITSWENG. Fa barutwana ba setse ba itse mokwalo o o TSHWARAGANENG, ka tsweetswee, ba laele go dira tirwana ya mokwalo o o tshwaraganeng.*

- 1** Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa ka go kwala mokwalo o o tshwaraganeng ka go boeletsa mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2** Laela barutwana go bula dibuka tsa bona mme ba kwale letlha le setlhogo
- Mafoko a Bongwe go ya go Bontsi.**
- 3** Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tlole mola mo magareng ga dinomoro.
- 4** Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 5** Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.
- 6** Ba biletse mafoko a bongwe a a mo lenaneothutong. Barutwana ba tshwanetse go kwala mafoko a fa thoko ga dinomoro jaana:

Mafoko a Bongwe le Bontsi

- lebota
 - mosimane
 - koloji
 - tau
 - lese
- 7** Laela barutwana go kwala mafoko gape mo bontsing.
 - 8** Mo metsotsong e metlhano ya bofelo ya thuto, kwala mafoko mo patitšhokong ka nepagalo. Fa o dira se, bua medumo le go tlhalosa tsamaiso ya mokwalo o o tshwaraganeng.
 - 9** Kopa barutwana go supa dipaterone tse ba ka di bonang jaaka: fa lefoko le fetoga.

10 Thalela dipaterone jaana:

Mafoko a Bongwe le Bontsi

- 1 lebota
mabota
- 2 mosimane
basimane
- 3 koloi
dikoloi
- 4 tau
ditau
- 5 lesea
masea

11 Bolelela barutwana go akanya ka dipaterone tse, fa ba buisa kgotsa ba kwala.

12 Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.

13 Bolelela barutwana gore ba kgaratlhele go gopola modumo kgotsa go kwala tlhaka ka mokwalo o o TSHWARAGANENG. Ba tshwanetse go ithuta tsona mo gare ga beke.

14 Phutha dibuka tsa barutwana kwa bokhutlhong jwa thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso. Barutwana bangwe ba ka tswa ba kgaratlhela go itse medumopuo fa ba bangwe e le ka mokwalo o o tshwaraganeng.

MOKWALO

Dipolelo tsa Bongwe le Bontsi: Mosupologo

***Maikaelelo:** Go thusa barutwana go itshiamisetsa ba dirisa kitso ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go bonela pele dipaterone tse di tlisang pharologano mo polelong, e ka nna ditlhogo tsa maina*

***Ntlha:** Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o GATISITSWENG. Fa barutwana ba setse ba itse mokwalo o o TSHWARAGANENG, ka tswetswee, ba laele go dira tirwana ya mokwalo o o tshwaraganeng.*

- 1 Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa go kwala mokwalo o o tshwaraganeng ka go boeletsa mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2 Laela barutwana go bula dibuka tsa bona mme ba kwale letlha le setlhogo **Dipolelo tsa Bongwe le Bontsi.**
- 3 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tlole mola mo magareng ga dinomoro.
- 4 Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 5 Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.

- 6 Ba biletse dipolelo tsa bongwe tse di mo lenaneothutong. Barutwana ba tshwanetse go kwala dipolelo tse fa thoko ga dinomoro jaana:

Dipolelo tsa bongwe le bontsi

- 1 Lebota le wele.
 - 2 Mosimane o a ja.
 - 3 Koloji e ntle.
 - 4 Tau e a rora.
 - 5 Lesea le a lela.
- 7 Morago, laela barutwana go kwala dipolelo gape mo bontsing.
- 8 Mo metsotsong e metlhano ya bofelo ya thuto, kwala polelo mo patitšhokong ka nepagalo. Fa o dira se, bua medumo le go tthalosa tsamaiso ya mokwalo o o tshwaraganeng.
- 9 Kopa barutwana go supa dipaterone tse ba ka di bonang jaaka: fa lefoko le fetogang.
- 10 Thalela dipaterone jaana:

Dipolelo tsa bongwe go ya go bontsi

- 1 Lebota le wele.
Mabota a wele.
 - 2 Mosimane o a ja.
Basimane ba a ja.
 - 3 Koloji e ntle.
Dikoloji di dintle.
 - 4 Tau e a rora.
Ditau di a rora.
 - 5 Lesea le a lela.
Masea a a lela.
- 11 Bolelela barutwana go akanya ka dipaterone tse, fa ba buisa kgotsa ba kwala.
- 12 Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.
- 13 Bolelela barutwana gore ba kgaratlhele go gopola modumo kgotsa go kwala tlhaka, ba ithute tsona mo gare ga beke.
- 14 Phutha dibuka tsa barutwana kwa bofelong ba thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso. Barutwana bangwe ba ka tswa ba kgaratlhela go itse medumopuo fa ba bangwe e le ka mokwalo o o tshwaraganeng.

MEDUMOPUO

Poeletso ya medumo ka go kgaoganya le go kopanya: Labobedi le Laboraro

***Maikaelelo:** Go aga bokgoni ba temogo ya medumopuo ka kutlo mo barutwaneng ka botlalo le bokgoni ba go kopanya le go kgaoganya medumo ya ditlhaka le dinoko go ba kgontsha go buisa le go kwala ka nosi. Go lemoga medumo ya ditlhaka le dinoko bonolo.*

Ke a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **bana**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: **/b/-/a/-/n/-/a/**
- 4 Bua modumo wa ntlha wa lefoko: **/b/**
- 5 Bua modumo wa bobedi wa lefoko: **/a/**
- 6 Bua modumo wa boraro wa lefoko: **/n/**
- 7 Bua modumo wa bofelo wa lefoko: **/a/**
- 8 Kwala lefoko mo patitshokong: **bana**
- 9 Bontsha barutwana go kopanya medumo go bopa lefoko: **/b/-/a/-/n/-/a/ = bana**
- 10 Morago, bua noko ya ntlha ya lefoko: **/ba/**
- 11 Bua noko ya bobedi ya lefoko: **/na/**
- 12 Bontsha ka go supa dinoko tse o di kopanyang go bopa lefoko: **/ba/-/na/ = bana**
- 13 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Re a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **ila**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? **/i/**
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? **/l/**
- 5 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? **/a/**
- 6 Kopa barutwana go kgaoganya lefoko ka medumo: **/i/-/l/-/a/**
- 7 Kwala lefoko mo patitshokong: **ila**
- 8 Laela barutwana go kopanya medumo le wena go bopa lefoko: **/i/-/l/-/a/ = ila**
- 9 Botsa barutwana jaana: Noko ya ntlha ya lefoko ke eng? **/i/**
- 10 Botsa barutwana jaana: Noko ya bobedi ya lefoko ke eng? **/la/**
- 11 Kopa barutwana go kopanya dinoko go bopa lefoko: **/i/-/la/ = ila**
- 12 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

O a dira...

- 1 Laela barutwana go ntsha dibuka tsa bona tsa go kwalela mme ba kwale letlha le setlhogo: mafoko a **a**
- 2 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng wa buka.
- 3 Ba biletse dinoko di le tlhano kgotsa mafoko a a tswang mo lenaneothutong.
- 4 Barutwana ba tshwanetse go kwala mafoko fa thoko ga nomoro e e nepagetseng. Ba tshwanetse go dirisa bokgoni jwa bona ba go kgaoganya le go kopanya mafoko go ba thusa go kwala mopeleto.
- 5 Barutwana ba tshwanetse go thalela modumo o o supilweng mo lefokong.
- 6 Mo metsotsong e mebedi ya bofelo ya thuto, kwala mafoko mo patitshokong ka nepagalo mme o thalele medumo e e supilweng.
- 7 Laela barutwana go tshwaya tiro ya bona ka pentshele ya mmala.

- 8 Tlhalosetsa barutwana gore ba tlile go ithuta go kwala modumo ka mokwalo o o tshwaraganeng mo thutong e e latelang.

MOKWALO

Go kwala tlhaka/ditlhaka tse dintšhwa le Mafoko: Labobedi le Laboraro

Maikaelelo: Go godisa bokgoni ba barutwana ba go kwala ditlhaka tse di maleba le medumo e ba ithutileng yona ka thelelo le ka nepagalo.

- 1 Ruta barutwana go bopa tlhaka/ditlhaka tsa mokwalo o o tshwaraganeng tsa modumo o o rutilweng ka nepagalo.
- 2 Ruta tlhakannye le tlhakakgolo ya tlhaka nngwe le nngwe.
- 3 Bontsha barutwana ka go kwala modumo mo patitšhokong – tlhalosa tsamaiso ya popo ya tlhaka fa o kwala.
- 4 Laela barutwana ba ba kwalang ka letsogo la molema go robatsa ditlhogo tsa bona.
- 5 Jaanong, furaela barutwana mme o emise letsogo la gago la moja.
- 6 Kopa barutwana ba ba kwalang ka letsogo la moja go go latela fa o kwala tlhaka/ditlhaka mo moweng.
- 7 Latela tsamaiso e, le barutwana ba ba kwalang ka letsogo la molema.
- 8 Jaanong, kopa barutwana go dira le molekane mme ba kwale modumo mo mokwatleng wa mongwe le mongwe ka menwana ya bona.
- 9 Morago ga se, laela barutwana go kwala modumo mo ditafoleng ka menwana ya bona.
- 10 Kwa bokhutlong, supetsa barutwana gape gore ditlhaka le mafoko di bopiwa jang mo patitšhokong.
- 11 Jaanong barutwana ba ka kwala medumo/mafoko/dipolelo ka mo dibukeng tsa bona.
- 12 Fa o supetsa barutwana mafoko, gatelela kamano ya ditlhaka tsa mokwalo o o tshwaraganeng kgotsa gore di tshwaragana jang.
- 13 Barutwana ba tshwanetse go thalela modumo mo mafokong le mo dipolelong tse di kwadilweng.

MEDUMOPUO

Go fapanya tlhaka: Labone

Maikaelelo: Go kokoanya kitso ya medumopuo. Go godisa bokgoni jwa morutwana ba go buisa le go lemoga dipharologano tse di fetolang bokao jwa lefoko.

Ke a dira...

- 1 Tlhalosetsa barutwana gore gompiano re ya go ikatisa go batla dipharologano tse dinnye mo mafokong gonne se, se tla ba thusa go buisa ka thelelo.

- 2 Kwala mafoko a le mabedi a a tswang mo lenaneothutong mo patitšhokong jaaka: **bala, sala**
- 3 Ba tlhalosetse gore gompiano re ya go leka go bona gore ke modumo ofe o o sa tshwaneng mo mafokong a mabedi.
- 4 Supetsa barutwana fa o batla dipharologano tsa mafoko: **bala, sala**
- 5 Tlhalosa dipharologano jaaka: /b/le/s/ke medumo e e farologaneng mme tsotlhe mo mafokong di a tswana.

Re a dira...

Karolo 1

- 1 Kwala mafoko a le mabedi a a tswang mo lenaneothutong mo patitšhokong jaaka: **sela, sila**
- 2 Botsa barutwana jaana: Ke pharologanyo efe mo mafokong a mabedi a?
- 3 Bitsa morutwana mongwe go tla go thalela pharologanyo mo mafokong a mabedi jaaka: **sela, sila**
- 4 Tlhalosa pharologanyo mo magareng ga mafoko a mabedi a.

Karolo 2

- 1 Morago, kwala lefoko le o le neilweng mo lenaneothutong mo patitšhokong, jaaka: **bala**
- 2 Botsa barutwana jaana: Ke modumo ofe o o ka o tlosang mo lefokong le go bopa lefoko le le farologaneng?
- 3 Kwala lenaane la dikakanyo tsa barutwana mo patitšhokong jaaka: **mala, kala; mela, dila**

O a dira...

- 1 Kwala lefoko le o le neilweng mo lenaneothutong mo patitšhokong, jaaka: **sila**
- 2 Botsa barutwana jaana: Ke modumo ofe o le mongwe o o ka o tlosang mo lefokong le go bopa lefoko le lengwe?
- 3 Laela barutwana go bopa mafoko a le mantsi a ba ka a kgonang mme ba beye modumo o le mongwe mo boemong jwa yo mongwe.
- 4 Kgobokanya barutwana kwa bofelong ba thuto.
- 5 Biletsa barutwana kwa patitšhokong go kwala lengwe la mafoko a bona.
- 6 Buisa mafoko mme o tlhalose gore ke modumo ofe o o beilweng boemong jwa yo mongwe.
bala, sala, sela, sila

MEDUMOPUO

Tlhama lefoko: Labotlhano

Maikaelelo: Go naya barutwana tšhono ya go kokoanya kitso ya medumo e ba ithutileng yona. Go letla barutwana go ithuta go kopanya ditlhaka go bopa mafoko.

Kwala lenaane la medumo mo patitšhokong le le nang le medumo e e ithutilweng le e e dirilweng ka Labobedi le Laboraro. *E akaretsa ditlhogo tsa maina/mafoko*

kg-	u-	a	bo
th-	b	aa	n
L	e	m	k-

Diragatsa

- 1 Gopotsa barutwana ka medumo ya beke: sekao::**kg/le/th-**
- 2 Boeletsa medumo yotlhe le kopanyo ya medumo mo patitšhokong.
- 3 Tlhalosetsa barutwana gore o ya go ba naya metsotso e le 3 go tlhama mafoko a le mantsi ba dirisa medumo le go kopanya medumo e e fa godimo.
- 4 Bontsha barutwana gore ba tlhama jang mafoko ba dirisa medumo e e supilweng jaaka::**/kg/-/a/-/l/-/e/-/m/-/a/= kgalema**
- 5 Gakolola barutwana gore ba ka tlhama lefoko ba dirisa modumo mongwe le mongwe – ga go tlhokege gore ba dirise/**kg/**.
- 6 Bontsha barutwana go dira lefoko le lengwe, jaaka::**/m/-/aa/-/k/-/a/= maaka**
- 7 Gakolola barutwana gore ba ka tlhama mafoko ba dirisa medumo e e neetsweng jaaka **thuba**, kgotsa mafoko a a sa supiwang a se na modumo o o neetsweng jaaka **buka**.

Barutwana ba a dira

- 1 Kopa barutwana go bula dibuka tsa bona tsa go kwalela mme ba kwale setlhogo: **kg, th**.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go tlhama mafoko a le mantsi a ba ka a kgonang ka medumo.
- 4 Letla barutwana go tshwaya tiro ya bona. Bontsha barutwana gore ba bope mafoko jang.
- 5 Sekao: **kgama, kgaka, kgetha, bua, bana, kama, maaka, bela, nama, mena, thala, bomme, makgakga, bommane**



Puisokopanelo ka Maano a go tlhaloganya se o se buisang

Puiso ya kgang e ntšhwa ya Puiso kopanelo e e diragala beke nngwe le nngwe.

Puiso kopanelo e diragala ka mokgwa o o latelang:

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Tirwana ya morago ga puiso

Ka nako ya Puisokopanelo, netefatsa gore barutwana botlhe ba kgona go bona bukakgolo le ditshwantsho tsa yona sentle. Gopotsa barutwana se o se solofelang mo go bona ka nako ya Puisokopanelo, jaaka:

- Nna ka thokgamo o sa SUTASUTE
- Baya MATSOGO a gago mo diropeng
- Tsepamisa MATLHO LE TLHALOGANYO MO kgannyeng
- Nna ka TIDIMALO (ba bontshe ka monwana mo molomong)

Maikaelelo-magolo a Puisokopanelo mo lenaneong le a eme jaana:

- 1** Barutwana ba itemogela gore go jang go buisa kgang yotlhe e e marara go gaisa ka nako ya fa ba buisa ba le nosi. Gonne barutwana ba sa tshwenyegele botegeniki jwa puiso, ba ka baya ditlhaloganyo tsa bona tsotlhe go ela tlhoko tlhatlhamanong ya ditiragalo le baanelwa. Gape barutwana b aka itumelela dikgang mme ba nna le lerato la go buisa.
- 2** Fa morutabana a ntse a buisetsa kgang kwa godimo, barutwana ba bona dikgono tse di rileng tsa puiso: o buisa go simolola mo tsebeng ya ntlha go fitlha go ya bofelo; o buisa go tswa kwa godimo go ya kwa tlase; o buisa go tswa kwa molemeng go ya kwa mojeng; o ela tlhoko matshwao a puiso; o buisa ka thelelo, ka lebelo le le siameng; o buisa ka maikutlo, mme se se naya barutwana bokao jo bo maleba jwa kgang. Ka jalo Barutwana ba eta ba ithuta dikgono di le dintsi fa ba lebile morutabana a buisa ka thelelo.
- 3** Fa morutabana a ntse a buisa, o gatelela bokao ka: go supa karolo ya setshwantsho; ka go diragatsa; le go fetolakaka lentswe ka segalo se se maleba. Morutabana o gatelela bokao ka go eta a ema go tlhalosa lefoko kgotsa bontlha bongwe ba polelo. Ka go reetsa morutabana le go mmogela, barutwana ba ithuta dikgono tse dintshwa tsa go ithuta puo.
- 4** Jaanong sengwe sa botlhokwa: Ka nako ya Puisokopanelo, morutabana o tshwanetse go ruta barutwana go akanya ka ga kgang, le gore ba dire jang go kgona go e tlhaloganya. Mo lenaneong le, re tlhophile go aga bokgoni jwa go tlhaloganya se o se buisang ka go diragatsa le go ruta maano a a farologaneng a go tlhaloganya. Maano a go tlhaloganya se o se buisang ke a a latelang:
 - Ponelopele
 - Go bopa setshwantsho sa mogopolo
 - Go batlisisa setlhangwa
 - Go sobokanya
 - Akanya ka ga setlhangwa
 - Go dira dikgolagano
 - Go akanya ka dintlha tse di sa umakiwang
 - Go sekaseka

MAANO A GO TLHALOGANYA SE O SE BUISANG

Papetlana e e fa tlase e bontsha tshedimosetso ka leano lengwe le lengwe.

Leano la 1: Akanyetsa kwa pele	
Tlhaloso	Fa barutwana ba dira ponelopele, ba bua ka se ba akanyang se ka diragala mo kgannyeng. Barutwana ba ka dira ponelopele ka go leba ditshwantsho mo bukeng. Barutwana gape ba ka dira ponelopele gape ka go akanya ka se se tla latelang morago ga go buisa tsebe e e rileng ya kang. Kwa bofelong, barutwana ba ka dira ponelopele gore kang e tlaa fela jang.
Maikaelelo	<i>Go dira gore barutwana ba bonele kang kwa pele, ka fa ba akanya ka kang pele ba e buisa. Barutwana ba tshwanetse go dirisa metlhala go leka go fopholetsa gore baanelwa ke bomang, le gore ditiragalo-kgolo tse di tla diragalang ke dife. Go dira ponelopele, barutwana ba aga bokgoni jwa go tlhaloganya se ba se buisang le go akanya ka kang.</i>
Dikgato (Go akanyetsa kwa pele o dirisa ditshwantsho)	<ol style="list-style-type: none"> 1 Lebelela setshwantsho. 2 Botsa barutwana: O akanya gore go diragala eng fa? 3 Letla barutwana go akanya ka potso. 4 Fa barutwana ba sa kgone go araba, naya sekao sa karabo ya potso eo. 5 Bontsha ka fa ditshwantsho di gokaganang ka teng go aga kang.
Dikao (Go akanyetsa kwa pele o dirisa ditshwantsho)	<ol style="list-style-type: none"> 1 O akanya gore go diragala eng fa? 2 O akanya gore moanelwa yo o ikutlwa jang? Goreng o rialo? 3 O akanya gore o tlaa bona eng mo setshwantshong se se latelang?
Dikgato (Go akanyetsa kwa pele o dirisa setlhangwa)	<ol style="list-style-type: none"> 1 Buisa tsebe e le nngwe ya setlhangwa. 2 Botsa barutwana: O akanya gore go ya go diragala eng morago ga fa? 3 Letla barutwana go akanya ka potso. 4 Fa barutwana ba sa kgone go araba, naya sekao sa karabo ya potso eo.
Dikao (Go akanyetsa kwa pele o dirisa setlhangwa)	<ol style="list-style-type: none"> 1 O akanya gore go ya go diragala eng morago ga fa? 2 O akanya gore moanelwa yo o ya go dira eng morago ga fa? 3 O akanya gore kang e e tlaa fela jang?
Leano la 2: Bopa setshwantsho mo mogopolong	
Tlhaloso	Fa barutwana ba bopa setshwantsho mo mogopolong, ba tshwanetse go gopola ka se se diragalang mo kgannyeng, jaaka e kete ba bogetse tiragalo ya filimi. Ba tshwanetse go leka go bona kang mo ditlhaloganyong tsa bona jaaka e diragala.
Maikaelelo	<i>Go bopa setshwantsho mo mogopolong go thusa go totobatsa bokao jwa mafoko mo tsebeng e e buisiwang, go a fetolela go nna tiragalo ya filimi mo ditlhaloganyong tsa barutwana. Gape, go bopa setshwantsho mo mogopolong go ba thusa go bona gore ditiragalo tsa kang di gokagana jang. Se se ba thusa go akanya le go tlhaloganya kang ka botlalo, e seng go tlhaloganya fela tsebe ka tsebe.</i>

Dikgato	<ol style="list-style-type: none"> 1 Buisa karolo ya kgang mo tsebeng. 2 Bua jaana: 'Jaanong re ya go bopa setshwantsho mo megopolong jaaka e kete re bogetse filimi'. 3 Laela barutwana go tswala matlho. Tlhalosetsa barutwana gore ba reetse mafoko, mme ba dire setshwantsho sa filimi mo ditlhaloganyong tsa bona. 4 Buisa karolwana ya setlhangwa gape. 5 Botsa barurwana: Le bone eng? (Go diragetse eng mo setshwantshong sa gago sa filimi?) 6 Reetsa mme morago le tlotle ka dikarabo tsa barutwana. Netefatsa gore dikarabo tsa barutwana di malebana le se se diragalang mo kgannyeng.
Dikao	<ol style="list-style-type: none"> 1 Mo setshwantshong sa mogopolo wa me ke bona Joe a fentse mo kgaisanong ya mabelo. Ke bone sethitho se tshologa gotlhe mo tlhogong ya gagwe. Ke ne ke bona matlho a gagwe a tlhomile mola wa kwa pheletsong, mme mmele wa gagwe o dira ka natla go gaisa. 2 O bopile setshwantsho sefe mo mogopolong wa gago? Go diragetse eng mo setshwantshong sa gago sa filimi?

Leano la 3: Batlisisa mo setlhangweng

Tlhaloso	Go batlisisa mo setlhangweng ke mokgwa o o tsepameng wa go araba dipotso tsa tekotlhaloganyo. Dipotso tse di dira gore barutwana ba akanye kgotsa ba lebe mafoko a a dirisitsweng mo tsebeng eo, ba bo ba gopola dikarabo.
Maikaelelo	<i>Dipotso tse, ke motheo wa go lekola go tlhaloganyo ga mafoko mo tsebeng. Leano le le thusa barutwana go lemoga le go batla ka tloafalo mafoko a botlhokwa a a ba lebisang kwa dikarabong.</i>
Dikgato	<ol style="list-style-type: none"> 1 Buisa se se kwadilweng mo tsebeng. 2 Botsa barutwana potso ka kitso mo setlhangweng, jaaka: Joe o ne a batla go gaisa mang mo kgaisanong ya lebelo? 3 Letla barutwana go araba potso 4 ELA TLHOKO: Thusa barutwana go fitlhelela dikarabo ka go lemoga le go gopola lefoko le le botlhokwa, le le ba lebisang kwa karabong, ba bo ba le batla mo setlhangweng.
Dikao	<ol style="list-style-type: none"> 1 Ke mang yo Joe a neng a batla go mo gaisa mo kgaisanong ya lebelo? 2 Joe o ne a dira eng pele kgaisano e simolola? 3 Joe o ne a ikatisetsa kgaisano leng? 4 Kgaisano e ne e tshwaretswe kwa kae?

Leano la 4: Sobokanya

Tlhaloso	Fa barutwana ba sobokanya, ba akanya ka se se diragetseng mo kgannyeng. Ba ka akanya gape ka dilo tse dingwe jaaka: se ba se ratileng thata, le se ba se ithutileng mo kgannyeng.
Maikaelelo	<i>Tshobokanyo e bontsha gore morutwana o akantse ka kgang, e bile o a e tlhaloganyo. Go kopa barutwana go sobokanya kgang ke mokgwa o o tlhwatlhwa wa go lemoga fa ba tlhalogantse kgang.</i>
Dikgato	<ol style="list-style-type: none"> 1 Buisa setlhangwa 2 Gopotsa barutwana: Fa re sobokanya, re akanya ka dikarolwana tse di botlhokwa tsa kgang. Re ka akanya gape ka se re se ratileng thata, le se re se ithutileng ka kgang. 3 Naya barutwana motsotso go akanya ka kgang. 4 Laela barutwana go gadimana ba bue, ba abelane ditshobokanyo le ditsala. 5 Kwa bofelong, o ka kopa barutwana go kwala ditshobokanyo tsa bona. Ba neele foreimi go ba thusa.

Dikao	<p>Joe o fenyha kgaisano ya lebelo:</p> <p><u>Barutwana ba ka sobokanya kgang ka mokgwa o:</u></p> <p>Kgang e e ka ga mosimane yo o bidiwang Joe, yo o neng a batla go gaisa Sizwe yo o neng a itsege a ba gaisa botlhe ka lebelo mo sekolong. Joe o ne a ikatisa ka dinako tsotlhe, kwa bofelong a gaisa Sizwe. Ke ratile thata fa Joe a ne a kgaola mogala kwa bokhutlong jwa kgaisano. Go ne go itumedisa tota.</p> <p>Ke ithutile gore fa o leka ka natla, o sa ineele, o a atlega.</p>
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Leano la 5: Akanya ka setlhangwa (Ipotse dipotso)

Tlhaloso	Fa morutabana a ipotsa dipotso, o akanyetsa kwa godimo ka setlhangwa. O dira gore barutwana ba utlwe se a se akanyang ka setlhangwa.
Maikaelelo	<p><i>Go diragatsa mokgwa wa go akanya kgotsa go ipotsa dipotso ka se se kwadilweng, go ruta barutwana dilo di le pedi:</i></p> <p><i>Sa ntlha, re ruta barutwana gore babuisi ba ba tlhwatlhwa ga ba buise mafoko fela, ka dinako tsotlhe ba akanya ka se ba se buisang. Sa bobedi, re ruta barutwana dikakanyo tse babuisi ba nnang le tsona ka se se kwadilweng.</i></p> <p><i>Ka go dira se, re bontsha barutwana gore ba ka ikakanyetsa le go itlhamela jang ba dirisa setlhangwa. Mo tsamaong ya nako, barutwana ba tlaa itse go dira se ka bobona.</i></p>
Dikgato	<ol style="list-style-type: none"> 1 Buisa setlhangwa mo tsebeng. 2 Akanya ka potso kgotsa kakanyo e mmuisi yo o tlhwatlhwa a ka e tlhagisang ka se se kwadilweng. (Dikakanyo di fitlhelwa mo dibolokong tsa Puiso ya Ntlha le Puiso ya Bobedi mo lenaneothutong). 3 Bua jaana: Ke bona.../ke lemoga... 4 Bua jaana: ke a ipotsa...? 5 Barutwana ba ka nna ba seka ba araba dipotso tse.
Sekao:	Ke bona Sizwe a tshega Joe fa kgaisano e simolola. Ke a ipotsa gore a se se tla tshwenya Joe.

Leano la 6: Dira dikgolagano

Tlhaloso	Fa barutwana ba dira dikgolagano, ba amanya kgang le matshelo a bona (setlhangwa, le bobona), kgotsa setlhangwa se sengwe (setlhangwa go setlhangwa), kgotsa sengwe fela mo lefatsheng (setlhangwa sa lefatshe).
Maikaelelo	<i>Go dira dikgolagano go thusa barutwana go tthaloganya setlhangwa botoka ka go se golaganya le dilo tse dingwe tse ba setseng ba di itse, kgotsa ba di itemogetse. Go bontsha barutwana gore ba ka dira dikgolagano tse di farologaneng: setlhangwa go ya go setlhangwa se sengwe; setlhangwa le maitemogelo a bona, setlhangwa le se se diragalang mo lefatsheng le tshedimosetso e ba setseng ba e itse ka lefatshe ka bophara.</i>
Dikgato	<ol style="list-style-type: none"> 1 Buisa setlhangwa mo tsebeng. 2 Botsa barutwana potso jaaka: Ke leng fa o neng o batla go nna mofenyi wa sengwe jaaka Joe? 3 Diragatsa, go bontsha sekao sa karabo, jaaka: Fa Joe a ne a batla go nna mofenyi mo mabelong, se se nkgopotsa ka fa ke neng ke gaisana le kgaisadi kwa sekolong ka teng. Maduo a gagwe a ne a le kwa godimo mo dirutweng tsotlhe ka dinako tsotlhe. Batsadi ba me ba ne ba ipela ka ena. Le nna ke ne ke batla gore batsadi ba me ba ipele ka nna.

Dikao	<ol style="list-style-type: none"> 1 Se se go gopotsa eng ka botshelo jwa gago? 2 Mpolelele ka nako e sengwe se se jaana se neng se go diragalela. 3 Fa o ne o le Joe, o ne o tlaa dira eng ka Sizwe fa a go tshega? 4 O akanya gore Sizwe o ne a ikutlwa jang fa Joe a ne a mo gaisa? 5 Kgang e e go gopotsa moanelwa ofe gape?
Leano la 7: Akanya ka dintlha tse di sa umakiwang	
Tlhaloso	<p>Go akanya ka dintlha tse di sa umakiwang go amana le go dirisa se o setseng o se itse, mmogo le se o se buisitseng, go fopholetsa ka sengwe mo kgannyeng. Ke sona se go a tleng go twe: 'Ke e buisitse e tswetswe'. Fa barutwana ba akanya ka dintlha tse di sa umakiwang, ba dira phopholetso ka sengwe mo kgannyeng.</p> <p>Ka dinako dingwe mokwadi ga a kwale dintlha tsotlhe tsa kgang ka botlalo. O tlogela dikarolwana tse dingwe gore babuisi ba ikakanyetse.</p>
Maikaelelo	<p><i>Barutwana ba tshwanetse go sekaseka dikarolwana tsa kgang, ba akanye ka dintlha tse di sa umakiwang – ba tshwanetse go 'e buisa e tswetswe'. Go kgona se, ba tshwanetse go dirisa se se kwadilweng, mmogo le se ba setseng ba se itse, go fitlhelela se se sa kwadiwang.</i></p>
Dikgato	<ol style="list-style-type: none"> 1 Buisa setlhangwa mo tsebeng. 2 Botsa barutwana: O itse eng ka ga se? Setlhangwa sa reng? 3 Botsa barutwana: Ke eng gape se re ka se fopholetsang ka se? Ke eng se o se lemogang se se sa kwadiwang? 4 Botsa barutwana: A re ka fopholetsa sengwe ka ga Joe ka mokgwa o a neng a ikatisa ka teng? 5 Reetsa dikarabo tsa barutwana, o di sekaseke. Netefatsa gore di lolame. 6 Fa go se bonolo gore barutwana ba arabe, naya sekao sa go akanya ka dintlha tse di sa kwadiwang. Dirisa foreimi e e latelang ya mola: Fa re leba..... ke akanya...
Sekao	<p>Setlhangwa</p> <p>Mogolole o ne a ikwadiseditse go ya Yunibesithing. Fa ke fitlha kwa gae ke bone a tshotse lekwalo, a nyenya. Mme o ne a lela, a tshega, a mo tlamparetse.</p> <p>Go akanya ka dintlha tse di sa kwadiwang:</p> <p>Ka ntlha ya gore mogolole o ne a ikwadiseditse go ya Yunibesithing, e bile a tshotse lekwalo, a bonala a itumetse, re akanya gore ikwadiso ya gagwe e atlegile.</p>
Leano la 8: Dira tshekatsheko	
Tlhaloso	<p>Fa re dira tshekatsheko ya se se kwadilweng, re itseela ditshweetso ka sengwe se se re buisitseng ka sona.</p>
Maikaelelo	<p><i>Barutwana ba tshwanetse go rutiwa gore ba sekaseke se ba se buisang ka dinako tsotlhe, ba kgone go tshegetsatsa le go naya mabaka a diphitlhelelo tsa bona.</i></p>

Dikgato	<ol style="list-style-type: none"> 1 Buisa setlhangwa mo tsebeng. 2 Botsa barutwana potso e e batlang tshekatsheko, o bo o ba kope go tshegetsisa dikarabo tsa bona. 3 Sekao: A o akanya gore X o dirile se se tshwanetseng? Ke goreng o dumela gongwe o gana? 4 Reetsa o bo o sekaseke dikarabo tsa barutwana. Netefatsa gore dikarabo tsa bona di lolame. 5 Fa go se bonolo gore barutwana ba arabe, dira sekao ka go abelana tshekatsheko ya gago le bona. Sekao: Ke akanya gore X o dirile se se siameng gone X...
Sekao	<p>Dingwe tsa dipotso tsa tshekatsheko di ka simolola jaana:</p> <ol style="list-style-type: none"> 1 A o akanya gore... 2 A o dumalana le ... 3 Ka pono ya gago... 4 A o ratile....

Go latela tlhaloso ya mokgwathuto mongwe le mongwe ya Puisokopanelo: Pele ga puiso; Puiso ya ntlha; Puiso ya bobedi le Tirwana ya morago ga puiso. Buisa ditlhaloso tse go sedimosa kelelo ya thuto nngwe le nngwe.

PUISOKOPANELO: PELE GA PUISO

LEANO LA GO TLHALOGANYA SE O SE BUISANG: PONELOPELE

Pele ga puiso, re aga bokgoni jwa go tlhaloganya ga barutwana, go kgona go akanya ka kgang pele ba ka e buisa.

- 1 Bolelela barutwana gore gompieno lo tlile go lebelela ditshwantsho lo be lo akanya ka kgang.
- 2 Bolelela barutwana gore go tswa mo go se ba se bonang, ba tlaa akanyetsa kwa pele ka kgang. Go raya gore ba tla dirisa ditshwantsho go leka go fopholetsisa se kgang e leng ka ga sona.
- 3 Tlhalosetsa barutwana gore ba seka ba akanya ka setshwantsho sengwe le sengwe ka bosona, se le nosi. Ba tshwanetse go akanya ka fa ditshwantsho di amanang ka teng. Ba tshwanetse go amanya ditshwantsho tsotlhe, go leka go sala kgang morago.
- 4 Bontsha barutwana lentle la buka ya kgang, o ba buisetse setlhogo.
- 5 Botsa barutwana: O akanya gore go ya go diragala eng mo kgannyeng e?
- 6 Leba setshwantsho sengwe le sengwe mo kgannyeng. Fa o ntse o di leba, botsa barutwana:
 - a O bona eng mo setshwantshong?
 - b O akanya gore go diragala eng fa?
 - c O akanya gore go ka diragala eng morago ga fa?
- 7 Fa barutwana ba lebala go amanya ditshwantsho, ba kgotlhokgotse ka go dira jaana: Sekao: 'A o gopola gore mosimane yo o ne a dira eng mo setshwantshong se se fetileng?' 'Jaanong o dira eng?' 'O akanya gore go diragala eng?'

- 8 Fa o fitlha kwa setshwantshong sa bofelo, botsa barutwana: O akanya gore kgang e e tla felela jang? (Fa go tlhokega).
- 9 Lebogela barutwana go dira diponelopele.
- 10 Fa o na le nako, buisa kgang gangwe ntle le go ema.

PUISOKOPANELO: PUIISO YA NTLHA

LEANO LA GO TLHALOGANYA SE O SE BUISANG: LEANO LE O TLA LE DIRISANG LE TLHAGELELA MO LENANEOTHUTONG.

Mo Puisong ya Ntlha re simolola go aga bokgoni jwa go tlhaloganya se o se buisang ka go buisa le go tlhalosetsa barutwana kgang. Gape, re diragatsa mokgwa wa go akanya ka kgang. Pele o simolola go buisa, bolelela barutwana gore o ya go dira eng. Bua sengwe jaaka: *'Barutwana, jaanong ke nako ya Puisokopanelo. Gopola, nako nngwe le nngwe fa re buisa kgotsa re reetsa kgang, go botlhokwa ka dinako tsothle go akanya ka kgang e. Gompieno ke tlile go lo bontsha gore re dira jang fa re akanya ka kgang. Ke tlile go dira jaana (seka), o bopa setshwantsho sa mogopolo ka se se diragalang mo kgannyeng. Se se raya gore jaaka ke ntse ke buisa, ke tla dira filimi ya kgang mo tlhaloganyong.*

- 1 Buisa tsebe nngwe le nngwe ya kgang ka thelelo le lentswe le le tlhapileng. Fa o ntse o buisa, diragatsa, sefatlhego sa gago se bontshe maikutlo, mme segalo se nne se se maleba go totobatsa bokao.
- 2 Fa go tlhokagalang teng, ema, o tlhalosetse barutwana lefoko kgotsa bontlha bongwe jwa polelo.
- 3 Fa re ruta Puiso ya Ntlha, re totile go diragatsa le go ruta barutwana maano a go tlhaloganya se ba se buisang.
- 4 Kwa bofelong jwa tsebe nngwe le nngwe, o tla bona diboloko tsa mebala e le mebedi, di kwadilwe Puiso ya Ntlha le Puiso ya Bobedi.
- 5 Fa o sena go buisetsa barutwana tsebe, tsaya mowa, o bo o bontsha gore o a akanya, mme o bua se se mo bolokong. Go dira jalo, o diragatsa ka mokgwa o ba tshwanetseng go akanya ka kgang. Go botlhokwa thata go tlhaloganya se o se buang – fa o sa tlhaloganye, ga ba kitla ba tlhaloganya.
- 6 Mo tsebeng ya bofelo ya kgang Puiso ya Ntlha le ya Bobedi go na le boloko e e nang le dipotso.
- 7 Botsa barutwana ba ba farologaneng dipotso.
- 8 Bontsha barutwana gore go ka nna le dikarabo tse di nepagetseng, tse di fetang bongwe gone barutwana ba na le dikakanyo tse di farologaneng.

PUISOKOPANELO: PUIISO YA BOBEDI**LEANO LA GO TLHALOGANYA SE O SE BUISANG: LEANO LE O TLA LE DIRISANG LE TLHAGELELA MO LENANEOTHUTONG**

Mo Puisong ya Bobedi re tswelera go aga bokgoni jwa go tlhaloganya se o se buisang ka go buisetsa barutwana kgang, le go diragatsa go bontsha mokgwa wa go akanya ka kgang. Bolelela barutwana se o yang go se dira. Bua sengwe jaaka: *‘Barutwana, ke nako ya Puisokopanelo. Gopola, nako nngwe le nngwe fa re buisa kgotsa re reetsa kgang, go botlhokwa ka dinako tsotlhe go akanya ka kgang eo. Gompiano ke tlile go lo bontsha gore ke dira eng fa ke akanya ka kgang. Ke ya go dira jaana (sekao) go bopa setshwantsho sa mogopolo ka se se diragalang mo kgannyeng. Go raya gore fa ke ntse ke buisa, ke tla dira filimi ya kgang e mo tlhaloganyong ya me.*

- 1 Buisa tsebe nngwe le nngwe ya kgang ka thelelo le lentswe le le edileng. Fa o ntse o buisa, diragatsa mme sefatlhego se bontshe maikutlo a gago, segalo e nne se se maleba go totobatsa bokao.
- 2 Ka nako ya Puiso ya Bobedi, o diragaletsa barutwana ka go akanya ka kgang.
- 3 Kwa bofelong jwa tsebe nngwe le nngwe, o tla bona diboloko tsa mebala e le mebedi, di kwadilwe Puiso ya Ntlha le Puiso ya Bobedi.
- 4 Fa o sena go buisetsa barutwana tsebe, ikhutse, o bo o bontsha gore o a akanya, mme o bua se se mo bolokong mo Puisong ya Bobedi. Go dira jalo, o diragatsa ka mokgwa o ba tshwanetseng go akanya ka ga kgang. Go botlhokwa thata go tlhaloganya se o se buang – fa o sa tlhaloganye, le bona ga ba kitla ba tlhaloganya.
- 5 Mo tsebeng ya bofelo ya kgang ya Puiso ya Ntlha le ya Bobedi, go na le boloko e e nang le dipotso
- 6 Botsa barutwana ba ba farologaneng dipotso.
- 7 Kwa bofelong, kopa barurwana go tlhama dipotso ka se se kwadilweng.
 - a Kopa barutwana gore mongwe le mongwe wa bona a ikakanyetse potso e a ka e botsang ka kgang.
 - b Fa go tlhokega, gopotsa barutwana mafoko mangwe a a kayang potso kgotsa bontlha bongwe jwa polelo, jaaka: mang; eng; leng; kae; jang; ka moonno wa gago; o akanya gore; naya; jalo jalo.
 - c Kaela barutwana go gadimana ba bue, ba abelane ka dipotso tse ba di tlhamileng.
 - d Kopa barutwana ba le mmalwa go abelana ka dipotso tsa bona ka mo phaposing.
 - e šNaya barutwana ba bangwe tšhono ya go araba dipotso tseo.

PUISOKOPANELO: MORAGO GA PUIISO

Maikaelelo a tirwana morago ga puiso ke go naya barutwana tšhono ya go kokoanya kitso ya bona ka kgang, le go ikatisa go dirisa puo e ntšhwa e ba ithutileng yona.

Morago ga Puiso, o tlile go dira e ka nna e nngwe ya ditirwana tse di latelang:

- 1 Thala setshwantsho ka setlhangwa.
- 2 Diragatsa kang
- 3 Motlotlo gongwe go kwala kanelo ka kang
- 4 Kwala tekotlhaloganyo

THALA SETSHWANTSHO KA SETLHANGWA.

- 1 Baya barutwana mo maemong a a siameng mo mannong a bona, ba tshotse dibuka tsa bona tsa go kwalela kgotsa matlhare a a sa kwalelang, dipensele le dikherayone.
- 2 Bolelela barutwana gore ba tlile go bopa ditshwantsho mo megopolong ka sengwe go tswa mo setlhangweng. Gopotsa barutwana gore fa ba tshwantsha sengwe mo mogopolong, ba akanya ka gore se lebeja jang, se nka jang, se utlwalega jang, se utlwala jang. Ba tshwantsha gape mo mogopolong ka fa ba ikutlwang ka teng ka moanelwa yo o rileng, tiragalo kgotsa sengwe mo setlhangweng.
- 3 Kopa barutwana go tswala matlho mme ba repe. Ba buisetse kang gape.
- 4 Morago kopa barutwana go bula matlho, ba bo ba thala setshwantsho se ba se bopileng mo ditlhaloganyong tsa bona. Barutwana ba ka nna ba kwala sengwe se se kayang monkgo, tatso, jalo jalo.
- 5 Ba thuse ka tshimologo ya polelo, mme ba kwale polelo e le nngwe go ya go di le pedi ka se ba se bopileng mo megopolong ya bona.
- 6 Kwa bofelong, letla barutwana go gadimana, mme ba abelane ka ditshwantsho tsa megopolo ya bona le ditsala.

DIRAGATSA KANG

- 1 Baya barutwana mo mmetsheng kgotsa fa go se nang modumo kwa ntle.
- 2 Bolelela barutwana gore gompino ba tlile go diragatsa dikarolo tsa kang e ba e buisitseng.
- 3 Tsaya bukakgolo, o e tsholetse gore ba e bone. Buisa tsebe ya ntlha.
- 4 Naya barutwana taelo ya se ba tshwanetseng go se diragatsa. (Se se ka mo Lenaneothutong)
- 5 Diragatsa taelo le barutwana.
- 6 Boeletsa tsebe nngwe le nngwe.
- 7 Katisa barutwana go tsibogela taelo ya tshupetso ya tidimalo mme ba reetse fa o buisa.

MOTLOTLO KGOTSA GO KWALA KANELO KA KANG

- 1 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 2 Latela ditaello tse di ka mo Lenaneothutong tsa go tlotla ka karolo ya kang le barutwana.
- 3 Sa ntlha, o ya go ba bontsha go diragatsa sengwe mo kgannyeng.
- 4 Morago, o ya go ba bolelela ka sengwe go tswa mo kgannyeng – ba seka ba kopisa kanelo ya gago.
- 5 Barutwana ba tla GADIMANA BA BUE jaaka ba tla bo ba abelana dikanelo le ditsala.

- 6 Kwa bofelong, o tla bitsa barutwana ba le mmalwa go abelana ka dikanelo tsa bona ka mo phaposing.
- 7 Fa thuto e le ya kanelo e e kwadiwang, barutwana ba tla thala/kwala dikanelo ka mo dibukeng tsa bona.

TEKOTLHALOGANYO E E KWADIWANG

- 1 Pele ga thuto, kwala setlhogo sa kgang mo patitšhokong.
- 2 Morago, kwala potso ya tekotlhaloganyo mo patitšhokong, mmogo le foreimi ya tshimologo ya polelo.
- 3 Laela barutwana go bula dibuka tsa bona tsa go kwalela, mme ba kwale setlhogo.
- 4 Bolelela barutwana gore gompieno ba tlile go akanya ka dikarabo tsa dipotso le go di kwala.
- 5 Buisa dipotso le barutwana mme o di tlhalose fa go tlhokega.
- 6 Bolelela barutwana gore ga go tlhokege gore ba kwalolole dipotso, ba kwale fela dikarabo.
- 7 Tsamaya-tsamaya fa gare ga bona o thuse ba ba kgaratlhang.
- 8 Mo metsotsong e le mebedi ya bofelo, sekaseka dikarabo le barutwana, mme o ba letle go tshwaya tiro ya bona.



Puisokaelo ka Ditlhopha

Maikaelelo: Go reetsa morutwana mongwe le mongwe a buisetsa kwa godimo ka nosi. Go aga dikgono tsa go ithusa ka nako ya puiso le go gopola se a buisitseng ka botlalo. Go naya barutwana tšhono ya go ithuta go buisa mafoko a medumopuo, mafoko a a dirisiwang gantsi mo puong le dipolelo tse dikhutshwane tse di kgonegang go ka dumisiwa kgotsa go kgaoganngwa ka dinoko pele ba ka fetsa go kwala tirwana ya tekotlhaloganyo ka nosi.

Go botlhokwa gore o reetse morutwana mongwe le mongwe a buisa ka nosi gangwe mo bekeng.

SE O TSHWANETSENG GO SE DIRA KA BARUTWANA BA BA SA BUISENG:

- 1 Pele o simolola ka puiso le setlhopha, baya barutwana mo maemong a a siameng mme o ba neye dibuka tsa bona tsa go kwalela le matlhare a tiro a puiso.
- 2 Netefatsa gore matlhare a tiro a bolokesegile ka go dirisa difaele kgotsa dikgetsana tsa polasetiki.
- 3 Katisa barutwana ka tsamaiso ya Setswana ya Puisokaelo ka Ditlhopha jaana:
 - a Baya barutwana mo maemong a a siameng mme o ba neye matlhare a tiro.
 - b Ba tlhalosetse tirwana ya ntlha e e tshwanetseng go diriwa mo matlhareng a tiro.
 - c Bitsa setlhopha go tla go go buisetsa.
 - d Barutwana ba tla boela kwa mannong a bona fa o feditse go reetsa morutwana mongwe le mongwe a buisa.

- e** Laela barutwana go dira tirwana ya go ikotlolola jaaka: Morutabana a re; Binang; temekanang, emang; kgotsa Setulo sa me le Nna
 - *Ntlha: metsotso e le 30 ke nako e telele gore barutwana ba bannye b abo ba ntse ba dira ka nosi le ka tidimalo, ka jalo ba tlhoka nako ya go itumediwa le go ikotlolola.*
 - f** Baya barutwana mo maemong a a siameng mme o ban eye matlhare a tiro.
 - g** Ba tlhalosetse tirwana e e latelang e e tshwanetseng go diriwa mo matlhareng a tiro.
 - h** Bitsa setlhophha se sengwe go tla go go buisetsa.
- 4** Go bothokwa gore morutwana yo o bokoa a nne le yo o kgonang mo puisong gore fa ba buisa go tswa mo matlhareng a tiro, yo o kgonang a kgone go thusa yo o bokoa.

POPEGO YA MATLHARE A TIRO LE PUISO:

- 5** Matlhare a Tiro a beke a na le ditirwana di le Go na le ditlhophha di le 10 tsa puisokaelo ka ditlhophha mo bekeng. Setlhophha sengwe le sengwe se bona tšhono ya go dira le morutabana gangwe mo bekeng mme se se raya gore barutwana ba tlile go dira ditirwana tsa mo matlhareng a tiro ga 9 mo bekeng.
- 6** Ditshwantsho di gopotsa barutwana se ba tshwanetseng go se dira letsatsi le letsatsi:
- a** Molomo o gopotsa barutwana go dumisa mafoko.
 - b** Leitlho le gopotsa barutwana go buisa mafoko ka go a leba.
 - c** Ngwana a le mongwe o gopotsa barutwana go buisa ka nosi.
 - d** Bana ba babedi ba gopotsa barutwana go buisa le molekane.
 - e** Letsogo le le tshotseng pene se gopotsa barutwana go kwala kgotsa go thala setshwantsho.
- 7** Lenaane la mafoko otlhe a medumopuo le mafoko a a dirisiwang gantsi a rutilwe, le tshwanetse go nna teng. Dikgang tse dintšhwa di na le medumopuo le mafoko a a dirisiwang gantsi a beke le a a setseng a rutilwe. Se se raya gore barutwana ga ba kitla ba kopana le mafoko a ba sa a itseng mo mathareng a tiro.

GO KGAOGANYA BARUTWANA LE GO BA TLHOPHELA DIBUKA TSA PUISOKAELO KA DITLHOPHA:

- 1** Mo dibekeng tse pedi tsa ntlha tsa sekolo, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 2** Dirisa ruburiki e e fa tlase go baya barutwana go ya ka bokgoni jwa bona.
- 3** Baya barutwana go ya ka bokgoni jwa bona jwa go buisa.
- 4** Mo lenaneong le, puiso e tla ga 10 mo bekeng mme se se raya gore o ka nna le ditlhophha di le 10 tsa puiso. Fa o na le ditlhophha tse di ka fa tlase ga 10, o ka dirisetsa nako e nngwe go thusa barutwana ba ba bokoa mo puisong.
- 5** Mo mosupatseleng wa gago, go na le foromo e o tshwanetseng go tlatsa maina a barutwana go ya ka ditlhophha tsa bona, mmogo le lenaane la go bona se setlhophha sengwe le sengwe ba se buisitseng.
- 6** **Ntlha:** Ruburiki e kgaoganya barutwana go ya ka bokgoni jwa bona jwa go dirisa maano a go buisa.

- 7 Fa go na le barutwana ba le bantsi ba bokgoni jo bo tshwanang, o ka dirisa puiso le tekotlhaloganyo go kgaoganya ditlhopha.
- 8 Mo phaposing ya barutwana ba le 40, go ka nna le:
- Setlhopha se se sa tlang mo selekanyong sa 1, e ka nna barutwana ba le mmalwa.
 - Setlhopha se le 1 mo selekanyong sa 2
 - Ditlhopha di le 2 kgotsa 3 mo selekanyong sa 3
 - Ditlhopha di le 2 kgotsa 3 mo selekanyong sa 4
 - Setlhopha se le 1 kgotsa 2 mo selekanyong sa 5.

Ke akanya gore morutwana o buisa mo selekanyong sa: 1	Ke akanya gore morutwana o buisa mo selekanyong sa: 2	Ke akanya gore morutwana o buisa mo selekanyong sa: 3	Ke akanya gore morutwana o buisa mo selekanyong sa: 4	Ke akanya gore morutwana o buisa mo selekanyong sa: 5
<ul style="list-style-type: none"> • Morutwana ga a itse kgotsa o itse mafoko a le mmalwa. • Morutwana ga a lemoge kamano ya ditlhaka le medumo di le dintsi. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a a tlwaelegileng a le mmalwa. • Morutwana ga a lemoge kamano ya ditlhaka le medumo e mengwe kgotsa o tlhoka thuso go buisa mafoko ao a iseng a a bone. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng. • Morutwana o tlhoka thuso go dirisa maano a go buisa mafoko ao a iseng a a bone. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng e bile o kgona go dirisa maano a go buisa mafoko a le mantsi ao a iseng a a bone. • Morutwana o tlhoka thuso ka dinako dingwe go dirisa maano a go buisa mafoko a a marara. • Morutwana o buisa ka thelelo. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng. • Morutwana o kgona go dirisa maano a go buisa mafoko a le mantsi ao a iseng a a bone. • Morutwana o buisa ka thelelo le maikutlo. • Ke morutwana wa maemo a ntlha ka mo phaposing.

SE O TLA SE DIRANG LE SETLHOPHA SENNGWE LE SEGNWE KA NAKO YA PUISOKAELO KA DITLHOPHA:

- 1 Bitsa setlhopha go tla go go buisetsa.
- a Netefatsa gore botlhe ba tshotse setlhangwa se se nepagetseng.
 - b Letla barutwana go nna jaaka seripa sa sediko.
 - c Gopotsa barutwana ka mafoko a go leba a ba ithutileng ona mo bekeng. Bontsha setlhopha dipapetlana tsa mafoko mme ba ithute go a buisa.
 - d Naya barutwana metsotswana go buisa karolo ya setlhangwa ka nosi le ka tidimalo.

- e Kopa morutwana mongwe le mongwe go buisetsa karolo ya setlhangwa kwa godimo ka nosi.
- 2 Ka nako ya Puisokaelo ka Ditlhophha, go botlhokwa go gakologelwa go:
 - a **Supa mafoko a a dirisiwang gantsi.** Gopotsa barutwana gore go na le mafoko a a tlhagelelang gantsi mme ba tshwanetse go ithuta ona ka go a leba fela.
 - b **Go aga bokgoni ba go dirisa maano a go buisa.**fa morutwana a palelwa ke go buisa lefoko, o seka wa simolola ka go mo thusa go le buisa, mo rotloetse go dumisa lefoko, a be a kopanya medumo go bopa lefoko.
 - c **Akgola le go rotloetsa barutwana.** Dira gore puisokaelo ka ditlhophha e nne le tlhotlhetsetso e e siameng mo barutwaneng mme o age go itshepa mo go bona.
 - d **Aga go buisa ka thelelo.** Thusa barutwana go tlhabolola go buisa ga bona mme ba buise jaaka e kete ba a bua. Ba bontshe gore ba buise jang ka thelelo mme ba go latele.
 - e **Aga bokgoni jwa go buisa le kgopolo.** Bolelela barutwana gore ba tshwanetse go akanya ka ga se ba se buisang ka dinako tsotlhe. Ruta barutwana go emisa, ba boele kwa morago go boeletsa se ba se buisitseng fa ba latlhelwa ke bokao jwa kang. Ruta barutwana go bopa ditshwantsho mo megopolong ya bona jaaka e kete ba bona baesekopo ya se ba se buisang. Ruta barutwana go leka go gopola se ba se buisitseng. Rotloetsa barutwana go botsa fa ba sa tlhaloganye.

TLHOKOMELO YA MATLHARE A TIRO LE PUISO:

- 1 Ke kakanyo e ntle go tsenya matlhare a tiro ka mo difaeleng kgotsa mo dikgetsaneng tsa polasetiki fa barutwana ba a dirisa.
- 2 Tlhokomela matlhare a a tiro mme o a boloke sentle fa a sena go dirisiwa.
- 3 O ka kgona go dirisa matlhare a a tiro dingwaga di le dintsi gonne barutwana ba sa kwale mo go ona, mme ba dirisa dibuka tsa go kwalela.

MOKGWA THUSO WA PUISOKAELO KA DITLHOPHA

Gopola gore botlhokwa jwa Puisokaelo ka Ditlhophha ke go reetsa morutwana mongwe le mongwe a buisa ka nosi go ba thusa go aga bokgoni go dirisa maano a go buisa. Fa o sena bonno jo bo lekaneng ka mo phaposeng go dira se, kgotsa go baya maitsholo a barutwana mo taolong fa o tla be o reeditse setlhophha se se buisang, go na le tsela e e ka go thusang.

Ka nako ya Puisokaelo ka Ditlhophha, baya barutwana mo maamong a a siameng mme o ba neye matlhare a tiro. Morago dira tse di latelang:

- 1 Tlhalosa tirwana ya ntlha e e mo letlhareng la tiro e ba tshwanetseng go e dira.
- 2 Biletsa barutwana kwa tafoleng ya gago ka bongwe go tla go go buisetsa.
- 3 Reetsa morutwana mongwe le mongwe a go buisetsa go tswa mo setlhangweng e e leng mo selekanyong se se maleba.
- 4 Aga bokgoni jwa barutwana ba go dirisa maano a puiso.
- 5 Laela barutwana go dira tirwana ya go ikotlolola morago ga metsotso e le 15.

- 6 Baya barutwana mo maemong a a siameng mme o ba neye mathhare a tiro.
- 7 Ba tlhalosetse tirwana e e latelang e ba tshwanetseng go e dira.
- 8 Tswelera ka go biletsa barutwana kwa tafoleng ya gago go go buisetsa.

Fa o tsere tshweetso ya go dirisa mokgwa o wa thuso ya go reetsa puiso, netefatsa gore o reetsa morutwana mongwe le mongwe a buisa gangwe mo bekeng.



Tlhomagano ya go kwala

Maikaelelo: Go tshegetsa barutwana fa ba ntse ba ithuta go kwala megopolo ya bona ka nosi. Go lemosa barutwana gore fa ba dirisa tlhomagano ya go kwala ba ka kgona go fetola, go siamisa le go tlhagisa dintlha tsa bone botoka go na le go leka go nepa sengwe le sengwe ka gangwe.

Dikgato tsa tlhomagano ya go kwala ke: go rulaganya, go lekelela go kwala la ntlha, go siamisa le go phasalatsa se se kwadilweng. Barutwana ba katisiwa go latela dikgato tse nne tseno tsa tlhomagano ya go kwala go simolola kwa mophatong wa bongwe go ya go mophato wa boraro fa ba ntse ba fatlhoga.

RULAGANYA GO KWALA

- 1 Lenaneothuto leno le ruta barutwana go tsepama mo go rulaganyeng go kwala ka go dira:
 - a Lenaane
 - b Mmapa wa tlhaloganyo
- 2 Pele barutwana ba itlhamela dithulaganyo tsa bona, o tshwanetse go diragatsa se pele gore ba itse sentle se ba tshwanentseng go se dira. Lenaneothuto le tla go kaela gore o dira se jang.
- 3 Tlhalosetsa barutwana gore o AKANYA ka metlha ka se o yang go kwala ka ga sona. O tshwanetse go tlhalosa dikakanyo tsa gago kwa godimo gore barutwana ba di utlwe.
- 4 Dirisa letlhomeso la go rulaganya go itlhamela thulaganyo ya gago ya go kwala.
- 5 Jaanong naya barutwana metsotso e se mekae go akanya ka se ba yang go se kwala.
- 6 Letla barutwana go gadimana le go abelana dikakanyo tsa bona.
- 7 Kwa bofelong kaela le go tshegetsa barutwana fa ba ntse ba baya matlhomeso a bone.

GO KWALA GA NTLHA

- 1 Pele o simolola go ruta, kwala letlhomeso la gago go rulaganya mo patitšhokong go tswa mo thutong ya Mosupologo.
- 2 Jaanong, ka bokhutswane diragatsa o tlhalosetse barutwana gore ba ya go dirisa jang thulaganyo ya bone ya go itlhamela.
- 3 Bontsha barutwana letlhomeso la go kwala le le tla ba kaelang go dira se.

- 4 Fa barutwana ba ba feleletsa go kwala lwa ntlha, tsamayatsamaya mo phaposing go ba thusa le ba kaela.

TSHIAMISO LE POELETSO

- 1 Kwala lenaanetekolo la go siamisa le le mo lenaneothutong mo patithokong.
- 2 Le buise mme o le tlhalosetse barutwana.
- 3 Go botoka go bontsha barutwana sekao sa go siamisa diphoso tse di dirwang kgafetsa.
- 4 Letla barutwana go siamisa diphoso tsa bona ba dirisa lenaane la go baakanya diphoso.

GO PHASALATSA SE SE KWADILWENG

- 1 Laela barutwana go kwalolola sa bofelo se ba se kwadileng ka makgethe.
- 2 Naya barutwana tšhono ya go ananya dibuka le go buisa se balekane ba bona ba se kwadileng.
- 3 Neela barutwana ba ba farologaneng tšhono ya go abelana ka se ba se kwadileng ka go se buisetsa phaposi yotlhe.
- 4 Kopa barutwana bangwe go kopololela dikgang tsa bone mo letlhareng le le sa kwalelang, ba take ditshwantsho tse dintle le go saena. Bontsha tiro ya barutwana ka go e manega mo loboteng ka fa phaposing.
- 5 Phutha dibuka tsa barutwana. O kopiwa go tshwaya fela ditirwana tsa go kwala di le pedi tsa morutwana mongwe le mongwe mo kgweditharong o dirisa ruburiki e e neetsweng. Le fa go ntse jalo buisa mme o tshwaele dintlha ka ga go kwala ga barutwana mo legatong lengwe le lengwe la go kwala.
- 6 Gape, go itshepa ke karolo e e botlhokwa ya go godisa dikgono tsa go kwala.



Maano a go kwala

Dipoelo: Go naya barutwana ditogamaano tse di tla ba kaelang le go ba thusa fa ba ntse ba leka go kwala dikakanyo tsa bone ka nosi.

- 1 Latela lenaneothuto go wetsa ditirwana tsa go kwala beke le beke.
- 2 Mo mananeothutong a, o tla lemoga gore ditogamaano tsa go kwala ga di latelwe ka metlha. Se se thusa barutwana gore ba itse go solofela eng mo dithutong tsa go kwala. Se se thusa ka go itshepa.
- 3 O tla lemoga gore barutwana ba rutiwa ditogamaano tse di farologaneng ka bonya gore ba kgone go feleletsa letlhomeso ka katlego.
- 4 Maikaelelo ke gore tiriso ya ditoga maano tse, e itlele fela.
- 5 Ditogamaano tse di ruta barutwana dikgato tse ba tshwanetseng go di latela fa ba kwala mme se, se aga go itshepa ga bona.

TOGAMAANO 1: MORUTABANA O DIRAGATSA GO KWALA PELE

- a Morutabana lwa ntlha o supetsa barutwana sentle se ba tshwanetseng go se dira.

TOGAMAANO 2: BAKWADI BA A AKANYA PELE BA KWALA

- a Go kwala ke go baya dikakanyo tsa gago mo pampiring.
- b Se se raya gore bakwadi ba akanya pele mme ba tsee tshwetso gore ba tla kwala eng pele.
- c Boammaruri ke gore fa o kwala ga gona 'dikarabo' tse di fosagetseng kgotsa tse di siameng ka ntlha ya gore mokwadi mongwe le mongwe o kwala dikakanyo tsa gagwe.
- d Ka dinako tsotlhe naya barutwana nakwana ya go akanya ka se ba batlang go se kwala.

TOGAMAANO 3: BAKWADI BA THALELA LEFOKO LENGWE LE LENGWE MOTHALO.

- a Bakwadi ba akanya ka polelo e ba batlang go e kwala ba bo ba e buela kwa godimo.
- b Bakwadi ba bala gore go na le mafoko a le makae mo polelong ba bo ba thala mothalo wa lefoko lengwe le lengwe.
- c Methalo e thalelwa go tswa kwa molemeng go ya kwa mojeng, le go tswa kwa godimo go ya kwa tlase.
- d Methalo e thalelwa go ya ka boleele jwa lefoko
- e Go tshwanetse ga nna le diphatlha fa gare ga mafoko.
- f Kwa bofelong ba polelo barutwana ba baya khutlo.
- g Jaanong barutwana ba kwala mafoko mo godimo ga methalo. Fa ba sa itse go kwala lefoko ba leke go kwala pele modumo o le simololang ka one pele ba kopa thuso.
- h Se se naya dikakanyo tsa morutwana popego le go dira gore a itshephe. Jaanong le barutwana ba ba kgaratlang ba ka simolola dikgato tsa go kwala.

TOGAMAANO 4: BAKWADI BA DIRISA DIDIRISWA GO KWALA MAFOKO

- a Ruta barutwana go se kope thuso ka dinako tsotlhe fa ba sa itse go kwala lefoko. Ba tshwanetse go simolola ka go dirisa didiriswa tse dingwe go leka go kwala mafoko a bas a a itseng. Dikao:
- b Mafoko a a mo loboteng
- c Dibuka tse dingwe
- d Mafoko a mopeleto.
- e Ba ka botsa le balekane ba bone.

TOGAMAANO 5: BAKWADI BA DIRISA SE BA SE GAKOLOGELWANG GO KWALA MAFOKO

- a** Barutwana ba tshwanetse go leka go gakologelwa mafoko a ba ithutileng ona, mme ba a kwale.

TOGAMAANO 6: BAKWADI BA BUELA MAFOKO KA BONYA JAAKA KHUDU

- a** Ruta barutwana go buela lefoko le ba sa le itseng ka bonya go utlwa medumo e e farologaneng ya lona. (go kgaoganya)
- b** Ruta barutwana go kwala medumo yotlhe e ba ka e utlwang. (Ba ka nna ba se kgone go peleta lefoko sentle fela se ke tshimologo ya go kwala mafoko a ba sa a itseng. Sekao: ph e ka nna ya kwalwa jaaka p. Morutabana a ka agela mo godimo ga se, go bontsha mokwadi mopeleto o o nepagetseng.
- c** Leka go buisa se morutwana a se kwadileng a dirisa medumopuo mme o mo akgolele kitso ya gagwe ya medumopuo. Go botlhokwa go rotloetsa bokgoni jo.

TOGAMAANO 7: BAKWADI BA BUISA SE BA SE KWADILENG

- a** Bakwadi ba ipuisetsa dipolelo tsa bona kwa godimo kgotsa go molekane. Go buisetsa yo mongwe se o se kwadileng go dira gore tsamaiso ya go kwala e tlhaloganyege botoka.
- b** Fa ba dira se, ba netefatsa fa go se na mafoko a ba a tlogetseng.
- c** Gape ba netefatsa fa mafoko a bona a latelana sentle.
- d** Se se botlhokwa ke go netefatsa gore barutwana ba itumelela tsamaiso ya go kwala le go nna motlotlo ka se ba se kwadileng.

TOGAMAANO 8: BAKWADI BA A GADIMANA BA BUE

- a** Mo dinakong tse di farologaneng tsa thuto, barutwana ba ka gadimana mme ba buisana le molekane ka go refosana.
- b** Se, se ka dirisetswa go abelana ka dikakanyo tsa se ba tla kwalang ka sona, go buisetsana ka se ba se kwadileng, go bolellana ka ditshwantsho tsa bona kgotsa go netefatsa fa ba tlhaloganya se ba tshwanetseng go se dira.
- c** Ruta barutwana go lebaganya difatlhego tsa bona mme ba bulele kwa tlase.

TOGAMAANO 9: TSHWARA DIKOPANYANA

- a** Se ke togamaano e e mosola ya fa barutwana ba kwala
- b** Tsamayatsamaya mo phaposing mme o ele tlhoko barutwana ba ba kgaratlang.
- c** Tshwara kopanyana le morutwana.
- d** Ela tlhoko tiro ya morutwana, o mo reetse mme o mo neye thuso e e maleba.
- e** Leka go thusa morutwana mongwe le mongwe mme o ba rotloetse maiteko a bona.

The background of the entire page is a light gray color with a repeating pattern of small, white, line-art icons. These icons represent various educational fields: science (flasks, beakers, globes, atoms), mathematics (calculators, rulers, compasses, triangles), arts (pencils, paint palettes, brushes), and general education (books, graduation caps, lightbulbs, speech bubbles).

Mophato 2

KGWEDITHARO 2

Beke

1

THITOKGANG:

**Re na le
maikutlo**



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa batho ba bontsha maikutlo a a farologaneng (boitumelo, kutlobotlhoko, itumetse jj)
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: dira dipatlisiso gore re nna le maikutlo leng kgotsa gore maikutlo a tswa kae.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maamong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 26, A re buiseng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 27, A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 28 & 29, A re direng

Tirwana 4: Thala setshwantso gore o ikutlwa jang jaanong.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa moletlo mogolo wa matsalo wa ga Mandla mo bukakgolong ya kgang: Dintle o jela Dumi nala
- 2 Bolelela barutwana gore le simolola thitokgang e ntšhwa e e bidiwang: Re na le maikutlo
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se o setseng o se itse ka thitokgang e?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tshaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke dikao dife tsa maikutlo?
 - b Re nna le maikutlo leng?
 - c Ke maikutlo afe a o tleng o nne le ona?
 - d Ke maikutlo afe a o sa rateng go nna le ona?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - ngongorega
 - leeto
 - karo

Raeme kgotsa pina	Ditiragatso
Fa o itumtse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla(O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barurwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:

- a ntlong
- b nkgotla
- c maina
- d gwanta
- e kgwedi
- f tlwaela
- g ngwetsi
- h ntlhoka
- i tshwana
- j tswine

- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Dintle o jela Dumi nala
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

BEKE 1

SETLHOGO: Kwala lenaane la dilo tse di dirang gore o ikutlwe o itumetse, le dilo tsedilo tse di dirang gore o ikutlwe o ngongorega.

TIRO: Kwala lenaane le ditlhogo. Se, e tla nna karolo ya buka ya phaposi ya kwa sekhutlwaneng sa puiso.

LETLHOMESO LA GO KWALA:

Dilo tse di dirang gore ke itumele:

- 1 _____
- 2 _____

GO DIRAGATSA

- 1 Tlhalosa gore gompiano, barutwana ba tla kwala ka. **Dilo tse di ba dirang gore ba itumele.**
- 2 Buisetsa barutwana letlhomeso la go kwala.
- 3 Tlhagisa **setlhogo** (*Dilo tse di dirang gore ke itumele*). Tlhalosa gore setlhogo se re bolelela ka ga se lenaane e leng ka ga sona.
- 4 Tlhalosa gore gompiano le ya go dira lenaane. Se se raya gore re ya go tlhopha dilo di le pedi tse di re itumedisang, mme o kwale nngwe le nngwe ya tsona fa thoko ga nomoro.
- 5 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 6 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Go na le dilo di le dintsi tse di farologaneng tse di dirang gore ke itumele. Ke ya go akanya ka dilo tse di dirang gore ke itumele go fetisisa. Ke rata go nna le kgaitsadiake, go buisa le go opela mo setlhopheng sa go opela sa kwa kerekeng.
- 7 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 8 Diragatsa go feleletsa ntlha ya ntlha mo lenaaneng: **Ke ikutlwa ke itumetse fa ke nna le nako le kgaitsadiake.**
- 9 Diragatsa go feleletsa ntlha ya bobedi mo lenaaneng: **Ke ikutlwa ke itumetse fa ke buisa mo sofeng ya me.**
- 10 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 11 **Dirisa didiriswa, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.**
- 12 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke dilo dife tse di go dirang gore o itumele?
- 2 Laela barutwana go akanya pele ba kwala.
- 3 Bitsa barutwana ba le 2–3 go go bolelela selo se le sengwe se se ba dirang gore ba itumele.
- 4 Ba tshwanetse go bua jaana: Ke ikutlwa ke itumetse...
- 5 Tlhalosa gore barutwana ba tla kwala lenaane ka se se ba dirang gore ba itumele.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Kopa barutwana go oketsa ka mafoko/maina.
- 5 Rotloetsa barutwana.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.

go tshamekadimindamoneDilo tse di dirang gore ke itumele1. dimindamone2. go tshameka**Puisokaelo ka ditlhopha**

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /oo/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /oo/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **leroo, mooki, bookelo**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **mooki, lookwane, moonoo, leeroo, poo, bookelo**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

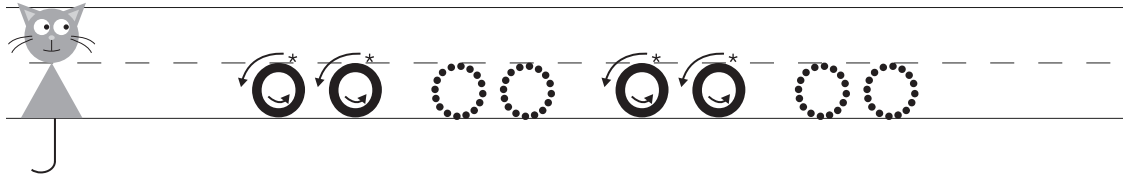


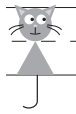
Mokwalo:

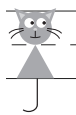
15 metsotso

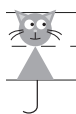
Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

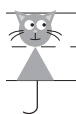
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: oo
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolelela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

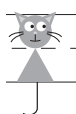


 mooki mooki

 lookwane lookwane

 moono moono

 leroo leroo

 poo poo

 bookelo bookelo

 Mooki o reka lookwane.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: BATLISISA SETLHANGWA

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Mmangwane wa ga Dintle, e bong Mbali o ne a dirwa karo. O ne a kokotlela mo gae. 'Mmangwane Mbali o tlhoka thuso mo gae!' ga rialo mmaagwe Dintle. 'Re ya go tloga go sa le mo mosong. Phutha kgetsana ya gago ya mafelo a beke!' ga rialo mmaagwe Dintle.</p> <p>Dintle o ne a hutsafetse gonne Mmangwane Mbali ga a tsoga. Fela o ne a itumeletse go bona ntsalae Dummi. Dintle a phutha diaparo tsa gagwe le boraše jwa meno. Morago a direla Mmangwane Mbali karata e ntle. A tshwantsha ditšhese fa pele mme a kwala molaetsa o o monate ka fa gare. 'Se se tlaa dira gore a ikutlwe botoka,' Dintle a nagana jaaka a kgatlhegela tiro ya gagwe e a e dirileng ka thata.</p>	<p>Goreng fa Dintle a ne a itumetse?</p> <p>Ijoo! O ne a itumeletse go jela ntsalae, e bong Dummi nala!</p>
<p>Mmaagwe Dintle o ne a tsoga go le mo mosong thata.</p> <p>'Tlala! Itlhaganele!' mmaagwe a rialo, 'Ke leeto le lelele mme ga re batle go goroga thari thata!'</p> <p>Dintle a ikutlwa a ngongorela kwa teng ka ntlha ya go tsoga mo mosong. Fela o ne a itumeletse go bona ntsalae Dummi. A ipakanya mme ene le mmaagwe ba leba kwa rankeng ya ditekesi.</p>	<p>Goreng Dintle a itumetse?</p> <p>Ijoo! O ne a ikutlwa a itumeletse gore o ya go bona ntsalae, e bong Dummi fa gautshwane.</p>
<p>Dintle le mmaagwe ba tlhola letsatsi lotlhe mo tekesing. Fa ba goroga kwa ga Mmangwane Mbali, nako e ne setse e le ura ya 8 mo godimo ga tlhogo. Fa Dummi a bona Dintle a gowa ka boitumelo. 'Tlala! A reye go tshameka!'</p> <p>'E seng mo bosigong jo!' ga rialo mmaagwe Dummi. 'Go setse go le lefifi kwa ntle. Le tshwanetse go ja dilalelo mme la ipakanyetsa go robala!'</p>	<p>Goreng Dintle a itumetse?</p> <p>Ijoo! O ne a itumeletse gore o ya go bona ntsalae, e bong Dummi fa gautshwane.</p>
<p>Mo malatsing a mabedi a a latelang Dintle le Dummi ba tshameka mmogo. Ba buisa dibuka, ba tshameka kgwele ya dinao, mme ba tshwara digwagwa kwa nokeng. Dintle o ne a ikutlwa a itumetse go nna le ntsalae Dummi. Fela Dummi le ena o ne a šwegašwega gonne o ne a itse gore nako ya gagwe le ntsalae e tlaa fitlha kwa bokhutlong go ise go ye kae.</p>	<p>Goreng Dintle a itumetse?</p> <p>Ijoo! Ke bona gore o itumeletse go bona ntsalae, e bong Dummi.</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Ka La tshipi maitsiboa, mmaagwe Dintle a re, 'Re tlaa tsamaya ka moso! O ka se kgone go nna malatsi a mangwe o sa ye sekolong.' Dintle o ne a itse gore nako e, e tlaa tla, le fa go le jalo o ne a ikutlwa a hutsafetse. O ne a sa itumelela go ya gae le e seng.</p> <p>Dumi le Dintle ba boela kwa kamoreng ya ga Dumi ya borobalo.' Re go tshwaretse mpho ya matsalo ya pele ga nako!' Dumi a rialo a naya Dintle lebokoso. Dintle a bula lebokoso mme a fitlhela go na le bera e e matobetobe!</p>	
<p>Mmaagwe Dintle a mo tsosa phakela thata.</p> <p>'Tlaya! Itlhaganele!'mmaagwe a mo kgotlhokgotsa, ' Ke leeto le lelele mme ga re batle go fitlha go le thari thata!'</p> <p>Dintle o ne a utlwile hutsafaletse go tlogela ntsalae Dumi. Fela jaaka a dutse mo tekesing, o ne a itumeletse go ya go bontsha ditsala tsa gagwe kwa sekolong bera ya gagwe e e matobetobe!</p>	<p>Goreng Dintle a itumetse?</p> <p>Ijoo! O ne a itumeletse go bontsha ditsala tsotlhe tsa gagwe bera ya gagwe e e matobetobe e ntšhwa.</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Dintle o ne a ikutlwa jang fa a tshwanetse go tsoga mo mosong thata?</p>	<p>O ne a ngongorega</p>
<p>Go ne go na le eng mo lebokosong le Dumi a le neetseng Dintle?</p>	<p>Go ne go na le bera e e matobetobe mo lebokosong.</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>Goreng Dintle a ne a itumetse?</p>	<ul style="list-style-type: none"> • O ne a itumeletse go bona ntsalae, e bong Dumi. • O ne a itumeletse go jela ntsalae nala. • O ne a itumeletse go ya go bontsha ditsala tsa gagwe bera e e matobetobe ya gagwe e ntšhwa. • Gongwe o ne a itumeletse go bolelela ditsala tsa gagwe ka ga nako e a neng a na le Dumi ka yona.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana tsa go reetsa le go bua

15 metsotso

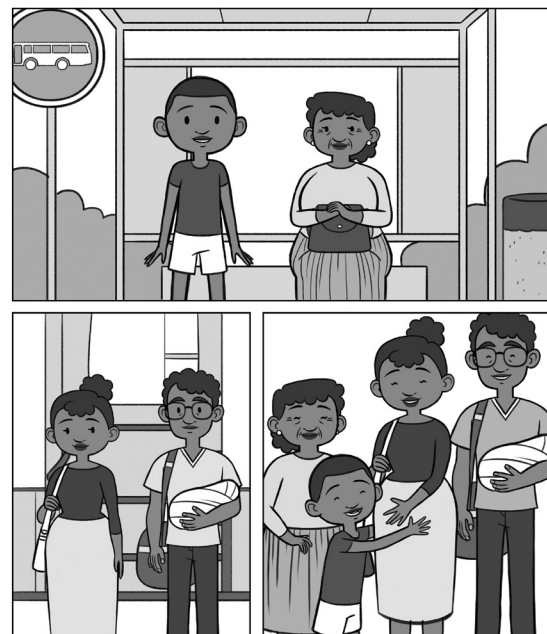
TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - go swaba
 - phisego
 - phadisano

Raeme kgotsa pina	Ditiragatso
Fa o itumetse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla(O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barurwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.





Temogo ya medumopuo le medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo /ee/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /ee/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **beela, seelele, apeela**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **feela, seelele, seemo, beela, apeela**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Mokwalo:

15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **ee**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafolele tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.



feela feela

seeele seeele

seemo seemo

beela beela

apeela apeela

Seeele se a feela.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala lenaane la dilo tse di go dirang gore o itumele le tse di go dirang gore o ngongorege.

TIRO: Kwala lenaane la ditlhogo. Se, e tla nna karolo ya buka ya phaposi ya sekhutlwana sa puiso.

LETLHOMESO LA GO KWALA:

Dilo tse di dirang gore ke ngongorege.

1 _____

2 _____

_____ le _____ di dira gore ke itumele, fela _____ le _____ di dira gore ke ngongorege.

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Gompieno ba tlile go oketsa ka setlhogo se se farologaneng. Ba tla oketsa gape ka dilwana tse tharo mo lenaaneng la bona ka fa tlase ga setlhogo se sentšhwa.
- 3 Jaanong ba tla sobokanya lenaane la bona mo polelong e e tletseng.
- 4 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 5 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 6 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: **Go na le dilo dingwe tse di ntirang gore ke ngongorege. Ga ke rate go tsosiwa, Ke a ngognorega fa mongwe a ntsosa ke robetse. Gape ke a ngongorega fa ke sa bona boroko jo bo lekaneng.**
- 7 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 8 Diragatsa go feletsa selwana sa ntlha mo lenaaneng: **Ke a ngongorega fa mongwe a ntsosa ke robetse.**
- 9 Diragatsa go tlatsa polelo ya bofelo ya letlhomeso la go kwala.. **Ke a ngongorega fa ke sa bona boroko jo bo lekaneng bosigo.**
- 10 Diragatsa go tlatsa polelo ya bofelo ya letlhomeso la go kwala. Tlhalosa gore polelo e ya bofelo, ke tshobokanyo ya manaane le ditlhogo tsa rona jaaka: Kgaityadiaka le go buisa di dira gore ke itumele, fela go se bone boroko jo bo lekaneng le go tsosiwa di dira gore ke ngongorege.
- 11 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 12 **Dirisa didiriswa tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go oketsa ka maina mo ditshwantshong jaaka: ngongorega, ikutlwa, jj**
- 13 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka dilo tse di re dirang gore re itumele.
- 2 Gompieno re ya go kwala ka dilo tse di re dirang gore re ngongorege.
- 3 Botsa barutwana: Ke dilo dingwe dife tse di go dirang gore o ngongorege?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka dikakanyo tsa bona.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka selo se le sengwe se se ba dirang gore ba ikutlwe ba ngongorega.
- 9 Ba tshwanetse go re: Ke ikutlwa ke ngongorega fa...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Kopanya tiro yotlhe ya barutwana ya beke ka mo buken. E beye kwa sekhutlhaneng sa puiso gore barutwana ba buise ka nako ya puiso ka nosi.

go tshameka



diminamone



dijana

tiro ya gae



Dilo tse di dirang gore ke itumele

1. diminamone
2. go tshameka

Dilo tse di dirang gore ke tlhoname

1. tiro ya gae
2. go tlhatswa dijana

Go ja dimonamona le go tshameka
go dira gore ke itumele, mme fela
tiro ya gae le go tlhatswa dijana
go dira gore ke tlhoname.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **mooki**
- 3 Kgaoganya lefoko ka medumo ya lona: /m/-/oo/-/k/-/i/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /m/
- 5 Bua modumo wa bobedi o o ikemetseng: /oo/
- 6 Bua modumo wa boraro o o ikemetseng: /k/
- 7 Bua modumo wa bofelo wa lefoko: /i/
- 8 Kwala lefoko mo patit **mooki**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /moo/-/ki/ = **mooki**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **beela**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **bookelo**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /b/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /oo/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /k/
- 6 Botsa barutwana jaana: ke modumo ofe wa bone mo lefokong? /e/
- 7 Botsa barutwana jaana: ke modumo ofe wa botlhano mo lefokong? /l/
- 8 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /o/
- 9 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /b/-/oo/-/k/-/e/-/l/-/o/
- 10 Kwala lefoko: **bookelo**
- 11 Laela barutwana go aga lefoko gape mmogo le wena: /boo/-/ke/-/lo/ = **bookelo**
- 12 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **seelele**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

BEKE 1

MAANO A PUISO: BATLISISA SETLHANGWA

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Mmangwane wa ga Dintle, e bong Mbali o ne a dirwa karo. O ne a kokotlela mo gae. 'Mmangwane Mbali o tlhoka thuso mo gae!' ga rialo mmaagwe Dintle. 'Re ya go tloga go sa le mo mosong. Phutha kgetsana ya gago ya mafelo a beke!' ga rialo mmaagwe Dintle.</p> <p>Dintle o ne a hutsafetse gonne Mmangwane Mbali ga a tsoga. Fela o ne a itumeletse go bona ntsalae Dumi. Dintle a phutha diaparo tsa gagwe le boraše jwa meno. Morago a direla Mmangwane Mbali karata e ntle. A tshwantsha ditšhese fa pele mme a kwala molaetsa o o monate ka fa gare. 'Se se tlaa dira gore a ikutlwe botoka,' Dintle a nagana jaaka a kgatlhegela tiro ya gagwe e a e dirileng ka thata.</p>	<p>Goreng Dintle a ne a hutsafetse?</p> <p>Ijoo! O ne a hutsafaditswe ke go lwala ga Mmangwane, e bong Mbali!</p>
<p>Mmaagwe Dintle o ne a tsoga go le mo mosong thata.</p> <p>'Tlaya! Itlhaganele! mmaagwe a rialo, ' Ke leeto le leleele mme ga re batle go goroga thari thata!'</p> <p>Dintle a ikutlwa a ngongorela kwa teng ka ntlha ya go tsoga mo mosong. Fela o ne a itumeletse go bona ntsalae Dumi. A ipakanya mme ene le mmaagwe ba leba kwa rankeng ya ditekesi.</p>	<p>Goreng Dintle a ngongorega?</p> <p>Ijoo! O ne a ngongoregela go tsoga mo mosong thata!</p>
<p>Dintle le mmaagwe ba tlhola letsatsi lotlhe mo tekesing. Fa ba goroga kwa ga Mmangwane Mbali, nako e ne setse e le ura ya 8 mo godimo ga tlhogo. Fa Dumi a bona Dintle a gowa ka boitumelo. 'Tlaya! A reye go tshameka!'</p> <p>'E seng mo bosigong jo!' ga rialo mmaagwe Dumi. 'Go setse go le lefifi kwa ntle. Le tshwanetse go ja dilalelo mme la ipakanyetsa go robala!'</p>	<p>Goreng Dintle a swabile?</p> <p>Ijoo! O ne a swabile ka gore go ne go le thari thata go tshameka.</p>
<p>Mo malatsing a mabedi a a latelang Dintle le Dumi ba tshameka mmogo. Ba buisa dibuka, ba tshameka kgwele ya dinao, mme ba tshwara digwagwa kwa nokeng. Dintle o ne a ikutlwa a itumetse go nna le ntsalae Dumi. Fela Dumi le ena o ne a šwegašwega gonne o ne a itse gore nako ya gagwe le ntsalae e tlaa fitlha kwa bokhutlong go ise go ye kae.</p>	<p>Goreng Dintle a tshwenyegile? Ijoo! O ne a tshwenyegitse gore o ne a itse gore a tla tshwanelwa ke go ya gae!</p>

<p>Buka</p>	<p>Puiso ya bobedi (go akanyetsa kwa godimo)</p>
<p>Ka La tshipi maitsiboa, mmaagwe Dintle a re, 'Re tlaa tsamaya ka moso! O ka se kgone go nna malatsi a mangwe o sa ye sekolong.' Dintle o ne a itse gore nako e, e tlaa tla, le fa go le jalo o ne a ikutlwa a hutsafetse. O ne a sa itumelela go ya gae le e seng.</p> <p>Dumi le Dintle ba boela kwa kamoreng ya ga Dumi ya borobalo.' Re go tshwaretse mpho ya matsalo ya pele ga nako!' Dumi a rialo a naya Dintle lebokoso. Dintle a bula lebokoso mme a fitlhela go na le bera e e matobetobe!</p>	<p>Goreng Dintle a hutsafetse? O hutsafetse ka gore o tlaa tshwanelwa ke go ya gae!</p>
<p>Mmaagwe Dintle a mo tsosa phakela thata. 'Tlaya! Itlhaganele!'mmaagwe a mo kgotlhokgotsa, ' Ke leeto le leleele mme ga re batle go fitlha go le thari thata!</p> <p>Dintle o ne a utlwile hutsafaletse go tlogela ntsalae Dumi. Fela jaaka a dutse mo tekesing, o ne a itumeletse go ya go bontsha ditsala tsa gagwe kwa sekolong bera ya gagwe e e matobetobe!</p>	<p>Goreng Dintle a hutsafetse? Ijoo! O ne a hutsafaletse go tlogela ntsalae, e bong Dumi!</p>
<p>Dipotso tsa tatelelo</p>	<p>Dikarabo tse di solofetsweng</p>
<p>Goreng Dintle le mmaagwe ba ne ba ya go jela Dumi nala?</p>	<p>Gonne mmaagwe Dumi, e bong Mmangwane wa ga Mbali, o ne a dirilwe karo mme a tlhoka thuso.</p>
<p>Ke eng se se neng se swabisitse Dintle?</p>	<p>O ne a swabisitse ke gore go ne go setse go le bosigo go ka tshameka fa ba fitlha kwa gaabo Dumi.</p>
<p>Potso ya goreng</p>	<p>Dikarabo tse di solofetsweng</p>
<p>Goreng fa Dintle a ne a sa itumela?</p>	<ul style="list-style-type: none"> • O ne a hutsafetse ka gore Mmangwane Mbali o ne a lwala. • O ne a ngongoregela go tsoga mo mosong thata. • O ne a swabisitswe ke gore go ne go le bosigo go tshameka fa ba se na go goroga kwa gaabo Dumi. • O ne a tshwenyegile gonne o ne a itse gore ba tlaa tshwanelwa ke go tloga kwa gaabo Dumi mme a sa batle go tsamaya! • O ne a hutsafetse go nne kwa bofelong o ne a boela gae.



Puisokaelo ka ditlhopha

15 metsotso

BEKE 1

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - kgomotso
 - boitumelo
 - kwa bofelong

Raeme kgotsa pina	Ditiragatso
Fa o itumetse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla (O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barurwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong
Dintle le mmaagwe...
Dintle o ikutlwa...fa...
Dintle o na le maikutlo a a tlhakatlhakaneng gone...
- 2 Buisetsa barutwana letlhomeso
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitšhokong.

oo	ee	m
i	l	k
w	a	n
e	o	r
p	b	s

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /oo/ /ee/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /m/-/oo/-/k/-/i/ = **mooki**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /oo/ kgotsa /ee/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /k/-/o/-/b/-/a/ = **koba**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **oo, ee**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **mooki, lookwane, moonoo, leroo, poo, bookelo, seelele, seemo, beela, apeela, koba, pilo, rema, wena, kwala, kwena**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA

GO SOBOKANYA KGANG

- 1 Tlhalosa gore barutwana ba tlile go bua ka dintlha di le pedi tse ba akanyang di ne di le bothokwa mo kgannyeng ya: Dintle o jela Dumisala
- 2 Diragatsa go bontsha barutwana gore ba kaanela jang ka dipolelo di le 1–2 ka diteng tsa kgang jaaka: Ntlha e le nngwe e e bothokwa ke gore mmangwanaago Dintle o dirile karo. Ntlha e nngwe e e bothokwa ke gore Dintle o ne a ikutlwa a le bothoko e bile a itumetse
- 3 Go tlogela legae la ntsalae.
- 4 Tsholetsa ditshwantsho tsa Buka Kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng.
- 5 Laela barutwana go akanya ka dintlha tse di neng di tota di le bothokwa mo kgannyeng.
- 6 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona ka mo phaposing. Thusa barutwana go bopa dipolelo tse di feletseng.
- 7 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 8 Laela barutwana go gadima ba bua mme ba abelane ka dikanelo tsa bona le balekane. *(Ba seka ba bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)*



Puisokaelo ka ditlhopho

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopho sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopho go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana le puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopho sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopho tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

BEKE 1

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

The background of the entire page is a light gray color with a repeating pattern of small, white, line-art icons. These icons represent various educational fields: books, pencils, globes, gears, lightbulbs, speech bubbles, and scientific equipment like flasks and test tubes. The icons are scattered across the page, creating a textured, academic atmosphere.

Mophato 2

KGWEDITHARO 2

Beke

2

THITOKGANG:

**Re na le
maikutlo**



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa bana ba ikutlwa ba itumetse.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: dipatlisiso gore batho ba diriwa keng gore ba itumele.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlathloba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 30, A re buiseng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 31 & 32, A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 34, A re buiseng

Tirwana 4: Thala setshwantso ka sengwe se se go dirang gore o ikutlwe o itumetse.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa Nyasha a okomela mo seraleng ka mo Bukakgolong: Nyasha mo seraleng
- 2 Bolelela barutwana gore le tswelala ka thitokgang: Re na le maikutlo
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona mo thitokgannyeng e?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke maikutlo a makae a motho a ka nnang le ona ka nako e le nngwe?
 - b Ke maikutlo afe a a tlwaelegileng?
 - c A go na le maikutlo a o a itseng mme o ise o nne le maitemogelo a ona?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - itlhaloso
 - go iteka mo seweng
 - ikatiso

Raeme kgotsa pina	Ditiragatso
Fa o itumetse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla(O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barutwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a mooki

- b** lookwane
- c** moonoo
- d** leroo
- e** bookelo
- f** feela
- g** seeleele
- h** seemo
- i** beela
- j** apeela

- 3** Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4** Kwala medumo sentle mo patitšhokong.
- 5** Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANELO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1** Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2** Bula kgang ya Bukakgolo: Nyasha mo seraleng
- 3** Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4** Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5** Ruta mafoko a mantšhwa.
- 6** Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala kgang ka nako e o neng o na le maikutlo a a tlhakatlhakaneng.

TIRO: Thala setshwantsho sa ka bonako mme o kwale temana (ya dipolelo di le tlhano) ka maitemogelo a gago.

LETLHOMESO LA GO KWALA:

Nako nngwe, ke ne ka ikutlwa ke...le... ka nako e le nngwe.

Ke n eke na le maikutlo a a tlhakatlhakaneng a gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tla kwala ka maitemogelo a bona a go nna le maikutlo a a tlhakatlhakaneng.
- 2 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 3 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Ke ne ke na le maikutlo a a tlhakatlhakaneng fa ke ne ke ile go taboga. Ken e ke batla go nna fa gae go bogela TV fela ken e ke itse gore ke tshwanetse ke tsamaye gonne go taboga go siametse mmele wa me.
- 4 Diragatsa o thala setshwantsho sa kakanyo ya gago ka bonako jaaka: O akanya gore a o ka ya go taboga.
- 5 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 6 Diragatsa go tlatsa letlhomeso la go kwala: Nako nngwe ke ne ka ikutlwa ke tlapafala mme gape ke fisegela ka nako e le nngwe. Ke ne ke na le maikutlo a a tlhakatlhakaneng gonne ke ne ke batla go taboga mmegape ke sa battle go taboga.
- 7 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 8 **Dirisa didiriswa,** jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang.
- 9 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

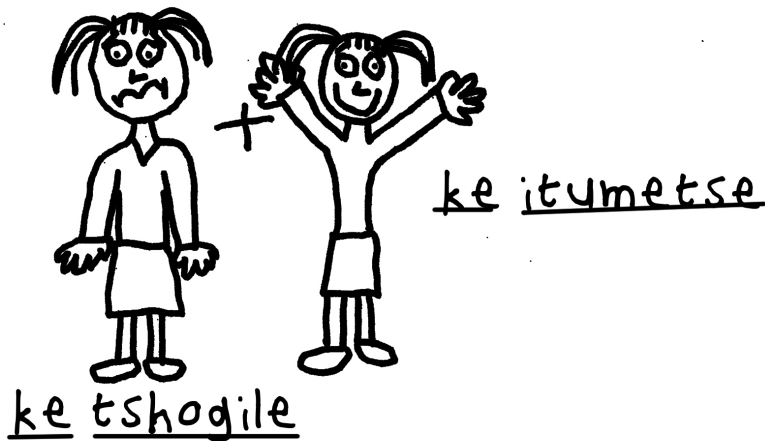
DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke maikutlo afe a mabedi a o neng o na le ona ka nako e le nngwe? Goreng?
- 2 Laela barutwana go **akanya pele ba kwala.**
- 3 Tlhalosetsa barutwana gore ba ikakanyetse, **ba seka** ba kopisa dikakanyo tsa gago.
- 4 Laela barutwana go **gadima ba bua** le balekane ka maikutlo a a tlhakatlhakaneng.
- 5 Naya barutwana metsotso e le 2–3 go gadima ba bua.
- 6 Bitsa barutwana ba le 3–4 go go bolelela gore ke maikutlo afe a ba tla kwalang ka ona.

- 7 Ba tshwanetse go bua jaana: Ke ne ka ikutlwa ke...le...ka nako e le nngwe...
- 8 Tlhalosa gore jaanong barutwana ba tlaa dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



ka nako nngwe ke ne ka ikutlwa ke
itumetse epile ke tshogile ka
gangwe.

ke ne ke na le maikutlu a a
tlhakatlhakaneng ka gonne ke ne
ke na le tlhatlhobo ya mopeleto.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /**oa**/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /**oa**/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **boatla, moabi**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **boa, moagi, boatla, moabi**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

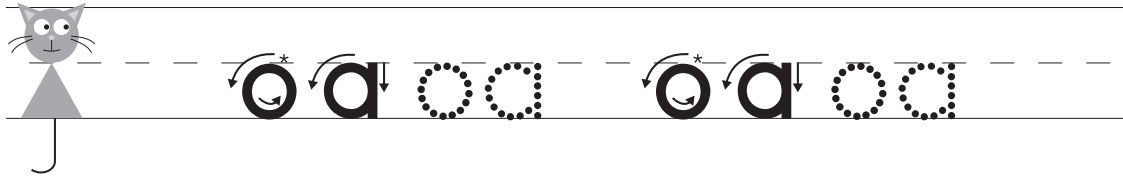


Mokwalo:

15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **oa**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolelela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



o a o a

moagi moagi

boatla boatla

moabi moabi

Moagi o boatla.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
Nyasha o ne a lorile e le modiragatsi. Gompieno jaana, Nyasha o nnile le tšhono ya gagwe ya ntlha ya go nna motho yo o tumileng. E ne e le ditekeletso tsa go nna modiragatsi mo motshamekong wa sekolo. Nyasha o ne a ithutile mela e a neng a tshwantse go e bua ka tlhogo. O ne a ikatisitse tebego ya sefatlhego go bontsha maikutlo mo seiponeng, gore a bonagale a itumetse le go hutsafala mo mabakeng otlhe a a maleba. O ne a ikutlwa a siame jaanong. Fela fa a ntse a letile gore nako ya gagwe ya go palama serala e tle, a nna le letswalo.	Se, ke la ntlha Nyasha a tsenela ditekeletso tsa go nna modiragatsi wa metshameko, ka jalo, diphopholetso tsa kitso ya me ke gore a ka bo a na le letswalo.
Fa morago ga gore a tsenele ditekeletso, Mme Tsiki a mmolelela gore diphatlha tsotlhe tsa botsayakarolo di tlaa manegwa kwa ntle mo ntlonglehalahala sa ntlha fela mo mosong. Nyasha o ne a ikutlwa a dirile sentle mo ditekeletsong tsa gagwe. Fela, o ne a tshwenyegile gore gongwe a ka tla a swaba kwa bofelong fa a ikutlwa jalo mme a bo a sa bone karolo eo. Go tlhagafala ga gagwe le letswalo la gagwe tsa mo tlhokisa boroko bosigo jotlhe.	Diphopholetso tsa kitso ya me ke gore Nyasha o ikutlwa a siame, fela o kelotlhoko gonne ke la ntlha a tsenela ditekeletso tsa bodiragatsi mo motshamekong. O tota a ipaya mo kotsing ka se!
Fa Nyasha a goroga kwa sekolong, a tabogela kwa ntlonglehalahaleng. Leina la gagwe le ne le le foo! Mo letlhareng! O ne a tsentswe mo karolong e a neng a e batla ka pelo ya gagwe yotlhe.	Ke la ntlha Nyasha a bona leina la gagwe mo lenaaneng la motshameko! Diphopholetso tsa kitso ya me ke gore seo se tshwanetse sa bo se mo itumedisa e le total!
O ne a tabogela kwa jarateng go ya go bolelela ditsala tsa gagwe. Fela go ne go sa ntse go le mo mosong thata mme go se ope. O ne a setse a batla go kgwa ka tlhaa. Kwa bofelong ke fa a bona Andrew a tsena ka kgoro ya sekolo, a goeletsa kang ya gagwe go ralala jarata.	
Dibeke ka go latelana, Nyasha o ne a ya go tshameka metshameko ya poeletso fa sekolo se tswa. O ne a ithuta mela e a tshwanetseng go e bua ka tlhogo. O ne a ikatisa tebego ya sefatlhego go tlhagisa maikutlo mo seiponeng gore a tle a lebege a itumetse kgotsa a hutsafetse mo mabakeng a a maleba a motshameko. Letsatsi pele ga kokoano e kgolo a ikutlwa gore o siametse motshameko. O ne a sa kgone go leta go ipona a le mo seraleng fa pele ga mongwe le mongwe.	Diphopholetso tsa kitso ya me ke gore Nyasha o dira ka thata go fetisisa gonne ke la ntlha a bona karolo mo motshamekong wa bodiragatsi! O itumetse tota go ipona e le modiragatsi wa mmatotota.

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
Bosigo jwa pele ga kokoano, Nyasha o ne a kaname mo bolaong a nagana ka moo bana ba bangwe ba tlaa bong ba kgatlhwa ke dikgono tsa gagwe tsa go diragatsa. O ne a nagana ka moo bana bangwe ba tlaa mo opelang legofi ka teng fa a sena go diragatsa ka manontlhotlho. Fela, o ne a tshwenyegile gore a ka nna a senya fa a tswelela go ikutlwa jalo. Botlhaga jwa gagwe le letswalo la gagwe tsa mo tlhokisa boroko bosigo jotlhe.	Nyasha ga a ise a ke a diragatse mo seraleng pele ga fa. Diphopholetso tsa kitso ya me ke gore o na le letswalo ka ga tiragatso ya gagwe ya ntlha e kgolo.
Ka letsatsi le le latelang, Nyasha o ne a emela tšhono ya gagwe ya go palama serala. Fa a latlhela leitlho mo babogeding ba bantsi ba ba neng ba le foo, o ne a fela pelo gore o diragatsa leng, o tlaa bo a tumile kwa sekolong! Le fa go ntse jalo, e ne e kete a ka tshaba. O ne a simolola go fufulelwa fa a nagana ka ga go gakologelwa mela yotlhe ya gagwe.	Ke la ntlha Nyasha a ya go diragatsa mo babogeding ba bantsi jalo! Diphopholetso tsa kitso ya me ke gore o ikutlwa a itumetse le go nna le letswalo ka nako e le nngwe gore mongwe le mongwe a bo a mmogetse.
Nyasha a goga mowa go tswa kwa botennyi fa a palama mo seraleng.	
Fa Nyasha a palama serala la ntlha, lentswe la gagwe le ne le roroma. Mabogo a gagwe a roroma. O ne a bua mola wa gagwe wa ntlha. O bua wa bobedi. Nyasha a simolola go phuthologa jaanong. A ikutlwa a itshepa jaanong. Lentswe la gagwe le utlwala le tebile. Matsogo a gagwe a sa tlhole a roroma.	Ke la ntlha Nyasha a palama serala! Diphopholetso tsa kitso ya me ke gore Nyasha o tshwanetse a bo a tshogile ka e le la ntlha.
Kwa bokhutlong jwa motshameko, Nyasha o ne a eme le badiragatsi ba bangwe ba motshameko mo seraleng mme ba oba ditlhogo go leboga babogedi. A reetsa jaaka batho ba ba opela legofi le meduduetso. O ne a galalela ka boitumelo. O ne a ikutlwa a le motlotlo. O ne a fela pelo gore karolo e e latelang e tla leng. O ne a simolola go ikutlwa jaaka e kete ditoro tsa gagwe di ka fetoga nnete.	Nyasha o ne a ipaya mo kotsing ka go leka sengwe se sešwa. O tshwanetse a bo a ipela tota ka kotsi e a neng a itsenya mo go yona gonne e mo ungwetse molemo.
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke maikutlo afe a a farologaneng a Nyasha a neng a a utlwa go ralala kgang e?	Boitumelo, letswalo, go šwegašwega, go tshwenyega, go ipela, jj.
A o ka batla go ipona mo seraleng jaaka Nyasha? Goreng kgotsa Goreng o ka se batle?	<i>Nka rata go ipona mo seraleng gonne Nka se rate go ipona mo seraleng gonne</i>
Potso ya goreng	Dikarabo tse di solofetsweng
Akanya ka ga nako e o kileng wa leka sengwe se sešwa. O ne o ikutlwa jang pele ga foo, ka nako ya teng le morago ga foo?	<i>Ke ikutlwile ke le.....</i>



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana tsa go reetsa le go bua

15 metsotso

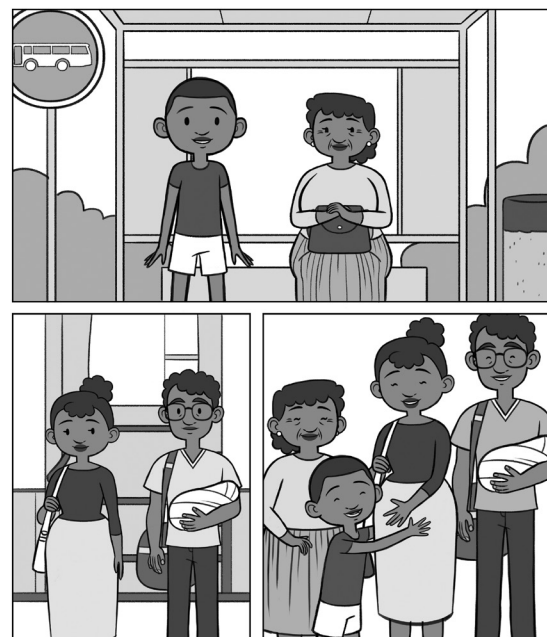
TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - tshoga
 - roroma
 - segatlamelamasisi
 - go itshepa

Raeme kgotsa pina	Ditiragatso
Fa o itumetse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla(O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barurwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ag ago ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.





Temogo ya medumopuo le medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo /**rw**/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /**rw**/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **morwa, borwa, morwadi**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **rwala, morwalo, morwa, morwadi, borwa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




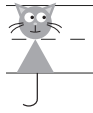
Mokwalo:

15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **rw**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.

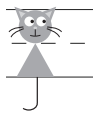
 rw rw rw rw rw

 rwala rwala

 morwalo morwalo

 morwa morwa

 morwadi morwadi

 borwa borwa

 Basimane ba rwele merwalo.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala kgang ka nako e o neng o na le maikutlo a a tlhakatlhakaneng

TIRO: Thala setshwantsho sa ka bonako mme o kwale temana (ya dipolelo di le tlhano) ka maitemogelo a gago.

LETLHOMESO LA GO KWALA:

Toro ya keteko ya letsatsi la me la botsalo e tlaa nna:

Nako nngwe, ken e ka ikutlwa ke... le...ka nako e le nngwe.

Ke ne ag a le maikutlo a a tlhakatlhakaneng a, gonne...

Jaanong...

Kwa bofelong...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa ka dipolelo mo go se ba se kwadileng ka Mosupologo.
- 2 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatša dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Jaanong, ke akantse ka maikutlo a me mm eke lemogile gore ke tshwanetse go leka go leka gore ke seka ka tlapafala. Ke tsere tshweetso ya go ya go taboga. Ke ne ka ikutlwa jaaka sekgwari mmeke itumetse kwa bofelong.
- 5 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 6 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: Jaanong ke tsere tshweetso ya gore ke leke go se tlapafale. Ken e ka ya go taboga! Kwa bofelong, ken e ke ikutlwa ke itumetse e bile ke le sekgwari.
- 7 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 8 Dirisa didiriswa (mafoko a go leba le go bua, tlotlofoko ya thitokgang) go oketsa ka maina mo **setshwantshong jaaka:** fisegela, ag ago, bareetsi, jj
- 9 Phimola sekao ag ago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka nako e ba neng ba na le maikutlo a a tlhakatlhakaneng.
- 2 Gompieno le ya go oketsa ka polelo mo kwalong ya lona.
- 3 Botsa barutwana: Go diragala eng fa o na le maikutlo a a tlhakatlhakaneng? Maikutlo a, a go amile jang?

- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka maikutlo a bona a a tlhakatlhakaneng.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela gore ba ikutlwile jang kwa bofelong.
- 9 Ba tshwanetse go re: Kwa bofelong...
- 10 Tlhalosa gore jaanong barutwana ag ag dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

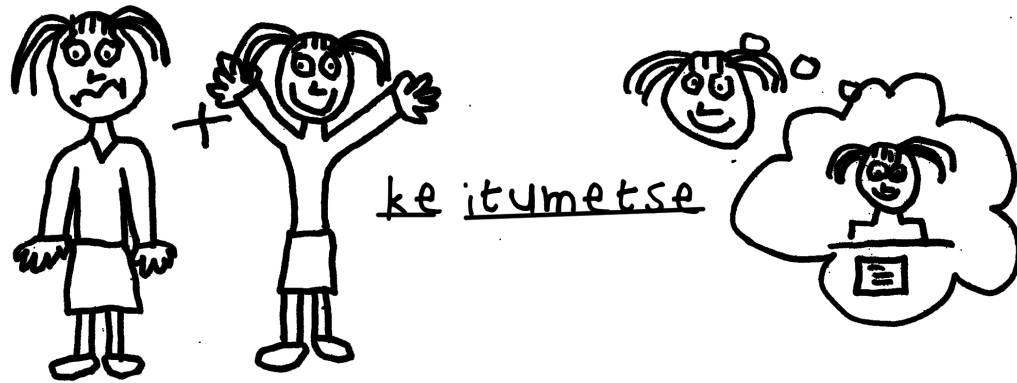
GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.



ke tshogile

Ka nako nngwe ke ne ka ikutlwa ke
itumetse ebile ke tshogile ka
gangwe.

Ke ne ke na le maikutlu a a
tlhakatlhakaneng ka gone ke ne
ke na le tlhatlho ya mopeleto.
Ke ne ka gakologelwa gore ke ne ke
ithutile mafoko otlhe a mopeleto.
Kwa bofelong ke ne ka nepa mafoko
otlhe.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela ag ago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **moagi**
- 3 Kgaoganya lefoko ka medumo ya lona: /m/-/oa/-/g/-/i/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /m/
- 5 Bua modumo wa bobedi o o ikemetseng: /oa/
- 6 Bua modumo wa boraro o o ikemetseng: /g/
- 7 Bua modumo wa bofelo wa lefoko: /i/
- 8 Kwala lefoko mo patit **moagi**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /moa/-/gi/ = **moagi**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **rwala**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **boatla**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /b/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /oa/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /tl/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /a/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /b/-/oa/-/tl/-/a/
- 8 Kwala lefoko: **boatla**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /boa/-/tla/ = **boatla**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **borwa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Nyasha o ne a lorile e le modiragatsi. Gompiano jaana, Nyasha o nnile le tšhono ya gagwe ya ntlha ya go nna motho yo o tumileng. E ne e le ditekeletso tsa go nna modiragatsi mo motshamekong wa sekolo. Nyasha o ne a ithutile mela e a neng a tshwantse go e bua ka tlhogo. O ne a ikatisitse tebego ya sefatlhego go bontsha maikutlo mo seiponeng, gore a bonagale a itumetse le go hutsafala mo mabakeng otlhe a a maleba. O ne a ikutlwa a siame jaanong. Fela fa a ntse a letile gore nako ya gagwe ya go palama serala e tle, a nna le letswalo.	Ka dinako tse dingwe fa re ikutlwa re na le letswalo, go utlwala jaaka e kete go dumaduma dirurubele mo maleng a rona. Diphopholetso tsa kitso ya me ke gore Nyasha o na le letswalo!
Fa morago ga gore a tsenele ditekeletso, Mme Tsiki a mmolelela gore diphatlha tsotlhe tsa botsayakarolo di tlaa manegwa kwa ntle mo ntlonglehalahalala sa ntlha fela mo mosong. Nyasha o ne a ikutlwa a dirile sentle mo ditekeletsong tsa gagwe. Fela, o ne a tshwenyegile gore gongwe a ka tla a swaba kwa bofelong fa a ikutlwa jalo mme a bo a sa bone karolo eo. Go tlhagafala ga gagwe le letswalo la gagwe tsa mo tlhokisa boroko bosigo jotlhe.	Diphopholetso tsa kitso ya me ke gore Nyasha o ikutlwa a tlhobaela ka go bona karolo mo motshamekong gonne ga a kgone go robala bosigo jotlhe! O tshwantse a bo a ipotsa gore a o dirile sentle mo go lekaneng go nna karolo ya motshameko.
Fa Nyasha a goroga kwa sekolong, a tabogela kwa ntlonglehalahalaleng. Leina la gagwe le ne le le foo! Mo letlhareng! O ne a tsentswe mo karolong e a neng a e batla ka pelo ya gagwe yotlhe.	Diphopholetso tsa kitso ya me ke gore Nyasha o tshwanetse a bo a le motlotlo, gonne o ikatisitse mme a dira ka thata go bona karolo e a e diragatsang!
O ne a tabogela kwa jarateng go ya go bolelela ditsala tsa gagwe. Fela go ne go sa ntse go le mo mosong thata mme go se ope. O ne a setse a batla go kgwa ka tllhaa. Kwa bofelong ke fa a bona Andrew a tsena ka kgoro ya sekolo, a goeletsa kgang ya gagwe go ralala jarata.	Nyasha o ne a sa robala bosigo jotlhe, a solofetse go bona karolo eo, ka jalo diphopholetso tsa kitso ya me ke gore o itumetse tota go bolelela ditsala tsa gagwe ka katlego ya gagwe.

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Dibeke ka go latelana, Nyasha o ne a ya go tshameka metshameko ya poeletso fa sekolo se tswa. O ne a ithuta mela e a tshwanetseng go e bua ka tlhogo. O ne a ikatisa tebego ya sefatlhego go tthagisa maikutlo mo seiponeng gore a tle a lebege a itumetse kgotsa a hutsafetse mo mabakeng a a maleba a motshameko. Letsatsi pele ga kokoano e kgolo a ikutlwa gore o siametse motshameko. O ne a sa kgone go leta go ipona a le mo seraleng fa pele ga mongwe le mongwe.</p>	
<p>Bosigo jwa pele ga kokoano, Nyasha o ne a kaname mo bolaong a nagana ka moo bana ba bangwe ba tlaa bong ba kgatlhwa ke dikgono tsa gagwe tsa go diragatsa. O ne a nagana ka moo bana bangwe ba tlaa mo opelang legofi ka teng fa a sena go diragatsa ka manonthlotlho. Fela, o ne a tshwenyegile gore a ka nna a senya fa a tswelela go ikutlwa jalo. Botlhaga jwa gagwe le letswalo la gagwe tsa mo tlhokisa boroko bosigo jotlhe.</p>	<p>Ijoo! Diphopholetso tsa kitso ya me ke gore Nyasha o ikutlwa a itumetse e bile a na le letswalo ka nako e le nngwe! O batla go dira sentle mo tiragatsong e kgolo ya gagwe ya ntlha fela o tshwenyegile gore gongwe a ka tla a senya.</p>
<p>Ka letsatsi le le latelang, Nyasha o ne a emela tšhono ya gagwe ya go palama serala. Fa a latlhela leitlho mo babogeding ba bantsi ba ba neng ba le foo, o ne a fela pelo gore o diragatsa leng, o tlaa bo a tumile kwa sekolong! Le fa go ntse jalo, e ne e kete a ka tshaba. O ne a simolola go fufulelwa fa a nagana ka ga go gakologelwa mela yotlhe ya gagwe.</p>	
<p>Nyasha a goga mowa go tswa kwa botennyi fa a palama mo seraleng.</p>	<p>Diphopholetso tsa kitso ya me ke gore Nyasha o leka go ritibatsa maikutlo a gagwe jaaka a ya go palama serala.</p>
<p>Fa Nyasha a palama serala la ntlha, lentswe la gagwe le ne le roroma. Mabogo a gagwe a roroma. O ne a bua mola wa gagwe wa ntlha. O bua wa bobedi. Nyasha a simolola go phuthologa jaanong. A ikutlwa a itshepa jaanong. Lentswe la gagwe le utlwala le tebile. Matsogo a gagwe a sa tlhole a roroma.</p>	<p>Nka fopholetsa gore Nyasha o bua mela ya gagwe ka katlego, o utlwa letswalo la gagwe le ritibetse mabapi le go palama serala.</p>
<p>Kwa bokhutlong jwa motshameko, Nyasha o ne a eme le badiragatsi ba bangwe ba motshameko mo seraleng mme ba oba ditlhogo go leboga babogedi. A reetsa jaaka batho ba ba opela legofi le meduduetso. O ne a galalela ka boitumelo. O ne a ikutlwa a le motlotlo. O ne a fela pelo gore karolo e e latelang e tla leng. O ne a simolola go ikutlwa jaaka e kete ditoro tsa gagwe di ka fetoga nnete.</p>	<p>Fa re dira sengwe sentle jaaka Nyasha, re ikutlwa re itumetse e bile re ipela. Ke bonelapele gore Nyasha o tlaa diragatsa mo metshamekong e le mentsi, gonne maitemogelo a dira gore a ikutlwe a siame mme a ipele ka boena!</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Re fopholetsa jang ka kitso ya rona gore Nyasha o ne a na le letswalo?	<ul style="list-style-type: none"> • Gonne o ne a utlwa e kete o dumaduma dirurubele mo maleng. • Gonne o ne a sa kgone go robala bosigo jotlhe. • Gonne o ne a ikutlwa e kete a ka fologa serala, a tshaba. • Gonne o ne a fufulelwa.
A o setse o kile wa nna le maikutlo a a fetang bongwe ka nako e le nngwe?	<i>Ke ne ka ikutlwa ke le le fa go ne go</i>
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Nyasha a ne a itumetse e bile a na le letswalo ka nako e le nngwe?	<ul style="list-style-type: none"> • Gonne e ne e le la ntlha a diragatsa mo motshamekong. • Gonne o ne a tota a batla go nna karolo ya motshameko, fela go a tshosa fa o leka sengwe se sešwa / o dira sengwe la ntlha. • Gonne o ne a itumetse ka ga go dira sentle ga gagwe fela a na le letswalo la gore gongwe a ka se dire sentle.



Puisokaelo ka ditlhopha

15 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela ag ago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - Go se iketle
 - bareetsi
 - atlega
 - go se atlege

Raeme kgotsa pina	Ditiragatso
Fa o itumtse phaphatha diatla (gabedi)	<i>Barutwana ba phaphatha diatla (O ka dirisa molodi wa if you are happy and you know it clap your hands)</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse phaphatha diatla.	<i>Barurwana ba phaphatha diatla</i>
Fa o itumetse kiba ka tlhako (gabedi)	<i>Barutwana ba kiba ka tlhako.</i>
Fa o itumetse mme o batla go re bontsha, fa o itumetse kiba ka tlhako.	<i>Barutwana ba kiba ka tlhako.</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala foreimi ya puisano mo patitshokong.
 - a Mo kgannyeng e...
 - b Nyasha o ikutlwa a... fa...
 - c Nyasha o na le maikutlo a a tlhakatlhakaneng gone...
- 2 Buisetsa barutwana letlhomeso la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patitšhokong.

oa	rw	m
i	g	b
t	l	a
o	d	e

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /**oa**/ /**rw**/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /**m**/-/**oa**/-/**g**/-/**i**/ = **moagi**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /**oa**/ kgotsa /**rw**/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /**d**/-/**i**/-/**l**/-/**a**/ = **dila**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **oa, rw**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **boa, moagi, boatla, moabi, rwala, morwalo, morwa, morwadi, borwa, dila, temo, loba, gagamala, tlola, tloga, beela**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA

KWALO YA TEKOTLHALOGANYO

- 1 Pele ga thuto, kwala setlhogo se se latelang, dipotso le dipolelo tse di simololang mo patitšhokong.
- 2 Buisa dipotso le barutwana, mme o di tlhalose fa go tlhokega.
- 3 Bolelela barutwana go gadima ba bua mme ba buisane ka dipotso tse le molekane.
- 4 Jaanong barutwana ba tshwanetse go bula dibuka tsa bona tsa go kwalela, ba kwale letlha, setlhogo le dikarabo tsa dipotso.
- 5 Mo metsotsong e metlhano ya bofelo, lebelela dikarabo le barutwana mme o ba letle go siamisa tiro ya bona.

NYASHA MO SERALENG

- 1 Ke eng se se tlhokisitseng Nyasha boroko bosigo botlhe?
...e tlhokisitse Nyasha boroko bosigo botlhe.
- 2 Nyasha o ikutlwile jang la ntlha fa a palama serala?
Nyasha o ikutlwile a...
- 3 Goreng Nyasha a ne a goeletsa go kgabaganya jarata ya sekolo?
O ne a goeletsa gone...

NYASHA MO SERALENG

- 1 Ke eng se se tlhokisitseng Nyasha boroko bosigo botlhe?
Boitumelo bo tlhokisitse Nyasha boroko bosigo botlhe.
- 2 Nyasha o ikutlwile jang la ntlha fa a palama serala?
Nyasha o ikutlwile atshogile, a sa iketla, a fisegela, a tshwenyegile
- 3 Goreng Nyasha a ne a goeletsa go kgabaganya jarata ya sekolo?
O ne a goeletsa gone o ne a itumeletse go bolelela ditsala tsa gagwe dikgang.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

BEKE 2



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposeng ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

Mophato 2

KGWEDITHARO 2

Beke

3

THITOKGANG:

Go dira

diphoso



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: setshwantsho sa mongwe a dira phoso.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: Dira dipatlisiso gore ditso tse di farologaneng di keteka malatsi a matsalo jang; jj.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tthatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 35 le 36, A re kwaleng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 37, A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 38 l3 39, A re buiseng

Tirwana 4: Thala setshwantso sa maikutlo a gago fa e le letsatsi la gago la matsalo!

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

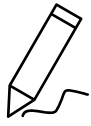
- 1 Bontsha barutwana setshwantsho sa moletlo mogolo wa matsalo wa ga Mandla mo bukakgolong ya kgang: *Jabu o dira mae a a tlhakatlhakantsweng.*
- 2 Bolelela barutwana gore le simolola thitokgang e ntshwa e e bidiwang: *Go dira diphoso*
- 3 Thala tshekeletsa mo patitshokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa thaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Phoso ke eng?
 - b Diphoso tse di tlwaelegileng ke eng?
 - c Batho ba ikutlwa jang fa ba dira diphoso?

BEKE 3

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - phoso
 - kotsi
 - ka bomo

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a boa
 - b moagi
 - c boatla
 - d moabi
 - e rwala
 - f morwalo
 - g morwa
 - h morwadi
 - i borwa
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Jabu o dira mae a a tlhakatlhakantsweng.
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala ka nako e o neng wa dira phoso

TIRO: Thala setshwantsho mme o kwale temana (ya dipolelo tse tlhano) ka maitemogelo a gago

LETLHOMESO LA GO KWALA:

Ke dirile phoso ya go...

Ke dirile phoso e gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tla kwala ka **nako ya fa ba ne ba dirile phoso**
- 2 Buisetsa barutwana letlhomeso la go kwala.
- 3 Tlhagisa **setlhogo** (*Lenaaneketso la dimpho tsa letsatsi la matsalo la me*). Tlhalosa gore setlhogo se re bolelela ka ga se lenaane e leng ka ga sona.
- 4 Bolelela barutwana kakanyo ya gago ya go tlatsa letlhomeso la go kwala, jaaka: Kedirile phoso ya go thula koloi e nngwe fa ke ne ke kgweetsa. Ka lesego, go ne go se maswe go le kalo! Fela, ke dirile phoso gonne ken e ke kgweetsa e bile ke leka go lebelela mmapa. Koloi nngwe e ne ya ema, ke ne ka se e bone ka nako!
- 5 Diragatsa o thala setshwantsho sa kakanyo ya gago ka bonako jaaka: koloi ya gago e thula e nngwe kwa morago.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa letlhomeso la go kwala: Ke dirile phoso ya go thula koloi e nngwe. Ke dirile phoso e gonne ke ne ke lebeletse mmapa wa me. Ke ne ke sa lebelela mo tseleng.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.**
- 10 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke phoso efe e o neng wa e dira? Goreng e diragetse?
- 2 Laela barutwana go akanya pele ba kwala.
- 3 Tlhalosetsa barutwana go tla ka dikakanyo tsa bona, ba seka ba kopisa tsa gago.
- 4 Laela barutwana go gadima ba bue le molekane ka se bat la se kwalang.
- 5 Naya barutwana metsotso e le 2–3 go gadima ba bua.
- 6 Bitsa barutwana ba le 3–4 go go bolelela ka diphoso tsa bona.

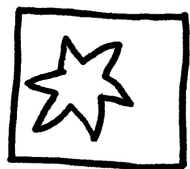
- 7 Ba tshwanetse go bua jaana: Ke dirile phoso ya go...
- 8 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Kopa barutwana go oketsa ka mafoko/maina.
- 5 Rotloetsa barutwana.

GO KWALA

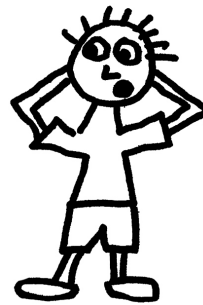
- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



letlhabaphefo



kgwele



Ke ne ka thuba letlhabaphefo ka phoso.

Ke dirile phoso ka gonne ke ne ke sa lebelela kwa ke ragelang kgwele gona.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /ngw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /ngw/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **ngwana, ngwaya, bongwe**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **ngwedi, ngwaya, ngwana, lengwa, bongwe**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




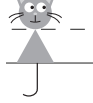
Mokwalo:

15 metsotso

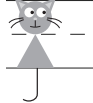
Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

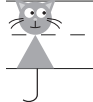
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **ngw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolelela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

 ngw ngw ngw ngw

 ngwedi ngwedi

 ngwaya ngwaya

 ngwana ngwana

 lengwa lengwa

 bongwe bongwe

 Ngwana o rata ngwedi.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO KE IPOTSA GORE / DIRA DITSHEKATSHEKO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p><u>Jabu o dira mae a a tlhakatlhakantsweng</u></p> <p>Mmaagwe Jabu o ne a tshwaragane le go dira dilalelo.</p> <p>'Ke ya go tshameka kgwele ya dinao le ditsala tsa me' Jabu a goeletsa, a taboga, a tswa ka kgoro.</p> <p>'Ema!' ga bitsa jalo mmaagwe Jabu. 'Tswee tswee, ke kopa o ye kwa lebenkeleng, o ye go reka tosene ya mae le lebotlolo la mašwi,' ga rialo mmaagwe jaaka a mo neela lenaane la direkwa le madi.</p> <p>Jabu o ne a sa batle go ya kwa lebenkeleng, fela o ne a nyenya fela mme a re, 'Go siame mme!'</p> <p>'Ke a leboga! Tswee tswee, o nne kelotlhoko gore o se thube mae,' mmaagwe a mo laela.</p> <p>'O se ke wa tshwenyega mme, o a itse ke kelotlhoko,' Jabu a araba jaaka a tswa ka mojako.</p>	<p>Ke ipotsa gore ke eng mmaagwe Jabu a mmolelela gore a nne kelotlhoko? Ke ipotsa gore a Jabu o kile a thuba mae mo peleng?</p>
<p>Jabu a tsamaya a ya kwa lebenkeleng. Fa a fitlha kwa teng, a buisa lenaane la gagwe la direkwa. A tsaya mae le mašwi. Morago ga foo, a ya go di duelela. A neela ralebenkele madi.</p> <p>'Ke a leboga! O tshole dilo tse ka kelotlhoko gore o se ke wa thuba mae,' ga rialo ralebenkele.</p> <p>'O se ke wa tshwenyega, Rre Gumede, ke kelotlhoko ka dinako tsotlhe,' Jabu a araba jaaka a tswa ka kgoro.</p>	<p>Ijoo! Mmaagwe Jabu le ralebenkele ka bobedi ba bolelela Jabu gore a nne kelotlhoko! Ke ipotsa gore a o kile a thuba mae pele ga fa?</p>
<p>Jabu a tsamaya ka kelotlhoko a ya gae. O ne a sa batle go thuba mae!</p> <p>Fela, a utlwa ditsala tsa gagwe. O ne a ba utlwa ba tshega. O ne a kgona go utlwa gore ba raga kgwele.</p> <p>'Fela fa ke se na go gorosa mae le mašwi kwa gae, ke tlaa boa ke tla go tshameka,' Jabu a nagana jalo.</p> <p>Jabu a tswela go tsamaya ka kelotlhoko go ya gae. O ne a sa batle go thuba mae!</p> <p>Teng fela foo, Jabu a utlwa tsala ya gagwe Sam a bitsa leina la gagwe. 'Jabu tlaya re tshameke! Re a go tlhoka monna!' Sam a mmita.</p>	<p>Ke ipotsa gore a Jabu o tla ya kwa gae pele kgotsa o tla ya go tshameka le ditsala tsa gagwe? Ke ipotsa gore go tlaa diragala eng ka mae fa a ka swetsa go tshameka kgwele ya dinao?</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>'Go siame, gongwe thago e le nngwe fela e ka se tshwenye! Mme a ka se itse!' Jabu a nagana jalo, a tabogela kwa ditsaleng tsa gagwe. A leka go taboga ka kelotlhoko. O ne a sa batle go thuba mae!</p>	<p>Ijoo nnyaa! Jabu o taboga ka mae! Ke ipotsa gore a ka kgona go tshameka kgwele ya dinao tota a sa thube mae?</p>
<p>E rile fela fa Jabu a simolola go tabogela kwa ditsaleng tsa gagwe, a kgopiwa ke letlapa mo tseleng. Setsholamae sa wela fa fatshe. Mae a a thubegileng a gasagana gotlhe. Jabu o tshetswe ke leraga la mae!</p> <p>'Ijoo! nnyaa! Jabu a lela, 'Ke ya go raya mme ke reng tota?'</p> <p>'Mo bolelele gore o dirile mae a a tlhakatlhakantsweng!' Sam a e dira motlae.</p> <p>Sam le Jabu ba keketega ka ditshego.</p>	<p>Jabu o tshetswe ke mae. Sam o dira motlae. Sam le Jabu ba keketega ka ditshego. Fela, ke ipotsa gore a mmaagwe Jabu o tlaa nagana gore seo se a tshegisa jaaka bona ba di bona?</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Jabu o tshwanetse go reka eng kwa lebenkeleng?</p>	<p>O tshwanetse go reka mae le mašwi.</p>
<p>Ke mang yo a biditseng Jabu go ya go tshameka kgwele ya dinao?</p>	<p>Tsala ya gagwe Sam o mmititse go tla go tshameka.</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>Goreng Jabu a ne a swetsa go tshameka kgwele ya dinao?</p>	<ul style="list-style-type: none"> • Ka gonne tsala ya gagwe Sam o ne a mmitisa go tla go tshameka. • O ne a nagana gore a ka raga kgwele mme a se thube mae. • O ne a nagana gore a ka raga gangwe fela. • O ne a nagana gore mmaagwe a ka se itse.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana tsa go reetsa le go bua

15 metsotso

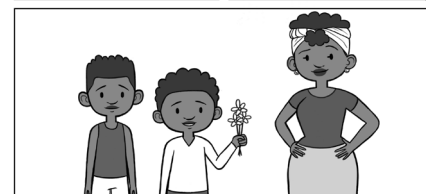
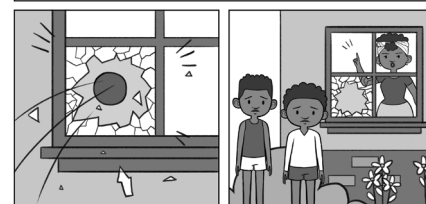
TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - thuba
 - mae a a thubegileng
 - botlhaswa
 - kelotlhoko

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophha go tsaya tshweetso ya kgang ya setlhophha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.





Temogo ya medumopuo le medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo /ou/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /ou/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **toula, rou, boulela**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **roula, toula, mmoulo, rou, boulela**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




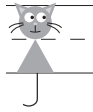
Mokwalo:

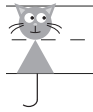
15 metsotso

go kwala ditlhaka/mafoko/dipolelo

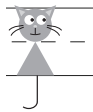
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **ou**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafolele tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong.
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.

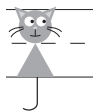
 ou ou ou ou

 roula roula

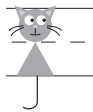
 toula toula

 mmoulo mmoulo

 rou rou

 boulela boulela

 Mosimane o toula mmoulo

 ka kota.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala ka nako e o neng wa dira phoso.

TIRO: Thala setshwantsho mme o kwale temana (ya dipolelo di le tlhano) ka maitemogelo a gago.

LETLHOMESO LA GO KWALA:

Ke dirile phoso ya go...

Ke dirile phoso e gonne...

Fa ke ne ke dira phoso, ke ne ka ikutlwa ke...

Go dira phoso go nthutile...

Kwa bofelong...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa letlhomeso la go kwala, jaaka: Ke ne ka ikutlwa ke tshogile e bile ke tenegile fa ke ne ke dira phoso gonne ke sentse koloi ya mongwe. Go dira phoso e, go nthutile go nna kelotlhoko fa ke kgweetsa. Ke ithutile gore ke tshwanetse go ema fa thoko ga tsela fa ke batla go lebelela mmapa! Kwa bofelong, ke ithutile thuto e e botlhokwa.
- 5 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 6 Diragatsa go tlatsa letlhomeso la go kwala jaaka: Fa ke ne ke dira phoso e, ke ne ka ikutlwa ke sa siama. Go dira phoso e, go nthutile go nna mokgweetsi yo o kelotlhoko. Kwa bofelong ke akanya gore ke ithutile thuto e e siameng ya gore ke nne kelotlhoko.
- 7 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 8 **Dirisa didiriswa tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.**
- 9 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka nako ya fa le ne le dira phoso
- 2 Gompieno le ya go oketsa ka polelo mo go se re se kwadileng.
- 3 Botsa barutwana: O ne wa ikutlwa jang fa o ne o dira phoso? O ithutile eng?
- 4 Laela barutwana go akanya pele ba kwala.

- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka diphoso tsa bona.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela gore ba ithutile eng mo diphosong tsa bona.
- 9 Ba tshwanetse go re: Go dira phoso go nthutile...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

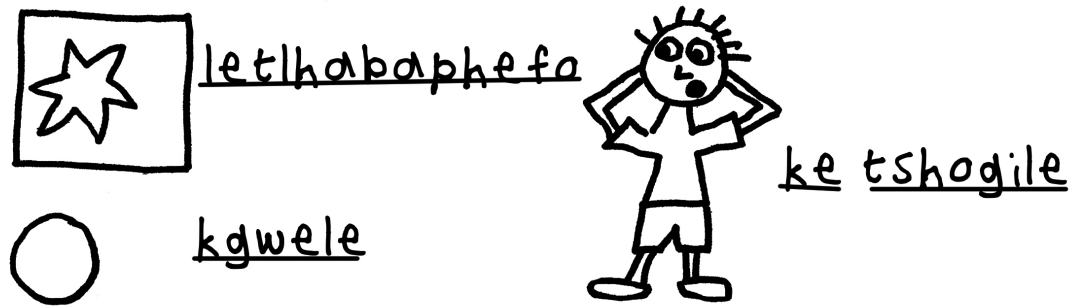
GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.



Ke ne ka thuba letlhobaphefo ka phoso.

Ke dirile phoso ka gone ke ne ke sa lebelela kwa ke ragelang kgwele gona.

Ke ne ka tshoga fa ke dirile phoso eno.

Seno se ne sa nthuta gore ke nne kelotlhoko pele ke raga kgwele.

Ke ithutile thuto ya potlhokwa.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **ngwedi**
- 3 Kgaoganya lefoko ka medumo ya lona: /ngw/-/e/-/d/-/i/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /ngw/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /d/
- 7 Bua modumo wa bofelo wa lefoko: /i/
- 8 Kwala lefoko mo patit **ngwedi**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /ngwe/-/di/ = **ngwedi**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **roula**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **bongwe**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /b/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /ngw/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /e/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /b/-/o/-/ngw/-/e/
- 8 Kwala lefoko: **bongwe**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /bon/-/gwe/ = **bongwe**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **boulela**

LENANELO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUIISO: KE IPOTSA GORE, /DIRA DITSHEKATSHEKO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p><u>Jabu o dira mae a a tlhakatlhakantsweng</u></p> <p>Mmaagwe Jabu o ne a tshwaragane le go dira dilalelo.</p> <p>'Ke ya go tshameka kgwele ya dinao le ditsala tsa me' Jabu a goetsa, a taboga, a tswa ka kgoro.</p> <p>'Ema!' ga bitsa jalo mmaagwe Jabu. 'Tswee tswee, ke kopa o ye kwa lebenkeleng, o ye go reka tosene ya mae le lebotlolo la mašwi,' ga rialo mmaagwe jaaka a mo neela lenaane la direkwa le madi.</p> <p>Jabu o ne a sa batle go ya kwa lebenkeleng, fela o ne a nyenya fela mme a re, 'Go siame mme!'</p> <p>'Ke a leboga! Tswee tswee, o nne kelotlhoko gore o se thube mae,' mmaagwe a mo laela.</p> <p>'O se ke wa tshwenyega mme, o a itse ke kelotlhoko,' Jabu a araba jaaka a tswa ka mojako.</p>	<p>Nka dira tshhekatsheko ya gore Jabu o rata go nna motho yo o thusang. O batla go ya go tshameka kgwele ya dinao, fela ga a ngange le mmaagwe ka go ya kwa lebenkeleng! O nyenya fela a bo a re 'go siame'.</p>
<p>Jabu a tsamaya a ya kwa lebenkeleng. Fa a fitlha kwa teng, a buisa lenaane la gagwe la direkwa. A tsaya mae le mašwi. Morago ga foo, a ya go di duelela. A neela ralebenkele madi.</p> <p>'Ke a leboga! O tshole dilo tse ka kelotlhoko gore o se ke wa thuba mae,' ga rialo ralebenkele.</p> <p>'O se ke wa tshwenyega, Rre Gumedede, ke kelotlhoko ka dinako tsotlhe,' Jabu a araba jaaka a tswa ka kgoro.</p>	<p>Nka dira tshhekatsheko ya gore Jabu o tshwanetse a bo a thuba dilo gangwe le gape. Nka dira tshhekatsheko e ka gonne mongwe le mongwe o mmolelela gore a nne keletlhoko! Se, se dira gore ke nagane gore o kile a thuba dilo pele ga fa.</p>
<p>Jabu a tsamaya ka kelotlhoko a ya gae. O ne a sa batle go thuba mae!</p> <p>Fela, a utlwa ditsala tsa gagwe. O ne a ba utlwa ba tshega. O ne a kgona go utlwa gore ba raga kgwele.</p> <p>'Fela fa ke se na go gorosa mae le mašwi kwa gae, ke tlaa boa ke tla go tshameka,' Jabu a nagana jalo.</p> <p>Jabu a tswela go tsamaya ka kelotlhoko go ya gae. O ne a sa batle go thuba mae!</p> <p>Teng fela foo, Jabu a utlwa tsala ya gagwe Sam a bitsa leina la gagwe. 'Jabu tlaya re tshameke! Re a go tlhoka monna!' Sam a mmitsa.</p>	

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>'Go siame, gongwe thago e le nngwe fela e ka se tshwenye! Mme a ka se itse!' Jabu a nagana jalo, a tabogela kwa ditsaleng tsa gagwe. A leka go taboga ka kelotlhoko. O ne a sa batle go thuba mae!</p>	<p>Nka dira tshakatsheko ya gore Jabu ga a kelotlhoko thata. Mongwe le mongwe o mmoleletse gore a nne keletlhoko! Mme jaanong re mmona a taboga ka mae. Fa Jabu e ne e le motho yo o kelotlhoko, a ka bo a ile gae pele mme a tshameka kgwele ya dinao morago.</p>
<p>E rile fela fa Jabu a simolola go tabogela kwa ditsaleng tsa gagwe, a kgopiwa ke letlapa mo tseleng. Setsholamae sa wela fa fatshe. Mae a a thubegileng a gasagana gotlhe. Jabu o tshetswe ke leraga la mae!</p> <p>'Ijoo! nnyaa!' Jabu a lela, 'Ke ya go raya mme ke reng tota?'</p> <p>'Mo bolelele gore o dirile mae a a tlhakatlhakantsweng!' Sam a e dira motlae.</p> <p>Sam le Jabu ba keketega ka ditshego.</p>	<p>Ijoo nnyaa! Jabu o thuba mae otlhe. Nka dira tshakatsheko ka gore se ga se lantlha se diragala, gonne mongwe le mongwe o boleletse Jabu go nna kelotlhoko.</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>O nagana gore mmaagwe Jabu o tlaa ikutlwa jang fa Jabu a goroga kwa gae?</p>	<p>Ke nagana gore o tlaa ikutlwa a... gonne...</p>
<p>O nagana gore Jabu o ikutlwa jang fa a diga mae? Goreng o nagana jalo?</p>	<p>Ke nagana gore o ikutlwa a... gonne...</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>A o nagana gore Jabu ke motho yo o kelotlhoko? Tlhalosa karabo ya gago!</p>	<ul style="list-style-type: none"> • Nnyaa, ke nagana gore ga se motho yo o kelotlhoko. Ke nagana gore mmaagwe mmogo le ralebenkele ba mmoleletse go nna kelotlhoko. Fa ba ne ba nagana gore o kelotlhoko, go ne go ka se tlhokege gore ba mo gopotse. • Nnyaa, ke nagana gore ga se motho yo o kelotlhoko ka gonne o ne a swetsa go tshameka kgwele ya dinao a sa ntse a tshwere mae! • Ga ke nagane gore ke motho yo o kelotlhoko gonne o tabogela kwa ditsaleng tsa gagwe ka mae! • Fa Jabu e ne e le motho yo o kelotlhoko, a ka bo a isitse mae gae pele. Ga ke nagane gore ke motho yo o kelotlhoko gonne ga a ya gae pele, o ne a ya go tshameka kgwele ya dinao.



Puisokaelo ka ditlhopha

metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - kgopiwa
 - tsherebana
 - thuba
 - thuba

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong.
Mo kgannyeng e...
Phoso ya ga Jabu e ne e le...
Ke akanya gore mmaagwe Jabu o tlile go ikutlwa a...
- 2 Buisetsa barutwana letlhomeso
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patit.

ngw	ou	e
i	a	y
d	n	l
b	o	r
t	m	u

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /ngw/ /ou/
- 2 Bua medumo yotlhe e o e kwadileng mo patit
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /ngw/-/e/-/d/-/i/ = **ngwedi**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /ngw/ kgotsa /ou/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /r/-/e/-/m/-/a/ = **rema**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **ngw, ou**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **ngwedi, ngwaya, ngwana, lengwa, bongwe, roula, toula, mmoulo, rou, boulela, rema, duma, nanabela, namola, ntima, tlama, tlotla**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA

BUKA	MORUTABANA A RE	BARUTWANA BA A DIRA
<p>Mmaagwe Jabu o ne a tshwaragane le go dira dilalelo.</p> <p>'Ke ya go tshameka kgwele ya dinao le ditsala tsa me' Jabu a goeletsa, a taboga, a tswa ka kgoro.</p> <p>'Ema!' ga bitsa jalo mmaagwe Jabu. 'Tswee tswee, ke kopa o ye kwa lebenkeleng, o ye go reka tosene ya mae le lebotlolo la mašwi,' ga rialo mmaagwe jaaka a mo neela lenaane la direkwa le madi.</p> <p>Jabu o ne a sa batle go ya kwa lebenkeleng, fela o ne a nyenya fela mme a re, 'Go siame mme!'</p> <p>'Ke a leboga! Tswee tswee, o nne kelotlhoko gore o se thube mae,' mmaagwe a mo laela.</p> <p>'O se ke wa tshwenyega mme, o a itse ke kelotlhoko,' Jabu a araba jaaka a tswa ka mojako.</p>	<p>Kgaoganya barutwana ka ditlhopha di le pedi. Naya ditlhopha tiro jaana:</p> <p>Setlhopha 1: Jabu</p> <p>Setlhopha 2: Mmaagwe Jabu</p>	<p><i>Setlhopha 1 se bua jaana: Key a go tshameka kgwele ya dinao le ditsala tsa me!</i></p> <p><i>Setlhopha 2 se bua jaana: Ema! Ka kopo nkele kwa lebenkeleng go reka mae a le 30 le lebotlolo la maši.</i></p> <p><i>Setlhopha 1 se bua jaana: Go siame mme</i></p> <p><i>Setlhopha 2 se bua jaana: Ke a leboga!</i></p> <p><i>Ka kopo o nne kelotlhoko o seka wa thuba mae.</i></p> <p><i>Setlhopha 1 se bua jaana: Se tshwenyega mma, ke kelotlhoko ka dinako tsotlhe!</i></p>
<p>Jabu a tsamaya a ya kwa lebenkeleng. Fa a fitlha kwa teng, a buisa lenaane la gagwe la direkwa. A tsaya mae le mašwi. Morago ga foo, a ya go di duelela. A neela ralebenkele madi.</p> <p>'Ke a leboga! O tshole dilo tse ka kelotlhoko gore o se ke wa thuba mae,' ga rialo ralebenkele.</p> <p>'O se ke wa tshwenyega, Rre Gumedede, ke kelotlhoko ka dinako tsotlhe,' Jabu a araba jaaka a tswa ka kgoro.</p>	<p>Tihalosa gore jaanong, setlhopha 2 se ya go diragatsa jaaka ralebenkele.</p>	<p><i>Setlhopha 2 se bua jaana: Tshwara dilo tse sentle gore o seka wa thuba mae.</i></p> <p><i>Setlhopha 1 se bua jaana: Se tshwenyega Rre Gumedede, ke kelotlhoko ka metlha!</i></p>
<p>Jabu a tsamaya ka kelotlhoko a ya gae. O ne a sa batle go thuba mae!</p> <p>Fela, a utlwa ditsala tsa gagwe. O ne a ba utlwa ba tshega. O ne a kgona go utlwa gore ba raga kgwele.</p> <p>'Fela fa ke se na go gorosa mae le mašwi kwa gae, ke tlaa boa ke tla go tshameka,' Jabu a nagana jalo.</p> <p>Jabu a tswela go tsamaya ka kelotlhoko go ya gae. O ne a sa batle go thuba mae!</p>	<p>A re tsamaye ka kelotlhoko jaaka Jabu!</p> <p>Dira morutwana yo mongwe go nna Sam.</p>	<p>Mongwe le mongwe o tshwanetse go dira jaaka e kete o tshote mae mme o tsamaya ka kelotlhoko</p> <p>Sam a bua jaana: <i>Jabu tlaya re tshameke! Re a go tlhoka!</i></p>

BUKA	MORUTABANA A RE	BARUTWANA BA A DIRA
Teng fela foo, Jabu a utlwa tsala ya gagwe Sam a bitsa leina la gagwe. 'Jabu tlaya re tshameke! Re a go tlhoka monna!' Sam a mmita.		
Go siame, gongwe thago e le nngwe fela e ka se tshwenye! Mme a ka se itse! Jabu a nagana jalo, a tabogela kwa ditsaleng tsa gagwe. A leka go taboga ka kelotlhoko. O ne a sa batle go thuba mae!	A re direng jaaka e kete re Jabu. Re akanyang?	<i>Rotlhe re bua jaana: Gongwe thago e le nngwe fela! Mme a ka se itse!</i>
E rile fela fa Jabu a simolola go tabogela kwa ditsaleng tsa gagwe, a kgopiwa ke letlapa mo tseleng. Setsholamae sa wela fa fatshe. Mae a a thubegileng a gasagana gotlhe. Jabu o tshetswe ke leraga la mae! 'Ijoo! nnyaa!' Jabu a lela, 'Ke ya go raya mme ke reng tota?' 'Mo bolelele gore o dirile mae a a tlhakatlhakantsweng!' Sam a e dira motlae. Sam le Jabu ba keketega ka ditshego.	Mae otlhe a ne a tshologa. O Jabu! O ka dirang?	Goa: <i>Ijoo! Ke ya go raya mme ke reng?</i>



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 3**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana le puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopho barutwana ba le mmalwa go abelana le botlhe ka mo phaposeng ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

Mophato 2

KGWEDITHARO 2

Beke

4

THITOKGANG:

**Go dira
diphoso**



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa batho bab a farologaneng ba dira diphoso.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke jaaka: Goreng batho ba dira diphoso.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 40 le 41, A re kwaleng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 42 le 43, A re buiseng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 44, A re kwaleng

Tirwana 4: Thala setshwantso sa phoso ya ga Jabu.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa ga Lindelani a kwalakwala ka mo bukakgolong: Teko ya matetisi e e bonolo ya ga Lindelani
- 2 Bolelela barutwana gore le tswelala ka thitokgang: Go dira diphoso
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa thaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Goreng batho ba dira diphoso?
 - b A o akanya gore diphoso ga di a siama?
 - c Diphoso di re thusa jang kgotsa di re tswela mosola jang?
 - d Diphoso di ka re utlwise botlhoko jang kgotsa tsa nna maswe jang mo go rona?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - ikatisa
 - kwalakwala
 - ithuta

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>



Mokwalo

15 metsotso

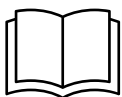
- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a ngwedi
 - b ngwaya
 - c ngwana
 - d lengwa
 - e bongwe
 - f roula
 - g toula
 - h mmoulo
 - i rou
 - j boulela
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Teko ya matetisi e e bonolo ya ga Lindelani
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Dira jaaka e kete o Lindelani o kwala mo bukatsatsing ya gago morago ga maitemogelo.

TIRO: Kwala matseno a bukatsatsi go tlhalosa maikutlo a gago.

LETLHOMESO LA GO KWALA:

Bukatsatsi e e rategang,
Ke

GO DIRAGATSA

- 1 Tlhalosa gore gompiono, barutwana ba tla dira jaaka e kete ke bo Lindelani ba kwala mo bukatsatsing. Ba gtlala kwala ka se se diragetseng.
- 2 Tlhalosa gore bukatsatsi ke lefelo le re kwalang ka dilo tse re itemogetseng tsona kgotsa re di ithutile. Re ka kwala ka maikutlo le diphiri tse di boteng tsa rona. Se, se diragala gonne bukatsatsi e dirisetswa go buisiwa ke motho yo o kwalang mo go yona fela! Ke lefelo le le bofitlha la go akanya le go iketela mo go kwaleng.
- 3 Buisetsa barutwana letlhomeso la go kwala.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Fa ke ne ke le Lindelani, Nka simolola ka se ke sa se dirang sentle. Se se botlhokwa gonne se tla nthusa go iketela mo diphosong tsa me.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Tlhalosa gore re ya go kwala bukatsatsi jaaka e kete re Lindelani. Re ya go leka go akanya ka se a ka se buang.
- 8 **Diragatsa go tlatsa letlhomeso la go kwala:**
Bukatsatsi e e rategang.
Ke dirile phoso mo bekeng e kwa sekolong. Ke ne ke ithaya ke re ke itse matetisi. Ke ne ka se ithute mme ka se falole teko ya me.
- 9 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 10 **Dirisa didiriswa,** jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang.
- 11 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Le akanya gore Lindelani o tla re go diragetse eng? A ka tlhalosa jang phoso ya gagwe?

- 2 Laela barutwana go **akanya pele ba kwala**.
- 3 Tlhalosetsa barutwana gore ba ikakanyetse, **ba seka** ba kopisa dikakanyo tsa gago.
- 4 Laela barutwana go **gadima ba bua** le balekane ka se Lindelani a ka se buang ka ga phoso ya gagwe.
- 5 Naya barutwana metsotso e le 2–3 go gadima ba bua.
- 6 Bitsa barutwana ba le 3–4 go go bolelela gore ba tlaa kwala ka eng.
- 7 Ba tshwanetse go bua jaana: Ke akanya gore Lindelani o tla re: Ke...
- 8 Tlhalosa gore jaanong barutwana ba tlaa dirisa letlhomeso la go kwala go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



Buka ya me ya diriragala tsa letsatsi,

ke dirile phoso ka go se ipakanyetse
teko ya me gompiano.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tlw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /tlw/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tlwaetse, setlwa, tlwaela**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tlwaela, mmutlwa, tlwaetse, mebitlwa, setlwa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




Mokwalo:

15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **tlw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

 t l w t l w t l w t l w

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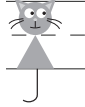
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 R e t l w a e t s e g o i t l h o m o l a

 m e b i t l w a .

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: DIRA DIKGOLAGANO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Lindalani o ne a sa bolo go dira sentle mo matetising. O ne a kgona go bala a sa emise. O ne a kgona go tlhakanya dipalo ka tlhogo. O ne a nagana gore dipalo di bonolo.</p> <p>Fa Mme Ndlovu a ruta barutwana mo phaposing ka ga go ntsha, Lindelani o ne a nagana gore go ntsha go bonolo.</p>	
<p>Mme Ndlovu o ne a kwala dipalo mo patitšhokong. O ne a laela barutwana botlhe mo phaposing go di kopolola. Fa barutwana ba bangwe mo phaposing ya ga Lindelani ba di kopololela mo dibukeng tsa bona, Lindelani ena o ne a kgwarakgwara fela.</p> <p>'Nna ke itse dipalo tota. Dipalo di bonolo. Ga ke tlhoke go ikatisa!' a nagana jalo.</p>	<p>Ke a ipotsa, goreng Lindelani a ne a sa kopolole dipalo tsa gagwe? Ijoo! Ke ka gonne o nagana gore o itse dipalo mme ka jalo ga a tlhoke go dira jalo!</p>
<p>Fa Mme Ndlovu a tswelletse ka go dira dipalo le barutwana, Lindelani o ne a lebeletse kwa ntle ka letlhabaphefo. O ne a nagana ka dilo tsothe tse a batlang go di dira kwa ntle.</p> <p>'Nna ke itse dipalo. Dipalo di bonolo. Ga ke tlhoke go ikatisa!' a nagana jalo.</p>	<p>Dipalo tsa go ntsha ke sengwe se sešwa, mme Lindelani ga a reetse ka kelotlhoko gotlhelele! Ke ipotsa gore go tlaa diragala eng?</p>
<p>'Lebelelang diphoso tsa lona mme lo netefatse gore lo thaloganya fa lo dirileng diphoso teng!' Mme Ndlovu a bolelela phaposi yotlhe. Fa barutwana ka ena ba lebeletse diphoso tsa bona, Lindelani ena o ne a ya kwa ntlwanaboithusetsong.</p> <p>'Ke itse dipalo. Dipalo di bonolo. Ga ke nke ke dira diphoso!' a nagana jalo.</p>	<p>Ke ipotsa gore Lindelani o tlaa itse dipalo tsa go ntsha jang fa a sa ikatise le go ithuta go tswa mo diphosong tsa gagwe.</p>
<p>Mme Ndlovu a ba neela matlharetiro a bona. 'Dirang dipalo tse kwa gae jaaka tirogae! Re ithuta ka go ikatisa gantsinsi! Mme Ndlovu a bolelela phaposi. Lindelani a tsenya letlharetiro mo kgetsaneng ya gagwe ya dibuka.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke tirogae!' a nagana jalo.</p>	
<p>Mo bosigong joo, fa barutwana mmogo le Lindelani ba dira dipalo tsa go ntsha ka thata, Lindelani o ne a lebeletse thelebišhene.</p> <p>'A o na le tirogae?' rraagwe Lindelani a botsa.</p>	<p>Ijoo, nnyaa! Ke ipotsa gore Lindelani o ya go ithuta jang go dira dipalo tsa go ntsha sentle fa a sa dire tirophaposi kgotsa tirogae ya gagwe.</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>'Nnyaa,' a bua maaka.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke go dira tirogae eo!' a nagana jalo.</p>	
<p>Ka letsatsi le le latelang kwa sekolong, Mme Ndlovu a phutha tirogae go tswa mo barutwaneng. 'Lindelani, tirogae ya gago e kae?' a botsa.</p> <p>'Ke e lebetse kwa gae,' Lindelani a bua maaka. 'Fela o se ke wa tshwenyega, nna ke itse matetisi!' ga rialo Lindelani.</p> <p>'Lindelani, mongwe le mongwe o tlhoka go dira ikatiso ya matetisi ka dinako tsotlhe! ga rialo Mme Ndlovu.</p> <p>Fela Lindelani o ne a sa reetsa. 'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke go dira ka thata!' a nagana jalo.</p> <p>Malatsi a le mmalwa morago ga foo, Mme Ndlovu a itsise barutwana gore ba tlaa kwala teko ya phaposi mo letsatsing le le latelang. Lindelani o ne a sa etsaetsege.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Nka falola teko nngwe le nngwe!' a nagana jalo.</p>	<p>Barutwana ka ena botlhe ba ntse ba dira ka thata e bile ba ikatisa. Ke ipotsa gore a Lindelani o tlaa kgona go dira sentle mo tekong ntle le go ikatisa?</p>
<p>Mo bosigong joo, fa barutwana mmogo le Lindelani ba ithuta dipalo tsa go ntsha, Lindelani ena ke fa a bogetse thelebišhene.</p> <p>'A ga o na teko ka moso?' rraagwe Lindelani a botsa.</p> <p>'O tshwanetse o ithute!'</p> <p>'Ke setse ke ithutile,' a bua maaka.</p> <p>'Go tlaleletsa foo, ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke le fa e le go ithuta tota!' a rialo.</p>	<p>Lindelani o nagana gore matetisi otlhe o bonolo, mme ga a tlhoke ikatiso epe. Fela ke ipotsa gore a tota o tlaa kgona go falola teko ntle le go ikatisa kgotsa go ithuta.</p>
<p>Fa Mme Ndlovu a ba neela diteko tsa bona, barutwana ka ena ba dira dipalo tsa bona ka bonako, fela Lindelani ena a kwalela ka bonya.</p> <p>'Teko e e marara, e thata! Teko e, e a gobelela!' a nagana jalo.</p> <p>Fa Mme Ndlovu a ba itsise gore 'nako e fedile!' Lindelani o ne a kgonne fela go dira dipalo go fitlha mo halofong ya teko yotlhe.</p>	<p>Ke ipotsa goreng Lindelani a nagana gore teko e marara, e thata? Ke ipotsa gore ga a lemoga gore a ka bo a dirile ka thata?</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Fa Mme Ndlovu a ba busetsa diteko tsa bona mo letsatsing le le latelang, Lindelani o ne a sa falola.</p> <p>Fa sekolo se tswa, barutwana ka ena fa ba sena go tswa mo phaposeng, a kgona go bona Mme Ndlovu. 'Morutabana, ke dirile phoso,' a amogela phoso ya gagwe. 'Ke ne ke nagana gore ke itse matetisi. Ke ne ke nagana gore matetisi o bonolo. Ke ne ke sa ikatise e bile ke ne ke sa ithute,' a lela.</p> <p>Mme Ndlovu a lebelela Lindelani ka botebo. 'Re ka kgona go nna baitseanape mo go sengwe le sengwe fa fela re ikatisa,' a rialo. 'O ntse o itse matetisi gonne o ne o dira tirogae e bile o ithuta.'</p> <p>Ke go tshepisa go dira ka thata mo matetising,' ga rialo Lindelani.</p> <p>Fa morago ga letsatsi leo, Lindelani a fetola mokgwa o a naganang ka ona, wa gore, 'Nna ke itse matetisi, matetisi o lebega o le bonolo thata fa ke ithuta!'</p>	<p>Go lebega jaaka e kete Lindelani o ithutile thuto e e botlhokwa ka ga go dira ka thata! Ke ipotsa gore a e ne e le selo se sentle gore a se falole teko ya matetisi?</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Lindelani o ne a dira eng fa barutwana ka ena ba kwalolola matetisi wa bona?</p>	<p>Lindelani o ne a kgarakgwara fela.</p>
<p>Lindelani o ne a dira eng fa barutwana-ka-ena ba ithuta dipalo tsa go ntsha?</p>	<p>Lindelani o ne a lebeletse TV.</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>Goreng Lindelani a sa falola teko ya matetisi?</p>	<ul style="list-style-type: none"> • Gonne o ne a sa ithute. • Gonne o ne a nagana gore matetisi o bonolo. • Gonne o ne a sa ikatsetse dipalo tsa gagwe mo phaposeng kgotsa a sa dire tirogae. • Gonne o ne a nagana gore o itse matetisi, ka jalo ga a tlhoke go ithuta. • Gonne o ne a sena nako e e lekaneng ya go fetsa teko ya gagwe. • O ne a sa ikatsetsa dipalo tsa gagwe, ka jalo o ne a sa kgone go direla matetisi ka bonako gore a kgone go falola teko.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana tsa go reetsa le go bua

15 metsotso

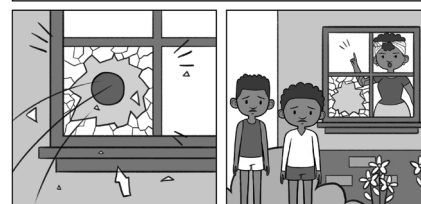
TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - itshwabela
 - mankge
 - marara
 - bonolo

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tloafalo.
- 7 Kopa setlhopha 1-2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.



**Temogo ya medumopuo le medumopuo:**

15 metsotso

Go itsise modumo le mafoko a mantšhwa**GO ITSISE MODUMO**

- 1 Bua modumo mme o bontshe papetlana ya modumo /**ea**/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /**ea**/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **seaka, seatla, seaparo**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **leano, seaparo, seatla, seane, seaka**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

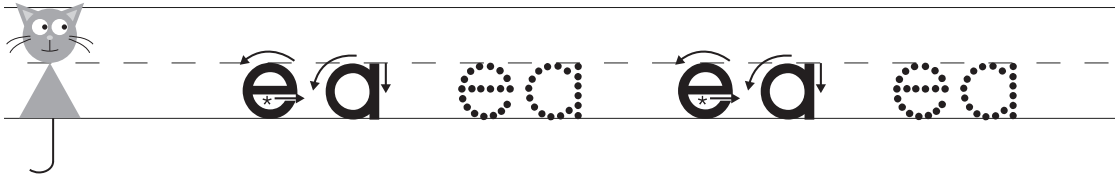
Mafoko: _____


**Mokwalo:**

15 metsotso


go kwala ditlhaka/mafoko/dipolelo


- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **ea**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong.
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.




 leano leano


 seaparo seaparo

 seatla seatla

 seane seane

 seaka seaka

 Seanokeng o apere seaparo

 se sentle.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Dira jaaka e kete o Lindelani o kwala mo bukatstsing morago ga maitemogelo.

TIRO: Kwala matseno a bukatsatsi a a tlhalosang maikutlo a gago.

LETLHOMESO LA GO KWALA:

Bukatsatsi e e rategang,

Ke...

Ke ikutlwa ke...

Ke ithutile...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa ka dipolelo mo matsenong a bukatsatsi a Mosupologo.
- 2 Tlhalosa gore barutwana bat la akanya ka gore ba akanya gore Lindelani a ka ba a ikutlwa jang le gore Lindelani a ka kgotsa o ithutile eng mo maitemogelong a gagwe.
- 3 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa tsa letlhomeso la go kwala, jaaka: Ke akanya gore Lindelani o tla ikutlwa a le ditlhong go akanya gore o itse thata go ka ithuta matetisi. Ke akanya gore o ithutile gore go ikatisa ke gona go re dirang gore re dire sentle mo go sengwe.
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: Ke ne ka utlwa ke itshwabela fa ke sa falola teko gonne e le phoso ya me go se ithute. Ke ithutile gore le fa sengwe se le bonolo, go ikatisa go botlhokwa gore o nne mankge.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa** tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go oketsa ka maina mo setshwantshong sa gago jaaka: itshwabela, kotsi, maitshwarelo, jj.
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka toro ya keteko ya letsatsi la matsalo a lona.
- 2 Gompieno le ya go oketsa ka polelo mo kwalong ya lona.

- 3 Botsa barutwana: Le akanya gore Lindelani o ikutlwile jang fa a sa falola teko? Le akanya gore o ithutile eng? A ka bua a reng?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane gore ba akanya gore Lindelani o ya go kwala ka eng se se latelang mo bukatsatsing ya gagwe.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka se Lindelani a ithutileng sona.
- 9 Ba tshwanetse go re: Re tla ja... Re tla ...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.

posiloteko

Buka ya me ya diriragalo tsa letsatsi,

Ke dirile phoso ka go se ipakanyetse
teko ya me gompene.

Ke ne ka ikutlwa jaaka motho yo o seng
botlhale.

Ke ithutile gore ka dinako tsotlhe ke
tshwanetse go ipakanyetsa diteko.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **setlwa**
- 3 Kgaoganya lefoko ka medumo ya lona: /s/-/e/-/tlw/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /s/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /tlw/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patit **setlwa**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /se/-/tlwa/ = **setlwa**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **leano**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tlwaela**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /tlw/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /ae/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /l/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /a/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tlw/-/ae/-/l/-/a/
- 8 Kwala lefoko: **tlwaela**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tlwae/-/la/ = **tlwaela**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **seane**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DIK GOLAGANO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Lindalani o ne a sa bolo go dira sentle mo matetising. O ne a kgona go bala a sa emise. O ne a kgona go tlhakanya dipalo ka tlhogo. O ne a nagana gore dipalo di bonolo.</p> <p>Fa Mme Ndlovu a ruta barutwana mo phaposing ka ga go ntsha, Lindelani o ne a nagana gore go ntsha go bonolo.</p>	<p>Nka dira dikgolaganyo. Se, se nkgopotsa kgaitse diake. E ne e le motabogi yo o tabogang ka bonako jwa legadima. O ne a nagana gore go taboga go bonolo.</p>
<p>Mme Ndlovu o ne a kwala dipalo mo patitšhokong. O ne a laela barutwana botlhe mo phaposing go di kopolola. Fa barutwana ba bangwe mo phaposing ya ga Lindelani ba di kopololela mo dibukeng tsa bona, Lindelani ena o ne a kgwarakgwara fela.</p> <p>'Nna ke itse dipalo tota. Dipalo di bonolo. Ga ke tlhoke go ikatisa!' a nagana jalo.</p>	<p>Go tshwana fela jaaka kgaitse diake, fa a ne a nna tokololo ya setlhopho sa batabogi. O ne a nagana gore ga a tlhoke go ikatisa ka thata jaaka batho ba bangwe mo setlhopheng gonne o ne a taboga ka bonako.</p>
<p>Fa Mme Ndlovu a tswelletse ka go dira dipalo le barutwana, Lindelani o ne a lebeletse kwa ntle ka letlhabaphefo. O ne a nagana ka dilo tsotlhe tse a batlang go di dira kwa ntle.</p> <p>'Nna ke itse dipalo. Dipalo di bonolo. Ga ke tlhoke go ikatisa! a nagana jalo.</p>	<p>Se, se nkgopotsa ka moo kgaitse diake a neng a tlole ikatiso ya go taboga ka teng. Fa barutwana ba bangwe mo setlhopheng sa bona ba taboga le go taboga, o ne a nna le ditsala tsa gagwe fela ba iketlile.</p>
<p>'Lebelelang diphoso tsa lona mme lo netefatse gore lo tlhaloganya fa lo dirileng diphoso teng!' Mme Ndlovu a bolelela phaposi yotlhe. Fa barutwana ka ena ba lebeletse diphoso tsa bona, Lindelani ena o ne a ya kwa ntlwanaboithusetsong.</p> <p>'Ke itse dipalo. Dipalo di bonolo. Ga ke nke ke dira diphoso!' a nagana jalo.</p>	<p>Maitsholo a ga Lindelani a nkgopotsa kgaitse diake. Lindelani o nagana gore o itse matetisi mme ka jalo o tlaa nna a ntse a na le kitso fela jalo. Jaaka kgaitse diake a ne a nagana gore o tlaa nna fela a taboga ka bonako ka dinako tsotlhe.</p>
<p>Mme Ndlovu a ba neela matlharetiro a bona. 'Dirang dipalo tse kwa gae jaaka tirogae! Re ithuta ka go ikatisa gantsintsi! Mme Ndlovu a bolelela phaposi. Lindelani a tsenya letlharetiro mo kgetsaneng ya gagwe ya dibuka.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke tirogae!' a nagana jalo.</p>	<p>Fa ke nagana ka kgaitse diake le Lindelani, nka dira kgolaganyo. Go bonala e kete ka dinako dingwe fa batho ba nagana gore ba itse sengwe, ba khutla go dira ka thata!</p>
<p>Mo bosigong joo, fa barutwana mmogo le Lindelani ba dira dipalo tsa go ntsha ka thata, Lindelani o ne a lebeletse thelebišhene.</p> <p>'A o na le tirogae?' rraagwe Lindelani a botsa.</p>	

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>'Nnyaa,' a bua maaka.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke go dira tirogae eo!' a nagana jalo.</p>	
<p>Ka letsatsi le le latelang kwa sekolong, Mme Ndlovu a phutha tirogae go tswa mo barutwaneng. 'Lindelani, tirogae ya gago e kae?' a botsa.</p> <p>'Ke e lebetse kwa gae,' Lindelani a bua maaka. 'Fela o se ke wa tshwenyega, nna ke itse matetisi!' ga rialo Lindelani.</p> <p>'Lindelani, mongwe le mongwe o tlhoka go dira ikatiso ya matetisi ka dinako tsotlhe! ga rialo Mme Ndlovu.</p> <p>Fela Lindelani o ne a sa reetsa. 'Nna ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke go dira ka thata!' a nagana jalo.</p> <p>Malatsi a le mmalwa morago ga foo, Mme Ndlovu a itsise barutwana gore ba tlaa kwala teko ya phaposi mo letsatsing le le latelang. Lindelani o ne a sa etsaetsege.</p> <p>'Nna ke itse matetisi. Matetisi o bonolo. Nka falola teko nngwe le nngwe!' a nagana jalo.</p>	<p>Nka dira dikgolaganyo mo go se! Lindelani ga a reetse morutabana wa gagwe. Ga a dumele gore o tshwanetse go ithuta. Se, se nkgopotsa fa mokatisi wa ga kgaitse diake a ne a mmolelela gore a ikatise pele a taboga motabogo o mogolo, mme o ne a itlhokomolosa mokatisi wa gagwe.</p>
<p>Mo bosigong joo, fa barutwana mmogo le Lindelani ba ithuta dipalo tsa go ntsha, Lindelani ena ke fa a bogetse thelebišhene.</p> <p>'A ga o na teko ka moso?' rraagwe Lindelani a botsa.</p> <p>'O tshwanetse o ithute!'</p> <p>'Ke setse ke ithutile,' a bua maaka.</p> <p>'Go tlaleletsa foo, ke itse matetisi. Matetisi o bonolo. Ga ke tlhoke le fa e le go ithuta tota!' a rialo.</p>	<p>Fa ke nagana ka ga kgaitse diake le Lindelani nka dira dikgolaganyo. Go lebege e kete nako nngwe fa batho ba nagana gore sengwe se bonolo, ba ka iphitlhela ba nna le makgakganyana a a sa reng sepe.</p>
<p>Fa Mme Ndlovu a ba neela diteko tsa bona, barutwana ka ena ba dira dipalo tsa bona ka bonako, fela Lindelani ena a kwalela ka bonya.</p> <p>'Teko e e marara, e thata! Teko e, e a gobelega!' a nagana jalo.</p> <p>Fa Mme Ndlovu a ba itsise gore 'nako e fedile!' Lindelani o ne a kgonne fela go dira dipalo go fitlha mo halofong ya teko yotlhe.</p>	<p>Se, se nkgopotsa kgaitse diake. O ne a sa ikatsetse go taboga mme fa nako ya motabogo o mogolo o fitlha, a se ka a fenya! Go taboga go ne go mo thatafalela gone o ne a sa itekanela go ka taboga jaaka batabogi ba bangwe botlhe.</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Fa Mme Ndlovu a ba busetsa diteko tsa bona mo letsatsing le le latelang, Lindelani o ne a sa falola.</p> <p>Fa sekolo se tswa, barutwana ka ena fa ba sena go tswa mo phaposing, a kgona go bona Mme Ndlovu. 'Morutabana, ke dirile phoso,' a amogela phoso ya gagwe. 'Ke ne ke nagana gore ke itse matetisi. Ke ne ke nagana gore matetisi o bonolo. Ke ne ke sa ikatise e bile ke ne ke sa ithute,' a lela.</p> <p>Mme Ndlovu a lebelela Lindelani ka botebo. 'Re ka kgona go nna baitseanape mo go sengwe le sengwe fa fela re ikatisa,' a rialo. 'O ntse o itse matetisi gonne o ne o dira tirogae e bile o ithuta.'</p> <p>Ke go tshepisa go dira ka thata mo matetising,' ga rialo Lindelani.</p> <p>Fa morago ga letsatsi leo, Lindelani a fetola mokgwa o a naganang ka ona, wa gore, 'Nna ke itse matetisi, matetisi o lebega o le bonolo thata fa ke ithuta!'</p>	<p>Nka dira kgolaganyo magareng ga kgaitsadiake le Lindelani. Fa kgaitsadiake a ne a sa fenyela lobelo lwa gagwe, o ne a ithuta gore o tshwanetse a ikatise le go dira ka thata go nna motabogi yo o o siameng, go tshwana fela le Lindelani, a ithutile gore o tshwanetse go ikatisa le go dira ka thata go itse dipalo!</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke phoso efe e Lindelani a e dirileng?	<p>O ne a sa ikatisetsa matetisi wa gagwe kgotsa go ithutela teko ya gagwe. Seo, e ne e le phoso tota!</p> <p>Ga a falola teko. Seo, e ne le le phoso e kgolo tota!</p>
Lindelani o ithutile eng tota?	O ithutile gore o itse matetisi, mme matetisi o nna bonolo fa o ikatisa le go ithuta!
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng fa Lindelani a ne a sa nagane gore o tlhoka gore a ikatisetse matetisi wa gagwe?	<ul style="list-style-type: none"> • Gonne o ne a nagana gore o itse matetisi tota. • Gonne o ne a nagana gore matetisi o bonolo. • Gonne o ne a nagana gore a ka se dire phoso epe. • Gonne o ne a nagana gore fa o itse sengwe, ga o tlhoke go se ikatisetsa. • Gonne o ne a sa lemoge gore o tshwanetse go dira ka thata le go ikatisa gore a nne le kitso mo go sengwe. • O dirile phoso ya go nagana gore go itse sengwe go kaya gore ga o tlhoke go dira ka thata.



Puisokaelo ka ditlhopha

15 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - makgakga
 - ikgatholosa
 - go kopa maitshwarelo

Raeme kgotsa pina	Ditiragatso
Nna ke dira diphoso	<i>Morutwana o a itshupa</i>
Wena o dira diphoso	<i>Morutwana o supa molekane</i>
Rotlhe re dira diphoso	<i>Morutwana o supa botlhe</i>
Fa o dirle phoso kopa maitshwarelo(gabedi)	
Nna ke tla baakanya	<i>Morutwana o a itshupa</i>
Wena o tla baakanya	<i>Morutwana o supa molekane</i>
Rotlhe re tla baakanya	<i>Morutwana o supa botlhe</i>
Mme re dire sentle! (gabedi)	<i>Barutwana ba phaphatha diatla</i>

BEKE 4

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala foreimi ya puisano mo patitšhokong.
Mo kgannyeng e...
Lindelani o dira phoso gone...
Nka ithuta... go tswa mo go diphosong tsa Lindelani
- 2 Buisetsa barutwana letlhomeso la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopho go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patitšhokong.

tlw	ea	l
a	m	u
e	t	s
b	i	n
o	p	r

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /**tlw**/ /**ea**/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /**l**-/**ea**-/**n**-/**o**/ = **leano**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /**tlw**/ kgotsa /**ea**/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /**r**-/**o**-/**m**-/**a**/ = **roma**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tlw, ea**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tlwaela, mmutlwa, tlwaetse, mebitlwa, setlwa, leano, seaparo, seatla, seane, roma, roba, pilo, timola, tsala, tlola, ntima**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA / DIRA DIKGOLAGANO

GO ANELA KGANG

- 1 Tlhalosa gore barutwana bat la bua ka sengwe se ba se ratang mo kgannyeng: Teko ya matetisi e e bonolo ya ga Lindelani.
- 2 Ba tla bua gape ka sengwe se se ba golaganyang le kgang.
- 3 Diragatsa go bontsha barutwana gore o kwala dipolelo di le 2–3 ka selo se ba se ratang le se se ba golaganyang le kgang jang. Fa Lindelani a ne a kwalakwala mo bukeng ya gagwe, se se nkgopotsa ka nako nngwe fa ke ne ke sa reetsa ka mo phaposeng. Ke akanya gore nka ithuta sengwe go tswa mo diphosong tsa gagwe.
- 4 Tsholetsa ditshwantsho tsa Buka kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng.
- 5 Laela barutwana go akanya ka se ba se ratang le se ba ikgolaganyang le kgang ka sona.
- 6 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona ka mo phaposeng, Thusa barutwana go bopa dipolelo tse di feletseng.
- 7 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 8 Laela barutwana go gadima ba bua mme ba abelane ka dikanelo tsa bona le balekane. *(Ba seka ba bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)*



Puisokaelo ka ditlhophha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4.**
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso.**
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano.**
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhophheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopho barutwana ba le mmalwa go abelana le botlhe ka mo phaposeng ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.



Mophato 2

KGWEDITHARO 2

Beke

5

THITOKGANG:

**Pabalesego le
maikarabelo**



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa bana ba babalesegile e bile ba le maikarabelo.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: maele ka ga pabalesego le maikarabelo.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 47, A re buiseng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 48 le 49 A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 50 le 51, A re buiseng

Tirwana 4: Thala setshwantso sa mongwe yo o akanyang gore o maikarabelo.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

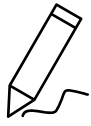
ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana lentle la Bukakgolo ya kgang: Duma le ditsala tsa gagwe ba a timela
- 2 Bolelela barutwana gore le simolola thitokgang e ntšhwa: Go babalesega le go nna maikarabelo
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tthaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke dilo dingwe dife tse o di dirang go nna o babalesegile
 - b Go ka diragala eng fa o sa babalesega?
 - c Ke mang yo o mo itseng a le maikarabelo?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - babalesega
 - go se babalesege
 - maikarabelo
 - maikarabelo

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi)	<i>Ka molodi wa Senannapo)</i>
Ba re se bueng le batho	<i>Barutwana ba itshwara ditsebe</i>
Ba le sa ba itseng gope	
Lo tla wela mo dingalong	
Gonne dikotsi di dintsi	
Fa re reetsa batsadi (gabedi)	
Re tla nna re bolokesegele	



Mokwalo

15 metsotso

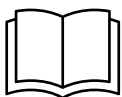
- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a tlwaela
 - b mmutlwa
 - c tlwaetse
 - d mebitlwa
 - e setlwa
 - f leano
 - g seaparo
 - h seatla
 - i seane
 - j seaka
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patit
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Duma le ditsala tsa gagwe ba a timela
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mant
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Thala le go kwala temana ka sengwe se se dirang gore o ikutlwe o sa babalesega.

TIRO: Thala setshwantsho mme o kwale temana (ya dipolelo di le tlhano) ka maitemogelo a gago a a kgethegileng. Se, e tla nna karolo ya buka ya phaposi ya kwa sekhutlwaneng sa puiso.

LETLHOMESO LA GO KWALA:

Ke ikutlwa ke sa babalesega fa...

Ke ikutlwa ke sa babalesega gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tla kwala ka **sengwe se se dirang gore ba ikutlwe ba sa babalesega**
- 2 Buisetsa barutwana letlhomeso la go kwala.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Ke ikutlwa ke sa babalesega fa ke palame koloi e e tsamayang ka lebelo le legolo! Ke ikutlwa ke sa babalesega gonne ke tshwenyegile gore kloi e tla thula mme ka tswa kotsi.
- 5 Diragatsa o thala setshwantsho sa kakanyo ya gago, jaaka: Koloi e e tsamayang ka lebelo le legolo, le wena o ikutlwa o tshwenyegile.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa letlhomeso la go kwala: Ke ikutlwa ke sa babalesega fa ke palame koloi e e tsamayang ka lebelo le legolo. Ke ikutlwa ke sa babalesega gonne ga ke ba tle go gobala mo kotsing!
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa**, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang.
- 10 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke eng se se dirang gore o ikutlwe o sa babalesega? Goreng?
- 2 Laela barutwana go **akanya pele ba kwala**.
- 3 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona, ba seka ba kopisa tsa morutabana.

- 4 Laela barutwana go gadima ba bue le balekane ka ga se ba tla kwalang ka sona.
- 5 Naya barutwana metsotso e le 2-3 go gadima ba bua
- 6 Bitsa barutwana ba le 3-4 go go bolelela ka sengwe se se ba dirang gore ba ikutlwe ba sa babalesega.
- 7 Ba tshwanetse go bua jaana: Ke ikutlwa ke sa babalesega fa...
- 8 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



Ke ikutlwa ke sa bolokesege fa ke
le nosi kwa gae.

Ke ikutlwa jalo gone dilo tse di
bosula di ka diragala.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 5**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tsh/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /tsh/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tshela, tshaba, tshoga**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tshipi, tshaba, tshimo, tshela, tshoga**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

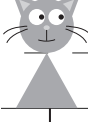


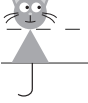
Mokwalo:

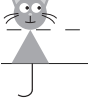
15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

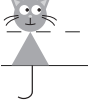
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **tsh**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

 tsh tsh tsh tsh

 tshipi tshipi

 tshaba tshaba

 tshimo tshimo

 tshela tshela

 tshoga tshoga

 Tshipi e mo tshimong.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO DIRA DIK GOLAGANO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Mo mosong wa Lamatthatso, mmaagwe Duma a mo kopa go isa sephuthelwana kwa polaseng ya ga Malomaagwe, e bong Harry e e kwa moseja ga noka. 'Tsamaya go na jaanong,'a rialo. 'O tshwanetse go tloga go sa le mo mosong gore o boele gae pele go fifala.'</p> <p>Duma a tloga go ya kwa ga Malome Harry. O ne a ise a ye kgakala fa a bona ditsala tsa gagwe Gugu le Themba ba tshameka kgwele ya dinao.</p> <p>'Ke tlaa tshameka metsotso e se kae fela'. Ga nagana Duma jalo. Diura tsa feta pele a ka gakologelwa tiro e a laetsweng ke mmaagwe go e dira.</p> <p>'Ke tshwanelwa ke go tsamaya! Ke tlaa nna thari!' Duma a bolelela ditsala tsa gagwe.</p> <p>'Ke tlaa tsamaya le wena!' ga rialo Themba.</p> <p>'Ijoo! Le nna ke tlaa tsamaya le lona, seo e tlaa bo e le tekelelo!' ga rialo Gugu.</p>	<p>Nka dira kgolaganyo! Se, se nkgopotsa ka letsatsi lengwe, ke ne ke tshwanetse go kopana le tsala ya me, fela ka simolola go bogela thelebišene. Lenaneo le ke le ratang le ne le tshameka. Ka simolola go bogela mme ka lebala gotlhelele ka nako! Ke ne ka nna thari go kopana le tsala ya me!</p>
<p>Duma, Gugu le Themba ba leba kwa ga Malome Harry mmogo. Fela fa ba fitlha fa nokeng, Themba a batla go tebela digwagwa.</p> <p>'Re tlaa tsoma digwagwa metsotso e le mmalwa fela,' Themba a nagana jalo. A baya sephuthelwana fa fatshe mme a tsoma digwagwa le ditsala tsa gagwe. Diura tsa feta pele a gakologelwa tirwana e mmaagwe a mo laetseng go e dira.</p> <p>'Re tshwanetse go tsamaya! Re tlaa nna thari,'Duma a bolelela ditsala tsa gagwe.</p> <p>Ba itlhaganela go tlola noka ka letsibogo go ya kwa ntlong ya ga Malome Harry.</p>	<p>Nka dira kgolaganyo! Se se nkgopotsa ka nako e ke neng ka ya kwa ga kgaitsadiake pele ga kereke e tsena. Ra simolola go bua, re bua, re ne re tsere kgang e e monate gore re be re lebala ka nako! Re ne ra nna thari kwa kerekeng!</p>
<p>Duma, Gugu le Themba ba tlogela sephuthelwana le Malome Harry mme ba retologa ba boela gae.</p> <p>'A re tlhabakanyetse ka sekgwa,'ga rialo Duma.</p> <p>Fela fa ba fitlha kwa sekgweng, Gugu a batla go palama ditlhare.</p>	<p>Nka dira kgolaganyo! Se se nkgopotsa ka letsatsi lengwe fa morwa wa me a ya go tshameka le ditsala. Ba ne ba tabogakaka ba itumetse thata mme e ba se ka ba tlhokomela gore go a fifala. A tshwanela go ya gae a le nosi mo lefifing.</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>'Re tlaa palama ditlhare metsotso e le mmalwa fela,'Duma a nagana jalo. Diura tsa feta pele a gakologelwa gore mmaagwe o mmoleletse gore a tle gae pele go fifala.</p> <p>'Re tshwanetse go tsamaya! Re tlaa nna thari,'Duma a bolelela ditsala tsa gagwe.</p> <p>Fela go ne go setse go le lefifi thata. 'Ke a boifa, ke batla go ya gae,' ga rialo Gugu. Ba ne ba sa kgone go tsamaya sentle, go ne go le lefifi thata go bona tselana! Ba ne ba timetse. Ba ne ba nna ka fa tlase ga setlhare go fitlha go sedimoga.</p>	
<p>Fela fa letsatsi le tswa, Duma le ditsala tsa gagwe ba simolola go tsamaya, ba leka go batla tsela ya go boela gae. Ga ba ka ba ema go palama ditlhare. Ga ba ka ba ema go tsoma digwagwa. Ga ba ka ba ema go tshameka kgwele ya dinao.</p> <p>'Ke ne ke sa tshwanela go tshameka kgwele ya dinao. Ke ne ke sa tshwanela go tsoma digwagwa. Ke ne ke sa tshwanela go palama ditlhare,'Duma a ipolelela.</p> <p>Diura tsa feta pele ba ka fitlha kwa gae.</p>	<p>Se, se dira gore ke nagane ka go nna thari! Ke nna le letswalo. Ke itlhaganelela go fitlha kwa ke tshwanetseng go ya teng, fela jaaka Duma le ditsala tsa gagwe ba itlhaganeletse go ya gae.</p>
<p>Ba ya kwa gaabo Duma. Ba ne ba ikgotletse, ba le maswe ka go tshameka kgwele ya dinao. Ba ne ba kolobile ka go tsoma digwagwa. Diaparo tsa bona di gagotswe ke go palama ditlhare. Ba ne ba lapisitswe ke go timela mo lefifing.</p>	
<p>'Motse otlhe o ntse o le batla!'Mme a rialo.</p> <p>"Go diragetse eng?" a botsa.</p> <p>'Maitshwarelo Mme, ke nna yo o phoso,' ga rialo Duma. O ne a sa itse gore a mo reye a reng...</p> <p>'Re nnile le tekeletso e e borai,' ga rialo Gugu. Ba simolola go tshega botlhe.</p> <p>'Ke itumeletse fela gore le gorogile mo gae!' Mme a bua a ba atla botlhe.</p>	<p>Se, se inkopotsa fa morwa wa me a tla gae thari, ke ne ke tšhakgetse ka gonne ke ne ke mo reetse gore a tle gae pele go fifala! Ga a ke a ntheetsa! Fela, ke ne ke itumeletse go mmona, ka lebala le gore ke ne ke tšhakgetse.</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Mmaagwe Duma o mo laetse go ya kae?	Kwa ga Malome wa gagwe Harry.
Ba dirile eng mo tseleng fa ba ya kwa ga Malome Harry?	Ba ne ba tshameka kgwele ya dinao, ba tsoma digwagwa, ba palama ditlhare.
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Duma le ditsala tsa gagwe ba ne ba timela?	<ul style="list-style-type: none"> Gonne ba ne ba tshameka letsatsi lotlhe. Gonne ba ne ba nnetse monate mme ba lebala ka nako. Gonne ba ne ba tshameka kgwele ya dinao, ba tsoma digwagwa, ba palama ditlhare. Gonne ga ba reetsa mmaagwe Duma. Gonne fa go nna lefifi, ba ne ba sa bone tselana.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 5**.
- Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- Bitsa setlhopha sa ntlha go tla go dira le wena.
- Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- Dira tirwana ya go **refosana le puiso**
- Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- Bitsa setlhopha 2 go tla go dira le wena.
- Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

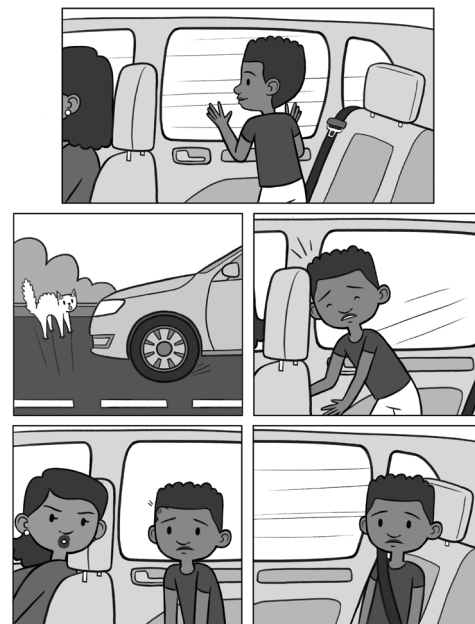
- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - tshoga
 - potlaka
 - phaposo

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi) Ba re se bueng le batho Ba le sa ba itseng gope Lo tla wela mo dingalong Gonne dikotsi di dintsi	<i>Ka molodi wa Senannapo</i> <i>Barutwana ba itshwara ditsebe</i>
Fa re reetsa batsadi (gabedi) Re tla nna re bolokesebile	

BEKE 5

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.





Temogo ya medumopuo le medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo /gw/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /gw/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **gwamisa, gwama**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **gwama, gwamisa, segwapa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

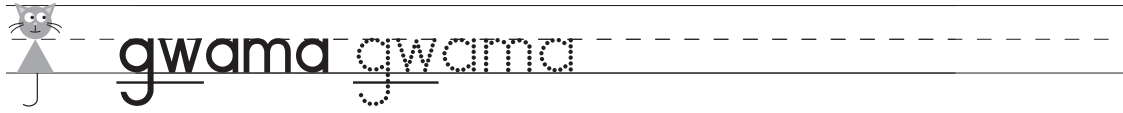


Mokwalo:

15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **gw**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafolele tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Thala le go kwala temana ka sengwe se dirang gore o ikutlwe o sa babalesega

TIRO: Thala setshwantsho mme o kwale temana (ya dipolelo tse tlhano) ka maitemogelo a a kgethegileng a gago. Se e tla nna karolo ya buka ya phaposi ya kwa sekhutlhwane sa puiso.

LETLHOMESO LA GO KWALA:

Ke ikutlwa ke sa babalesega fa...

Ke ikutlwa ke sa babalesega gonne...

Nka...

Gape nka...

Ga ke rate go go ikutlwa ke sa babalesega gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompiono, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa letlhomeso la go kwala jaaka: Gompiono re tla akanya ka dilo tse re ka di dirang go ikutlwa botoka re babalesegile fa re le mo maemong a a sa babalesegang. Sekao, Nka apara lepanta la tshireletso, nka kopa mokgweetsi go fokotsa lebelo.
- 5 Diragatsa go oketsa ka dintlha mo setshwantshong jaaka: lepanta la tshireletso
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: nka netefatsa gore ke bofile lepanta. Gape nka kopa mokgweetsi go fokotsa lebelo. Ga ke rate go ikutlwa ke sa babalesega gonne go a tshosa.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 Dirisa didiriswa tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go oketsa ka maina mo setshwantshong sa gago jaaka kelotlhoko, go se babalesege, kotsi, jj
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka sengwe se se dirang gorte o ikutlwe o sa babalesega.
- 2 Gompieno le ya go oketsa ka polelo mo kwalong ya rona.
- 3 Botsa barutwana: Ke eng se o ka se dirang fa o le mo seeming se se dirang gore o ikutlwe o sa babalesega? o ka dirang go ikutlwa botaka?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane gore ba ka dirang gore ba ikutlwe botoka fa ba le mo seemong se ba kwadileng ka son ka Mosupologo.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka selo se le sengwe se ba ka se dirang go ikutlwa ba babakesegile.
- 9 Ba tshwanetse go re: Nka...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.



Ke ikutlwa ke sa bolokesege fa ke le nosi kwa gae.

Ke ikutlwa jalo gone dilo tse di busula di ka diragala.

Nka kopa mme gore a seka a ntlogela ke le nosi mo gae.

Gongwe nka ya kwa gaabo tsala ya me.

Ga ke rate go ikutlwa ke sa bolokesegeka ntsha ya gore ke a tshoga.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 5**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tshela**
- 3 Kgaoganya lefoko ka medumo ya lona: /tsh/-/e/-/l/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /tsh/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patit **tshela**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /tshe/-/la/ = **tshela**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **gwama**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tshimo**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /tsh/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /i/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /m/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /o/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tsh/-/i/-/m/-/o/
- 8 Kwala lefoko: **tshimo**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tshi/-/mo/ = **tshimo**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **gwamisa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DIKGOLAGANO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Mo mosong wa Lamatlhatso, mmaagwe Duma a mo kopa go isa sephuthelwana kwa polaseng ya ga Malomaagwe, e bong Harry e e kwa moseja ga noka. 'Tsamaya go na jaanong,'a rialo. 'O tshwanetse go tloga go sa le mo mosong gore o boele gae pele go fifala.'</p> <p>Duma a tloga go ya kwa ga Malome Harry. O ne a ise a ye kgakala fa a bona ditsala tsa gagwe Gugu le Themba ba tshameka kgwele ya dinao.</p> <p>'Ke tlaa tshameka metsotso e se kae fela'. Ga nagana Duma jalo. Diura tsa feta pele a ka gakologelwa tiro e a laetsweng ke mmaagwe go e dira.</p> <p>'Ke tshwanetse go tsamaya! Ke tlaa nna thari!' Duma a bolelela ditsala tsa gagwe.</p> <p>'Ke tlaa tsamaya le wena!' ga rialo Themba.</p> <p>'Ijoo! Le nna ke tlaa tsamaya le lona, seo e tlaa bo e le tekelelo!' ga rialo Gugu.</p>	
<p>Duma, Gugu le Themba ba leba kwa ga Malome Harry mmogo. Fela fa ba fitlha fa nokeng, Themba a batla go tebela digwagwa.</p> <p>'Re tlaa tsoma digwagwa metsotso e le mmalwa fela,' Themba a nagana jalo. A baya sephuthelwana fa fatshe mme a tsoma digwagwa le ditsala tsa gagwe. Diura tsa feta pele a gakologelwa tirwana e mmaagwe a mo laetseng go e dira.</p> <p>'Re tshwanetse go tsamaya! Re tlaa nna thari,'Duma a bolelela ditsala tsa gagwe.</p> <p>Ba itlhaganela go tlola noka ka letsibogo go ya kwa ntlong ya ga Malome Harry.</p>	
<p>Duma, Gugu le Themba ba tlogela sephuthelwana le Malome Harry mme ba retologa ba boela gae.</p> <p>'A re tlhabakanyetse ka sekgwa,'ga rialo Duma.</p> <p>Fela fa ba fitlha kwa sekgweng, Gugu a batla go palama ditlhare.</p>	<p>Gugu o tshwanetse a bo a tshogile thata gore sengwe se se maswe se tlaa ba diragalela mo sekgweng! O tshwanetse gore a bo a ne a eletsatsa gore ba ka bo ba sa ema mme ba tshameka! O tshwanetse a bo a tshwenyegile gore batsadi ba gagwe ba tlaa reng! Fa ke ne ke le Gugu le nna ke ne ke tlaa batla go ya gae!</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>'Re tlaa palama ditlhare metsotso e le mmalwa fela,'Duma a nagana jalo. Diura tsa feta pele a gakologelwa gore mmaagwe o mmoleletse gore a tle gae pele go fifala.</p> <p>'Re tshwanetse go tsamaya! Re tlaa nna thari,'Duma a bolelela ditsala tsa gagwe.</p> <p>Fela go ne go setse go le lefifi thata. 'Ke a boifa, ke batla go ya gae,' ga rialo Gugu. Ba ne ba sa kgone go tsamaya sentle, go ne go le lefifi thata go bona tselana! Ba ne ba timetse. Ba ne ba nna ka fa tlase ga setlhare go fitlha go sedimoga.</p>	
<p>Fela fa letsatsi le tswa, Duma le ditsala tsa gagwe ba simolola go tsamaya, ba leka go batla tsela ya go boela gae. Ga ba ka ba ema go palama ditlhare. Ga ba ka ba ema go tsoma digwagwa. Ga ba ka ba ema go tshameka kgwele ya dinao.</p> <p>'Ke ne ke sa tshwanela go tshameka kgwele ya dinao. Ke ne ke sa tshwanela go tsoma digwagwa. Ke ne ke sa tshwanela go palama ditlhare,'Duma a ipolelela.</p> <p>Diura tsa feta pele ba ka fitlha kwa gae.</p>	<p>Duma o tshwanetse a bo a ikutlwa a tshwenyegile. Ke ka ntlha ya gore a itse gore o ne a sa tshwanela go tshamekaka, o tshwanetse gore a ka bo a ile ka gangwe kwa ga malome wa gagwe! Nka dira kgolaganyo! Nako nngwe fa ke dira phoso, fela jaaka Duma a dira!</p>
<p>Ba ya kwa gaabo Duma. Ba ne ba ikgotletse, ba le maswe ka go tshameka kgwele ya dinao. Ba ne ba kolobile ka go tsoma digwagwa. Diaparo tsa bona di gagotswe ke go palama ditlhare. Ba ne ba lapisitswe ke go timela mo lefifing.</p>	<p>Duma le ditsala tsa gagwe ba tshwantse go bo ba ne ba lapile. Ba tshwanetse ba bo ba ikutlwa ba na le letswalo thata ka go ya gae thari! Se, se inkgopotsa gore ke ne ke ikutlwa jang fa ke fitlha kwa kerekeng thari. Ke ne ke tshaba gore batho ba tlaa ntlhoma matlho. Ke ne ke tshaba gore ba tlaa nagana gore ga ke na maikarabelo. Duma le ditsala tsa gagwe ba tshwanetse ba bo ba ikutlwa jalo!</p>
<p>'Motse otlhe o ntse o le batla!'Mme a rialo.</p> <p>"Go diragetse eng?" a botsa.</p> <p>'Maitshwarelo Mme, ke nna yo o phoso,' ga rialo Duma. O ne a sa itse gore a mo reye a reng...</p> <p>'Re nnile le tekeletso e e borai,' ga rialo Gugu. Ba simolola go tshega botlhe.</p> <p>'Ke itumeletse fela gore le gorogile mo gae!' Mme a bua a ba atla botlhe.</p>	<p>Duma o tshwanetse a bo a inyatsa thata gore o dirile gore mmaagwe a tshwenyegile. A ka bo gape a gakgamaditswe ke gore mmaagwe ga a mo tshakgalela go feta! Nka dira kgolaganyo! Se, se inkgopotsa nako e ke neng ke ya go jela mmangwane yo o nnang kgakala nala. Ke ne ka ikaelela go tloga mo mosong thata. Fela ke ne ke na le ditsala tsa me mme ka nna go fitlha ke tloga ka thapama. Ka nagana gore o tlaa bo a nkgalefetse fa ke fitlha. Fela o ne a intumeletse thata! Ke ne ke gakgametse thata gore ga a nkgalefela go feta.</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Duma le ditsala tsa gagwe ba ne ba robala kae?	Ba robotse mo sekgweng.
Duma o ne a tshwenyegile gonne a itse gore ga a na maikarabelo. O ne a nagana ka dilo tsotlhe tse a neng a sa tshwanela go di dira! A o ka dira kgolaganyo ? Ke nako efe moo o neng o ikutlwa o šwegašwega jaaka Duma?	<i>Ke ne ke šwegašwega jaaka Duma fa...</i>
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Duma le ditsala tsa gagwe ba ne ba sa eme mme ba tshameka mo tseleng fa ba ya gae?	<ul style="list-style-type: none"> • Gonne ba ne ba batla go goroga kwa gae ka bonako. • Gonne ba ne ba tshwenyegile gore batsadi ba bone ba tlaa ba tšhakgalela! • Gonne ba ne ba lapile e bile ba le maswe. • Gonne Duma o ne a tshwenyegile gore go tla diragala eng fa a fitlha kwa gae. O ne a tshwenyagetse gore mmaagwe o tlaa reng!



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 5**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - Leka selo se sentšhwa
 - diphatsa
 - itshola

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi) Ba re se bueng le batho Ba le sa ba itseng gope Lo tla wela mo dingalong Gonne dikotsi di dintsi	<i>Ka molodi wa Senannapo)</i> <i>Barutwana ba itshwara ditsebe</i>
Fa re reetsa batsadi (gabedi) Re tla nna re bolokesegile	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala foreimi ya puisano mo patitšhokong.
 - a Mo kgannyeng e...
 - b Ke akanya gore Duma o...gonne...
 - c Fa nkabo ke timetse jaaka Duma...
- 2 Buisetsa barutwana letlhomeso la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patit.

tsh	gw	p
i	b	e
l	a	m
o	g	s

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tsh/ /gw/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /tsh/-/i/-/p/-/i/ = **tshipi**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /tsh/ kgotsa /gw/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /s/-/e/-/b/-/a/ = **seba**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tsh, gw**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tshipi, tshaba, tshimo, tshela, tshoga, gwama, gwamisa, segwapa, seba, gola, pala, poelo, mpelega**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA / DIRA DIKGOLAGANO

GO BUA KGOTSA GO KWALA KA K GANG

- 1 Tlhalosa gore gompieno le ya go akanya ka dikarolo tse di botlhokwa tsa kagang.
- 2 Re ya go akanya gape ka kgolagano e re ka e dirang le kgang.
- 3 Kwala letlhomeso la tshosobanyo mo patitšhokong
- 4 Laela barutwana go dirisa letlhomeso go araba dipotso:
Kgang e, e ka ga ... (dipolelo di le 2-3)
Ke ikutlwile... fa bana ba...
Nka dira kgolagano le...
- 5 Tlhalosa gore ba rutwana ba ka se kgone go bua sengwe le sengwe ka kgang – ba tshwanetse go tlhopha dikarolo tse di botlhokwa thata.
- 6 Diragaletsa barutwana sekae ago. Bua jaana: Kgang e, e ka ga Duma le ditsala tsa gagwe ba timela. Ke ikutlwile ke tshwenyegile fa bana ba ne ba palama ditlhare mme go simolola go fifala. Nka golaganya se le fa ken a le ditsala tsa me mme go le monate fa e bileng ka lebala ka nako!
- 7 Naya barutwana nako ya go akanya ka dikarolo tse di botlhokwa tsa kagang.
- 8 Bolelela barutwana go kwala ka ditshosobanyo tsa bona ba dirisa letlhomeso.
- 9 Bitsa barutwana botlhe
- 10 Kopa barutwana ba le 1-2 go abelana ka ditshosobanyo tsa bona ka mo phaposing.
- 11 Dira tshosobanyo ya ka mo phaposing jaaka: Kgang e, e ka ga Duma le ditsala tsa gagwe ba timela fa ba ne ba ya gaemorago ga go isa sephuthelwana gongwe. Re ne ra ikutlwa re fisega fa re bona bana ba tswetse ka go tshameka mo tseleng go isa sephuthelwana. Re ne ra bonela kwa pele gore ga ba kitla ba goroga kwa gae ka nako. Re golaganya se le fa re batla go tshameka le ditsala tsa rona mme re le bale ka nako.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 5**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposeng ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

The background of the entire page is a light gray color with a repeating pattern of small, white, line-art icons. These icons represent various educational fields: science (flasks, beakers, globes, atoms), mathematics (calculators, rulers, compasses, triangles), arts (pencils, paint palettes, brushes), and general education (books, graduation caps, lightbulbs, speech bubbles).

Mophato 2

KGWEDITHARO 2

Beke

6

THITOKGANG:

**Pabalesego le
maikarabelo**



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: phousetara ya pabalesego le maikarabelo
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: batho ba ba thusang gore nne re babalesegile
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlathloba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 53 le 53 A re kwaleng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 54 le 55 A re buiseng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 56 le 57 A re kwaleng

Tirwana 4: Thala setshwantso sa mongwe yo o thusang gore o babalesege.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa Vusi a eme fa leribeng la noka mo bukakgolong: Vusi le losi lwa noka.
- 2 Bolelela barutwana gore le tswelera ka thitokgang: Pabalesego le maikarabelo
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke bomang ba ba thusang gore o nne o babalesegile?
 - b O akanya gore ke mang yo o go rotletsang gore o seka wa babalesega?
 - c Botlhokwa ba dipalangwa tse di farologaneng ke eng?
 - d O ikutlwa jang fa o dira sengwe se se sa babalesegang?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - kotsi
 - sebetse
 - kgalema
 - kgalemo

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi)	<i>Ka molodi wa Senannapo)</i>
Ba re se bueng le batho	<i>Barutwana ba itshwara ditsebe</i>
Ba le sa ba itseng gope	
Lo tla wela mo dingalong	
Gonne dikotsi di dintsi	
Fa re reetsa batsadi (gabedi)	
Re tla nna re bolokesebile	



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a tshipi
 - b tshaba
 - c tshimo
 - d tshela
 - e tshoga
 - f gwama
 - g gwamisa
 - h segwapa
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Vusi le losi lwa noka.
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Dira e kete o Vusi o kwala mo bukatsatsing morago ga maitemogelo a.

TIRO: Kwala matseno a bukatsatsi ka maikutlo a gago.

LETLHOMESO LA GO KWALA:

Bukatsatsi e e rategang,

Ke...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tla dira e kete ke bona Vusi a kwala ka mo bukatsatsing ya gagwe. Bat la kwala ka gore go diragetseng.
- 2 Gopotsa barutwana gore bukatsatsi ke felo fa re kwalang ka dilo tse re itemogetseng kgotsa re ithutile tsona. Re ka kwala ka maikutlo a rona le diphiri tsa rona tse di boteng. Bukatsatsi e diretswe go buisiwa ke mongwe yo o kwalang mo go yona. Ke lefelo le le bofitlha le o ka le dirisetsang go akanya le go iketela fa o kwala.
- 3 Buisetsa barutwana letlhomeso la go kwala.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Fa nkabo ke le Vusi, nka simolola ka go kwala ka gore go tlile jang gore ke tsene mo seemong se se sa siamang sa go wela ka mo nokeng e e tletseng e bile e elela. Nka rata go iketela ka se se ntiragaletseng gore ke ikutlwe botoka morago ga seemo se se tshosang.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Tlhalosa gore le ya go kwala bukatsatsi jaaka e kete ke lona Vusi. **Re ya go leka go akanya ka se a ka batlang go se bua.**
- 8 Diragatsa go tlatsa letlhomeso la go kwala:
Ga ka reetsa kgalemo ya ga nkgonne gone ken e ke batla go lebega ke le sebete, Ke tshameketse mo leribeng la noka malatsi a le mararo a a tlhomaganeng! Kwa bofelong ke ne ka wela ka mo nokeng mmw go ne go tshosa.
- 9 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 10 **Dirisa didiriswa,** jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang.
- 11 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Le akanya gore Vusi o tla re go diragetse eng? A ka tlhalosa phoso ya gagwe jang?
- 2 Laela barutwana go **akanya pele ba kwala.**
- 3 Tlhalosetsa barutwana gore ba ikakanyetse, **ba seka** ba kopisa dikakanyo tsa gago.
- 4 Laela barutwana go **gadima ba bua** le balekane ka se Vusi a tla se buang fa a ne a wela ka mo nokeng.
- 5 Naya barutwana metsotso e le 2–3 go gadima ba bua.
- 6 Bitsa barutwana ba le 3–4 go go bolelela gore ba akanya gore Vusi o tla reng.
- 7 Ba tshwanetse go bua jaana: Ke akanya gore Vusi o tla re: Ke...
- 8 Tlhalosa gore jaanong barutwana ba tlaa dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



Buka ya me ya ditiragalo tsa letsatsi,

Gompieno ke wetse mo nokeng ka
gonne ke ne ke sa reetsa.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 6**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /nk/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /nk/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **nkonko, panka, monko**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **nku, nkonko, monko, panka, seganka**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




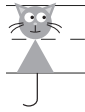
Mokwalo:

15 metsotso

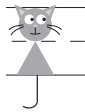
Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

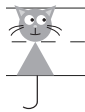
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **nk**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolelela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

 nk nk nk nk

 nku nku

 nkonko nkonko

 monko monko

 panka panka

 seganka seganka

 Seganka se bolaya nku.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Vusi e ne le senatla, e le segatlamelamasisi! O ne a rata go ikgantsha ka gore ena ga a tshabe sepe.</p> <p>Fa ditsala tsa ga Vusi di ne di mo gwetlha go tlola go tswa mo karolong e e kwa godimo go fetisa mo mokgokoloseng wa bona, o ne a sa fose le fa e le gangwe.</p> <p>Fa ditsala tsa gagwe di ne di mo gwetlha gore a palame setlhare se se telele go feta tsotlhe, o ne a sa nagane gabedi.</p>	<p>Diphopholetso tsa kitso ya me ke gore Vusi o lekelela dilo tse batho ba bangwe ba ka bonang di tshosa, fela ena a sa ikutlwe di ka mo tshosa.</p>
<p>Ka letsatsi lengwe, ditsala tsa ga Vusi tsa mo gwetlha gore a kgabaganya mogorogoro wa noka. Vusi a kgaotsa go se nene. A nagana gabedi.</p> <p>O ne a utlwa lentswe la mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	<p>Ke ipotsa gore ke goreng mogoloe a ne a mo kgalemela gore a se ke a tshamekela fa mogorogorong wa metsi?</p>
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlamelamasisi. O ne a ikutlwa a sa boife mogorogoro wa noka, o o senang sepe.</p> <p>Vusi a tsamaya a iketlile go kgabaganya mogorogoro wa noka. E rile fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tsamaya a iketlile a sena letsapa le le mo fisang pelo go kgabaganya a boela morago. 'Bona!' a rialo ka go bontsha botlhalenyana, 'ga go na sepe se se tshosang ka mogorogoro wa noka!'</p>	<p>Ke ipotsa gore ke eng se se tshosang go le kalo ka mogorogoro o o senang metsi? Diphopholetso tsa kitso ya me ke gore go a bo go na le sengwe se se kotsi ka ga ona ka ntlha ya tsiboso ya ga mogoloe Vusi, fela ga ke itse gore ke eng!</p>
<p>Mo bosigong joo, Vusi o ne a sekama mo bolaong mme a reetsa marothodi a pula a nela mo marulelong a disenke tsa gagwe. 'Ke ipotsa gore ke eng se se tshosang go le kana kana ka mogorogoro wa noka?' a nagana.</p>	
<p>Ka letsatsi le le latelang, Vusi o ne a ya go tsamaya mo mogorogorong wa noka, fela e ne e sa tlhole e le mogorogoro wa noka. E ne e le molatswana o monnye, o o elelang.</p> <p>Ditsala tsa ga Vusi tsa mo gwetlha go tsamaya mo molatswaneng.</p> <p>Vusi a kgaotsa go se nene. A nagana gabedi.</p>	<p>Ke a gakologelwa gore go ne go na le marothodi a pula a a neng a nela mo marulelong a ga Vusi. Diphopholetso tsa kitso ya me ke gore ke jaaka mogorogoro o o omileng o na le molatswana o monnye.</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>O ne a utlwa lentswe la mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlhamelamasisi. O ne a ikutlwa a boifa mogorogoro go le gonnye, fela o ne a sa batle go bontsha letshogo la gagwe.</p> <p>Vusi a tsamaya ka bonako mo molatswaneng o monnye. Fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tsamaela ka pele go boela kwa morago. 'Bona!' a rialo ka go bontsha botlhalenyana, 'ga go na sepe se se tshosang ka molatswana o o sa reng sepe o!'</p>	<p>Ke ipotsa gore ke goreng Vusi a tshaba mothamonyana o le wa metsi? Hm, diphopholetso tsa kitso ya me ke gore gongwe Vusi ga a itse go thuma.</p>
<p>Mo bosigong joo, Vusi o ne a sekame mo bolaong a reeditse marothodi a pula a nela mo marulelong a gagwe a disenke. O ne a reeditse phefo e e neng e foka ka maatla, e itaaganya marulelo. 'Ke ipotsa gore ke eng se se tshosang go le go kana ka molatswana o o elelang o?' a nagana.</p>	
<p>Ka letsatsi le le latelang, Vusi a boela gape a tsamaya mo mogorogorong wa noka e e elelang. Fela o ne o sa tlhole o le monnye kgotsa e le o o elelang fela, o ne o tletse, e le noka e e elelang tota.</p> <p>Ditsala tsa ga Vusi tsa mo gwetlha go tsamaya mo nokeng e e tletseng, e e elelang.</p> <p>Vusi a kgaotsa go se nene. A nagana gabedi.</p> <p>O ne a utlwa lentswe la ga mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	<p>Ke a itse gore pula e ntse e na letsatsi lengwe le lengwe fa Vusi a robotse. Diphopholetso tsa kitso ya me ke gore ke se se dileng gore mogorogoro o o neng o omile, o fetoge go nna noka e kgolo.</p>
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlhamelamasisi. O ne a ikutlwa a tshaba metsi a mogorogoro wa noka, fela o ne a sa batle go bontsha letshogo la gagwe.</p> <p>Vusi o ne a taboga ka bonako jo a neng a ka bo kgona mo nokeng e e elelang. Fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tabogela kwa morago gape.</p>	<p>Diphopholetso tsa kitso ya me ke gore gore Vusi o tota a na le letshogo jaanong, fela o ikutlwa a le mo kgatelelong ya go itlhagisa e le senatla le segatlhamelamasisi.</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Pele a fitlha fa losing lwa noka, a relela mo matlapeng. A wela mo metsing a noka e e tletseng, e e elelang. A tsewa ke metsi a noka.</p> <p>'Thusang!' Vusi a goeletsa. Ka nako eo, o ne sa kgathale fa ditsala tsa gagwe di bone fa a tshogile. Vusi a leka go gagabela kwa losing lwa noka.</p>	<p>Diphopholetso tsa kitso ya me ke gore mogoloa Vusi o ne a itse gore mogorogoro o o omileng, o ka fetoga go nna noka e e tletseng, mme noka eo e maatla tota e bile e kotsi! Se, e tshwanetse ya bo e le lona lebaka tota la gore a bo a mo tsibositse jaaka a dirile.</p>
<p>Ditsala tsa gagwe tsa tabogela kwa losing lwa noka. Tsala ya gagwe e bong Michael a tsena mo nokeng e e tletseng, e e elelang, a mo goga ka letsogo. Michael a goga Vusi, a mo ntshetsa kwa ntle ga noka mo losing.</p> <p>Vusi a ya gae a kolobile e bile a tshogile.</p>	
<p>Bosing joo, Vusi o ne a sekame mo bolaong jwa gagwe. 'Ke itse sentle gore ke eng se se tshosang jaaka noka e e tletseng, e e elelang,' a nagana. 'Nkabo ke le senatla, nkabo ke le segatlhamelamasisi, fela nka se tlhole ke tshamekela gaufi le mogorogoro wa noka gape!'</p>	<p>Diphopholetso tsa kitso ya me ke gore Vusi o ne a le lesego tota gore a bo a sa gobala. Ke nagana gore go tloga jaanong, o tlaa reetsa tsiboso e mogoloe a mo neetseng yona!</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke tsiboso efe e mogoloa Vusi a e mo neetseng?	O mo tsibositse gore a se ke a bo a tshamekela mo mogorogorong wa noka gonne a ka tsewa ke metsi.
Mogorogoro o o neng o omile o ne wa fetoga go nna eng?	O ne wa fetoga go nna noka e e tletseng, e e elelang.
Potso ya goreng	Dikarabo tse di solofetsweng
O akanya gore goreng mogoloa Vusi a mo tsibositse gore a se tshamekele gaufi le losi lwa noka?	<ul style="list-style-type: none"> • Gonne o ne a itse gore pula e kgona go fetolela mogorogoro o o omileng go nna molatswana kgotsa noka. • Gonne o ne a itse gore Vusi o rata go dira dilo tse di kotsi ka dinako dingwe. • Gonne o a itse gore Vusi ga a kgone go thuma. • Gone o a itse gore Vusi a ka tsewa ke metsi fa noka e tletse e bile metsi a teng a elela ka maatla. • Gongwe o kile a bona kgotsa o utlwetse ka ga bana bangwe ba ba tserweng ke metsi mo losing la noka.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 6**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - Go bontsha bonatla
 - bonatla
 - gogola

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi) Ba re se bueng le batho Ba le sa ba itseng gope Lo tla wela mo dingalong Gonne dikotsi di dintsi	<i>Ka molodi wa Senannapo</i> <i>Barutwana ba itshwara ditsebe</i>
Fa re reetsa batsadi (gabedi) Re tla nna re bolokesegile	

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.



**Temogo ya medumopuo le medumopuo:**

15 metsotso

Go itsise modumo le mafoko a mantšhwa**GO ITSISE MODUMO**

- 1 Bua modumo mme o bontshe papetlana ya modumo /**ntlh**/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /**ntlh**/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **ntlhorisa, ntlhaolela, ntlhapaola**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **ntlhoka, ntlhorisa, ntlhapaola, ntlhaolela, ntlhotlheletsa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

**Mokwalo:**

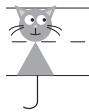
15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakannye ka nepagalo: **ntlh**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong.
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.

 n'tlh n'tlh n'tlh

 ntlhoka ntlhoka

 ntlhorisa ntlhorisa

 ntlhapaola ntlhapaola

 ntlhaolela ntlhaolela

 ntlhotlheletsa ntlhotlheletsa

 Ntlhoki o a ntlhorisa.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Dira e kete o Vusi a kwala mo bukatsatsing morago ga maitemogelo a.

TIRO: Kwala matseno a bukatsatsi ka maikutlo a gago.

LETLHOMESO LA GO KWALA:

Bukatsatsi e e rategang,

Ke...

Ke ikutlwile...

Ke ithutile...

GO DIRAGATSA

- 1 Tlhalosa gore gompiono, barutwana ba tlile go oketsa ka dipolelo mo matsenong a bukatsatsi e ba e kwadileng ka Mosupologo.
- 2 Tlhalosa gore barutwana ba tla akanya ka gore ba akanya gore Vusi a ka bo a ikutlwa jang kgotsa gore a ka ithuta kgotsa o ithutile eng mo maitemogelong a gagwe.
- 3 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Ke akanya gore Vusi o ikutlwa a tshogile gonne a batlile a gogolwa ke metsi. Ke akanya gore o ithutile gore bonatla gab o Tshwane le go nna sematla. Ke akanya gore o ithutile go nna kelotlhoko mo metsing.
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: Ke ikutlwile ke tshogile gore ke batlile ke swela ka mo nokeng. Ke eletsa gore nkabo ke reeditse nkgonne. Ke ithutile gore ke tshwanetse ke reetsae nkgonne le ba bangwe fa ba nkgalema gore ke babalesege.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa** tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le simolotse go kwala bukatsatsi go tswa mo maitemogelong a ga Vusi.
- 2 Gompiono le ya go oketsa ka dipolelo mo kwalong ya rona.
- 3 Botsa barutwana: Le akanya gore Vusi o ikutlwile jang morago ga gore a battle go gogolwa ke metsi? Le akanya gore o ithutile eng? Vusi a ka reng?

- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka se se latelang se Vusi a tla kwalang ka sona mo bukatsatsing ya gagwe.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka se Vusi a ithutileng sona.
- 9 Ba tshwanetse go re: Ke akanya gore Vusi o ithutile...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

GO KWALA

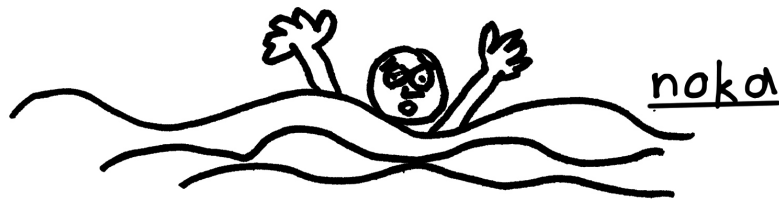
- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.

ke tshogile



Buka ya me ya ditiragalo tsa letsatsi,

Gompieno ke wetse mo nokeng ka
gonne ke ne ke sa reetsa.

Ke ne ke tshogile.

Ke ithutile go reetsa ditaelo tsa
bagolo.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 6.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro.**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **panka**
- 3 Kgaoganya lefoko ka medumo ya lona: /p/-/a/-/nk/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /p/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /nk/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patit **panka**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /pan/-/ka/ = **panka**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **ntlhoka**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **nkonko**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /nk/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /nk/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /o/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /nk/-/o/-/nk/-/o/
- 8 Kwala lefoko: **nkonko**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /nko/-/nko/ = **nkonko**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **ntlhorisa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Vusi e ne le senatla, e le segatlhamelamasisi! O ne a rata go ikgantsha ka gore ena ga a tshabe sepe.</p> <p>Fa ditsala tsa ga Vusi di ne di mo gwetlha go tlola go tswa mo karolong e e kwa godimo go fetisa mo mokgokoloseng wa bona, o ne a sa fose le fa e le gangwe.</p> <p>Fa ditsala tsa gagwe di ne di mo gwetlha gore a palame setlhare se se telele go feta tsotlhe, o ne a sa nagane gabedi.</p>	<p>Vusi o rata bogatlhamelamasisi. Diphopholetso tsa kitso ya me ke gore o rata go bontsha batho gore se ba naganang gore se a tshosa ga se jalo go le kalo.</p>
<p>Ka letsatsi lengwe, ditsala tsa ga Vusi tsa mo gwetlha gore a kgabaganya mogorogoro wa noka. Vusi a kgaotsa go se nene. A nagana gabedi.</p> <p>O ne a utlwa lentswe la mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	<p>Jaaka Vusi a rata bogatlhamelamasisi, diphopholetso tsa kitso ya me ke gore a ka bona tsiboso jaaka selo se se gwetlhang kgotsa se se rotloetsang!</p>
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlhamelamasisi. O ne a ikutlwa a sa boife mogorogoro wa noka, o o senang sepe.</p> <p>Vusi a tsamaya a iketlile go kgabaganya mogorogoro wa noka. E rile fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tsamaya a iketlile a sena letsapa le le mo fisang pelo go kgabaganya a boela morago. 'Bona!' a rialo ka go bontsha botlhalenyana, 'ga go na sepe se se tshosang ka mogorogoro wa noka!'</p>	<p>Diphopholetso tsa kitso ya me ke gore ga go ope wa ditsala tsa ga Vusi yo o ka kgabaganyang mogorogoro wa noka le ena, ke Vusi a le nosi a ka dirang jalo. Diphopholetso tsa kitso ya me ke gore ba ka bo a neetswe tsiboso e e tshwanang le ya ga Vusi!</p>
<p>Mo bosigong joo, Vusi o ne a sekama mo bolaong mme a reetsa marothodi a pula a nela mo marulelong a disenke tsa gagwe. 'Ke ipotsa gore ke eng se se tshosang go le kana kana ka mogorogoro wa noka?' a nagana.</p>	<p>Ke a gakologelwa gore mogorogoro wa noka o ka tlala ka metsi mme wa fetoga go nna noka e kgolo. Diphopholetso tsa kitso ya me ke gore gore Vusi ga a nagane ka ga seo!</p>
<p>Ka letsatsi le le latelang, Vusi o ne a ya go tsamaya mo mogorogorong wa noka, fela e ne e sa tshole e le mogorogoro wa noka. E ne e le molatswana o monnye, o o elelang.</p> <p>Ditsala tsa ga Vusi tsa mo gwetlha go tsamaya mo molatswaneng.</p> <p>Vusi a kgaotsa go se nene. A nagana gabedi.</p>	

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>O ne a utlwa lentswe la mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlamelamasisi. O ne a ikutlwa a boifa mogorogoro go le gonnye, fela o ne a sa batle go bontsha letshogo la gagwe.</p> <p>Vusi a tsamaya ka bonako mo molatswaneng o monnye. Fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tsamaela ka pele go boela kwa morago. 'Bona!' a rialo ka go bontsha botlhalenyana, 'ga go na sepe se se tshosang ka molatswana o o sa reng sepe o!'</p>	<p>Vusi ga a batle gore ditsala tsa gagwe di bone gore o a boifa. Diphopholetso tsa kitso ya me ke gore o batla ba nagane gore ke senatla e bile ke segatlamelamasisi.</p>
<p>Mo bosigong joo, Vusi o ne a sekame mo bolaong a reeditse marothodi a pula a nela mo marulelong a gagwe a disenke. O ne a reeditse phefo e e neng e foka ka maatla, e itaaganya marulelo. 'Ke ipotsa gore ke eng se se tshosang go le go kana ka molatswana o o elelang o?' a nagana.</p>	
<p>Ka letsatsi le le latelang, Vusi a boela gape a tsamaya mo mogorogorong wa noka e e elelang. Fela o ne o sa tlhole o le monnye kgotsa e le o o elelang fela, o ne o tletse, e le noka e e elelang tota.</p> <p>Ditsala tsa ga Vusi tsa mo gwetlha go tsamaya mo nokeng e e tletseng, e e elelang.</p> <p>Vusi a kgaotsa go se nene. A nagana gabedi.</p> <p>O ne a utlwa lentswe la ga mogoloe mo tlhogong ya gagwe: 'O se ka wa tshamekela gaufi le mogorogoro wa noka. O ka se itse nako e metsi a ka go tsayang.'</p>	<p>Diphopholetso tsa kitso ya me ke gore e tota e le ona maemo a mogoloe Vusi a neng a tshwenyega ka ona fa a ne a mo tsibosa jaaka a dirile!</p>
<p>Fela Vusi e ne e le senatla. Vusi e ne e le segatlamelamasisi. O ne a ikutlwa a tshaba metsi a mogorogoro wa noka, fela o ne a sa batle go bontsha letshogo la gagwe.</p> <p>Vusi o ne a taboga ka bonako jo a neng a ka bo kgona mo nokeng e e elelang. Fa a fitlha kwa letlhakoreng le le kwa kgakalanyana, a tabogela kwa morago gape.</p>	<p>Diphopholetso tsa kitso ya me ke gore Vusi o tota a tshwenyegile e le tota gore ditsala tsa gagwe di nagana eng ka ena jaaka e le senatla le segatlamelamasisi. Ga a reetse letshogo la gagwe, o reetsa go gwetlha ke ditsala boemong!</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Pele a fitlha fa losing lwa noka, a relela mo matlapeng. A wela mo metsing a noka e e tletseng, e e elelang. A tsewa ke metsi a noka.</p> <p>'Thusang!' Vusi a goeletsa. Ka nako eo, o ne sa kgathale fa ditsala tsa gagwe di bone fa a tshogile. Vusi a leka go gagabela kwa losing lwa noka.</p>	<p>Diphopholetso tsa kitso ya me ke gore Vusi o boifa tota jaanong, gonne ga a kgathale fa ditsala tsa gagwe di itse! O tshwanetse a bo a tshwenyegile ka ga sengwe se se sa siamang se se mo diragalelang.</p>
<p>Ditsala tsa gagwe tsa tabogela kwa losing lwa noka. Tsala ya gagwe e bong Michael a tsena mo nokeng e e tletseng, e e elelang, a mo goga ka letsogo. Michael a goga Vusi, a mo ntshetsa kwa ntle ga noka mo losing.</p> <p>Vusi a ya gae a kolobile e bile a tshogile.</p>	<p>Diphopholetso tsa kitso ya me ke gore e ka bo e le lantlha Vusi wa senatla le bogatlamelamasisi a diragalelwa ke sengwe se se sa siamang. O tshwanetse a bo a ne a sa nagane gore a ka diragalelwa ke sengwe se se sa siamang!</p>
<p>Bosing joo, Vusi o ne a sekame mo bolaong jwa gagwe. 'Ke itse sentle gore ke eng se se tshosang jaaka noka e e tletseng, e e elelang,' a nagana. 'Nkabo ke le senatla, nkabo ke le segatlamelamasisi, fela nka se tlhole ke tshamekela gaufi le mogorogoro wa noka gape!'</p>	<p>Diphopholetso tsa kitso ya me ke gore Vusi o tlhaloganya jaanong gore ke goreng mogoloe a ne a mo tsibosa jaaka a dirile ka ga mogorogoro wa noka!</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Ke dilo dife tse dingwe tsa bonatla le bogatlamelamasisi tse Vusi a di dirileng?</p>	<p>O ne a tlola go tswa mo karolong e e kwa godimo go feta ya mokgokolosa.</p> <p>O kile a palama setlhare se se telele go gaisa tsotlhe.</p>
<p>A o nagana gore Vusi o santse a ka tshamekela mo mogorogorong wa noka gape? Goreng o dumela kgotsa o sa dumele jalo?</p>	<p><i>Ke akanya gore gonne.....</i></p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>Goreng fa Vusi a ne a taboga go kgabaganya mogorogoro wa noka?</p>	<ul style="list-style-type: none"> • Gonne Vusi e ne e le senatla le segatlamelamasisi. • Gonne ditsala tsa ga Vusi di ne di mo gwetlha go dira jalo. • Gonne le fa Vusi a ne a tshoga, o ne a sa batle go bontsha gore o tshogile. • Vusi o ne a batla gore ditsala tsa gagwe di akanya gore ke senatla e bile ke segatlamelamasisi. • Gonne Vusi o ne a sa nagane gore go na le sengwe se se sa siamang se se ka mo diragalelang. • Gonne o ne a tsaya tsiboso ya ga mogoloe jaaka kgwetlho kgotsa go supa bogatlamelamasisi, o ne a sa e tseye tsiya.



Puisokaelo ka ditlhopha

metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 6**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - bonatla
 - bomatla
 - go tlhoka maikarabelo

Raeme kgotsa pina	Ditiragatso
Bana reetsang batsadi (gabedi)	<i>Ka molodi wa Senannapo)</i>
Ba re se bueng le batho	<i>Barutwana ba itshwara ditsebe</i>
Ba le sa ba itseng gope	
Lo tla wela mo dingalong	
Gonne dikotsi di dintsi	
Fa re reetsa batsadi (gabedi)	
Re tla nna re bolokesegile	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong.
Mo kganneng e...
Vusi ga a babalesega fa...
Ke akanya gore kgang e e kwaletswe go nthuta...
- 2 Buisetsa barutwana letlhomeso la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlele go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patit.

nk	ntlh	o
u	m	p
a	s	e
g	k	i
r	l	t

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /nk/ /ntlh/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /nk/-/o/-/nk/-/o/ = **nkonko**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /nk/ kgotsa /ntlh/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /k/-/i/-/k/-/a/ = **kika**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **nk, ntlh**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **nku, nkonko, monko, pank, seganka, ntlhoka, ntlhorisa, ntlhapaola, ntlhaolela, kika, pilo, tuma, sisimoga, tsala, tloga, mpelega**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA / BOPA SETSHWANTSHO SA MOGOPOLO

THALA SETSHWANTSHO SA SETLHANGWA

- 1 Baya barutwana mo maemong a a siameng mo mannong a bona, le dibuka tsa bona tsa go kwalela, dipensele le dikherayone.
- 2 **Giragatsa go bontsha fa o bopa setshwantsho mo mogopolong wag ago le go thala setshwantsho sa sengwe go tswa mo setlhangweng jaaka: Vusi o batlile a gogolwa ke metsi.**
- 3 Thala setshwantsho sa gago mo patitšhokong ka: Vusi ka mo nokeng.
- 4 Diragatsa o oketsa ka dipolelo tse 1–2 ka go thala setshwantsho sa setlhangwa jaaka: Vusi ga a ka a reetsa nkgonne wa gagwe. O ne a sa babalesega ka mo nokeng.
- 5 Bolelela barutwana gore bay a go bopa setshwantsho sa mogopolo ka semgwe go tswa mo setlhangweng.
- 6 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape.
- 7 Kopa barutwana go bula matlho a bona mme ba thale selo se le sengwe se ba se bopileng mo megopolong ka setlhangwa.
- 8 Kwa bofelong, kopa barutwana go gadima ba bua, mme ba abelane ka ditshwantsho le molekane.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 6.**
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso.**
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano.**
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposeng ka dikarabo tsa bona.
- 4 Dirisa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.



Mophato 2

KGWEDITHARO 2

Beke

7

THITOKGANG:

Ditso



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa ditso tse di farologaneng.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: ditso tse di nang le kgogedi tsa lefatshe ka bophara.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlathloba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 58 le 59 A re buiseng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 60, A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 62, A re buiseng

Tirwana 4: Thala setshwantso sa setso sa gago kgotsa setšhaba sa gago

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana lentle la kgang ya bukagolo: **Kgang ya ga nkoko.**
- 2 Bolelela barutwana gore le simolola thitokgang e ntšhwa: Ditso
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa thaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke ditso dingwe dife tse o di itseng?
 - b Ke mang yo o nang le setso se se kgethegileng?
 - c Ditso di tswa kae?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - setso
 - keteko
 - setso
 - setšhaba

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana bat samaya ba etsa go rwala le go sikara</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a nku
 - b nkonko

- c monko
- d panka
- e seganka
- f ntlhoka
- g ntlhorisa
- h ntlhapaola
- i ntlhaolela
- j ntlhotlheletsa

- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patit
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Kgang ya ga nkoko
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mant
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Thala le go kwala kgang ka moanelwa yo o batlang go ithuta sengwe mo go mongwe wa lelapa.

TIRO: Thala setshwantsho mme o kwale kgang (dipolelo di le tlhano) Se, e tla nna karolo ya buka phaposi ya kwa sekhuthlwaneng sa puiso.

LETLHOMESO LA GO KWALA:

Ka letsatsi lengwe...

O ne a batla go ithuta...gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tla kwala kgang ka moanelwa yo o batlang go ithuta sengwe mo go mongwe wa lelapa.
- 2 Buisetsa barutwana letlhomeso la go kwala.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Ke akanya gore ke tla kwala ka ngwana yo o batlang go ithuta go bina go tswa mo go mmangwane wa gagwe. O batla go ithuta gone mmangwane wa gagwe o itsege ka go nna sebini se se tlhwatlhwa e bile ke mmimo wa setso o o botlhokwa.
- 5 Diragatsa o thala setshwantsho sa gago, o akanya ka mosetsanyana a bogetse mmangwanaagwe fa a bina.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa letlhomeso la go kwala: Ka letsatsi lengwe, go ne go na le mosetsanyana a bidiwa Palesa. O ne a batla go ithuta mmimo wa Litolobonya go tswa go mmangwanaagwe gonne mongwe le mongwe o ne a bua ka bokgoni ba mmangwanaagwe ba go bina
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa**, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.
- 10 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

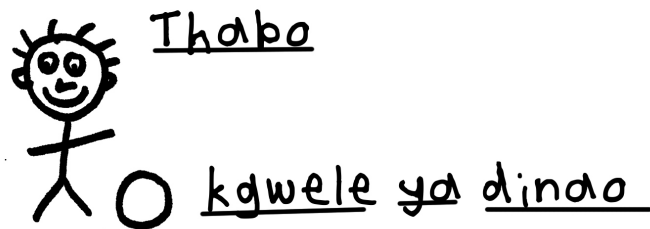
DITAELO TSA MOLOMO

- 1 Botsa barutwana: Moanelwa wa gago e tlile go nna mang?Ke eng se a batlang go se ithuta?
- 2 Laela barutwana go **akanya pele ba kwala**.

- 3 Bitsa barutwana ba le 3–4 go go bolelela dikgang tsa bona.
- 4 Ba tshwanetse go bua jaana: Mo kgannyeng ya me, go tlike go nna le moanelwa a bidiwa... yo o batlang go ithuta...
- 5 Tlhalosa gore jaanong barutwana ba dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposeng mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



Go kile ga bo go na le mosimane a bidiwa

Thabo.

One a patla go ithuta go tsameka kgwele
ya dindo gonne e ne a patla go tsamekela
sethopho sa Bafana Bafana.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 7**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /gwa/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /gwa/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **gwama, gwamisa, mogwapa**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **gwanta, gwama, mogwapa, gwamisa, legwafa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



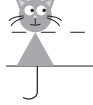
Mokwalo:

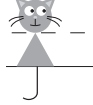
15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanye ka nepagalo: **gwa**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolelela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

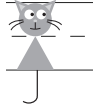
 gwa gwa gwa gwa gwa

 gwanta gwanta

 gwama gwama

 mogwapa mogwapa

 gwamisa gwamisa

 legwafa legwafa

 Ntate o gwamisa mogwapa.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: KE IPOTSA GORE, DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p><u>Kgang ya ga nkoko</u></p> <p>Tebogo ga a ise a ke a bone selo se sentle jaaka dipitsa tse nkokoagwe a di bopileng. Nkokoagwe o dubile letsopa a le tlhakanya le mmu. E nnile jaaka e kete ke dilo tsa maselamose mo go Tebogo. 'Ke batla go bopa dinkgo jaaka wena!' Tebogo a bolelela Nkoko. Nkokoagwe a nyenya fela. 'Ke kakanyo e e siameng eo!' a rialo, 'Ke ithutile go bopa dinkgo ke lekana le wena ka dingwaga!'</p>	<p>Diphopholetso tsa kitso ya me ke gore Tebogo ga a ise a itse go bopa dinkgo. Ke ipotsa gore ke eng a batla go bopa dinkgo? Ijoo! Diphopholetso tsa kitso ya me ke gore Tebogo o kgatlhwa ke nkokoagwe! O a batla, o batla go dira fela jaaka ena!</p>
<p>'Fa ke ne ke le dingwaga di le robedi jaaka wena, ke ne ke rata go lebelela mme fa a bopa dinkgo tsa letsopa. O ne a duba letsopa go tswa mo mmung. O ne a dirisa mabogo a gagwe go dira dinkgo tseo, a bo a di baya mo letsatsing gore di ome. La ntlha fa ke bopa nkgo ya me, o ne a mpontsha go bopa nkgo ka kelotlhoko a e dikolosa gangwe le gape. O ne a mpontsha gore nkgo e kgwarakgwariwa jang go e kgabisa, e nne ntle! Morago ga foo, a mpontsha gore e bewa jang mo letsatsing gore e ome. Fela, bosigong joo fa ke robotse, pula ya simolola go na! Fa ke tsoga, ka fitlhela nkgo e seo. Ka fitlhela fela motlhala wa mmu o mohibidu o ralala tshingwana. Nkgo ya me ya ntlha, ya bo e senyegile!' Nkoko a tshega.</p>	<p>Diphopholetso tsa kitso ya me ke gore nkoko o ithutile go bopa dinkgo go tswa mo go mmaagwe. Ke ipotsa gore ke goreng Tebogo a sa ithute mo go mmaagwe jaaka nkoko a dirile. Ke ipotsa gore a mmaagwe Tebogo a ka bopa dinkgo?</p>
<p>Tebogo o ne a ntse le nkokoagwe, a leka go mo tshwantsha ka mogopolo e le mosetsanyana. 'Goreng o ne o sa rute mme wa me?' ga botsa Tebogo. 'Ijoo, Tebogo, ke lekile!' Nkoko a tshega. Fela mmaago o ne a sa rate go bopa dinkgo! Mmaago o ne a rata go tansa, o ne a tsweletsa moetlo oo wa rona boemong jwa se!'</p>	<p>Nka akanya ka gore mmaagwe Tebogo ga a itse go bopa dinkgo jaaka nkoko. Fa Tebogo a batla go ithuta, o tshwanetse go ithuta go tswa mo go Nkoko!</p>
<p>Nkoko a bontsha Tebogo gore letsopa le dubiwa jang go tswa mo mmung. A bontsha Tebogo gore nkgo e bopiwa jang ka kelotlhoko a ntse a e dikolosa ka kelotlhoko. A mmontsha gore dinkgo tsa gagwe di kgwarakgwariwa jang go di dira dintle. A bontsha Tebogo gore dinkgo di omisiwa jang mo letsatsing. 'O tlaa tlhoka go ikatisa thata!' Nkoko a tlhalosa. Tebogo le Nkoko ba bopa dinkgo mmogo letsatsi lotlhe.</p>	<p>Diphopholetso tsa kitso ya me ke gore go bopa dinkgo ga go bonolo thata. Go na le dikgato tse dintsi mme go tsaya nako e ntsi! Ga ke nagane gore Tebogo o ne a ka kgona go bopa dinkgo a sa thusiwe ke ope!</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Fa dinkgo tsa ga Tebogo di omile mme di phatsima, Tebogo a tlhopha e a leng motlotlo ka yona thata.</p> <p>'A nka tsenya e ka mo ntlong?' Tebogo a botsa nkoko.</p> <p>'Goreng o batla go e tliša mo ntlong?' Nkoko a botsa.</p> <p>Tebogo a leba kwa godimo mo loaping. Go ne go bonala maru kgakajana. Ga ke batle e tšhologa mo puleng, jaaka nkgo ya gago ya ntlha! Tebogo a tšhalosa.</p>	<p>Nka fopholetsa ka kitso ya me gore Tebogo o batla go ipeela nkgo ya gagwe e ntšhwa e a e ratang. Nka fopholetsa ka kitso ya me gore Tebogo ga a batle gore tiro ya gagwe e a e dirileng ka thata e senyege!</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke selo sefe se se ntle go gaisa se Tebogo a kileng a se bona?	Dinkgo tsa ga nkokoagwe.
Nkoko o ne a le dingwaga di le kae fa a ithuta go bopa dinkgo?	Nkoko o ne a na le dingwaga di le robedi, fela jaaka Tebogo.
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Tebogo a batla gore nkoko a mo rute go bopa dinkgo?	<ul style="list-style-type: none"> • Gonne a nagana gore dinkgo tsa ga nkokoagwe di dintle. • Gonne o kgatlhwa ke nkoko, o batla go tshwana le ena! • Gonne mmaagwe Tebogo ga a itse go bopa dinkgo, o tshwanetse go ithuta mo go nkokoagwe. • Gonne go bopa dinkgo ga go bonolo, mongwe o tshwanetse go go bontsha gore go dirwa eng!



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 7**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - mmopa
 - bopa
 - masika otlhe
 - feteletsa

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana bat samaya ba etsa go rwala le go sikara</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophha go tsaya tshweetso ya kgang ya setlhophha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.



**Temogo ya medumopuo le medumopuo:**

15 metsotso

Go itsise modumo le mafoko a mant**GO ITSISE MODUMO**

- 1 Bua modumo mme o bontshe papetlana ya modumo /**kgw**/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /**kgw**/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **kgwara, sekgwa, mokgwaro**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **kgwedi, mokgwaro, sekgwa, makgwakgwa, kgwara**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

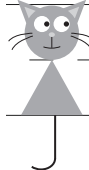
Mafoko: _____


**Mokwalo:**

15 metsotso


go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakannye ka nepagalo: **kgw**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong.
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.

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
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LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Thala le go kwala kgang ka moanelwa yo o batlang go ithuta sengwe mo go mongwe wa losika

TIRO: Thala setshwantsho mme o kwale kgang (dipolelo di le tlhano) Se, e tlile go nna karolo ya bukaphaposi ya kwa sekhutlwaneng sa puiso.

LETLHOMESO LA GO KWALA:

Ka letsatsi lengwe...

O ne a batla go ithuta... gone...

O ne a tsaya tshweetso ya go...

Jaanong...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Gompieno re ya go akanya ka se se tla diragalang ka moanelwa mo kgannyeng. Palesa o ne a batla go ithuta go bina. Gompieno, ke tla kwala ka gore o kopile mmangwanaagwe mme a simolola go ikatisa le ena letsatsi lengwe le lengwe. O rulagantse letsatsi le le kgethegileng la go bina le ba lesika kwa bofelong.
- 5 Diragatsa go oketsa ka dintlha mo setshwantshong sa gago, jaaka lepanta la tshireletso
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: O ne a tsaya tshweetso ya go kopa mmangwanaagwe go mo ruta. Ba ne ba ikatisa mmogo. Palesa o ne a lemoga gore letsatsi la matsalo a ga mmagwe le atumetse. O ne a mo rulaganyetsa tiragatso e e kgethegileng
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa** tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go oketsa ka mafoko mo setshwantshong jaaka: setso, keteko
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka moanelwa yo o batlang go ithuta sengwe se setšhwa.

- 2 Gompieno le ya go oketsa ka dipolelo mo dikgannyeng tsa lona.
- 3 Botsa barutwana: Ke eng se se latelang se se tla diragalang mo kgannyeng?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka mefuta ya dipalangwa tse di leng mo manaaneng a bona.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka se se latelang se se tla diragalang.
- 9 Ba tshwanetse gore: Mo kgannyeng ya me...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

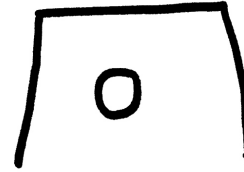
GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.

Thabomotshameki yo e gaisangkgwele ya dindo

Go kile ga bo go na le mosimane a bidiwa
Thabo.

O ne a batla go ithuta go tsameka kgwele
ya dindo gonne e ne a batla go tsamekela
sethlopha sa Bafana Bafana.

O ne a kopa mogoloe gore a mo thuse.

O ne a tswelela go nna mo sethlopheng
sa sekolo mme a nna setshameki se se
gaisang.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 7.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro.**
- 3 Bitsa sethlopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela sethlopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro.**
- 7 Bitsa sethlopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **gwanta**
- 3 Kgaoganya lefoko ka medumo ya lona: /**gwa**/-/**n**/-/**t**/-/**a**/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /**gwa**/
- 5 Bua modumo wa bobedi o o ikemetseng: /**n**/
- 6 Bua modumo wa boraro o o ikemetseng: /**t**/
- 7 Bua modumo wa bofelo wa lefoko: /**a**/
- 8 Kwala lefoko mo patit **gwanta**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /**gwa**/-/**nta**/ = **gwanta**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **kgwedi**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **gwama**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /**gwa**/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /**m**/
- 5 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /**a**/
- 6 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /**gwa**/-/**m**/-/**a**/
- 7 Kwala lefoko: **gwama**
- 8 Laela barutwana go aga lefoko gape mmogo le wena: /**gwa**/-/**ma**/ = **gwama**
- 9 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **sekgwa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: KE IPOTSA GORE, DIRA DIPHOPOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p><u>Kgang ya ga nkoko</u></p> <p>Tebogo ga a ise a ke a bone selo se sentle jaaka dipitsa tse nkokoagwe a di bopileng. Nkokoagwe o dubile letsopa a le tlhakanya le mmu. E nnile jaaka e kete ke dilo tsa maselamose mo go Tebogo. 'Ke batla go bopa dinkgo jaaka wena!' Tebogo a bolelela Nkoko. Nkokoagwe a nyenya fela. 'Ke kakanyo e e siameng eo!' a rialo, 'Ke ithutile go bopa dinkgo ke lekana le wena ka dingwaga!'</p>	<p>Ka kitso ya me nka fopholetsa gore Nkoko o itumeletse go ruta Tebogo gore dinkgo di bopiwa jang, go tshwana le ena! O tshwanetse a bo a ikutlwa a le motlotlo gore setlogolwana sa gagwe se batla go dira se a se dirang!</p>
<p>'Fa ke ne ke le dingwaga di le robedi jaaka wena, ke ne ke rata go lebelela mme fa a bopa dinkgo tsa letsopa. O ne a duba letsopa go tswa mo mmung. O ne a dirisa mabogo a gagwe go dira dinkgo tseo, a bo a di baya mo letsatsing gore di ome. La ntlha fa ke bopa nkgo ya me, o ne a mpontsha go bopa nkgo ka kelotlhoko a e dikolosa gangwe le gape. O ne a mpontsha gore nkgo e kgwarakgwarewa jang go e kgabisa, e nne ntle! Morago ga foo, a mpontsha gore e bewa jang mo letsatsing gore e ome. Fela, bosigong joo fa ke robetse, pula ya simolola go na! Fa ke tsoga, ka fitlhela nkgo e seo. Ka fitlhela fela motlhala wa mmu o mohibidu o ralala tshingwana. Nkgo ya me ya ntlha, ya bo e senyegile!' Nkoko a tshega.</p>	<p>Diphopholetso tsa kitso ya me ke gore letsatsi le nkoko a bopileng dinkgo la ntlha e ne e le letsatsi le le botlhokwa mo botshelong jwa gagwe! Ke mosadimogolo jaanong, fela o sa ntse a gakologelwa kwa morago letsatsi la ntlha fa a bopa dinkgo! O a tshega jaanong, fela ke nagana gore go ne go le jalo ka nkoko yo monnye fa nkgo ya gagwe ya ntlha e senyega!</p>
<p>Tebogo o ne a ntse le nkokoagwe, a leka go mo tshwantsha ka mogopolo e le mosetsanyana. 'Goreng o ne o sa rute mme wa me?' ga botsa Tebogo. 'Joo, Tebogo, ke lekile!' Nkoko a tshega. Fela mmaago o ne a sa rate go bopa dinkgo! Mmaago o ne a rata go tansa, o ne a tseletsa moetlo oo wa rona boemong jwa se!'</p>	<p>Diphopholetso tsa kitso ya me ke gore go bopa dinkgo le go tansa ka bobedi ke meetlo ya losika la gaabo Tebogo. Diphopholetso tsa kitso ya me ke gore Tebogo o kgatlhegela go ithuta moetlo wa go bopa dinkgo go na le moetlo wa go tansa.</p>
<p>Nkoko a bontsha Tebogo gore letsopa le dubiwa jang go tswa mo mmung. A bontsha Tebogo gore nkgo e bopiwa jang ka kelotlhoko a ntse a e dikolosa ka kelotlhoko. A mmontsha gore dinkgo tsa gagwe di kgwarakgwarewa jang go di dira dintle. A bontsha Tebogo gore dinkgo di omisiwa jang mo letsatsing. 'O tlaa tlhoka go ikatisa thata!' Nkoko a tlhalosa. Tebogo le Nkoko ba bopa dinkgo mmogo letsatsi lotlhe.</p>	<p>Diphopholetso tsa kitso ya me ke gore Tebogo o tota a rata go bopa dinkgo. O tshwanetse a bo a itumelela go nna le nkoko. Nka fopholetsa ka kitso ya me gore Tebogo le nkoko ba ne ba bopa dinkgo letsatsi lotlhe! Nka fopholetsa ka kitso ya me gore Tebogo o dira ka thata go ithuta moetlo wa go bopa dinkgo!</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Fa dinkgo tsa ga Tebogo di omile mme di phatsima, Tebogo a tlhopha e a leng motlotlo ka yona thata.</p> <p>'A nka tsenya e ka mo ntlong?' Tebogo a botsa nkoko.</p> <p>'Goreng o batla go e tlisa mo ntlong?' Nkoko a botsa.</p> <p>Tebogo a leba kwa godimo mo loaping. Go ne go bonala maru kgakajana. Ga ke batle e tlhaologa mo puleng, jaaka nkgo ya gago ya ntlha! Tebogo a tlhalosa.</p>	<p>Nka fopholetsa ka kitso ya me gore Tebogo o nagana ka nkgo ya ntlha e nkokoagwe a kileng a e bopa. O tshwanetse a bo a gopola mokgwa o e senyegile ka ona! Nka fopholetsa ka kitso ya me gore Tebogo o tshwenyegile ka gore se se kileng sa diragala, se ka diragalela pitsa ya gagwe ya ntlha!</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Nkoko o rutilwe ke mang go bopa dinkgo?</p>	<p>O ithutile go bopa dinkgo go tswa mo go mmaagwe.</p>
<p>Goreng Tebogo a sa ithuta go bopa dinkgo mo go mmaagwe?</p>	<p>Gonne mmaagwe ga a ke a ithuta go bopa dinkgo.</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>Goreng Tebogo a ne a batla go tsenya nkgo e ntšhwa e a e ratang thata mo ntlong?</p>	<ul style="list-style-type: none"> • Gonne nkgo ya ntlha ya ga nkoko e ne ya senngwa ke pula! • Gonne ke dinkgo tsa ntlha tse Tebogo a kileng a di bopa! Di botlhokwa ka ntlha ya lebaka leo. • Gongwe Tebogo o batla go bontsha mmaagwe gore kwa bofelong a ka kgona go bopa nkgo ka boena. • Gonne Tebogo a bona maru. O gakologelwa gore nkgo ya ntlha ya ga nkoko e ne ya senngwa ke pula. Ga a batle gore nkgo ya gagwe ya ntlha e ka diragalelwa ke se se tshwanang le seo!



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 7**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - kereke
 - maikhutso
 - ditumelo

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana bat samaya ba etsa go rwala le go sikara</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong.
 - a Mo kgannyeng e...
 - b Ke akanya gore Lungi o... gone...
 - c Nka thalathala setshwantsho sa...ka mo pitseng gone...
- 2 Buisetsa barutwana letlhomeso la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopho go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patitšhokong.

gwa	kgw	t
n	m	a
o	p	i
s	l	e
f	d	r

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /gwa/ /kgw/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /gwa/-/m/-/a/ = **gwama**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng. ga ba patelesege go dirisa fela modumo /gwa/ kgotsa /kgw/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /f/-/e/-/l/-/a/ = **fela**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **gwa, kgw**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **gwanta, gwama, mogwapa, gwamisa, legwafa, kgwedi, mokgwaro, sekgwa, makgwakgwa, kgwara, fela, temo, didimala, timola, tsela, tlama, ntoma, mpona**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA

GO ANELA KGANG

- 1 Tlhalosa gore barutwana bat la bua ka dintlha di le pedi tse ba akanyang din e di le bothokwa mo kgannyeng: **Kgang ya ga nkoko**
- 2 Diragatsa go bontsha barutwana gore ba ka naya jang dipolelo di le 1–2 ka diteng tsa kgang jaaka: Ntlha e nngwe e e bothokwa ke gore nkoko wag a Lungi o dira dinkgo tsa mmopa, Ntlha e nngwe e e bothokwa ke gore Nkoko o ithutile go dira dipitsa fa a ne a lekana le Lungi. O ntse a dira dipotsa nako e telele.
- 3 Tsholetsa ditshwantsho tsa Buka kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng.
- 4 Laela barutwana go akanya ka dintlha tse ba akanyang di ne di le bothokwa mo kgannyeng.
- 5 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona ka mo phaposeng, Thusa barutwana go bopa dipolelo tse di feletseng.
- 6 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 7 Laela barutwana go gadima ba bua mme ba abelane ka dikanelo tsa bona le balekane. *(Ba seka ba bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)*



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 7**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.



Mophato 2

KGWEDITHARO 2

Beke

8

THITOKGANG:

Ditso



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa mayalo a a farologaneng
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: dira dipatlisiso tsa manyalo a a farologaneng lefatshe ka bophara.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tthatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 64 le 65, A re kwaleng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 66 le 67, A re buiseng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 68 le 69, A re kwaleng

Tirwana 4: Thala setshwantso sa maikhutso a o a ketekileng

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa monyadi a pere mosese o mosweu ka mo bukakgolong: Kgang ka ga manyalo a mararo.
- 2 Bolelela barutwana gore le simolola thitokgang e ntšhwa: Ditso
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Ke dilo dife tse ditšhwa tse o ithutileng ka setso?
 - b Batho ba ithuta jang ditso tsa bona?
 - c Batho ba ithuta jang ditso tsa ba bangwe?
 - d Ke ditso dife tse di tlwaelegileng mo Aforika Borwa?
 - e Ke eng se o batlang go se itse ka ditso tsa mafatshe a mangwe?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - lenyalo
 - mefuta
 - moletlo

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana ba tsamaya ba etsa go rwala le go sikara</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a gwanta
 - b gwama
 - c mogwapa
 - d gwamisa
 - e legwafa
 - f kgwedi
 - g mokgwaro
 - h sekgwa
 - i makgwakgwa
 - j kgwara
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: **Kgang ka ga manyalo a mararo.**
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala ka setso kgotsa maikhutso ao a ketekileng la ba losika

TIRO: Thala setshwantsho mme o kwale temana ya (dipolelo tse tlhano) ka maitemogelo a a kgethegileng.

LETLHOMESO LA GO KWALA:

Mo lesikeng la me...

Re...

GO DIRAGATSA

- 1 Tlhalosa gore gompiono, barutwana ba tla kwala ka **maitemogelo a bona ka ditso**
- 2 Buisetsa barutwana letlhomeso la go kwala
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Ka letsatsi la maikhutso le ba lesika la me ba le ketekang ke kerešemose. Ka kerešemose re ja kalakune mmogo.
- 5 Diragatsa o thala setshwantsho sa kakanyo ya gago, jaaka: Ba lesika ba dutse mmogo go dikologa kalakune.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa letlhomeso la go kwala: Mo lelapeng la gaetsho re keteka kerešemose mmogo ka metlha.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa**, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlhang ka ona.
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

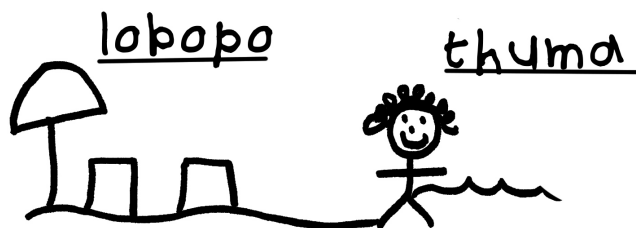
DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke setso kgotsa maikhutso afe a o a ketekang le balesika?
- 2 Laela barutwana go **akanya pele ba kwala**.
- 3 **Tlhalosa gore barutwana batle ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.**
- 4 **Laela barutwana go gadima ba bua le molekane ka ga se ba yang go se kwala.**
- 5 **Naya barutwana metsotso e le 2–3 go gadima ba bua.**
- 6 Bitsa barutwana ba le 3–4 go go bolelela gore ba tlile go kwala ka setso kgotsa maikhutso afe

- 7 Ba tshwanetse go bua jaana: Mo lesikeng la me...
- 8 Tlhalosa gore jaanong barutwana ba tla thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.



Lelapa la rona le ya kwa lobopong
ka letsatsi la ngwaga e montšhwa.
Rotlhe re thuma mo lewatleng.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo.**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo:

15 metsotso

Go itsise modumo le mafoko a mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tlw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: a lo ka akanya ka mafoko a a nang le modumo wa: /tlw/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tlwaela, tlwaologa, petlwana**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tlwaela, kutlwano, petlwana, tlwaologa, mmutlwa**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____




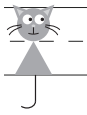
Mokwalo:

15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **tlw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

 tlw tlw tlw tlw

 tlwaela tlwaela

 kutlwano kutlwano

 petlwana petlwana

 tlwaologa tlwaologa

 mmutlwa mmutlwa

 Kutlwano o robile petlwana.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLO, KE IPOTSA GORE

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Hannah, Zodwa le Lerisha ba ne ba ntse mmogo ka fa tlase ga setlhare se segolo sa moakere ba ja dijotshegare tsa bona.</p> <p>'Ke ne ke ile lenyalong mo mafelong a beke!' Hannah a ba begela. 'Go ne go le gontle gore! Monyadiwa o ne a apere mosese o mosweu ka lesira. Ka letsatsi lengwe le nna ke batla go nyalwa ka lesira fela jaaka ena!'</p>	<p>Nka dira setshwantsho sa mogopolo ka mosese o mosweu wa silika, o moleele. O montle e le tota! Nka dira setshwantsho sa mogopolo gape ka monyadiwa a lebeletse monyadi go tswa ka fa tlase ga lesira le le akgegang le le sweu.</p>
<p>'Nkgonne o nyetswe mo ngwageng o o fetileng,' ga araba Zodwa, 'fela ena o ne a sa apara mosese o mosweu. O ne a apere kobo e ntle ya mebalabala le dibaga tse dintsintsi. Fa nka nyalwa, ke batla go apara kobo le dibaga, fela jaaka nkgonne. Fela rona mo setsong sa rona, batho ba bangwe ba nna le lenyalo la bobedi, moo ba aparang mosese o mosweu. Gongwe ke tlaa nna le ona ka bobedi jwa ona fa e le gore nka nyalwa.'</p>	<p>Ke nna le setshwantsho sa mogopolo ka mogoloa Zodwa a rwale dibaga, a lebelega a le montle e bile a galalela ka mebalabala.</p>
<p>'Ke kile ka ya kwa lenyalong la ga ntsalake kwa Durban,' ga rialo Lerisha. 'O ne a sa apara bosweu, kobo kgotsa dibaga. O ne a apere sari e khibidu, e e galalelang mme mabogo a gagwe a khurumeditswe ka mehndi. Fa nka nyalwa, ke batla go apara sari e khibidu e e galalelang, fela jaaka ena!'</p> <p>'Ijoo! Ga ke itse gore kwa teng go ne go na le dilo tse di farologaneng tse di aparang kwa lenyalong,' ga rialo Hannah ka kakanyo e e tseneletseng.</p>	<p>Ke na le setshwantsho sa mogopolo ka mabogo a ga ntsalaagwe Lerisha a a khurumeditsweng ka modiro wa mehndi. Mabogo a gagwe a tshwana le dibenya! O lebelega a le montle tota!</p>
<p>'Karolo e ke e ratileng thata ka lenyalo la ga nkgonne e ne e le Mme le basadi botlhe ba ba nyetsweng ba neng ba rwele dirwalo tsa dibaga tse dintle tsa mebalabala,' ga rialo Zodwa.</p>	<p>Ke na le setshwantsho sa mogopolo sa basadi ba le makgolo botlhe ba rwele dirwalo.</p>
<p>'Kwa lenyalong, le ke neng ke ile kwa go lona, go ne go se ope yo o rweleng serwalo sa dibaga. Ga araba Lerisha.</p> <p>'Karolo e ke e ratileng ke fa ntsalake le monna wa gagwe ba</p> <p>tshwaragane ka matsogo mme ba dira mosako go dikologa molelo o monnye,' a rialo.</p>	<p>Ke na le setshwantsho sa mogopolo sa monyadiwa a apere sari ya gagwe e khibidu e e galalelang. Ke na le setshwantsho sa mogopolo sa batho botlhe ba bogetse!</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Kwa lenyalong le ke neng ke ile kwa go lona, banna botlhe ba ne ba rwele Yarmulkes mo ditlhogong tsa bona, fela basadi bona ba ne ba sa rwala sepe mo ditlhogong!' Fela seo e ne e se karolo e ke e ratileng. Karolo e ke e ratileng ke fa monyadi a itatlhela mo godimo ga galase gore a e thube!' ga rialo Hannah.</p> <p>'Ga ke a ke ka lemoga gore batho ba ba farologaneng ba dira dilo tse di farologaneng kwa manyalong,' Zodwa a rialo ka kakanyo e e tseneletseng.</p>	<p>Ke na le setshwantsho sa mogopolo sa modumo o o kwa godimo wa galase e thubega. Ke na le setshwantsho sa mogopolo sa batho botlhe ba tshega e bile ba duduetsa.</p>
<p>'Dijo tsa kwa lenyalong la ga ntsalake di ne di le monate tota. Go ne go dirilwe bafete e kgolo ka kheri le reisi. Go ne gape go na le disamusa, dijo tse ke di ratang thata! Ga rialo Lerisha.</p>	<p>Ke na le setshwantsho sa mogopolo sa monko o o monate wa kheri o fokela mo moweng!</p>
<p>'Rona re ne re sa je kheri kgotsa disamusa kwa lenyalong le ke neng ke ile kwa go lona. Fela go ne go na le kuku e kgolo ya lenyalo ka ditšhese mo godimo ga yona. Monyadi le monyadiwa ba ne ba sega kuku mme mongwe le mongwe a baya lenathwana la kuku mo sefatlhegong sa yo mongwe! Go ne go tshegisa,' Hannah a swa ka ditshego.</p>	<p>Ke na le setshwantsho sa mogopolo sa monyadiwa le monyadi ba tshega jaaka ba katelana kuku mo melomong! Aese ya teng o fitlhela e tletsetletse gotlhe.</p>
<p>'Ijoo go utlwala go ne go le monate tota! Go ne go sena kheri, disamusa kgotsa kuku kwa lenyalong la ga nkgonne.' Ga rialo Zodwa. 'Fela bomalome ba ne ba tshabile kgomo. Re ne ra ja nama, mosoko le go nwa bojalwa jwa mabele. Bo ne bo le monate tota!'</p> <p>'Ga ke ise ke bo ke akanye ka batho ba ja dijo tse di farologaneng kwa manyalong a a farologaneng,' Lerisha a rialo ka kakanyo e e tseneletseng.</p>	<p>Ke na le setshwantsho sa mogopolo sa baeng botlhe kwa lenyalong ba ntse, mme ba ja mmogo ka boitumelo.</p>
<p>'Go ne go le monate,' ga rialo Hannah. 'Ke rata go ithuta ka ga ditso tse di farologaneng.'</p> <p>'Ijoo! beke e e tlang ke moletlo wa Diwali, ke moletlo wa lesedi,' ga rialo Lerisha.</p> <p>'Goreng lo sa tle ka bobedi jwa lona kwa gae mme lo robale?'</p> <p>Basetsana ba bararo ba ya kwa phaposing ka boitumelo, ba nagana ka ga ditso tsotlhe tse di farologaneng tse ba ka di abelanang.</p>	<p>Ijoo! Se, se nthusa gore ke gakologelwe gore ditso tsa manyalo ke mofuta mongwe fela wa setso. Fela, go na le ditso tse dintantsi tse di farologaneng tse di ka ithutiwang!</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke bomang baanelwa mo kgannyeng e?	Baanelwa ke Hannah, Zodwa le Lerisha.
Ke ditso dife tse dingwe tsa manyalo tse di mo kgannyeng e?	<ul style="list-style-type: none"> • Monyadiwa a apere mosese o mosweu. • Monyadiwa a apere lesira. • Monyadiwa a apere kobo le dibaga. • Monyadiwa a apere sari e khibidu. • Basadi ba rwele dirwalo. • Monyadiwa le monyadi ba dikologa molelo • Monyadi o tlolela mo godimo ga galase • Go ja dijo tsa setso • Monyadi le monyadiwa ba jesana kuku ya lenyalo • Go tllhaba kgomo • Go nwa bojalwa jwa mabele
Potso ya goreng	Dikarabo tse di solofetsweng
Bopa setshwantsho sa mogopolo sa ditso go tswa mo kgannyeng e.	<i>Ke rata gone </i>



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - lesira
 - sari
 - yarmulke
 - mehndi

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana bat samaya ba etsa go rwala le go sikara</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.



**Temogo ya medumopuo le medumopuo:**

15 metsotso

Go itsise modumo le mafoko a mantšhwa**GO ITSISE MODUMO**

- 1 Bua modumo mme o bontshe papetlana ya modumo /ngw/
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: a lo ka aknya ka mafoko a a nang le modume wa /ngw/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **ngwaya, ngwetsi, mongwe**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **ngweega, ngwetsi, mongwe, ngwananyana, ngwaya**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

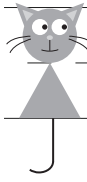
Mafoko: _____

**Mokwalo:**

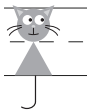
15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanye ka nepagalo: **ngw**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patitšhokong.
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.

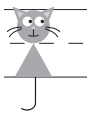
 ngw ngw ngw ngw ngw

 ngweega ngweega

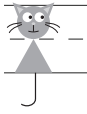
 ngwetsi ngwetsi

 mongwe mongwe

 ngwananyana ngwananyana

 ngwaya ngwaya

 Ngwananyana o ngwaya

 ngwetsi.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala ka setso kgotsa maikhutso a o a ketekang le ba lesika

TIRO: Thala setshwantsho mme o kwale temana (dipolelo di le tlhano) ka maitemogelo a gago a a kgethegileng.

LETLHOMESO LA GO KWALA:

Mo lesikeng la me...

Re...

Gape re...

Ke ikutlwa... gonne...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 3 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 4 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Mongwe le mongwe o bona mpho ka kerešemose. Ke rata setso se gonne se dira gore mongwe le mongwe a kgethege. Go a itumedisa go bona mpho.
- 5 Diragatsa go oketsa mo setshwantshong sa gago jaaka: tsala ya me e ne ya nyeba.
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: Gape re neelana dimpho. Ke ikutlwa ke itumetse ka kerešemose gonne ba lesika ba mmogo. Ke rata go keteka kerešemose.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa** tse di jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go oketsa ka mafoko mo setshwantshong jaaka: setso, ja, keteka jj.
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka setso kgotsa maikhutso a le a ketekang le ba lesika.
- 2 Gompieno fre ya go oketsa ka dipolelo mo kwalong ya rona.
- 3 Botsa barutwana: ke eng gape se o ka re bolelelang ka setso kgotsa maikhutso a o a ketekileng
- 4 Laela barutwana go akanya pele ba kwala.

- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka dikakanyo tsa bona.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka ntlha e nngwe ya setso kgotsa maikhutso a ba a ketekileng le ba lesika.
- 9 Ba tshwanetse gore: Gape re...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

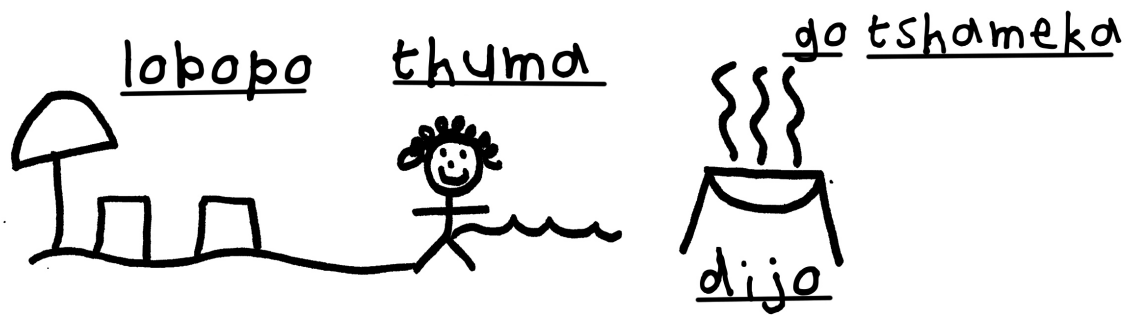
GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.



Lelapa la rona le ya kwa lobopong
ka letsatsi la ngwaga e montšhwa.
Rotlhe re thuma mo lewatleng.
Re apaya dijo re bo re tshameka.
Ke a itumela gone rotlhe re nna
le letlha le le monate ebile re a
tshega.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro.**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Go kgaoganya le go aga mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tlwaela**
- 3 Kgaoganya lefoko ka medumo ya lona: /**tlw**/-/**a**/-/**e**/-/**l**/-/**a**/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /**tlw**/
- 5 Bua modumo wa bobedi o o ikemetseng: /**a**/
- 6 Bua modumo wa boraro o o ikemetseng: /**e**/
- 7 Bua modumo wa bone o o ikemetseng: /**l**/
- 8 Bua modumo wa bofelo wa lefoko: /**a**/
- 9 Kwala lefoko mo patit **tlwaela**
- 10 Diragatsa go aga lefoko gape ka medumo ya lone: /**tlwa**/-/**e**/-/**la**/ = **tlwaela**
- 11 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **mongwe**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **kutlwano**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /**k**/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /**u**/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /**tlw**/
- 6 Botsa barutwana jaana: ke modumo ofe wa bone mo lefokong? /**a**/
- 7 Botsa barutwana jaana: ke modumo ofe wa botlhano mo lefokong? /**n**/
- 8 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /**o**/
- 9 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /**k**/-/**u**/-/**tlw**/-/**a**/-/**n**/-/**o**/
- 10 Kwala lefoko: **kutlwano**
- 11 Laela barutwana go aga lefoko gape mmogo le wena: /**ku**/-/**tlwa**/-/**no**/ = **kutlwano**
- 12 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **ngwetsi**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DIPHOHOLETSA TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Hannah, Zodwa le Lerisha ba ne ba ntse mmogo ka fa tlase ga setlhare se segolo sa moakere ba ja dijotshegare tsa bona.</p> <p>'Ke ne ke ile lenyalong mo mafelong a beke!' Hannah a ba begela. 'Go ne go le gontle gore! Monyadiwa o ne a apere mosese o mosweu ka lesira. Ka letsatsi lengwe le nna ke batla go nyalwa ka lesira fela jaaka ena!'</p>	<p>Ke ithutile gore ditso di ka nna le bokao jo bo kgethegileng kgotsa botlhokwa ka dinako dingwe. Ke ipotsa gore goreng banyadiwa mo setsong se ba rwala lesira? Ke ipotsa gore a go na le lebaka le le kgethegileng la go rwala lesira?</p>
<p>'Nkgonne o nyetswe mo ngwageng o o fetileng,' ga araba Zodwa, 'fela ena o ne a sa apara mosese o mosweu. O ne a apere kobo e ntle ya mebalabala le dibaga tse dintsi. Fa nka nyalwa, ke batla go apara kobo le dibaga, fela jaaka nkgonne. Fela rona mo setsong sa rona, batho ba bangwe ba nna le lenyalo la bobedi, moo ba aparang mosese o mosweu. Gongwe ke tlaa nna le ona ka bobedi jwa ona fa e le gore nka nyalwa.'</p>	<p>Ke ipotsa gore goreng monyadi a apara kobo? Gongwe go apara kobo go na le bokao jo bo kgethegileng?</p>
<p>'Ke kile ka ya kwa lenyalong la ga ntsalake kwa Durban,' ga rialo Lerisha. 'O ne a sa apara bosweu, kobo kgotsa dibaga. O ne a apere sari e khibidu, e e galalelang mme mabogo a gagwe a khurumeditse ka mehndi. Fa nka nyalwa, ke batla go apara sari e khibidu e e galalelang, fela jaaka ena!'</p> <p>'Ijoo! Ga ke itse gore kwa teng go ne go na le dilo tse di farologaneng tse di aparang kwa lenyalong,' ga rialo Hannah ka kakanyo e e tseneletseng.</p>	<p>Ke ipotsa gore goreng banyadiwa mo setsong se ba apara bohobidu? Ke nagana gore go apara sari e khibidu go tshwanetse ga bo go na le bokao bongwe?</p>
<p>'Karolo e ke e ratileng thata ka lenyalo la ga nkgonne e ne e le Mme le basadi botlhe ba ba nyetsweng ba neng ba rwele dirwalo tsa dibaga tse dintle tsa mebalabala,' ga rialo Zodwa.</p>	<p>Ke ipotsa gore botlhokwa jwa setso se ke eng? Go le gantsi ditso di na le bokao.</p>
<p>'Kwa lenyalong, le ke neng ke ile kwa go lona, go ne go se ope yo o rweleng serwalo sa dibaga. Ga araba Lerisha.</p> <p>'Karolo e ke e ratileng ke fa ntsalake le monna wa gagwe ba</p> <p>tshwaragane ka matsogo mme ba dira mosako go dikologa molelo o monnye,' a rialo.</p>	<p>Ke ipotsa gore goreng ba tsamaya go dikologa molelo? Ke ipotsa gore bokao jwa teng ke bofe?</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Kwa lenyalong le ke neng ke ile kwa go lona, banna botlhe ba ne ba rwele Yarmulkes mo ditlhogong tsa bona, fela basadi bona ba ne ba sa rwala sepe mo ditlhogong!' Fela seo e ne e se karolo e ke e ratileng. Karolo e ke e ratileng ke fa monyadi a itatlhela mo godimo ga galase gore a e thube!' ga rialo Hannah.</p> <p>'Ga ke a ke ka lemoga gore batho ba ba farologaneng ba dira dilo tse di farologaneng kwa manyalong,' Zodwa a rialo ka kakanyo e e tseneletseng.</p>	<p>Ke ipotsa gore goreng monyadi a ne a itatlhela mo galaseng le go e thuba? Ke ipotsa gore botlhokwa jo bo kgethegileng jwa go dira jalo ke eng?</p> <p>Kgang e, e ntira gore ke ikutlwe ke šwegašwega go nna le kitso ka ga ditso tsotlhe tsa manyalo tse di farologaneng.</p>
<p>'Dijo tsa kwa lenyalong la ga ntsalake di ne di le monate tota. Go ne go dirilwe bafete e kgolo ka kheri le reisi. Go ne gape go na le disamusa, dijo tse ke di ratang thata! Ga rialo Lerisha.</p>	<p>Ijoo! Ke a itse gore ditso tse di farologaneng di na le mefuta e e farologaneng ya dijo. Ke ipotsa gore a dijo tse di kgethegileng di tshwanetse go nna karolo ya lenyalo?</p>
<p>'Rona re ne re sa je kheri kgotsa disamusa kwa lenyalong le ke neng ke ile kwa go lona. Fela go ne go na le kuku e kgolo ya lenyalo ka ditšhese mo godimo ga yona. Monyadi le monyadiwa ba ne ba sega kuku mme mongwe le mongwe a baya lenathwana la kuku mo sefatlhegong sa yo mongwe! Go ne go tshegisa,' Hannah a swa ka ditshego.</p>	<p>Ke ipotsa gore a go na le botlhokwa bongwe mo go jesaneng kuku kwa lenyalong?</p>
<p>'Ijoo go utlwala go ne go le monate tota! Go ne go sena kheri, disamusa kgotsa kuku kwa lenyalong la ga nkgonne.' Ga rialo Zodwa. 'Fela bomalome ba ne ba tllhabile kgomo. Re ne ra ja nama, mosoko le go nwa bojalwa jwa mabele. Bo ne bo le monate tota!'</p> <p>'Ga ke ise ke bo ke akanye ka batho ba ja dijo tse di farologaneng kwa manyalong a a farologaneng,' Lerisha a rialo ka kakanyo e e tseneletseng.</p>	<p>Ke ipotsa gore goreng go tllhabiswa kgomo? Ke ipotsa gore a go na le botlhokwa bongwe mo setsong go dira jalo?</p>
<p>'Go ne go le monate,' ga rialo Hannah. 'Ke rata go ithuta ka ga ditso tse di farologaneng.'</p> <p>'Ijoo! beke e e tlang ke moletlo wa Diwali, ke moletlo wa lesedi,' ga rialo Lerisha.</p> <p>'Goreng lo sa tle ka bobedi jwa lona kwa gae mme lo robale?'</p> <p>Basetsana ba bararo ba ya kwa phaposing ka boitumelo, ba nagana ka ga ditso tsotlhe tse di farologaneng tse ba ka di abelanang.</p>	<p>Ke ipotsa gore nka ithuta jang go feta ka botlhokwa jwa ditso tsa tsamaiso ya manyalo? Gongwe fa nka dira patlisiso mo inthaneteng, nka ithuta go feta fa?</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
A o setse o kile wa ya kwa lenyalong? Ke setso sefe se o se boneng?	<i>Ke bone</i>
A o ka nagana ka setso sa lenyalo se se seyong mo kgannyeng e?	<i>(Letla barutwana go abelana ka ga ditso dingwe tsa manyalo go tswa mo ditsong tsa bona, kgotsa mo ditsong tse dingwe tse ba nang le kitso ka ga tsona.)</i>
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng baanelwa botlhe ba bone ditso tse di farologaneng kwa manyalong a ba neng ba ile kwa go ona?	<ul style="list-style-type: none"> • Gonne ba ne ba ile kwa manyalong a a farologaneng. • Gonne ba tswa mo ditsong tse di farologaneng. • Gonne merafe e e farologaneng e na le ditso tse di farologaneng tsa manyalo. • Gonne go na le mekgwa e le mentsi ya go tsamaisa lenyalo. • Gonne batho ba tlhopho go akaretsa ditso tse di farologaneng mo manyalong a bona.



Puisokaelo ka ditlhopho

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopho sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopho go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopho sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopho tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - tthaloso
 - moeng
 - monyadiwa
 - monyadi

Raeme kgotsa pina	Ditiragatso
Dikoko, di wela mo lewatleng Fa di fofa, di wela mo lewatleng	<i>Barutwana ba fofa ka matsogo a bona</i>
Banna, ba sikere dilepe Le basadi, ba rwele dinkgwana	<i>Barutwana ba etsa go sikara le go rwala mo tlhogong</i>
Ba tsamaya, ba rwele rwele rwele Ba tsamaya ba rwele rwele rwele	<i>Barutwana bat samaya ba etsa go rwala le go sikara</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala foreimi ya puisano mo patitšhokong.
 - a Mo kgannyeng e...
 - b Lenyalo la setso le ke ithutileng ka lona ke...
 - c Nka rata go ya lenyalong la... gone...
- 2 Buisetsa barutwana letlhomeo la puisano.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 7 Siamisa dikarabo tse di fosagetseng.
- 8 Lebogela ditshwaelo tsa barutwana.



Medumo le medumopuo:

15 metsotso

Go batla mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patitšhokong.

tlw	ngw	l
a	k	e
u	n	o
g	m	t
i	s	y

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tlw/ /ngw/
- 2 Bua medumo yotlhe e o e kwadileng mo patitšhokong.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /ngw/-/a/-/y/-/a/ = **ngwaya**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng. ga ba patelesege go dirisa fela modumo /tlw/ kgotsa /ngw/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /y/-/o/-/n/-/a/ = **yona**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tlw, ngw**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tlwaela, kutlwano, petlwana, tlwaologa, mmutlwa, ngweega, ngwetsi, mongwe, ngwananyana, ngwaya, yona, timola, sisimoga, kgama, ngala, ntoma, nyatsa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA / BOPA SETSHWANTSHO SA MOGOPOLO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Baya barutwana mo maemong a a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a a phepa, dipensele le dikherayone.
- 2 **Diragatsa go bontsha barutwana fa o bopa setshwantsho sa mogopolo jaaka: Ke akanya ka moo ntsalagwe Lerisha a tla lebegang ka teng kwa lenyalong.**
- 3 Thala setshwantsho sa gago mo patitšhokong sa mosadi a apere sari le mehndi.
- 4 Diragatsa go oketsa ka dipolelo di le 1–2 ka setshwantsho sag ago sa kgang jaaka: Ntsalagwe Lerisha o apere sar e khibidu. Gape o ne a apere mehndi mo matsogong a gagwe.
- 5 Morago, bolelela barutwana gore ba ya go bopa setshwantsho sa mogopolo ka ga sengwe go tswa mo setlhangweng.
- 6 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape.
- 7 Kopa barutwana go bula matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang.
- 8 Kwa bofelong, kopa barutwana go gadima ba bue mme ba abelane ka ditshwantsho tsa bona le balekane.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8.**
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso.**
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano.**
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

The background of the entire page is a light gray color with a repeating pattern of small, white, line-art icons. These icons represent various educational fields: science (flasks, atoms, globes), mathematics (calculators, rulers, compasses), arts (pencils, paint palettes), and general learning (books, graduation caps, lightbulbs).

Mophato 2

KGWEDITHARO 2

Beke

9

THITOKGANG:

Nnete kgotsa

maitlhomo



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: dipotso tsa nnete kgotsa maitlhomo.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: Pharologano magareng ga nnete le maitlhomo
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlathloba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 70 le 71 A re buiseng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 72 le 73, A re kwaleng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 74 le 75, A re buiseng

Tirwana 4: Kwala o be o thale sengwe se e leng nnete ka diphologolo

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa okotopase ka mo bukakgolong: A o ne o itse?
- 2 Bolelela barutwana gore le simolola thitokgang e ntšhwa: Nnete kgotsa maitlhomomo
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa thaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Pharologano ke eng magareng ga nnete le maitlhomomo?
 - b Ke dinnete dife tse dingwe tse o di itseng?
 - c Re ithuta nnete kae?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - nnete
 - maitlhomomo
 - nnete
 - ga se nnete

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>



Mokwalo

15 metsotso

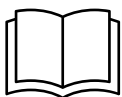
- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a mooki
 - b feela
 - c boa
 - d rwala
 - e ngwedi
 - f roula
 - g tau
 - h mphala
 - i tlwaela
 - j leano
- 3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: **A o ne o itse?**
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala lenaane le le nang le ditlhogo ka ga dinnete tse o di itseng, le tse o batlang go ithuta ka tsona.

TIRO: Kwala lenaane le ditlhogo

LETLHOMESO LA GO KWALA:

Dinnete tse ke di itseng:

- 1 Ke itse gore...
- 2 Ke itse gore...

GO DIRAGATSA

- 1 Tlhalosa gore gompiano, barutwana ba tla kwala ka **dinnete tse ba di itseng**.
- 2 Buisetsa barutwana letlhomeso la go kwala.
- 3 Bua setlhogo (Dinnete tse ke di itseng). Tlhalosa gore setlhogo se re bolelela gore lenaane e tla bo e le ka ga eng.
- 4 Tlhalosa gore gompiano le ya go dira lenaane. Se se raya gore le ya go tlhopha maikaelelo a le mabedi a le nang le ona, mme la kwala lengwe le lengwe fa thoko ga nomoro.
- 5 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 6 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: ke ya go kwala dinnete tse ke di itseng ka Aforika Borwa. Ke itse gore Aforika Borwa e kwa Borwa jwa Zimbabwe. Ke itse gore go na le diporofense di le 9 mo Aforika Borwa.
- 7 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 8 Diragatsa go tlatsa selwana santlha mo lenaaneng: **Ke itse gore Aforika Borwa e na le diporofense di le 9**
- 9 Diragatsa go tlatsa selwana santlha mo lenaaneng: **Ke itse gore Aforika Borwa e kwa Borwa jwa Zimbabwe.**
- 10 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 11 **Dirisa didiriswa**, jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.
- 12 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

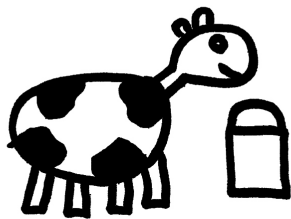
DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke dinnete dife tse o setseng o di itse?
- 2 Laela barutwana go **akanya pele ba kwala**.
- 3 Bitsa barutwana ba le 2–3 go go bolelela ka nnete e le nngwe e ba e itseng
- 4 Ba tshwanetse go bua jaana: Ke itse gore...
- 5 Tlhalosa gore jaanong barutwana ba tla kwala lenaane ka dinnete tse ba setseng ba di itse.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposeng mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.

dikgomo



dinku



Dilo tsa mmanete tse ke di itseng:

1. Ke itse gore dikgomo di re naya mašhi.
2. Ke itse gore dinku di re naya bobod.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 9**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo le medumopuo:

15 metsotso

Boeletsa medumo le mafoko

BOELETSA MEDUMO

- 1 Bua modumo mme o emise papetlana ya medumo yotlhe e e dirilweng mo kgweditharong: /oo/ /ee/ /oa/ /rw/ /ngw/ /ou/ /au/ /mph/ /tlw/ /ea/ /nk/ /ntlh/ /gwa/ /kgw/ /tlw/ /ngw/
- 2 Emisa dipapetlana tsa medumo ka tatelano e e farologaneng mme o kope barutwana go e buisa.
- 3 Kgomaretsa dipapetlana tsa medumo mo patitšhokong.
- 4 Kopa barutwana ba ba farologaneng ba ba mmalwa go tla go bopa mafoko mo patitšhokong.
- 5 Jaanong, kopa barutwana go bopa mafoko a le mantsi ka mo go ka kgonegang mme ba a kwale mo dibukeng tsa bona.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

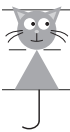


Mokwalo:

15 metsotso

Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitšhokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Seanokeng o apere



seaparo se sentle.

Mosimane o toulala mmoulo
ka kota.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: KE IPOTSA GORE, BOPA SETSHWANTSHO SA MOGOPOLO

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>A o ne o itse?</p> <p>A o ne o itse?</p> <p>Go a kgonega gore o ka ethimola o butse matlho.</p> <p>Ka tlwaelo, re ethimola makgetlho a le mmalwa. Fela, go ethimola go ka tswelala dingwagangwaga!</p> <p>Rekoto ya lefatshe ya go ethimola sebaka e ne e le malatsi a le 976!</p> <p>A o ka akanya o ethimola malatsi a le kalo?</p>	<p>Nka dira setshwantsho sa mogopolo sa mongwe a ethimola phetelela.</p>
<p>A o ne o itse?</p> <p>Dithutlwa le batho ka bobedi ba na le marapo a mokokotlo a le supa mo molaleng.</p> <p>Dithutlwa di dirisa molala o moleele go fitlhelela matlhare mo dikaleng tse di kwa godimo tsa setlhare. Se se kaya gore di ka fitlhelela matlhare a bontsi ba diphologolo di ka se a fitlheleleng!</p>	<p>Ga twe dithutlwa mmogo le batho ba na le marapo a le supa mo melaleng. Dithutlwa di na le melala e meleele thata go feta batho! Nka dira setshwantsho sa mogopolo sa marapo a thutlwa a bapile le a motho. Marapo a thutlwa a tshwanetse go ba a le magolo thata go feta maratswana a molala wa motho!</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
<p>Dithutlwa di na le maleme a maleele gape! Leleme la thutlwa, le leleele moo le kgonang go itatswa tsebe ka lona!</p>	
<p>A o ne o itse?</p> <p>Ditšhimpanse di sikana le batho thata. Ka moo, re tshwana le tsona ka mekgwa e e kgalhisang! Mmogo re na le diatla tse di nang le dikgonojwe, tse di re thusang go tshwara dilo. Re na gape le mekgwa e e tshwanang. Sekao, mmogo batho le ditšhimpanse ba a tšhega fa ba tšhameka, mme ba hakana go bontsha lerato.</p> <p>Ke diphologolo tse di botlhale. Di ka rutiwa go lemoga dipalo gape di ka rutiwa go nepa dipalo ka bonako go feta rona.</p>	<p>Ke dira setshwantsho sa mogopolo sa seatla sa tšhimpanse se bapile le sa motho. Mmogo ba na le menwana le dikgonojwe. Fela, nka dira setshwantsho sa mogopolo sa seatla se se boboa sa tšhimpanse se bapile le se se borethe sa motho.</p>
<p>A o ne o itse?</p> <p>Diphologolo tse dingwe di fetola mebala ka bonako. Di dira se go iphitlha ka tikologo fa di tlhoka go iphitlha. Fa leobu kgotsa oketopase di tsamaya go tswa mo boalong jo bongwe go ya go jo bongwe, mmala wa letlalo la yona o fetogela go tshwana le lemorago le lešwa. Se, se di thusa go iphitlhela baba ba tsona!</p>	<p>Nka dira setshwantsho sa mogopolo sa leobu le eme fa pele ga matlhare. Letlalo la lona le le letala.</p> <p>Jaanong, le a tsamaya le bo le ema mo motlhabeng. Letlalo la lona le fetoga go nna borokwa, go tshwana le motlhaba!</p>
<p>A o ne o itse?</p> <p>Ditshedi tsa lewatle jaaka manyibi, maruarua le ditlhapi tse dikgolo, di rata go ja dioketopase. Dioketopase ga di itshireletse fela ka go fetola mmala. Fa di tshosediwa, di kgona go gasa seedi sa seka-enke go tswa mo mmeleng wa tsona, se se dira metsi go nna letobo mo tikologong ya tsona. Se, se tshwenya le go gakantsha motlhasedi wa tsona.</p>	<p>Nka dira setshwantsho sa mogopolo sa leruarua le tebetse oketopase. Fela, ka bonako oketopase e gasa seedi sa seka-enke mo metsing. E iphitlha ka tikologo! Nka dira setshwantsho sa mogopolo sa leruarua le lebege le tlhakane tlhogo.</p>
<p>A o ne o itse?</p> <p>Ditshepe di kgona go tlolela godimo le kgakala! Ditshepe di kgona go tlolela go fitlha di mitara di le sometharo mo moweng! Tau ya Aforika e kgona go tlolela sekgala sa dimitara di le lesome fa e tebetse sebolawa. Ntlotane ya kwa Australia le yona e kgona go tlolela go fitlha dimitara di le sometharo. Motabogi yo o kwenneng a ka kgona go tlolela fela dimitara di le robedi.</p>	<p>Nka dira setshwantsho sa mogopolo sa tshepe e nnye e tlolela kwa godimo mo moweng. Nka dira setshwantsho sa mogopolo e tlolela sekgwa go se pota ka kwa!</p>
<p>A o ne o itse?</p> <p>Mo diphologolong tsotlhe tse di tlolang, le fa, letsetse e le mampodi! Le kgona go tlolela sekgala sa bolelele jwa mmele wa lona go fitlha go makgolo a le mararo. Tshwantsha se mo gopolong: fa letsetse le le halofo ya sentimitara, le ka go tlolela tlhogo!</p>	<p>Nka dira setshwantsho sa mogopolo sa me ke le mogakamogolo ke tlolela setediamo bonolo! Se se kwa godimo thata! Se, se mpolelela gore matsetse a tlolela kwa godimo thata!</p>

Buka	Puiso ya ntlha (Bua dikakanyo tsa gago)
Fa batho ba ne ba ka kgona go tlola jaaka matsetse, re ne re ka kgona go tlola setediamo go se pota ka kwa!	
A o ne o itse? Go na le dintlha tse dintsi tse di kgatlhisang ka ga diphologolo tse re ka di ithutang mo dibukeng! Ke dintlha dife tse di dintšhwa tse o ratileng go ithuta ka ga tsona?	
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke diphologolo dife tse di kgonang go fetola mmala gore di iphitlhe ka tikologo?	Maobu le dioketopase
Ke diphologolo dife tse di itshwanang le batho ka maitsholo?	Ditšhimpanse di na le mekgwa e e tshwanang le ya batho.
Potso ya goreng	Dikarabo tse di solofetsweng
Na le setshwantsho sa mogopolo ka dintlha tsotlhe tse o di ithutileng mo bukeng e! Ke ntlha efe e o ratileng go e ithuta thata?	Ke ratile go ithuta...



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 9**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

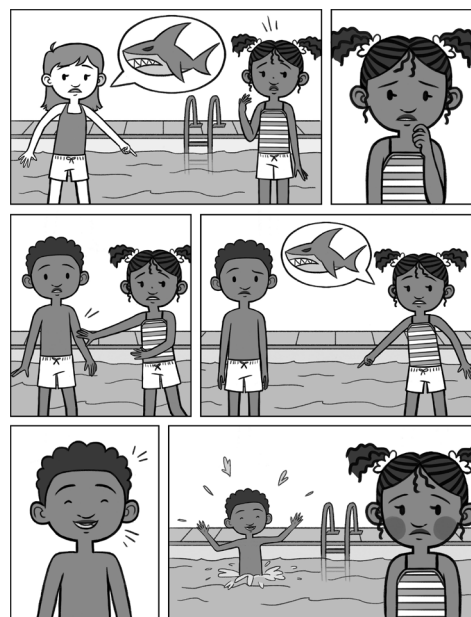
TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - leobu
 - go fitlha
 - maitshwaro

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge	
Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophha go tsaya tshweetso ya kgang ya setlhophha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tloafalo.
- 7 Kopa setlhophha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.



**Temogo ya medumopuo le medumopuo:**

15 metsotso

Boeletsa mafoko**BOELETSA MAFOKO**

- 1 Netefatsa gore dipapetlana tsa mafoko a medumopuo di baakantswe.
- 2 Emisa lefoko lengwe le lengwe mme o kope barutwana ba ba farologaneng go a buisa.
- 3 Fa morutwana a palelwa ke go buis lefoko, mo thuse go le dumisa.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

**Mokwalo:**

15 metsotso

Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitšhokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tshalosetse gore polelo e simolola ka tlhakakgolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Basimane ba rwele merwalo.



Mooki o reka lookwane.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala lenaane le ditlhogo ka dinnete tse o di itseng, mme o batla go ithuta ka tsona.

TIRO: Kwala lenaane le ditlhogo

LETLHOMESO LA GO KWALA:

Dinnete tse ke di itseng

- 1 Ke itse gore...
- 2 Ke itse gore...

Dinnete tse ke batlang go di itse:

- 1 Ke batla go itse...
- 2 Ke batla go itse...

GO DIRAGATSA

- 1 Tlhalosa gore gompiano, barutwana ba tlile go oketsa mo go se ba se kwadileng ka Mosupologo.
- 2 Gompiano ba tla oketsa ka ditlhogo tse di farologaneng. Batla oketsa gape ka dilwana mo lenaaneng ka fa tlase ga setlhogo se sentšhwa.
- 3 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Ke batla go itse dilo di le dintsi tse di farologaneng. Ke batla go itse gore ke naga efe mo Aforika e e nang le batho ba le bantsi go feta. Ke batla gape go itse gore ke naga efe mo Aforika e tona go di feta.
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa selwana sa ntlha mo lenaaneng: Ke batla go itse gore ke naga efe mo Aforika e e nang le batho ba le bantsi go feta.
- 8 Diragatsa go tlatsa selwana sa bobedi mo lenaaneng: Ke batla go itse gore ke naga efe mo Aforika e tona go di feta.
- 9 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 10 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, le akantse ka dinnete tse le di itseng.
- 2 Gompieno re ya go kwala ka dilo tse re batlang go di ithuta.
- 3 Botsa barutwana: Ke dilo dife tse le batlang go di ithuta?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane ka se ba batlang go se itse.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka selo se le sengwe se ba batlang go ithuta sona.
- 9 Ba tshwanetse gore: Ke batla go itse...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.

dikgoma



dinku



bobod



Dilo tsa mmannete tse ke di itseng;

1. Ke itse gore dikgomo di re naya mašhi.
2. Ke itse gore dinku di re naya bobod.

Dilo tse ke batlang go di itse;

1. Ke batla go itse gore ke lefelo lefe le le nang le dikgomo di le dintsi.
2. Ke batla go itse gore re dirang lang ulu go tswa moboboeng jwa dinku.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 9**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Poeletso ya go Kgaoganya le go Kopanya

KE A DIRA.....

- 1 Dirisa mafoko a le mabedi a a dumisiwang ka go tshwana, sekao: **beela; feela**
- 2 Bua lefoko: **beela**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: /b/-/ee/-/l/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /b/
- 5 Bua modumo wa bobedi o o ikemetseng: /ee/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patitshokong: **beela**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko: /bee/-/la/ = **beela**
- 10 Boeletsa se, ka lefoko le le latelang: **feela**

RE A DIRA...

- 1 Dirisa mafoko a mangwe a le mabedi a a dumisiwang ka go tshwana, sekao: **ngwedi; kgwedi**
- 2 Bua lefoko: **ngwedi**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /ngw/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /e/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /d/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /i/
- 7 Kopa barutwana go kgaoganya lefoko ka medumo: /ngw/-/e/-/d/-/i/
- 8 Kwala lefoko: **ngwedi**
- 9 Laela barutwana go kopanya medumo le wena go bopa lefoko: /ngwe/-/di/ = **ngwedi**
- 10 Boeletsa se, ka lefoko le le latelang: **kgwedi**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: KE IPOTSA GORE, BOPA SETSHWANTSHO SA MOGOPOLO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p><u>A o ne o itse?</u></p> <p>A o ne o itse?</p> <p>Go a kgonega gore o ka ethimola o butse matlho.</p> <p>Ka tlwaelo, re ethimola makgetlho a le mmalwa. Fela, go ethimola go ka tswelala dingwagangwaga!</p> <p>Rekoto ya lefatshe ya go ethimola sebaka e ne e le malatsi a le 976!</p> <p>A o ka akanya o ethimola malatsi a le kalo?</p>	<p>Ke dira setshwantsho sa mogopolo ke ethimola malatsi a le 976. Ke ipotsa gore a go ethimola gantsi jalo ga go botlhoko?</p>
<p>A o ne o itse?</p> <p>Dithutlwa le batho ka bobedi ba na le marapo a mokokotlo a le supa mo molaleng.</p> <p>Dithutlwa di dirisa molala o moleele go fitlhelela matlhare mo dikaleng tse di kwa godimo tsa setlhare. Se se kaya gore di ka fitlhelela matlhare a bontsi ba diphologolo di ka se a fitlheleleng!</p> <p>Dithutlwa di na le maleme a maleele gape! Leleme la thutlwa, le leleele moo le kgonang go itatswa tsebe ka lona!</p>	<p>Ke ipotsa gore a go na le phologolo nngwe mo lefatsheng e e nang le molala o moleele go feta wa thutlwa?</p>
<p>A o ne o itse?</p> <p>Ditšhimpanse di sikana le batho thata. Ka moo, re tswana le tsona ka mekgwa e e kgatlisang! Mmogo re na le diatla tse di nang le dikgonojwe, tse di re thusang go tshwara dilo. Re na gape le mekgwa e e tshwanang. Sekao, mmogo batho le ditšhimpanse ba a tshaga fa ba tshameka, mme ba hakana go bontsha lerato.</p> <p>Ke diphologolo tse di botlhale. Di ka rutiwa go lemoga dipalo gape di ka rutiwa go napa dipalo ka bonako go feta rona.</p>	<p>Nka dira setshwantsho sa mogopolo sa ditšhimpanse di tshaga di atlana. Nka dira setshwantsho sa mogopolo sa tšhimpanse e e maboa e nnye e bitsa dipalo. Ke ipotsa gore a ditšhimpanse ke diphologolo tse di botlhale go fetisisa?</p>
<p>A o ne o itse?</p> <p>Diphologolo tse dingwe di fetola mebala ka bonako. Di dira se go iphitlha ka tikologo fa di tlhoka go iphitlha. Fa leobu kgotsa oketopase di tsamaya go tswa mo boalong jo bongwe go ya go jo bongwe, mmala wa letlalo la yona o fetogela go tswana le lemorago le lešwa. Se, se di thusa go iphitlhela baba ba tsona!</p>	<p>Ke ipotsa gore a go na le diphologolo tse dingwe tse di kgonang go iphitlha ka tikologo?</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>A o ne o itse?</p> <p>Ditshedi tsa lewatile jaaka manyibi, maruarua le ditlhapi tse dikgolo, di rata go ja dioketopase. Dioketopase ga di itshireletse fela ka go fetola mmala. Fa di tshosediswa, di kgona go gasa seedi sa seka-enke go tswa mo mmeleng wa tsona, se se dira metsi go nna letobo mo tikologong ya tsona. Se, se tshwenya le go gakantsha motlhasedi wa tsona.</p>	<p>Ke ipotsa gore oketopase e fetogela go mebala efe? A e fetogela go mmala ya metsi fela?</p>
<p>A o ne o itse?</p> <p>Ditshepe di kgona go tlolela godimo le kgakala! Ditshepe di kgona go tlolela go fitlha di mitara di le sometharo mo moweng! Tau ya Aforika e kgona go tlolela sekgala sa dimitara di le lesome fa e tebetse sebolawa. Ntlotane ya kwa Australia le yona e kgona go tlolela go fitlha dimitara di le sometharo. Motabogi yo o kwenneng a ka kgona go tlolela fela dimitara di le robedi.</p>	<p>Ke ipotsa gore nka kgona go tlolela kwa godimo, bogodimo jo bokae?</p>
<p>A o ne o itse?</p> <p>Mo diphologolong tsotlhe tse di tlolang, le fa, letsetse e le mampodi! Le kgona go tlolela sekgala sa boleele jwa mmele wa lona go fitlha go makgolo a le mararo. Tshwantsha se mo gopolong: fa letsetse le le halofo ya sentimitara, le ka go tlolela tlhogo!</p> <p>Fa batho ba ne ba ka kgona go tlolela jaaka matsetse, re ne re ka kgona go tlolela setediamo go se pota ka kwa!</p>	
<p>A o ne o itse?</p> <p>Go na le dintlha tse dintsi tse di kgatlhisang ka ga diphologolo tse re ka di ithutang mo dibukeng! Ke dintlha dife tse di dintšhwa tse o ratileng go ithuta ka ga tsona?</p>	<p>Fa ke fetsa go buisa buka e, ke ipotsa dilo di le dintsi! Dintlha tse di dira gore ke batle go itse go feta.</p>
Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
<p>Fa batho ba ne ba kgona go tlolela jaaka matsetse re ne re ka kgona go tlolela bogodimo jo bokae?</p>	<p>Re ne re ka kgona go tlolela setediamo!</p>
<p>Dithutlwa le batho ba na le marapo a le makae mo molaleng?</p>	<p>Ba na le marapo a le supa.</p>
Potso ya goreng	Dikarabo tse di solofetsweng
<p>O na le dipotso dife fa o fetsa go buisa buka e?</p>	<ul style="list-style-type: none"> • Ke ipotsa gore.... • Ke batla go itse...



Puisokaelo ka ditlhopha

metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 9**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - gasa
 - enke
 - tshwenya
 - motlhasedi

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala foreimi ya puisano mo patitshokong.
Setlhangwa se, se farologana le kgang gonne...
Ke ithutile gore...
Ke ratile/ ga ka rata setlhangwa gonne...
- 2 Baya barutwana ka ditlhotshwana tsa bona.
- 3 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 4 Netefatsa gore barutwana botlhe ba go reeditse.
- 5 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 6 Siamisa dikarabo tse di fosagetseng.
- 7 Lebogela ditshwaelo tsa barutwana.



Temogo ya medumopuo le medumopuo:

15 metsotso

Batla Lefoko

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo yotlhe e e ithutilweng mo kgweditharong e.

oo	ee	rw
a	m	l
ngw	ou	mph
s	b	e
nk	ntlh	gwa
i	g	p
tlw	ngw	oa
u	d	o

DIRAGATSA

- 1 Boeletsa medumo yotlhe e e ikemetseng le e e pataganeng mo patitšhokong.
- 2 Tlhalosetsa barutwana gore ba na le metsotso e le 3 go dira mafoko a le mantsi a ba ka a kgonang ba dirisa medumo e e ikemetseng le e e pataganeng e e fa godimo.

BARUTWANA BA A DIRA

- 1 Bolelela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go batla le go aga mafoko a le mantsi a ba ka a kgonang.
- 4 Letla barutwana go siamisa tiro ya bona
- 5 Kopa barutwana go abelana ka mafoko a ba a agileng, mme o a kwale mo patitšhokong.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA / BOPA SETSHWANTSHO SA MOGOPOLO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Baya barutwana mo maemong a a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a a phepa, dipensele le dikherayone.
- 2 **Diragatsa go bontsha barutwana fa o thala le go bopa setshwantsho sa mogopolo jaaka:** Ke gopola nnete ya gore okotopase e ka gasa enke fa e tllhaselwa.
- 3 Thala setshwantsho sa gago mo patitšhokong sa okotopase e gasa enke, mme e dira gore metsi a a mo tikologong a ntshofale.
- 4 Diragatsa go oketsa ka dipolelo di le 1–2 ka setshwantsho sa gago sa kgang jaaka: Okotopase e ka gasa enke. Enke e ntshofatsa metsi.
- 5 Morago, bolelela barutwana gore ba ya go bopa setshwantsho sa mogopolo ka sengwe go tsa mo setlhangweng.
- 6 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape.
- 7 Kopa barutwana go bula matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang.
- 8 Kwa bofelong, kopa barutwana go gadima ba bue mme ba abelane ka ditshwantsho tsa bona le balekane.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 9.**
- 2 Tllhalosetsa barutwana **tirwana 1 ya Labotlhano.**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso.**
- 6 Tllhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano.**
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

The background of the entire page is a light gray color with a repeating pattern of small, white, line-art icons. These icons represent various educational fields: science (flasks, atoms, globes), mathematics (calculators, rulers, compasses), arts (pencils, paint palettes), and general education (books, graduation caps, lightbulbs).

Mophato 2

KGWEDITHARO 2

Beke

10

THITOKGANG:

Nnete kgotsa

maitlhomo



Ipaakanyetso ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tlileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: buka e buang ka dilo tsa nnete le buka ya dikgang tsa maitlhomo.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: dikgang tsa nnete tse di gogelang tsa lefatshe ka bophara.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maamong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka diriwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 1: Tsebe 76 le 77, A re kwaleng

Tirwana 2: Bukatiro ya DBE 1: Tsebe 78 le 79, A re buiseng

Tirwana 3: Bukatiro ya DBE 1: Tsebe 80 le 81, A re kwaleng

Tirwana 4: Thala setshwantso ka ntlha ya nnete e e gogelang e o ithutileng yona mo bekeng e e fetileng.

Mosupologo



Ditirwana tsa go reetsa le go bua

15 metsotso

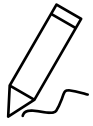
ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa Gugu a reeditse Zolani mo Bukakgolong: Temogo e tona ya ga Gugu
- 2 Bolelela barutwana gore le tswelala ka thitokgang: Nnete kgotsa maitlhom
- 3 Thala tshekeletsa mo patitšhokong mme o kwale leina la thitokgang ka mo gare.
- 4 Botsa barutwana jaana: *Ke eng se lo ithutileng sona ka ga thitokgang?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba palelwa ke go araba, ba botsolotse jaana:
 - a Goreng re tlhoka dinnete?
 - b Goreng re tlhoka maitlhom
 - c O akanya gore dinnedi botlhokwa leng?
 - d O akanya gore maitlhom a botlhokwa leng?

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - utlwile
 - go se tlhaloganye
 - mase
 - phatlha

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>



Mokwalo

15 metsotso

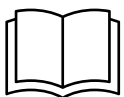
- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 Biletsa barutwana medumo le mafoko a a latelang:
 - a ngwaya
 - b mmutlwa
 - c kgwara
 - d legwafa
 - e ntlhaolela
 - f panka
 - g seaka
 - h setlwa
 - i mphisa
 - j boulela
- 3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong.
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 Metsotso

pele ga puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula kgang ya Bukakgolo: Temogo e tona ya ga Gugu
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantšhwa.
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwala lekwalo go mongwe kwa gae ka ga nnete e o ithutileng yona mo ngwageng o.

TIRO: Kwala lekwalo le le bontshang maikutlo le dikakanyo tsa gago.

LETLHOMESO LA GO KWALA:

... yo o rategang

Mo ngwageng o, ke ithutile ka ...,... le...

Fela, selo se se gogelang go gaisa ke ithutile ka sona ke...

GO DIRAGATSA


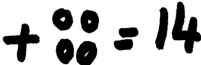

- 1 Tlhalosa gore gompiano, barutwana ba tla simolola go kwalela mongwe lekwalo kwa gae (motsadi, nntemogolo, nkoko, bana ba gaeno jj) ka se ba ithutileng sona mo ngwageng o.
- 2 Tlhalosa gore ba tlile go ya ka makwalo kwa gae go a naya baamogedi kwa bofelong bab eke. Makwalo a, a tla thusa mongwe kwa gae go ithuta ka se re ntseng re ithuta ka sona kwa gae.
- 3 Buisetsa barutwana letlhomeso la go kwala.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Bolelela barutwana ka dikakanyo tse o nang le tsona go tlatsa letlhomeso la go kwala, jaaka: Ke ya go kwalela abuti. Ke a gopola gore re ithutile ka maikutlo, ditso le dipalangwa! Fela selo se ke se ratileng bogolo ke a re ne re buisa ka Haile Gebrselassie mo kgweditharong 1.
- 6 Tlhalosa gore ke mafoko afe a o yang go a kwala. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go tlatsa letlhomeso la go kwala:
Nicholas yo o rategang,
Mo ngwageng o, ke ithutile ka ditso, maikutlo a a farologaneng le ka dipalangwa. Fela selo se se gogelang se ke ithutileng sona ke ka ga Haile Gebrselassie.
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 **Dirisa didiriswa,** jaaka mafoko a go leba le go bua le tlotlofoko ya thitokgang go go thusa go kwala mafoko a o kgaratlang ka ona.
- 10 Phimola sekao sa gago mo patitshokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Botsa barutwana: Ke eng se o ratileng go ithuta ka sona mo ngwageng o?
- 2 Laela barutwana go **akanya pele ba kwala**.
- 3 Tlhalosetsa barutwana gore ba ikakanyetse, **ba seka** ba kopisa dikakanyo tsa gago.
- 4 Laela barutwana go **gadima ba bua** le balekane ka se ba ratileng go ithuta ka sona.
- 5 Naya barutwana metsotso e le 2–3 go gadima ba bua.
- 6 Bitsa barutwana ba le 3–4 go go bolelela ka se ba ratileng go ithuta ka sona bogolo.
- 7 Ba tshwanetse go bua jaana: Selo se se gogelang bogolo ke ithutile ka sona ke...
- 8 Tlhalosa gore jaanong barutwana ba tlaa dirisa letlhomeso la go kwala go thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka tsa go kwalela.
- 2 Fa barutwana ba kwala, tsamayatsamaya ka mo phaposeng mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu ba dirisa didiriswa.
- 6 Rotloetsa barutwana.

maikutlo
 +  = 14
dipalo  go dira diphoso

Sabi yo o rategang,

Monongwaga ke ithutile dipalo, ka ga
maikutlo le ka ga go dira diphoso.

Mme selo se ke se ratileng go gaisa, ke
go ithuta ka ga ditso tse di farologaneng.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labobedi



Temogo ya medumopuo le medumopuo:

15 metsotso

Boeletsa medumo le mafoko

BOELETSA MEDUMO

- 1 Bua modumo mme o emise papetlana ya medumo yotlhe e e dirilweng mo kgweditharong: /oo/ /ee/ /oa/ /rw/ /ngw/ /ou/ /au/ /mph/ /tlw/ /ea/ /nk/ /ntlh/ /gwa/ /kgw/ /tlw/ /ngw/
- 2 Emisa dipapetlana tsa medumo ka tatelano e e farologaneng mme o kope barutwana go e buisa.
- 3 Kgomaretsa dipapetlana tsa medumo mo patitšhokong.
- 4 Kopa barutwana ba ba farologaneng ba ba mmalwa go tla go bopa mafoko mo patitšhokong.
- 5 Jaanong, kopa barutwana go bopa mafoko a le mantsi ka mo go ka kgonegang mme ba a kwale mo dibukeng tsa bona.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Mokwalo:

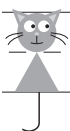
15 metsotso

Poeletso ya ditlhaka / mafoko / dipolelo

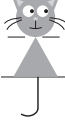
- 1 Bontsha barutwana mo patitšhokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Ngwananyana o ngwaya



ngwetsetsi.

 Ntate o gwamisa
 mogwapa.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Puisokopanelo:

15 metsotso

Puiso ya ntlha

MAANO A TEKOTLHALOGANYO: DIRA DITSHEKATSHEKO

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Gugu o ne a tshamekela kwa ntle ka Lamatlhatso mongwe fa a utlwa kgaitse die, e bong Zolani a bua le tsala ya gagwe. 'Ke buisitse ka gore go ka tswa go na le metsi mo Maseng!' a ba bolelela. 'A ko o gopole fela fa go ne go na le metsi mo Maseng, gongwe go na le botshelo kwa teng? A gakgamalela kwa godimo.</p> <p>Gugu o ne a sa dumele se a se utlwang! O ne a ise a ke a utlwe ka ga botshelo kwa polaneteng e nngwe. 'Fela, fa Zolani a bolelela ditsala tsa gagwe, e tshwanetse ya bo e le nnete! O rata saense, a nagana jalo.</p>	<p>Ijoo! Gugu o dumela gore se kgaitse die a se buang ke ntlha gonne o itse fa a rata saense. Ke dira tshekatsheko ya gore se, e ka tswa e le phoso!</p>
<p>Letsatsi lotlhe fa Gugu a ntse a tshameka, a nagana ka ga metsi le botshelo mo Mars. O ne a setse a itse gore Mars ke polanete e khibidu. O ne a itse gape gore Mars ke polanete ya bone go tswa kwa letsatsing. Gugu o ne a nagana ka makadiba le dinoka, matsha le mawatle mo boalong jwa Mars.</p>	<p>Ke nagana gore Gugu o kopakopanya se a se gopolang mo kakanyong ka ga Mars le <i>dintlha</i> tse a di itseng ka ga saense.</p>

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Ka thapama ya lona letsatsi leo, tsala ya ga Gugu, e bong Yoza o ne a tla go tshameka.</p> <p>'A ko o fopholetse se?' Gugu a mmolelela, 'Ke itsitse mo mosong wa gompiano gore mo Maseng go na le metsi le gore go na le botshelo kwa teng!'</p> <p>'A o na le bonnete jwa seo?' Yoza a botsa ka pelaelo.</p> <p>'Ee! Ke se se builweng ke Zolani, e bile o itse sengwe le sengwe!' Gugu a mo netefaletsa.</p> <p>'Ke botshelo jwa mofuta mang jo bo koo?' ga botsa Yoza.</p> <p>'Ke nagana gore ke jwa dibopiwa tsa kwa Lowe, jaaka dibopiwa tse ditala tse di sa tlwaelegang. Gugu a mmolelela.</p>	<p>Ijoo! Gugu o dira tshakatsheko ya gore 'botshelo' bo kaya 'dibopiwa tse dikgolo tse ditala' le fa e se se Zolani a neng a se bua. Ke nagana gore o fositse go ranola se a se buileng.</p>
<p>Ba ne ba tsena mo ntlong mme ba ntsha letlhare la go kwalela le dikherayone.</p> <p>'Ke ya go thala setshwantsho sa Mase!' Gugu a ba begela.</p> <p>'Ijoo! Ke kakanyo e e siameng tota! Le nna!' ga araba Yoza.</p>	<p>Gugu le Yoza ba dirisa megopolo ya bona. Ga ke nagane gore ba lemoga fa dikakanyo tsa bona tsa boitlhamedi e le maitlhamelwa fela go na le dintlha tsa nnete.</p>
<p>Gugu le Yoza ba nna diura ba thala setshwantsho ka botlalo sa dibopiwa tse di sa tlwaelegang tse di mo Maseng. Gugu a nna le kakanyo ya dibopiwa tse dikgolo tse ditala di ntse mo ditoulong tsa kwa bitšhing tsa mebalabala e e galalelang. Yoza o ne a thala setshwantsho sa sebopiwa se segolo se se sa tlwaelegang se thuma mo letsheng le legolo mo Maseng.</p>	
<p>Fa Yoza a boela gae bosigo joo, o ne a tsamaya ka setshwantsho sa gagwe. O ne a nna fa fatshe le monnawe, e bong Bayethe.</p> <p>'Bona! Se ke ka moo Mase o lebegang ka teng!' Yoza a tlhalosa.</p> <p>'Mase ke eng?' Bayethe a botsa a šwegašwega.</p> <p>'Mase ke polanete e e farologaneng. Ke polanete e khibidu e e nang le makadiba le dinoka, matsha le mawatle! E na le ditshedi tse di sa tlwaelegang tse kgolo tse di nnang kwa teng mme di ya kwa bitšhing!' Yoza a rialo ka go itshepa go go feteletseng.</p>	<p>Ke a bona gore Yoza o dirisa ditshwantsho tse a di thadileng go ruta monnawe dintlha ka ga Mase. Ga ke nagane gore o lemoga gore ditshwantsho tsa gagwe tsa boitlhamedi, ke maitlhamelwa fela go na le dintlha tsa nnete.</p>

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Ke mang yo o go boleletseng dilo tseo? Kgaitse dia Yoza, e bong Themba a botsa, a tshegatshega.</p> <p>'Gugu o utlwile Zolani a rialo. Kana Zolani o itse thata ka ga saense.</p> <p>'Seo ga se se Zolani a se buileng! Themba a tshega. 'Zolani o buisitse ka gore go bonwe metsi mo Maseng. Fela metsi otlhe a a kwa teng a sule dikgapetla! Mme, e bile go ka tswa go na le botshelo gonne botshelo jotlhe fela bo tlhoka metsi, fela ga go ise go bonwe sepe,' Themba a tlhalosa.</p>	<p>Ijoo! Ke nagana gore fa Themba a utlwa bomogolowe ba bua, o ne a lemoga gore Yoza o kopakopantse dintlha le maitlhamelwa fela.</p>
<p>Themba a ntsha founu ya gagwe mme a tlanya lefoko 'metsi mo Maseng' mo go Google. 'Bona!' a rialo, a tsholeletse ditshwantsho gore Yoza le Bayethe ba bone.</p> <p>'O se ke wa dumela sengwe le sengwe se o utlwehang ka ga sona!' ga rialo Themba.</p>	<p>Ijoo! Ditshwantsho di a farologana thata le se Yoza a se thadileng. Ke dira tshekatsheko ya gore ditshwantsho ke tsona dintlha tota.</p>
<p>Mo mosong wa letsatsi le le latelang, Themba a bona Zolani fa kereke e tswa. 'Ke na le kgang e ke batlang go e go bolelela, e e tshegisang,' ga rialo Themba. 'Gugu o go utlwile o re bolelela ka ga metsi a a bonweng mo Maseng. Morago ga foo, a bolelela Yoza gore go na le makadiba le dinoka, matsha le mawatlle mo Maseng! Mme le nna morago ga foo, ka utlwa Yoza a bolelela Bayethe ka ga ditshedi tse di sa tlwaelegang tse kgolo mo bitšhing ya Mase. O ne a dira gore e utlwagale jaaka ntlha ya nnete!' ga rialo Themba. Zolani a simolola go keketega ka ditshego, a tshikinya tlhogo a sa fetse.</p>	<p>Ke nagana gore Themba le Zolani ka bobedi ba nagana gore go fosa go ranola dintlha ga ga Gugu le Yoza ke selo se se tshegisang. Gugu le Yoza ba nagana gore ba na le dintlha tota. Fela bonnet eke gore ba itlhametse kgang e e utlwagalang e tshegisa.</p>
<p>Fa Zolani a boela gae, a fitlhela monnawe. 'Ke na le kgang e e tshegisang e ke batlang go e go bolelela. 'Themba o go utlwile o bolelela Bayethe ka dibopiwa tse di sa tlwaelegang mo bitšhing ya Mase. Yoza o boleletse Themba gore wena o utlwile seo mo go nna!'</p> <p>'Ke go utlwile o bolelela ditsala tsa gago ka ga metsi le botshelo mo Maseng!' ga araba Gugu.</p> <p>'Metsi le botshelo ke dilo tse di farologaneng le makadiba le dinoka, matsha le mawatlle le ditshedi tse ditala tse dikgolo tse di sa tlwaelegang!' Zolani a tlhalosa.</p>	<p>Ke a bona gore Gugu o fositse go ranola se Zolani a se buileng. O ne a nagana gore ka metsi go kaiwa makadiba le dinoka, matsha le mawatlle, fela, metsi a a bonweng mo Maseng a ne a le mannye tota e bile a sule dikgapetla.</p>
<p>Teng foo, a tsholetsa lekwalodikgang. 'O tshwanetse o buise dintlha tsa nnete pele o phatlalatsa magatwe!' ga rialo Zolani, jaaka a simolola go buisetsa kgaitse athikele.</p>	<p>Ke nagana gore Zolani o ne a batla go netefatsa gore Gugu o utlwa ka moo dintlha di farologaneng ka teng le maitlhamo a gagwe.</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Goreng Zolani a ne a bolelela ditsala tsa gagwe se?	O ba boleetse gore go ka tswa go na le metsi mo Maseng. O ne a gakgametse gore a go ka bo go na le botshelo mo Maseng.
Ke botshelo jwa mofuta mang jo Gugu a neng a nagana gore bo ka nna teng mo Maseng?	O ne a nagana gore go ka nna le dibopiwa tse dikgolo tse ditala mo Maseng.
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Gugu a ne a nagana gore go na le makadiba le dinoka, matsha le mawatle le dibopiwa tse dikgolo tse ditala mo Maseng?	<ul style="list-style-type: none"> • Gonne o utlwile mogolowe a bolelela ditsala tsa gagwe ka ga metsi le botshelo jwa mo Mase. • Gonne o fositse thanolo ya se mogolowe a se buileng ka ga metsi le botshelo mo Maseng. • Gonne o dumela mogolowe bonolo fela gonne a rata saense. • Gonne ga a ka a tlhola dintlha, o dumetse fela se a se utlwileng. • Gonne o ne a sa itse gore metsi a a mo Maseng a sule dikgapetla. • Jalo jalo.



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15, laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**
- 7 Bitsa setlhopha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotso

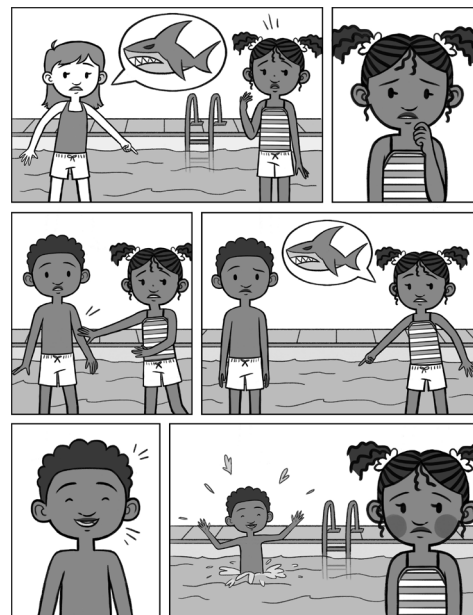
TLOTLOFOKO YA THITOKGANG

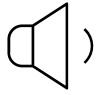
- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - maitlhommo
 - motswantle
 - mmele o o dikolosang letsatsi

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge	
Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>

GO ANELA KGANG YA MAITLHAMELO

- 1 Kgaoganya barutwana ka ditlhotshwana
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopha go tsaya tshweetso ya kgang ya setlhopha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopha tsa bona.
- 8 Leboga barutwana fa ba abelane ka dikgang tsa bona.





Temogo ya medumopuo le medumopuo:

15 metsotso

Boeletsa mafoko

BOELETSA MAFOKO

- 1 Netefatsa gore dipapetlana tsa mafoko a medumopuo di baakantswe.
- 2 Emisa lefoko lengwe le lengwe mme o kope barutwana ba ba farologaneng go a buisa.
- 3 Fa morutwana a palelwa ke go buis lefoko, mo thuse go le dumisa.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

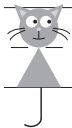


Mokwalo:

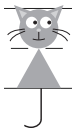
15 metsotso

Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitshokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Ngwana o rata ngwedi.



Mpho o a mphala.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Polelo: _____



Go Kwala:

30 metsotso

Go Rulaganya le Kwalo ya ntlha

SETLHOGO: Kwalela mongwe lekwalo kwa gae ka nnete e e gogelang bogolo, e o ithutileng ka yona mo ngwageng o.

TIRO: Kwala lekwalo le le ntshang maikutlo le dikakanyo tsa gago.

LETLHOMESO LA GO KWALA:

... yo o rategang,

Mo ngwageng o, ke ithutile ka...,... le...

Fela, selo se se gogelang bogolo se ke ithutileng sona ke...

Ke rata go ithuta ...gonne...

Go tsotlhe, ke ikutlwa...ka Mophato wa 2

Ka lerato,

[leina la gago]

GO DIRAGATSA

- 1 Tlhalosa gore gompiono, barutwana ba tlile go oketsa ka dipolelo mo lekwalong le ba le kwadileng ka Mosupologo.
- 2 Tlhalosa gore barutwana bat la tlhalosa ka se ba ratileng go ithuta ka sona.
- 3 Buisetsa barutwana letlhomeso la go kwala le le ntšhwa.
- 4 Diragatsa go bontsha barutwana gore o akanya pele o kwala.
- 5 Tlhalosa dikakanyo tse o nang le tsona tsa go tlatsa dikarolo tse dintšhwa tsa letlhomeso la go kwala, jaaka: Ke ratile go ithuta ka Haile Gebrselassie gonne ke ithutile ka Itopia. Gape ke rata go ithuta ka motabogi gonne ke rata go taboga.
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe.
- 7 Diragatsa go feleletsa letlhomeso la go kwala, jaaka: Ke ratile go ithuta ka Haile Gebrselassie gonne o tswa kwa Itopia. Ke rata go bona dingwe tsa ditshwantsho gore Itopia e lebeja jang. Ke eletsa o kare nkabo ke reeditse nkgonne. Gape ke rata go ithuta ka ena gonne ke rata go taboga, mme le ena ke motabogi.
Ka lerato
Catherine
- 8 **Buela mafoko ka bonya jaaka khudu mme o kwale medumo e o e itseng.**
- 9 Phimola sekao sa gago mo patitšhokong. Tlhalosa gore se, e ne e le sekao fela, barutwana ba tshwanetse go kwala dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Gopotsa barutwana gore ka Mosupologo, ba simolotse go kwala lekwalo ka se ba ithutileng sona mo ngwageng o.
- 2 Gompieno re ya go oketsa ka dipolelo mo kwalong ya rona.
- 3 Botsa barutwana: Ke eng gape se o ka re bolelelang ka sona ka selo se o se ratang go se ithuta mo ngwageng o?
- 4 Laela barutwana go akanya pele ba kwala.
- 5 Tlhalosa gore barutwana ba tshwanetse go tla ka dikakanyo tsa bona – ba seka ba kopisa kakanyo ya gago.
- 6 Laela barutwana go gadima ba bua le molekane go bua ka se ba ithutileng sona le gore goreng ba ratile go ithuta ka sona.
- 7 Naya barutwana metsotso e 2–3 go gadima ba bue.
- 8 Bitsa barutwana ba le 3–4 go go bolelela ka dikakanyo tsa bona.
- 9 Ba tshwanetse gore: Ke ratile go ithuta gonne...
- 10 Tlhalosa gore jaanong barutwana ba tla dirisa letlhomeso la go kwala go thala setshwantsho le go kwala dikakanyo tsa bona.

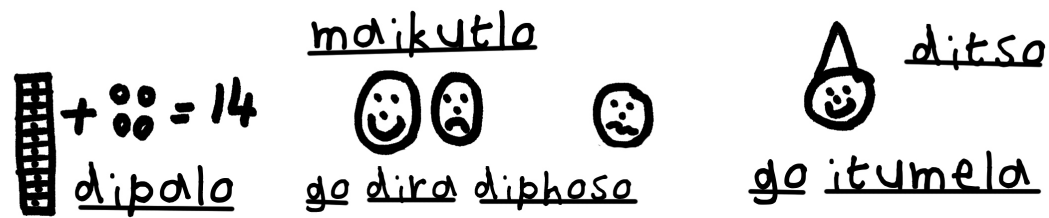
GO KWALA

- 1 **Naya barutwana dibuka tsa go kwalela.** Laela barutwana go batla tirokwalo ya bona ya Mosupologo. Ba tla oketsa mo go yona.
- 2 Fa barutwana ba kwala, tsamaya tsamaya mo phaposing mme o tswalele dikopanonyana.
- 3 Kopa barutwana go buisa se ba se kwadileng.
- 4 Thusa barutwana go tlatsa letlhomeso la go kwala.
- 5 Thusa barutwana go buela mafoko ka bonya jaaka khudu mme ba dirise didiriswa.
- 6 **Rotloetsa barutwana.**

GADIMA O BUE

- 1 Fa go setse metsotso e le 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go gadima ba bue le molekane ka ditshwantsho tsa bona.

Manega tiro e barutwana ba e kwadileng ka mo phaposing, mme e nne mo bogodimong jwa selekano sa barutwana. Se, se thusa barutwana go nna le dipuisano ka thitokgang.



Sabi yo o rategang,

Monongwaga ke ithutile dipalo, ka ga maikutlo le ka ga go dira diphoso.

Mme selo se ke se ratileng go gaisa, ke go ithuta ka ga ditso tse di farologaneng. Ke ratile go ithuta ka ga ditso tse di farologaneng gone jaanong ke lemoga gore batho ga ba dire dilo ka go tshwana.

Ka kakaretso ke itumelela go nna mo mophatong wa bobedi.

Ka lorato,
Boitumelo



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labone



Temogo ya medumopuo le medumopuo:

15 metsotso

Poeletso ya go Kgaoganya le go Kopanya

KE A DIRA.....

- 1 Dirisa mafoko a le mabedi a a dumisiwang ka go tshwana, sekao: **mphala; rwala**
- 2 Bua lefoko: **mphala**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: **/mph/-/a/-/l/-/a/**
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: **/mph/**
- 5 Bua modumo wa bobedi o o ikemetseng: **/a/**
- 6 Bua modumo wa boraro o o ikemetseng: **/l/**
- 7 Bua modumo wa bofelo wa lefoko: **/a/**
- 8 Kwala lefoko mo patitshokong: **mphala**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko: **/mpha/-/la/ = mphala**
- 10 Boeletsa se, ka lefoko le le latelang: **rwala**

RE A DIRA...

- 1 Dirisa mafoko a mangwe a le mabedi a a dumisiwang ka go tshwana, sekao: **nkonko; monko**
- 2 Bua lefoko: **nkonko**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? **/nk/**
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? **/o/**
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? **/nk/**
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? **/o/**
- 7 Kopa barutwana go kgaoganya lefoko ka medumo: **/nk/-/o/-/nk/-/o/**
- 8 Kwala lefoko: **nkonko**
- 9 Laela barutwana go kopanya medumo le wena go bopa lefoko: **/nko/-/nko/ = nkonko**
- 10 Boeletsa se, ka lefoko le le latelang: **monko**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Puiso ya bobedi

MAANO A PUISO: DIRA DITSHEKATSHEKO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Gugu o ne a tshamekela kwa ntle ka Lamatlhatso mongwe fa a utlwa kgaitse die, e bong Zolani a bua le tsala ya gagwe. 'Ke buisitse ka gore go ka tswa go na le metsi mo Maseng!' a ba bolelela. 'A ko o gopole fela fa go ne go na le metsi mo Maseng, gongwe go na le botshelo kwa teng? A gakgamalela kwa godimo.</p> <p>Gugu o ne a sa dumele se a se utlwang! O ne a ise a ke a utlwe ka ga botshelo kwa polaneteng e nngwe. 'Fela, fa Zolani a bolelela ditsala tsa gagwe, e tshwanetse ya bo e le nnete! O rata saense, a nagana jalo.</p>	<p>Ke a gakologelwa gore Gugu o reetsa se, a bo a fosa go ranola se Zolani a se buang! Ke nagana gore o tshwanetse a tlhole dintlha pele! Le fa Zolani a rata saense, seo ga se kaye gore o itse sengwe le sengwe!</p>
<p>Letsatsi lotlhe fa Gugu a ntse a tshameka, a nagana ka ga metsi le botshelo mo Mars. O ne a setse a itse gore Mars ke polanete e khibidu. O ne a itse gape gore Mars ke polanete ya bone go tswa kwa letsatsing. Gugu o ne a nagana ka makadiba le dinoka, matsha le mawatle mo boalong jwa Mars.</p>	<p>Ke nagana gore Gugu o fositse go ranola se kgaitse die a se buileng. O nagana gore o ne a kaya sengwe ka ga metsi mo Mars se a sa se buang!</p>
<p>Ka thapama ya lona letsatsi leo, tsala ya ga Gugu, e bong Yoza o ne a tla go tshameka.</p> <p>'A ko o fopholetse se?' Gugu a mmolelela, 'Ke itsitse mo mosong wa gompiano gore mo Maseng go na le metsi le gore go na le botshelo kwa teng!'</p> <p>'A o na le bonnete jwa seo?' Yoza a botsa ka pelaelo.</p> <p>'Ee! Ke se se builweng ke Zolani, e bile o itse sengwe le sengwe!' Gugu a mo netefaletsa.</p> <p>'Ke botshelo jwa mofuta mang jo bo koo?' ga botsa Yoza.</p> <p>'Ke nagana gore ke jwa dibopiwa tsa kwa Lowe, jaaka dibopiwa tse ditala tse di sa tlwaelegang. Gugu a mmolelela.</p>	<p>Gugu o bolelela tsala ya gagwe sengwe se se farologaneng tota le se Zolani a se buileng! Ke nagana gore e ka nna bothata fa o dumela se o se utlwang kwa ntle ga go tlhola dintlha ka bowena!</p>
<p>Ba ne ba tsena mo ntlong mme ba ntsha letlhare la go kwalela le dikherayone.</p> <p>'Ke ya go thala setshwantsho sa Mase!' Gugu a ba begela.</p> <p>'ljoo! Ke kakanyo e e siameng tota! Le nna!' ga araba Yoza.</p>	

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Gugu le Yoza ba nna diura ba thala setshwantsho ka botlalo sa dibopiwa tse di sa tlwaelegang tse di mo Maseng. Gugu a nna le kakanyo ya dibopiwa tse dikgolo tse ditala di ntse mo ditoulong tsa kwa bitšhing tsa mebalabala e e galalelang. Yoza o ne a thala setshwantsho sa sebopiwa se segolo se se sa tlwaelegang se thuma mo letsheng le legolo mo Maseng.</p>	
<p>Fa Yoza a boela gae bosigo joo, o ne a tsamaya ka setshwantsho sa gagwe. O ne a nna fa fatshe le monnawe, e bong Bayethe.</p> <p>‘Bona! Se ke ka moo Mase o lebegang ka teng!’ Yoza a tlhalosa.</p> <p>‘Mase ke eng?’ Bayethe a botsa a šwegašwega.</p> <p>‘Mase ke polanete e e farologaneng. Ke polanete e khibidu e e nang le makadiba le dinoka, matsha le mawatle! E na le ditschedi tse di sa tlwaelegang tse kgolo tse di nnang kwa teng mme di ya kwa bitšhing!’ Yoza a rialo ka go itshepa go go feteletseng.</p>	<p>Ke nagana gore tsela e Yoza a buang ka yona ka ditshwantsho tsa gagwe, e utlwagala jaaka ntlha go na le maitlhamelwa fela. O tlhagisa dikakanyo tsa gagwe tsa boitlhamedi jaaka e kete ke nnete, go na le go nna dikakanyo go tswa mo maitlhomong a gagwe.</p>
<p>Ke mang yo o go boleletseng dilo tseo? Kgaitse dia Yoza, e bong Themba a botsa, a tshegatshega.</p> <p>‘Gugu o utlwile Zolani a rialo. Kana Zolani o itse thata ka ga saense.</p> <p>‘Seo ga se se Zolani a se buileng! Themba a tshega. ‘Zolani o buisitse ka gore go bonwe metsi mo Maseng. Fela metsi otlhe a a kwa teng a sule dikgapetla! Mme, e bile go ka tswa go na le botshelo gone botshelo jotlhe fela bo tlhoka metsi, fela ga go ise go bonwe sepe,’ Themba a tlhalosa.</p>	<p>Ke nagana gore Themba o batla go netefatsa gore Yoza o bona ka moo dintlha di farologaneng le maitlhomong a gagwe ka teng.</p>
<p>Themba a ntsha founu ya gagwe mme a tlanya lefoko ‘metsi mo Maseng’ mo go Google. ‘Bona!’ a rialo, a tsholeletse ditshwantsho gore Yoza le Bayethe ba bone.</p> <p>‘O se ke wa dumela sengwe le sengwe se o utlhwelang ka ga sona!’ ga rialo Themba.</p>	<p>Ijoo! Themba o dirisa Google go thusa Yoza gore a bone pharologano magareng ga dintlha le dikakanyo tsa maitlhomong. Ke dira tshekatsheko ya gore Google ke tsela nngwe e re ka tlholang gore a dintlha tse re utlhwang ka ga tsona a ke nnete kgotsa nnyaa.</p>

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Mo mosong wa letsatsi le le latelang, Themba a bona Zolani fa kereke e tswa. 'Ke na le kgang e ke batlang go e go bolelela, e e tshegisang,' ga rialo Themba. 'Gugu o go utlwile o re bolelela ka ga metsi a a bonweng mo Maseng. Morago ga foo, a bolelela Yoza gore go na le makadiba le dinoka, matsha le mawatle mo Maseng! Mme le nna morago ga foo, ka utlwa Yoza a bolelela Bayethe ka ga ditshedi tse di sa tlwaelegang tse kgolo mo bitšhing ya Mase. O ne a dira gore e utlwagale jaaka ntlha ya nnete!' ga rialo Themba. Zolani a simolola go keketega ka ditshego, a tshikinya tlhogo a sa fetse.</p>	
<p>Fa Zolani a boela gae, a fitlhela monnawe. 'Ke na le kgang e e tshegisang e ke batlang go e go bolelela. 'Themba o go utlwile o bolelela Bayethe ka dibopiwa tse di sa tlwaelegang mo bitšhing ya Mase. Yoza o boletse Themba gore wena o utlwile seo mo go nna!</p> <p>'Ke go utlwile o bolelela ditsala tsa gago ka ga metsi le botshelo mo Maseng!' ga araba Gugu.</p> <p>'Metsi le botshelo ke dilo tse di farologaneng le makadiba le dinoka, matsha le mawatle le ditshedi tse ditala tse dikgolo tse di sa tlwaelegang!' Zolani a tlhalosa.</p>	<p>Ke nagana gore go nna le maitlhomomo le go nna le boitlhamedi ke dilo tse di botlhokwa. Ke nagana gore go botlhokwa gore re se kopakopanye boitlhamedi le maitlhomomo a dintlha!</p>
<p>Teng foo, a tsholetsa lekwadikgang. 'O tshwanetse o buise dintlha tsa nnete pele o phatlalatsa magatwe!' ga rialo Zolani, jaaka a simolola go buisetsa kgaitسادie athikele.</p>	<p>Ke dira tshakatsheko ya gore Zolani o batla Gugu a tlhologanya botlhokwa jwa go tlhola dintlha. E ka tswa e le bothata jo bogolo fa batho ba phatlalatsa dikakanyo jaaka dintlha tse tota e seng nnete!</p>

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Zolani o ne a itse jang gore kgaitse die o nagana gore go na le dibopiwa tse dikgolo tse ditala mo dibitšhing tsa Mase?	Themba o utlwile Yoza a bolelela monnawe, e bong Bayethe, mme morago Themba a bolelela tsala ya gagwe, e bong Zolani.
Ke dira tshhekatsheko ka ga molaetsa wa kang e. Ke eng se o naganang gore o tshwanetse go se ithuta go tswa mo kgannyeng e?	<i>Ke nagana gore ke tshwanetse go ithuta</i>
Potso ya goreng	Dikarabo tse di solofetsweng
Goreng Zolani a buisetsa kgaitse die athikele ya lekwalodikgang kwa bokhutlong jwa kang?	<ul style="list-style-type: none"> • Gonne o ne a batla gore kgaitse die a utlwe dintlha tsa nnete. • Gonne kgaitse die o utlwile tshedimose tso e e fosagetseng mme o batla go netefatsa gore o bona tshedimose tso e e nepagetseng. • Gonne o ne a sa batle gore kgaitse die a phatlalatse magatwe a a senang nnete. • Gonne o ne a batla gore kgaitse die a bone botlhokwa jwa go buisa diathikele gore a tle a kgone go bona dintlha tsa nnete.



Puisokaelo ka ditlhopha

metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**
- 7 Bitsa setlhopha sa 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Labotlhano



Ditirwana tsa go reetsa le go bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang
 - magatwe
 - athikele
 - patlisiso

Raeme kgotsa pina	Ditiragatso
Dumela tlhe shawe Ga se nna moshawa, ke nna letswai	<i>Barutwana ba dumedisana ka matsogo</i>
Mme ntlha re a tshwana Re tshwana ka eng? A ga se ka mmala	<i>Barutwana ba itshwara diledu</i>
Nyaa, nna ke a tlhapoga, wena ga o tlhapoge	
Wena o shawe nna ke letswai!	<i>Barutwana ba supana ka menwana</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong.
Mo kgannyeng e ...
Ke ratile fa ...
Ke akanya gore kgang e, e kwaletswe go nthuta ...
- 2 Baya barutwana ka ditlhotshwana tsa bona.
- 3 Bolelela barutwana gore mongwe le mongwe o tlile go tsaya karolo mo go arabeng dipotso tsa puisano.
- 4 Netefatsa gore barutwana botlhe ba go reeditse.
- 5 Kopa barutwana ba ba farologaneng kgotsa setlhopha go abelana ka dikarabo tsa bona.
- 6 Siamisa dikarabo tse di fosagetseng.
- 7 Lebogela ditshwaelo tsa barutwana.



Temogo ya medumopuo le medumopuo:

15 metsotso

Batla Lefoko

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo yotlhe e e ithutilweng mo kgweditharong e.

oo	ee	rw
a	m	l
ngw	ou	mph
s	b	e
nk	ntlh	gwa
i	g	p
tlw	ngw	oa
u	d	o

DIRAGATSA

- 1 Boeletsa medumo yotlhe e e ikemetseng le e e pataganeng mo patitšhokong.
- 2 Tlhalosetsa barutwana gore ba na le metsotso e le 3 go dira mafoko a le mantsi a ba ka a kgonang ba dirisa medumo e e ikemetseng le e e pataganeng e e fa godimo.

BARUTWANA BA A DIRA

- 1 Bolelela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go batla le go aga mafoko a le mantsi a ba ka a kgonang.
- 4 Letla barutwana go siamisa tiro ya bona
- 5 Kopa barutwana go abelana ka mafoko a ba a agileng, mme o a kwale mo patitšhokong.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Morago ga Puiso

MAANO A TEKOTLHALOGANYO: SOBOKANYA, DIRA DITSHEKATSHEKO

GO ANELA KGANG

- 1 Tlhalosa gore barutwana ba tla bua ka sengwe se ba se ratang ka kgang: Temogo e tona ya ga Gugu
- 2 Gape ba bua ka ditshekatsheko tse ba ka di dirang ka kgang.
- 3 Diragatsa go bontsha barutwana gore ba ka naya jang dipolelo di le 1–2 ba anela ka sengwe se ba se ratang ebile ba ka dira ditshekatsheko tsa kgang. Jaaka: K e rata gore kgang e, e re ruta ka dinnete ka ga mase, gape e le kgang ya maitlhommo. Go ya ka kakanyo ya me, phoso e Gugu a e dirileng e ka diriwa ke mongwe le mongwe. Ke akanya gore mofuta o wa phoso o diragala ka metlha.
- 4 Tsholetsa ditshwantsho tsa Buka kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng.
- 5 Laela barutwana go akanya ka se ba se ratang le ditshekatsheko tse ba tla di dirang ka kgang.
- 6 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona ka mo phaposeng, Thusa barutwana go bopa dipolelo tse di feletseng.
- 7 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 8 Laela barutwana go gadima ba bua mme ba abelane ka dikanelo tsa bona le balekane. *(Ba seka ba bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)*



Puisokaelo ka ditlhopha

30 metsotso

DITLHOPHA

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana **tirwana 1 ya Labotlhano**.
- 3 Bitsa setlhopha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba 'gadime ba bue', mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse, go rotloetsa barutwana go bua:
 - a **Thitokgang ya beke e ne e le eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafatso tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato e ya beke le beke.

