

**Mophato 1
KGWEDITHARO 3
SETSWANA
PUO
YA GAE
Lenaneothuto**

TSAMAIISO YA GO SIAMISA

Badirammogo ba ba rategang,

Re a lo amogela mo lenaneong la Puo ya Gae la NECT!

Ka kopo tlhokomelang ntlha ya gore didiriswa tsa NECT tsa Puo ya Gae tsa kgweditharo ya ntlha, di dirilwe ka fa tlase ga kgatelelo ya nako. Ka lebaka le, re amogela gore go ka nna le kgonagalo ya gore go nne le ditshiamiso kgotsa diphetogo mo go se se dirilweng.

Re ka rata gore le lona le nne le seabe mo didirisweng tse, mme lo dire le lekoko la rona nako le nako go siamisa le go tokafatsa tiro ya go kwala. Fa o ka fitlhela diphoso, ka kopo latela tsamaiso e e maleba go dira tlaleo:

- 1** Romela molaetsa mo atereseng e e maleba, e e ka fa tlase:

xitsonga@homelanguage.co.za

tshivenda@homelanguage.co.za

sepedi@homelanguage.co.za

siswati@homelanguage.co.za

isizulu@homelanguage.co.za

isindebele@homelanguage.co.za

isixhosa@homelanguage.co.za

sesotho@homelanguage.co.za

setswana@homelanguage.co.za

afrikaans@homelanguage.co.za

english@homelanguage.co.za

- 2** Mo moleng wa setlhogo, kwala leina la tokomane e e batlisisiwang, Sekao: MOPHATO 1 KGWEDITHARO 3, Lenaneothuto, TSEBE 45–47.
- 3** Mo MMELENG WA MOLAETSA, kwala diphetogo tse di tshwanetseng go diriwa kgotsa o dire diphetogo mo lenaneothutong, o gatise letlhare le le nang le diphetogo, mme o le romele mo atereseng e e maleba.
- 4** Fa o na le bothata jo bogolo jwa puo, mme o batla thuso ya potlako, kwala mo moleng wa setlhogo. Sekao: BOPAKI BA MOFUTA WA PUO WA SEDIKA.
- 5** Jaanong, mo mmeleng wa molaetsa, tlhalosa bothata jwa gago.
- 6** Ka kopo romela molaetsa wa gago le leina, maemo le mogala wa gago, gore re kgone go go letsetsa fa go tlhogega puisano.
- 7** **Re lebogela ditshwaelo tsa kitso ya lona e e totobetseng mo lenaneong le! Re batla go netefatsa gore go dirisitswe puo e e lolameng mo ditokomaneng tsa maleme otlhe.**

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Dintlha tsa Tsamaiso

Diphitlhelelo tsa Thuto

Mo kgweditharong e, barutwana ba gago ba tshwanetse go fitlhelela diphitlhelelo tse di latelang:

GO REETSA LE GO BUA

- 1 Barutwana ba tshwanetse go kcona go bua kgotsa go opela diraeme kgotsa dipina di le nne.
- 2 Barutwana ba tshwanetse go kcona go tsaya karolo mo dipuisanong tsa ka mo phaposing go abelana ka kitso ya bona ya pele.
- 3 Barutwana ba tshwanetse go kcona go buisana ka kgang ya puisokopanelo, ba dirisa letlhomeso la puisano jaaka kaedi.
- 4 Barutwana ba tshwanetse go itlhamaela dikgang tsa bona tsa tirwana ya tlhamo ya dikanelokgang.
- 5 Barutwana ba tshwanetse go kcona bua ka kwalo ya bona.
- 6 Barutwana ba tshwanetse go tlhaloganya le go kcona go dirisa nngwe ya tlotlofoko e e latelang

pabalesego	go se babalesege	kotsi	tlhagisa	tlhagiso	temana
gololosega	go fegelwa ga kgololosego	tshweetso	polasetiki	matlakala	thibelo
pampitshana	rulaganya	selā	tlhotlheleditsweng	kgobokanya	setšhaba
tirisanommogo	bitirutu	kotula	nosi	mmogo	nonofa
kgomarela	pula	mmu	huma	kgang	ngangisano
rarabolola	matšato	jaanong / makhubu	kgwetlho	mongwe	setlhophpha
talente/ bokgoni	seipone	seriti	sweu	mogopoloo	dumalana
sa dumalane	tlhopha	popego	tlhopha	bantsi ba akanyang	bonolo
seng bonolo/seng monate	bogolo	lekanya	tsa maemo	makgwakgwa	boleta
gagametse/ thata	bosilika	bodutu	yang gone	letshwao	lora / toro

akanya	kakanyo / mogopololo	bolela / modumo	okola	phetlha	ditlhong
seipato	tila	medumo	kopanya / tswakanya	aga	phatsimang
motlotlo	wela makgwafo	wetse makgwafo	go se ikettle	go itekanelo	go se itekanele
tshepo	pelokgale	itlhokomolosa	ka fa tlase ga	atlhola	dumela
sephiri	mogare	anama	mogare	letshogo	tshedimosetso
batlisisa / patlisiso	tshasa	sesirasefatlhego	bontsha		

TEMOGO YA MEDUMOPUO LE MEDUMOPUO

- 1 Barutwana ba tshwanetse go lemoga dikarolo tsa medumo tse di tlisang pharologano mo mafokong ka kutlo.
- 2 Barutwana ba tshwanetse go lemoga dikarolo tsa medumo tse di tlisang pharologano mo mafokong bonolo.
- 3 Barutwanaba tshwanetse go kopanya le go kgaoganya dikarolo tsa medumo tse di tlisang pharologano mo mafokong tse di latelang.

ph	tl	kg	ng	nt	ny
kw	mp	tsh	gw	tshw	tlh
tsw	rr	tšh	aa		

Barutwana ba tshwanetse go kgaoganya mafoko a a latelang ka dinoko

phala	phaka	phiri	pholo	pheko	tlola
tlotla	tlama	tloga	tlaleya	kgaola	kgora
kgama	kgomo	kgalema	ngapa	ngala	ngata
ngaparela	ngongorega	ntima	ntoma	ntena	ntaola
nyala	nyatsa	nyelela	nyenya	kwala	kwena
kwadisa	kwadi	kwalela	mpona	mpogisa	mpelega
tshipi	tshaba	tshimo	tshela	tshoga	gwama
gwamisa	segwapa	tswala	tswine	tswalela	tswaka
tswela	rrametlae	rremogolo	tšhokolete	tšhisi	tšhotlho
tšhoko	maano	maaka	maatla	maabane	setlaagana

PUISO

Barutwana ba tshwanetse go dumisa kgotsa go kgaoganya ka dinoko mafoko a a latelang

phala	phaka	phiri	pholo	pheko	tlola
tlotla	tlama	tloga	tlaleya	kgaola	kgora
kgama	kgomo	kgalema	ngapa	ngala	ngata
ngaparela	ngongorega	nta	ntima	ntoma	ntena
ntaola	nyala	nyatsa	nyelela	nyenya	kwena
kwadisa	kwadi	kwalela	kwala	mpa	mpona
mpogisa	mpelega	tshipi	tshaba	tshimo	tshela
tshoga	gwama	gwanisa	segwapa	tswala	tswine
tswalela	tswaka	tswela	rre	rrametlae	rremogolo
tšokolete	tšisi	tšotlho	tšoko	maano	maaka
maatla	maabane	setlaagana			

Barutwana ba tshwanetse go kgonago buisa mafoko a a latelang ka tebo

nala	tselana	tsala	gaufi	mmila	polasitiki
bolaya	iletsa	gasagasane	kgotlela	merogo	mmu
kotula	kumula	polase	galefa	gonne	botoka
bonako	maatla	diaparo	reka	rata	jalo
botsa	borokgwe	sentle	fela	jalo	lekana
akanya	buka	mabone	dikago	buisa	kgona
thusa	ithuta	ikutlwa	ntlha	tlamparela	bolao
mokgwa	iketla	atla	itshireletsa	anama	bolaya
tlhapa	mogare				

Barutwana ba tshwanetse go kgonago buisa setlhengwa se se nang le kgolagano jaaka sekao se se latelang:

Go botlhokwa gore batho ba ye go tlhola botsogo jwa bona kwa ngakeng. Batho ba bangwe ba tshaba go tlhatlhobiwa ke ngaka. Fa ba tshwere ke bolwetse ba tshwaetsa batho ba bangwe. Fa o lwala e ya kwa ngakeng o tla fola. Mme o tla tshela sentle.

TEKOTLHALOGANYO

- 1 Barutwana ba tshwanetse go kgonago dira diponelopele tsa setlhengwa ka go buisa ditshwantsho.
- 2 Barutwana ba tshwanetse go gopola diteng tsa setlhengwa.

- 3** Barutwana ba tshwanetse go kgona go anela kgang ka botlalo.
- 4** Barutwana ba tshwanetse go kgona go dira tatelano ya ditiragalo tsa setlhangwa.
- 5** Barutwana ba tshwanetse go simolola go tlhaloganya bokao jwa go bopa setshwantsho sa mogopolo, go dira dikgolagano, go akanya ka dintlha tse di sa umakiwang le go ipotsa dipotso ka ga setlhangwa.
- 6** Barutwana ba tshwanetse go go kgona go akanya ka setlhangwa go tswa kwa tshimologong ba dirisa letlhomeso la puisano.
- 7** Barutwana ba tshwanetse go kgona go araba dipotso tsa tekothlaloganyo ya kwalo.

GO KWALA

- 1** Barutwana ba tshwanetse go kgona go thala setshwantsho se se romelang molaetsa.
- 2** Barutwana ba tshwanetse go kgona go oketsa ka leina/lefoko le le 1–2 mo ditshwantshong tsa bona.
- 3** Barutwana ba tshwanetse go kgona go tlatsa letlhomeso le le khutshwane la go kwala.

PUISOKAELO KA DITLHOPHA

- 1** Barutwana ba tshwanetse go kgona go buisetsa kwa godimo go tswa mo dibukeng tsa puiso tsa tekanyetso, mo ditlhopheng tsa bokgoni jwa bona jwa puiso le morutabana.
- 2** Barutwana ba tshwanetse go nna le bokgoni jwa go dirisa kitso ya medumo, go dirisa methala ya seemo go tlhaloganya le go lemoga mafoko a a dirisiwang gantsi fa ba buisa.
- 3** Barutwana ba tshwanetse go simolola go kgona go itemogela mafoko le go tlhaloganya.

Didiriswa tse di neetsweng



Tlhokomela gore didiriswa tse di neetsweng ke thoto ya sekolo. Didiriswa di tlaa neelwa gangwe fela ka jalo di tshwanwtse go somarelwa le go bolokwa ka kelotlhoko.

Mo kgweditharong ya 1 barutabana ba tlaa neelwa didiriswa tse di latelang:

- 1 Dipati tsa mebala tsa go bontsha × 4**
Dirirsa dipati tse go rulaganya tiro ya beke. Beke nngwe le nngwe bontsha mo dipating: medumopuo le mafoko; mafoko a a tlhagelelang gantsi;tlotlofoko ya thitokgang; ditshwantsho le letlhomeso la go kwala.
- 2 Diphousetara tsa mokwalo**
Manega diphousetara tse kwa pele ka mo phaposing mo barutwana ba tla kgonang go di bona sentle. Barutabana ba mophato wa 1 ba tla newa phousetara ya mokwalo o o gatisitsweng mme ba mophato wa 2 le 3 ba tla newa tsa mokwalo o o gatisitsweng le o o tshwaraganeng.
- 3 Lenaneothuto la kgweditharo 1**
Dirisa lenaneothuto le go itse se o tshwanetseng go se ruta letsatsi lengwe le lengwe. Mekgwathuto e go naya tshedimosetso ya mokgwa wa go ruta thuto nngwe le nngwe.

Mo dibekeng tse pedi tsa kgweditharo ya 1 o tla dirisa lenaneo la tlwaetso le le neetsweng.

4 Mosupatsela wa kgweditharo 1

Dirisa lenaneo le go tlatsa lenaneo la ngwaga la go ruta le thulaganyo ya kgweditharo. Tshwaya mme o kwale letlha le o feditseng go ruta thuto le tirwana nngwe le nngwe ka lone. Akanya ka dithuto tse o di rutileng.

5 Bukakgolo ya Kgweditharo 2

Dirisa bukakgolo fa o ruta puisokopanelo. Go na le dikgang di le robedi mo bukeng e. Buisa kgang e le nngwe beke nngwe le nngwe.

6 Didiriswa tsa Kgweditharo 2

Didiriswa di akaretsa tse di latelang:

- Dipapetlana tsa mafoko a tlotlofoko ya thitokgang, mafoko a a tlhagelelang gantsi, mediumopuo le mafoko. Sega mafoko mme o a boloke ka thulaganyo ya beke le beke. Dirisa mafoko a mo dipating tsa go bontsha.
- Ditshwantsho tsa mafoko a tlotlofoko ya thitokgang di tla newa fa go leng maleba. Di sege mme o di boloke ka thulaganyo ya beke le beke. Di dirise mo pating ya go bontsha.
- O tlide go newa matlhare a go kwalela kgang ya kanelo ya thitokgang nngwe le nngwe. Tse ke ditshwantsho tsa tatelano di le 3 kgotsa 4 tse di anelang kgang. O tla newa matlhare a le 10 mme setlhhotshwana sengwe le sengwe se tla bona lethhare le le lengwe. Dira matlhare a mangwe a a gatisitsweng fa go tlhokega.
- O tla newa letlhare la go rekota dipholo tsa barutwana le ditshwaelo tsa kgweditharo eo.
- Matlhare a barutwana a go dira ka nosi × 8

O tla newa matlhare a barutwana a go dira ka nosi a kgweditharo ya ntlha a beke le beke go simolola ka beke ya bo 3 go ya go ya bo 10. Barutwana ba bangwe ba tla a dirisa fa wena o buisa le setlhophya ka nako ya puisokaelo ka ditlhophya. O tla newa a le 20 mme o tla gatisa a mangwe fa o a tlhoka.



Tsamaiso ya beke le beke: diura di le 7

- 1 Lenaneothuto le le latela tsamaiso e e tshwanang ya beke le beke.
- 2 Se se thusa gore go nne bonolo go morutabana le barutwana go le go le latela.
- 3 Barutwana ba kgona go ipaakanyetsa thuto e e latelang fa ba setse ba itse tsamaiso e.
- 4 Tsamaiso e, e ikaegile mo go CAPS ka tiriso ya diura di le 7 mo bekeng bonnye go ruta puo ya gae.
- 5 Tsamaiso e, e diretswe go dira jaaka lenaneo la dipuo di le pedi ga mmogo le PSRIP ya puo ya sekgorwa.
- 6 Ka kopo bontsha tsamaiso ya lenaneo le mo phaposing ya gago mme o le itse ka tlhogo!

Mosupologo		Labobedi		Laboraro		Labone		Labotlhano	
Puo ya molomo	15			Puo ya molomo	15			Puo ya molomo	15
		Medumopuo	15	Medumopuo	15	Medumopuo	15	Medumopuo	15
Mokwalo	15	Mokwalo	15	Mokwalo	15				
Puisoko-panelo	15	Puisoko-panelo	15			Puisoko-panelo	15	Puisoko-panelo	15
Go kwala	30			Go kwala	30				
Puisokaeloka ditlhophpha	30	Puisokaeloka ditlhophpha	30	Puisokaeloka ditlhophpha	30	Puisokaeloka ditlhophpha	30	Puisokaeloka ditlhophpha	30
1.45	1.15			1.45		1.00		1.15	



Paakanyo ya beke le beke

Ela tlhoko gore le fa lenaneothuto la puogae le fokoleditse barutabana tiro ya go RULAGANYA, go santse go le botlhokwa gore barutabana ba dire PAAKANYO. Tlhophang letsatsi le le lengwe mo bekeng, mme morago ga dithuto le nne mmogo lo dire paakanyo.

Gakologelwa se fa o dira paakanyo:

- 1 Buisa lenaneothuto la beke yotlhe.
- 2 Netefatsa gore o itse le go tlhaloganya mekgwathuto ya dithuto tse o tla di rutang mo bekeng eo. Go botoka go ikgakolola ka go buisa karolo ya ‘Mekgwathuto’ mo lenaneothutong la gago.
- 3 Jaanong netefatsa gore o tlide go tlhoka dipapetlana tsa mafoko, ditshwantsho tsa tlotlofoko ya thitokgang, mafoko a a tlhagelelang gantsi, medumopuo le letlhomeso la go kwala dife.
 - a Segu dipapetlana tsa mafoko le ditshwantsho.
 - b Leka go di kgomaretsa mo khatebokosong kgotsa mo pampering.
 - c Fa go kgonega a phuthele ka polasitiki go a sireletsu.
 - d Baya dipapetlana tsa mafoko a beke mmogo, o ka a tsenya mo enfelopong kgotsa wa a bofa ka rekere.
- 4 Kgobokanya didiriswa dingwe tse o tla di tlhokang, e ka nna ditshwantsho kgotsa dilwana tsa nnete.
- 5 Netefatsa gore a bukagolo ya gago e mo maemong a a siameng.
- 6 Buisa ditirwana tsa DBE tse o tla di dirang.
- 7 Ikatisetse thuto ya mokwalo.
- 8 Netefatsa gore o tladitse mosupatsela wa gago mo bekeng e e fetileng mme o akanye ka tswelopele ya gago



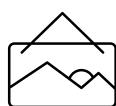
Dithitokgang le lenaneo la puiso

NOMORO YA BEKE	THITOKGANG	SETLHANGWA SA PUISOKOPANELO	LETLHARE LA TIRO LA GO BUISA
1	Gotlhe kwa toropong	Nna ka pabalesego Lesego!	1
2	Gotlhe kwa toropong	Salang Sentle Dikgetsana tsa Polasetiki	2
3	Go dira mmogo	Bitirute e kgolo	3
4	Go dira mmogo	Bitirute e kgolo	4
5	Gotlhe ka ga diaparo	Sekipa sa ga Botlhale se se ntšhwa	5
6	Gotlhe ka ga diaparo	Borokgwe jo bo ntekanang	6
7	Go buisa go a itumedisa!	Buka ya ga Botlhale e ntšhwa	7
8	Go buisa go a itumedisa!	Mogau o ithuta go buisa	8
9	Go tshola mmele wa rona o le phepha ebile o itekanetse	Lesego o ikutlwa a sa iketla	9
10	Go tshola mmele wa rona o le phepha ebile o itekanetse	Hulisani o nna ka pabalesego	10



Lenaneo la tlhatlhobo ya kgweditharo 1

Lenaneo la Tlhatlhobo le tlhamilwe go tsamaisana le Karolo 4 e e khutshwafaditsweng ya CAPS. Se se ka fitlhelwa kwa morago mo mosupatseleng wa kgweditharo nngwe le nngwe.



Dipontsho tsa ka mo phaphosing

DIPATI TSA GO BONTSHA

- 1 Kwa ntle ga lenaneo le, o tlie go newa dipati tsa pontsho tse di dikgolo tsa mebala e e farologaneng di le nne.
- 2 Pati ya mmala mongwe le mongwe e tla bontsha mafoko a beke a a farologaneng.
- 3 Dirisa dipati tse ka mokgwa o o latelang:
 - a Pati ya botala jwa tlhaga – bontsha mafoko a tlotlofoko ya thitokgang le ditswhantsho tsa beke eo.
 - b Pati ya botala jwa legodimo – bontsha mafoko a a tlhagelelang gantsi a beke eo.
 - c Pati e e serolwana – bontsha mafoko a medumopuo le mafoko a beke eo.
 - d Pati e pinki –bontsha letlhomeso la go kwala la beke eo.

- 4** Mafoko a a mo dipating a tshwanetse go fetolwa beke le beke.
- 5** Se tlogele mafoko a ngwaga otlhe mo loboteng lwa phaposi. Se, se ka dira gore barutwana ba tlhakane tlhogo. Bontsha fela mafoko a a tsamaisanang le thitokgang.
- 6** Fa o se na go pagolola mafoko le ditshwantsho di boloke sentle mo difaeleng.
- 7** Tlhokomela mafoko a gore o kgone go a dirisa gape mo ngwageng o o latelang.

TAFOLE YA DIPONTSHO TSA THITOKGANG

- 1** Leka go dira tafole ya dipontsho tsa thitokgang mo phaphosing ya gago.
- 2** Baya ditshwantsho le dilwana tsa nnete tse di tsamaisanang le thitokgang.
- 3** Kwala maina a dilwana tse gore barutwana ba kgone go ithuta tlotlofoko e.

Mekgwathuto



Tsamaiso ya ka mo phaposing

Tse ke dikaedi tsa konokono tsa tsamaiso ya ka mo phaposing di akaretsa le ‘mekgwathuto’. Dikaedi tse di dirirsiwa ka dinako tsotlhe mo lenaneong le, ka jalo go botlhokwa go di itse sentle.

Maikaelelo: Go tokafatsa tiriso ya nako, maitseo a barutwana le tirisano mmogo ya barutwana. Go fokotsa go iteega tsebe ga barutwana fa dithuto di tsweletse. Go dirisa metshameko ka katlego mo go ithuteng.

GO RULAGANYA GO NNA GA BARUTWANA LE GO BA KGAOGANYA KA DITLHOTSHWANA

- 1 Ela tlhoko ka fa o nnisang barutwana ka mo phaposing.
- 2 Fa o dira se, ela tlhoko tse di latelang:
 - a **Go nna ka bokgoni jo bo sa tshwaneng** – Ga go botlhale gore barutwana ba ba nang le bokgoni ba nne mmogo mme ba ba kgaratlhang le bone ba nne mmogo. Tlhakanya barutwana ka bokgoni jo bo sa tshwaneng gore phaposi e nne lefelo la bokgoni jo bo tlhakaneng.
 - b **Nnisa barutwana ka kelothhoko gore go se nne le dikgotlhang le modumo o o sa tlhokagaleng.** Barutwana ba ba lwang ba se nne mmogo, le ba ba buang bobe ba se nne mmogo. Efoga mathata a ka go kgaoganya barutwana ba.
- 3 Mo lenaneong la thuto le, go ditirwana di le mmalwa fela tse di tlhokang gore barutwana ba di dire ka ditlhhotshwana.
- 4 Baya barutwana ka ditlhophpha tsa barutwana ba le 3–4 mo setlhopheng. Se, se tla thusa gore go nne bonolo gore barutwana ba dire sentle ntle le go tlalatlala.
- 5 Fa barutwana ba nna ka mela, tsela e e bonolo ya go dira ditlhhotshwana ke gore barutwana ba le babedi ba nne fa pele gore ba kgone go retologa mme ba lebe barutwana ba mola o o ka fa morago. Ka go dira jalo ba tla bopa setlhophpha sa ba le bane ka bonako
- 6 Se letle barutwana go itseela ditshweetso ka se. Dira tshweetso ya gore o bopa ditlhhotshwana jang mme o katise barutwana go ya kwa ditlhopheng tsa bona ka bonako le ka tidimalo.
- 7 Fa o lemoga gore go dira ditlhophpha ga go go tswele mosola, dira diphetogo mo ditlhopheng. O seke wa gapeletsa barutwana go dira mmogo.

TSAMAISO YA PUISANO YA DITLHOPHA.

- 1 Mo lenaneong la thuto le, go na le ditirwana dile mmalwa tse di tlhokang gore barutwana ba nne le dipuisano tsa ditlhophpha.

- 2** Katisa barutwana go dira se jaana:
 - a** Sa ntlha barutwana ba tshwanatse go nna ka ditlhophpha tsa bone
 - b** Morago barutwana ba tshwanetse go ela tlhoko dipotso tsa puisano kgotsa lethomeso.
 - c** Jaanong morutwana mongwe le mongwe o tshwanetse go newa tšhono ya go araba potso nngwe le nngwe.
 - Morutwana 1 o araba potso 1
 - Morutwana 2 o araba pits 1
 - Morutwana 3 o araba potso 1
 - Morutwana 4 o araba potso 1
 - Morutwana 1 o araba potso 2
 - Morutwana 2 o araba potso 2
 - Morutwana 3 o araba potso 2
 - Morutwana 4 o araba potso 2
 - Jalojalo
- 3** O ka dirisa kotana/leje/sengwe fela jaaka tetla ya go bua.
 - a** Naya setlhophpha sengwe le sengwe kotana e e mebala kgotsa leje la tetla ya go bua.
 - b** Morutwana yo o tshwereng tetla ya go bua ke ene fela a buang fa ba bangwe ba reeditse ka tlhoafalo.
 - c** Fa morutwana wa ntlha a feditse go bua o fetisetsa tetla ya go bua go morutwana yo mongwe, mme ba tswelela pele jalo.
- 4** Fa setlhophpha se tshwanetse go bua morago ga fa mongwe le mongwe a arabile dipotso, setlhophpha se ka tsaya tshweetso ka ga dikarabo tse di gaisitseng tsa potso nngwe le nngwe.

DITIRWANA TSE DI FAROLOGANENG TSA PUISO

- 1** Ka nako ya puisokaelo ka ditlhophpha morutabana o dira le ditlhophpha di le pedi.
- 2** Mo gare ga ditlhophpha tse pedi tse, go botlhokwa gore go nne le khefu pele barutwana ba simolola go dira tirwana ya matlharetiro a go buisa.
- 3** Dira se jaana:
 - a** Fa o feditse go dira le setlhophpha, ba laele go boela kwa mannong a bone.
 - b** Netefatsa gore barutwana botlhe ba go reeditse.
 - c** Dira tirwana e e farologaneng ya puiso le barutwana botlhe.
 - d** Laela barutwana go ya go nna ka matlharetiro a go buisa.
 - e** Ba tlhalosetse tirwana e e latelang mo matlharetirong a go buisa.
 - f** Gakolola barutwana gore ba feleletse tirwana ya ntlha pele ba dira e e latelang mme morutwana mongwe le mongwe a dire ka nosi.
 - g** Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 4** Mo kgweditharong ya 1, re lo gakolola go dirisa ditirwana tse nne tse di farologaneng tsa puiso tse le barutwana.

Tirwana 1: Morutabana a re

- 1 Laela barutwana go ema.
- 2 Tlhalosa gore o ya go dira metsamao e e farologaneng jaaka: go itshwara tlhogo, go fofisa khaete, go tshikinya dinko, go tlola gararo; jj.
- 3 Fa o re ‘morutabana a re’ barutwana ba tshwanetse go dira.
- 4 Fa o sa re ‘morutabana a re’ barutwana ba seka ba dira.
- 5 Fa morutwana a ka dira sengwe o sa re’ morutabana a re’ morutwana yoo, o a tswa mo motshamekong.
- 6 Mofenyi ke morutwana yo o setseng fa botlhe ba dule mo motshamekong.

Tirwana 2: Moletlo wa mmino

- 1 Laela barutwana go ema.
- 2 Ba bolelele gore o ya go ba tshamekela mmino.
- 3 Fa barutwana ba utlwa mmino, ba tshwanetse go bina.
- 4 Fa o emisa mmino le bone ba tshwanetse go ema ba sa tshikinyege.
- 5 Tshameka mmino le go o emisa makgetlonyana gore barutwana ba bine le go ema ba sa tshikinyege makgetlonyana.

Tirwana 3: Tshikinyega, tshikinyega, se tshikinyege.

- 1 Laela barutwana go ema.
- 2 Bua jaana: tshikinyega, tshikinyega, tshikinyega, se tshikinyege!
- 3 Barutwana ba bua se mmogo le wena fa ba ntse ba itshikinya
- 4 Fa o re ‘se tshikinyege’ ba eme tsi ka tidimalo!
- 5 Boeletsa se ka makgetlo a le mmalwa

Tirwana 4: Nna le setilo sa me

- 1 Laela barutwana go ema gaufi le ditilo tsa bone mme ba katologane.
- 2 Bolelela barutwana go latela ditaelo tsa gago mme ba dire se ka bonako.
- 3 Maikaelelo ke go thusa barutwana go gakologelwa makaedi.
- 4 Naya ditaelo jaana:
 - ema ka fa morago ga setilo sa gago.
 - tsholetsa setilo sa gago
 - pagama mo godimo ga setilo sa gago.
 - tlola setilo sa gago
 - jj



Ditirwana tsa Molomo

O tlie go dira ditirwana tsa molomo mo tshimologong ya dithuto tsa puo ya gae ka Mosupologo, Laboraro le Labothlano. Tse ke ditirwana tsa go reetsa le go bua tsa lenaneo. Di dirilwe ka kelothhoko go naya morutwana mongwe le mongwe tšhono ya go bua.

Ruta mafoko a thitokgang

Maikaelelo: Go tsweletsa maemo a barutwana a go tlhaloganya, go akanya ga maemo a a kwa godimo le tiriso ya mafoko a thuto gore ba nne le tswelelopele mo go buiseng le go tlhaloganya se ba se buisang le kitsokakaretso. Go naya barutwana puo e e maleba e ba tla e dirisang ka bottlalo le botswererere mo kgatong ya magareng.

- 1 Ruta barutwana mafoko a thitokgang a le mararo a mantšhwa.
- 2 Dirisa mokgwathuto wa ‘SDTB’ go ruta tlolofoko e ntšhwa.
- 3 SDTB ke khutswafatso ya Supa, Diragatsa, Thalosa, Bua.
- 4 Ga go kgonege gore o ka dirisa ‘SDTB’ mo lefokong lengwe le lengwe la thitokgang – dira se se maleba.
 - a S – SUPA setshwantsho kgotsa sediriswa sa nneta fa go tlhokega.
 - b D – DIRAGATSA lefoko la thitokgang fa go kgonega.
 - c T – TLHALOSETSA barutwana bokao jwa lefoko la thitokgang.
 - d B – BUA lefoko mo polelong mme barutwana ba go latele.
- 5 Baya mafoko le ditshwantsho tsa thitokgang tse di rutilweng mo bekeng.
- 6 Ga se barutwana bottlhe ba ba tla kgonang go gopola tlolofoko ya thitokgang e ntšhwa. Se tshwenyege ka ga se, gape o seke wa dira gore barutwana ba boeletse lefoko gantsi.
- 7 Barutwana ba tlie go kopana le tlolofoko ya thitokgang e ntšhwa go le gantsi mme ba tla neelwa tšhono ya go ipopela tlolofoko ya bona ka tlhomamo.

Pina kgotsa Raeme

Maikaelelo: Go kokoanya kitso ya tlolofoko e ntšhwa mo barutwaneng. Go ithuta ka motshameko.

- 1 Pina kgotsa raeme e e maleba e o tshwanetseng go e dira le barutwana e ka bonwa ka mo lenaneothutong.
- 2 Fa nako e ntse e tsamaya, barutwana ba tla itse dipina le diraeme tse, mme ba kgona go di opela.
- 3 Fela fa di simolola go tlhagisiwa, o tshwanetse go ruta barutwana mafoko, tiragatso le molodi wa pina (fa go tlhokega)
- 4 Ruta barutwana pina kgotsa raeme motlhala ka motlhala jaana:
 - a Opelela barutwana kgotsa o ba bolelele pina kgotsa raeme yotlhe. Ba tlhalosetse bokao ba pina kgotsa raeme fa go tlhokega.

- b** Opela kgotsa o bue motlhala wa ntlha mme barutwana ba boeletse fa morago ga gago.
- c** Opela kgotsa o bue motlhala wa bobedi mme barutwana ba boeletse fa morago ga gago.
- d** Opela kgotsa o bue metlhala e mebedi ya ntlha mmogo, mme o letle barutwana go boeletsa fa morago ga gago
- e** Tswelela ka mokgwa o, go fitlhela o rutile barutwana pina kgotsa raeme yotlhe.
- 5** Ka gale Diragatsa ka ditiragatso tse di maleba mo pineng kgotsa raema.
- 6** Letla barutwana go opela dipina tse ba di ratang kwa bokhutlong jwa letsatsi – se ke mokgwa o o itumedisang wa go gatelela puo e ntšhwa e ba ithutileng yona.

Tlhagisa thitokgang: Phitlhelelo ya kitso ya pele

Maikaelelo: Go tlhoma le go amogela kitso e barutwana ba nang le yona ka ga setlhogo le go agela mo go se ba se itseng ka ga setlhogo. Go diragatsa kerafo ya go kokoanya kitso ka go dirisa maano a mmapa wa tlhaloganyo.

- 1 Mo tirwaneng e, morutabana o simolola ka go dira mmapa wa tlhaloganyo mo patitšhokong.
- 2 Morutabana o thala tshekeletsa e e nang le leina la thitokgang mo bogareng jwa patitšhoko.
- 3 *Morago morutabana o botsa barutwana jaana: Ke eng se lo se itseng ka thitokgang e?*
- 4 Morutabana o kwala dintlha tsa barutwana go dikologa mmapa wa tlhaloganyo.
Morutabana a leke go baya dintlha tse di tshwanang ka ditlhophpha. Sekao: Fa thitokgang e le ka ga ‘Botsalano’ o ka nna le mmapa wa tlhaloganyo o o lebegang jaana:

**Thitokgang:
Botsalano**

Dilo tse ditsala di di dirang mmogo:

- Ba a tshameka morago ga sekolo
- Ba tshameka ka nako ya dijo
- Ba bolellana diphiri
- Ba a tshegetsana

Go nna tsala ya nnete o tshwanetse go:

- Reetsa ditsala
- Kgaogana dilo le bona
- Refosanang fa lo tshameka
- Nna bonolo

Fa tsala ya gago e dira selo se se sa siamang o tshwanetse go:

- Ba bolelela phoso ya bona
- Ba bolelela maikutlo a gago ka ga selo se ba se dirileng
- Ba thusa go kopa maitshwarelo kgotsa go baakanya dilo.

Dilo tse o batlang go di itse ka ditsala tsa gago:

- Ba nna le mang?
- Letsatsi la bona la matsalo ke leng?
- Ba rata metshameko efe?
- Ke eng se ba se tshabang?

5 Mo bekeng ya bobedi ya saekele, morutabana o tlie go dirisa mmapa wa tlhaloganyo go thusa barutwana go dira poeletso le go gopola ka ga se ba ithutileng sona mo saekeleng ya beke ya ntlha.

6 Morutabana o tlie go botsa barutwana jaana: Ke dilo dife tse dintshwa tse di kgatlhisang tse lo ithutileng ka ga tsona mo thitokgannyeng?

Kanelokgang ya Maitlhamele Beke 1

Maikaelelo: Go naya barutwana tshono ya go dirisa puo ka tlhomamo le go dirisa kitso ya bona ka ga thitokgang le boitlhamedu go tlhama kgang e e nang le bokao. Go aga bokgoni jwa barutwana ba tatelano ya dintlha. Go naya barutwana tshono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.

- 1 Tirwana e, e naya barutwana tshono ya go dirisa bokgoni jwa bona jwa go akanya, le boitlhamedu go dirisa mafoko a thitokang le tatelano ya dintlha go tlhama kgang e ntshwa.
- 2 Bolelela barutwana go nna mo ditlhopheng tsa bona tse dinnye.
- 3 Naya setlhophpha sengwe le sengwe letlhare la kanelokgang ya maitlhamele le le nang le thitokgang.
- 4 Matlhare a, a na le ditshwantsho di le 3–4 tse di ka dirisiwang go tlhama kgang e e amanang le thitokgang.

- 5** Laela barutwana go akanya ka ga kgang e e maleba le setshwantsho
- 6** Naya barutwana motsots kgotsa e le mebedi go akanya ka dintlha tsa bona.
- 7** Morutwana mongwe le mongwe mo setlhopheng o tshwanetse go bona tshono ya go abelana ka se ba se itseng ka kgang.
- 8** Tsamaya fa gare ga barutwana ba ba farologaneng go reetsa fa ba anela dikgang tsa bona.
- 9** Tsaya matlhare mme o a boloke sentle go a dirisa gape mo bekeng e e latelang
- 10** Rotloetsa barutwana go anela dikgang tsa bona go mongwe kwa gae.

Kanelokgang ya Maitlhamele Beke 2

Maikaelelo: Go naya barutwana tshono ya go dirisa puo ka tlhomamo le go dirisa kitso ya bona ka thitokgang go itlhamele kgang e e nang le bokao. Go aga bokgoni jwa barutwana ba tatelano ya dintlha. Go naya barutwana tshono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.

- 1** Bolelela barutwana go nna mo ditlhopheng tsa bona.
- 2** Naya setlhophpha sengwe le sengwe letlhare la kanelokgang ya maitlhamele le le nang le thitokgang.
- 3** Gopotsa barutwana gore mo bekeng e e fetileng, ba itlhamele dikgang tsa bona ka ditshwantsho.
- 4** Mo bekeng e, barutwana ba tshwanetse go dira mmogo go tsaya tshweetso ka ga kgang ya setlhophpha.
- 5** Gakolola barutwana gore kgang ya bona e tshwanetse go nna ya maitlhamele mme e tsamaelane le ditshwantsho.
- 6** Kopa barutwana go reetsa ka tlhoafalo
- 7** Kopa setlhophpha se le 1 go ya go di le pedi tse di farologaneng go abelana ka dikgang tsa bona tsa setlhophpha.
- 8** Leboga barutwana go abelana ka dikgang tsa bona.

Puisano ka setlhawga sa Puisokopanelo

Maikaelelo: Go ruta barutwana ka go akanya go go tibileng le dikgono tsa go sobokanya tse di tla ba nayang tshono ya go ikatisa le go godisa dikgono tse. Go aga boitshepi mo barutwaneng ka go ba naya tshono ya go ipopela le go tlhagisa dikakanyo, go itekola, go dira dikgolagano le dintlha tse di sa umakiwang. Go naya barutwana tshono ya go dira mmogo ka kutlwano mo ditlhopheng tse dinnye.

- 1** Puisano ka ga setlhawga sa puisokopanelo e diriwa ka Labotlhano.
- 2** Simolola ka go kwala letlhomeso la puisano mo patitshokong.
- 3** Morago buisa le go tlhalosetsa barutwana letlhomeso la puisano.

- 4 Barutwana ba tshwanetse go tlhaloganya gore ga go na katlholo mo dikarabong tsa dipotso tse di bulegileng, dikarabo tsotlhe le dikakaknyo tse di farologaneng di amogelesegile.
- 5 Kwa bokhutlong jwa thutu, kopa barutwana go reetsa ka tlhoafalo.
- 6 Mo metsotsong ya bofelo, kopa barutwana ba ba farologaneng kgotsa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Lebogela dikarabo le ditshwaelo tsa barutwana.
- 8 Fa dikarabo di se maleba kgotsa di tlhoka go atolosiwa, baakanya diphoso tsa dikarabo tsa barutwana kgotsa botsa dipotso tsa thotloetso.



Temogo ya medumopuo & Medumopuo/Mokwalo

Kopano ya dintlha: Mosupologo

Maikaelelo: Go dira tlhatlhobo e e sa tlhomamang ya temogo ya medumopuo le go gopola medumopuo e ba ithutileng yona le mokwalo. Go thusa le go sobokanya kitso ya barutwana ya medumopuo le mokwalo ka mokgwa wa go itshiamisa.

- 1 Ka mosupologo ka nako ya Mokwalo, barutwana ba ikatisa go bopa dithhaka ka go dira poeletso ya medumo, dinoko le mafoko a ba ithutileng ona mo dibekeng tse di fetileng.
- 2 Bolelela barutwana go bula dibuka tsa bona mme ba kwale lethla.
- 3 Morago, kopa barutwana go mena letlhare ka bogare, ba kwale dinomoro go simolola ka 1–5 fa thoko ga mola letlhakore go ya kwa tlase, mme 6–7 ba e kwale mo lemenong le le fa gare la letlhare go ya kwa tlase. (*Palo ya medumo, dinoko le mafoko di tlaa farologana go ya ka dithuto tsa beke*).
- 4 Bolelela barutwana go kwala modumo, noko kgotsa lefoko jaaka o le bua, mme ba kwale fa thoko ga nomoro e e nepagetseng. Fa ba palelwa ke go kwala modumo kgotsa lefoko, ba thale mola o monnye fa thoko ga nomoro.
- 5 Bolelela barutwana gore e ke tirwana e nnye ya ka bonako go bona fa ba gakologelwa go kwala medumo, dinoko le mafoko a ba ithutileng one.
- 6 Bolelela barutwana gore ba lekola kitso ya bona ya medumopuo le mokwalo.
 - Ba tlhoka go bona fa ba kgona go kwala modumo, noko kgotsa lefoko ka nepagalo
 - Gape ba tlhoka go bona fa ba kgona go bopa ditlhaka ka nepagalo.
- 7 Ba biletse medumo, dinoko le mafoko a leng mo lenaneothutong.
- 8 Morago laela barutwana go tshwaya tiro ya bona ba dirisa pentshele ya mmala.
- 9 Kwala dikarabo tse di nepagetseng mo patitshokong mme o bue modumo le go tlhalosa tsamaiso ya go kwala
- 10 Bolelela barutwana gore fa ba kgaratlhela go gopola modumo kgotsa go kwala tlhaka, ba tshwanetse go ithuta tsona mo gare ga beke.
- 11 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

Go ithuta modumo le mafoko a mantšwa: Labobedi le Laboraro

Maikaelelo: Go aga bokgoni ba temogo ya medumopuo ya barutwana ka thulaganyo le ka botlalo. Go ruta barutwana medumo ya ditlhaka tsa puo ya gae le dinoko go ikatisa go lemoga le go dirisa medumo ya ditlhaka le dinoko tse di rutilweng.

Itsise modumo o montšwa

- 1 Bua modumo mme o emise papetlana ya modumo. Sekao:/a/
- 2 Bua modumo mme o laele barutwana go bua modumo x 3.
- 3 Buisanang ka ga modumo/a/o o sa dumisiweng ka go tshwana mo setswaneng le mo sekgoeng.
- 4 Bontsha barutwana medumo e e ikemetseng e le nosi go tswa mo tšhateng ya ditlhaka.
- 5 Botsa barutwana jaana: A le ka akanya ka mafoko a a dirisang modumo/a/?
- 6 Akanya ka mafoko le barutwana, jaaka: **bana, ila, gama, fala**
- 7 Botsa barutwana jaana: A lo ka akanya ka mafoko a a felelang ka/a/?
- 8 Akanya ka mafoko le barutwana, jaaka: **mala, baba, loma**

Itsise mafoko a mantšwa

- 1 Buisetsa lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **bana, ila, gama, fala**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang
- 3 Laela barutwana go boletsa mafoko fa morago ga gago mme o gatelela modumo o o rutiwang
- 4 Baya dipapetlana tsa mafoko mo tšhateng ya medumopuo.

Go kwala tlhaka/ditlhaka le mafoko a mantšwa: Labobedi le Laboraro

Maikaelelo: Go godisa bokgoni ba barutwana ba go kwala ditlhaka tse di maleba le medumo e ba ithutileng yona ka thelelo le ka thulaganyo.

- 1 Ruta barutwana go bopa ditlhaka tse di gatisitsweng ka medumo e e rutilweng ka nepagalo.
- 2 Diragatsa ka go kwala modumo mo patitšhokong – tlhalosa tsamaiso ya go bopa tlhaka fa o ntse o kwala
- 3 Bolelela barutwana ba ba kwalang ka letsogo la molema go baya ditlhogo tsa bona mo ditafoleng.
- 4 Jaanong, furalela barutwana mme o emise letsogo la moja.
- 5 Bolelela barutwana ba ba kwalang ka letsogo la moja go go latela fa o kwala tlhaka mo moweng.
- 6 Morago, boletsa tsamaiso e e fa godimo le ka barutwana ba ba kwalang ka letsogo la molema

- 7 Bolelela barutwana go dira le balekane mme ba kwale modumo ka menwana mo mekwatleng ya bona.
- 8 Morago ga se, laela barutwana go kwala modumo ka menwana mo ditafoleng tsa bona.
- 9 Kwa bokhutlhong, supetsa barutwana gape go bopa ditlhaka le mafoko mo patitshokong.
- 10 Barutwana jaanong ba tshwanetse go kwala modumo, mafoko le dipolelo mo dibukeng tsa bona.
- 11 Barutwana ba tshwanetse go thalela medumo o montshwa o ba ithutileng ona mo mafokong le mo dipolelong.

Go kgaoganya le go kopanya: Labone

Maikaelelo: Go aga bokgoni jwa temogo ya medumopuo ka thulaganyo le ka botlalo mo barutwaneng le bokgoni jwa go kopanya le go kgaoganya medumo ya ditlhaka le dinoko go ba kgontsha go buisa le go kwala ka nosi. Go lemoga le go oketsa kgakologelo ya medumo ya ditlhaka le dinoko bonolo.

Ke a dira...

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **bana**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng:/b/-/a/-/n/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko:/b/
- 5 Bua modumo o o ikemetseng wa bobedi wa lefoko:/a/
- 6 Bua modumo o o ikemetseng wa boraro wa lefoko:/n/
- 7 Bua modumo o o ikemetseng wa bone wa lefoko:/a/
- 8 Kwala lefoko mo patitshokong: **bana**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko:/b/-/a/-/n/-/a/= **bana**
- 10 Morago bua noko ya ntlha ya lefoko:/ba/
- 11 Bua noko ya bobedi ya lefoko:/na/
- 12 Diragatsa ka go supetsa le go kopanya dinoko tse o di kopanyang go bopa lefoko:/ba/-/na/= **bana**
- 13 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Re a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **ila**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong?/i/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong?/l/
- 5 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong?/a/
- 6 Kopa barutwana go kgaoganya lefoko ka medumo:/i/-/l/-/a/
- 7 Kwala lefoko mo patitshokong: **ila**
- 8 Laela barutwana go kopanya medumo le wena go bopa lefoko:/i/-/l/-/a/= **ila**

- 9** Botsa barutwana jaana: Noko ya ntlha ya lefoko ke efe?/**i/**
- 10** Botsa barutwana jaana: Noko ya bobedi ya lefoko ke efe?**/la/**
- 11** Kopa barutwana go kopanya dinoko go bopa lefoko:**/i/-/la/ = ila**
- 12** Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Batla Lefoko: Labotlhano

Maikaelelo: Go naya barutwana tšhono ya go sobokanya dintlha tsa kitso ya medumo ya ditlhaka e e rutilweng. Go naya barutwana tšhono ya go ikatisa go nna le kgono ya go kopanya medumo go bopa mafoko. Go lemoga medumo ya ditlhaka bonolo.

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo e e ithutilweng mo nakong e e fetileng le e e ithutilweng ka Labobedi le Laboraro.

a	m	o
b	l	e
n	j	r

Diragatsa

- 1** Gakolola barutwana ka medumo ya beke: sekao:**/a/ le /b/**
- 2** Boeletsa medumo yotlhe e e mo patitšhokong.
- 3** Tlhalosetsa barutwana gore ba na le metsotso e le 3 go bona mafoko a le mantsi a ba ka a kgonang ba dirisa medumo e e fa godimo.
- 4** Bontsha barutwana gore ba bona jang mafoko ba dirisa medumo e e totlweng jaaka:**/a/-/b/-/a/**
- 5** Gakolola barutwana gore ba ka bona lefoko ba dirisa modumo mongwe le mongwe – ga go tlhokege gore ba dirise**/a/kgotsa/b/**.
- 6** Bontsha barutwana gore ba ka bopa jang lefoko le lengwe go dira lefoko le lengwe, jaaka:**/m/-/e/-/n/-/o/**
- 7** Gakolola barutwana gore ba ka bopa mafoko ba dirisa medumo e e totlweng jaaka **aba**, kgotsa mafoko a a se nang modumo o o totlweng jaaka **meno**.

Barutwana ba a dira

- 1** Bolelela barutwana go bula dibuka tsa bona tsa go kwalela mme ba kwale setlhogo: **a, b.**
- 2** Laela barutwana go simolola go kwala.
- 3** Naya barutwana metsotso e le 3 go fitlhela le go aga mafoko a le mantsi a ba ka a kgonang ka medumo.
- 4** Letla barutwana go siamisa tiro ya bona. Bontsha barutwana go bopa mafoko a (le a mangwe)
- 5** Sekao: **aba, baba, oba, ema, loma, lema, roma, rera, jala, bela**



Temogo ya medumopuo & Medumopuo/Mokwalo

MOKWALO

Go fetola mafoko: Mosupologo

Maikaelelo: Go thusa barutwana go itsiamisetsa ba dirisa kitsa ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go lemoga dipharologano tse di fetolang bokao ba mafoko le dipolelo.

Ntlha: Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o sa TSHWARAGANANG. Barutwana ba ka kwala tirwana e ka mokwalo o o TSHWARAGANENG fa ba na le bokgoni jo bo tletseng ba go kwala ka go TSHWARAGANYA.

- 1 Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa ka go kwala mokwalo o o tshwaraganeng ka go boeletsa medumo le mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2 Se se latelang: Laela barutwana go bulu dibuka tsa bona mme ba kwale letlha.
- 3 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tbole mola mo magareng ga dinomoro.
- 4 Kwala polelo e o e neilweng go tswa mo lenaneothutong mo patitshokong fa thoko ga nomoro 1, jaana:
 - Ke a gama.
- 5 Laela barutwana go kwalololela polelo ka mo dibukeng tsa bona.
- 6 Se se latelang: Laela barutwana go kwala dikarolwana tsa mafoko (maemedi) fa thoko ga dinomoro, jaaka:
 - O
 - Re
 - Ba
 - Le
- 7 Laela barutwana go kwalolola dipolelo ba dirisa dikarolwana tsa mafoko (maemedi).
- 8 Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 9 Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.
- 10 Kwa bokhutlhong ba thuto, kwala polelo mo patitshokong ka nepagalo. Fa o dira se, bua medumo le go tlhalosa tsamaiso ya mokwalo o o tshwaraganeng.
- 11 Kopa barutwana go supa dipaterone tse ba kgonang go di bona jaaka: fa polelo e fetogang.
- 12 Thalela dipaterone jaaka:
 - O a gama.
 - Re a gama.
 - Ba a gama.

- Le a gama.

- 13 Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.
- 14 Bolelela barutwana gore fa ba paletswe ke go gopola modumo kgotsa go kwala tlhaka, ba ithute se mo gare ga beke.
- 15 Phutha dibuka tsa barutwana kwa bokhuthong ba thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso e e tseneletseng. Barutwana bangwe ba ka tswa ba kgaratlha ka medumopuo fa ba bangwe b aka ne ba kgaratlha ka mokwalo o o tshwaraganeng.

MOKWALO

Mafoko a Bongwe go ya go Bontsi: Mosupologo

Maikaelelo: Go thusa barutwana go itshamisetsa ba dirisa kitso ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go bonela pele dipaterone tse di tlisang pharologano mo lefokong, e ka nna leina le le nang le tlhogo.

Ntlha: Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o GATISITSWENG. Fa barutwana ba setse ba itse mokwalo o o TSHWARAGANENG, ka tsweetswee, ba laele go dira tirwana ya mokwalo o o tshwaraganeng.

- 1 Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa ka go kwala mokwalo o o tshwaraganeng ka go boletsa mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2 Laela barutwana go bula dibuka tsa bona mme ba kwale lethla le setlhogo
Mafoko a Bongwe go ya go Bontsi.
- 3 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tlole mola mo magareng ga dinomoro.
- 4 Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 5 Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.
- 6 Ba biletse mafoko a bongwe a a mo lenaneothutong. Barutwana ba tshwanetse go kwala mafoko a fa thoko ga dinomoro jaana:

Mafoko Bongwe le Bontsi

- lebota
 - mosimane
 - koloi
 - tau
 - lesea
- 7 Laela barutwana go kwala mafoko gape mo bontsing.
 - 8 Mo metsotsong e metlhano ya bofelo ya thuto, kwala mafoko mo patitshokong ka nepagalo. Fa o dira se, bua medumo le go tlhalosa tsamaiso ya mokwalo o o tshwaraganeng.
 - 9 Kopa barutwana go supa dipaterone tse ba ka di bonang jaaka: fa lefoko le fetoga.

10 Thalela dipaterone jaana:

Mafoko a Bongwe le Bontsi

1 lebota

mabota

2 mosimane

basimane

3 koloi

dikoloi

4 tau

ditau

5 lesea

masea

11 Bolelela barutwana go akanya ka dipaterone tse, fa ba buisa kgotsa ba kwala.

12 Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.

13 Bolelela barutwana gore ba kgaratlhele go gopola modumo kgotsa go kwala tlhaka ka mokwalo o o TSHWARAGANENG. Ba tshwanetse go ithuta tsona mo gare ga beke.

14 Phutha dibuka tsa barutwana kwa bokhutlhong jwa thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso. Barutwana bangwe ba ka tswa ba kgaratlhela go itse medumopuo fa ba bangwe e le ka mokwalo o o tshwaraganeng.

MOKWALO

Dipolelo tsa Bongwe le Bontsi: Mosupologo

***Maikaelelo:** Go thusa barutwana go itshiamisetsa ba dirisa kitso ya medumopuo le mokwalo. Go godisa bokgoni ba morutwana ba go buisa le go bonela pele dipaterone tse di tlisang pharologano mo polelong, e ka nna ditlhogo tsa maina*

***Ntlha:** Kwa tshimologong barutwana ba tla dira tirwana e ka mokwalo o o GATISITSWENG. Fa barutwana ba setse ba itse mokwalo o o TSHWARAGANENG, ka tsweetswee, ba laele go dira tirwana ya mokwalo o o tshwaraganeng.*

- 1** Ka Mosupologo ka nako ya mokwalo, barutwana ba ikatisa go kwala mokwalo o o tshwaraganeng ka go boeletsa mafoko a ba ithutileng ona mo bekeng e e fetileng.
- 2** Laela barutwana go bula dibuka tsa bona mme ba kwale letlha le setlhogo **Dipolelo tsa Bongwe le Bontsi.**
- 3** Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng, mme ba tlole mola mo magareng ga dinomoro.
- 4** Gopotsa barutwana gore e ke tirwana ya ka bonako go bona fa ba santse ba gakologelwa medumo le mafoko a ba ithutileng ona.
- 5** Bolelela barutwana gore ba lekola medumopuo ya bona le mokwalo.

- 6** Ba biletse dipolelo tsa bongwe tse di mo lenaneothutong. Barutwana ba tshwanetse go kwala dipolelo tse fa thoko ga dinomoro jaana:

Dipolelo tsa bongwe le bontsi

- 1** Lebota le wele.
- 2** Mosimane o a ja.
- 3** Koloi e ntle.
- 4** Tau e a rora.
- 5** Lesea le a lela.
- 7** Morago, laela barutwana go kwala dipolelo gape mo bontsing.
- 8** Mo metsotsong e metlhano ya bofelo ya thuto, kwala polelo mo patitshokong ka nepagalo. Fa o dira se, bua medumo le go tlhalosa tsamaiso ya mokwalo o o tshwaraganeng.
- 9** Kopa barutwana go supa dipaterone tse ba ka di bonang jaaka: fa lefoko le fetogang.
- 10** Thalela dipaterone jaana:

Dipolelo tsa bongwe le bontsi

- 1** Lebota le wele.
Mabota a wele.
- 2** Mosimane o a ja.
Basimane ba a ja.
- 3** Koloi e ntle.
Dikoloi di dintle.
- 4** Tau e a rora.
Ditau di a rora.
- 5** Lesea le a lela.
Masea a a lela.
- 11** Bolelela barutwana go akanya ka dipaterone tse, fa ba buisa kgotsa ba kwala.
- 12** Laela barutwana go tshwaya tiro ya bona ba dirisa kherayone ya mmala.
- 13** Bolelela barutwana gore ba kgaratlhele go gopola modumo kgotsa go kwala tlhaka, ba ithute tsona mo gare ga beke.
- 14** Phutha dibuka tsa barutwana kwa bofelong ba thuto mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso. Barutwana bangwe ba ka tswa ba kgaratlhela go itse medumopuo fa ba bangwe e le ka mokwalo o o tshwaraganeng.

MEDUMOPUO

Poeletso ya medumo ka go kgaoganya le go kopanya: Labobedi le Laboraro

Maikaelelo: Go aga bokgoni ba temogo ya medumopuo ka kutlo mo barutwaneng ka botlalo le bokgoni ba go kopanya le go kgaoganya medumo ya ditlhaka le dinoko go ba kgontsha go buisa le go kwala ka nosi. Go lemoga medumo ya ditlhaka le dinoko bonolo.

Ke a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **bana**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng:/b/-/a/-/n/-/a/
- 4 Bua modumo wa ntlha wa lefoko:/b/
- 5 Bua modumo wa bobedi wa lefoko:/a/
- 6 Bua modumo wa boraro wa lefoko:/n/
- 7 Bua modumo wa bofelo wa lefoko:/a/
- 8 Kwala lefoko mo patitshokong: **bana**
- 9 Bontsha barutwana go kopanya medumo go bopa lefoko:/b/-/a/-/n/-/a/= **bana**
- 10 Morago, bua noko ya ntlha ya lefoko:/ba/
- 11 Bua noko ya bobedi ya lefoko:/na/
- 12 Bontsha ka go supa dinoko tse o di kopanyang go bopa lefoko:/ba/-/na/= **bana**
- 13 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

Re a dira...

- 1 Simolola ka lefoko la thuto ya Labobedi.
- 2 Bua lefoko: **ila**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong?/i/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong?/l/
- 5 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong?/a/
- 6 Kopa barutwana go kgaoganya lefoko ka medumo:/i/-/l/-/a/
- 7 Kwala lefoko mo patitshokong: **ila**
- 8 Laela barutwana go kopanya medumo le wena go bopa lefoko:/i/-/l/-/a/= **ila**
- 9 Botsa barutwana jaana: Noko ya ntlha ya lefoko ke eng?/i/
- 10 Botsa barutwana jaana: Noko ya bobedi ya lefoko ke eng?/la/
- 11 Kopa barutwana go kopanya dinoko go bopa lefoko:/i/-/la/= **ila**
- 12 Boeletsa se, o dirisa lefoko la thuto ya Laboraro.

O a dira...

- 1 Laela barutwana go ntsha dibuka tsa bona tsa go kwalela mme ba kwale letlha le setlhogo: mafoko a a
- 2 Laela barutwana go kwala dinomoro 1–5 fa thoko ga mola o o ka fa molemeng wa buka.
- 3 Ba biletse dinoko di le tlhano kgotsa mafoko a a tswang mo lenaneothutong.
- 4 Barutwana ba tshwanetse go kwala mafoko fa thoko ga nomoro e e nepagetseng. Ba tshwanetse go dirisa bokgoni jwa bona ba go kgaoganya le go kopanya mafoko go ba thusa go kwala mopeleto.
- 5 Barutwana ba tshwanetse go thalela modumo o o supilweng mo lefokong.
- 6 Mo metsotsong e mebedi ya bofelo ya thuto, kwala mafoko mo patitshokong ka nepagalo mme o thalele medumo e e supilweng.
- 7 Laela barutwana go tshwaya tiro ya bona ka pentshele ya mmala.

- 8** Tlhalosetsa barutwana gore ba tlie go ithuta go kwala modumo ka mokwalo o o tshwaraganeng mo thutong e e latelang.

MOKWALO

Go kwala tlhaka/ditlhaka tse dintšhwa le Mafoko: Labobedi le Laboraro

Maikaelelo: Go godisa bokgoni ba barutwana ba go kwala ditlhaka tse di maleba le medumo e ba ithutileng yona ka thelelo le ka nepagalo.

- 1 Ruta barutwana go bopa tlhaka/ditlhaka tsa mokwalo o o tshwaraganeng tsa modumo o o rutilweng ka nepagalo.
- 2 Ruta tlhakanye le tlhakakgolo ya tlhaka nngwe le nngwe.
- 3 Bontsha barutwana ka go kwala modumo mo patitšhokong – tlhalosa tsamaiso ya popo ya tlhaka fa o kwala.
- 4 Laela barutwana ba ba kwalang ka letsogo la molema go robatsa ditlhogo tsa bona.
- 5 Jaanong, furalela barutwana mme o emise letsogo la gago la moja.
- 6 Kopa barutwana ba ba kwalang ka letsogo la moja go go latela fa o kwala tlhaka/ditlhaka mo moweng.
- 7 Latela tsamaiso e, le barutwana ba ba kwalang ka letsogo la molema.
- 8 Jaanong, kopa barutwana go dira le molekane mme ba kwale modumo mo mokwatleng wa mongwe le mongwe ka menwana ya bona.
- 9 Morago ga se, laela barutwana go kwala modumo mo ditafoleng ka menwana ya bona.
- 10 Kwa bokhutlhong, supetsa barutwana gape gore ditlhaka le mafoko di bopiwa jang mo patitšhokong.
- 11 Jaanong barutwana ba ka kwala medumo/mafoko/dipolelo ka mo dibukeng tsa bona.
- 12 Fa o supetsa barutwana mafoko, gatelela kamano ya ditlhaka tsa mokwalo o o tshwaraganeng kgotsa gore di tshwaragana jang.
- 13 Barutwana ba tshwanetse go thalela modumo mo mafokong le mo dipolelong tse di kwadilweng.

MEDUMOPUO

Go fapanya tlhaka: Labone

Maikaelelo: Go kokoanya kitso ya medumopuo. Go godisa bokgoni jwa morutwana ba go buisa le go lemoga dipharologano tse di fetolang bokao jwa lefoko.

Ke a dira...

- 1 Tlhalosetsa barutwana gore gompieno re ya go ikatisa go batla dipharologano tse dinnye mo mafokong gonse se, se tla ba thusa go buisa ka thelelo.

- 2 Kwala mafoko a le mabedi a a tswang mo lenaneothutong mo patitshokong jaaka: **bala, sala**
- 3 Ba tlhalosetse gore gompieno re ya go leka go bona gore ke modumo ofe o o sa tshwaneng mo mafokong a mabedi.
- 4 Supetsa barutwana fa o batla dipharologano tsa mafoko: **bala, sala**
- 5 Tlhalosa dipharologano jaaka:/b/le/s/ke medumo e e faroganeng mme tsotlhe mo mafokong di a tshwana.

Re a dira...

Karolo 1

- 1 Kwala mafoko a le mabedi a a tswang mo lenaneothutong mo patitshokong jaaka: **sela, sila**
- 2 Botsa barutwana jaana: Ke pharologanyo efe mo mafokong a mabedi a?
- 3 Bitsa morutwana mongwe go tla go thalela pharologanyo mo mafokong a mabedi jaaka: **sela, sila**
- 4 Tlhalosa pharologanyo mo magareng ga mafoko a mabedi a.

Karolo 2

- 1 Morago, kwala lefoko le o le neilweng mo lenaneothutong mo patitshokong, jaaka: **bala**
- 2 Botsa barutwana jaana: Ke modumo ofe o o ka o tlosang mo lefokong le go bopa lefoko le le faroganeng?
- 3 Kwala lenaane la dikakanyo tsa barutwana mo patitshokong jaaka: **mala, kala; mela, dila**

O a dira...

- 1 Kwala lefoko le o le neilweng mo lenaneothutong mo patitshokong, jaaka: **sila**
- 2 Botsa barutwana jaana: Ke modumo ofe o le mongwe o o ka o tlosang mo lefokong le go bopa lefoko le lengwe?
- 3 Laela barutwana go bopa mafoko a le mantsi a ba ka a kgonang mme ba beye modumo o le mongwe mo boemong jwa yo momgwe.
- 4 Kgobokanya barutwana kwa bofelong ba thuto.
- 5 Biletsa barutwana kwa patitshokong go kwala lengwe la mafoko a bona.
- 6 Buisa mafoko mme o tlhalose gore ke modumo ofe o o beilweng boemong jwa yo mongwe.
bala, sala, sela, sila

MEDUMOPUO

Tlhama lefoko: Labotlhano

Maikaelelo: Go naya barutwana tshono ya go kokoanya kitso ya medumo e ba ithutileng yona. Go letla barutwana go ithuta go kopanya ditlhaka go bopa mafoko.

Kwala lenaane la medumo mo patitshokong le le nang le medumo e e ithutilweng le e e dirilweng ka Labobedi le Laboraro. *E akaretsa ditlhogo tsa maina/mafoko*

kg-	u-	a	bo
th-	b	aa	n
L	e	m	k-

Diragatsa

- 1 Gopotsa barutwana ka medumo ya beke: sekao::/**kg/le/th-/**
- 2 Boeletsa medumo yothe le kopanyo ya medumo mo patitshokong.
- 3 Tlhalosetsa barutwana gore o ya go ba naya metsotso e le 3 go tlhama mafoko a le mantsi ba dirisa medumo le go kopanya medumo e e fa godimo.
- 4 Bontsha barutwana gore ba tlhama jang mafoko ba dirisa medumo e e supilweng jaaka::/**kg/-/a/-/l/-/e/-/m/-/a/ = kgalema**
- 5 Gakolola barutwana gore ba ka tlhama lefoko ba dirisa modumo mongwe le mongwe – ga go tlhokege gore ba dirise/**kg/**.
- 6 Bontsha barutwana go dira lefoko le lengwe, jaaka::/**m/-/aa/-/k/-/a/ = maaka**
- 7 Gakolola barutwana gore ba ka tlhama mafoko ba dirisa medumo e e neetsweng jaaka **thuba**, kgotsa mafoko a a sa supiwang a se na modumo o o neetsweng jaaka **buka**.

Barutwana ba a dira

- 1 Kopa barutwana go bula dibuka tsa bona tsa go kwalela mme ba kwale setlhogo: **kg, th.**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go tlhama mafoko a le mantsi a ba ka a kgonang ka medumo.
- 4 Letla barutwana go tshwaya tiro ya bona. Bontsha barutwana gore ba bope mafoko jang.
- 5 Sekao: **kgama, kgaka, kgetha, bua, bana, kama, maaka, bela, nama, mena, thala, bomme, makgakga, bommane**



Puisokopanelo ka Maano a go tlhaloganya se o se buisang

Puiso ya kgang e ntshwa ya Puiso kopanelo e e diragala beke nngwe le nngwe.

Puiso kopanelo e diragala ka mokgwa o o latelang:

Mosupologo: Pele ga puiiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Tirwana ya morago ga puiso

Ka nako ya Puisokopanelo, netefatsa gore barutwana botlhe ba kgona go bona bukakgolo le ditshwantsho tsa yona sentle. Gopotsa barutwana se o se solofelang mo go bona ka nako ya Puisokopanelo, jaaka:

- Nna ka thokgamo o sa SUTASUTE
- Baya MATSOGO a gago mo diropeng
- Tsepamisa MATLHO LE TLHALOGANYO MO kgannyeng
- Nna ka TIDIMALO (ba bontshe ka monwana mo molomong)

Maikaelelo-magolo a Puisokopanelo mo lenaneong le a eme jaana:

- 1 Barutwana ba itemogela gore go jang go buisa kgang yotlhe e e marara go gaisa ka nako ya fa ba buisa ba le nosi. Gonne barutwana ba sa tshwenyegele botegeniki jwa puiso, ba ka baya ditlhologanyo tsa bona tsotlhe go ela tlhoko tlhatlhamanong ya ditiragalo le baanelwa. Gape barutwana b aka itumelela dikgang mme ba nnna le lerato la go buisa.
- 2 Fa morutabana a ntse a buisetsa kgang kwa godimo, barutwana ba bona dikgono tse di rileng tsa puiso: o buisa go simolola mo tsebeng ya ntlha go fitlha go ya bofelo; o buisa go tswa kwa godimo go ya kwa tlase; o buisa go tswa kwa molemeng go ya kwa mojeng; o ela tlhoko matshwao a puiso; o buisa ka thelelo, ka lebelo le le siameng; o buisa ka maikutlo, mme se se naya barutwana bokao jo bo maleba jwa kgang. Ka jalo Barutwana ba eta ba ithuta dikgono di le dintsi fa ba lebile morutabana a buisa ka thelelo.
- 3 Fa morutabana a ntse a buisa, o gatelela bokao ka: go supa karolo ya setshwantsho; ka go diragatsa; le go fetolakaka lenseswe ka segalo se se maleba. Morutabana o gatelela bokao ka go eta a ema go tlhalosa lefoko kgotsa bontlha bongwe ba polelo. Ka go reetsa morutabana le go mmogela, barutwana ba ithuta dikgono tse dintshwa tsa go ithuta puo.
- 4 Jaanong sengwe sa botlhokwa: Ka nako ya Puisokopanelo, morutabana o tshwanetse go ruta barutwana go akanya ka ga kgang, le gore ba dire jang go kgona go e tlhaloganya. Mo lenaneong le, re tlhophile go aga bokgoni jwa go tlhaloganya se o se buisang ka go diragatsa le go ruta maano a a farologaneng a go tlhaloganya. Maano a go tlhaloganya se o se buisang ke a a latelang:
 - Ponelopele
 - Go bopa setshwantsho sa mogopoloo
 - Go batlisisa setlhangwa
 - Go sobokanya
 - Akanya ka ga setlhangwa
 - Go dira dikgolagano
 - Go akanya ka dintlha tse di sa umakiwang
 - Go sekaseka

MAANO A GO TLHALOGANYA SE O SE BUISANG

Papetlana e e fa tlase e bontsha tshedimosetso ka leano lengwe le lengwe.

Leano la 1: Akanyetsa kwa pele

Tlhaloso	Fa barutwana ba dira ponelopele, ba bua ka se ba akanyang se ka diragala mo kgannyyeng. Barutwana ba ka dira ponelopele ka go leba ditshwantsho mo bukeng. Barutwana gape ba ka dira ponelopele gape ka go akanya ka se se tla latelang morago ga go buisa tsebe e e rileng ya kgang. Kwa bofelong, barutwana ba ka dira ponelopele gore kgang e tlaa fela jang.
Maikaelelo	<i>Go dira gore barutwana ba bonele kgang kwa pele, ka fa ba akanya ka kgang pele ba e buisa. Barutwana ba tshwanetse go dirisa metlhala go leka go fopholetsa gore baanelwa ke bomang, le gore ditiragalo-kgolo tse di tla diragalang ke dife. Go dira ponelopele, barutwana ba aga bokgoni jwa go tlhaloganya se ba se buisang le go akanya ka kgang.</i>
Dikgato (<i>Go akanyetsa kwa pele o dirisa ditshwantsho</i>)	<p>1 Lebelela setshwantsho. 2 Botsa barutwana: O akanya gore go diragala eng fa? 3 Letla barutwana go akanya ka potso. 4 Fa barutwana ba sa kgone go araba, naya sekao sa karabo ya potso eo. 5 Bontsha ka fa ditshwantsho di gokaganang ka teng go aga kgang.</p>
Dikao (<i>Go akanyetsa kwa pele o dirisa ditshwantsho</i>)	<p>1 O akanya gore go diragala eng fa? 2 O akanya gore moanelwa yo o ikutlwya jang? Goreng o rialo? 3 O akanya gore o tlaa bona eng mo setshwantshong se se latelang?</p>
Dikgato (<i>Go akanyetsa kwa pele o dirisa setlhawga</i>)	<p>1 Buisa tsebe e le nngwe ya setlhawga. 2 Botsa barutwana: O akanya gore go ya go diragala eng morago ga fa? 3 Letla barutwana go akanya ka potso. 4 Fa barutwana ba sa kgone go araba, naya sekao sa karabo ya potso eo.</p>
Dikao (<i>Go akanyetsa kwa pele o dirisa setlhawga</i>)	<p>1 O akanya gore go ya go diragala eng morago ga fa? 2 O akanya gore moanelwa yo o ya go dira eng morago ga fa? 3 O akanya gore kgang e e tlaa fela jang?</p>

Leano la 2: Bopa setshwantsho mo mogopolong

Tlhaloso	Fa barutwana ba bopa setshwantsho mo mogopolong, ba tshwanetse go gopola ka se se diragalang mo kgannyyeng, jaaka e kete ba bogetse tiragalo ya filimi. Ba tshwanetse go leka go bona kgang mo dithhaloganyong tsa bona jaaka e diragala.
Maikaelelo	<i>Go bopa setshwantsho mo mogopolong go thusa go totobatsa bokao jwa mafoko mo tsebeng e e buisiwang, go a fetolela go nna tiragalo ya filimi mo dithhaloganyong tsa barutwana. Gape, go bopa setshwantsho mo mogopolong go ba thusa go bona gore ditiragalo tsa kgang di gokaganan jang. Se se ba thusa go akanya le go tlhaloganya kgang ka botlalo, e seng go tlhaloganya fela tsebe ka tsebe.</i>

Dikgato	<p>1 Buisa karolo ya kgang mo tsebeng.</p> <p>2 Bua jaana: 'Jaanong re ya go bopa setshwantsho mo megopolong jaaka e kete re bogetse filimi'.</p> <p>3 Laela barutwana go tswala matlho. Tlhalosetsa barutwana gore ba reetse mafoko, mme ba dire setshwantsho sa filimi mo ditlhaganyong tsa bona.</p> <p>4 Buisa karolwana ya setlhangwa gape.</p> <p>5 Botsa barurwana: Le bone eng? (Go diragetse eng mo setshwantshong sa gago sa filimi?)</p> <p>6 Reetsa mme morago le tlotle ka dikarabo tsa barutwana. Netefatsa gore dikarabo tsa barutwana di malebana le se se diragalang mo kgannyeng.</p>
Dikao	<p>1 Mo setshwantshong sa mogopolo wa me ke bona Joe a fentse mo kgaisanong ya mabelo. Ke bone sethitho se tshologa gotlhe mo tlhogong ya gagwe. Ke ne ke bona matlho a gagwe a tlhomile mola wa kwa pheletsong, mme mmele wa gagwe o dira ka natla go gaisa.</p> <p>2 O bopile setshwantsho sefe mo mogopolong wa gago? Go diragetse eng mo setshwantshong sa gago sa filimi?</p>

Leano la 3: Batlisisa mo setlhangweng

Tlhaloso	Go batlisisa mo setlhangweng ke mokgwa o o tsepameng wa go araba dipotso tsa tekotlhaganyo. Dipotso tse di dira gore barutwana ba akanye kgotsa ba lebe mafoko a a dirisitsweng mo tsebeng eo, ba bo ba gopola dikarabo.
Maikaelelo	<i>Dipotso tse, ke motheo wa go lekola go tlhaloganya ga mafoko mo tsebeng. Leano le le thusa barutwana go lemoga le go batla ka tlhoafalo mafoko a botlhokwa a a ba lebisang kwa dikarabong.</i>
Dikgato	<p>1 Buisa se se kwadilweng mo tsebeng.</p> <p>2 Botsa barutwana potso ka kitso mo setlhangweng, jaaka: Joe o ne a batla go gaisa mang mo kgaisanong ya lebelo?</p> <p>3 Letla barutwana go araba potso</p> <p>4 ELA TLHOKO: Thusa barutwana go fitlhelela dikarabo ka go lemoga le go gopola lefoko le le botlhokwa, le le ba lebisang kwa karabong, ba bo ba le batla mo setlhangweng.</p>
Dikao	<p>1 Ke mang yo Joe a neng a batla go mo gaisa mo kgaisanong ya lebelo?</p> <p>2 Joe o ne a dira eng pele kgaisano e simolola?</p> <p>3 Joe o ne a ikatisetsa kgaisano leng?</p> <p>4 Kgaisano e ne e tshwaretswe kwa kae?</p>

Leano la 4: Sobokanya

Tlhaloso	Fa barutwana ba sobokanya, ba akanya ka se se diragetseng mo kgannyeng. Ba ka akanya gape ka dilo tse dingwe jaaka: se ba se ratileng thata, le se ba se ithutileng mo kgannyeng.
Maikaelelo	<i>Tshobokanyo e bontsha gore morutwana o akantse ka kgang, e bile o a e tlhaloganya. Go kopa barutwana go sobokanya kgang ke mokgwa o o tlhwatlhwawa go lemoga fa ba tlhalogantse kgang.</i>
Dikgato	<p>1 Buisa setlhangwa</p> <p>2 Gopotsa barutwana: Fa re sobokanya, re akanya ka dikarolwana tse di botlhokwa tsa kgang. Re ka akanya gape ka se re se ratileng thata, le se re se ithutileng ka kgang.</p> <p>3 Naya barutwana motsotsa go akanya ka kgang.</p> <p>4 Laela barutwana go gadimana ba bue, ba abelane ditshobokanyo le ditsala.</p> <p>5 Kwa bofelong, o ka kopa barutwana go kwala ditshobokanyo tsa bona. Ba neele foreimi go ba thusa.</p>

Dikao	<p>Joe o fenza kgaisano ya lebelo:</p> <p><u>Barutwana ba ka sobokanya kgang ka mokgwa o:</u></p> <p>Kgang e e ka ga mosimane yo o bidiwang Joe, yo o neng a batla go gaisa Sizwe yo o neng a itsege a ba gaisa botlhe ka lebelo mo sekolong. Joe o ne a ikatisa ka dinako tsotlhe, kwa bofelong a gaisa Sizwe. Ke ratile thata fa Joe a ne a kgaola mogala kwa bokhutlong jwa kgaisano. Go ne go itumedisa tota.</p> <p>Ke ithutile gore fa o leka ka natla, o sa ineele, o a atlega.</p>
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Leano la 5: Akanya ka setlhawngwa (Ipotsa dipotso)

Tlhaloso	Fa morutabana a ipotsa dipotso, o akanyetsa kwa godimo ka setlhawngwa. O dira gore barutwana ba utlwe se a se akanyang ka setlhawngwa.
Maikaelelo	<p><i>Go diragatsa mokgwa wa go akanya kgotsa go ipotsa dipotso ka se se kwadilweng, go ruta barutwana dilo di le pedi:</i></p> <p><i>Sa ntsha, re ruta barutwana gore babuisi ba ba tlhwatlha ga ba buise mafoko fela, ka dinako tsotlhe ba akanya ka se ba se buisang. Sa bobedi, re ruta barutwana dikakanyo tse babuisi ba nnang le tsona ka se se kwadilweng.</i></p> <p><i>Ka go dira se, re bontsha barutwana gore ba ka ikakanyetsa le go itlhamela jang ba dirisa setlhawngwa. Mo tsamaong ya nako, barutwana ba tlaa itse go dira se ka bobona.</i></p>
Dikgato	<p>1 Buisa setlhawngwa mo tsebeng.</p> <p>2 Akanya ka potso kgotsa kakanyo e mmuisi yo o tlhwatlha a ka e tlhagisang ka se se kwadilweng. (Dikakanyo di fitlhelwa mo dibolokong tsa Puiso ya Ntlha le Puiso ya Bobedi mo lenaneothutong).</p> <p>3 Bua jaana: Ke bona.../ke lemoga...</p> <p>4 Bua jaana: ke a ipotsa...?</p> <p>5 Barutwana ba ka nna ba seka ba araba dipotso tse.</p>
Sekao:	Ke bona Sizwe a tshega Joe fa kgaisano e simolola. Ke a ipotsa gore a se se tla tshwenya Joe.

Leano la 6: Dira dikgolagano

Tlhaloso	Fa barutwana ba dira dikgolagano, ba amanya kgang le matshelo a bona (setlhawngwa, le bobona), kgotsa setlhawngwa se sengwe (setlhawngwa go setlhawngwa), kgotsa sengwe fela mo lefatsheng (setlhawngwa sa lefatshe).
Maikaelelo	<i>Go dira dikgolagano go thusa barutwana go tlhaloganya setlhawngwa botoka ka go se golaganya le dilo tse dingwe tse ba setseng ba di itse, kgotsa ba di itemogetse. Go bontsha barutwana gore ba ka dira dikgolagano tse di farologaneng: setlhawngwa go ya go setlhawngwa se sengwe; setlhawngwa le maitemogelo a bona, setlhawngwa le se se diragalang mo lefatsheng le tshedimosetso e ba setseng ba e itse ka lefatshe ka bophara.</i>
Dikgato	<p>1 Buisa setlhawngwa mo tsebeng.</p> <p>2 Botsa barutwana potso jaaka: Ke leng fa o neng o batla go nna mofenyi wa sengwe jaaka Joe?</p> <p>3 Diragatsa, go bontsha sekao sa karabo, jaaka: Fa Joe a ne a batla go nna mofenyi mo mabelong, se se nkopotso ka fa ke neng ke gaisana le kgaitsadi kwa sekolong ka teng. Maduo a gagwe a ne a le kwa godimo mo dirutweng tsotlhe ka dinako tsotlhe. Batsadi ba me ba ne ba ipela ka ena. Le nna ke ne ke batla gore batsadi ba me ba ipele ka nna.</p>

Dikao	<p>1 Se se go gopotsa eng ka botshelo jwa gago?</p> <p>2 Mpolelele ka nako e sengwe se se jaana se neng se go diragalela.</p> <p>3 Fa o ne o le Joe, o ne o tlaa dira eng ka Sizwe fa a go tshega?</p> <p>4 O akanya gore Sizwe o ne a ikutlwang jang fa Joe a ne a mo gaisa?</p> <p>5 Kgang e e go gopotsa moanelwa ofe gape?</p>
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Leano la 7: Dira diphopholetso tsa kitso

Tlhaloso	<p>Go akanya ka dintlha tse di sa umakiwang go amana le go dirisa se o setseng o se itse, mmogo le se o se buisitseng, go fopholetska sengwe mo kgannyeng. Ke sona se go a tleng go twe: 'Ke e buisitse e tswetswe'. Fa barutwana ba akanya ka dintlha tse di sa umakiwang, ba dira phopholetso ka sengwe mo kgannyeng.</p> <p>Ka dinako dingwe mokwadi ga a kwale dintlha tsotlhe tsa kgang ka botlalo. O tlogela dikarowlana tse dingwe gore babuisi ba ikakanyetse.</p>
Maikaelelo	<p><i>Barutwana ba tshwanetwa ke go sekaseka dikarowlana tsa kgang, ba akanye ka dintlha tse di sa umakiwang – ba tshwanetse go 'e buisa e tswetswe'. Go kgora se, ba tshwanetse go dirisa se se kwadiweng, mmogo le se ba setseng ba se itse, go fithelela se se sa kwadiwang.</i></p>
Dikgato	<p>1 Buisa setlhengwa mo tsebeng.</p> <p>2 Botsa barutwana: O itse eng ka ga se? Setlhengwa sa reng?</p> <p>3 Botsa barutwana: Ke eng gape se re ka se fopholetsang ka se? Ke eng se o lemogang se se sa kwadiwang?</p> <p>4 Botsa barutwana: A re ka fopholetska sengwe ka ga Joe ka mokgwa o a neng a ikatisa ka teng?</p> <p>5 Reetsa dikarabo tsa barutwana, o di sekaseke. Netefatsa gore di lolame.</p> <p>6 Fa go se bonolo gore barutwana ba arabe, naya sekao sa go akanya ka dintlha tse di sa kwadiwang. Dirisa foreimi e e latelang ya mola: Fa re leba..... ke akanya...</p>
Sekao	<p>Setlhengwa</p> <p>Mogolole o ne a ikwadiseditse go ya Yunibesithing. Fa ke fitlha kwa gae ke bone a tshotse lekwalo, a nyenya. Mme o ne a lela, a tshega, a mo tlamparetse.</p> <p>Go akanya ka dintlha tse di sa kwadiwang:</p> <p>Ka ntlha ya gore mogolole o ne a ikwadiseditse go ya Yunibesithing, e bile a tshotse lekwalo, a bonala a itumetse, re akanya gore ikwadiso ya gagwe e atlegile.</p>

Leano la 8: Dira tshekatsheko

Tlhaloso	Fa re dira tshekatsheko ya se se kwadiweng, re itseela ditshweetso ka sengwe se se re buisitseng ka sona.
Maikaelelo	<i>Barutwana ba tshwanetse go rutiwa gore ba sekaseke se ba se buisang ka dinako tsotlhe, ba kgone go tshegetsa le go naya mabaka a diphitlhelelo tsa bona.</i>

Dikgato	<p>1 Buisa setlhanga mo tsebeng.</p> <p>2 Botsa barutwana potso e e batlang tshekatsheko, o bo o ba kope go tshegetsa dikarabo tsa bona.</p> <p>3 Sekao: A o akanya gore X o dirile se se tshwanetseng? Ke goreng o dumela gongwe o gana?</p> <p>4 Reetsa o bo o sekaseke dikarabo tsa barutwana. Netefatsa gore dikarabo tsa bona di lolame.</p> <p>5 Fa go se bonolo gore barutwana ba arabe, dira sekao ka go abelana tshekatsheko ya gago le bona. Sekao: Ke akanya gore X o dirile se se siameng gonne X...</p>
Sekao	<p>Dingwe tsa dipotsa tsa tshekatsheko di ka simolola jaana:</p> <p>1 A o akanya gore...</p> <p>2 A o dumalana le ...</p> <p>3 Ka pono ya gago...</p> <p>4 A o ratile....</p>

Go latela tlhaloso ya mokgwathuto mongwe le mongwe ya Puisokopanelo: Pele ga puiso; Puiso ya ntlha; Puiso ya bobedi le Tirwana ya morago ga puiso. Buisa ditlhaloso tse go sedimosa kelelo ya thuto nngwe le nngwe.

PUISOKOPANELO: PELE GA PUISO

LEANO LA GO TLHALOGANYA SE O SE BUISANG: PONELOPELE

Pele ga puiso, re aga bokgoni jwa go tlhaloganya ga barutwana, go kgona go akanya ka kgang pele ba ka e buisa.

- 1** Bolelela barutwana gore gompieno lo tlie go lebelela ditshwantsho lo be lo akanya ka kgang.
- 2** Bolelela barutwana gore go tswa mo go se ba se bonang, ba tlaa akanyetsa kwa pele ka kgang. Go raya gore ba tla dirisa ditshwantsho go leka go fopholetsa se kgang e leng ka ga sona.
- 3** Tlhalosetsa barutwana gore ba seka ba akanya ka setshwantsho sengwe le sengwe ka bosona, se le nosi. Ba tshwanetse go akanya ka fa ditshwantsho di amanang ka teng. Ba tshwanetse go amanya ditshwantsho tsotlh, go leka go sala kgang morago.
- 4** Bontsha barutwana lentle la buka ya kgang, o ba buisetse setlhogo.
- 5** Botsa barutwana: O akanya gore go ya go diragala eng mo kgannyeng e?
- 6** Leba setshwantsho sengwe le sengwe mo kgannyeng. Fa o ntse o di leba, botsa barutwana:
 - a** O bona eng mo setshwantshong?
 - b** O akanya gore go diragala eng fa?
 - c** O akanya gore go ka diragala eng morago ga fa?
- 7** Fa barutwana ba lebala go amanya ditshwantsho, ba kgotlhokgotse ka go dira jaana: Sekao: ‘A o gopola gore mosimane yo o ne a dira eng mo setshwantshong se se fetileng?’ ‘Jaanong o dira eng?’ ‘O akanya gore go diragala eng?’

- 8 Fa o fitlha kwa setshwantshong sa bofelo, botsa barutwana: O akanya gore kgang e e tla felela jang? (Fa go tlhokega).
- 9 Lebogela barutwana go dira diponelopele.
- 10 Fa o na le nako, buisa kgang gangwe ntle le go ema.

PUISOKOPANELO: PUISO YA NTLHA

LEANO LA GO TLHALOGANYA SE O SE BUISANG: LEANO LE O TLA LE DIRISANG LE TLHAGELELA MO LENANEOTHUTONG.

Mo Puisong ya Ntlha re simolola go aga bokgoni jwa go tlhaloganya se o se buisang ka go buisa le go tlhalosetsa barutwana kgang. Gape, re diragatsa mokgwa wa go akanya ka kgang. Pele o simolola go buisa, bolelela barutwana gore o ya go dira eng. Bua sengwe jaaka: ‘Barutwana, jaanong ke nako ya Puisokopanelo. Gopola, nako nngwe le nngwe fa re buisa kgotsa re reetsa kgang, go botlhokwa ka dinako tsotlhe go akanya ka kgang e. Gompieno ke tlile go lo bontsha gore re dira jang fa re akanya ka kgang. Ke tlile go dira jaana (sekao), o bopa setshwantsho sa mogopololo ka se se diragalang mo kgannyeng. Se se raya gore jaaka ke ntse ke buisa, ke tla dira filimi ya kgang mo tlhaloganyong.

- 1 Buisa tsebe nngwe le nngwe ya kgang ka thelelo le lentswe le le tlhapileng. Fa o ntse o buisa, diragatsa, sefatlhego sa gago se bontshe maikutlo, mme segalo se nne se se maleba go totobatsa bokao.
- 2 Fa go tlhogagalang teng, ema, o tlhalosetse barutwana lefoko kgotsa bontlha bongwe jwa polelo.
- 3 Fa re ruta Puiso ya Ntlha, re totile go diragatsa le go ruta barutwana maano a go tlhaloganya se ba se buisang.
- 4 Kwa bofelong jwa tsebe nngwe le nngwe, o tla bona diboloko tsa mebala e le mebedi, di kwadilwe Puiso ya Ntlha le Puiso ya Bobedi.
- 5 Fa o sena go buisetsa barutwana tsebe, tsaya mowa, o bo o bontsha gore o a akanya, mme o bua se se mo bolokong. Go dira jalo, o diragatsa ka mokgwa o ba tshwanetseng go akanya ka kgang. Go botlhokwa thata go tlhaloganya se o se buang – fa o sa tlhaloganye, ga ba kitla ba tlhaloganya.
- 6 Mo tsebeng ya bofelo ya kgang Puiso ya Ntlha le ya Bobedi go na le boloko e e nang le dipotso.
- 7 Botsa barutwana ba ba farologaneng dipotso.
- 8 Bontsha barutwana gore go ka nna le dikarabo tse di nepagetseng, tse di fetang bongwe gonno barutwana ba na le dikakanyo tse di farologaneng.

PUISOKOPANELO: PUISO YA BOBEDI**LEANO LA GO TLHALOGANYA SE O SE BUISANG: LEANO LE O TLA LE DIRISANG LE TLHAGELELA MO LENANEOTHUTONG**

Mo Puisong ya Bobedi re tswelela go aga bokgoni jwa go tlhaloganya se o se buisang ka go buisetsa barutwana kgang, le go diragatsa go bontsha mokgwa wa go akanya ka kgang. Bolelela barutwana se o yang go se dira. Bua sengwe jaaka: ‘*Barutwana, ke nako ya Puisokopanelo. Gopola, nako nngwe le nngwe fa re buisa kgotsa re reetsa kgang, go botlhokwa ka dinako tsotlhe go akanya ka kgang eo. Gompieno ke tlie go lo bontsha gore ke dira eng fa ke akanya ka kgang. Ke ya go dira jaana (sekao) go bopa setshwantsho sa mogopoloo ka se se diragalang mo kgannyeng. Go raya gore fa ke ntse ke buisa, ke tla dira filimi ya kgang e mo tlhaloganyong ya me.*

- 1 Buisa tsebe nngwe le nngwe ya kgang ka thelelo le lenseswe le le edileng. Fa o ntse o buisa, diragatsa mme sefatlhego se bontshe maikutlo a gago, segalo e nne se se maleba go totobatsa bokao.
- 2 Ka nako ya Puiso ya Bobedi, o diragaletsa barutwana ka go akanya ka kgang.
- 3 Kwa bofelong jwa tsebe nngwe le nngwe, o tla bona diboloko tsa mebala e le mebedi, di kwadilwe Puiso ya Ntlha le Puiso ya Bobedi.
- 4 Fa o sena go buisetsa barutwana tsebe, ikhutse, o bo o bontsha gore o a akanya, mme o bua se se mo bolokong mo Puisong ya Bobedi. Go dira jalo, o diragatsa ka mokgwa o ba tshwanetseng go akanya ka ga kgang. Go botlhokwa thata go tlhaloganya se o se buang – fa o sa tlhaloganye, le bona ga ba kitla ba tlhaloganya.
- 5 Mo tsebeng ya bofelo ya kgang ya Puiso ya Ntlha le ya Bobedi, go na le boloko e e nang le dipotso
- 6 Botsa barutwana ba ba farologaneng dipotso.
- 7 Kwa bofelong, kopa barurwana go tlhama dipotso ka se se kwadilweng.
 - a Kopa barutwana gore mongwe le mongwe wa bona a ikakanyetse potso e a ka e botsang ka kgang.
 - b Fa go tlhokega, gopotsa barutwana mafoko mangwe a a kayang potso kgotsa bonthla bongwe jwa polelo, jaaka: mang; eng; leng; kae; jang; ka moono wa gago; o akanya gore; naya; jalo.
 - c Kaela barutwana go gadimana ba bue, ba abelane ka dipotso tse ba di tlhamileng.
 - d Kopa barutwana ba le mmalwa go abelane ka dipotso tsa bona ka mo phaposing.
 - e Naya barutwana ba bangwe tshono ya go araba dipotso tseo.

PUISOKOPANELO: MORAGO GA PUISO

Maikaelelo a tirwana morago ga puiso ke go naya barutwana tshono ya go kokoanya kitso ya bona ka kgang, le go ikatisa go dirisa puo e ntshwa e ba ithutileng yona.

Morago ga Puiso, o tlie go dira e ka nna e nngwe ya ditirwana tse di latelang:

- 1 Thala setshwantsho ka setlhlangwa.
- 2 Diragatsa kgang
- 3 Motlotlo gongwe go kwala kanelo ka kgang
- 4 Kwala tekotlhaloganyo

THALA SETSHWANTSHO KA SETLHANGWA.

- 1 Baya barutwana mo maemong a a siameng mo mannong a bona, ba tshotse dibuka tsa bona tsa go kwalela kgotsa mathare a a sa kwalelang, dipensele le dikherayone.
- 2 Bolelela barutwana gore ba tlie go bopa ditshwantsho mo megopolong ka sengwe go tswa mo setlhlangweng. Gopotsa barutwana gore fa ba tshwantsha sengwe mo mogopolong, ba akanya ka gore se lebega jang, se nkga jang, se utlwalega jang, se utlwala jang. Ba tshwantsha gape mo mogopolong ka fa ba ikutlwang ka teng ka moanelwa yo o rileng, tiragalo kgotsa sengwe mo setlhlangweng.
- 3 Kopa barutwana go tswala matlho mme ba repe. Ba buisetse kgang gape.
- 4 Morago kopa barutwana go bula matlho, ba bo ba thala setshwantsho se ba se bopileng mo ditlhologanyong tsa bona. Barutwana ba ka nna ba kwala sengwe se se kayang monkgo, tatso, jalo jalo.
- 5 Ba thus ka tshimologo ya polelo, mme ba kwale polelo e le nngwe go ya go di le pedi ka se ba se bopileng mo megopolong ya bona.
- 6 Kwa bofelong, letla barutwana go gadimana, mme ba abelane ka ditshwantsho tsa megopoloy ya bona le ditsala.

DIRAGATSA KGANG

- 1 Baya barutwana mo mmetsheng kgotsa fa go se nang modumo kwa ntle.
- 2 Bolelela barutwana gore gompieno ba tlie go diragatsa dikarolo tsa kgang e ba e buisitseng.
- 3 Tsaya bukakgolo, o e tsholetse gore ba e bone. Buisa tsebe ya ntlha.
- 4 Naya barutwana taelo ya se ba tshwanetseng go se diragatsa. (Se se ka mo Lenaneothutong)
- 5 Diragatsa taelo le barutwana.
- 6 Boeletsa tsebe nngwe le nngwe.
- 7 Katisa barutwana go tsibogela taelo ya tshupetso ya tidimalo mme ba reetse fa o buisa.

MOTLOTLO KGOTSA GO KWALA KANELO KA KGANG

- 1 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 2 Latela ditaelo tse di ka mo Lenaneothutong tsa go tlota ka karolo ya kgang le barutwana.
- 3 Sa ntlha, o ya go ba bontsha go diragatsa sengwe mo kgannyeng.
- 4 Morago, o ya go ba bolelela ka sengwe go tswa mo kgannyeng – ba sekba kopisa kanelo ya gago.
- 5 Barutwana ba tla GADIMANA BA BUE jaaka ba tla bo ba abelana dikanelo le ditsala.

- 6 Kwa bofelong, o tla bitsa barutwana ba le mmalwa go abelana ka dikanelo tsa bona ka mo phaposing.
- 7 Fa thuto e le ya kanelo e e kwadiwang, barutwana ba tla thala/kwala dikanelo ka mo dibukeng tsa bona.

TEKOTLHALOGANYO E E KWADIWANG

- 1 Pele ga thuto, kwala setlhogo sa kgang mo patitshokong.
- 2 Morago, kwala potso ya tekotlhaloganyo mo patitshokong, mmogo le foreimi ya tshimologo ya polelo.
- 3 Laela barutwana go bula dibuka tsa bona tsa go kwalela, mme ba kwale setlhogo.
- 4 Bolelela barutwana gore gompieno ba tlide go akanya ka dikarabo tsa dipotso le go di kwala.
- 5 Buisa dipotso le barutwana mme o di tlhalose fa go tlhokega.
- 6 Bolelela barutwana gore ga go tlhokege gore ba kwalolole dipotso, ba kwale fela dikarabo.
- 7 Tsamaya-tsamaya fa gare ga bona o thuse ba ba kgaratlhang.
- 8 Mo metsotsong e le mebedi ya bofelo, sekaseka dikarabo le barutwana, mme o ba letle go tshwaya tiro ya bona.

Puisokaelo ka Ditolophpha



Maikaelelo: Go reetsa morutwana mongwe le mongwe a buisetsa kwa godimo ka nosi. Go aga dikgono tsa go ithusa ka nako ya puiso le go gopola se a buisitseng ka botlalo. Go naya barutwana tshono ya go ithuta go buisa mafoko a medumopuo, mafoko a a dirisiwang gantsi mo puong le dipolelo tse dikhutshwane tse di kgonegang go ka dumisiwa kgotsa go kgaoganngwa ka dinoko pele ba ka fetsa go kwala tirwana ya tekotlhaloganyo ka nosi.

Go botlhokwa gore o reetse morutwana mongwe le mongwe a buisa ka nosi gangwe mo bekeng.

SE O TSHWANETSENG GO SE DIRA KA BARUTWANA BA BA SA BUISENG:

- 1 Pele o simolola ka puiso le setlhophpha, baya barutwana mo maemong a a siameng mme o ba neye dibuka tsa bona tsa go kwalela le matlhare a tiro a puiso.
- 2 Netefatsa gore matlhare a tiro a bolokesegile ka go dirisa difaele kgotsa dikgetsana tsa polasetiki.
- 3 Katisa barutwana ka tsamaiso ya Setswana ya Puisokaelo ka Ditolophpha jaana:
 - a Baya barutwana mo maemong a a siameng mme o ba neye matlhare a tiro.
 - b Ba tlhalosetse tirwana ya ntlha e e tshwanetseng go diriwa mo matlhareng a tiro.
 - c Bitsa setlhophpha go tla go go buisetsa.
 - d Barutwana ba tla boela kwa mannong a bona fa o feditse go reetsa morutwana mongwe le mongwe a buisa.

- e** Laela barutwana go dira tirwana ya go ikotlolola jaaka: Morutabana a re; Binang; temekanang, emang; kgotsa Setulo sa me le Nna
 - *Ntlha: metsotso e le 30 ke nako e telele gore barutwana ba bannye b abo ba ntse ba dira ka nosi le ka tidimalo, ka jalo ba tlhoka nako ya go itumediswa le go ikotlolola.*
 - f** Baya barutwana mo maemong a a siameng mme o ban eye matlhare a tiro.
 - g** Ba tlhalosetse tirwana e e latelang e e tshwanetseng go diriwa mo matlhareng a tiro.
 - h** Bitsa setlhophapha se sengwe go tla go go buisetsa.
- 4** Go botlhokwa gore morutwana yo o bokoa a nne le yo o kgonang mo puisong gore fa ba buisa go tswa mo matlhareng a tiro, yo o kgonang a kgone go thusa yo o bokoa.

POPEGO YA MATLHARE A TIRO LE PUISO:

- 1** Matlhare a Tiro a beke a na le ditirwana di le 10. Go na le ditlhophapha di le 10 tsa puisokaelo ka ditlhophapha mo bekeng. Setlhophapha sengwe se bona tšhono ya go dira le morutabana gangwe mo bekeng mme se se raya gore barutwana ba tlie go dira ditirwana tsa mo matlhareng a tiro ga 9 mo bekeng.
- 2** Ditshwantsho di gopotsa barutwana se ba tshwanetseng go se dira letsatsi le letsatsi:
 - a** Molomo o gopotsa barutwana go dumisa mafoko.
 - b** Leitlho le gopotsa barutwana go buisa mafoko ka go a leba.
 - c** Ngwana a le mongwe o gopotsa barutwana go buisa ka nosi.
 - d** Bana ba babedi ba gopotsa barutwana go buisa le molekane.
 - e** Letsogo le le tshotseng pene le gopotsa barutwana go kwala kgotsa go thala setshwantsho.
- 3** Lenaane la mafoko otlhe a medumopuo le mafoko a a dirisiwang gantsi a rutilwe, le tshwanetse go nna teng. Dikgang tse dintšhwa di na le medumopuo le mafoko a a dirisiwang gantsi a beke le a a setseng a rutilwe. Se se raya gore barutwana ga ba kitla ba kopana le mafoko a ba sa a itseng mo mathareng a tiro.

GO KGAOGANYA BARUTWANA LE GO BA TLHOPHELA DIBUKA TSA PUISOKAELO KA DITLHOPHA:

- 1** Mo dibekeng tse pedi tsa ntlha tsa sekolo, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 2** Dirisa ruburiki e e fa tlase go bay a barutwana go ya ka bokgoni jwa bona.
- 3** Baya barutwana go ya ka bokgoni jwa bona jwa go buisa.
- 4** Mo lenaneong le, puiso e tla ga 10 mo bekeng mme se se raya gore o ka nna le ditlhophapha di le 10 tsa puiso. Fa o na le ditlhophapha tse di ka fa tlase ga 10, o ka dirisetsa nako e nngwe go thusa barutwana ba ba bokoa mo puisong.
- 5** Mo mosupatseleng wa gago, go na le foromo e o tshwanetseng go tlatsa maina a barutwana go ya ka ditlhophapha tsa bona, mmogo le lenaane la go bona se setlhophapha sengwe le sengwe ba se buisetseng.
- 6** **Ntlha:** Ruburiki e kgaoganya barutwana go ya ka bokgoni jwa bona jwa go dirisa maano a go buisa.

- 7 Fa go na le barutwana ba le bantsi ba bokgoni jo bo tshwanang, o ka dirisa puiso le tekotlhologanyo go kgaoganya ditlhophpha.
- 8 Mo phaposing ya barutwana ba le 40, go ka nna le:
 - Setlhophpha se se sa tlalang mo selekanyong sa 1, e ka nna barutwana ba le mmalwa.
 - Setlhophpha se le 1 mo selekanyong sa 2
 - Ditlhophpha di le 2 kgotsa 3 mo selekanyong sa 3
 - Ditlhophpha di le 2 kgotsa 3 mo selekanyong sa 4
 - Setlhophpha se le 1 kgotsa 2 mo selekanyong sa 5.

Ke akanya gore morutwana o buisa mo selekanyong sa: 1	Ke akanya gore morutwana o buisa mo selekanyong sa: 2	Ke akanya gore morutwana o buisa mo selekanyong sa: 3	Ke akanya gore morutwana o buisa mo selekanyong sa: 4	Ke akanya gore morutwana o buisa mo selekanyong sa: 5
<ul style="list-style-type: none"> • Morutwana ga a itse kgotsa o itse mafoko a le mmalwa. • Morutwana ga a lemoge kamano ya ditlhaka le medumo di le dintsi. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a tlwaelegileng a le mmalwa. • Morutwana ga a lemoge kamano ya ditlhaka le medumo e mengwe kgotsa o tlhoka thuso go buisa mafoko ao a iseng a a bone. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng. • Morutwana o tlhoka thuso go dirisa maano a go buisa mafoko a le mantsi ao a iseng a a bone. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng e bile o kgona go dirisa maano a go buisa mafoko a le mantsi ao a iseng a a bone. • Morutwana o tlhoka thuso ka dinako dingwe go dirisa maano a go buisa mafoko a a marara. • Morutwana o buisa ka thelelo. 	<ul style="list-style-type: none"> • Morutwana o itse mafoko a le mantsi a a tlwaelegileng. • Morutwana o kgona go dirisa maano a go buisa mafoko a le mantsi ao a iseng a a bone. • Morutwana o buisa ka thelelo le maikutlo. • Ke morutwana wa maemo a ntla ka mo phaposing.

SE O TLA SE DIRANG LE SETLHOPHA SENGWE LE SEGNWE KA NAKO YA PUISOKAELO KA DITLHOPHA:

- 1 Bitsa setlhophpha go tla go go buisetsa.
 - a Netefatsa gore botlhe ba tshotse setlhengwa se se nepagetseng.
 - b Letla barutwana go nna jaaka seripa sa sediko.
 - c Gopotsa barutwana ka mafoko a go leba a ba ithutileng ona mo bekeng. Bontsha setlhophpha dipapetlana tsa mafoko mme ba ithute go a buisa.
 - d Naya barutwana metsotswana go buisa karolo ya setlhengwa ka nosi le ka tidimalo.

- e Kopa morutwana mongwe le mongwe go buisetsa karolo ya setlhangwa kwa godimo ka nosi.
- 2 Ka nako ya Puisokaelo ka Dithlopha, go botlhokwa go gakologelwa go:
 - a **Supa mafoko a a dirisiwang gantsi.** Gopotsa barutwana gore go na le mafoko a a tlhagelelang gantsi mme ba tshwanetse go ithuta ona ka go a leba fela.
 - b **Go aga bokgoni ba go dirisa maano a go buisa.** fa morutwana a palelwa ke go buisa lefoko, o seka wa simolola ka go mo thusa go le buisa, mo rotoetse go dumisa lefoko, a be a kopanya medumo go bopa lefoko.
 - c **Akgola le go rotloetsa barutwana.** Dira gore puisokaelo ka ditlhophpha e nne le tlhotlhleletso e e siameng mo barutwaneng mme o age go itshepa mo go bona.
 - d **Aga go buisa ka thelelo.** Thusa barutwana go tlhabolola go buisa ga bona mme ba buise jaaka e kete ba a bua. Ba bontshe gore ba buise jang ka thelelo mme ba go latele.
 - e **Aga bokgoni jwa go buisa le kgopololo.** Bolelala barutwana gore ba tshwanetse go akanya ka ga se ba se buisang ka dinako tsotlhe. Ruta barutwana go emisa, ba boele kwa morago go boeletsa se ba se buisitseng fa ba latlhegelsa ke bokao jwa kgang. Ruta barutwana go bopa ditshwantsho mo megopolong ya bona jaaka e kete ba bona baeskopo ya se ba se buisang. Ruta barutwana go leka go gopola se ba se buisitseng. Rotloetsa barutwana go botsa fa ba sa tlhaloganye.

TLHOKOMELO YA MATLHARE A TIRO LE PUISO:

- 1 Ke kakanyo e ntle go tsenya matlhare a tiro ka mo difaeleng kgotsa mo dikgetsaneng tsa polasetiki fa barutwana ba a dirisa.
- 2 Thokomela matlhare a a tiro mme o a boloke sentle fa a sena go dirisiwa.
- 3 O ka kgona go dirisa matlhare a a tiro dingwaga di le dintsi gonno barutwana ba sa kwale mo go ona, mme ba dirisa dibuka tsa go kwalela.

MOKGWA THUSO WA PUISOKAELO KA DITLHOPHA

Gopola gore botlhokwa jwa Puisokaelo ka Dithlopha ke go reetsa morutwana mongwe le mongwe a buisa ka nosi go ba thusa go aga bokgoni go dirisa maano a go buisa. Fa o sena bonno jo bo lekaneng ka mo phaposing go dira se, kgotsa go baya maitsholo a barutwana mo taolong fa o tla be o reeditse setlhophpha se se buisang, go na le tsela e e ka go thusang.

Ka nako ya Puisokaelo ka Dithlopha, baya barutwana mo maemong a a siameng mme o ba neye matlhare a tiro. Morago dira tse di latelang:

- 1 Tlhalosa tirwana ya ntlha e e mo lethhareng la tiro e ba tshwanetseng go e dira.
- 2 Biletsa barutwana kwa tafoleng ya gago ka bongwe go tla go go buisetsa.
- 3 Reetsa morutwana mongwe le mongwe a go buisetsa go tswa mo setlhangweng e e leng mo selekanyong se se maleba.
- 4 Aga bokgoni jwa barutwana ba go dirisa maano a puiso.
- 5 Laela barutwana go dira tirwana ya go ikotlolola morago ga metsotso e le 15.

- 6 Baya barutwana mo maemong a a siameng mme o ba neye matlhare a tiro.
- 7 Ba tlhalosetse tirwana e e latelang e ba tshwanetseng go e dira.
- 8 Tswelela ka go biletsha barutwana kwa tafoleng ya gago go go buisetsa.

Fa o tsere tshweetso ya go dirisa mokgwa o wa thuso ya go reetsa puiso, netefatsa gore o reetsa morutwana mongwe le mongwe a buisa gangwe mo bekeng.



Tlhomagano ya go kwala

Maikaelelo: Go tshegetsa barutwana fa ba ntse ba ithuta go kwala megopoloo ya bona ka nosi. Go lemosa barutwana gore fa ba dirisa tlhomagano ya go kwala ba ka kgona go fetola, go siamisa le go tlhagisa dintlha tsa bone botoka go na le go leka go nepa sengwe le sengwe ka gangwe.

Dikgato tsa tlhomagano ya go kwala ke: go rulaganya, go lekelela go kwala la ntlha, go siamisa le go phasalatsa se se kwadilweng. Barutwana ba katisiwa go latela dikgato tse nne tseno tsa tlhomagano ya go kwala go simolola kwa mophatong wa bongwe go ya go mophato wa boraro fa ba ntse ba fatlhoga.

RULAGANYA GO KWALA

- 1 Lenaneothuto leno le ruta barutwana go tsepama mo go rulaganyeng go kwala ka go dira:
 - a Lenaane
 - b Mmapa wa tlhaloganyo
- 2 Pele barutwana ba itlhamela dithulaganyo tsa bona, o tshwanetse go diragatsa se pele gore ba itse sentle se ba tshwanentseng go se dira. Lenaneothuto le tla go kaela gore o dira se jang.
- 3 Tlhalosetsa barutwana gore o AKANYA ka metlha ka se o yang go kwala ka ga sona. O tshwanetse go tlhalosa dikakanyo tsa gago kwa godimo gore barutwana ba di utlwe.
- 4 Dirisa letlhomeso la go rulaganya go itlhamela thulaganyo ya gago ya go kwala.
- 5 Jaanong naya barutwana metsotso e se mekae go akanya ka se ba yang go se kwala.
- 6 Letla barutwana go gadimana le go abelana dikakanyo tsa bona.
- 7 Kwa bofelong kaela le go tshegetsa barutwana fa ba ntse ba baya matlhomeso a bone.

GO KWALA GA NTLHA

- 1 Pele o simolola go ruta, kwala letlhomeso la gago go rulaganya mo patitšhokong go tswa mo thutong ya Mosupologo.
- 2 Jaanong, ka bokhutswane diragatsa o tlhalosetse barutwana gore ba ya go dirisa jang thulaganyo ya bone ya go itlhamela.
- 3 Bontsha barutwana letlhomeso la go kwala le le tla ba kaelang go dira se.

- 4 Fa barutwana ba ba feleletsa go kwala lwa ntlha, tsamayatsamaya mo phaposing go ba thusa le ba kaela.

TSHIAMISO LE POELETSO

- 1 Kwala lenaanetekolo la go siamisa le le mo lenaneothutong mo patithokong.
- 2 Le buise mme o le tlhalosetse barutwana.
- 3 Go botoka go bontsha barutwana sekao sa go siamisa diphoso tse di dirwang kgafetsa.
- 4 Letla barutwana go siamisa diphoso tsa bona ba dirisa lenaane la go baakanya diphoso.

GO PHASALATSA SE SE KWADILWENG

- 1 Laela barutwana go kwalolola sa bofelo se ba se kwadileng ka makgethe.
- 2 Naya barutwana tshono ya go ananya dibuka le go buisa se balekane ba bona ba se kwadileng.
- 3 Neela barutwana ba ba farologaneng tshono ya go abelana ka se ba se kwadileng ka go se buisetsa phaposi yotlhe.
- 4 Kopa barutwana bangwe go kopololela dikgang tsa bone mo letlhareng le le sa kwalelang, ba take ditshwantsho tse dintle le go saena. Bontsha tiro ya barutwana ka go e manega mo loboteng ka fa phaposing.
- 5 Phutha dibuka tsa barutwana. O kopiwa go tshwaya fela ditirwana tsa go kwala di le pedi tsa morutwana mongwe le mongwe mo kgweditharong o dirisa ruburiki e e neetsweng. Le fa go ntse jalo buisa mme o tshwaele dintlha ka ga go kwala ga barutwana mo legatong lengwe le lengwe la go kwala.
- 6 Gape, go itshepa ke karolo e e botlhokwa ya go godisa dikgono tsa go kwala.



Maano a go kwala

Dipoelo: Go naya barutwana ditogamano tse di tla ba kaelang le go ba thusa fa ba ntse ba leka go kwala dikakanyo tsa bone ka nosi.

- 1 Latela lenaneothuto go wetsa ditirwana tsa go kwala beke le beke.
- 2 Mo mananeothutong a, o tla lemoga gore ditogamaano tsa go kwala ga di latelwe ka metlha. Se se thusa barutwana gore ba itse go solo fela eng mo dithutong tsa go kwala. Se se thusa ka go itshepa.
- 3 O tla lemoga gore barutwana ba rutiwa ditogamaano tse di farologaneng ka bonya gore ba kgone go feleletsa lethomeso ka katlego.
- 4 Maikaelelo ke gore tiriso ya ditoga maano tse, e itlele fela.
- 5 Ditogamaano tse di ruta barutwana dikgato tse ba tshwanetseng go di latela fa ba kwala mme se, se aga go itshepa ga bona.

TOGAMAANO 1: MORUTABANA O DIRAGATSA GO KWALA PELE

- a** Morutabana lwa ntlha o supetsa barutwana sentle se ba tshwanetseng go se dira.

TOGAMAANO 2: BAKWADI BA A AKANYA PELE BA KWALA

- a** Go kwala ke go bayo dikakanyo tsa gago mo pampiring.
- b** Se se raya gore bakwadi ba akanya pele mme ba tsee tshwetso gore ba tla kwala eng pele.
- c** Boammaruri ke gore fa o kwala ga gona ‘dikarabo’ tse di fosagetseng kgotsa tse di siameng ka ntlha ya gore mokwadi mongwe le mongwe o kwala dikakanyo tsa gagwe.
- d** Ka dinako tsotlhe naya barutwana nakwana ya go akanya ka se ba batlang go se kwala.

TOGAMAANO 3: BAKWADI BA THALELA LEFOKO LENGWE LE LENGWE MOTHALO.

- a** Bakwadi ba akanya ka polelo e ba batlang go e kwala ba bo ba e buela kwa godimo.
- b** Bakwadi ba bala gore go na le mafoko a le makae mo polelong ba bo ba thala mothalo wa lefoko lengwe le lengwe.
- c** Methalo e thalelwgo tswa kwa molemeng go ya kwa mojeng, le go tswa kwa godimo go ya kwa tlase.
- d** Methalo e thalelwgo ya ka bolele jwa lefoko
- e** Go tshwanetse ga nna le diphatlha fa gare ga mafoko.
- f** Kwa bofelong ba polelo barutwana ba baya khutlo.
- g** Jaanong barutwana ba kwala mafoko mo godimo ga methalo. Fa ba sa itse go kwala lefoko ba leke go kwala pele modumo o le simololang ka one pele ba kopa thuso.
- h** Se se naya dikakanyo tsa morutwana popego le go dira gore a itshephe. Jaanong le barutwana ba ba kgaratlhang ba ka simolola dikgato tsa go kwala.

TOGAMAANO 4: BAKWADI BA DIRISA DIDIRISWA GO KWALA MAFOKO

- a** Ruta barutwana go se kope thuso ka dinako tsotlhe fa ba sa itse go kwala lefoko. Ba tshwanetse go simolola ka go dirisa didiriswa tse dingwe go leka go kwala mafoko a bas a a itseng. Dikao:
- b** Mafoko a a mo loboteng
- c** Dibuka tse dingwe
- d** Mafoko a mopeleto.
- e** Ba ka botsa le balekane ba bone.

TOGAMAANO 5: BAKWADI BA DIRISA SE BA SE GAKOLOGELWANG GO KWALA MAFOKO

- a Barutwana ba tshwanetse go leka go gakologelwa mafoko a ba ithutileng ona, mme ba a kwale.

TOGAMAANO 6: BAKWADI BA BUELA MAFOKO KA BONYA JAAKA KHUDU

- a Ruta barutwana go buela lefoko le ba sa le itseng ka bonya go utlwa medumo e e farologaneng ya lona. (go kgaoganya)
- b Ruta barutwana go kwala medumo yotlhe e ba ka e utlwang. (Ba ka nna ba se kgone go peleta lefoko gentle fela se ke tshimologo ya go kwala mafoko a ba sa a itseng. Sekao: ph e ka nna ya kwalwa jaaka p. Morutabana a ka agela mo godimo ga se, go bontsha mokwadi mopeleto o o nepagetseng.
- c Leka go buisa se morutwana a se kwadileng a dirisa medumopuo mme o mo akgolele kitso ya gagwe ya medumopuo. Go botlhokwa go rotloetsa bokgoni jo.

TOGAMAANO 7: BAKWADI BA BUISA SE BA SE KWADILENG

- a Bakwadi ba ipuisetsa dipolelo tsa bona kwa godimo kgotsa go molekane. Go buisetsa yo mongwe se o se kwadileng go dira gore tsamaiso ya go kwala e tlhaloganyege botoka.
- b Fa ba dira se, ba netefatsa fa go se na mafoko a ba a tlogetseng.
- c Gape ba netefatsa fa mafoko a bona a latelana sentle.
- d Se se botlhokwa ke go netefatsa gore barutwana ba itumelela tsamaiso ya go kwala le go nna motlotlo ka se ba se kwadileng.

TOGAMAANO 8: BAKWADI BA A GADIMANA BA BUE

- a Mo dinakong tse di farologaneng tsa thuto, barutwana ba ka gadimana mme ba buisana le molekane ka go refosana.
- b Se, se ka dirisetswa go abelana ka dikakanyo tsa se ba tla kwalang ka sona, go buisetsana ka se ba se kwadileng, go bolellana ka ditshwantsho tsa bona kgotsa go netefatsa fa ba tlhaloganye se ba tshwanetseng go se dira.
- c Ruta barutwana go lebaganya difatlhego tsa bona mme ba buele kwa tlase.

TOGAMAANO 9: TSHWARA DIKOPANONYANA

- a** Se ke togamaano e e mosola ya fa barutwana ba kwala
- b** Tsamayatsamaya mo phaposing mme o ele tlhoko barutwana ba ba kgaratlhang.
- c** Tshwara kopanonyana le morutwana.
- d** Ela tlhoko tiro ya morutwana, o mo reetse mme o mo neye thuso e e maleba.
- e** Leka go thusa morutwana mongwe le mongwe mme o ba rotloeletse maiteko a bona.

Mophato 1

KGWEDITHARO 3

Beke

1

THITOKGANG: Gotlhe kwa toropong



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa mafelo a a farologaneng kwa toropong, jalojalo.
- 5 Dira dipatliso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: Batlisisa ka dintlha tse di itumedisang mo toropong e e gaufi mo kgaolong ya gago.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.g
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola dithlopha tsa gago tsa puisokaelo ka dithlopha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhathlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 2, A re buiseng

Tirwana 2: Bukatiro ya DBE 2: Tsebe 3 le 4, A re kwaleng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 5, A re kwaleng

Tirwana 4: Thala setshwantsho sa lefelo le o le ratang kwa toropong

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsostso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Supetsa barutwana setshwantsho sa ntlha sa kgang ya: Nna ka pabalesego Lesego mo bukakgolong
- 2 Bolelela barutwana gore lo tlie go simolola setlhogo sa molaetsa o montšhwa: Gotlhe kwa toropong
- 3 Thala sediko go dikologa setlhogo sa molaetsa mo patitšhokong
- 4 Botsa barutwana jaana: *Lo setse lo itse eng ka setlhogo sa molaetsa o?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa o wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba kgaratlha go abelana ka dikakanyo ba botse dipotso tse:
 - a Toropo ke eng?
 - b Mafelo a mangwe kwa toropong ke afe?
 - c Ke mang yo o nnang kwa toropong?

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - pabalesego
 - go se babalesege
 - kotsi

Raeme kgotsa pina	Tiragatso
Toropo ya rona x 2	<i>Barutwana ba supa kwa ntle ka matsogo</i>
E na le sekolo, e na le poso	<i>Barutwana ba supa ditshwantsho</i>
E na le kereke, le marekelo	<i>Barutwana ba supa ditshwantsho</i>
Lebala la metshameko	<i>Barutwana ba supa ditshwantsho</i>
Ruri re a ipela x 2	<i>Barutwana ba a tlolatlola</i>



Mokwalo

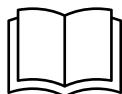
15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a fala.
 - b huma.
 - c jela.
 - d kokona.
 - e wela.
 - f mmopa.
 - g fenya
 - h nnaya.
 - i thiba.
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Pele Ga Puiso

15 metsotso

MAANO A TEKOTLHALOGANYO: PONELOPELE MATSENO

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: Nna ka pabalesego Lesego
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5 Ruta mafoko a mantšhwa
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

BEKE 1

SETLHOGO: Kwala ka sengwe se se dirang gore o ikutlwae o babalesegile le se se dirang gore o ikutlwae o sa babalesega.

TIRO: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA: Ke ikutlwae ke babalesegile ...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla kwala ka sengwe se se dirang gore ba ikutlwae ba babalesegile.
- 2 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 3 Bolelela_barutwana kakanyo ya setshwantsho sa gago, jaaka: Ke ikutlwae ke babalesegile gotlhe fela kwa toropong fa ke na le ba lelapa la me.
- 4 **Diragatsa** ka go thala setshwantsho sa gago le ba lelapa la gago le tsamaya mo mmileng ko toropong.
- 5 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke ikutlwae ke babalesegile kwo toropong fa ke na le ba lelapa la me.
- 6 Phimola sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

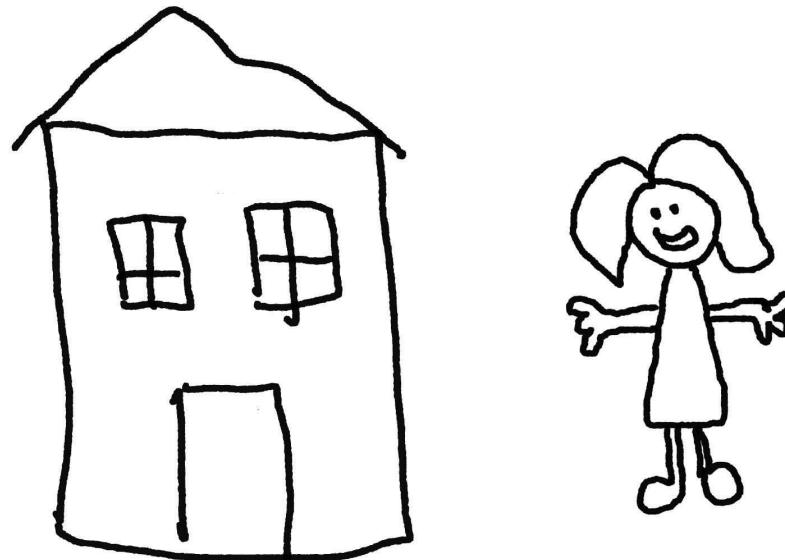
- 1 Botsa barutwana jaana: Mmogo le barutwana, akanyang ka mafoko a a buang ka pabalesego.
- 2 Kwala mafoko mo patitshokong jaaka: Lelapa, tshwarana ka diatla, gae.
- 3 Laela barutwana go **akanya** pele ba kwala
- 4 Bitsa barutwana ba le 2–3 go go bolelela gore ke eng se se dirang gore o babalesege?
- 5 Ba tshwanetse gore: Ke ikutlwae ke babalesegile....
- 6 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala: nna
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ikutlwā ke sireletsegile fd ke le kwd sekolong.



Puisokaelo Ka Ditlhophpha

30 metsotso

BEKE 1

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo /ph/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a nang le modumo wa /ph/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: pholo, phaka, pheko

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **phala, phaka, phiri, pholo, pheko**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

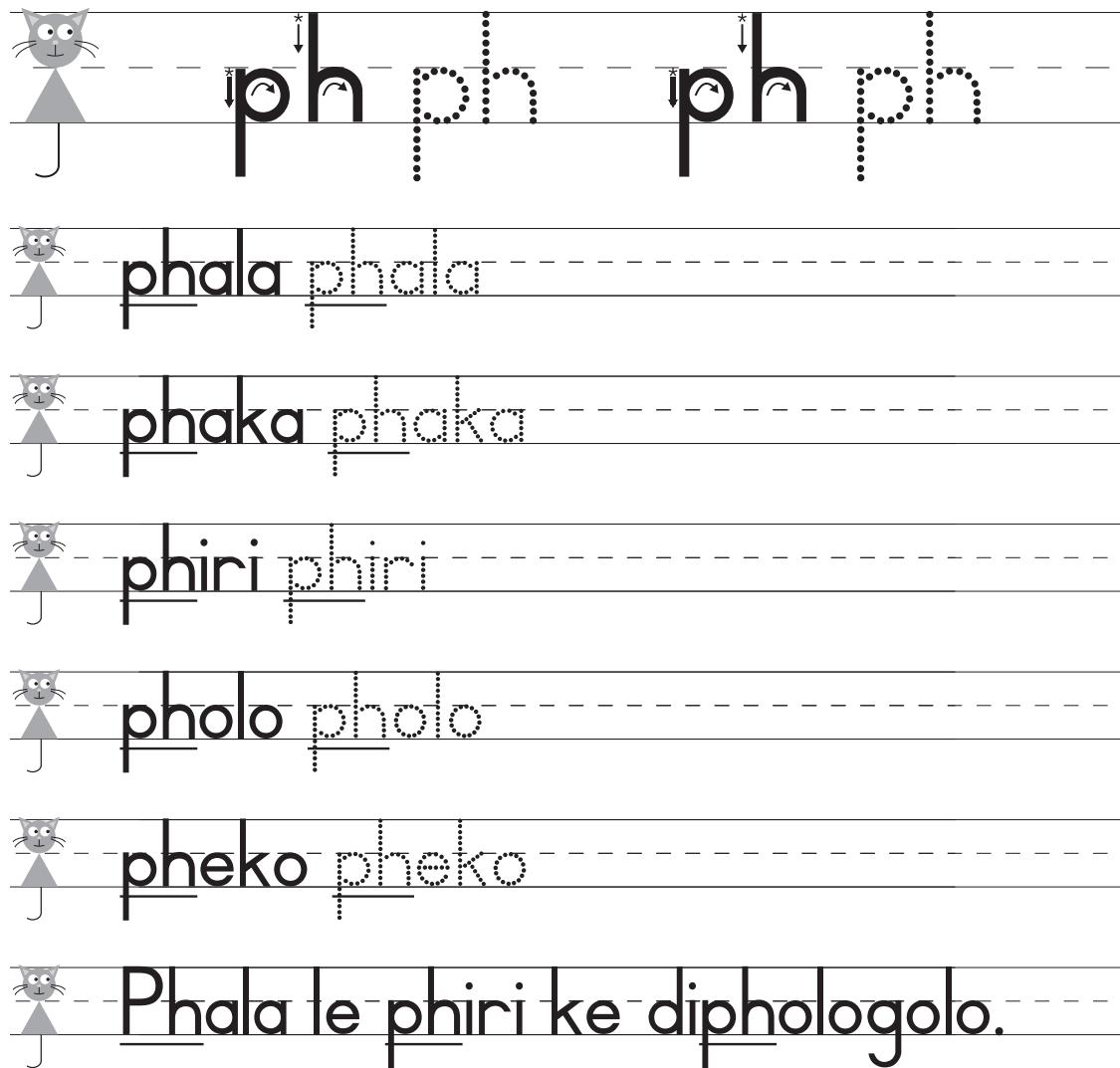


Mokwalo:

15 metsotso

Go Kwala Ditlhaka Tse Dintšhwa /Mafoko/Dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **ph**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.

**LENANEO LA THEFOSANO YA MOKWALO**

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 metsotso

MAANO A TEKOTLHALOGANYO: GO IPOTSA / DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
Nna ka pabalesego Lesego!	
Ka Lamathato mongwe mo mosong, mmaagwe Lesego o ne a ya go jela tsala ya gagwe nala. A sadisa sentle Lesego le Mapule ka go ba tlamparella. 'Le nne le ka pabalesego. Le gopole go nna mmogo letsatsi lotlhe. Fa le ka ya kwa mabenkeleng, le tsamaye go bapa le mmila, e seng mo ditselaneng tse di mo gare ga matlo! Le se ke la bo la tsamaela gope gaufi le šebine.	
Ka thapama, Ntate Thapelo, e bong moagisani wa gabolLesego, a mmiletsa kwa ga gagwe. O ne a ntsha madi. 'Tswee tswee, nkele kwa lebenkeleng le le ka fa morago ga šebine mme o nthekele nama le bogobe kwa teng,' a rialo, 'o ka nna wa ithekela dimonamone mo tseleng.'	Ke ipotsa gore a Lesego o tla ya go tlela Ntate Thapelo dijo?
Lesego o ne a akanya ka gore a bitse Mapule gore ba tsamaye mmogo. Fela, o ne a sa batle go kgaogana madi a o a neetsweng le kgaitsadie!	Lesego o itse sentle gore ga a tshwanela go tsamaya a le nosi. O itse gape gore ga a tshwanela go tsamaela gaufi le šebine! Ke ipotsa gore a Lesego o tla reetsa mmaagwe?
Letsatsi le ne le setse le phirima, fela Lesego a ne a akanya gore gongwe fa a ka itlhaganela a ka goroga pele ga mmaagwe, ka jalo, mmaagwe ga a kitla a itse. Lesego o ne a tsaya madi mo go Ntate. 'Ke ba leleditse mogala kwa lebenkeleng. Dijo tsa me di tla bo di siame fa o goroga kwa teng!' Ntate Thapelo a rialo, ka monyebo.	Ke ipotsa gore a Lesego o tla kgoroga go goroga kwa gae pele ga mmaagwe?
Lesego a tsenya madi mo kgwatheng ya gagwe mme a tabogela kwa lebenkeleng. Mmaagwe Lesego o ne a mo laile gore fa a ya kwa lebenkeleng, a tsamaye mo tseleng. Fela go ne go le gaufi thata fa a ralala ka ditselana go ya kwa mabenkeleng! O ne a akanya gore fa a ka tsamaya ka tselana, o tla goroga kwa gae pele ga mmaagwe. Ka jalo, mmaagwe ga a kitla a itse sepe.	Ke ipotsa gore mmaagwe Lesego o tla ikutlwajang fa a ka bona Lesego a taboga a le nosi mo ditselaneng?
E rile fa le Lesego a bona šebine, a taboga ka tselana go ya kwa lebenkeleng. O ne a ya ka tlhamalalo kwa khaontareng. 'Ke tlide go tsaya dijo tsa ga Ntate Thapelo,' a bua a ba neela madi.	Ke ipotsa gore mmaagwe Lesego o tla ikutlwajang fa a ne a ka bona Lesego gaufi le kwa šebineng, a le nosi?

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
Fela fa Lesego a re o a retologa gore a tsamaye, ga bo go eme banna ba le bararo mo tselaneng e tshesane. Ba ne ba mo rotoletse matho. O ne a tshoga. 'Ke akanya gore jaanong ke a itse gore ke ka ntlha ya eng fa mme a ne a mpolelala gore ke se ke ka tla fa šebineng,' a akanya jalo.	Ke ipotsa gore a ke la ntlha Lesego a diragalelwaa ke sengwe se se tshosang gaufi le kwa šebineng?
Lesego o ne a dirisa madi potlana go ithekela dimonamone go tswa mo lebenkeleng le le gaufi. Ijoo! Go tloga go fifala jaanong.	
O ne a taboga go ralala ditselana, a leka go goroga kwa gae pele go fifala le pele mmaagwe a goroga. Fa a tsweletse a taboga jalo, lekawana lengwe la mmitsa, 'Tlaya kwano mosetsana! Tlaya o bue le nna! a rialo. Lesego o ne a ikutlwaa a tshogile. 'Ke akanya gore ke itse gore goreng mme a mpoleletse gore ke sekaka tsamaya ka ditselana, a akanya jalo mme a oketsa lebelo la gagwe.	Ke ipotsa gore a ke la ntlha Lesego a diragalelwaa ke sengwe se se tshosang mo tselaneng e a neng a ralala mo go yona?
Kwa bofelong fa a goroga kwa gae, Ntate Thapelo o ne a mo letile. 'A mme o setse a gorogile mo gae? A o mmone? Lesego a botsa a tshogile tota. 'Nnyaya, ga ke ise ke mmone,' ga rialo Ntate. Lesego o ne a goga mowa go tswa kwa boteng go supa kgololosego.	
E rile fa Lesego a ntse mo mathuding a ja dimonamone, a tsaya tshwetso. O ne a swetsa ka boena gore a kitla a tsamaela gaufi le šebine kgotsa a taboga mo ditselaneng gape.	Nka fopholetsa ka kitso ya me gore Lesego o a bona jaanong gore o ne a le mo kotsing. O a itse gore go na le dilo tse di feteletseng tse di ka mo diragalelang go na le go galefa ga ga mmaagwe.
Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Ntate Thapelo o ne a kopa Lesego go mo ela kwa kae?	O ne a mo kopa go mo ela kwa lebenkeleng le le ka fa morago ga šebine go ya go tseela dijo kwa teng.
Mmaagwe Lesego o ne a mo kgalemelela go se ye kwa kae?	O ne a mo kgalemelela go se tsamaye mo dotselaneng kgotsa gaufi le šebine.
Potso ya goreng	Dikarabo tse di solo fetsweng
Goreng Lesego a ne a ya kwa šebineng, le fa mmaagwe a mo kgalemeletse go se ye kwa teng?	<ul style="list-style-type: none"> • Ka gonno o ne a sa akanye fa sengwe se se maswe se ka diragala. • Ka gonno o ne a batla dimonamone. • Ka gonno Ntate Thapelo o mo kopile go ya go mo tseela dijo kwa lebenkeleng. • Ka gonno o ne a sweditse ka gore mmaagwe a ka se itse.



Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 3**
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labobedi**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labobedi**.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tlhokang go dira mo ditlhopheng kgotsa ditirwana.

Laboraro



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotsos

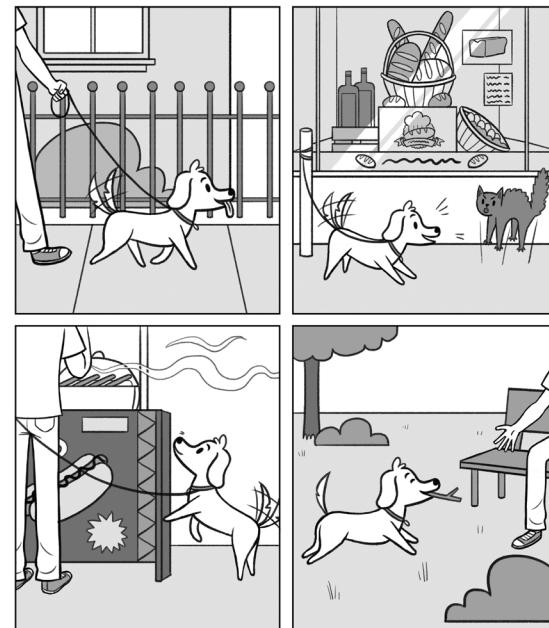
TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye(SDTB)
- 2 Kgomaretsa mafoko mo pating ya tlotlofoko
 - tlhagisa
 - tlhagiso
 - temana

Raeme kgotsa pina	Tiragatso
Toropo ya rona x 2	Barutwana ba supa kwa ntle ka matsogo
E na le sekolo, e na le poso	Barutwana ba supa ditshwantsho
E na le kereke, le marekelo	Barutwana ba supa ditshwantsho
Lebala la metshameko	Barutwana ba supa ditshwantsho
Ruri re a ipela x 2	Barutwana ba a tlolatlola

GO ANELA KGANG(BEKE YA NTLHA YA MOLAETSA WA SETLHOGO)

- 1 Kgaoganya barutwana ka ditlhhotshwana
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhanelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Leboga barutwana ka go abelana ka dikgang tsa bona.





Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo /tl/**
- 2 Bua modumo mme o emise barutwana go o boeletsa x 3**
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a nang le modumo wa /tl/?**
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **tloga, tlola, tlaleya****

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tlola, tlotta, tlama, tloga, tlaleya****
- 2 Bontsha barutwana lefoko fa o le bua.**
- 3 Laela barutwana go boeletsa mafoko fa o a bua.**
- 4 Kgomaretsa mafoko mo pating ya medumopuo.**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

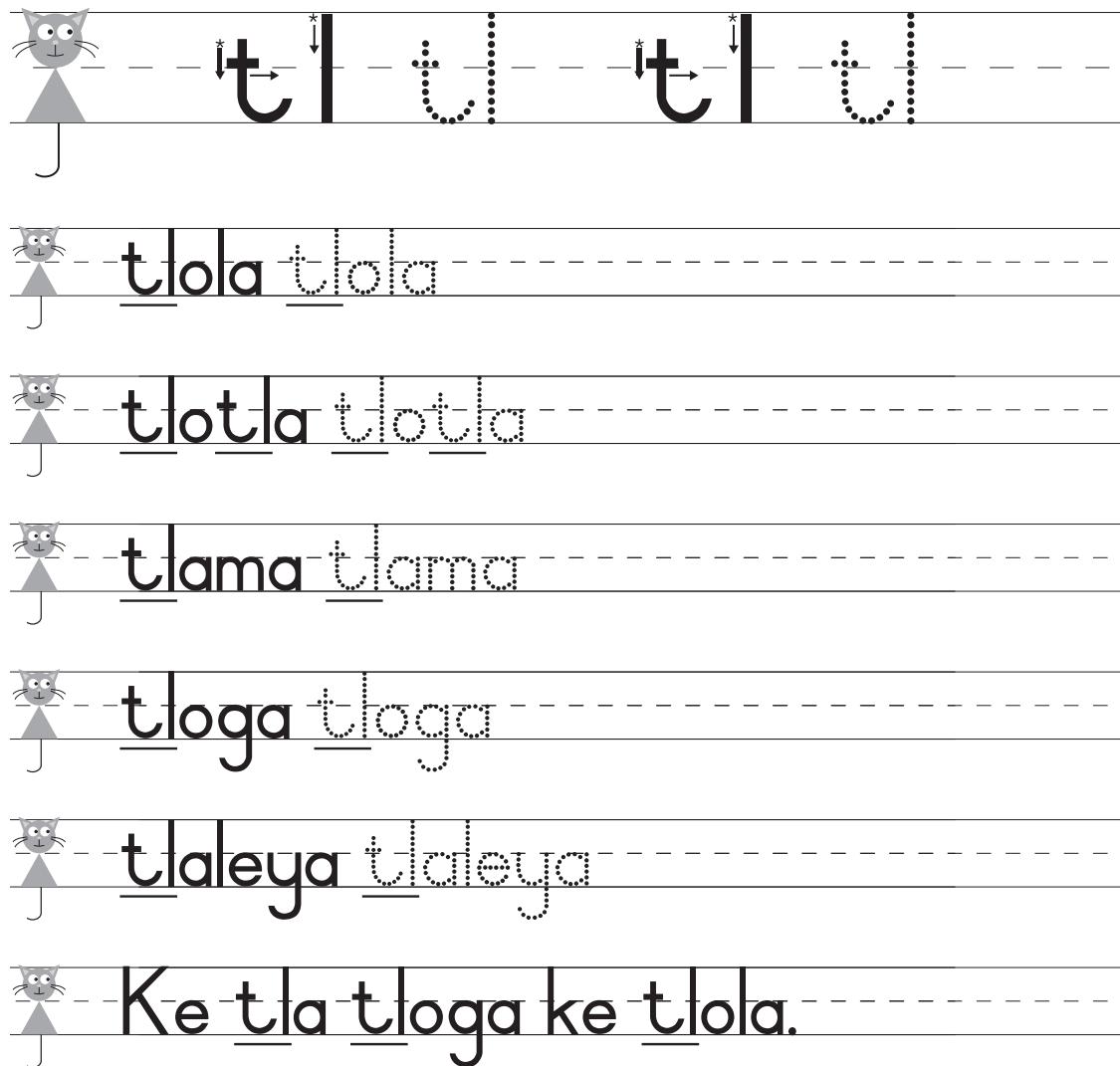


Mokwalo:

15 metsotso

go kwala ditlhaka/mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanny ka nepagalo: **tl****
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.**
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.**
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.**
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit**
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.**
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.**



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsots

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Kwala ka sengwe se se dirang gore o ikutlw o babalesegile le se se dirang gore o ikutlw o sa babalesega

TIRWANA: Thala sethwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA:

Ke ikutlw ke babalesegile ga.....

Ke ikutlw ke sa babalesega ga...

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore gompieno ba tlie go oketsa ka polelwana go tswa mokwalong wa mosupulogo. Barutwana ba tla kwala ka sengwe se se dirang gore ba ikutlw ba sa babalesega.
- 2 Balela barutwana letlhomeso le lentsha.
- 3 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 4 Ke ikutlw ke sa babalesega ga ke tsamaya ke le esi bosigo.
- 5 Diragatsa go thala sethwantsho sa gago o tsamaya o le esi bosigo.
- 6 Tlhalosa gore o tla kwala mafoko afe mme o thalele lefoko le lengwe le le lengwe mothalo: **Ke ikutlw ke sa babalesega fa ke tsamaya ke le esi bosigo**
- 7 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

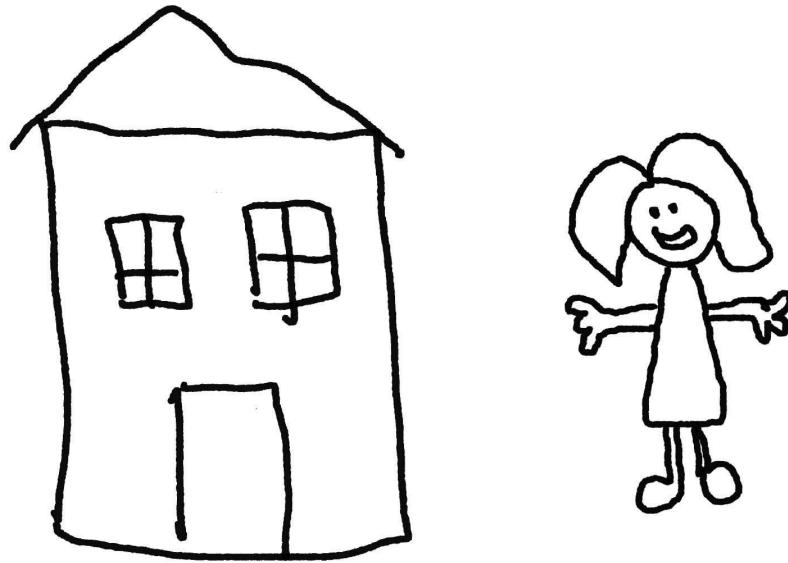
- 1 **Mmogo le barutwana, akanyang ka mafoko a a buang ka maikutlo a go se babalesege.**
- 2 Kwala mafoko a mo patit, jaaka esi, lefifi, latlhegetswe, bosigo jj
- 3 Botsa barutwana jaana: **Ke eng se se dirang gore o ikutlw o sa babalesega?**
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 Bitsa barutwana ba 2–3 go go bolelala ka sengwe se se dirang gore ba ikutlw ba sa babalesega
- 6 Ba tshwanetse gore: **Ke ikutlw ke sa babalesega....**
- 7 Bolelala barutwana gore jaanong ba tla thala le le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa ka maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3 laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ikutlwad ke sireletsegile fa ke le kwd sekolong.



Ke ikutlwad ke sa sireletsegd fa ke le nosi kwd gde.



Puisokaelo Ka Ditlhophha

30 metsots

BEKE 1

DITLHOPHA: _____

- 1 Naya barutwana botlhe ba tshotse **matlharetiro a puiso**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **phala**
- 3 Kgaoganya lefoko ka medumo ya lona : /ph/-/a/-/l/-/a/
- 4 Bua modumo o o simololang lefoko: /ph/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patitshokong **phala**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /pha/-/la/ = **phala**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **tloga**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **pheko**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /ph/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /e/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /k/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /o/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /ph/-/e/-/k/-/o/
- 8 Kwala lefoko: **pheko**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /phe/-/ko/ = **pheko**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **tlotla**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotsos

MAANO A TEKOTLHALOGANYO: GO AKANYA / DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Nna ka pabalesego Lesego! Ka Lamathatso mongwe mo mosong, mmaagwe Lesego o ne a ya go jela tsala ya gagwe nala. A sadisa sentle Lesego le Mapule ka go ba tlamparela. ‘Le nne le ka pabalesego. Le gopole go nna mmogo letsatsi lotlhe. Fa le ka ya kwa mabenkeleng, le tsamaye go bapa le mmila, e seng mo ditselaneng tse di mo gare ga matlo! Le se ke la bo la tsamaela gope gaufi le šebine.	
Ka thapama, Ntate Thapelo, e bong moagisani wa gabolesego, a mmiletsha kwa ga gagwe. O ne a ntsha madi. ‘Tswee tswee, nkele kwa lebenkeleng le le ka fa morago ga šebine mme o nthekele nama le bogobe kwa teng,’ a rialo, ‘o ka nna wa ithekela dimonamone mo tseleng.’	
Lesego o ne a akanya ka gore a bitse Mapule gore ba tsamaye mmogo. Fela, o ne a sa batle go kgaogana madi a o a neetsweng le kgaitsadie!	Nka fopholetsa ka kitso ya me gore Lesego o tshwanetse a bo a ne a batla dimonamone e le tota!
Letsatsi le ne le setse le phirima, fela Lesego a ne a akanya gore gongwe fa a ka itlhaganel a ka goroga pele ga mmaagwe, ka jalo, mmaagwe ga a kitla a itse. Lesego o ne a tsaya madi mo go Ntate. ‘Ke ba leeditse mogala kwa lebenkeleng. Dijo tsa me di tla bo di siame fa o goroga kwa teng! Ntate Thapelo a rialo, ka monyebo.	Lesego o tshwenyegile fela ka gore mmaagwe a se ka a bo a itse fa a tlotse melawana e a e neetsweng. Ga a akanye ka go se babalesege ga gagwe!
Lesego a tsenya madi mo kgwatheng ya gagwe mme a tabogela kwa lebenkeleng. Mmaagwe Lesego o ne a mo laile gore fa a ya kwa lebenkeleng, a tsamaye mo tseleng. Fela go ne go le gaufi thata fa a ralala ka ditselana go ya kwa mabenkeleng! O ne a akanya gore fa a ka tsamaya ka tselana, o tla goroga kwa gae pele ga mmaagwe. Ka jalo, mmaagwe ga a kitla a itse sepe.	Lesego o tshwenyegile fela ka gore mmaagwe a tlie go galefa. Nka fopholetsa ka kitso ya me gore ga a bone fa sepe se se bosula se ne se ka mo diragalela.
E rile fa le Lesego a bona šebine, a taboga ka tselana go ya kwa lebenkeleng. O ne a ya ka tlhamalalo kwa khaontareng. ‘Ke tlie go tsaya dijo tsa ga Ntate Thapelo,’ a bua a ba nela madi.	

Beke 1 • Thitokgang: Gotlhe kwa toropong

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Fela fa Lesego a re o a retologa gore a tsamaye, ga bo go eme banna ba le bararo mo tselaneng e tshesane. Ba ne ba mo rotoletse matlho. O ne a tshoga. 'Ke akanya gore jaanong ke a itse gore ke ka ntlha ya eng fa mme a ne a mpolelela gore ke se ke ka tla fa šebineng,' a akanya jalo.	Lesego o ikutlwa a tshogile. O tshwanetse a bo a bona gore sengwe se se maswe se ka diragala gaufi le kwa šebineng.
Lesego o ne a dirisa madi potlana go ithekela dimonamone go tswa mo lebenkeleng le le gaufi. Ijoo! Go tloga go fifala jaanong.	
O ne a taboga go ralala ditselana, a leka go goroga kwa gae pele go fifala le pele mmaagwe a goroga. Fa a tsweletse a taboga jalo, lekawana lengwe la mmitsa, 'Tlaya kwano mosetsana! Tlaya o bue le nna! a rialo. Lesego o ne a ikutlwa a tshogile. 'Ke akanya gore ke itse gore goreng mme a mpoleletse gore ke sek a tsamaya ka ditselana, a akanya jalo mme a oketsa lebelo la gagwe.	Lesego o ikutlwa a tshogile. O tshwanetse a bo a bona gore sengwe se se maswe se ka diragala mo ditselaneng!
Kwa bofelong fa a goroga kwa gae, Ntate Thapelo o ne a mo letile. 'A mme o setse a gorogile mo gae? A o mmone? Lesego a botsa a tshogile tota. 'Nnyaya, ga ke ise ke mmone,' ga rialo Ntate. Lesego o ne a goga mowa go tswa kwa boteng go supa kgololosego.	Nka fopholetsa ka kitso ya me gore Lesego o itumetse ka gore mmaagwe a ka se itse fa a robile melao
E rile fa Lesego a ntse mo mathuding a ja dimonamone, a tsaya tshwetso. O ne a swetsa ka bona gore a kitla a tsamaela gaufi le šebine kgotsa a taboga mo ditselaneng gape.	Le fa mmaagwe Lesego a se kitla a itse, Lesego o swetsa gore a ke se tlhole a roba melao gape. Nka fopholetsa ka kitso ya me gore Lesego o a tlhaloganya jaanong gore ke ka ntlha ya eng fa mmaagwe a mo neile melao e o.
Dipotso tsa tatelelo	Dikarabo tse di soloftsweng
Lesego o rekile dimonamone kwa kae?	O di rekile kwa lebenkeleng le le gaufi.
Ke tshweetso efe e Lesego a e tsereng kwa bokhutlong jwa kgang e?	O tsere tshweetso ya gore a ka se tlhole a tsamaela gaufi le šebine kgotsa a ipona a taboga mo ditselaneng gape.
Potsa ya goreng	Dikarabo tse di soloftsweng
Goreng Lesego a ne a swetsa ka gore ga a kitla a tsamaela gaufi le šebine kgotsa a taboga mo ditselaneng gape?	<ul style="list-style-type: none"> • Ka gonnie o ne a ikutlwa a tshogile tota fa a ne a le gaufi le šebine. • Ka gonnie o ne a ikutlwa a tshogile tota fa a ne a le mo ditselaneng a tabogela kwa gae. • Ka gonnie o a bona gore sengwe se se maswe se ka mo diragalela!



Puisokaelo Ka Ditlhophha

30 metsotsos

BEKE 1

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**.
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labone**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**.
- 7 Bitsa sethlopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosuputsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, tiragatso, go tlhalosa, go bua, gore barutwana ba tlhaloganye(SDTB)
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - gololosega
 - go fegelwa ga kgololosego
 - tshweetso

Raeme kgotsa pina	Tiragatso
Toropo ya rona x 2	<i>Barutwana ba supa kwa ntle ka matsogo</i>
E na le sekolo, e na le poso	<i>Barutwana ba supa ditshwantsho</i>
E na le kereke, le marekelo	<i>Barutwana ba supa ditshwantsho</i>
Lebala la metshameko	<i>Barutwana ba supa ditshwantsho</i>
Ruri re a ipela x 2	<i>Barutwana ba a tlolatlola</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong
Mo kgannyeng e....
Ke ithutile gore....
Ke akanya gore Lesego o ne a ikutlw a boifa ka gonne....
- 2 Buisetsa barutwana lethomeso
- 3 Baya barutwana ka ditlhhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlie go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela tshwaelo ya barutwana.



Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Batla Mafoko

BEKE 1

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

ph	tl	a
o	l	k
i	e	r
m	g	y

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /ph/ kgotsa /tl/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /ph/-/a/-/k/-/a/ = **phaka**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /ph/ kgotsa /tl/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /r/-/e/-/m/-/a/ = **rema**

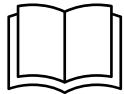
BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **ph, tl**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **phala, phaka, phiri, pholo, pheko, tlola, tlotla, llama, tloga, tlaleya, rema, gola, kika, yole, gagamala**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokpanelo: Morago Ga Puiso

15 metsotso

MAANO A TEKOTLHALOGANYO: TSHOBOKANYO

GO SOBOKANYA KGANG

- 1 Tlhalosa gore barutwana ba tlie go bua ka sengwe se ba sa se ratang ka kgang: Nna ka pabalesego Lesego
- 2 Diragatsa go bontsha barutwana ka go anela ka dipolelo tse 1–2 ka dilo tse pedi tse di diragetseng fa kgannyeng, jaaka: Sa ntlha Lesego a tabogela kwa lebenkeleng . Morago ga moo a tsaya dijo tsa ga ntate Thapelo
- 3 Tsholetsa ditshwantsho tsa Buka Kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng
- 4 Laela barutwana go akanya ka se se diragetseng mo kgannyeng.
- 5 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona le balekane. Thusa barutwana go bopa dipolelo tse di feletseng
- 6 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana
- 7 Laela barutwana go gadima ba bua mme ba abelana ka dikanelo tsa bona le balekane.
(Ba sek a bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)



Puisokaelo Ka Ditolopho

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**.
- 2 Tlhalosetsa barutwana **tirwana1 ya Labotlhano**.
- 3 Bitsa setlhopho sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopho go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana le puiso**.
- 6 Tlhalosetsa barutwana bothle **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhopho sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhopho tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhathloba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

Mophato 1

KGWEDITHARO 3

Beke

2

THITOKGANG: Gotlhe kwa toropong



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Netefatsa gore dipati le tafole ya setlhogo sa molaetsa tsa gago di na le dilwana tsa bosheng.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Oketsa dilwana tsa dipati le tafole ya setlhogo sa molaetsa tsa gago tse di tla gogelang barutwana Jaaka: ditshwantsho tsa ditoropo tse farologaneng
- 5 Dira dipatlisiso mo inthaneteng go baakanyetsa thitokgang. Sekao: dira dipatlisiso ka batho ba ba botlhokwa mo toropong ya gago
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 6, A re buiseng

Tirwana 2: Bukatiro ya DBE 2: Tsebe 7–9, A re kwaleng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 10, A re buiseng

Tirwana 4: Thala setshwantsho sa motho yo o botlhokwa mo toropong ya gago.

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BEKE 2

BOELETSNA THITOKGANG: GO RIBILOLA DILO TSE O DI ITSENG

- 1 Supetsa barutwana setshwantsho sa ntlha/sa bobedi/ sa kgang ya: Salang Sentle Dikgetsana tsa Polasetiki
- 2 Bolelela barutwana gore le tswelela ka thitokgang: Gotlhe kwa toropong
- 3 Thala sediko go dikologa **setlhogo sa molaetsa** mo gare ga patitshokong
- 4 Botsa barutwana jaana: *Go fitlha jaanong lo ithutile eng mo setlhogong seno?*
- 5 Kwala ditshwaelo tsa barutwana go dikologa mmapa wa tlhaloganyo.
- 6 Fa barutwana ka kgaratlha go araba, botsa dipotso tse di latelang go ba thusa:
 - a Ke eng se se babalesegileng kwa toropong?
 - b Ke eng se se sa babalesegang kwa toropong?
 - c Ke eng se o se ratang ka toropo ya lona?
 - d Ke eng se o eletsang gore se ka bo se farologane ka toropo ya lona?

TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye (SDTB)
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - polasetiki
 - matlakala
 - thibelo

Raeme kgotsa pina	Tiragatso
Toropo ya rona x 2	Barutwana ba supa kwa ntle ka matsogo
E na le sekolo, e na le poso	Barutwana ba supa ditshwantsho
E na le kereke, le marekelo	Barutwana ba supa ditshwantsho
Lebala la metshameko	Barutwana ba supa ditshwantsho
Ruri re a ipela x 2	Barutwana ba a tlolatlola



Mokwalo

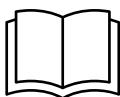
15 metsotso

- 1 Laela barutwana go bulu dibuka tsa bona tsa go kwalela.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a Phala.
 - b Phaka.
 - c Phiri.
 - d Pholo.
 - e Pheko.
 - f Tlola.
 - g Tlotla.
 - h Tlama.
 - i tloga
 - j tlaleya
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patit
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: Salang Sentle Dikgetsana tsa Polasetiki
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5 Ruta mafoko a mantšhwa
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Kwala ka sengwe se se ka tokafatsang lefelo le o nnang mo go lona

TIRO: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA: Nka tokafatsa lefelo le ke nnang mo go lona ka go....

BEKE 2

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla sengwe se se ba batlang go se dira go tokafatsa lefelo le ba nnang mo go lona.
- 2 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 3 Bolelela_barutwana kakanyo ya setshwantsho sa gago, jaaka: Nka rata go tokafatsa lefelo le ke nnang mo go lona ka go ruta batho ka go ntshafatsa matlakala. Nka neela batho botlhe dibini tsa matlakala, ka gonne ke eletsa gore batho ba se ke ba latlha matlakala a ka ntshafatwang.
- 4 **Diragatsa ka go thala setshwantsho sa gago o ruta baagisani ka go ntshafatsa matlakala**
- 5 **Tlhalosa gore o tla kwala mafoko afe mme o thalele lefoko lengwe le lengwe mothalo jaana: Nka tokafatsa lefelo la gaetsho ka go ruta baagisani ba me ka ga ntshafatso ya matlakala.**
- 6 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mafoko a go tokafatsa lefelo le ke nnang mo go lona
- 2 Kwala mafoko mo patitshokong jaaka: matlakala, bini ya matlakala, ntshafatsa, aga, phephafatsa jalojalo.
- 3 Botsa barutwana jaana: ke eng se o ka ratang go se tokafatsa mo lefelo le o nnang mo go lona?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka selo se ba ka se dirang go tokafatsa mafelo a ba nnang mo go ona?
- 6 Ba tshwanetse go bua jaana: Nka tokafatsa lefelo le ke nnang mo go lona ka go...
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

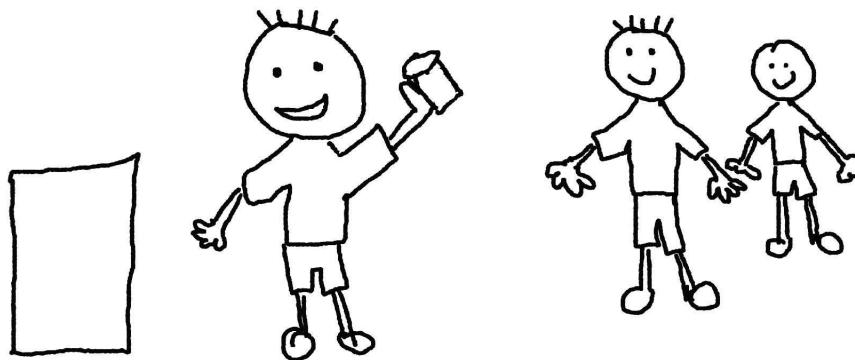
GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**

- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala: buisa, kgotsa kwala lefoko lengwe le ba batlang go le kwala.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadimana mme ba bue** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Nkd tokdfdt+sd motse wd rond kd go seld
matlakalid.



Puisokaelo Ka Dithlopha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**.⁴
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa dithlopha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo dithlopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsots
Go Itsise Modumo Le Mafoko A Mantšhwa.

BEKE 2

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /kg/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya mafoko a a nang le modumo wa /kg/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: kgama, kgalema, kgaola

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **kgaola, kgora, kgama, kgomo, kgalema**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

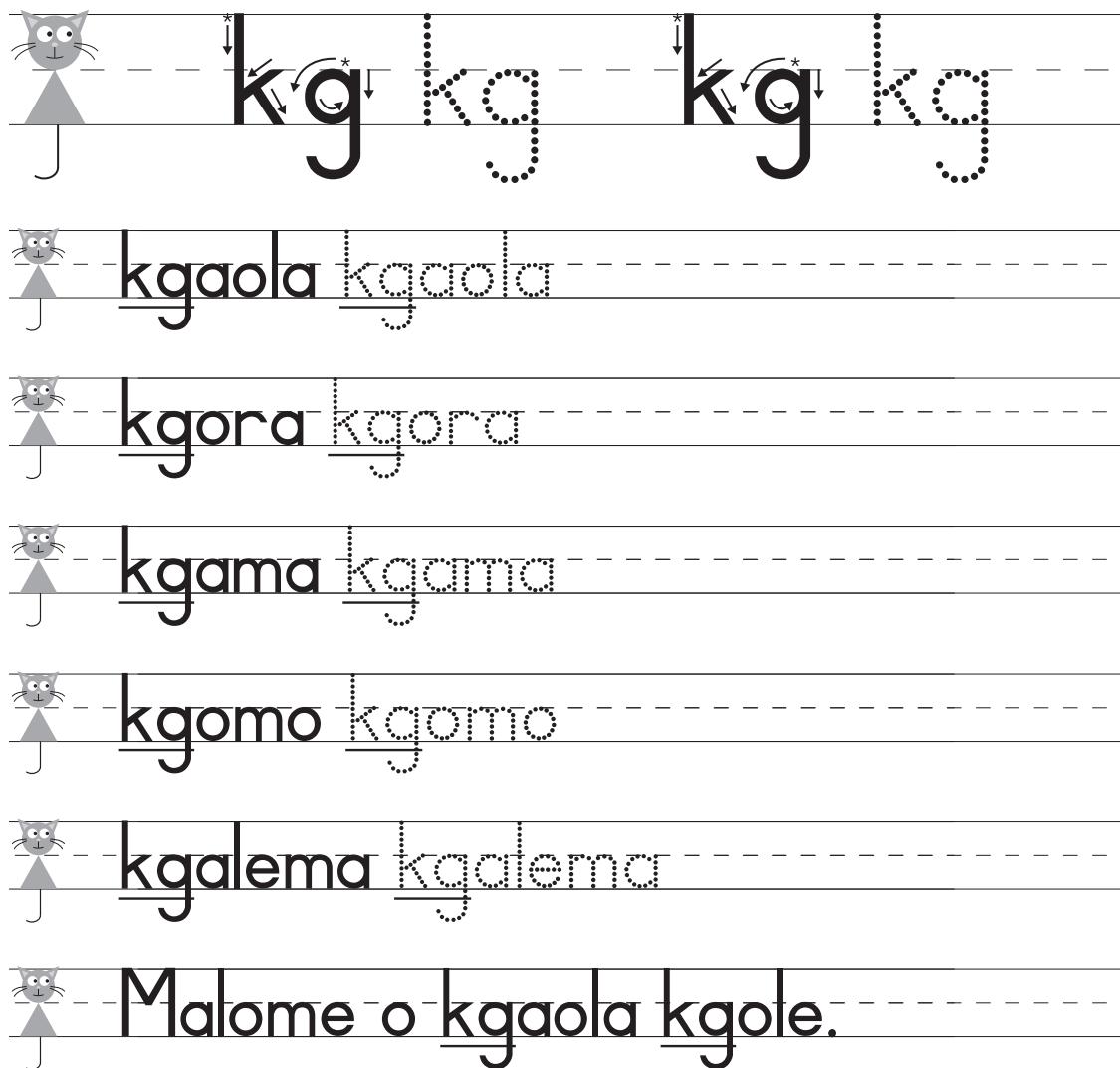
Mafoko: _____



Mokwalo: 15 metsots

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **kg**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 Metsotsos

MAANO A TEKOTLHALOGANYO: KE A IPOTSA/DIRA DITSHEKATSHEKO

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
<p>Salang Sentele Dikgetsana tsa Polasetiki</p> <p>Athikele nngwe e kwadile jaana:</p> <p><i>Melati le Isabel Wijsen ba simolotse Salang Sentele Dikgetsana tsa Polasetiki ba le dingwaga di le 10 le 12, fa morago ga go rotloetswa ke thuto ya kwa sekolong ka ga batho ba botlhokwa, jaaka Nelson Mandela, Lady Diana le Mahatma Gandhi. Barwadi ba motho ba ne ba boela gae ka letsatsi leo ba ipotsa gore 'Re ka dira eng re le bana ba mo Bali GAJAANA, go dira sengwe se se ka tlisang pharologano?' Salang Sentele Dikgetsana tsa Polasetiki o tlhabetswe ke letsatsi ka 2013 mme o godile go nna mokgatlho wa thotloetso o o itsegeng tota wa boditshaba, o o matlafatsang bašwa le go re NNYAYA ka dikgetsana tsa polasetiki (E fitlheletswe ka Seesimane ka Moranang 2020: http://www.byebyeplasticbags.org/team/)</i></p> <p>Athikele e ningwe e kwadile jaana:</p> <p><i>Melati le Isabel Wijsen ba ne ba na le dingwaga di le 10 le 12 fela, ka tatelano, fa ba simolola thuto ya bophageledi jo bo fokoditseng tiriso ya lefatshe ka bophara ya tiriso-gangwe ya polasetiki. Basetsanyana ba babedi ba ne ba rotloeditswe ke naga ya Rwanda ka kiletso ya dikgetsana tsa polyethylene ka 2008, mme ba swetsa go dira gore naga ya bona ya botsalo e bong Bali e dire se Rwanda e se dirileng. Boitshimololedi jwa bona jwa mo gae jwa go phepafatsa mabopo le go tlhagisa dingongorego tsa bona kgatlhanong le puso bo ne jwa gola go nna mokgatlho o o buelelang phokotso ya tiriso ya polasetiki mo dinageng di le 15. Bali gajaana e phepa ka go se dirise dipolasetiki mme Indonesia e tla bo e le foo ka 2021, tsotlhe tse ka ditebogo go barwadia Wisjen. (E fitlheletswe ka Seesimane ka Moranang 2020: https://www.goodhousekeeping.com/life/inspirational-stories/g5188/kids-who-changed-the-world/?slide=1)</i></p> <p>'Go ne go le jang kwa sekolong?' Rre Wisjen a botsa barwadie, jaaka a ne a dira maitsiboa mangwe le mangwe.</p>	Kgang e, e ikaegile ka kgang ya nnete. Go na le dintlha tse di tla re thusang go tlhaloganya kgang e re yang go e buisa.

Beke 2 • Thitokgang: Gotlhe kwa toropong

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
<p>'Gompieno kwa phaposing ya me re ithutile ka ga Nelson Mandela,' ga araba Melati. 'O ne a dumela fa a ka kgona go fetola lefatshe go nna lefelo le le botoka.'</p> <p>'Re rutilwe ka ga kgotlelego ya lefatshe mo phaposing ya rona,' ga araba Isabel.</p> <p>'Rra, a o ne o itse gore polasetiki e kgotlela lewatle mme e bolaya diphologolo? Re ithutile ka ga Rwanda gompieno. Ba ne ba iletsa dikgetsana tsa polasetiki e le mabapi le go thusa go somorela polanete.'</p>	
<p>Ka Lamatlhatso, Melati le Isabel ba ne ba ya kwa lobopong. Ba ne ba tshamekela mo makhubung, Isabel a bona polasetiki e kokobetse mo metsing.</p>	Ke ipotsa gore a e ne e le lantlha Isabel a lemoga fa dipolasetiki di kokobala mo metsing?
<p>Ba ne ba tsamaya mo lebopong ba batlana le dikgopana. Isabel a bona dipolasetiki di gasagane mo motlhabetse wa lobopo. 'Go na le matlakala a le mantsi a dipolasetiki mo lobopong la rona!' Isabel a bolelela wa gaabo, 'Pele ga fa, ke ne ke sa lemoge se.'</p> <p>'Gongwe re iphe tiro mme re sele dipolasetiki tse tsotlhe tse, go na le go sela dikgopana!' ga rialo Melati. 'Re ka thusa ka go fetola lefatshe go nna lefelo le le botoka, fela jaaka Nelson Mandela a dirile.'</p> <p>Isabel le Melati ba ne ba nna koo thapama yotlhe ba sela dipolasetiki tse di neng di kgotletse lobopo.</p>	Ke nagana gore Isabel o lemogile dipolasetiki mo lobopong ka gonno o ne a sa tswa go rutiwa ka kgotlelego ya lefatshe kwa sekolong.
<p>'Leba fa! Re sweditse go thusa ka go phepfatsa lobopo!' ga tlhalosa Isabel fa ba setse ba le gaufi le ditoulo tsa bona tse ba neng ba di adile foo.</p> <p>'A kakanyo e e botlhale!' rraabona a tshwaela.</p> <p>'A ko o akanye fela gore lefatshe la rona le ne le ka lebega jang ntle le matlakala a dipolasetiki! mmaabona le ena a tshwaela.</p> <p>Melati a lebelela kwa lobopong mme a leka go akanya lobopo leo le sena matlakala. 'Tlaya re bitse ditsala tsa rona tsotlhe gore ba tle go re thusa go phepfatsa lobopo lotlhe ka Lamatlhatso o o tlang!' ga rialo Melati.</p>	Ke sekaseka gore Melati o ne a rotloetswa ke se a se ithutileng ka ga Nelson Mandela. O batla go fetola lefatshe go nna lefelo le le botoka, fela jaaka Mandela a dirile.
<p>Mo bekeng eo, Melati le Isabel ba rulaganya letsholo la go phepfatsa lobopo la bona.</p> <p>Santlha, mmaabona o ne a ba thusa ka go founela ditsala tsa bona tsotlhe.</p>	

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
Melati a latela ka go dira dipampitshana tse ba tla di neelang bana kwa sekolong. Kwa bofelong, Isabel a bua le mogokgo kwa sekolong, yo o neng a dumela ka go mo letla go dira kitsiso mo kokoanong ya mo mosong ya sekolo sotlhe.	
Mo mosong wa letsatsi la go phepfatsa lobopo, Melati le Isabel ba ne ba goroga kwa kopanong go sa le gale. Ba lebana ka boitumelo jaaka ditsala, baithuti ka bona, barutabana le mogokgo tota ba kokoana mmogo le bona go ipaakanyetsa go phepfatsa lobopo. Isabel a abela ditlhophpha tse di farologaneng go phepfatsa dikarowlana tse di farologaneng tsa lobopo. Tsamaelang kwa, ga go karolo epe ya lobopo e e tla tlogelwang ka matlakala. Teng fela fao, ba tloga, ba tsena mo tirong.	Isabel o ithutile ka ga kgotlelego ya lefatshe mme Melati ena o ithutile ka ga go fetola lefatshe. Jaanong, ba fetola lefatshe ka go sela matlakala mo lobopong! Ke sekaseka gore ba tshwanetse ba bo ba reeditse ka tlhoafalo mo go se ba neng ba se ithuta kwa sekolong.
Fa letsatsi le wela, lobopo le ne le le phepa. 'Re kgonne!' ga rialo Melati, a lebeletse mokoa wa matlakala a ba a kgobokantseng.	
Mo mafelong a beke e e latelang, fa Melati le Isabel ba ya kwa lobopong, go ne go na le matlakala a le mantsintsi. Ba ne ba bona polasetiki e kokobetse mo metsing.	
Ba tsamaya mo lobopong ba batlana le dikgopana. Ba bona dipolasetiki di gasagane le motlhaba wa lobopo. 'Dipolasetiki di le dintsii senya lobopo la rona!' Isabel a bolelela Melati, 'Ke ne ke sa lemoge se pele ga fa.'	Ke sekaseka ntlha ya gore fa go ise go nne le dipolasetiki di le mmalwa mo lefatsheng, lobopo le ka se nne phepa!
Tlaya re bitse ditsala tsa rona go tla go re thusa go phepfatsa lobopo! ga rialo Melati. 'Ke nagana gore re bolotse letsholo la phepfatso kgapetsa kgapetsa,' Isabel a dumela. 'Gongwe e nne gangwe ka kgwedi? Mme ga ke nagane gore go tla bo go lekane. Ke nagana gore re dire ka thata gore Indonesia e iletse tiriso ya dikgetsana tsa polasetiki, fela jaaka Rwanda. Re ka se tswelele ka go phepfatsa le go phepfatsa fela, re tshwanetse re thuse gape le ka go siamisa bothata jo!' 'Fela jaaka Nelson Mandela!' ga dumela Melati. 'Go ya go ile, salang sentle dikgetsana tsa polasetiki!'	Ke nagana gore Melati le Isabel ba batla go netefatsa fa mabopo otlhe a le phepa go fetisa ka go netefatsa fa go na le dipolasetiki tse di seng dintsii mo lefatsheng!

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Melati le Isabel ba ne ba dira eng boemong jwa go kgobokanya dikgopana?	Ba ne ba kgobokanya matlakala mo lobopong go na le go sela dikgopana.
Melati le Isabel ba ne ba rulaganya eng?	Ba ne ba rulaganya letsholo la phepafatso ya lobopo.
Potso ya goreng	Dikarabo tse di solo fetsweng
Goreng Melati le Isabel ba ne ba rulaganya phepafatso ya lobopo:	<ul style="list-style-type: none">• Ka gonne ba ithutile ka kgotlelego le go fetola lefatshe kwa sekolong.• Ka gonne ba bone dipolasetiki mo lobopong la bona mme ba ne ba batla go le phepafatsa.• Ka gonne ba ne ba kgathalela go dira setšhaba sa bona go nna se se botoka.



Puisokaelo Ka Dithophpha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Laboraro



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotsos

BEKE 2

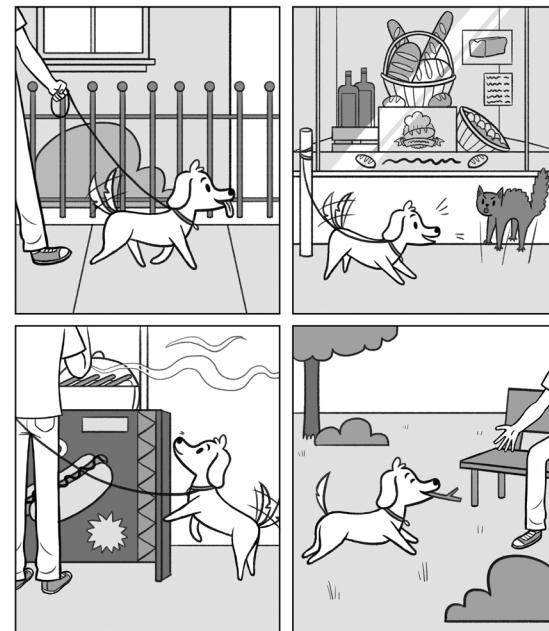
TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa , go tlhalosa le go bua gore barutwana ba tlhaloganye(SDTB)
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - pampitshana
 - rulaganya
 - sela

Raeeme kgotsa pina	Tiragatso
Toropo ya rona x 2	Barutwana ba supa kwa ntle ka matsogo
E na le sekolo, e na le poso	Barutwana ba supa ditshwantsho
E na le kereke, le marekelo	Barutwana ba supa ditshwantsho
Lebala la metshameko	Barutwana ba supa ditshwantsho
Ruri re a ipela x 2	Barutwana ba a tlolatlola

GO ANELA KGANG

- 1 Kgaoganya barutwana ka ditlhhotshwana tsa bona.
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhanelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1-2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.





Medumo Le Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise **papetlana ya modumo /ng/**
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a nang le modumo wa /ng/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **ngata, ngapa, ngongorega**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **ngapa, ngala, ngata, ngaparela, ngongorega**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

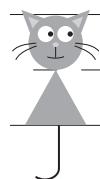
Mafoko: _____

Mokwalo:

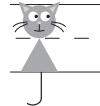
15 metsotso

Go Kwala Ditlhaka Tse Dintšhwa /Mafoko/Dipolelo

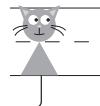
- 
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanny ka nepagalo: **ng**
 - 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
 - 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
 - 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
 - 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
 - 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
 - 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



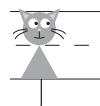
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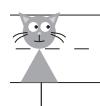
ngapa ngapa



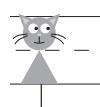
ngala ngala



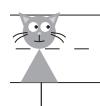
ngata ngata



ngaparela ngaparela



ngongorega ngongorega



Ke a ngongorega.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

15 metsots

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Kwala ka sengwe se o batlang go se dira se se ka tokafatsang lefelo le o nnang mo go lona

TIRO: Thala setshwantsho mme o oketse ka polelo

FOREIMI YA GO KWALA:

Nka tokafatsa lefelo le ke nnang mo go lona ka go....

Se se ka thusa ...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla dirisa maithhomu a bona go thala ka go oketsa ka polelwana go tswa mo mokwalong wa bona wa mosupulogo.
- 2 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.** Gore mogopolu wa bona o tla thusa setshaba jang
- 3 Bolelela barutwana kakanyo ya setshwantsho sa gago, jaaka: Sefala sa go ntšhafatsa matlakala se tletse, le bini ya matlakala e sa tlala.
- 4 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaaka: Mogopolu wa me e ne e le go ruta setšhaba ka ntšhafatso ya matlakala, ke akanya gore le ka thusa setšhaba le lefatshe lotlhe go fokotsa matlakala.**
- 5 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.
- 6 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo.** Se se ka thusa gore lefatshe le nne phepha.
- 7 Phimola sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

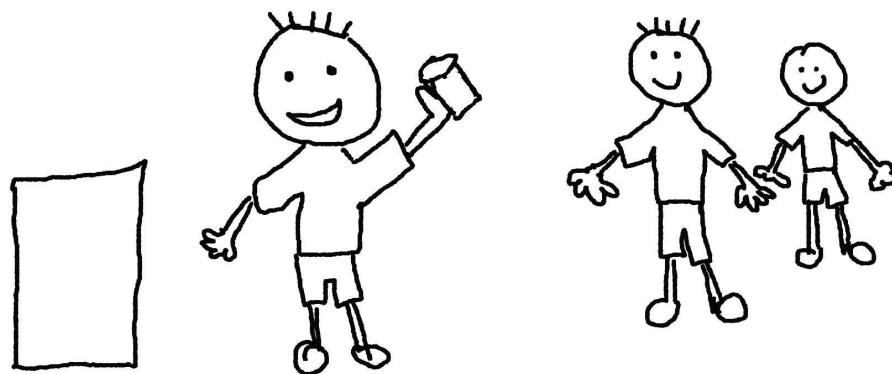
- 1 Mmogo le barutwana akanyang ka mafoko a setshaba sa fa ke nnang teng.
- 2 Kwala mafoko mo patitshokong jaaka: botlhe, bana, baagisani, diphologolo, jalojalo
- 3 Botsa barutwana jaana: Mogopolu wa gago wa mosupologo o tla thusa setšhaba jang?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka gore megopolu ya bona e tla thusa setšhaba jang.
- 6 Ba tshwanetse go bua jaana: Ke itlhomiile ke bona botsalano jo bo sa tlwaelegang magareng se se ka thusa....
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana**.
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala: ithuta.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2 Laela barutwana go **gadimana mme ba bue** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Nkd tokdfdt+sd motse wd rond kd go seld
mdtlakdld.



Seno se +ld thusd gore mebild e nne
phepd.



Puisokaelo Ka Ditlhophha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Laboraro**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.
- 10 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 2

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **kgama**
- 3 Kgaoganya lefoko ka medumo ya lona : /kg/-/a/-/m/-/a/
- 4 Bua modumo o o simololang lefoko: /kg/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /m/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patit **kgama**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /kga/-/ma/ = **kgama**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **ngata**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **kgomo**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /kg/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /m/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /o/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /kg/-/o/-/m/-/o/
- 8 Kwala lefoko: **kgomo**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /kgo/-/mo/ = **kgomo**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **ngala**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotsos

MAANO A TEKOTLHALOGANYO: DIRA DITSHEKATSHEKO

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
<p><u>Salang Sentle Dikgetsana tsa Polasetiki</u></p> <p>Athikele nngwe e kwadile jaana:</p> <p><i>Melati le Isabel Wijsen ba simolotse Salang Sentle Dikgetsana tsa Polasetiki ba le dingwaga di le 10 le 12, fa morago ga go rotloetswa ke thuto ya kwa sekolong ka ga batho ba botlhokwa, jaaka Nelson Mandela, Lady Diana le Mahatma Gandhi. Barwadi ba motho ba ne ba boela gae ka letsatsi leo ba ipotsa gore 'Re ka dira eng re le bana ba mo Bali GAJAANA, go dira sengwe se se ka tlisang pharologano?' Salang Sentle Dikgetsana tsa Polasetiki o tlhabetswe ke letsatsi ka 2013 mme o godile go nna mokgatlho wa thotloetso o o itsegeng tota wa boditshaba, o o matlafatsang bašwa le go re NNYAYA ka dikgetsana tsa polasetiki (E fitlheletswe ka Seesimane ka Moranang 2020: http://www.byebyeplasticbags.org/team/)</i></p> <p>Athikele e ningwe e kwadile jaana:</p> <p><i>Melati le Isabel Wijsen ba ne ba na le dingwaga di le 10 le 12 fela, ka tatelano, fa ba simolola thuto ya bophageledi jo bo fokoditseng tiriso ya lefatshe ka bophara ya tiriso-gangwe ya polasetiki. Basetsanya ba babedi ba ne ba rotloeditswe ke naga ya Rwanda ka kiletso ya dikgetsana tsa polyethylene ka 2008, mme ba swetsa go dira gore naga ya bona ya botsalo e bong Bali e dire se Rwanda e se dirileng. Boitshimololedi jwa bona jwa mo gae jwa go phepafatsa mabopo le go tlhagisa dingongorego tsa bona kgatlhanong le puso bo ne jwa gola go nna mokgatlho o o buelelang phokotso ya tiriso ya polasetiki mo dinageng di le 15. Bali gajaana e phepa ka go se dirise dipolasetiki mme Indonesia e tla bo e le foo ka 2021, tsotlhe tse ka ditebogo go barwadia Wisjen. (E fitlheletswe ka Seesimane ka Moranang 2020: https://www.goodhousekeeping.com/life/inspirational-stories/g5188/kids-who-changed-the-world/?slide=1)</i></p>	

BEKE 2

Beke 2 • Thitokgang: Gotlhe kwa toropong

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
<p>'Go ne go le jang kwa sekolong?' Rre Wisjen a botsa barwadie, jaaka a ne a dira maitsiboa mangwe le mangwe.</p> <p>'Gompieno kwa phaposing ya me re ithutile ka ga Nelson Mandela,' ga araba Melati. 'O ne a dumela fa a ka kgona go fetola lefatshe go nna lefelo le le botoka.'</p> <p>'Re rutilwe ka ga kgotlelego ya lefatshe mo phaposing ya rona,' ga araba Isabel.</p> <p>'Rra, a o ne o itse gore polasetiki e kgotlela lewatle mme e bolaya diphologolo? Re ithutile ka ga Rwanda gompieno. Ba ne ba iletsa dikgetsana tsa polasetiki e le mabapi le go thusa go somorela polanete.'</p>	Ke gakologelwa gore Melati le Isabel ba rulagantse letsholo la go phepfatsa lobopo le go thusa ka kiletso ya dikgetsana tsa polasetiki kwa nageng ya bona ya Indonesia. Ke sekaseka gore ba tota ba kgathala thata fela ka go dira lefatshe lefelo le le botoka le batho ba ka le itumelelang!
Ka Lamatlhatso, Melati le Isabel ba ne ba ya kwa lobopong. Ba ne ba tshamekela mo makhubung, Isabel a bona polasetiki e kokobetse mo metsing.	
<p>Ba ne ba tsamaya mo lebopong ba batlana le dikgopana. Isabel a bona dipolasetiki di gasagane mo motlhabetse wa lobopo. 'Go na le matlakala a le mantsi a dipolasetiki mo lobopong la rona!' Isabel a bolelela wa gaabo, 'Pele ga fa, ke ne ke sa lemoge se.'</p> <p>'Gongwe re iphe tiro mme re sele dipolasetiki tse tsotlhe tse, go na le go sela dikgopana!' ga rialo Melati. 'Re ka thusa ka go fetola lefatshe go nna lefelo le le botoka, fela jaaka Nelson Mandela a dirile.'</p> <p>Isabel le Melati ba ne ba nna koo thapama yothe ba sela dipolasetiki tse di neng di kgotletse lobopo.</p>	Ke sekaseka gore Melati le Isabel ba kgathalela setshaba sa bona ka gonane ba tshotse letsatsi lotlhe ba phepfatsa!
<p>'Leba fa! Re sweditse go thusa ka go phepfatsa lobopo!' ga tlhalosa Isabel fa ba setse ba le gaufi le ditoulo tsa bona tse ba neng ba di adile foo.</p> <p>'A kakanyo e e botlhale!' rraabona a tshwaela.</p> <p>'A ko o akanye fela gore lefatshe la rona le ne le ka lebega jang ntle le matlakala a dipolasetiki!' mmaabona le ena a tshwaela.</p> <p>Melati a lebelela kwa lobopong mme a leka go akanya lobopo leo le sena matlakala. 'Tlaya re bitse ditsala tsa rona tsotlhe gore ba tle go re thusa go phepfatsa lobopo lotlhe ka Lamatlhatso o o tllang!' ga rialo Melati.</p>	Ke nagana gore Melati le Isabel ba kgathalela go ipona ba dira lefatshe lefelo le le botoka ka gonane ba batla go phepafaletsa mongwe le mongwe lobopo. Lobopo le ga se la bona!
Mo bekeng eo, Melati le Isabel ba rulaganya letsholo la go phepfatsa lobopo la bona.	Ke nagana gore ba tshwanetse ba dire ka thata ka go rulaganya le go tla ka maano a go phepfatsa lobopo.

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
<p>Santlha, mmaabona o ne a ba thusa ka go founela ditsala tsa bona tsotlhe.</p> <p>Melati a latela ka go dira dipampitshana tse ba tla di neelang bana kwa sekolong.</p> <p>Kwa bofelong, Isabel a bua le mogokgo kwa sekolong, yo o neng a dumela ka go mo letla go dira kitsiso mo kokoanong ya mo mosong ya sekolo sotlhe.</p>	
<p>Mo mosong wa letsatsi la go phepfatsa lobopo, Melati le Isabel ba ne ba goroga kwa kopanong go sa le gale. Ba lebana ka boitumelo jaaka ditsala, baithuti ka bona, barutabana le mogokgo tota ba kokoana mmogo le bona go ipaakanyetsa go phepfatsa lobopo.</p> <p>Isabel a abela ditlhophpha tse di farologaneng go phepfatsa dikarowlana tse di farologaneng tsa lobopo. Tsamaelang kwa, ga go karolo epe ya lobopo e e tla tlogelwang ka matlakala. Teng fela fao, ba tloga, ba tsena mo tirong.</p>	Ke sekaseka gore Isabel le Melati ba akanya e bile ba rulagane ka gone ba netefatsa gore ditlhophpha di dire mo lobopong lotlhe.
<p>Fa letsatsi le wela, lobopo le ne le le phepa. 'Re kgonne!' ga rialo Melati, a lebeletse mokoa wa matlakala a ba a kgobokantseng.</p>	Ke sekaseka ntlha ya gore ba kgathala e le tota ka go phepfatsa lefelo la bona, ka gone ba ipela ka matlakala otlhe a ba a kgobokantseng.
<p>Mo mafelong a beke e e latlang, fa Melati le Isabel ba ya kwa lobopong, go ne go na le matlakala a le mantsintsi. Ba ne ba bona polasetiki e e kokobetse mo metsing.</p>	
<p>Ba tsamaya mo lobopong ba batlana le dikgopana. Ba bona dipolasetiki di gasagane le motlhaba wa lobopo. 'Dipolasetiki di le dintsdi senya lobopo la rona!' Isabel a bolelela Melati, 'Ke ne ke sa lemoge se pele ga fa.'</p>	
<p>'Tlaya re bitse ditsala tsa rona go tla go re thusa go phepfatsa lobopo!' ga rialo Melati.</p> <p>'Ke nagana gore re bolotse letsholo la phepfatso kgapetsa kgapetsa,' Isabel a dumela.</p> <p>'Gongwe e nne gangwe ka kgwedi? Mme ga ke nagane gore go tla bo go lekane. Ke nagana gore re dire ka thata gore Indonesia e iletse tiriso ya dikgetsana tsa polasetiki, fela jaaka Rwanda. Re ka se tswelele ka go phepfatsa le go phepfatsa fela, re tshwanetse re thuse gape le ka go siamisa bothata jo!'</p> <p>'Fela jaaka Nelson Mandela!' ga dumela Melati.</p> <p>'Go ya go ile, salang sentle dikgetsana tsa polasetiki!'</p>	Fa ke buisa gotlhe ka ga tiro ya bonatla e Isabel le Melati ba e dirileng, ke sekaseka ntlha ya gore ba kgathalela go rarabolola mathata a setshaba sa bona le go tlisa diphetogo tse di bonalang tota.

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Melati le Isabel ba ne ba thusa setšhaba sa bona jang?	<ul style="list-style-type: none"> • Ba thusitse setšhaba sa bona ka go phepfatsa lobopo. • Ba thusitse setšhaba sa bona ka go rulaganya letsholo la go phepfatsa lobopo. • Ba thusitse setšhaba sa bona ka go lwela kiletso ya dikgetsana tsa polasetiki.
Isabel o ne a rotloetswa ke naga efe?	O ne a rotloetswa ke Rwanda ka gonne ba ne ba iletsha tiriso ya dikgetsanyana tsa polasetiki.
Potsa ya goreng	Dikarabo tse di solo fetsweng
O nagana gore Melati le Isabel ke batho ba mofuta mang?	<i>Ke nagana gore Melati le Isabel ba..... ka gonne</i>



Puisokaelo Ka Ditrhophha

15 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labone**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BEKE 2

TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye (SDTB)
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - tlhotlheleditsweng
 - kgobokanya
 - setshaba

Raeeme kgotsa pina	Tiragatso
Toropo ya rona x 2	Barutwana ba supa kwa ntle ka matsogo
E na le sekolo, e na le poso	Barutwana ba supa ditshwantsho
E na le kereke, le marekelo	Barutwana ba supa ditshwantsho
Lebala la metshameko	Barutwana ba supa ditshwantsho
Ruri re a ipela x 2	Barutwana ba a tlolatlola

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitšhokong
Nka dira tshekotsheko ya gore Melati le Isabel ba kgathalela setšhaba sa bona gonne...
Ke akanya gore Melati le Isabel ba... gonne...
- 2 Buisetsa barutwana letlhomeso.
- 3 Baya barutwana ka ditlhhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlie go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela tshwaelo ya barutwana.



Medumo Le Medumopuo: Go Batla Mafoko

15 metsotso

Kwala lenaane leno le le nang le medumo e lo setseng lo eithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

kg	ng	o
a	r	m
l	e	p
t	g	u

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /kg/ kgotsa /ng/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /kg/-/o/-/r/-/a/ = **kgora**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /kg/ kgotsa /ng/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /r/-/o/-/m/-/a/ = **roma**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **kg, ng**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **kgaola, kgora, kgama, kgomo, kgalema, ngapa, ngala, ngata, ngaparela, ngongorega, roma, roroma, tuma, gama, tuma, tlola**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotsos

MAANO A TEKOTLHALOGANYO: TSHOBOKANYO / DIRA TSHEKATSHEKO

MOTLOTLO KGOTSA GO KWALA KANELO KA KGANG

- 1 Tlhalosa gore barutwana ba tla bolela ka sengwe se ba se ratileng mo kgannyeng: Salang Sentle Dikgetsana Polasetiki
- 2 Gape ba tla bua ka tshekatsheko ya batshameki ba e leng Melati le Isabel.
- 3 Ke rata fa Melati le Isabel ba tlhotlhleditswe go phepafatsa lebopo la bona ka se ba ithutileng ka sona kwa sekolong. Ke dira tshekotsheko gape ya gore Melati le Isabela ba thusitse ka go re ba ne ba batla go phepafaletsa setshaba lebopo, e seng bona fela.
- 4 Bontsha barutwana ditshwantsho tsa bukagolo. Laela barutwana go akanya ka se se diragetseng.
- 5 Laela barutwana go akanya ka se ba se ratileng ka kgannye le tshekatsheko e ba ka e dirang ka batshameki mo kgannyen ya Salang Sentle Dikgetsana tsa Polasetiki
- 6 Kopa barutwana ba le 2–3 go abelana ka dikakanyo le barutwana ba ba ngwe. Thusa barutwana go feleletsa dipolelwana tsa bone.
- 7 Tlhalosa mme o be o tshawaye diphoso tse di tshwanang tsa barutwana.
- 8 Kwa bofelong, kopa barutwana go gadima ba bue mme ba abelane ka ditshwantsho tsa bona le balekane. (*Ba sek a bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!*)



Puisokaelo Ka Ditlhophpha

15 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labotlhano**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labotlhano**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le bothhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buositse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

Mophato 1

KGWEDITHARO 3

Beke

3

THITOKGANG: Go dira mmogo



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: Ditshwantsho tsa bana ba ba dirang mmogo
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: dira dipatlisiso tsa go re ke ka ntlha yang go le botlhokwa go re batho ba dire mmogo.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhе tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola dithlopha tsa gago tsa puisokaelo ka dithlopha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 11&12, A re kwaleng

Tirwana 2: Bukatiro ya DBE 2: Tsebe 13, A re kwaleng Tsebe 14 A re buiseng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 15&16 6, A re direng

Tirwana 4: Thala setshwantsho sa . Thala seswantsho sa motho yo a go thusang

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsostso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Supetsa barutwana setshwantsho sa bukakgolo sa kganny e ya: Bitirutu e kgolo
- 2 Bolelela barutwana gore lo tlie go simolola thitokgang e ntshwa: Go dira mmogo
- 3 Thala sediko go dikologa setlhogo sa molaetsa mo patit
- 4 Botsa barutwana jaana: *Lo setse lo itse eng ka setlhogo sa molaetsa o?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa o wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba kgaratlha go abelana ka dikakanyo ba botse dipotso tse:
 - a Go kaya eng go dira mmogo?
 - b Ke ditsela di feng tse re ka di dirisang go thusa batho?
 - c Ke ditsela di feng tse batho ba ka di dirisang go re thusa?

BEKE 3

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - Tirisanommogo
 - Bitirutu
 - Kotula

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x2)	Barutwana ba kopanya matsogo
Re a thusana	
Nna le wena le yole re le mmogo	Barutwana ba a supana ba bo ba kopanya matsogo
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Biletsa barutwana mafoko a a latelang:
 - a kgaola
 - b kgora
 - c kgama
 - d kgomo
 - e kgalema
 - f ngapa
 - g ngala
 - h ngata
 - i ngaparela
 - j ngongorega
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patit
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: Bitirutu e kgolo
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5 Ruta mafoko a mantšhwa
- 6 Buisa kgang yothe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Kwala ka nako e o neng o dira le motho yo mongwe

TIRO: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA: Ke dirile le...go...

BEKE 3

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba akanye ka nako e ba neng ba dira le motho yo mongwe
- 2 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 3 Bolelela_barutwana kakanyo ya setshwantsho sa gago, jaaka: Ke dira di lo di le dintsi le kgaitjadike, Ke tlide go kwala ka nako e re neng ra dira mmogo go rekela Mme khomputara.
- 4 **Diragatsa** ka go thala setshwantsho sa nna le kgaitjadike re tlhopha khomputara mmogo.
- 5 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke dirile le kgaitjadike go rekela khomputara
- 6 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

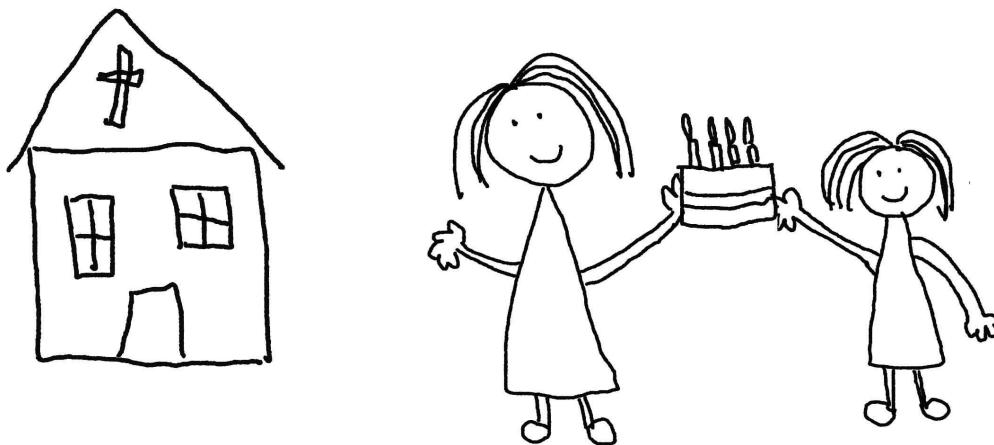
- 1 Mmogo le barutwana akanyang ka batho ba re ka dirisanang le bona.
- 2 Kwala mafoko mo patitshokong jaaka: Kgaitjadi, nkgonne, moithuti jj
- 3 Botsa barutwana jaana: Ke mang yo o dirileng naye? Ke eng se lo se dirileng mmogo?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka gore ba dirile le bo mang, Ke tiro e fe e ba e dirileng mmogo?
- 6 Ba tshwanetse go bua jaana: Ke dirile le....go....
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala: nna
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ne kd thusd mme go bdkd dikuku tsd kwd
kerekeng.



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /nt/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a simololang ka modumo o /nt?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **ntima, ntene, nta**

BEKE 3

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **nta, ntima, ntoma, ntene, ntaola**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago gag ago.
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

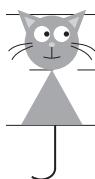


Mokwalo:

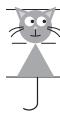
15 metsotsos

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

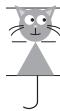
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **nt**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



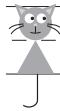
n't nt n't nt



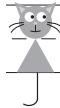
ntanta



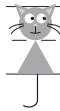
ntima ntima



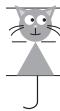
ntoma ntoma



ntena ntena



ntaola nttaola



Nta e ntomile.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 metsotsos

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLO

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Bitirute e kgolo</p> <p>Rre Baloyi wa molemi o ne a nna le mosadi wa gagwe, e bong Mama Rhandu, mo polaseng ya bona e ntle kwa Venda. Molemi o ne a tletse boitumelo ka gone mmu wa polasa ya gagwe o ne o nonne mme ka ngwaga oo, pula le yona e ne e nele mo go kgotsofatsang. Molemi Baloyi le Mama Rhandu ba ne ba itumeletse kotulo ya bona.</p>	Nka bopa setshwantsho sa mogopoloo sa molemi a ngebangeba fa a lebeletse tshingwana ya gagwe e ntle e talatala.
<p>Ka letsatsi le lengwe, fa e ne e le nako e e siameng ya go kotula, Molemi Baloyi o ne a tsamaela kwa tshingwaneng ya gagwe ya merogo.</p> <p>'Ke nako,' ga rialo Molemi Baloyi. 'Ke tla kotula merogo ya me.'</p> <p>Molemi Baloyi a kotula dieiye. A kotula ditapole. A kotula digwete. O ne a kotula dibilitirute fela e le nngwe ya tsona e ne e le thata go kumoga! E ne e le kgolokgolo thata. E ne e le Bitirute e kgolokgolo!</p>	
<p>Molemi Baloyi a leka go komula, a kumola, a bo a komula. Fela bitirute ya nna ya gana go tswa mo mmung.</p> <p>'Ke tlhoka thuso,' ga rialo molemi. A bitsa mosadi wa gagwe, Mama Rhandu.</p>	Nka bopa setshwantsho sa mogopoloo sa Molemi Baloyi a komula, a bo a kumola ka thata moo e bile a feleletsang a fufuletswe!
<p>Rre Baloyi le Mama Rhandu ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo Mama Rhandu. A bitsa morwae, e bong Nsovo.</p>	Nka bopa setshwantsho sa mogopoloo ka Molemi Baloyi le Mama Rhandu ba kumola bitirute mmogo go fitlhelela matsogo a bona a nna bothhoko.
<p>Molemi Baloyi le Mama Rhandu le Nsovo ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo Nsovo. A bitsa ntšwa ya bona.</p>	Nka bopa setshwantsho sa mogopoloo sa balelapa, botlhe ba leka go kumula bitirute go fitlhelela mekwatla ya bona e utlwalelwaa ke ditlhabi.

BEKE 3

Beke 3 • Thitokgang: Go dira mmogo

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ya bona ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo ntšwa. Ya bitsa katse.	
Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ga mmogo le katse ba leka go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo katse. Yona ya bitsa legotlo.	
Molemi Baloyi le Mama Rhandu, Nsovo, ntšwa le katse ga mmogo le legotlo komula bitirute e kgolo. Ba komula, ba kumola, ba komula, ba bo ba komula ya bo e re K-U-U-U-M-O-O-O!	Nka bopa setshwantsho sa mogopolo ka balelapa, botlhe ba tletse leswe. Leswe la bona le kgomaretse mo mofufutsong wa bona fa ba tsweletse ba kumola, ba bo ba kumola!
Bitirute e kgolo ya tlhagelela mme ba e kumola! 'Ke kgonne!' ga goa legotlo. 'Ke kumotse bitirute e kgolo!'	Nka bopa setshwantsho sa mogopolo sa mongwe le mongwe a wela kwa le bitirute e kgolo fa kwa bofelong e kumoga le go tswa mo mmung!
Mo bosigong joo, mongwe le mongwe mo polaseng o ne a na le moletlo wa merogo. Fa ba tsweletse ba ja, ba ne ba dira metlae le go tshega ka bitirute e kgolo le legotlo le le maatla!	Nka bopa setshwantsho sa mogopolo ka ga tswina e e monatenate ya bitirute e kgolo!
Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Ke eng se se ganelelang mo mmung?	Ke bitirute e kgolo.
Ke mang yo o thusang go kumola bitirute?	Molemi Baloyi, Mama Rhandu, Nsovo le ntšwa, katse le legotlo.
Potso ya goreng	Dikarabo tse di solo fetsweng
Bopa setshwantsho sa mogopolo sa badiragatsi botlhe ba kgang e, ba kumola le go kumola ka thata. A o akanya tota fa e le legotlo le kumotseng bitirute go tswa mo mmung? Goreng o re ke lona kgotsa e se lona.	<ul style="list-style-type: none"> • Ke akanya gore e ne e le legotlo le le nnye ka gonne mongwe le mongwe o ne a leka go kumola, a bo a leka mme e kgonne go kumoga fela fa legotlo le tla go thusa. • KGOTSA • Ga ke akanye gore ke legotlo le le nosi ka gonne mongwe le mongwe o ne a tsentse seatla a thusa. Mongwe le mongwe o ne a kumola mme botlhe ba dirile gore bitirute e kgolo kwa bofelong e kumoge go tswa mo mmung!



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 3**
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labobedi.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso.**
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labobedi.**
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tlhokang go dira mo ditlhopheng kgotsa ditirwana.

BEKE 3

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



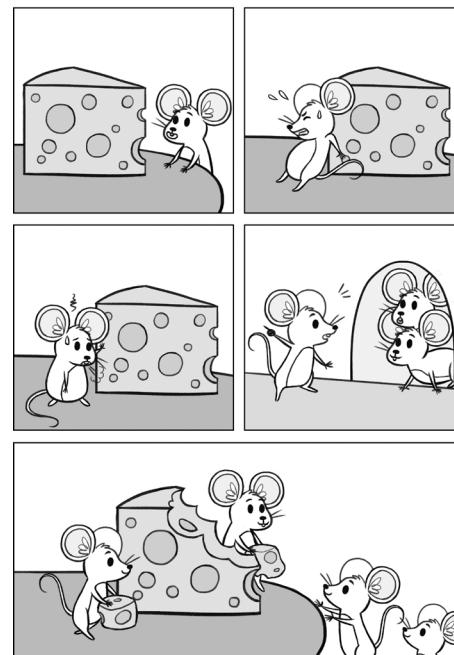
TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye(SDTB)
- 2 Kgomaretsa mafoko mo pating ya tlotlofoko
 - Nosi
 - Mmogo
 - Nonofa
 - Kgomarela

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x 2)	<i>Barutwana ba kopanya matsogo</i>
Re a thusana	
Nna le wena le yole re le mmogo	<i>Barutwana ba a supana ba bo ba kopanya matsogo</i>
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	

GO ANELA KGANG(BEKE YA NTLHA YA MOLAETSA WA SETLHOGO)

- 1 Kgaoganya barutwana ka ditlhhotshwana
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Leboga barutwana ka go abelana ka dikgang tsa bona.





Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo /ny/
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a simololang ka modumo wa /ny/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **nyatsa, nyenya**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **nyala, nyatsa, nyelela, nyenya**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

BEKE 3

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

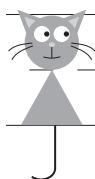


Mokwalo:

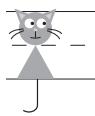
15 metsotsos

go kwala ditlhaka/mafoko/dipolelo

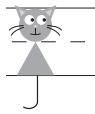
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **ny**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.



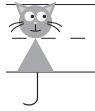
ny ny ny ny



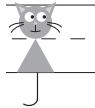
nyala nyala



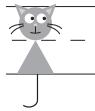
nyatsa nyatsa



nyelela nyelela



nyenya nyenya



Monyadi o a nyala.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsotso

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Kwala ka nako e o neng o dira le motho yo mongwe

TIRWANA: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA:

Ke dirile le....go...

Mmogo re dirile sentle / mmogo ga re a dira sentle ka ntlha ya....

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore gompieno ba tlie go oketsa tiro ya bona ka polelwana go tswa mokwalong wa bona wa Mosupulogo.
- 2 Tlhalosetsa barutwana gore gompieno ba tlie go kwala ka gore ba ne ba ikutlwa jang ka nako e ba neng ba dira le motho yo mongwe. Ba tla akanya ka gore ba ne ba dira sentle kgotsa ba ne ba sa dire sentle, ka ntlha ya eng.
- 3 Balela barutwana letlhomeso le le ntsha.
- 4 Diragatsa go bontsha barutwana gore o a akanya pele o kwala.
- 5 Bolelela barutwana **kakanyo ya setshwantsho sa gago, jaaka:** Nna le kgaitadike re ne re dira sentle mmogo ka gonne re bua ka dilo tshotlhe. Re ne re sa lwe.
- 6 Diragatsa go thala setshwantsho sa: Nna le kgaitadike re a bua, re lebega re thabile
- 7 Tlhalosa gore o tlie go kwala mafoko afe. Thalela lefoko lengwe le lengwe mothalo jaana: Re ne ra dira sentle mmogo ka ntlha ya gore re ne re bua.
- 8 **Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona**

DITAELO TSA MOLOMO

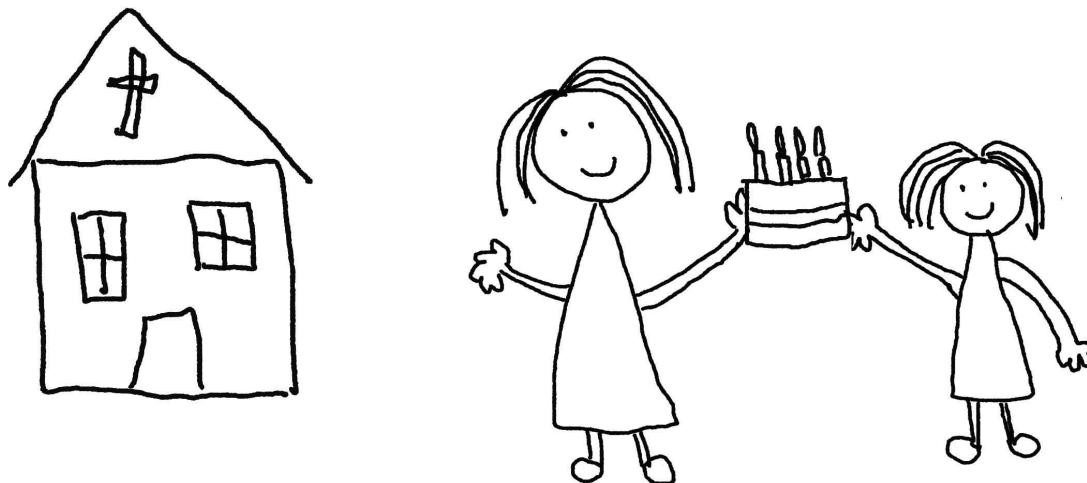
- 1 Mmogo le barutwana akanyang mafoko ka go dira mmogo.
- 2 Kwala mafoko mo patitshokong jaaka: Ntwa, puisano, ngangisana, bua, thusa fitlhelela, maikaelelo
- 3 Botsa barutwana jaana: Akanya gore ke mang yo o neng o dira le ena, le ne le dirisana sentle? Ka ntlha ya ?
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 Bitsa barutwana ba 2–3 go go bolelela gore go ne go le jang go dira le motho yo mongwe?
- 6 Ba tshwanetse gore: Re dirisane sentle, ga ra dirisana sentle, ka ntlha ya....
- 7 Bolelela barutwana gore jaanong ba tla thala le go kwala dikakanyo tsa bona.

GO KWALA

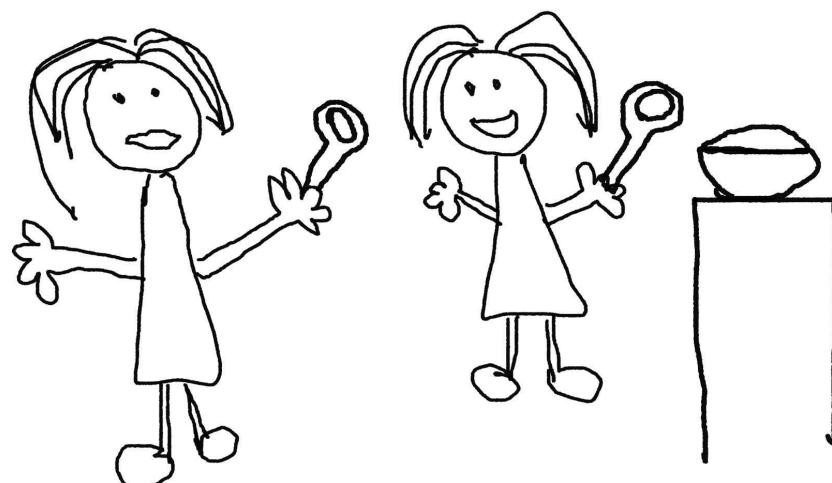
- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana.**
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa ka maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3 laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana fa ba ka **kgonang go e buisa ka mo phaposing.** Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ne kd thusd mme go bdkd dikuku tsd kwd
kerekeng.



Re ne re dird sentle mmogo kd gonne
re ne re thusand.



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Naya barutwana botlhe ba tshotse **matlharetiro a puiso**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 3

Labone



Temogo Ya Medumopuo Le Medumopuo: Go Kgaoganya Le Go Aga Mafoko

15 metsotso

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **ntima**
- 3 Kgaoganya lefoko ka medumo ya lona : /nt/-/i/-/m/-/a/
- 4 Bua modumo o o simololang lefoko: /nt/
- 5 Bua modumo wa bobedi o o ikemetseng: /i/
- 6 Bua modumo wa boraro o o ikemetseng: /m/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patitshokong **ntima**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /nti/-/ma/ = **ntima**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **nyala**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **ntena**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /nt/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /e/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /n/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /a/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /nt/-/e/-/n/-/a/
- 8 Kwala lefoko: **ntena**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /nte/-/na/ = **ntena**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **nyenya**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotsos

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Bitirute e kgolo Rre Baloyi wa molemi o ne a nna le mosadi wa gagwe, e bong Mama Rhandu, mo polaseng ya bona e ntle kwa Venda. Molemi o ne a tletse boitumelo ka gonne mmu wa polasa ya gagwe o ne o nonne mme ka ngwaga oo, pula le yona e ne e nele mo go kgotsofatsang. Molemi Baloyi le Mama Rhandu ba ne ba itumeletse kotulo ya bona.	
Ka letsatsi le lengwe, fa e ne e le nako e e siameng ya go kotula, Molemi Baloyi o ne a tsamaela kwa tshingwaneng ya gagwe ya merogo. 'Ke nako,' ga rialo Molemi Baloyi. 'Ke tla kotula merogo ya me.' Molemi Baloyi a kotula dieye. A kotula ditapole. A kotula digwete. O ne a kotula dibilitirute fela e le nngwe ya tsona e ne e le thata go kumoga! E ne e le kgolokgolo thata. E ne e le Bitirute e kgolokgolo!	Ke bopa setshwantsho sa mogopoloo sa Molemi Baloyi a kotula merogo ka go latelana ga yona, letsatsi lotlhe. Ke nagana gore o tshwanetse a bo a tletse leswe le go lapa ka ntlha ya tiro e e bokete ya letsatsi lotlhe.
Molemi Baloyi a leka go komula, a kumola, a bo a komula. Fela bitirute ya nna ya gana go tswa mo mmung. 'Ke tlhoka thuso,' ga rialo molemi. A bitsa mosadi wa gagwe, Mama Rhandu.	Ke bopa setshwantsho sa mogopoloo ka Molemi Baloyi a omana ka ntlha ya tsielego: Eish!
Rre Baloyi le Mama Rhandu ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo Mama Rhandu. A bitsa morwae, e bong Nsovo.	Ke bopa setshwantsho sa mogopoloo ka modumo o o kwa godimo o o utlwlang fa Molemi Baloyi le Mama Rhandu ba re ba leka go kumola bitirute: 'Huuuu!
Molemi Baloyi le Mama Rhandu le Nsovo ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo Nsovo. A bitsa ntšwa ya bona.	Ke bopa setshwantsho sa mogopoloo ka Nsovo a thikhitha tlhogo ka ntlha ya tsielego! Botlhe ba tsielegile ka gore bitirute ga e tshikinyege le e seng go tswa mo mmung!

BEKE 3

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ya bona ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo ntšwa. Ya bitsa katse.	Ke bopa setshwantsho sa mogopolo ka ntšwa e dumaduma ka ntlha ya tsielego jaaka e leka go kumola, e bo e leka mme go se nko e e tswang lemina.
Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ga mmogo le katse ba leka go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung! 'Re tlhoka thuso,' ga rialo katse. Yona ya bitsa legotlo.	Ke bopa setshwantsho sa mogopolo ka balelapa, botlhe ba lebega ba lapile e bile ba tsielegile. Botlhe ba mo ditlhabing e bile ba fufuletswe, fela bitirute e kgolo ga e tshikinyege.
Molemi Baloyi le Mama Rhandu, Nsovo, ntšwa le katse ga mmogo le legotlo komula bitirute e kgolo. Ba komula, ba kumola, ba komula, ba bo ba komula ya bo e re K-U-U-U-M-O-O-O!	
Bitirute e kgolo ya tlhagelela mme ba e kumola! 'Ke kgonne!' ga goa legotlo. 'Ke kumotse bitirute e kgolo!'	Nka bopa setshwantsho sa mogopolo sa legotlo le le nnye le kumola bitirute e kgolo ka bolona! A kgopolo e e tshegisang!
Mo bosigong joo, mongwe le mongwe mo polaseng o ne a na le moletlo wa merogo. Fa ba tsweletse ba ja, ba ne ba dira metlae le go tshega ka bitirute e kgolo le legotlo le le maatla!	
Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Ke eng se se neng se itumedisa Molemi Baloyi? O akanya gore badiragatsi ba ne ba ikutlwja jang fa ba ntse ba leka go kumola bitirute?	Ka gonne mmu wa polasa ya gagwe o ne o nonne, le pula e nele mo go kgotsofatsang. Ke akanya gore ba ne ba ...
Potsa ya goreng	Dikarabo tse di solo fetsweng
Goreng go tshegisa fa o bopa setshwantsho sa mogopolo ka legotlo le le nnye le kumola bitirute e kgolo?	<ul style="list-style-type: none"> • Ka gonne molemi yo o maatla o ne a sa kgone go e kumola. • Ka gonne bagolo ba babedi ba ne ba sa kgone go e kumola. • Ka gonne Molemi Baloyi, Mama Rhandu, Nsovo, ntšwa le katse ba ne ba sa kgone go e kumola botlhe mmogo! Jaanong legotlo le le nnye jalo le ka kgona jang? • Ka gonne bitirute e kgolokgolo e feta legotlo le le nnye.



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**.
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labone**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**.
- 7 Bitsa sethlopha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosuputsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 3

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, tiragatso, go tlhalosa, go bua, gore barutwana ba tlhaloganye(SDTB)
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - pula
 - mmu
 - huma

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x2)	<i>Barutwana ba kopanya matsogo</i>
Re a thusana	
Nna le wena le yole re le mmogo	<i>Barutwana ba a supana ba bo ba kopanya matsogo</i>
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong
Mo kgannye e...
Ke rata karolo ya...
Ke bona tirisanommogo mo kgannyeng e ka gonne...
- 2 Buisetsa barutwana lethomeso
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlide go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela tshwaelo ya barutwana.



Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Batla Mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

nt	ny	a
m	o	i
e	n	l
t	s	d

BEKE 3

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /nt/ kgotsa /ny/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e rileng. /nt/-/i/-/m/-/a/ = **ntima**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /nt/ kgotsa /ny/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /t/-/e/-/m/-/o/ = **temo**

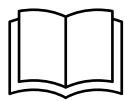
BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **nt**, **ny**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **nta**, **ntima**, **ntoma**, **ntena**, **ntaola**, **nyala**, **nyatsa**, **nyelela**, **nyenya**, **temo**, **selo**, **tala**, **tsala**, **tlola**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo: Morago Ga Puiso

15 metsots

MAANO A TEKOTLHALOGANYO: GO SOBOKANYA/DIRA DITERAMA

TIRAGATSO YA KGANG

Go ipaakanyetsa:

- *Tlhophya morutwana gonna molemi Baloyi, Mama Rhandu, Nsovo, ntswa, katse le legotlo*
- *Ge go kgonega tlisa merogo jaaka bitirutu, ditapole, dipotata, digwete*

Buka	Morutabana oa dira	Barutwana ba a dira
Bitirute e kgolo Rre Baloyi wa molemi o ne a nna le mosadi wa gagwe, e bong Mama Rhandu, mo polaseng ya bona e ntle kwa Venda. Molemi o ne a tletse boitumelo ka gonne mmu wa polasa ya gagwe o ne o nonne mme ka ngwaga oo, pula le yona e ne e nele mo go kgotsofatsang. Molemi Baloyi le Mama Rhandu ba ne ba itumeletse kotulo ya bona.	<i>Botsa barutwana: Go diregang fa?</i>	Barutwana ba sobokanya se se diragalang mo letlakaleng
Ka letsatsi le lengwe, fa e ne e le nako e e siameng ya go kotula, Molemi Baloyi o ne a tsamaela kwa tshingwaneng ya gagwe ya merogo. 'Ke nako,' ga rialo Molemi Baloyi. 'Ke tla kotula merogo ya me.' Molemi Baloyi a kotula dieye. A kotula ditapole. A kotula digwete. O ne a kotula dibilitute fela e le nngwe ya tsona e ne e le thata go kumoga! E ne e le kgolokgolo thata. E ne e le Bitirute e kgolokgolo!	Bitsa morutwana yo e leng Molemi Baloyi a tle kwa pele kwa phaposing.	Molemi Baloyi a re: "Ke nako, Ke tla kotula merogo ya me," Molemi Baloyi o dire ekete o komula merogo yotlhe ya gagwe.

Buka	Morutabana oa dira	Barutwana ba a dira
<p>Molemi Baloyi a leka go komula, a kumola, a bo a komula. Fela bitirute ya nna ya gana go tswa mo mmung.</p> <p>'Ke tlhoka thuso,' ga rialo molemi. A bitsa mosadi wa gagwe, Mama Rhandu.</p>	<p><i>Botsa barutwana: Go diregang fa?</i></p>	<p>Barutwana ba sobokanya se se diragalang mo letlakaleng! (Molemi Baloyi o retelolwa ke ko komula bitirutu e kgolo</p> <p>Molemi Baloyi a re "ke kopa thuso"</p>
<p>Rre Baloyi le Mama Rhandu ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo Mama Rhandu. A bitsa morwae, e bong Nsovo.</p>	<p><i>Botsa barutwana: go latela eng?</i></p> <p><i>Bitsa Mama Rhandu go tla kwa pele kwa phaposing</i></p>	<p>Barutwana ba araba ba re: Mama Rhandu</p> <p>Mama Rhandu o goga Molemi Baloyi</p> <p>Mama Rhandu a re: Re tlhoka thuso!</p>
<p>Molemi Baloyi le Mama Rhandu le Nsovo ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo Nsovo. A bitsa ntšwa ya bona.</p>	<p><i>Botsa barutwana: go latela mang?</i></p> <p><i>Bitsa ntswa e tle kwa pele kwa phaposing</i></p>	<p>Barutwana ba araba ba re: ke ntswa</p> <p>Ntswa ya goga Nsovo</p> <p>Ntswa ya re: Re tlhoka thuso!</p>
<p>Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ya bona ba leka mmogo go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo ntšwa. Ya bitsa katse.</p>	<p><i>Botsa barutwana: go latela mang?</i></p> <p><i>Bitsa katse e tle kwa pele kwa phaposing</i></p>	<p>Barutwana ba araba ba re: ke katse</p> <p>Katse ya goga ntswa</p> <p>Katse ya re: Re tlhoka thuso!</p>
<p>Molemi Baloyi le Mama Rhandu le Nsovo le ntšwa ga mmogo le katse ba leka go komula bitirute e kgolo. Ba komula, ba kumola, ba bo ba komula. Fela bitirute ya nna ya gana go tswa mo mmung!</p> <p>'Re tlhoka thuso,' ga rialo katse. Yona ya bitsa legotlo.</p> <p>Molemi Baloyi le Mama Rhandu, Nsovo, ntšwa le katse ga mmogo le legotlo komula bitirute e kgolo.</p>	<p><i>Botsa barutwana: go latela mang?</i></p> <p><i>Bitsa legotlo le tle kwa pele kwa phaposing</i></p>	<p>Barutwana ba araba ba re: ke legotlo</p> <p>Legotlo la goga katse. Ba komula, ba kumola, ba komula</p>

Buka	Morutabana oa dira	Barutwana ba a dira
<p>Ba komula, ba kumola, ba komula, ba bo ba komula ya bo e re K-U-U-U-M-O-O-O!</p> <p>Bitirute e kgolo ya tlhagelela mme ba e kumola!</p> <p>'Ke kgonne!' ga goa legotlo. 'Ke kumotse bitirute e kgolo!'</p> <p>Mo bosigong joo, mongwe le mongwe mo polaseng o ne a na le moletlo wa merogo. Fa ba tsweletse ba ja, ba ne ba dira metlae le go tshega ka bitirute e kgolo le legotlo le le maatla!</p>	<p>Botsa barutwana: go diregang fa?</p>	<p>Barutwana ba sobokanya se se diragalang mo letlakaleng. (Bitirute e kgolo ya tlhagelela mme ba e kumola!</p> <p>Ke kgonne!' ga goa legotlo. 'Ke kumotse bitirute e kgolo</p>



Puisokaelo Ka Ditolhopho

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bolthe ba tshotse **matlharetiro a puiso**.
- 2 Tlhalosetsa barutwana **tirwana1 ya Labotlhano**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana le puiso**.
- 6 Tlhalosetsa barutwana bothhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhathloba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

BEKE 3

Mophato 1

KGWEDITHARO 3

Beke

Z 4

THITOKGANG: Go dira mmogo



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Netefatsa gore dipati le tafole ya setlhogo sa molaetsa tsa gago di na le dilwana tsa bosheng.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa batho ba ba dirang mmogo.
- 5 Dira dipatliso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: batlisisa ditsela tse fapafapaneng tse di ka thusang batho.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola dithlopha tsa gago tsa puisokaelo ka ditlhlopha fa go tlhoneka.
- 9 Rulaganya ditirwana tsa gago tsa ditlhatalhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 17, A re Tshwantshanyeng

Tirwana 2: Bukatiro ya DBE 2: Tsebe 18, A re buiseng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 19 & 20, A re kwaleng

Tirwana 4: Thala setshwantsho sa motho yo o ka ratang go mo thusa

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BOELETSATHEITOKGANG: GO RIBILOLA DILO TSE O DI ITSENG

- 1 Bontsha barutwana setshwantsho sa ntlha mo bukakgolong: Kgang ka ga barwadi ba ba bedi
- 2 Bolelela barutwana gore le tswelela ka thitokgang: Go dira mmogo
- 3 Thala sediko go dikologa **setlhogo sa molaetsa** mo gare ga patit
- 4 Botsa barutwana jaana: *Go fitlha jaanong lo ithutile eng mo setlhogong seno?*
- 5 Kwala ditshwaelo tsa barutwana go dikologa mmapa wa tlhaloganyo.
- 6 Fa barutwana ka kgaratlha go araba, botsa dipotso tse di latelang go ba thusa:
 - a Batho ba tlhoka neng go dira mmogo?
 - b Ke ka ntlha yang re dira mmogo?
 - c Ke eng se o se ratang ka go dira mmogo?
 - d Ke dikgwethlo dife tse re di fitlhelelang ga re dira mmogo?

BEKE 4

TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye (SDTB)
- 2 Kgomaretsha mafoko le ditshwantsho mo pating ya tlotlofoko.
 - kgang
 - ngangisano
 - rarabolola

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x2)	<i>Barutwana ba kopanya matsogo</i>
Re a thusana	
Nna le wena le yole re le mmogo	<i>Barutwana ba a supana ba bo ba kopanya matsogo</i>
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a nta
 - b ntima
 - c ntoma
 - d ntena
 - e ntaola
 - f nyala
 - g nyatsa
 - h nyelela
 - i nyenya
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patit
- 5 Phutha dibuka tsa barutwana kwa bokhutlhong jwa letsatsi mme o kwale dintlha ka ga barutwana ba ba tlhokang thuso.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: Kgang ka ga barwadi ba ba bedi
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5 Ruta mafoko a mant
- 6 Buisa kgang yothe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Rotlhe re na le ditalente tse di farologaneng tse di ka re thusang go dira mmogo. Kwala ka talente e o na leng yona, le talente ya kgaitsadiago kgotsa ya tsala ya gago.

TIRO: Thala setshwantsho mme o oketse ka setlhogo, e tla nna karolo ya sekhutlwana sa go buisetsa.

LETLHOMESO LA GO KWALA: Talente ya me ke....

GO DIRAGATSA

- 1 Tlhalosa gore sengwe se o na leng bokgoni mo go sona, talente e o nang le yona.
- 2 Tlhalosa gore gompieno, barutwana ba tla kwala ka sengwe se ba nang le bokgoni mo go sona se tshwana le dijalo.
- 3 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 4 Diragatsa ka go thala seswantsho sa gago o kwala: Ke na le bokgoni mo go kwaleng, ke akanya gore bokgoni jwa me ke go kwala.
- 5 Diragatsa ka go thala setshwantsho sa gago o kwala.
- 6 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana: Talente ya me ke go kwala.**
- 7 Phimola sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

BEKE 4

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka ditalente tse di farologaneng.
- 2 Kwala mafoko mo patitshokong jaaka: Metshameko, go kwala, go bala, maatla, thusang, moreetsi o molemo.
- 3 Botsa barutwana jaana: Ke sefe sengwe se o nang le bokgoni mo go sona?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolela ka talente ya bona e kgethegileng.
- 6 Ba tshwanetse go bua jaana: **Talente ya me ke....**
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

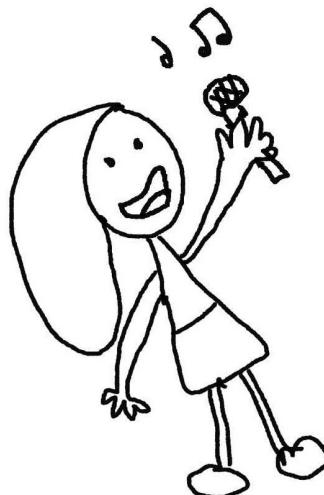
GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.

- 4 Thusa barutwana go kwala.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadimana mme ba bue** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Neo ya me ke go opeld.



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**.⁴
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsotsos
Go Itsise Modumo Le Mafoko A Mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /kw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya mafoko a a simololang ka modumo o /kw/
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: kwalela, kwadisa, kwala

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **kwala, kwena, kwadisa, kwadi, kwalela**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

BEKE 4

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

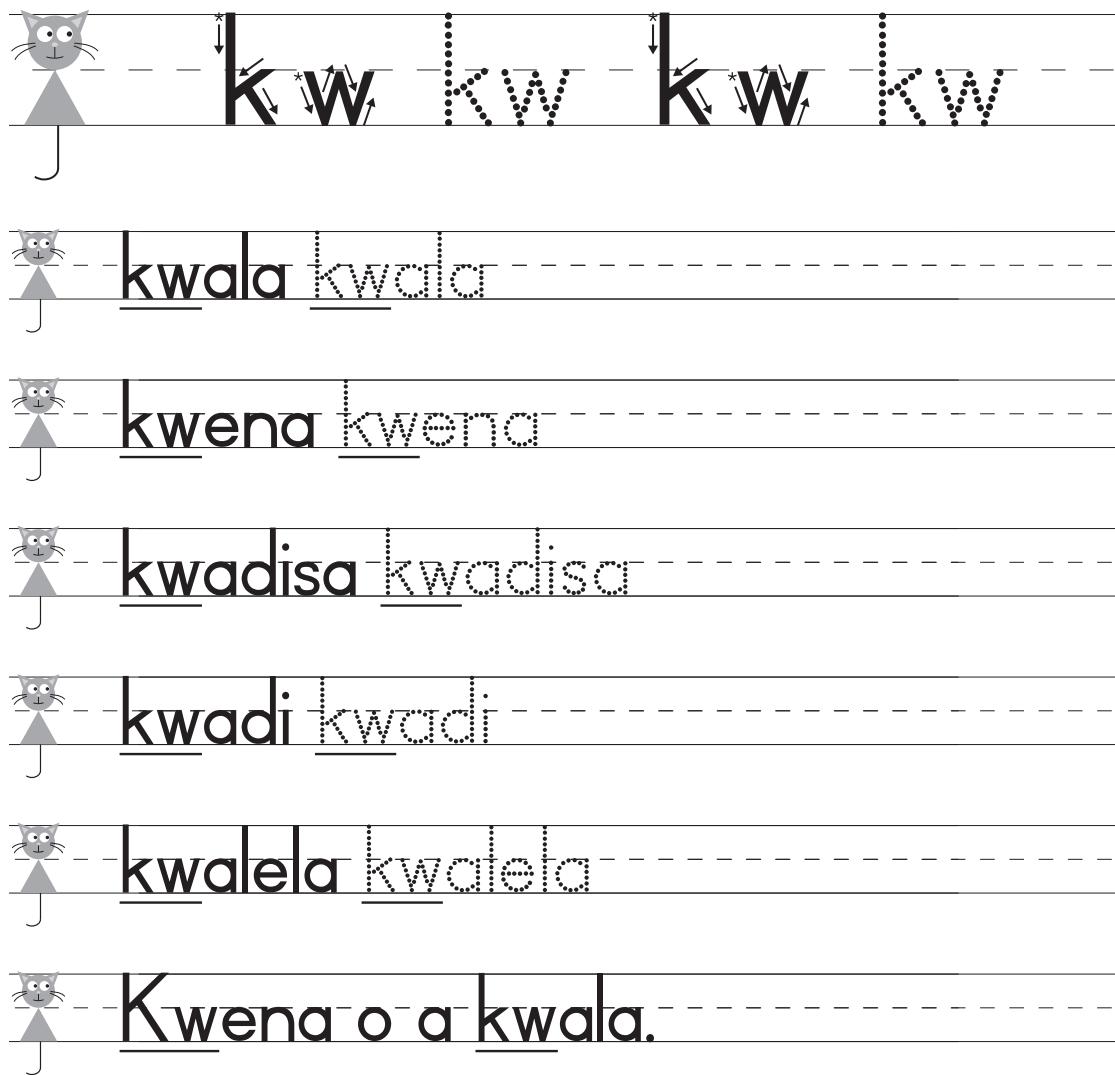
Mafoko: _____



Mokwalo: 15 metsotsos

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **kw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 Metsoto

MAANO A TEKOTLHALOGANYO: KE A IPOTSA / DIRA DITSHEKATSHEKO

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
<p>Kgang ka ga barwadi ba babedi</p> <p>Se ke kgang e tswang mo mainaneng a Panchatantra e e fetoletsweng gore e tshwanele thitokgang, go dira mmogo.</p>	
<p>Bogologolotala, kwa nageng e e kgakala ya India, go ne go nna barwadi ba le babedi. Ka tlwaelo, Kamala le Jameela e ne e le ditsala tse dikgolo. Fela ka letsatsi lengwe, ba ne ba nna le ngangisano e e sa tlwaelegang.</p> <p>'Go tia go tota go le botoka go na le go nna bonako!' ga rialo Kamala a ngangabetse.</p> <p>'Nka rata bogolo go nna bonako le matšato go na le go nna mogolo le tia!' Jameela a ganetsa.</p> <p>Ngangisano ya ya kwa le kwa, ba ntse ba gotela ba galefa ka bobedi kgatlhanong mmogo.</p>	Ke ipotsa gore ba tla rarabolola ngangisano ya bona jang?
<p>Ka lesego mo motseng wa gaabo Kamala le Jameela, go ne go na le mosadimogolo yo o botlhale, a bidiwa Ghosha. Nako nngwe le nngwe fa batho ba motse wa Ghosha ba na le ntlha e ba neng ba sa kgone go e rarabolola, ba ne ba ya kwa go ena. Ba ne ba mo tlotla tota ka gonne o ne a na le kakanyo ka ga go rarabolola dingangisano ka dinako tsotlhe. Kamala le Jameela ba ya kwa ntlong ya ga Ghosha, ba tsamaya ba ntse ba ngangisana.</p> <p>'Go tia go botoka!' ga rialo Kamala a ngangabetse.</p> <p>'Go nna bonako go botoka!' Jameela a mo ganetsa.</p>	Ke ipotsa gore Ghosha o tla kgona go thusa barwadi ba, go rarabolola ngangisano ya bona?
<p>Ghosha o ne a utlwa Kamala le Jameela ba ngangisana. O ne a ba emetse kwa ntle fa kwa bofelong ba fitlha kwa ntlong ya gagwe.</p> <p>Basesana ba babedi ba inama gore ba kgone go tshwara dinao tsa gagwe go bontsha tlotlo.</p> <p>'Bothata e ka bo e le eng?' ga botsa Ghosha.</p> <p>'Ghoshaji, a go botoka go nna bonako kgotsa go botoka go tia?' Kamala a botsa.</p> <p>Tsamayang le ye go nna kwa ntlong ya lona, lo ntetele kwa teng. Le se ka la bua go ya pele ka se,' Ghosha a ba araba.</p>	

BEKE 4

Beke 4 • Thitokgang: Go dira mmogo

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
Ghosha a nna mo tshingwaneng ya gagwe, a akanya mo go tseneletseng ka gore a ka dira eng.	Ke ipotsa gore a go botoka go nna bonako kgotsa go tia? Ke ipotsa gore Ghosha o tla arabang potso e e marara e!
Kwa bofelong, Ghosha a tlelwa ke kakanyo. A nyeba ka monyebo o monnye, o o itsegeng, jaaka a tsamaela kwa gaabo Kamala le Jameela.	
'Ke sweditse ka gore ke tla arabang potso ya lona, fa fela le tshepisa gore le tla amogela kgwetlhlo ya teng mmogo,' Ghosha a tlhalosa. 'Kwa moseja ga noka, mo tengteng ga sekewa go na le setlhare se seleele sa dikhokhonate tse di balolang. Le tshwanetse go ntlietsa maungo a setlhare seo. Mme morago ga foo, ke go na nka arabang potso ya lona.'	Ke ipotsa gore ke ka ntlha ya eng fa a batla Kamala le Jameela ba mo tlisetsa dikhokhonate pele a ba arabang?
Ka go rialo, Kamala le Jameela ba simolola leeto lwa bona. Fa ba fitlha fa losing lwa noka, Jameela a simolola go gobuela mo nokeng. Ka bonako a lemoga fa noka e le boteng thata le go phothosela ga metsi go le maatla gore a ka kgabaganya. Kamala a bogela jaaka nnakaagwe o tshwere bothata. 'Palama mo godimo ga magetla a me,' Kamala a mo tlhaga thuso. Teng foo, ba tshela noka mmogo.	Ke dira tshekatsheko ya gore fa o tshela noka, go botoka gore o be o tiile jaaka Kamala. Ke ipotsa gore a Ghosha o tla re go botoka go tia?
Fa ba fitlha kwa setlhareng, Kamala a leka go tshikinya setlhare. A se kgorometsa, a se goga. Fela setlhare se ne se le segolo thata mme go sa diragale sepe. Ka jalo, Jameela a palama setlhare ka bonako, a kgetlha dikhokhonate, mme a di latlhela fa fatshe. Kamala le Jameela ba kokoanya dikhokhonate mme ba simolola leeto go boela gae.	Ke dira tshekatsheko ya gore fa o palama setlhare se seleele, go botoka go nna matšato jaaka Jameela. Ke ipotsa gore a Ghosha o tla re go botoka go nna bonako?
Fa barwadi ba fitlha kwa go Ghosha, ba mo neela dikhokhonate. 'Mo bobeding ba lona, ke mang yo o ntliedsitseng maungo a?' ga botsa Ghosha. Kamala le Jameela ba lebalebana. 'Ke nna!' Kamala a rialo. 'Ke palame setlhare go kgetlha maungo!' 'Ke nna!' ga rialo Jameela. 'Ke ne ka belega Jameela mo magetleng a me go tshela noka. Maungo a ka bo a seo fa kwa ntle ga me!'	O akanya gore ke mang yo o neng a rwele maikarabelo a magolo gore tiro e, e diragale? Ga ke tlhomamise!
Kamala le Jameela ba lebalebana. Ba simolola go keketega ka setshego. 'A le a bona jaanong, ga go na se se botoka go gaisa se sengwe!	Oh! Ke dira tshekatsheko ya gore Ghosha o botlhale e le tota. O ba neetse tiro e, gore ba tle ba bone gore ditalente tsa bona ka bobedi di botlhokwa ka go lekana!

Buka	Puiso ya ntlha(akanyetsa kwa godimo)
<p>Ga go ope wa lona yo o ka beng a kgonne go digela tiro e a le nosi. Mme jaaka setlhophpha, le kgonne go fitlhelela se se sa fitlhelegeng! Fela ka gore lo dirisitse ditalente tsa lona ka nosi ka nako e e siameng.'</p> <p>Ghosha a nyeba monyebo wa gagwe o monnye, o o itsegeng jaaka barwadi ba tsamaya, ba tshwarane mmogo ka diatla.</p>	
Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Kamala o na le bokgoni bofe?	Kamala o tiile go gaisa ngwana wa gaabo.
Jameela o na le bokgoni bofe?	Jameela o bonako, ke ena yo o matšato go gaisa ngwana wa gaabo.
Potso ya goreng	Dikarabo tse di solo fetsweng
Ke goreng fa Kamala le Jameela ba ne ba ya kwa ntlong ya ga Ghosha?	<ul style="list-style-type: none"> • Ka gonnesa ba ne ba sa kgone go tsaya tshwetso ka gore a go botoka go nna thata kgotsa go nna bonako. • Ka gonnesa ba ne ba tlhoka thuso ya go rarabolola ngangisano ya bona. • Ka gonnesa Ghosha o bothale e le tota e bile o kgona go rarabolola bothata bongwe le bongwe.

BEKE 4



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



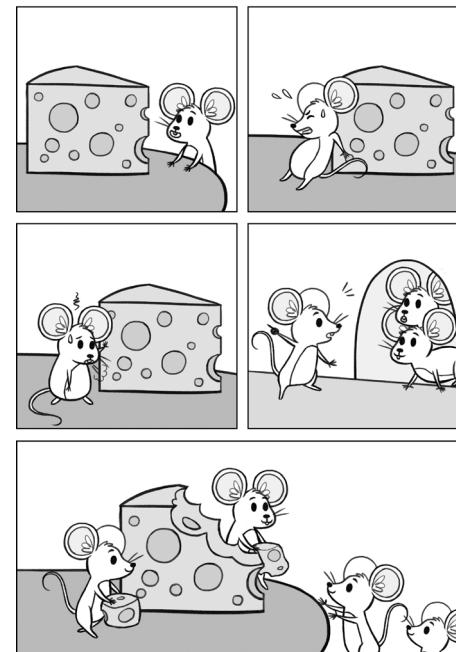
TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa , go tlhalosa le go bua gore barutwana ba tlhaloganye(SDTB)
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - matsato
 - jaanong / makhubu
 - kgwetlho

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x2)	<i>Barutwana ba kopanya matsogo</i>
Re a thusana	
Nna le wena le yole re le mmogo	<i>Barutwana ba a supana ba bo ba kopanya matsogo</i>
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	

GO ANELA KGANG

- 1 Kgaoganya barutwana ka ditlhotoshwana tsa bona.
- 2 Naya setlhotoshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhometse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopho go tsaya tshweetso ya kgang ya setlhopho.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamele mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopho 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopho tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.





Medumo Le Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise **papetlana ya modumo /mp/**
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a simololang ka modumo wa /mp/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **mpelega, mpona**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **mpa, mpona, mpogisa, mpelega**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

BEKE 4

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

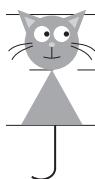
Mafoko: _____

Mokwalo:

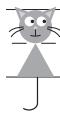
metsotsos

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

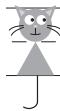
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- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanny ka nepagalo: **mp**
 - 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
 - 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
 - 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
 - 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
 - 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
 - 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



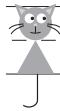
mp mp mp mp



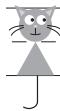
mpa mpa



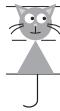
mpona mpona



mpogisa mpogisa



mpelega mpelega



Mpa ya me e tona.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

metsotsotso

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Rotlhe re na le ditalente tse di farologaneng tse di ka re thusang go dira mmogo. Kwala ka talente e o nang le yona le talente e nkgonne kgotsa tsala ya gago ba nang le tsona.

TIRO: Thala setshwantsho mme o oketse ka setlhogo. E tla ba karolo ya sekhutlwana sa go buisetsa.

LETLHOMESO LA GO KWALA:

Talente ya me ke....

Rotlhe re na le ditalente tse di farologaneng, ya tsala/ kgaitsadi/ nkgonne ke...

BEKE 4

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore ba tla oketsa ka polelo go tswa go mokwalo wa bona wa Mosupulogo.
- 2 Tlhalosetsa barutwana gore gompieno ba tlie go thala setshwantsho sa talente ya tsala kgotsa nkgonne.
- 3 Buisetsa barutwana letlhomeso le le ntshwa.
- 4 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 5 Bolelela barutwana kakanyo ya go kwala, jaaka: Kgaitsadiake ke setabogi se se lobelo. O taboga letsatsi le letsatsi e bile o taboga le kwa dikgaisanong tsa mabelo.
- 6 **Diragatsa ka go thala setshwantsho sa kgaitsadiago a taboga.**
- 7 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaaka:** Rotlhe re na le ditalente tse di farologaneng, talente ya kgaitsadiake ke go taboga
- 8 Phimola sekao sa gago mo patitshokong. **Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.**

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka ditalente tse di farologaneng.
- 2 Kwala mafoko mo patitshokong jaaka: go taboga, thulaganyo, tlhokomela tshingwana, thuma, tse di takilweng, sethalo jj.
- 3 Botsa barutwana jaana: Ke bokgoni bofe bo tsala kgotsa nkgonne ba nang le bona
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka talente e tsala kgotsa nkgonne ba nang le yona
- 6 Ba tshwanetse go bua jaana: Tsala ya me/ kgaitsadiake/nkgonne talente ya gage ke....

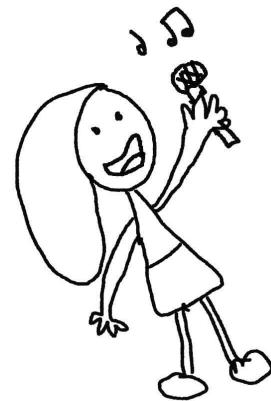
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa maina.
- 5 Rotloetsa barutwana.

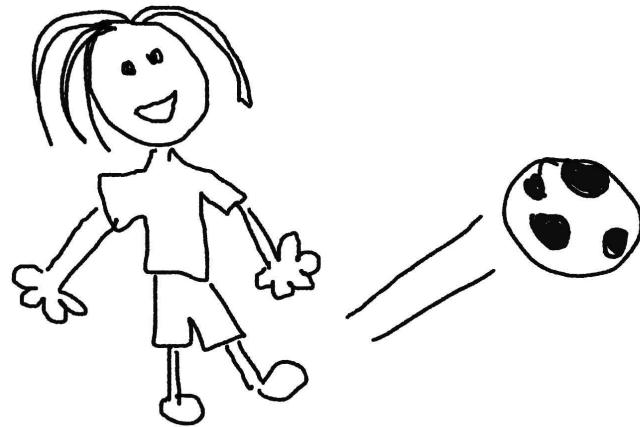
GADIMA O BUE:

- 1 Fa go setse metsots e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2 Laela barutwana go **gadimana mme ba bue** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana fa ba ka kgonang go e buisa ka mo phaposing. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke nd le borukhu jo bontšhwd jwd jini.

BEKE 4



Rotlhe re nd le dineo tse di fdrologdneng.
Neo yd gd nkgonne ke go tshameka
kgwele yd dindo.



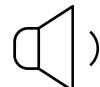
Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Laboraro**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.
- 10 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **kwena**
- 3 Kgaoganya lefoko ka medumo ya lona : /kw/-/e/-/n/-/a/
- 4 Bua modumo o o simololang lefoko: /kw/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /n/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patit **kwena**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /kwe/-/na/ = **kwena**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **mpona**

BEKE 4

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **kwadi**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /kw/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /a/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /d/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /i/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /kw/-/a/-/d/-/i/
- 8 Kwala lefoko: **kwadi**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /kwa/-/di/ = **kwadi**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **mpelega**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsots

MAANO A TEKOTLHALOGANYO: DIRA DITSHEKATSHEKO

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
<p>Kgang ka ga barwadi ba babedi</p> <p>Se ke kgang e tswang mo mainaneng a Panchatantra e e fotoletsweng gore e tshwanele thitokgang, go dira mmogo.</p>	<p><i>Kgang e ke leinane. Leinane ke kgang e e kgethegileng e e diretsweng go nthuta sengwe. Thitokgang ya rona mo bekeng e ke Go dira Mmogo. Ke dira tshekatsheko ya gore leinane le le tla nthuta sengwe se se botlhokwa ka ga go dira mmogo.</i></p>
<p>Bogologolotala, kwa nageng e e kgakala ya India, go ne go nna barwadi ba le babedi. Ka tlwaelo, Kamala le Jameela e ne e le ditsala tse dikgolo. Fela ka letsatsi lengwe, ba ne ba nna le ngangisano e e sa tlwaelegang.</p> <p>'Go tia go tota go le botoka go na le go nna bonako!' ga rialo Kamala a ngangabetse.</p> <p>'Nka rata bogolo go nna bonako le matšato go na le go nna mogolo le tia!' Jameela a ganetsa.</p> <p>Ngangisano ya ya kwa le kwa, ba ntse ba gotela ba galefa ka bobedi kgatlhanong mmogo.</p>	<p>---</p>
<p>Ka lesego mo motseng wa gaabo Kamala le Jameela, go ne go na le mosadimogolo yo o bothhale, a bidiba Ghosha. Nako nngwe le nngwe fa batho ba motse wa Ghosha ba na le ntlha e ba neng ba sa kgone go e rarabolola, ba ne ba ya kwa go ena. Ba ne ba mo tlota tota ka gonne o ne a na le kakanyo ka ga go rarabolola dingangisano ka dinako tsotlhe. Kamala le Jameela ba ya kwa ntlong ya ga Ghosha, ba tsamaya ba ntse ba ngangisana.</p> <p>'Go tia go botoka!' ga rialo Kamala a ngangabetse.</p> <p>'Go nna bonako go botoka!' Jameela a mo ganetsa.</p>	<p>Ke dira tshekatsheko ya gore Ghosha o tshwanetse a bo a le bothhale, ka gonne o kgora go rarabolola bothata bongwe le bongwe!</p>
<p>Ghosha o ne a utlwa Kamala le Jameela ba ngangisana. O ne a ba emetse kwa ntle fa kwa bofelong ba fitlha kwa ntlong ya gagwe.</p> <p>Basetsana ba babedi ba inama gore ba kgone go tshwara dinao tsa gagwe go bontsha tloto.</p> <p>'Bothata e ka bo e le eng?' ga botsa Ghosha.</p> <p>'Ghoshaji, a go botoka go nna bonako kgotsa go botoka go tia?' Kamala a botsa.</p>	

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
'Tsamayang le ye go nna kwa ntlong ya lona, lo ntetele kwa teng. Le se ka la bua go ya pele ka se,' Ghosha a ba araba.	
Ghosha a nna mo tshingwaneng ya gagwe, a akanya mo go tseneletseng ka gore a ka dira eng.	Ke dira tshekatsheko ya gore Ghosha o botlhale ka gone o akanya dilo ka tsenelelo!
Kwa bofelong, Ghosha a tlelwa ke kakanyo. A nyeba ka monyebo o monnye, o o itsegeng, jaaka a tsamaela kwa gaabo Kamala le Jameela.	
'Ke sweditse ka gore ke tla araba potso ya lona, fa fela le tshepisa gore le tla amogela kgwethlo ya teng mmogo,' Ghosha a tlhalosa. 'Kwa moseja ga noka, mo tengteng ga sekgwaa go na le setlhare se seleele sa dikhokhonate tse di balolang. Le tshwanetse go ntlisetsa maungo a setlhare seo. Mme morago ga foo, ke go na nka arabang potso ya lona.'	Ke dira tshekatsheko ya gore Ghosha o tlhophile tiro e gore barwadia ba dire mmogo. O tshwanetse go ba a itse gore tiro e, e tla tlhoka dikgono tsa bona ka bobedi.
Ka go rialo, Kamala le Jameela ba simolola leeto lwa bona. Fa ba fitlha fa losing lwa noka, Jameela a simolola go gobuela mo nokeng. Ka bonako a lemoga fa noka e le boteng thata le go phothosela ga metsi go le maatla gore a ka kgabaganya. Kamala a bogela jaaka nnakaagwe o tshwere bothata. 'Palama mo godimo ga magetla a me,' Kamala a mo tlhaga thuso. Teng foo, ba tshela noka mmogo.	Ghosha o botlhale e le tota. Ke akanya gore o ne a itse gore go tla tlhokega maatla a ga Kamala gore ba kgone go tshela noka.
Fa ba fitlha kwa setlhareng, Kamala a leka go tshikinya setlhare. A se kgorometsa, a se goga. Fela setlhare se ne se le segolo thata mme go sa diragale sepe. Ka jalo, Jameela a palama setlhare ka bonako, a kgetlha dikhokhonate, mme a di latlhela fa fatshe. Kamala le Jameela ba kokoanya dikhokhonate mme ba simolola leeto go boela gae.	Ghosha o botlhale e le tota. Ke nagana gore o ne a itse gore go tla tlhokega matšato a ga Jameela gore a palame setlhare.
Fa barwadi ba fitlha kwa go Ghosha, ba mo neela dikhokhonate. 'Mo bobeding ba lona, ke mang yo o ntlisedseng maungo a?' ga botsa Ghosha. Kamala le Jameela ba lebalebana. 'Ke nna!' Kamala a rialo. 'Ke palame setlhare go kgetlha maungo!' 'Ke nna!' ga rialo Jameela. 'Ke ne ka belega Jameela mo magetleng a me go tshela noka. Maungo a ka bo a seo fa kwa ntle ga me!'	Ke akanya gore Ghosha o file barwadi tiro e ba neng ba tshwanetse go e dira mmogo. O ne a batla gore ba bone gore dikgono tsa bona mmogo di ne di tlhokega go fitlhelela dikhokhonate!

Buka	Puiso ya bobedi (akanyetsa kwa godimo)
<p>Kamala le Jameela ba lebalebana. Ba simolola go keketega ka setshego.</p> <p>'A le a bona jaanong, ga go na se se botoka go gaisa se sengwe!</p> <p>Ga go ope wa lona yo o ka beng a kgonne go digela tiro e a le nosi. Mme jaaka setlhophha, le kgonne go fithelela se se sa fitlhelegeng! Fela ka gore lo dirisitse ditalente tsa lona ka nosi ka nako e e siameng.'</p> <p>Ghosh a nyeba monyebo wa gagwe o monnye, o o itsengeng jaaka barwadi ba tsamaya, ba tshwarane mmogo ka diatla.</p>	Ke dira tshekatsheko ya gore tiro ya ga Ghosha e thusitse barwadi go bona gore ga go botoka go nna bonako kgotsa go tia, fela dikgono ka bobedi di a tlhokega mo dinakong tse di farologaneng.
Dipotso tsa tatelelo	Dikarabo tse di soloftsweng
Kamala o thusitse ka go dira eng gore ba kgone go kgetlha dikhokhonate?	O ne a belega Jeemela ka magetla gore ba kgone go kgabaganya noka. Ba ka bo sa sa kgona go fitlha kwa setlhareng sa dikhokhonate ntle le Kamala.
Jemeela o thusitse ka go dira eng gore ba kgone go bona dikhokhonate?	O palame setlhare mme a latlhela dikhokhonate fa fatshe. Ba ka bo sa fitlha kwa dikhokhonateng ntle le Jameela.
Potso ya gorin	Dikarabo tse di soloftsweng
Goreng Ghosh a ne a laela Kamala le Jameela go ya go kokoanya dikhokhonate?	<ul style="list-style-type: none"> • Ka gonnie o ne a itse gore nnakaagwe o tla tlhoka go tia ga Kamala go kgabaganya noka. • Ka gonnie o ne a itse gore ba tla tlhoka matšato a ga Jameela go palama setlhare se selele ka bonako le go kgetlha dikhokhonate. • Ka gonnie o ne a itse gore tiro e, e tla tlhoka dikgono tsa bona ka bobedi. • Ka gonnie o ne a batla gore barwadi ba bone gore ga go reye gore go botoka go tia kgotsa go nna bonako, dikgono ka bobedi di a tlhokega mo dinakong tse di farologaneng. • Ka gonnie o ne a batla go neela barwadi ka bobedi tiro e e tla dirang gore ba dire mmogo.



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labone**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 4

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa le go bua gore barutwana ba tlhaloganye (SDTB)
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - mongwe
 - setlhophpha
 - talente/bokgoni

Raeme kgotsa pina	Tiragatso
Fa re le (mmogo x2)	<i>Barutwana ba kopanya matsogo</i>
Re a thusana	
Nna le wena le yole re le mmogo	<i>Barutwana ba a supana ba bo ba kopanya matsogo</i>
Re a thusana	
Fa re le (mmogo x 2)	
Re a thusana	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong
Mo kgannyeng ye....
Ke kgona go sekaseka gore Ghosha o botlhale ka gonne.....
Ke bona tirisanommogo mo kgannyeng fa....
- 2 Buisetsa barutwana lethomeso.
- 3 Baya barutwana ka ditlhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlide go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhophpha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela tshwaelo ya barutwana.



Medumo Le Medumopuo:

15 metsotsos

Go Batla Mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

kw	mp	l
n	e	a
d	i	o
s	g	u

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /kw/ kgotsa /mp/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /kw/-/a/-/l/-/a/ = **kwala**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /kw/ kgotsa /mp/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /g/-/o/-/g/-/a/ = **goga**

BEKE 4

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **kw, mp**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **kwala, kwena, kwadisa, kwadi, kwalela, mpa, mpona, mpogisa, mpelega, goga, dila, sela, ngala**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotso

MAANO A TEKOTLHALOGANYO: GO SOBOKANYA/DIRA TSHEKATSHEKO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Tlhalosa go re barutwana ba tla bua ka sengwe se ba se ratang mo kgannyeng ya: Kgang ka ga barwadi ba babedi.
- 2 Gape ba tla bua ka tshekatsheko e ba e dirang ka ga Ghosha.
- 3 Diragatsa go bontsha barutwana gore ba ka naya jang dipolelo di le 1–2 ba anela ka sengwe se ba se ratang ka kgang le go e sekaseka jaaka: Ke ratile fa Kamala le Jameel aba neng ba ngangisana go fitlha ba tsaya tshweetso ya go ya go Ghosha ka a le botlhale. Ke dira tshekatsheko ya gore Ghosha o botlhale ebile o itse go thusa batho.
- 4 Tsholetsa ditshwantsho tsa Buka kgolo. Laela barutwana go lebelela ditshwantsho mme ba akanye ka se se diragetseng.
- 5 Laela barutwana go akanya ka se ba se ratang mo kgannyeng le tshekatsheko e ba e dirang ka Ghosha mo kgannyeng ya rona ya: Kgang ka ga barwadi ba babedi
- 6 Kopa barutwana ba le 2–3 go abelana ka dikakanyo tsa bona ka mo phaposing, Thusa barutwana go bopa dipolelo tse di feletseng
- 7 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 8 Laela barutwana go gadima ba bua mme ba abelane ka dikanelo tsa bona le balekane.
Ba sek a ba bua se morutabana a se buileng. Se, e tshwanetse go nna dikakanyo tsa barutwana!)



Puisokaelo Ka Ditolopho

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 4**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labotlhano**.
- 3 Bitsa setlhopho sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopho go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labotlhano**.
- 7 Bitsa setlhopho 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhopho tse o buisitseng le tsona le se ba se buisitseng
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

BEKE 4

Mophato 1

KGWEDITHARO 3

Beke

5

THITOKGANG: Gotlhe ka ga diaparo



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ba tlise diaparo tse farologaneng tsa bone.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: batlisisa ka histori ya diaparo.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhе tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola dithhopha tsa gago tsa puisokaelo ka dithhopha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 21&22, A re bueng

Tirwana 2: Bukatiro ya DBE 2: Tsebe 23&24 A re kwaleng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 25, go itumedisa

Tirwana 4: Thala setshwantsho sa seaparo se o se ratang thata.

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsostso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Supetsa barutwana setshwantsho sa ntlha mo bukakgolong: Sekipa sa ga Bothale se se ntšhwa
- 2 Bolelela barutwana gore lo tlie go simolola thitokgang e ntšhwa: Gotlhe ka ga diaparo
- 3 Thala sediko go dikologa thitokgang e e mo patitšhokong
- 4 Botsa barutwana jaana: *Lo setse lo itse eng ka thitokgang e?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa o wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba kgaratlha go abelana ka dikakanyo ba botse dipotso tse:
 - a Ke eng dilwana tsa diaparo?
 - b Ke matlhalosi a feng a re ka a dirisang go tlhalosa diaparo?
 - c Ke diaparo tsa mofuta ofe tse re di aparang letsatsi le letsatsi?
 - d Ke diaparo tsa mofuta ofe tse re di aparang ka ditiragalo tse di kgethegileng?

BEKE 5

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, diragatsa, ditlhhaloso le dilwana tsa nnete (SDTB).
- 2 Bontsha mafoko le ditshwantsho mo pating ya tlotlofoko.
 - seipone
 - seriti
 - sweu

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 Biletsa barutwana medumo le dipolelo tse di latelang gore ba di kwale:
 - a kwala
 - b kwena
 - c kwadisa

d kwadi

e kwalela

f mpa

g mpona

h mpogisa

i mpelega

3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.

4 Kwala medumo sentle mo patitshokong

5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.

2 Bula bukakgolo mo kgannyeng ya: Sekipa sa ga Botlhale se se ntšhwā

3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.

4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.

5 Ruta mafoko a mantšhwā

6 Buisa kgang yotlhe gangwe o sa emise.



Go kwala:

30 metsotso

Go Rulaganya Le Kwalo Ya Ntlha

TIRO: Kwala ka nako e o filweng diaparo tse di ntshwa

TIRWANA: Thala setshwantsho mme o oketse ka polelo

FOREIMI YA GO KWALA: Ke filwe....

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla akanya ka nako e ba filweng seaparo se sentšhwa.
- 2 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala**.
- 3 Bolelela barutwana kakanyo ya setshwantsho sa gago, jaaka: Nako nngwe ke ne ka fiwa jeresi e ntšhwa. E ne e sa tswe kwa mabenkeleng, lwa ntlha e ne e le ya kgaitadike, mme e ne e le ntšhwa mo go ena. Ke jeresi e ke neng ke e rata thata thata
- 4 **Diragatsa** ka go thala setshwantsho sa gago o apere jeresi ya gago e ntshwa.
- 5 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana: Ke filwe jeresi e e neng e le ya kgaitadike**.
- 6 Phimola sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mefuta ya diaparo le barutwana.
- 2 Kwala mafoko mo patitshokong jaaka: sekipa, dikausu, ditlhako tsa sekolo, baki jj
- 3 Botsa barutwana jaana: O filwe seaparo se sentšhwa se se feng?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka seaparo se se ntšhwa se ba se filweng.
- 6 Ba tshwanetse go bua jaana: Ke filwe...
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

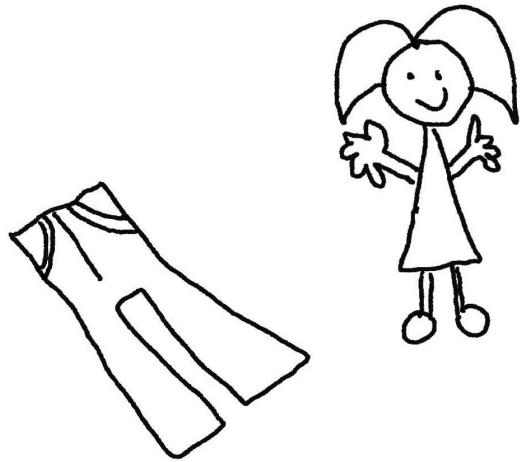
BEKE 5

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana**.
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go bay a dipesele tsa bona.
- 2 Laela barutwana go **gadimana ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana fa **ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke nd le borukhu jo bontšhwad jwd jini.



Puisokaelo Ka Ditolophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsa e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlhha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsots
Go Itsise Modumo Le Mafoko A Mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tsh/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a simololang ka modumo /tsh/?
- 4 Mmogo le barutwana akanyang ka mafoko a jaaka: tshela, tshaba, tshoga

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tshipi, tshaba, tshimo, tshela, tshoga**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

BEKE 5

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Mokwalo: 15 metsots

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **tsh**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 metsotsos

MAANO A TEKOTLHALOGANYO: GO DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<u>Sekipa sa ga Botlhale se se ntšwa</u> E ne e le ka Lamathatso. Bothhale o ne a ya kwa lebenkeleng le nkokoagwe. 'Tlaya re tsamaye! Nkoko a bitsa. Bothhale a tabogela kwa phaposibapeelong. Bothhale le nkokoagwe ba feta dikolobe di ja. Ba feta basetsana bangwe ba tlola kgati. Ba feta feta mosadi a anega diaparo.	Nka fopholetsa ka kitso ya me gore Botlhale le nkokoagwe ba na le leeto le telele.
Kwa bofelong, ba fitlha mo tseleng e kgolo. Thekesi ya bona e ne e setse e le gaufi le go goroga!	
Bothhale o ne a lebeletse kwa ntle ka lethlabaphefо tsela yotlhе. O ne a bona sejanaga sa bogologolo se se robegileng. A bona dinku. Teng foo, a bona matshwao a mantsi a mebalabala. Ba ne ba gorogile mo toropong! Thekesi ya ema. 'Tlaya re tsamaye!' ga rialo nkoko.	Ijoo! Nka fopholetsa ka kitso ya me gore Botlhale le nkokoagwe ba nna kgakala le toropo. Nka fopholetsa ka kitso ya me gore ba tshwanetse ba bo ba sa ye kwa toropong gangwe le gape!
La ntlha ba ne ba ya kwa polokelong ya madi. Go tloga foo, ba ya kwa posong. Kwa bofelong, ba ya kwa lebenkeleng la diaparo. 'Ke tla go rekela sengwe se sešwa. Bothhale, tsamaya o ye go itlhophela,' ga rialo Nkoko.	Lebelela setshwantsho ka kelotlhoko! Nka fopholetsa ka kitso ya me gore Bothhale ga a itumelela go bo a le kwa polokelong ya madi. O lebega a sa itumela le kwa posong, fela o lebega a itumetse tota fa a tsena kwa lebenkeleng la diaparo.
'Ke rata se,' ga rialo Bothhale, a supa sekipa se se botala ba tlhaga se na le setshwantsho sa kgodumodumo fa pele. 'Seo ke sa basimane,' ga rialo Nkoko. 'Fela ke rata bokgodumodumo,' ga rialo Bothhale. 'O lebeletse diaparo tsa basimane foo!' Nkoko a rialo. 'Ijoo! Ke rata se thata!' ga rialo Bothhale, a lebeletse sekipa se se nang le setshwantsho sa llori fa pele. Nkoko a thikitha tlhogo. 'Goreng o sa dumele? Ga botsa Bothhale. Nkoko a tloga fa go ena.	

BEKE 5

Beke 5 • Thitokgang: Gotlhe ka ga diaparo

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>'Se, se ntse jang?' ga botsa Nkoko.</p> <p>'Fela nna Nkoko ga ke rate tsa mmala o o pinki.' ga rialo Bothhale.</p> <p>'Basesana botlhe ba rata mmala o o pinki!' ga rialo Nkoko.</p> <p>'Go siame, ke mosetsana fela nna ga ke o rate,' Bothhale a akanya jalo.</p> <p>'Go siame. Re tla go rekela sekipa se sesweu fela.' ga rialo Nkoko.</p>	Bothhale le nkokoagwe ba rata dikipa tse di farologaneng! Nka fopholetsa ka kitsso ya me gore Bothhale ga a itumelela sekipa se nkoko a se mo tlhophetseng!
<p>Fa Bothhale a goroga kwa gae, a tlogela kgetsana ya diaparo mo godimo ga tafole ya kwa phaposiboapeelong mme a ikela kwa phaposiborobalang ya gagwe. A nna mo godimo ga bolao mme a akanya ka dikipa tsotlhe kwa lebenkeleng la diaparo. Mmaagwe Bothhale o ne a tsena ka mo phaposing. O ne a tshotse sekipa se se ntšhwa se se sweu.</p> <p>'A se, ke sona se o se tlhophileng?' a botsa.</p> <p>Bothhale o ne a bolelela mmaagwe ka se se diragetseng kwa lebenkeleng la diaparo.</p>	Bothhale o tlogela kgetsana ya diaparo mo tafoleng ya kwa phaposiboapeelong. Seo se dira gore ke fopholetsa ka kitsso ya me fa Bothhale a sa itumelela sekipa se a se rekileng kwa lebenkeleng!
<p>'Ke na le kakanyo,' ga rialo mmaagwe mme a tswa mo phaposing. A boa a tshotse dipene tsa dikhokhi.</p> <p>'O ka dirisa tse go thala setshwantsho sa gago mo sekipeng sa gago se se ntšhwa!' a rialo.</p> <p>Bothhale o ne a akanya ka dikipa tsotlhe tse a di ratileng kwa lebenkeleng mme a simolola go thala setshwantsho.</p>	Nka fopholetsa ka kitsso ya me gore Bothhale o tla thala setshwantsho mo sekipeng sa gagwe se se tshwanang le sa tse a di boneng kwa lebenkeleng!
<p>Fa morago ga sebakanyana, rraagwe Bothhale a mmitsa gore a tle go ja dilalelo. Bothhale a apara sekipa sa gagwe se sentšhwa. A iteba mo seiponeng. Bothhale o ne a rata se a se bonang! A tabogela kwa phaposiboapeelong.</p>	Lebelela monyebo o mogolo wa ga Bothhale! Nka fopholetsa ka kitsso ya me gore o rata o rata sekipa sa gagwe se se ntšhwa jaanong.
<p>E rile fa Palesa a bona sekipa sa ga Bothhale, a supa setshwantsho. 'Ke batla sekipa se se tshwanang le sa ga Bothhale!' a rialo. Bothhale o ne a leba mmaagwe mme mmogo ba nyeba.</p>	Ke gakologelwa gore Nkoko o rile dijanaga le bokgodumodumo ke dilo tsa basimane fela. Fela bona! Palesa le ena o a di rata. Nka fopholetsa ka kitsso ya me gore ga go reye gore basesana botlhe ba rata dilo tse di tshwanang.

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Botlhale o ne a batla se sekipa se se ntseng jang? Nkokoagwe o ne a mo rekela sekipa se se ntseng jang?	O ne a batla sekipa sa kgodumodumo kgotsa sa sejanaga. Nkoko o mo reketsa sekipa se sesweu.
Potso ya goreng	Dikarabo tse di solo fetsweng
Ke eng se se dirang gore o fopholetse go ya ka kitsi ya gago gore Botlhale o tenetse sekipa sa gagwe se se ntšhwa.	<ul style="list-style-type: none"> • O lebega a sa itumela kwa lebenkeleng. • O tlogela kgetsana ya diaparo mo godimo ga tafole ya kwa phaposibapeeleng. • O nna mo godimo ga bolao a bonala a sa itumela. • O boleletse mmaagwe ka tsotlhe tse di diragetseng kwa lebenkeleng. • O ne a thala setshwantsho mo sekipeng sa gagwe se se ntšhwa gore se lebege se le gentle, ka gonno o ne a sa rate sekipa se nkoko a mo tlhophetseng sona.



Puisokaelo Ka Ditlhophha

30 metsotso

BEKE 5

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso. 5**
- 2 Tlhalosetsa barutwana botlhe tirwana 1 ya Labobedi.
- 3 Bitsa setlhophha sa ntsha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso.**
- 6 Tlhalosetsa barutwana botlhe tirwana 2 ya Labobedi.
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha fa go na le diphetogo tse o tshwanetseng go di dira mo ditlhopheng tsa go buisa kgotsa ditirwana.

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



TLOTLOFOKO YA THITOKGANG

- 1 Go ruta o dirisa(SDTB)
- 2 Kgomaretsa mafoko mo pating ya tlotlofoko
 - mogopolو
 - dumalana
 - sa dumalane
 - tlhopha

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>

GO ANELA KGANG(BEKE YA NTLHA YA THITOKGANG)

- 1 Kgaoganya barutwana ka ditlhhotshwana
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maithamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Leboga barutwana ka go abelana ka dikgang tsa bona.





Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /gw/
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a nang le modumo wa /gw/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **segwapa, gwama**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **gwama, gwamisa, segwapa**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

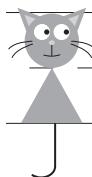


Mokwalo:

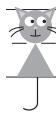
15 metsotsos

go kwala ditlhaka/mafoko/dipolelo

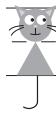
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **gw**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 La bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.



gw gw gw gw



gwama gwama



gwamisa gwamisa



segwapa segwapa



Ke gwamisa segwapa.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsotso

Go Rulaganya Le Kwalo Ya Ntlha.

SETLHOGO: Kwala ka nako e o filweng seaparo se se ntshwa

TIRO: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO LA GO KWALA:

Ke filwe.....

Ke ne ka ikutlwa.... gonne

GO DIRAGATSA

- 1 Tlhalosešašbarutwana gore ba tla oketsa ka polelo go tswa mo mokwalong wa bona wa Mosupulogo.
- 2 Tlhalosa gore gompieno barutwana ba sla kwala ka mokgwa o ba neng ba ikutlwka teng fa ba fiwa seaparo se se ntšhwa.
- 3 **Balela barutwana letlhomeso le le ntshwa la go kwala.**
- 4 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 5 Bolelela barutwana kakanyo ya setshwantsho sa gago, jaaka: Ke ne ke ikutlwka thabile ka gonne ke ne ke kgatlhwka kgaitsadiake fa a ne a apere jeresi eo, jaanong ke ya me!
- 6 Diragatsa go thala setshwantsho sa kgaitsadiago, tebegya sefatlhego, mmala wa jeresi jj.
- 7 Tlhalosa gore o tlie go kwala mafoko afe. Thalela lefoko lengwe le lengwe mothalo jaana: Ke ne ke ikutlwka thabile gonne ke ne ke rata jeresi eo.
- 8 Phimola sekao sa gago mo patithokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mafoko a a na leng maikutlo le barutwana
- 2 Kwala maina mo patitšhokong Jaaka: itumela, kgopisega, seng monate, montle jj
- 3 Botsa barutwana jaana: O ne o ikutlwka jang ka seaparo sa gago se se ntshwa, ka ntlhya yang?
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 Bitsa barutwana ba 2–3 go go bolelela gore ba ne ba ikutlwka jang?
- 6 Ba tshwanetse gore: Ke ne ke ikutlwka... ka go nne...
- 7 Bolelela barutwana gore jaanong ba tla thala le go kwala dikakanyo tsa bona.

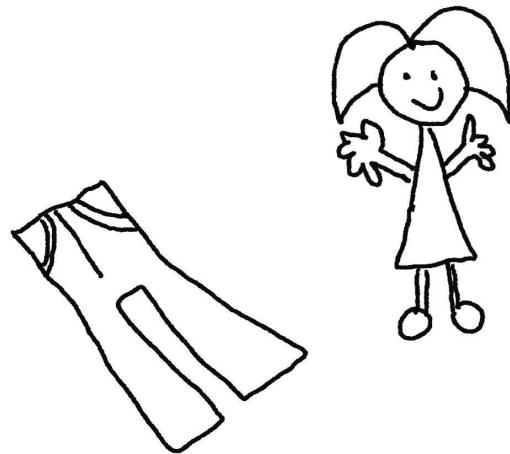
BEKE 5

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana.**
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3 laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana fa ba ka **kgonang go e buisa ka mo phaposing.** Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke nd le borukhu jo bontšhwad jwd jini.



Ke ne ke itumetse kd ntlhd xd gore
borukhu bd jini bo bontle.



Puisokaelo Ka Ditlhophha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana** le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le le se ba se buisitseng.
- 9 Kwala dintlha ka diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tshela**
- 3 Kgaoganya lefoko ka medumo ya lona : /tsh/-/e/-/l/-/a/
- 4 Bua modumo o o simololang lefoko: /tsh/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patit **tshela**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /tshe/-/la/ = **tshela**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **gwama**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tshoga**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /tsh/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /g/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /a/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tsh/-/o/-/g/-/a/
- 8 Kwala lefoko: **tshoga**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tsho/-/ga/ = **tshoga**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **gwamisa**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsoto

MAANO A TEKOTLHALOGANYO: GO DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyettsa kwa godimo)
<p><u>Sekipa sa ga Botlhale se se ntšhwā</u></p> <p>E ne e le ka Lamatlhatso. Botlhale o ne a ya kwa lebenkeleng le nkokoagwe. 'Tlaya re tsamaye!' Nkoko a bitsa. Botlhale a tabogela kwa phaposiboapeelong. Botlhale le nkokoagwe ba feta dikolobe di ja.</p> <p>Ba feta basetsana bangwe ba tlola kgati. Ba feta feta mosadi a anega diaparo.</p>	Botlhale o ne a tabogela ka phaposiboapeelong. Nka fopholetsa ka kitso ya me gore o itumeletse go ya kwa mabenkeleng.
<p>Kwa bofelong, ba fittha mo tseleng e kgolo. Thekesi ya bona e ne e setse e le gaufi le go goroga!</p>	
<p>Botlhale o ne a lebeletse kwa ntle ka lethlabaphefо tsela yotlhe. O ne a bona sejanaga sa bogologolo se se robegileng. A bona dinku. Teng foo, a bona matshwao a mantsi a mebalabala. Ba ne ba gorogile mo toropong! Thekesi ya ema. 'Tlaya re tsamaye!' ga rialo nkoko.</p>	
<p>La ntlha ba ne ba ya kwa polokelong ya madi. Go tloga foo, ba ya kwa posong. Kwa bofelong, ba ya kwa lebenkeleng la diaparo.</p> <p>'Ke tla go rekela sengwe se sešwa. Botlhale, tsamaya o ye go itlhophela,' ga rialo Nkoko.</p>	Botlhale o itumeletse fela go ya kwa lebenkeleng la diaparo. Nka fopholetsa ka kitso ya me gore o ile le nkoko kwa toropong gore fela a ye kwa lebenkeleng la diaparo.
<p>'Ke rata se,' ga rialo Botlhale, a supa sekipa se se botala ba tlhaga se na le setshwantsho sa kgodumodumo fa pele.</p> <p>'Seo ke sa basimane,' ga rialo Nkoko.</p> <p>'Fela ke rata bokgodumodumo,' ga rialo Botlhale.</p> <p>'O lebeletse diaparo tsa basimane foo!' Nkoko a rialo.</p> <p>'Ijoo! Ke rata se thata!' ga rialo Botlhale, a lebeletse sekipa se se nang le setshwantsho sa llori fa pele.</p> <p>Nkoko a thikitha tlhogo. 'Goreng o sa dumele? Ga botsa Botlhale. Nkoko a tloga fa go ena.</p>	Nka fopholetsa ka kitso ya me gore Botlhale le nkokoagwe ba na le dikakanyo tse di farologaneng ka ga se basetsana ba tshwanetseng gose apara.

BEKE 5

Beke 5 • Thitokgang: Gotlhe ka ga diaparo

Buka	Puiso ya bobedi (go akanyettsa kwa godimo)
<p>'Se, se ntse jang?' ga botsa Nkoko.</p> <p>'Fela nna Nkoko ga ke rate tsa mmala o o pinki.' ga rialo Botlhale.</p> <p>'Bassetsana bothhe ba rata mmala o o pinki!' ga rialo Nkoko.</p> <p>'Go siame, ke mosetsana fela nna ga ke o rate,' Bothhale a akanya jalo.</p> <p>'Go siame. Re tla go rekela sekipa se sesweu fela.' ga rialo Nkoko.</p>	Lebelela setshwantsho! Nka fopholetsa ka kitso ya me gore Botlhale o ikutlwa a le mo tsielegong ka gonne Nkoko o mmoleletse gore a ka itlhophela, fela o gana dikipa tsotlhe tse Botlhale a di ratang!
<p>Fa Botlhale a goroga kwa gae, a tlogela kgetsana ya diaparo mo godimo ga tafole ya kwa phaposiboaapeelong mme a ikela kwa phaposiborobaleng ya gagwe. A nna mo godimo ga bolao mme a akanya ka dikipa tsotlhe kwa lebenkeleng la diaparo. Mmaagwe Bothhale o ne a tsena ka mo phaposing. O ne a tshotse sekipa se se ntšhwa se se sweu.</p> <p>'A se, ke sona se o se tlhophileng?' a botsa.</p> <p>Bothhale o ne a bolelela mmaagwe ka se se diragetseng kwa lebenkeleng la diaparo.</p>	Botlhale o tshwantse a bo a le mo tsielegong ya gore Nkoko ga a mo letla go itlhophela sekipa se a se ratang. Bothhale wa batho, ga a batle le go ntsha sekipa sa gagwe se sentšhwa mo kgetsaneng ya diaparo!
<p>'Ke na le kakanyo,' ga rialo mmaagwe mme a tswa mo phaposing. A boa a tshotse dipene tsa dikhokhi.</p> <p>'O ka dirisa tse go thala setshwantsho sa gago mo sekipeng sa gago se se ntšhwa!' a rialo.</p> <p>Bothhale o ne a akanya ka dikipa tsotlhe tse a di ratileng kwa lebenkeleng mme a simolola go thala setshwantsho.</p>	Mmaagwe Bothhale o mo thusa go dira sekipa se a se ratang. Nka fopholetsa ka kitso ya me gore mmaagwe Bothhale o mo letla go apara sengwe le sengwe se a se ratang.
<p>Fa morago ga sebakanyana, rraagwe Botlhale a mmitsa gore a tle go ja dilalelo. Botlhale a apara sekipa sa gagwe se sentšhwa. A iteba mo seiponeng. Botlhale o ne a rata se a se bonang! A tabogela kwa phaposiboaapeelong.</p>	
<p>E rile fa Palesa a bona sekipa sa ga Botlhale, a supa setshwantsho. 'Ke batla sekipa se se tshwanang le sa ga Bothhale!' a rialo. Botlhale o ne a leba mmaagwe mme mmogo ba nyeba.</p>	Botlhale o nyeba le mmaagwe. Nka fopholetsa ka kitso ya me gore mmaagwe Bothhale o mo thusitse gore a ikutlwe a le botoka.

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Ke eng se Botlhale le nkokoagwe ba sa dumelaneng ka sona?	<ul style="list-style-type: none"> • Ga ba dumelane ka gore Botlhale o tshwanetse go reka sekipa sefe? • Ga ba dumelane ka gore basetsana le basimane ba rata eng.
Mmaagwe Botlhale o dirile eng go mo thusa gore a ikutlwae a le botoka?	<ul style="list-style-type: none"> • O a reetsa fa Botlhale a ikutlwae a hutsafetse. • O mo neela dipene tsa dikhokhi. • O mo mmolelela gore a ka thala setshwantsho sa sengwe le sengwe se a se ratang.
Potso ya goreng	Dikarabo tse di solo fetsweng
Goreng Botlhale a ne a ikutlwae a le mo tsielegong?	<ul style="list-style-type: none"> • Ka gonno Nkoko o rile 'nnyaya' ka dikipa tsotlhe tse a neng a di tlhopha. • Ka gonno nkoko o mmoleletse gore dilo tse a di ratang ke tsa basimane fela. • Ka gonno Nkoko o mmoleletse gore o tshwanetse go rata mmala o o pinki. • Ka gonno Nkoko o ne a sa letle Botlhale go itlhophela sengwe se a se ratang tota.



Puisokaelo Ka Ditlhophpha

30 metsotsos

BEKE 5

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiiso**.
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labone**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana **ya go refosana puiiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone**.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosuputsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go supa, go diragatsa, go tlhalosa, go bua(SDTB)
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - popego
 - tlhopha
 - bantsi ba akanyang

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong
Mo kgannyaeng...
Karolo e ke e ratang thata ke....
Fa nkabo ke le Bohlale, ke akanya go re nka bo ke ikutlw....ka gonne...
- 2 Buisetsa barutwana letlhomeso.
- 3 Baya barutwana ka **ditlhhotshwana** tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlide go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela tshwaelo ya barutwana.



Medumo Le Medumopuo:

15 metsotsos

Go Batla Mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

tsh	gw	p
i	b	a
m	o	e
l	s	g

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tsh/ kgotsa /gw/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /tsh/-/a/-/b/-/a/ = **tshaba**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /tsh/ kgotsa /gw/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /g/-/a/-/m/-/a/ = **gama**

BEKE 5

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tsh, gw**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tshipi, tshaba, tshimo, tshela, tshoga, gwama, gwamisa, segwapa, gama, ebola, sisimoga, mpelega**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotso

**MAANO A TEKOTLHALOGANYO: TSHOSOBANYO / GO DIRA
DIPHOPHOLETSO TSA KITSO**

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Baya barutwana mo maemong a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a phepa, dipensele le dikherayone
- 2 Tlhalosa gore gompieno barutwana ba tla dira diphopholetsa tsa kitso le go thala ka se se tla diragalang morago fa kgang e tswelela
- 3 Diragatsa go bontsha barutwana fa o dira phopholetsa ya kitso ka se se tla diragalang morago, jaaka: Ke akanya gore Palesa o tla reka sekipa se se sweu kwa mabenkeleng
- 4 Thala sethwantsho sa gago mo patitshokong sa Palesa a tlhophapha sekipa se se sweu kwa lebenkeleng
- 5 Morago, bolelela barutwana gore ba ya go dirisa kitso ya bona gore go ka morago
- 6 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape
- 7 Kopa barutwana go buka matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang
- 8 Kwa bofelong, kopa barutwana go gadima ba bue mme ba abelane ka dithwantsho tsa bona le balekane.



Puisokaelo Ka Dithlopha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bolthe ba tshotse **matlharetiro a puiso**.
- 2 Tlhalosetsa barutwana **tirwana1 ya Labotlhano**.
- 3 Bitsa setlhophapha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophapha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana le puiso**.
- 6 Tlhalosetsa barutwana bolthe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhophapha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophapha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

BEKE 5

Mophato 1

KGWEDITHARO 3

Beke

6

THITOKGANG: Gotlhe ka ga diaparo



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Netefatsa gore dipati le tafole ya setlhogo sa molaetsa tsa gago di na le dilwana tsa bosheng.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: tlisa diaparo tse di farologaneng tsa bone.
- 5 Dira dipatliso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: batlisisa ka diaparo tsa mefutafuta tsa go ralala lefatshe.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola ditlhophpha tsa gago tsa puisokaelo ka ditlhophpha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 27, lefoko tiro

Tirwana 2: Bukatiro ya DBE 2: Tsebe 28 & 29, a re kwaleng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 30, lefoko tiro

Tirwana 4: Thala setshwantsho sa sengwe se se dirang gore o ikutlwae o le bonolo

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BOELETSAT HITOKGANG: GO RIBILOLA DILO TSE O DI ITSENG

- 1 Bontsha barutwana setshwantsho sa Fadzi a lekanya borokgwe jwa gagwe jo bo ntshwa mo kgannyeng ya bukakgolo: Borokgwe jo bo ntekanang.
- 2 Bolelela barutwana gore le tswelela ka thitokgang: Gotlhe ka ga diaparo
- 3 Thala sediko go dikologa **thitokgang** mo gare ga patit
- 4 Botsa barutwana jaana: *Go fitlhā jaanong lo ithutile eng mo setlhogong se?*
- 5 Kwala ditshwaelo tsa barutwana go dikologa mmapa wa tlhaloganyo.
- 6 Fa barutwana ka kgaratlha go araba, botsa dipotso tse di latelang go ba thusa:
 - a Re tlhoka neng diaparo tse di ntshwa?
 - b Re aparelang diaparo tse dintshwa?
 - c Ke efe mefutafuta ya diaparo go ralala lefatshe?

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go supa, go diragatsa, go tlhalosa , go bua gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - bonolo
 - seng bonolo/seng monate
 - bogolo
 - lekanya

BEKE 6

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>



Mokwalo

15 metsots

- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a tshipi
 - b tshaba
 - c tshimo

- d tshela**
- e tshoga**
- f gwama**
- g gwamisa**
- h segwapa**

- 3** Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4** Kwala medumo sentle mo patitshokong
- 5** Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1** Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2** Bula bukakgolo mo kgannyeng ya: Borokgwe jo bo ntekanang
- 3** Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4** Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5** Ruta mafoko a mantšwa
- 6** Buisa kgang yotlhe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotso

SETLHOGO: Dira ekete ke wena Fadzi, kwalela rrago lekwalo la go mo leboga

TIRO: Kwala karata ya go leboga

LETLHOMESO LA GO KWALA:

Rre yo o rategang....

Ke lebogela....

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla dira e kete ke bona Fadzi go tswa mo kgannyeng ya rona ya bukakgolo. Ba tla kwala karata ya go leboga.
- 2 **Barutwana ba tla itirela dikarata tsa bona, tsaya letlhare le le phepha mme morutabana a bontshe barutwana go le mena fa gare.**
- 3 Tlhalosa go re fa pele mo letlhareng , barutwana ba thale setshwantsho se sentle mme ba kwale mafoko “ Ke a leboga”.
- 4 Thala mabokoso mo patitšokong go bontsha kwa pele le ka mo teng ga karata.
- 5 **Diragatsa** ka go thala setshwantsho kwa pele mo karateng.
- 6 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 7 Bolelela barutwana kakanyo ya go kwala ya gago: Fa nkabo ke le Fadzi, nka rata go leboga rre go nna pelotelele ka nako e ke neng ke lekanya marokgwe kwa mabenkeleng.
- 8 Tlhalosa gore o tla kwala mafoko a afe mme **o thalele lefoko lengwe le lengwe mothalo jaana: Rre yo o rategang, ke lebogela bopelotelele jwa gago kwa mabenkeleng.**
- 9 Phimola sekai sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mafoko a Fadzi a ka a dirisang go leboga ka one.
- 2 Kwala mafoko mo patitšokong jaaka: pelotelele, pelonomi, tlhaloganyang, thusang jj.
- 3 Botsa barutwana jaana: Fa o kab o le Fadzi, o akanya gore ke eng se o neng o tla se lebogela?
- 4 Laela barutwana go **akanya** pele ba kwala
- 5 Bitsa barutwana ba le 2–3 go go bolelela gore ba akanya gore Fadzi o ikutlw a gore a ka lebogela eng?
- 6 Ba tshwanetse go bua jaana: Ke lebogela...
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

BEKE 6

GO KWALA

- 1 Naya barutwana matlhare a a phepha.
- 2 **Laela barutwana go mena matlhare fa gare jaaka karata.**
- 3 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana.**
- 4 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 5 Thusa barutwana go oketsa ka maina.
- 6 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso**. 6
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsots
Go Itsise Modumo Le Mafoko A Mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tshw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya mafoko a a nang le modumo wa /tshw/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tshwana, tshwaela, tshwara**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tshwara, tshwana, tshwene, tshwaetsa, tshwaela**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

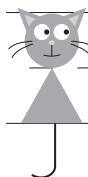
BEKE 6



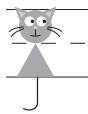
Mokwalo: 15 metsots

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

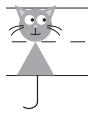
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **tshw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopolela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



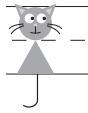
tshw tshw



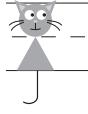
tshwara tshward



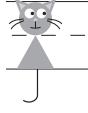
tshwana tshwanda



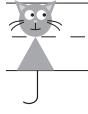
tshwene tshwene



tshwaetsa tshwaetsa



tshwaela tshwaela

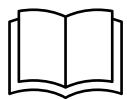


Gake tshwane le tshwene.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 Metsoto

MAANO A TEKOTLHALOGANYO: AKANYA KA GO SETLHANGWA

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
<u>Borokgwe jo bo ntekanang</u> Fadzi o ne tlhoile diaparo tse dišwa. O ne a rata diaparo tse di bonolo, tse di mo nnang sentle, tse di tlhatshweng le go aparwa gagwe le gape. Fela lebaka e ne e le gore borokgwe jwa gagwe bo ne bo sa tlhole bo mo lekana. O ne a sa bolo go ipatikanya mo go bona dikgwedi, kgwedi. Go ne ga diragala fela jalo, go fitlha letsatsi lengwe konopo e nngwe ya gagwe e bo e kgaoga.	Ijoo, nnyaya, ke ipotsa gore a Fedzi o tla tshwanewa ke go latlha borokgwe jwa gagwe jwa kgale jo bo mo nnang sentle?
Fadzi o ne a leka go khupetsa se, fela e rile fa mmaagwe a lemoga, a swa ka ditshego. 'Go lekane! Ke nako ya go reka borokgwe jo bo ntšwa!' mmaagwe a mmolelala.	Ke ipotsa gore goreng Fadzi a ne a leka go khupetsa fa konopo ya gagwe e kgaogile? E tshwanetse ya bo e ne e le ka gore a sa batle borokgwe jo bošwa!
Fa morago ga malatsi a se kae, fa Fadzi le rraagwe ba ya kwa mabenkeleng mmogo, o ne a tlhontse tsela yotlhe. 'Ga ke batle borokgwe go bošwa!' a akanya jalo.	
Rraagwe Fadzi a mo thusa gore a kokoanye marokgwe a mediro ya mefutafuta a bogolo jwa gagwe. O ne a di tseela kwa phaposing ya go itekanyetsa diaparo. 'Ke tla leta ka kwa ntle. O nkitsitse fa o bone borokgwe jo o bo ratang,' a rialo.	Ke ipotsa gore a Fadzi o tla bona borokgwe jo a bo ratang fela jaaka a ne a rata borokgwe jwa gagwe jwa kgale?
La ntlha Fadzi o ne a itekanya borokgwe jo bontle, jo bontsho. 'Gongwe ke bona jo bo siameng jo?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. Mme e rile fa a bo itekanya, lesela la teng la se mo nne monate. Le ne le utlwala le le thata, le mo ngapa. 'Ga ke batle borokgwe jo bošwa!' a akanya jalo.	Fadzi ruri ka nnete ga a kitla a bona borokgwe jo a bo batlang ka gonne otlhe ga a mo nne sentle! Ke ipotsa gore o tla bona borokgwe jo bo ntseng jang?
Fa morago ga foo, Fadzi a itekanya jini e nngwe e ntle, e e bopodudu jo bofitshwana.	Jini e e bopududu ele, ga e mo nne sentle, ka jalo Fadzi ka nnete ga a kitla a e reka. Ke ipotsa gore a o tla bona borokgwe jo a bo ratang.

BEKE
6

Beke 6 • Thitokgang: Gotlhe ka ga diaparo

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
<p>'Gongwe ke tla ikutlwā ke lokologile mo go bo?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. E rile fela fa a bo itekanya, lesela la teng le ne le utlwala le dira gore e mo tsimpe. O ne a ikutlwā e kete le go tsamaya a ka se kgone go tsamaya. Fa a leka go kotama, jini ke fa e mo sega mo lethekeng.</p> <p>Ga ke batle borokgwe jo bošwa! a akanya jalo.</p>	
<p>Fa morago ga foo, Fadzi o ne a itekanya borokgwe jo bohibidu jo bo galalelang.</p> <p>'Gongwe bo, bo tla nna botoka?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. Fela e rile fa a bo lekanya, a utlwala e kete bo bokima thata. Bo ne bo utlwala bo le bokete thata. Ka jalo, o ne a tshwenngwa ke gore e kete bo ka wa fa a taboga, a tshameka.</p> <p>'Ga ke batle borokgwe jo bošwa! a akanya jalo.</p>	
<p>'Go ntse go ya jang ka foo?' Rraagwe Fadzi a mmitsa a le kwa ntle ga phaposi ya go itekanyetsa diaparo.</p> <p>'Ga ke bone borokgwe jo ke bo ratang, a rialo, a apara borokgwe jwa gagwe jo bo mo nnang sentle jwa kgale.</p>	<p>Ke ipotsa gore Fadzi o tla bona borokgwe jo bo ntseng jang? A ka se apare borokgwe jwa gagwe jo bo mo nnang sentle go ya go ile.</p>
<p>Fa Fadzi a fitlha fa go rraagwe, o ne a eme gaufi le raka ya dikhethé tse di akgegang, tsa malomolomo. Matlho a ga Fadzi a galalela.</p> <p>'Go ntse jang ka se?' a botsa, 'a o ka itekanya dikhethé?</p> <p>'A o dira rata go gaisa marokgwe?' rraagwe a mmotsa. Fadzi a dumela.</p>	<p>Ijoo! Ke ipotsa gore a o tla kgona go bona sekhethé se a se ratang?</p>
<p>Fa fadzi a itekanya sekhethé sa ntlha, o ne a itse fela di tloga gore se siame. Letsela la teng le ne le le bonolo. Le ne le utlwala bosilika mo letlalang la gagwe. Sekhethé se ne se sa mo tsimpe. Fa a nna fa fatshe, se ne se ngaologa sentle fela ka mo a batlang ka teng. Se ne se mo nna sentle tota fela jaaka borokgwe jwa gagwe jo bontle jwa kgale.</p> <p>Fadzi o ne a sa bona borokgwe jo bo mo nnang sentle, fela o ne a bone sekhethé se se mo nnang sentle tota.</p>	<p>Fadzi ga a ke a bona borokgwe jo bošwa fela boemong jwa bona, o bone sekhethé se sešwa.</p>

Dipotso tsa tatelelo	Dikarabo
Fadzi o ne a itekanya borokgwe jwa mofuta o o ntseng jang?	O ne a itekanya borokgwe jo bontsho, jini e e bopududu jo bofitshwana le borokgwe jo bohibidu jo bo galalelang.
Fadzi o ne a bona eng kwa lebenkeleng?	O ne a bona sekhetho se sešwa se se mo nnang sentle.
Potso ya goreng	Dikarabo tse di solo fetsweng
Ke goreng fa Fadzi a ne a sa bone borokgwe jo bošwa?	<ul style="list-style-type: none"> • Ka gone o ne a bona sekhetho boemong jwa borokgwe • Ka gone go ne go se borokgwe bope jo bo neng bo mo nna sentle, fela sekhetho se ne se mo nna sentle. • Ka gone borokgwe jo bontsho jo a neng a bo itekantse bo ne bo utlwala bo le thata e bile bo mo tsimpa. • Ka gone jini e bopududu e a itekantseng yona e ne e utlwala e mo tsimpa. • Ka gone borokgwe jo bohibidu jo a neng a bo itekantse bo ne bo utlwala bo le bokima e bile bo le bokete. • Ka gone sekhetho se ne se utlwala se siame tota fa a se itekanya.



Puisokaelo Ka Ditlhophpha

30 metsoto

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**. 6
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**.
- 3 Bitsa setlhophha sa ntla go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 6

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa ,go bua, gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - maburabura
 - repileng
 - tlamparetse

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>

GO ANELA KGANG

- 1 Kgaoganya barutwana ka dithhotshwana tsa bona.
- 2 Naya setlhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamelo mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa dithophpha tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.





Medumo Le Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise **papetlana ya modumo: /tlh/**
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a simololang ka modumo wa /tlh/
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **tlhola, tlhoga, tlhapa**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tlhapa, tlhoka, tlhola, tlhapi, tlhoga**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

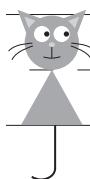


Mokwalo:

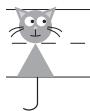
15 metsotsos

Go Kwala Dithlaka Tse Dintšhwa /Mafoko/Dipolelo

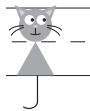
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakkanye ka nepagalo: **tlh**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



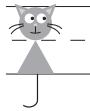
tlh tlh tlh tlh



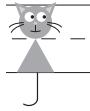
tlhapa tlhapa



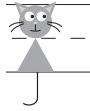
tlhoka tlhoka



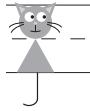
tlhola tlhola



tlhapi tlhapi



tlhoga tlhoga



Ke tlhola tlhapi.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 minutes

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Dira ekete ke wena Fadzi, kwalela rrago karata ya go leboga

TIRO: Kwala karata ya go leboga

LETLHOMESO YA GO KWALA:

Rre yo o rategang....

Ke lebogela....

Ke ikutlwa....

Ka lorato...Fadzi

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla kwala polelo ka mo teng ga karata go tswa mo tirong ya mosupologo.
- 2 Buisetsa barutwana letlhomeso le lentšwa.
- 3 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 4 Bolelela barutwana kakanyo ya go kwala ya gago: Fa nka bo ke le Fadzi, nka ikutlwa ke thabile ka ge rre a dumetse ke tsaya sekhete se ke neng ke se batla go na le go tsaya borokgwe.
- 5 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke ikutlwa ke thabile ka ge o nthecketse sekhethet se se ntšhwaa
- 6 Phimula sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

BEKE 6

DITAELO TSA MOLOMO

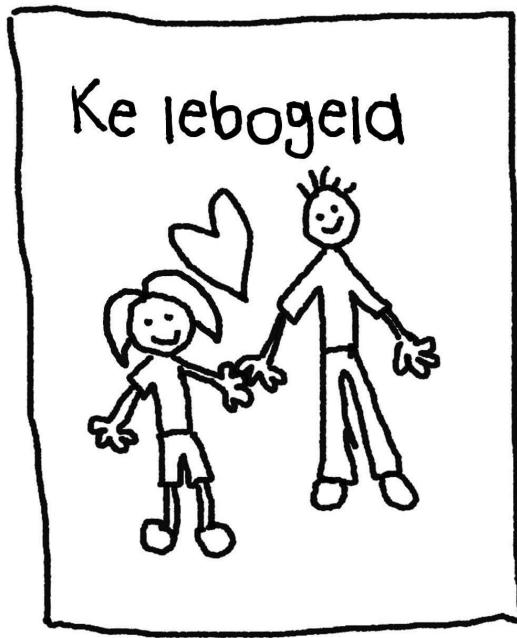
- 1 Mmogo le barutwana akanyang ka mafoko maikutlo le barutwana.
- 2 Kwala mafoko mo patitshokong jaaka: Itumela, lebogela, bonolo.
- 3 Botsa barutwana jaana: Fa o kabo o le Fadzi, ne o tla ikutlwa jang?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ba ne ba ka ikutlwa jang fa ba kabo ba le Fadzi?
- 6 Ba tshwanetse ba re: Ke ikutlwa....
- 7 Tlhalosa gore gompieno, barutwana ba tla tshwanelo ke go tlhopha polelo e e simololang, e e tsamaisanang le se ba se tlrophileng go kwala ka sona.

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa ka maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadimana mme ba bue** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.





Puisokaelo Ka Ditlhophha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 6**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana le puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Laboraro**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tshwara**
- 3 Kgaoganya lefoko ka medumo ya lona : /tshw/-/a/-/r/-/a/
- 4 Bua modumo o o simololang lefoko: /tshw/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /r/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patit **tshwara**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /tshwa/-/ra/ = **tshwara**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **tlhoka**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tshwene**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /tshw/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /e/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /n/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /e/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tshw/-/e/-/n/-/e/
- 8 Kwala lefoko: **tshwene**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tshwe/-/ne/ = **tshwene**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **tlhapi**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 Metsotsos

MAANO A TEKOTLHALOGANYO: DIRA DITSHEKATSHEKO. GO DIRA DIKGOLAGANO

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
<u>Borokgwe jo bo ntekanang</u> Fadzi o ne tlhole diaparo tse dišwa. O ne a rata diaparo tse di bonolo, tse di mo nnang sentle, tse di tlthatwitsweng le go aparwa gagwe le gape. Fela lebaka e ne e le gore borokgwe jwa gagwe bo ne bo sa tlhole bo mo lekana. O ne a sa bolo go ipatikanya mo go bona dikgwedi, kgwedi. Go ne ga diragala fela jalo, go fitlha letsatsi lengwe konopo e nngwe ya gagwe e bo e kgaoga.	Nka dira kgolaganyo! E e nkgopotsang dipejama tse ke kileng ka nna le tsona. Ke ne ke di apara bosigo bongwe le bongwe, go fitlha di tswa phatlha e kgolo!
Fadzi o ne a leka go khupetsa se, fela e rile fa mmaagwe a lemoga, a swa ka ditshego. 'Go lekane! Ke nako ya go reka borokgwe jo bo ntšhwa!' mmaagwe a mmolelela.	Le fa dipejama tsa me di ne di kgagogile, ke ne ke batla go nna ke ntse ke di apara ka gonne di ne di nna sentle mo go nna! Ke akanya gore Fadzi ga a batle go latlha borokgwe jwa gagwe jo bo mo nnang sentle fela jaaka nna, ka gonne o lekile go khupetsa konopo e e kgaogileng!
Fa morago ga malatsi a se kae, fa Fadzi le rraagwe ba ya kwa mabenkeleng mmogo, o ne a tlhontse tsela yotlhe. 'Ga ke batle borokgwe go bošwa!' a akanya jalo.	Ke akanya gore Fadzi o tshwanetse a bo a ikutlw a etsaetsega ka gore a ka se tlhole a apara borokgwe jwa gagwe jwa kgale fela jaaka ke ne ke ikutlw.
Rraagwe Fadzi a mo thusa gore a kokoanye marokgwe a mediro ya mefutafuta a bogolo jwa gagwe. O ne a di tseela kwa phaposing ya go itekanyetsa diaparo. 'Ke tla leta ka kwa ntle. O nkitsitse fa o bone borokgwe jo o bo ratang,' a rialo.	
La ntlha Fadzi o ne a itekanya borokgwe jo bontle, jo bontsho. 'Gongwe ke bona jo bo siameng jo?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. Mme e rile fa a bo itekanya, lesela la teng la se mo nne monate. Le ne le utlwala le le thata, le mo ngapa. 'Ga ke batle borokgwe jo bošwa!' a akanya jalo.	Nka dira kgolaganyo le Fadzi. Ga ke rate go itekanya diaparo tse dišwa tse di sa ntuleng sentle mo letlaleng.
Fa morago ga foo, Fadzi a itekanya jini e nngwe e ntle, e e bopodudu jo bofitshwana.	Ke a itse gore go ka nna bothata jang go bona jini e e ka go lekanang. Fadzi o tshwanetse a bo a etsaetsega. O ne a na le borokgwe jo a bo ratang, fela jaanong marokgwe otlhe ao a itekanyang ga a mo nne sentle.

BEKE
6

Beke 6 • Thitokgang: Gotlhe ka ga diaparo

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
<p>'Gongwe ke tla ikutlwā ke lokologile mo go bo?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. E rile fela fa a bo itekanya, lesela la teng le ne le utlwala le dira gore e mo tsimpe. O ne a ikutlwā e kete le go tsamaya a ka se kgone go tsamaya. Fa a leka go kotama, jini ke fa e mo sega mo lethekeng.</p> <p>Ga ke batle borokgwe jo bošwa! a akanya jalo.</p>	
<p>Fa morago ga foo, Fadzi o ne a itekanya borokgwe jo bohibidu jo bo galalelang.</p> <p>'Gongwe bo, bo tla nna botoka?' a akanya jalo jaaka a bo kgwagolola mo sekaletsing. Fela e rile fa a bo lekanya, a utlwala e kete bo bokima thata. Bo ne bo utlwala bo le bokete thata. Ka jalo, o ne a tshwenngwa ke gore e kete bo ka wa fa a taboga, a tshameka.</p> <p>'Ga ke batle borokgwe jo bošwa! a akanya jalo.</p>	<p>Fa ke ka bo ke le Fadzi, ke ka bo ke le mo ketsaetsegong ya gore ga go borokgwe bope jo bo nnang sentle mo go nna. Ke a itse gore ke ne ke tla bo ke tlhoaletse borokgwe jwa me jwa kgale. Ke a ikana, Fadzi o mo ketsaetsegong e e seng kana ka sepe!</p>
<p>'Go ntse go ya jang ka foo?' Rraagwe Fadzi a mmitsa a le kwa ntle ga phaposi ya go itekanyetsa diaparo.</p> <p>'Ga ke bone borokgwe jo ke bo ratang, a rialo, a apara borokgwe jwa gagwe jo bo mo nnang sentle jwa kgale.</p>	<p>Fa e ne e le nna, ke ne ka tla itumela go nna le motho yo o nnang a ntshola gore a ke siame.</p>
<p>Fa Fadzi a fitlha fa go rraagwe, o ne a eme gaufi le raka ya dikhethé tse di akgegang, tsa malomolomo. Matlho a ga Fadzi a galalela.</p> <p>'Go ntse jang ka se?' a botsa, 'a o ka itekanya dikhethé?'</p> <p>'A o dira rata go gaisa marokgwe?' rraagwe a mmotsa. Fadzi a dumela.</p>	
<p>Fa fadzi a itekanya sekhethe sa ntlha, o ne a itse fela di tloga gore se siame. Letsela la teng le ne le le bonolo. Le ne le utlwala bosilika mo letlalang la gagwe. Sekhethe se ne se sa mo tsimpe. Fa a nna fa fatshe, se ne se ngaologa sentle fela ka mo a batlang ka teng. Se ne se mo nna sentle tota fela jaaka borokgwe jwa gagwe jo bontle jwa kgale.</p> <p>Fadzi o ne a sa bona borokgwe jo bo mo nnang sentle, fela o ne a bone sekhethe se se mo nnang sentle tota.</p>	<p>Ijoo! Fadzi ga a feletsa a bone borokgwe, fela o bone sekhethe. Fa ke ka bo ke le Fadzi, ke ne ke tla ikutlwā ke lokologile ka gore ke bone sengwe sa go apara se se nnang sentle mo go nna!</p>

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
O akanya gore Fadzi o ne a ikutlwa jang fa konopo ya borokgwe jwa gagwe e kgaoga?	Ke akanya gore o ne a ikutlwa a hutsafetse/ a tenegile/ e etsaetsegae.
O akanya gore Fadzi o ne a ikutlwa jang fa kwa bofelong a bona sekhetha se a se ratang?	Ke akanya gore o ne a itumetse/ a gololosegile.
Potso ya goreng	Dikarabo tse di solo fetsweng
Ke goreng fa Fadzi a ne a ikutlwa a na le ketsaetsegae?	<ul style="list-style-type: none"> Ka gonne konopo ya gagwe e ne ya kgaoga mo borokgweng jo a neng a bo rata. Ka gonne o ne a sa batle go ya kwa lebenkeleng go ya go reka borokgwe jo bošwa. Ka gonne o ne a tlhoafaletse borokgwe jwa gagwe jwa kgale jo bo mo nnang sentle. O ne a sa batle go reka borokgwe jo bošwa, o ne a eletsa go apara jwa kgale, jo bo nnang sentle. Ka gonne marokgwe otlhe ao a neng a a itekanya a ne sa tshwane le borokgwe jwa gagwe jwa kgale. Ka gonne go ne go se borokgwe bope mo go ao a itekantseng ona, jo bo neng bo mo nna sentle jaaka jwa gagwe jwa kgale. Ka gonne borokgwe jo bontsho jo a bo itekantseng bo ne bo utlwala bo le thata e bile bo mo tsimpa. Ka gonne jini e bopodudu e a e itekantseng e ne e utlwala e mo tsimpa. Ka gonne borokgwe jo bohibidu jo a bo itekantseng bo ne bo utlwala bo le bokima le bokete mo go ena.

BEKE 6



Puisokaelo Ka Ditolophpha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 6**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labone**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Ruta ka mokgwa wa SDTB
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - tsa maemo
 - makgwakgwa
 - boleta
 - gagametse/thata
 - bosilika

Raeme kgotsa pina	Tiragatso
Bona jaaka re tlhatswitse diaparo tsa rona	<i>Barutwana ba supa diaparo tsa bona</i>
Re le phepa re ya sekolong	
Bona jaaka re apere dikousu tsa rona	<i>Barutwana ba supa dikousu tsa bona</i>
Re a itumela, re rata sekolo x 2	<i>Barutwana ba a tlolatlola</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong
Mo kgannyeng e...
Ke kgonas go ikgolagana le Fadzi ga a....
Ke akanya gore kgang e e golagana le...
Thitokgang *Gotlhe ka ga diaparo* ka gonnes....
- 2 Baya barutwana ka **ditlhhotshwana** tsa bona.
- 3 Bolelela barutwana gore mongwe le mongwe o tlide go tsaya karolo mo go arabeng dipotso tsa puisano.
- 4 Netefatsa gore barutwana botlhe ba go reeditse.
- 5 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 6 Fa dikarabo di fosagetse, di baakanye.
- 7 Lebogela tshwaelo ya barutwana.



Medumo Le Medumopuo:

15 metsotsos

Go Batla Mafoko

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

tshw	tlh	r
a	n	e
ts	l	p
o	k	i

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tshw/ kgotsa /tlh/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /tshw/-/a/-/r/-/a/ = **tshwara**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /tshw/ kgotsa /tlh/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /p/-/i/-/l/-/o/ = **pilo**

BEKE 6

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tshw, tlh**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tshwara, tshwana, tshwene, tshwaetsa, tshwaela, tlhapa, tlhoka, tlhola, tlhapi, pilo, kika, kokona, tsela, nnake**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotso

MAANO A TEKO TLHALOGANYO : TSHOBOKANYO / DIRA DIKGOLAGANO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Tlhalosa gore barutwana ba tla bua ka sengwe se ba se ratang ka kgannyne ya rona:
Borokgwe jo bo ntekanang.
- 2 Diragatsa go bontsha gore o bopa jang setshwantsho sa mogopolole go bontsha
ka ditshwantsho sengwe se se tswang mo setlhangweng, jaaka: Gape ba tla bua ka
kgolagano e ba ka e dirang go Borokgwe jo bo ntekanang
- 3 Diragatsa go bontsha barutwana gore ba ka naya jang dipolelo di le 1–2 ba anela ka
sengwe se ba se ratang ka kgang jaaka kgolagano ya go tshwana le : ke ratile fa Fadzi a
filhetse sekhete se a se ratang. Ke kgona gape go ikgolaganya le kgang e ka gonne ga ke
rate go apara diaparo tse di seng bonolo
- 4 Supetsa barutwana ditshwantsho tsa bukakgolo mme o ba botse go re ba akanya ka se se
diragetseng.
- 5 Laela barutwana go re ba akanye ka sengwe se ba se ratang le kgolagano go kgannyne ya
Borokgwe jo bo ntekanang
- 6 Bitsa barutwana ba le 2–3 go tlotsa ka dikgopolole tsa bona. Thusa barutwana go bopa
dipolelo tse di feletseng.
- 7 Tlhalosa le go siamisa diphoso tse di tshwanang tsa barutwana.
- 8 Kwa bofelong , kopa barutwana go gadima ba bue mme ba abelane ka kgannyne tsa bona
tsa bona le balekane. (Ba se ka ba dirisa dikarabo tsa morutabana, E tshwanetse go nna
dikakanyo tsa barutwana)



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bottle ba tshotse **matlharetiro a puiso 6**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labotlhano**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labotlhano**.
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se
buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa
ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhathloba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

BEKE 6

Mophato 1

KGWEDITHARO 3

Beke

7

THITOKGANG: Go buisa go a itumedisa



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tsa bana ba buisa dibuka tse di farologaneng, jj.
- 5 Dira dipatlisiso mo inthaneteng go ipaakanyetsa thitokgang ya beke. Sekao: Dira dipatlisiso mo inthaneteng tsa go re o ka dira jang gore go buisa go itumedise
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puisokaelo ka ditlhophpha fa go tlhokega.
- 8 Fetola ditlhophpha tsa gago tsa puisokaelo ka ditlhophpha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2: Tsebe 35, Go itumedisa

Tirwana 2: Bukatiro ya DBE 2: Tsebe 36, A re buiseng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 37, A re kwaleng

Tirwana 4: Thala setshwantsho sa gago o buisa.

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsostso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Supetsa barutwana setshwantsho sa ntlha_sa kgang ya: Buka ya Botlhale e ntšhwa
- 2 Bolelela barutwana gore lo tlie go simolola thitokgang e ntšhwa: Go buisa go a itumedisa
- 3 Thala sediko go dikologa thitokgang mo patitšhokong
- 4 Botsa barutwana jaana: *Lo setse lo itse eng ka thitokgang e?*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa o wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba kgaratlha go abelana ka dikakanyo ba botse dipotso tse:
 - a Re buisa eng?
 - b Ke mang a buisang?
 - c Re ka bona kae dilwana tsa go buisa

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, diragatsa, ditlhaloso le dilwana tsa nnete.
- 2 Bontsha mafoko le ditshwantsho mo pating ya tlotlofoko.
 - bodutu
 - yang gone
 - letshwao

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefone	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>

BEKE 7



Mokwalo

15 metsotso

- 1 Laela barutwana go buisa go a itumedisa.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a tshwara
 - b tshwana
 - c tshwene
 - d tshwaetsa
 - e tshwaela
 - f tlhapa
 - g tlhoka
 - h tlhola
 - i tlhapi
 - j tlhoga
- 3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitshokong
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: Buka ya Botlhale e ntšhwa
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka yona.
- 5 Ruta mafoko a mantšhwa
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Dire ekete ke wena Botlhale. kwalela rakgadi wa gago karata ya go leboga

TIRO: Kwala karata ya go leboga

LETLHOMESO YA GO KWALA:

Mmangwane yo o rategang...

Ke lebogela....

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla dira ekete ke bona Botlhale go tswa mo kgannyeng ya rona ya Bukakgolo. Ba tla kwala karata ya go leboga.
- 2 Tlhalosa gore barutwana ba tla itirela dikarata tsa bona. Tsaya letlhare le le phepha mme morutabana a bontshe barutwana go mena fa gare.
- 3 Tlhalosa gore fa pele mo karateng, barutwana ba tla thala setshwantsho se sentle mme ba kwale mafoko “ Ke a leboga”.
- 4 Thala mabokoso mo patitshokong go bontsha kwa pele le mo teng ga karata.
- 5 Diragatsa ka go thala setshwantsho fa pele mo karateng.
- 6 Diragatsa go bontsha barutwana gore o a akanya pele o kwala.
- 7 Bolelela barutwana kakanyo ya go kwala, jaaka: Fa ke ne ke le Botlhale , ke ke ne ke tla batla go leboga rakgadi ka ge a ntliseditse mpho e ntle.
- 8 Tlhalosa gore o tla kwala mafoko afe mme o thalele lefoko lengwe le lengwe mothalo jaana: Rakgadi yo o rategang, ke leboga fa o ntliseditse mpho e e rategang.
- 9 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mabaka a a dirang gore Botlhale a leboge.
- 2 Kwala mafoko mo patitshokong jaaka: Rakgadi o ne a le pelonomi, rakgadi o ntliseditse mpho e ntle, buka e ntshwa, mpho e e maleba, jj.
- 3 Botsa barutwana jaana: Fa ke ne ke le Botlhale , ke eng se ke neng ke tla batla go se lebogela?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2-3 go go bolelela go re ba akanya go re ke eng se Bothhale a tla se lebogelang.
- 6 Ba tshwanetse go bua jaana: Ke lebogela....
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

BEKE 7

GO KWALA

- 1 Naya barutwana matlhare a a phepha
- 2 Laela barutwana go mena matlhare fa gare jaaka karata
- 3 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana**. .
- 4 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 5 Thusa barutwana go kwala maina.
- 6 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona
- 3 Manega tiro ya barutwana fa ba ka **kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.





Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosanale puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 7

Labobedi



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo: /tsw/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya mafoko a a simololang ka modumo o /tsw/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tswaka, tswine, tswela**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tswala, tswine, tswalela, tswaka, tswela**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

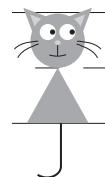


Mokwalo:

15 metsotso

Go Kwala Ditlhaka Tse Dintšhwa /Mafoko/Dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **tsw**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



t s w t s w t s w t s w

tswala tswala

tswine tswine

tswalela tswalela

tswaka tswaka

tswela tswela

Re tswaka dikuku ka tswine.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo: Puiso Ya Ntlha

15 metsotsos

MAANO A GO TLHALOGANYA PUISO: KE A IPOTSA

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Buka ya ga Bothlale e ntšhwā</p> <p>Mmangwane wa ga Bothlale o ne a mo jela nala fa morago ga khunologo ya gagwe. Fa mmangwane a re o a tsamaya, o ne a mo neela sephuthelwana se se thokwa se se nnye.</p> <p>'Ke batlile ke lebala!' a rialo, 'ke go tletse sengwe.'</p> <p>O ne a naya Bothlale sephuthelwana se se thokwa se se nnye se se nang le ribone e e botala ba tlhaga.</p>	Ke ipotsa gore go na le eng mo teng ga sephuthelwana?
<p>Bothlale a baya sephuthelwana mo godimo ga bolao. O ne a akanya ka dikherayone tse a di boneng kwa lebenkeleng fa a ne a na le mmaagwe. O ne a akanya ka ga phazele ya ga ntsalae, e bong Lebo.</p> <p>Kwa bofelong, a bula sephuthelwana. Go ne go na le buka ka mo teng.</p>	Bothlale o ne a sa akanye sepe ka ga buka. Ke ipotsa gore a ka ikutlwā jang fa a ka bona buka e ntšhwā.
<p>'Se ga se itumedisē!' Bothlale a akanya jalo. O ne a tabogela kwa ntle go ya go tshameka.</p> <p>O ne a tebetse serurubele se se neng se fofa mo loaping. O ne a bogetse sefofanē se fofa fa godimo ga tlhogo ya gagwe mme a ipotsa gore se ya kwa kae. O ne a batla matlapa mo losing lwa noka.</p>	Ke ipotsa gore ke ka ntlha ya eng fa Bothlale a sa itumelela buka ya gagwe e ntšhwā? O tshwanetse a bo a akanya gore buka ga se selo se se itumedisang jaaka dikherayone kgotsa phazele!
<p>Jaanong o ne a utlwa lerothodi la pula le mo rothela mo bogareng ba matlho. Bothlale a lebelela kwa godimo. Loapi le ne le le lentsho le botuba.</p> <p>O ne a tabogela ka fa gare. Pula e ne ya simolola go na thata thata.</p>	
<p>Bothlale a ya kwa phaposing ya gagwe. A apola diaparo tse di metsi mme a apara terekesutu ya gagwe e e omileng, e e bothitho. O ne a nna mo godimo ga bolao mme a bogela pula e e nang. O ne a reeditse le tladi e e rathang.</p>	Bothlale ga a tlhole a kgonā go tshamekela kwa ntle ka ntlha ya gore pula e a na. Ke ipotsa gore o tlaa dira eng jaanong?
<p>Teng foo, a lemoga fa go na le buka mo godimo ga bolao. Lentle la buka le ne le tshwantshitswe Lefatshe. A buisa setlhogo sa yona, "Tsotlhe go Dikologa Lefatshe".</p>	Ke ipotsa gore ke ka ntlha ya eng fa Bothlale e le gona a swetsang ka go lebelela buka ya gagwe jaanong? Gongwe ke ka ntlha ya gore ga a na se a ka se dirang.

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Botlhale a phutholola tsebe ya ntlha. Go ne go na le setshwantsho sa diphiramiti tse dikgolo le dikamela. 'Ke batla go ya kwa teng!' a akanya. 'Egepeta,' a buisa.</p> <p>Botlhale a phutholola tsebe e e latelang. A buisa mafoko, "New York". A lebelela ditshwantsho. Go ne go le mabone le dijanaga gotlhe fela. O ne a ise a ke a bone dikago tse ditelele jalo.</p> <p>Mo tsebeng e e latelang, a bona Thaba ya Kilimanjaro, thaba e e kwa godimodimo go feta mo Aforika.</p>	
<p>Botlhale a buisa go fitlha a thulamela, buka e santse e le mo letsogong la gagwe.</p> <p>Mo bosigong joo, Botlhale a lora a palame sefofane se segolo.</p>	Ke ipotsa gore ke ka ntlha ya eng a thulamela ka buka mo letsogong la gagwe? E tshwanetse ya bo e le gore o ne a buisa a bo a buisa go fitlha a thulamela!
<p>Fa Botlhale a tsoga, buka e ne e sa tlhole e le mo matsogong a gagwe. 'Buka ya me e kae?' a ipotsa. A tlholo ka mo dikobong. Buka ga e teng. A tlholo mo godimo ga tafole e e fa thoko ga bolao jwa gagwe. Buka ga e teng. Kwa bofelong, a tlholo ka fa tlase ga bolao.</p> <p>'Ijoo,' a rialo. 'Ke ne ke akanya gore o ntatlhegetsel'</p>	Ke ipotsa gore ke ka ntlha ya eng fa Botlhale a ne a tshogile go le kana kana gore o latlhile buka ya gagwe? Ke akanya gore ke ka ntlha ya gore o tota a e rata!
<p>Botlhale a phatsimisa ditlhako tsa gagwe mme a paka kgetsana ya gagwe ya dibuka. O ne a tsenya buka ya gagwe e ntšhwa mo kgetsaneng ya dibuka, fela a fetola mogopoloo. 'Ke batla go tshola buka ya me ka letsogo gore ke nne ke ntse ke e bona,' Botlhale a akanya jalo.</p> <p>Mo tseleng yotlhe go ya kwa sekolong, Botlhale o ne a ntse a phetlhola buka ya gagwe, a leka go swetsa ka gore o tla bontsha ditsala tsa gagwe tsebe efe pele.</p>	Ke ipotsa gore Botlhale o tlaa swetsa go bontsha ditsala tsa gagwe tsebe efe la ntlha.

BEKE 7

Dipotso tsa tatelelo	Dikarabo tse di solofetsweng
Ke mang yo o tliseditseng Bothhale buka e ntšhwa?	Mmangwane wa gagwe o mo tliseditse buka e ntšhwa.
Ke mafelo afe a Bothhale a a bonang mo bukeng ya gagwe?	O bona Egepeta, o bona New York le Thaba ya Kilimanjaro.
Potso ya goreng	dikarabo tse di solofetsweng
Maikutlo a ga Bothhale a ne a fetoga jang ka ga buka ya gagwe e ntšhwa?	<ul style="list-style-type: none"> • La ntlha, ga a itumelela buka e ntšhwa. • Fa a buisa buka, o a e rata! Fela fa a e leba, o simolola go e itumelela. • Kwa bokhutlong jwa kgang, o rata buka thata, o batla go tsamaya a e tshotse fa a ya sekolong.



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso.** 7
- 2 Tlhalosetsa barutwana botlhe tirwana 1 ya Labobedi.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana tirwana ya puiso.**
- 6 Tlhalosetsa barutwana botlhe tirwana 2 ya Labobedi.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tlhokang go dira mo ditlhopheng kgotsa ditirwana.

Laboraro



Ditirwana rsa go reetsa le go bua

15 metsotsos

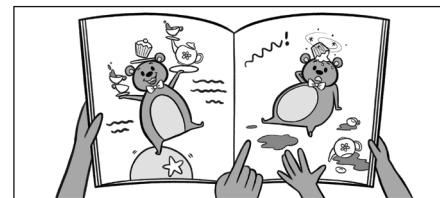
TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko mo pating ya tlotlofoko
 - Lora / toro
 - akanya
 - Kakanyo / mogopoloo

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefofane	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>

GO ANELA KGANG(BEKE YA NTLHA YA SETLHOGO SA MOLAETSA.)

- 1 Kgaoganya barutwana ka ditlhhotshwana
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophoa go tsaya tshweetso ya kgang ya setlhophoa.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamele mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophoa 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophoa tsa bona.
- 8 Leboga barutwana ka go abelana ka dikgang tsa bona.



BEKE 7



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise papetlana ya modumo /rr/
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a simololang ka modumo wa /rr/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **rremogolo, rre**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **rre, rrametlae, rremogolo**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

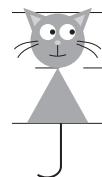


Mokwalo:

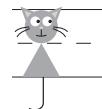
15 metsotso

go kwala ditlhaka/mafoko/dipolelo

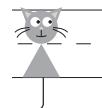
- 1 Ruta barutwana go bopa ditlhakagolo le ditlhakanny ka nepagalo: **rr**
- 2 Diragatsa o bontshe barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane, ba kwalana ditlhaka mo mokwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala mo ditafoleng tsa bona ka menwana ya bona.
- 5 Sa bofelo bontsha barutwana gape gore o bopa ditlhaka le mafoko jang mo patit
- 6 Barutwana ba kopololele modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba thalele modumo mo mafokong le mo dipolelong.



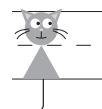
r r r r r r r r



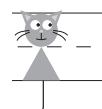
rre rre



rrametlae rrametlae



rremogolo rremogolo



Ke bone rre le rremogolo.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsotso

Go Rulaganya Le Kwalo Ya Ntlha

BEKE 7

SETLHOGO: Dira ekete ke wena Botlhale, kwalela rakgadi wa gago karata ya go leboga

TIRWANA: Kwala karata ya go leboga

LETLHOMESO LA GO KWALA:

Rakgadi yo o rategang...

Ke lebogela....

Ke rata.....

Ka lorato, Botlhale

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore gompieno ba tla kwala polelo ka mo teng ga karata go tswa mo tirong ya Mosupologo.
- 2 Buisetsa barutwana letlhomeso le le ntshwa.
- 3 Tlhalosetsa barutwana gore ba tla akanya ka sengwe se Botlhale a se ratang ka buka ya gagwe.
- 4 **Diragatsa go bontsha barutwana gore o akanya pele o kwala.**
- 5 Bolelela barutwana kakanyo ya go kwala, jaaka: Fa ke ne ke le Bohlale, ke tla bo ke batla gore rakgadi a itse gore ke rata buka ya me e ntshwa thata thata! Ke tla kwala le ka mokgwa o ke ratang go ithuta ka mafelo a masha!
- 6 Tlhalosa gore o ya go kwala mafoko afe. Thala mothalo wa lefoko lengwe le lengwe, jaaka: Ke rata mafelo otlhe a mašwa mo bukeng ya me.
- 7 Phimola sekai sa gago mo patithokong mme o ba. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mafoko a tlhalosang buka entsha ya Botlhale
- 2 Kwala mafoko a mo patitshokong, jaaka: Loeto, Egepeto, kgatlhisang, mafelo a mantshwa, yang gone, dintle jj.
- 3 Botsa barutwana jaana: Fa o ne o le Botlhale, ke eng se o neng o tla se rata mo bukeng ya gago e ntsha?
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 Bitsa barutwana ba 2–3 go go bolelela sengwe se Botlhale a ka se ratang ka buka ya gagwe e ntšwa.
- 6 Ba tshwanetse gore: Ke rata....
- 7 Bolelela barutwana gore jaanong ba tla thala le go kwala dikakanyo tsa bona.

GO KWALA

- 1 Naya barutwana dikarata, laela barutwana go bula dikarata tsa bone. Ba oketse fa!
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotsi e ka nna 2–3 laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana fa ba ka **kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Rdkgaddi yo o
rdtegdng.
Ke lebogeld bukd e
ntle e o mphileng
Ke rdtd ditshwdntsos
+sotlhe +sd yond.
Kd lordto, Bohldie



Puisokaelo Ka Ditlhophpha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso.** 7
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana le puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Laboraro.**
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 7

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go kgaoganya le go aga

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tswala**
- 3 Kgaoganya lefoko ka medumo ya lona : /tsw/-/a/-/l/-/a/
- 4 Bua modumo o o simololang lefoko: /tsw/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo o o kwa bofelong ba lefoko: /a/
- 8 Kwala lefoko mo patit **tswala**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /tswa/-/la/ = **tswala**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **rраметлае**

RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tswela**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /tsw/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /e/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /l/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /a/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tsw/-/e/-/l/-/a/
- 8 Kwala lefoko: **tswela**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tswe/-/la/ = **tswela**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **rремоголо**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi:

15 metsotsos

MAANO A TEKOTLHALOGANYO: GO DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Buka ya ga Botlhale e ntšhwa</p> <p>Mmangwane wa ga Botlhale o ne a mo jela nala fa morago ga khunologo ya gagwe. Fa mmangwane a re o a tsamaya, o ne a mo neela sephuthelwana se se thokwa se se nnye.</p> <p>'Ke batlile ke lebala!' a rialo, 'ke go tletse sengwe.'</p> <p>O ne a naya Botlhale sephuthelwana se se thokwa se se nnye se se nang le ribone e e botala ba tlhaga.</p>	
<p>Botlhale a baya sephuthelwana mo godimo ga bolao. O ne a akanya ka dikherayone tse a di boneng kwa lebenkeleng fa a ne a na le mmaagwe. O ne a akanya ka ga phazele ya ga ntsalae, e bong Lebo.</p> <p>Kwa bofelong, a bula sephuthelwana. Go ne go na le buka ka mo teng.</p>	Nka fopholetska ka kitso ya me gore Botlhale o ne a eleditse go bona mpho e sele!
<p>'Se ga se itumedise!' Botlhale a akanya jalo. O ne a tabogela kwa ntle go ya go tshameka.</p> <p>O ne a tebetse serurubele se se neng se fofa mo loaping. O ne a bogetse sefofane se fofa fa godimo ga tlhogo ya gagwe mme a ipotsa gore se ya kwa kae. O ne a batla matlapa mo losing lwa noka.</p>	Nka fopholetska ka kitso ya me gore Botlhale ga a itumelela buka ya gagwe kwa ntlheng. Ga a itshwenye le go e lebelela! O ikela fela kwa ntle go ya go tshameka.
<p>Jaanong o ne a utlwa lerothodi la pula le mo rothela mo bogareng ba matlho. Botlhale a lebelela kwa godimo. Loapi le ne le le lentsho le botuba.</p> <p>O ne a tabogela ka fa gare. Pula e ne ya simolola go na thata thata.</p>	
<p>Botlhale a ya kwa phaposing ya gagwe. A apola diaparo tse di metsi mme a apara tereketsu ya gagwe e e omileng, e e bothitho. O ne a nna mo godimo ga bolao mme a bogela pula e e nang. O ne a reeditse le tladi e e rathang.</p>	Lebelela sefatlhego sa ga Botlhale, se bontsha khutsafalo. Nka fopholetska ka kitso ya me gore o tenegile ka gore o tshwanetse a nne ka mo ntlong!
<p>Teng foo, a lemoga fa go na le buka mo godimo ga bolao. Lentle la buka le ne le tshwantshitswe Lefatshe. A buisa setlhogo sa yona, "Tsotlhe go Dikologa Lefatshe".</p>	Botlhale o tswelela go phutholola ditsebe tsa buka. O bona mafelo a mantsi a mašwa! Nka fopholetska ka kitso ya me gore o kgatlhegela go buisa buka ya gagwe.

BEKE 7

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<p>Bothhale a phutholola tsebe ya ntlha. Go ne go na le setshwantsho sa diphiramiti tse dikgolo le dikamela. 'Ke batla go ya kwa teng!' a akanya. 'Egepeta,' a buisa.</p> <p>Bothhale a phutholola tsebe e e latelang. A buisa mafoko, "New York". A lebelela ditshwantsho. Go ne go le mabone le dijanaga gotlhe fela. O ne a ise a ke a bone dikago tse ditelele jalo.</p> <p>Mo tsebeng e e latelang, a bona Thaba ya Kilimanjaro, thaba e e kwa godimodimo go feta mo Aforika.</p>	
<p>Bothhale a buisa go fitlha a thulamela, buka e santse e le mo letsogong la gagwe.</p> <p>Mo bosigong joo, Bothhale a lora a palame sefofane se segolo.</p>	<p>Nka fopholetsa ka kitso ya me gore Bothhale o itumeletse buka ya gagwe e ntšhwa! Ke dira phopholetsa eo, ka gonne o ne a lora ka sefofane se se mo bukeng ya gagwe! Ga a kgone go emisa go akanya ka ga dilo tse a buisitseng ka tsona mo bukeng ya gagwe!</p>
<p>Fa Bothhale a tsoga, buka e ne e sa tlhole e le mo matsogong a gagwe. 'Buka ya me e kae?' a ipotsa. A tlholo ka mo dikobong. Buka ga e teng. A tlholo mo godimo ga tafole e e fa thoko ga bolao jwa gagwe. Buka ga e teng. Kwa bofelong, a tlholo ka fa tlase ga bolao.</p> <p>'Ijoo,' a rialo. 'Ke ne ke akanya gore o ntatlhegetse!'</p>	<p>Nka fopholetsa ka kitso ya me gore Bothhale o rata buka ya gagwe jaanong, ka gonne o ne a tshogile e le tota fa a sa e bone!</p>
<p>Bothhale a phatsimisa ditlhako tsa gagwe mme a paka kgetsana ya gagwe ya dibuka. O ne a tsenya buka ya gagwe e ntšhwa mo kgetsaneng ya dibuka, fela a fetola mogopolu. 'Ke batla go tshola buka ya me ka letsogo gore ke nne ke ntse ke e bona,' Bothhale a akanya jalo.</p> <p>Mo tseleng yotlhe go ya kwa sekolong, Bothhale o ne a ntse a phetlhholola buka ya gagwe, a leka go swetsa ka gore o tla bontsha ditsala tsa gagwe tsebe efe pele.</p>	<p>Ke ipotsa gore ke ka ntlha ya eng fa Bothhale a swetsa go tshola buka ya gagwe ka letsogo? E ka nna gore o e rata thata, mme o batla go nna a ntse a e lebeletse!</p>

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Botlhale o ne a lora ka ga eng?	O ne a lora ka sefofane – jaaka se se mo bukeng ya gagwe!
O akanya gore Botlhale o ne a ikutlwa jang fa a akanya ka gore a ka bo a latlhile buka ya gagwe?	Ke akanya gore Botlhale o ne a ikutlwa ...
Potso ya goreng	Dikarabo tse di solo fetsweng
O ka fopholetsa ka kitso ya gago jang gore kwa bofelong Botlhale o ne a rata buka ya gagwe e ntšhwa?	<p>Botlhale o tswelela go phetlhholola ditsebe tsa buka!</p> <p>Botlhale o thulamela ka buka e le mo matsogong a gagwe.</p> <p>Botlhale o lora ka ga buka. Ga a kgone go khutla go akanya ka dilo tsotlhe tse a di boneng mo bukeng!</p> <p>Botlhale o tshogile fa a akanya gore a ka bo a latlhile buka!</p> <p>Botlhale o swetsa go tsamaya a tshotse buka ya gagwe go ya kwa sekolong. Ga a batle go e tsenya mo kgetsaneng ya dibuka.</p> <p>Botlhale o batla go itsholela dibuka tsa gagwe gore a bontshe ditsala tsa gagwe ditsebe tsotlhe tse di nang le mafelo a a kgatlhisang ka mo teng.</p> <p>Botlhale o akanya ka buka ya gagwe tsela yotlhe go ya sekolong.</p>



Puisokaelo Ka Ditlhophpha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puioso.7**
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labone.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puioso**
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone.**
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosuputsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

BEKE 7

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go supa, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye(SDTB).
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - Bolela / modumo
 - okola
 - phetlha

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefone	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitšhokong
Mo kgannyeng e...
Karolo e ke e ratang thata ke....
Nka rata/ga nkitla ke rata go fiwa buka jaaka mpho gonne.....
- 2 Buisetsa barutwana lethomeso.
- 3 Baya barutwana ka ditlhhotshwana tsa bona.
- 4 Bolelela barutwana gore ba refosane ka go abelana ka dikarabo tsa dipotso tsa puisano.
- 5 Bolelela barutwana gore mongwe le mongwe o tlie go tsaya karolo mo go arabeng dipotso tsa puisano.
- 6 Kopa setlhopho se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela ditshwaelo ya barutwana.



Medumo Le Medumopuo: Go Batla Mafoko

15 metsotsos

Kwala lenaane leno le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

tsw	rr	e
l	a	n
i	k	m
t	o	g

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tsw/ kgotsa /rr/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e e rileng. /tsw/-/a/-/l/-/a/ = **tswala**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /tsw/ kgotsa /rr/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /t/-/e/-/m/-/o/ = **temo**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tsw, rr**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tswala, tswine, tswalela, tswaka, tswela, rre, rrametlae, rremogolo, temo, gana, gagamala, kokona, kala, tloga, kgama, ngala**

BEKE 7

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotso

MAANO A TEKOTLHALOGANYO: TSHOBOKANYO LE GO DIRA DIPHOPHOLETSO TSA KITSO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Baya barutwana mo maemong a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a phepa, dipensele le dikherayone
- 2 Tlhalosa gore gompieno barutwana ba tla dira diphopholetsa tsa kitso le go thala ka se se tla diragalang morago fa kgang e tswelela
- 3 Diragatsa go bontsha barutwana go akanya ka dintlha tse di sa umakiwang jaaka: ke akanya gore se se latelang Botlhale o tla bontsha ditsala tsa gagwe thaba ya Kilimanjaro mo bukeng ya gagwe.
- 4 Thala sethwantsho sa gago mo patitshokong sa Botlhale a tsholeditse buka ya gagwe e butswe mo tsebeng e e nang le thaba ya Kilimanjaro.
- 5 Bolelela barutwana go re ba tlie go phopholetsa le go dirisa kitso ya bone ka se se tla diragalang morago.
- 6 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape.
- 7 Kopa barutwana go bula matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang.
- 8 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso.7**
- 2 Tlhalosetsa barutwana **tirwana1 ya Labotlhano.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso.**
- 6 Tlhalosetsa barutwana bothle **tirwana 2 ya Labotlhano.**
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhathloba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

BEKE 7

Mophato 1

KGWEDITHARO 3

Beke

8

THITOKGANG: Go buisa go a itumedisa



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimilogong ya beke, netefatsa gore phaposiborutelo ya gago e phepa ebile e makgethe.
- 2 Netefatsa gore dipati le tafole ya setlhogo sa molaetsa tsa gago di na le dilwana tsa bosheng. Jaaka: sethwantsho sa letamo la go thuma, matlhare a sethare, jeresi. Mokwele
- 3 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: tlisa dibuka tse di farologaneng go tswa mo sekhutlhwangeng sa go buisetsa.
- 5 Dira dipatliso mo inthaneteng tsa go re ke bokgoni bofe jo bo tlhokegang go nna babadi ba ba tlhwatlhwangeng.
- 6 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 8 Fetola dithlopha tsa gago tsa puisokaelo ka dithlopha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa dithlatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2 Tsebe 38&39, A re direng

Tirwana 2: Bukatiro ya DBE 2 Tsebe 40, A re buiseng

Tirwana 3: Bukatiro ya DBE 2: Tsebe 41, A re kwaleng

Tirwana 4: Thala sethwantsho sa sengwe se o ratang go buisa ka sona

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BOELETSATHEITOKGANG: GO RIBILOLA DILO TSE O DI ITSENG

- 1 Bontsha barutwana setshwantsho sa Mogau mo mmetsheng, a buisa kgang ya Bukakgolo: Mogau o ithuta go buisa.
- 2 Bolelela barutwana gore le tsweletsa thitokgang: Go buisa go a itumedisa.
- 3 Thala sediko go dikologa **thitokgang** mo gare ga patitshoko
- 4 Botsa barutwana jaana: *Go fitlhā jaanong lo ithutile eng mo thitokgannyeng e?*
- 5 Kwala ditshwaelo tsa barutwana go dikologa mmapa wa tlhaloganyo.
- 6 Fa barutwana ka kgaratlha go araba, botsa dipotso tse di latelang go ba thusa:
 - a Goreng re buisa?
 - b O ikutlwa jang ka go buisa?
 - c Re ithuta jang go buisa?
 - d Ke bokgoni bofe jo re bo tlhokang go nna le bona gore re nne babuisi ba nnete?

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go supa, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - dithlong
 - seipato
 - tila

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefofane	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>



Mokwalo

15 metsotso

- 1 Laela barutwana go buisa go a itumedisa.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a tswala
 - b tswine
 - c tswalela
 - d tswaka
 - e tswela
 - f rre
 - g rrametlae
 - h rremogolo
- 3 Jaanong, laela barutwana go dirisa phensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo gentle mo patitshokong
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A GO TLHALOGANYA PUISO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula buka e tona mo kgannyaneng ya: Mogau o ithuta go buisa
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka sona.
- 5 Ruta mafoko a mantshwa
- 6 Buisa kgang yotlhe gangwe o sa emise.



Go kwala:

30 metsotsos

Go rulaganya go kwala le kwalo ya ntlha

SETLHOGO: Kwala ka nako e o neng o na le ditlhong jaaka Mogau

TIRO: Thala setshwantsho mme o oketse ka polelo, e tla nna karolo ya sekhuthlwana sa go buisa

LETLHOMESO LA GO KWALA: Ke ne ka tlhajwa ke ditlhong/ ke ne ka se tlhajwe ke ditlhong ga.....

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla kwala ka nako e lo neng la tlhajwa ke ditlhong ka yona
- 2 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 3 Bolelela barutwana kakanyo ya go kwala, jaaka: Ke ne ka tlhajwa ke ditlhong fa borokgwe jwa me bo ne bo na le leswe mo maragong ka go nne ke ne ke ntse mo lesweng, batho botlhe ba ne ba ntshega fa ke ne ke tsamaya. Ke ne ke sa itse gore borokgwe jwa me bo maswe.
- 4 **Diragatsa** ka go thala setshwantsho sa gago o tsamaya ka borokgwe jo bo maswe.
- 5 Tlhalosa gore o tla kwala mafoko a mafe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke ikutlwile ke tlhajwa ke ditlhong fa ke ne ke na le leswe mo maragong a borokgwe. Ke ikutlwile ke tlhajwa ke ditlhong.
- 6 Phimola sekai sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

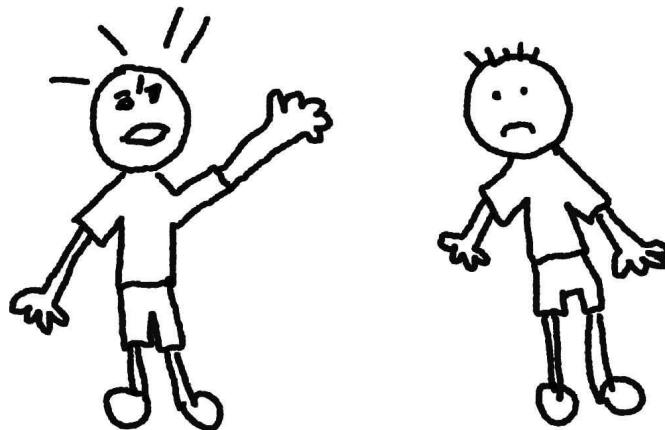
- 1 Mmogo le barutwana akanyang ka mafoko a amanang le go tlhajwa ke ditlhong le barutwana
- 2 Kwala mafoko mo patitshokong jaaka: tshega, supa, leswe, phoso, jj.
- 3 Botsa barutwana jaana: Ke nako efe mo botshelong jwa gago fa o kileng wa tlhajwa ke ditlhong?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka se se kileng sa ba diragalela gore ba ikutlwile ba tlhajwa ke ditlhong
- 6 Ba tshwanetse go bua jaana: Ke ne ka tlhajwa ke ditlhong fa....
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho le go kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana**.
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala: maina a ditlha
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ne kd itshwdbeid fd ke ne kd bud
mdkgwakgwd le tsdld yd me.



Puisokaelo Ka Ditlhophha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso.** 8
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo.**
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo:

15 metsotso

Go Itsise Modumo Le Mafoko A Mantšhwa.

ITSISE MODUMO

- 1 Bua modumo mme o bontshe papetlana ya modumo: /tšh/
- 2 Bua modumo mme barutwana ba o boeletse x 3
- 3 Botsa barutwana jaana: A lo ka akanya mafoko a a simololang ka modumo o /tšh/?
- 4 Mmogo le barutwana akanyang ka mafoko ao jaaka: **tšhoko, tšhisi, tšhotlho**

ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **tšhokolete, tšhisi, tšhotlho, tšhoko**
- 2 Bontsha barutwana lefoko lengwe le lengwe le o le buang.
- 3 Kopa barutwana go bua mafoko fa morago ga gago
- 4 Manega dipapetlana tsa mafoko mo tšhateng ya medumopuo

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Mokwalo:

15 metsotso

Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **tšh**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo: Puiso Ya Ntlha

15 Metsotso

MAANO A TEKOTLHALOGANYO: AKANYA KA SETLHANGWA

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
<p>Mogau o ithuta go buisa</p> <p>Fa Mogau a simolola sekolo, o ne a se rata ka pelo ya gagwe yotlhe. O ne a rata morutabana wa gagwe, Rre Lehoko. O ne a rata ditsala tsa gagwe e bong Khomotjo le Bokang. O ne a rata go reetsa dikgang tse ba di tlottlewang.</p> <p>Mo malatsing a, le fa go le jalo, Mogau o ne a sa tlhole a rata sekolo jaaka pele. Fela o ne a santse a rata Rre Lehoko. O ne a santse a rata Khomotjo le Bokang. O ne a santse a rata go reetsa dikgang tse ba di tlottlewang. Fela Mogau o ne a nna a tshogile kwa sekolong ka gonno o ne a sa itse go buisa. La ntlha, go ne go se ngwana ope yo o neng a itse go dumisa dithhaka mme e le ba le mmalwa fela ba ba neng ba kgona go buisa maina a bona. Fela jaanong, Mogau o ne a ikutlwa e kete ke ena a le nosi yo o sa itseng go buisa leina la gagwe. Go tla nna jang tota fa nka se itse go buisa? Mogau a itlhobaetsa boroko ka se. Go tla nna jang fa go na le sengwe se se phoso ka nna? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?</p>	Ke ipotsa gore goreng fa Mogau a ne a ikutlwa a tshogile letsatsi lotlhe? O tshwanetse go tshoga ka gore gongwe barutabana ba gagwe le barutwana ba bangwe ba tla lemoga gore ga a itse go buisa.
<p>Ka letsatsi le lengwe, Rre Lehoko a bitsa Mogau gore a tle go buisa medumo ya dithhaka. Ka tlwaelo, Mogau o ne a rata fa leina la gagwe le bidiwa, fela e seng ka nako e. O ne a sa itse medumotlhaka. Mogau a dira e kete o tshwanetse go ya kwa ntlwanabothusetsong, mme ka bonako a tswa ka phaposi a taboga.</p>	Ke ipotsa gore goreng fa Mogau a ne a tswa mo phaposing a taboga? Ke nagana gore ke ka ntlha ya gore o ne a sa batle gore barutwana ba bangwe ba lemoge fa a sa itse go buisa.
<p>Mo bekeng e e latelang, Rre Lehoko a bitsa Mogau gape go tla kwa pele mo phaposing go tla go buisa lefokotebo la letsatsi leo. Ka tlwaelo, Mogau o ne a rata go ya kwa pele mo phaposing, fela e seng gompieno. O ne a sa itse lefokotebo. Mogau a dira jaaka e kete mala a gagwe a bothhoko, a inamisa tlhogo mo tafoleng, a itira yo o lwalang tota.</p>	Ke ipotsa gore ke goreng fa Mogau a ne a itira e kete o a lwala. Ke ne ke sa batle gore ba bangwe ba lemoge gore ga a itse go buisa lefoko la letsatsi!

Buka	Puiso ya ntsha (bua dikakanyo tsa gago)
<p>Mo bekeng e e latelang, Rre Lehoko a bitsa Mogau gape gore a tle go bua le ena ka nako ya kgaotso. Mogau a jela dijotshegare tsa gagwe ka bonya. Tlhaloganyo ya gagwe e tabogakaka le naga yotlhe. Go tla nna jang fa Rre Lehoko a ka nkomanya? Go tla nna jang fa a ka nthaya a re ke lesilo? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?</p>	Ke ipotsa gore goreng Rre Lehoko a batla go bua le Mogau?
<p>Kwa bofelong Mogau a ya kwa go Rre Lehoko mme ba nna fatshe fa tafoleng ya ga Rre Lehoko, a ruthile tlhogo.</p> <p>'Molato ke eng?' Rre Lehoko a botsa a leka go mo itumedisa.</p> <p>Mogau a tsosa tlhogo, a gakgametse. Rre Lehoko o ne a sa bonale a galefile, o ne a nyenya fela.</p> <p>'Ke lemogile gore medumotlhaka le go buisa mafokotebo di tshwanetse tsa bo di go opisa tlhogo. Go siame, rotlhe re ithuta ka go farologana,' Rre Lehoko a bua le ena ka boikokobetso.</p> <p>'Fela...Ke nna ke le nosi! Go tla nna jang fa e le gore ga ke itse go buisa!' ga araba Mogau.</p> <p>'Nnyaya, nnyaya ga se wena o le nosi! Go na le barutwana ba bangwe ba ba ikutlwang fela jaaka o ikutlwaa. Re tla nna le setlhophaa se se kgethegileng mmogo. Ka tsela eo, nka go thusa ka go ithuta go buisa medumo ya ditlhaka le mafokotebo a gago.'</p>	Ijoo! Rre Lehoko o lemogile gore Mogau ga a itse go buisa fela se, ga se mo galefise. Ke ipotsa gore goreng Mogau a ne a tshogile ka mokgwa o?
<p>Ka letsatsi le le latelang, fa sekolo se tswa, Mogau o ne a nna mo setulong sa gagwe fa barutwana botlhe mo phaposing ba tswa ba ya magaeng. A lebelela gotlhe go dikologa fa a leng teng. Kelebogang le Mojakisani le bona ba ne ba santse ba ntse mo mannong a bona. A nyenyanenya le bona.</p>	Ke ipotsa , gore Mogau o ne a ikutlwaa jang fa a bona gore go na le bana bangwe ba le bona ba tlhokang thuso? O tshwanetse a bo a ne a ikutlwaa a imologile.
<p>Re Lehoko a ba biletsha fa mmetsheng kwa pele mo phaposing. A bontsha medumotlhaka e le meraro, e bong: /m/ /p/ le /a/. Ba ne ba lekeletsatsha ya medumotlhaka e makgetlhonyana. Ke fa a baya ditumatlhaka tseo fa fatshe mo mmetsheng.</p> <p>'Mogau, a o ka dirisa medumotlhaka e go bopa lefoko 'ma'?' a mmotsa.</p>	Ke ipotsa gore a mme ruri Mogau o tla kgona go buisa?

Buka	Puiso ya ntlha (bua dikakanyo tsa gago)
Mogau o ne a itse medumotlhaka e. O ne a tsaya 'm' la ntlha mme a buisa /m/. A latela ka karata ya 'a' mme a buisa modumo wa /a/. O ne a baya 'a' fa thoko ga 'm'. Mme a dumisa lefoko: /m/ /a/ - -ma. 'O mmuisil' ga rialo Rre Lehoko ka boitumelo jo bo phophomang.	
Kwa bokhutlong jwa thuto eo, Kelebogang Mojakisani le Mogau ba tabogela kwa lebaleng la metshameko botlhe. Ba ne ba tshameka go fitlha mogokgo a tswa mo ofising ya gagwe mme a ba bolelela fa e le nako jaanong ya gore ba ye gae pele go fifala.	
Fa ba le mo tseleng ba ya gae, Mogau ke fa a bontsha monyenyo ka boitumelo. Go tla nna jang fa nka nna mmuisi yo o gaisang mo phaposing? Go tla nna jang fa ke nna le ditsala tse dišwa? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?	Ke ipotsa gore goreng Mogau a nyenya ka boitumelo? E tshwanetse ya bo e le ka gore sekolo se ne se se bosula jalo ka jaanong e le mmuisi!
Dipotso tsa tatelelo	Dikarabo tse di soloftsweng
Rre Lehoko o kopane leng le Mogau le barutwana ba bangwe ba ba neng ba tlhoka thuso ya tlaleletso?	O kopane le bona fa sekolo se sena go tswa.
Ke barutwana ba fe ba bangwe ba ba neng ba tlhoka thuso ya go buisa?	Kelebogang le Mojakisani le bona ba ne ba tlhoka thuso ya go buisa.
Potsa ya goreng	Dikarabo tse di soloftsweng
Ke goreng fa Mogau a ne a sa tlhole a rata sekolo?	<ul style="list-style-type: none"> • Ka gonne o ne a sa itse go buisa. • Ka gonne o ne a tshogile letsatsi lotlhе kwa sekolong ka gonne o ne a sa kgone go buisa jaaka barutwana ba bangwe. • Ka gonne o ne a tshwenyegile ka gore a ka se kgone go itse go buisa. • Ka gonne o ne a tshwenyegile ka gore gongwe go na le sengwe se se phoso ka ena. • Ka gonne o ne a nagana gore Rre Lehoko a ka mo omanya fa a lemoga gore ga a itse go buisa. • Ka gonne o ne a nagana gore ke ena a le esi mo phaposing yo o neng a sa itse go buisa.



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso.** 8
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi.**
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



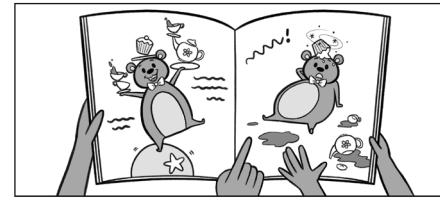
TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye (SDTB
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - medumo
 - kopanya / tswakanya
 - aga

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefone	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>

GO ANELA KGANG

- 1 Kgaoganya barutwana ka ditlhhotshwana tsa bona.
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamele mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.





Medumo Le Medumopuo:

15 metsotsos

Go Itsise Modumo Le Mafoko A Mantšhwa

GO ITSISE MODUMO

- 1 Bua modumo mme o emise **papetlana ya modumo: /aa/**
- 2 Bua modumo mme o laele barutwana go o boeletsa x 3
- 3 Botsa barutwana jaana: A lo ka akanya ka mafoko a a nang le modumo wa /aa/?
- 4 Mmogo le barutwana akanyang ka mafoko a a jaaka: **maatla, maano, setlaagana**

GO ITSISE MAFOKO A MANTŠHWA

- 1 Buela lefoko lengwe le lengwe kwa godimo fa o bontsha barutwana dipapetlana tsa mafoko: **maano, maaka, maatla, maabane, setlaagana**
- 2 Bontsha barutwana lefoko fa o le bua.
- 3 Laela barutwana go boeletsa mafoko fa o a bua.
- 4 Kgomaretsa mafoko mo pating ya medumopuo.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



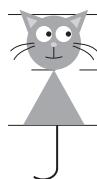
Mokwalo:

metsotsos

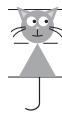
Go kwala ditlhaka tse dintšhwa /mafoko/dipolelo

BEKE 8

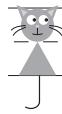
- 1 Ruta barutwana go bopa ditlhakakgolo le ditlhakanny ka nepagalo: **aa**
- 2 Diragatsa go kwala ditlhaka o bontsha barutwana ba ba kwalang ka letsogo la moja le ba ba kwalang ka letsogo la molema.
- 3 Laela barutwana go dira le molekane ba kwalana ditlhaka mo mekwatleng ka menwana ya bona.
- 4 Jaanong laela barutwana go kwala ditlhaka mo ditafoleng tsa bona ka menwana ya bona.
- 5 Kwa bofelong bontsha barutwana gape go bopa ditlhaka le mafoko mo patitšhokong.
- 6 Barutwana ba kopololela modumo/mafoko/dipolelo mo dibukeng tsa bona.
- 7 Barutwana ba tshwanetse go thalela modumo mo lefokong le mo dipolelong.



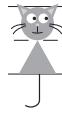
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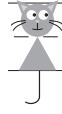
maano maano



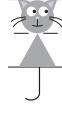
maaka maaka



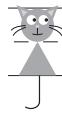
maatla maatla



maabane maabane



setlaagana setlaagana



Maabane re dirile setlaagana.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Kwala ka ka nako e o neng o ikutlwa o tlhajwa ke ditlhong jaaka Mogau

TIRO: Thala setshwantsho mme o oketse ka setlhogo, e tla nna karolo ya sekgutlhwana sa go buisa

LETLHOMESO LA GO KWALA:

Ke ne ka tlhajwa ke ditlhong fa...

Ke ne ka ikutlwa botoka fa...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla thala polelo go tswa fa mokwalong wa bona wa Mosupologo.
- 2 Tlhalosa gore gompieno barutwana ba tla thala gore ke eng se se dirileng gore ba ikutlwile ba le botoka.
- 3 Buisetsa barutwana letlhomeso le le ntshwa.
- 4 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 5 Bolelela barutwana kakanyo ya go kwala, jaaka: Ke ikutlwile ke le botoka fa tsala ya me a mpolelela gore borokgwe jwa me bo maswe mme a nthusa go bo phephafatsa.
- 6 **Diragatsa** ka go thala setshwantsho sa tsala ya gago e bua le wena.
- 7 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke ikutlwile ke le botoka fa tsala ya me a nthusa go phephafatsa borokgwe jwa me.
- 8 Phimola sekai sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona..

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana ditsela tse di ka dirang go re re ikutlwile re le botoka ka morago ga go ikutlwa re tlhajwa ke ditlhong.
- 2 Kwala mafoko mo patitshokong, jaaka: tsala, bua, lela, mme, morutabana, phephafatsa
- 3 Botsa barutwana jaana: Ke eng se se dirileng gore o ikutlwile o le botoka morago ga go tlhajwa ke ditlhong?
- 4 Laela barutwana go **akanya** pele ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ke eng se se dirileng gore ba ikutlwile ba le botoka?
- 6 Ba tshwanetse ba re: Ke ikutlwile botoka fa...
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

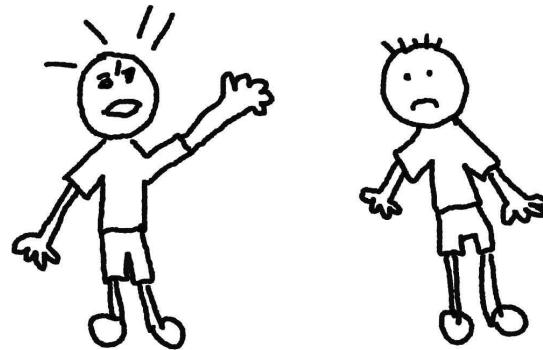
BEKE 8

GO KWALA

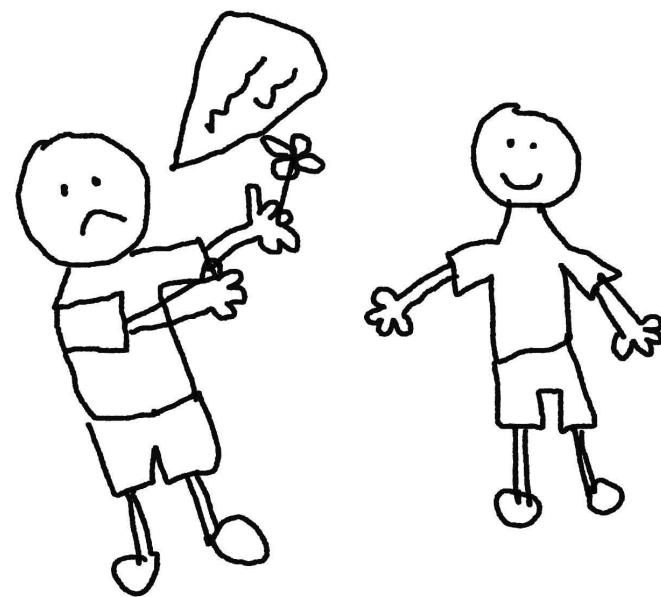
- 1** Naya barutwana dibuka.
- 2** Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3** Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4** Thusa barutwana go oketsa ka maina.
- 5** Rotloetsa barutwana.

GADIMA O BUE:

- 1** Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2** Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3** Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke ne kd itshwdbeld fd ke ne kd bud
makgwakgwd le tsald yd me.



BEKE 8

Ke ne kd ikutlwad botoka fd ke mo
kora maitshwarelo.



Puisokaelo Ka Ditlhophpha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 8.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Laboraro.**
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Go Kgaoganya Le Go Aga Mafoko

KE A DIRA.....

- 1 Simolola ka lefoko go tswa mo thutong ya Labobedi.
- 2 Bua lefoko: **tšhoko**
- 3 Kgaoganya lefoko ka medumo ya lona : /tšh/-/o/-/k/-/o/
- 4 Bua modumo o o simololang lefoko: /tšh/
- 5 Bua modumo wa bobedi o o ikemetseng: /o/
- 6 Bua modumo wa boraro o o ikemetseng: /k/
- 7 Bua modumo o o kwa bofelong ba lefoko: /o/
- 8 Kwala lefoko mo patit **tšhoko**
- 9 Diragatsa go aga lefoko gape ka medumo ya lone: /tšho/-/ko/ = **tšhoko**
- 10 Boeletsa seno ka lefoko le le tswang mo thutong ya Laboraro: **maaka**

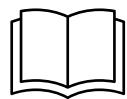
RE A DIRA.....

- 1 Simolola ka lefoko le le tswang mo thutong ya Labobedi.
- 2 Bua lefoko: **tshotlho**
- 3 Botsa barutwana jaana: Lefoko leno le simolola ka modumo ofe? /tšh/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /tlh/
- 6 Botsa barutwana jaana: ke modumo ofe o o kwa bofelong ba lefoko? /o/
- 7 Laela barutwana go kgaoganya lefoko ka medumo ya lona: /tšh/-/o/-/tlh/-/o/
- 8 Kwala lefoko: **tshotlho**
- 9 Laela barutwana go aga lefoko gape mmogo le wena: /tšho/-/tlho/ = **tshotlho**
- 10 Boeletsa se ka lefoko le le tswang mo thutong ya Laboraro: **maatla**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotsos

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLO

Buka	Puiso ya bobedi (bua dikakanyo tsa gago)
<p>Mogau o ithuta go buisa</p> <p>Fa Mogau a simolola sekolo, o ne a se rata ka pelo ya gagwe yotlhe. O ne a rata morutabana wa gagwe, Rre Lehoko. O ne a rata ditsala tsa gagwe e bong Khomotjo le Bokang. O ne a rata go reetsa dikgang tse ba di tlottlewang.</p> <p>Mo malatsing a, le fa go le jalo, Mogau o ne a sa tlhole a rata sekolo jaaka pele. Fela o ne a santse a rata Rre Lehoko. O ne a santse a rata Khomotjo le Bokang. O ne a santse a rata go reetsa dikgang tse ba di tlottlewang. Fela Mogau o ne a nna a tshogile kwa sekolong ka gonno o ne a sa itse go buisa. La ntlha, go ne go se ngwana ope yo o neng a itse go dumisa dithhaka mme e le ba le mmalwa fela ba ba neng ba kgona go buisa maina a bona. Fela jaanong, Mogau o ne a ikutlwa e kete ke ena a le nosi yo o sa itseng go buisa leina la gagwe. Go tla nna jang tota fa nka se itse go buisa? Mogau a itlhobaetsa boroko ka se. Go tla nna jang fa go na le sengwe se se phoso ka nna? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?</p>	
<p>Ka letsatsi le lengwe, Rre Lehoko a bitsa Mogau gore a tle go buisa medumo ya dithhaka. Ka tlwaelo, Mogau o ne a rata fa leina la gagwe le bidiwa, fela e seng ka nako e. O ne a sa itse medumotlhaka. Mogau a dira e kete o tshwanetse go ya kwa ntlwanaboithusetsong, mme ka bonako a tswa ka phaposi a taboga.</p>	<p>Nka aga setshwantsho sa mogopolo sa ga Mogau a lebega a le mo ketsaetsegong fa a bidiwa, ka gonno o ne a sa itse go buisa medumotlhaka.</p>
<p>Mo bekeng e e latelang, Rre Lehoko a bitsa Mogau gape go tla kwa pele mo phaposing go tla go buisa lefokotebo la letsatsi leo. Ka tlwaelo, Mogau o ne a rata go ya kwa pele mo phaposing, fela e seng gompieno. O ne a sa itse lefokotebo. Mogau a dira jaaka e kete mala a gagwe a bothhoko, a inamisa tlhogo mo tafoleng, a itira yo o lwalang tota.</p>	<p>Nka aga setshwantsho sa mogopolo sa ga Mogau a lebega a tshogile fa a bidiwa. O tota a sa batle gore ope wa barutwana a lemoge fa a sa itse go buisa.</p>

Buka	Puiso ya bobedi (bua dikakanyo tsa gago)
<p>Mo bekeng e e latelang, Rre Lehoko a bitsa Mogau gape gore a tle go bua le ena ka nako ya kgaotso. Mogau a jela dijotshegare tsa gagwe ka bonya. Tlhaloganyo ya gagwe e tabogakaka le naga yotlhe. Go tla nna jang fa Rre Lehoko a ka nkomanya? Go tla nna jang fa a ka nthaya a re ke lesilo? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?</p>	Nka aga setshwantsho sa mogopolو sa ga Mogau a ja lenatho lengwe le lengwe ka bonya, ka gonne a tshogile gore Rre Lehoko o a itse!
<p>Kwa bofelong Mogau a ya kwa go Rre Lehoko mme ba nna fatshe fa tafoleng ya ga Rre Lehoko, a ruthile tlhogo.</p> <p>'Molato ke eng?' Rre Lehoko a botsa a leka go mo itumedisa.</p> <p>Mogau a tsosa tlhogo, a gakgametse. Rre Lehoko o ne a sa bonale a galefile, o ne a nyenya fela.</p> <p>'Ke lemogile gore medumotlhaka le go buisa mafokotebo di tshwanetse tsa bo di go opisa tlhogo. Go siame, rotlhe re ithuta ka go farologana,' Rre Lehoko a bua le ena ka boikokobetso.</p> <p>'Fela...Ke nna ke le nosi! Go tla nna jang fa e le gore ga ke itse go buisa!' ga araba Mogau.</p> <p>'Nnyaya, nnyaya ga se wena o le nosi! Go na le barutwana ba bangwe ba ba ikutlwang fela jaaka o ikutlwaa. Re tla nna le setlhophaa se se kgethegileng mmogo. Ka tsela eo, nka go thusa ka go ithuta go buisa medumo ya ditlhaka le mafokotebo a gago.'</p>	Nka aga setshwantsho sa mogopolو sa ga Mogau a lebega a gakgametse fa Rre Lehoko a bua le ena ka boikokobetso. O ne a nagana gore Rre Lehoko o tla mo galefela ka gore ga a itse go buisa, fela ga a galefa.
<p>Ka letsatsi le le latelang, fa sekolo se tswa, Mogau o ne a nna mo setulong sa gagwe fa barutwana botlhe mo phaposing ba tswa ba ya magaeng. A lebelela gotlhe go dikologa fa a leng teng. Kelebogang le Mojakisani le bona ba ne ba santse ba ntse mo mannong a bona. A nyenyanenya le bona.</p>	Nka aga setshwantsho sa mogopolو sa Mogau a goga mowa wa go gololosega kwa tengteng fa a bona gore ga se ena a le esi yo o tlhokang thuso.
<p>Re Lehoko a ba biletsha fa mmetsheng kwa pele mo phaposing. A bontsha medumotlhaka e le meraro, e bong: /m/ /p/ /le /a/. Ba ne ba lekeletsa puiso ya medumotlhaka e makgetlhonyana. Ke fa a baya ditumatlhaka tseo fa fatshe mo mmetsheng.</p> <p>'Mogau, a o ka dirisa medumotlhaka e go bopa lefoko 'ma'?' a mmotsa.</p>	Nka aga setshwantsho sa mogopolو sa ga Mogau ka pelo e e iteeling ka pele fa nako ya gagwe ya go aga lefoko e tla ka gonne ke a itse gore go buisa go mo tshosa e le tota.

Beke 8 • Thitokgang: Go buisa go a itumedisa

Buka	Puiso ya bobedi (bua dikakanyo tsa gago)
Mogau o ne a itse medumotlhaka e. O ne a tsaya 'm' la ntlha mme a buisa /m/. A latela ka karata ya 'a' mme a buisa modumo wa /a/. O ne a baya 'a' fa thoko ga 'm'. Mme a dumisa lefoko: /m/ /a/ - -ma. 'O mmuisil' ga rialo Rre Lehoko ka boitumelo jo bo phophomang.	Nka aga setshwantsho sa mogopolو sa tebegoo ya ga Mogau ya kgakgamalo fa Rre Lehoko a mo raya a re e tota e le mmuisil!
Kwa bokhutlong jwa thuto eo, Kelebogang Mojakisani le Mogau ba tabogela kwa lebaleng la metshameko botlhe. Ba ne ba tshameka go fitlha mogokgo a tswa mo ofising ya gagwe mme a ba bolelela fa e le nako jaanong ya gore ba ye gae pele go fifala.	
Fa ba le mo tseleng ba ya gae, Mogau ke fa a bontsha monyenyo ka boitumelo. Go tla nna jang fa nka nna mmuisi yo o gaisang mo phaposing? Go tla nna jang fa ke nna le ditsala tse dišwa? Go tla nna jang fa, go tla nna jang fa, go tla nna jang fa...?	Nka aga setshwantsho sa mogopolو sa monyenyo wa boitumelo wa ga Mogau fa a le mo tseleng go ya gae. Ke nagana gore o tla simolola go rata sekolo gape, ka jaanong ga a sa tlhole a tshaba Rre Lehoko.
Dipotso tsa tatelelo	Dikarabo
Mogau o ne a nagana eng ka gore Rre Lehoko o tla ikutlwaa jang fa a lemoga gore ga a itse go buisa?	O ne a nagana gore Rre Lehoko o tla mo galefela.
O nagana gore Mogau o tla ikutlwaa jang ka sekolo jaanong?	<i>Ke nagana o tla ikutlwaa a le..... ka gonne.....</i>
Potsa ya goreng	Dikarabo tse di solo fetsweng
Goreng o nagana gore Rre Lehoko o ne a batla go kopana le Mogau fa se sekolo se sena go tswa?	<ul style="list-style-type: none"> • Ka gonne o ne a batla go neela Mogau dithuto tsa tlaleletso ka ga go buisa. • Ka gonne o ne a bona gore Mogau o tlhabiba ke ditlhong. O ne a sa batle gore barutwana bangwe ba lemoge fa Mogau (le Kelebogang le Mojakisani) ba ne ba na le bothata jwa go buisa. • O ne a batla go neela barutwana ba ba nang le bothata jwa puiso nako e e feletseng, a sa a itewe ke sepe tsebe. • O ne a batla gore Mogau, Kelebogang le Mojakisani ba bone fa le bona e le babuisi!



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 8.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labothano.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labothano.**
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua, gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - phatsimang
 - motlotlo
 - wela makgwafo
 - wetse makgwafo

Raeme kgotsa pina	Tiragatso
Nna ke tsena sekolo	<i>Barutwana ba a itshupa ba bo ba supa dibuka tsa go buisa</i>
Ke ithuta go buisa a, e, i,o,u	
Ke buisa ka loeto lwa sefone	<i>Barutwana ba supa go fofa ka matsogo a bona</i>
Ke buisa ka ga loeto ka sekepe	<i>Barutwana ba etsa go shapa ga sekepe</i>
Ke buisa ka ga dikoloi tsa mabelo	<i>Barutwana ba dira modumo wa koloi</i>
Ka go buisa ke ya kgakala x 2	<i>Barutwana ba supa kgakala</i>

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala lethomeso la puisano mo patitshokong.
Mo Kgannyeng eno...
Ke akanya gore Mogau o ne a ikutlwa...gonne...
Fa ke ne ke le Mogau...
- 2 Taolo e le nngwe ya Bhathi keOne rule of Bhathi...
- 3 Kgang e e golagana le thitokgang ya rona metshameko le go tshameka gon...
4 Buisetsa barutwana letlhomeso.
- 5 Baya barutwana ka ditlhhotshwana tsa bona.
- 6 Bolelela barutwana gore mongwe le mongwe o tlie go tsaya karolo mo go arabeng dipotso tsa puisano.
- 7 Netefatsa gore barutwana botlhe ba go reeditse.
- 8 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 9 Fa dikarabo di fosagetse, di baakanye.
- 10 Lebogela ditshwaelo ya barutwana.



Medumo Le Medumopuo: Go Batla Mafoko

15 metsotsos

Kwala lenaane le le nang le medumo e lo setseng lo e ithutile mmogo le medumo ya Labobedi le Laboraro mo patitshokong.

tšh	aa	s
o	k	l
e	t	h
m	n	a
i	b	g

DIRAGATSA

- 1 Gakolola barutwana medumo ya beke: /tšh/ kgotsa /aa/
- 2 Bua medumo yotlhe e o e kwadileng mo patitshokong
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bo kgonang ba dirisa medumo e e mo lenaaneng.
- 4 Bontsha barutwana gore o aga mafoko jang o dirisa medumo e rileng. /tšh/-/i/-/s/-/i/ = **tšhisi**
- 5 Gakolola barutwana gore ba ka aga mafoko ba dirisa modumo mongwe le mongwe o o ba neileng, ga ba patelesege go dirisa fela modumo /tšh/ kgotsa /aa/
- 6 Bontsha barutwana go aga lefoko le lengwe gape jaaka: /g/-/o/-/l/-/a/ = **gola**

BARUTWANA BA DIRA KA NOSI

- 1 Laela barutwana go bula dibuka tsa bona mme ba kwale setlhogo: **tšh, aa**
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotsos e le 3 go aga mafoko ka bontsi jo ba ka bokgonang.
- 4 Letla barutwana go baakanya diphoso tsa bona. Bontsha barutwana go aga mafoko a..... le a mangwe: **tšhokolete, tšhisi, tšhotlhlo, tšhoko, maano, maaka, maatla, maabane, setlaagana, gola, hema, temo, khiba, tsebe, thoko, tlola, kgama**

BEKE 8

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotso

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLLO

BONTSHA SETLHANGWA KA DITSHWANTSHO

- 1 Baya barutwana mo maemong a a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a a phepa, dipensele le dikherayone.
- 2 Diragatsa go bontsha gore o bopa jang setshwantsho sa mogopollo le go bontsha ka ditshwantsho sengwe se se tswang mo setlhangweng :mo mogopolong wa me ke bona Mogau ekete o tlhajwa ke ditlhong ge a tabogela ko ntlwaneng.
- 3 Thala setshwantsho sa gago mo patitshokong sa **Mogau a lebega a tlhajwa ke ditlhong kwa ntle ga phaposiborutelo.**
- 4 Morago, bolelela barutwana gore ba ya go bopa setshwantsho mo mogopolong ka sengwe go tswa mo setlhangweng
- 5 Kopa barutwana go tswalela matlho a bona mme ba repe. Ba buisetse kgang gape
- 6 Kopa barutwana go bula matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang
- 7 Kwa bofelong , kopa barutwana go gadima ba bue mme ba abelane ka ditshwantsho tsa bona le balekane.



Puisokaelo Ka Ditolopho

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso.8**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labotlhano.**
- 3 Bitsa setlhopho sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhopho go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labotlhano.**
- 7 Bitsa setlhopho 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhopho tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgowa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le botlhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buisitse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

Mophato 1

KGWEDITHARO 3

Beke

9

THITOKGANG:

**Go tshola mebele ya rona e
le phepha ebile e itekanetse**



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke nngwe le nngwe, netefatsa gore phaposiborutelo ya gago e phepha ebile e makgethe.
- 2 Tlosa dilwana tse di sa tlholeng di le maleba mo dipating tsa dipapetlana tsa mafoko, mme o di boloke sentle.
- 3 Jaanong baakanya dipapetlana tsa mafoko le mafoko a ditshwantsho tsa thitokgang tse o tileng go di tlhoka.
- 4 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: dira polakate e bontshang dilo tse di babalesegileng le tse di sa babalesegang.
- 5 Dira dipatliso mo inthaneteng tsa go bontsha gore re ka boloka jang mebele ya rona go nna e le phepha ebile e itekanetse.
- 6 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 7 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puisoko ka ditlhophpha fa go tlhokega.
- 8 Fetola ditlhophpha tsa gago tsa puisokaelo ka ditlhophpha fa go tlhokega.
- 9 Rulaganya ditirwana tsa gago tsa ditlhathlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2 Tsebe 42, A re kwaleng

Tirwana 2: Bukatiro ya DBE 2 Tsebe, 43, go itumedisa

Tirwana 3: Bukatiro ya DBE 2 Tsebe, 44, A re buiseng, 45 A re kwaleng

Tirwana 4: Thala setshwantsho se se bontshang gore o dira jang gore mmele wa gago o nne phepha ebile o itekanetse

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsostso

ITSISE THITOKGANG: GO RIBOLOLA SE O SETSENG O SE ITSE

- 1 Bontsha barutwana setshwantsho sa ntlha sa kgang ya bukakgolo: Lesego o ikutlwa a sa iketla
- 2 Bolelela barutwana gore lo tlie go simolola thitokgang e ntšhwā: Go tshola mebele ya rona e le phepha ebile e itekanetse
- 3 Thala sediko go dikologa setlhogo sa molaetsa mo patitšhokong
- 4 Botsa barutwana jaana: *Lo setse lo itse eng ka setlhogo sa molaetsa o*
- 5 Kwala dikakanyo tsa barutwana go dikologa mmapa o wa tlhaloganyo. Kgobokanya dikakanyo tse ditshwanang mmogo.
- 6 Fa barutwana ba kgaratlha go abelana ka dikakanyo ba botse dipotso tse:
 - a Ke dilo tse di feng tse di siametseng mmele wa rona?
 - b Ke dilo di feng tse di sa siamelang mmele wa rona?
 - c Ke dilo tse di feng tse re ka di dirang gore re nne re babalesegile?
 - d Ke dilo tse di feng tse di sa babalesegang?

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua gore barutwana ba tlhaloganye (SDTB).
- 2 Bontsha mafoko le ditshwantsho mo pating ya tlotlofoko.
 - go se iketle
 - go itekanelo
 - go se itekanele
 - tshepo

Raeme kgotsa pina	Ditiragatso
Mo mosong ke tlhapa matsogo	<i>Barutwana ba bontsha go tlhapa matsogo</i>
Ke tlhapa matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a tšhokolete
 - b tšhisi
 - c tšhotlho
 - d tšhoko
 - e maano
 - f maaka
 - g maatla
 - h maabane
 - i setlaagana
- 3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitšhokong
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO: PONELOPELE

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula buka e ton a mo kgannyeng ya: Nna ka pabalesego Lesego
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgannyana e buang ka sona.
- 5 Ruta mafoko a mantšhwa
- 6 Buisa kgannyana yotlhe gangwe o sa emise.



Go Rulaganya Le Kwalo Ya Ntlha

30 metsotsos

SETLHOGO: Kwala ka motho yo o mo tshepang

TIRO: Thala setshwantsho mme o oketse ka polelo

LETLHOMESO YA GO KWALA: Ke tshepa gore...

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla akanya ka motho yo ba mo tshepang
- 2 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 3 Bolelela barutwana kakanyo ya setshwantsho sa gago, jaaka; Ke tshepa nkgonne. Ke kguna go mmolelela sengwe le se sengwe. Ke ikutlwfa ke le botoka fa ke bua le ena ka mathata a me.
- 4 **Diragatsa** ka go thala setshwantsho sa gago le nkgonne le bua.
- 5 Tlhalosa gore o tla kwala mafoko a afe mme **o thalele lefoko lengwe le lengwe mothalo jaana: Ke tshepa nkgonne.**
- 6 Phomula sekao sa gago mo patit. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

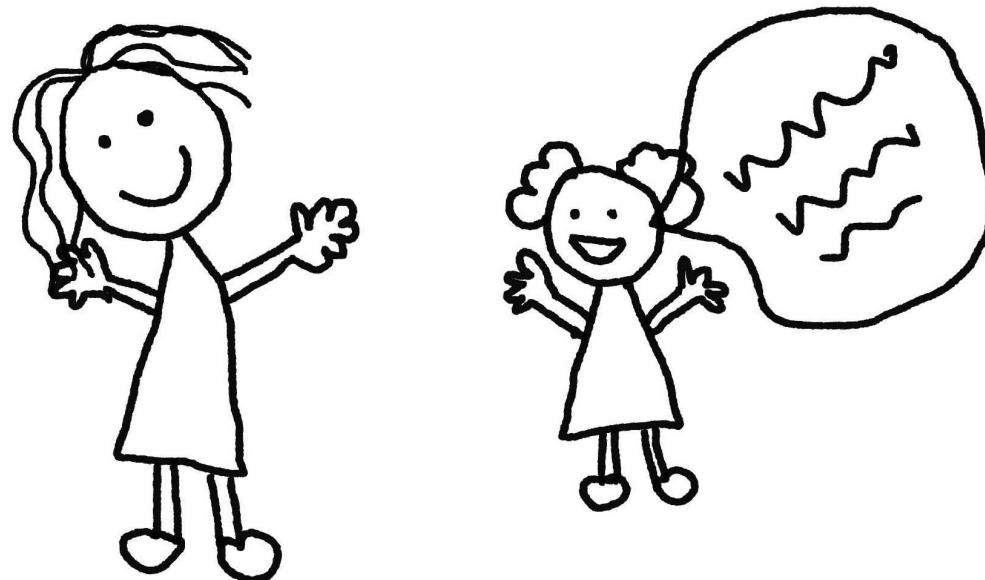
- 1 Mmogo le barutwana ka batho ba re ka ba tshepang.
- 2 Kwala mafoko mo patithokong jaaka: Kgaitadi, nkgonne, morutabana, rakkadi, malome, nkoko, jj.
- 3 Botsa barutwana jaana: O tshepa mang?
- 4 Laela **barutwana go akanya pele** ba kwala.
- 5 Bitsa barutwana ba le 2–3 go go bolelela ka motho yo ba mo tshepang.
- 6 Ba tshwanetse go bua jaana: Ke tshepa.....
- 7 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.
- 4 Thusa barutwana go kwala maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke tsherd nkgonne.



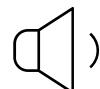
Puisokaelo Ka Ditolophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bolthe ba tshotse **matlharetiro a puiso**.⁹
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsotsos
Boeletsa medumo le mafoko

BOELETSNA MEDUMO

- 1 Bua modumo mme o emise papetlana ya medumo yotlhe e e dirilweng mo kgweditharong: /ph/ /tl/ /kg/ /ng/ /nt/ /ny/ /kw/ /mp/ /tsh/ /gw/ /tshw/ /tlh/ /tsw/ /rr/ /tšh/ /aa/
- 2 Emisa dipapetlana tsa medumo ka tatelano e e farologaneng mme o kope barutwana go e buisa.
- 3 Kgomaretsa dipapetlana tsa medumo mo patitšhokong.
- 4 Kopa barutwana ba ba farologaneng ba ba mmalwa go tla go bopa mafoko mo patitšhokong.
- 5 Jaanong, kopa barutwana go bopa mafoko a le mantsi ka mo go ka kgonegang mme ba a kwale mo dibukeng tsa bona.

LENANEO LA THEFOSANO YA MEDUMOPUO

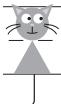
Modumo/medumo: _____

Mafoko: _____



Mokwalo: 15 metsotsos
Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitšhokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.

 **Tshipi e mo tshimong.**

 **Kwena o a kwala.**

LENANEO LA THEFOSANO YA MOKWALO

Modumo/mediumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Ntlha

15 metsotso

MAANO A TEKOTLHALOGANYO: KE A IPOTSA

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<u>Lesego o ikutlwa a sa iketla</u> Lesego o ne a ntse mo go godimo ga bolao ba gagwe fela a sa iketla. Mmaagwe o ne a mmoleletse fa Malome Tumelo a tla go ja dijotshegare tsa Sontaga le bona. Lesego o ne a sa rate fa Malome Tumelo a tla kwa ga bona. O ne a sa rate mokgwa o Malome Tumelo a neng a mo tlamparela ka ona. O ne a sa rate ka moo a neng a mo atla mo molomong.	
Mapule, mogoloe Lesego a tsena ka mo phaposing. 'Lesego, molato ke eng?' a botsa. 'Ga se sepe,' Lesego a bua maaka. Mapule a nna go bapa le ena. 'Ke a bona, go na le sengwe se se phoso!' a rialo. 'Mpolelele!'	Ke ipotsa gore ke ka ntlha ya eng fa Lesego a tshaba go bolelela mogoloe? O tshwanetse a bo a akanya gore maikutlo a gagwe ga a siama kgotsa a fosagetse!
'Ga ke rate fa Malome Tumelo a tla fa gae. Ke ikutlwa ke...ga ke itse,' ga rialo Lesego. 'Fela o se ke wa bolelela ope! Ga ke batle gore mme a nkalefele!' 'Ke a itse gore o ikutlwa jang. Ga ke rate fa a nkatla mo molomong.' ga rialo Mapule. 'Ke akanya gore re tshwanetse go bolelela mme. Ke selo se se tshwenyang tota fa motho a dira gore re ikutlwe re sa iketla!'	Ke ipotsa gore ke ka ntlha ya eng fa Lesego a tshaba go bolelela mmaagwe? Ijoo! E tshwanetse ya bo e le gore o tshaba gore mmaagwe o tla re maikutlo a gagwe a fosagetse.
'Nnyaya! O tla re galefela fa re bua dilo tse di maswe ka kgaitadie. Ga ke batle go mo galefisa!' Lesego a lela. 'Ke a itse gore go a tshosa, mme ka gongwe go tla re tswela mosola! Gongwe a ka re thusa gore re ikutlwe re le botoka. Mme fa go sa nne jalo, botoka ke gore re tla bo re mmolelela re le mmogo,' Mapule a rialo, a tshwere Lesego ka letsogo.	Ke ipotsa gore ke ka ntlha ya eng fa Mapule ena a sa tshoga? O tshwanetse a bo a dumela gore maikutlo a bona a na le bonnete.

Buka	Puiso ya ntlha(Bua dikakanyo tsa gago)
<p>Mapule le Lesego ba fitlhela mmaabona a apeile dijotshegare.</p> <p>'Mma, re tlhoka go bua le wena,' Mapule a bua jalo a thatafaditse pelo.</p> <p>Jaanong, Mapule o ne a bolelala mmaagwe gore Malome Tumelo o dira gore ba ikutlwae ba sa iketla fa a le teng.</p>	
<p>Mme o ne a goga mowa go tswa kwa botennye. Lesego o ne a akanya gore o ipaakanyetsa go ba galefela.</p> <p>'Ke itumelela gobo lo mpoleletse. Ga lo a tshwanelwa go tshola sephiri fa go na le mongwe yo o dirang gore lo ikutlwae lo sa iketla. Ke maikutlo a a botlhokwa tota a lo sa tshwanelang go a ikgatholosa. Ke tla bua le ena.'</p> <p>'E bile gape, Mapule, ga ke batle gore wena le Lesego le nne le ena lo le nosi,' ga rialo mmaabona a gatelela. 'Lo nne mmogo ka dinako tsotlhe fa le na le Malome Tumelo.'</p>	
<p>Lesego le Mapule ba ne ba tswela kwa ntle go ya go tshameka. Fela Lesego o ne a bona mmaagwe ka letlhhabaphefelo la phaposiboapeelo a bua mo mogaleng. Lesego o ne a tshwenyegile tota ka ga se mmaagwe o ka bo a se bua le Malome Tumelo. O ne a itse gore ga a tshwanelang go ba reetsa, fela o ne a sa kgone go itshwara. O ne a taboga mme a nna ka fa tlase ga letlhhabaphefelo la phaposiboapeelo.</p>	<p>Ke ipotsa gore ke ka ntlha ya eng fa Lesego a tshwenyegile jaana? O tshwanetse a bo a utlwa e kete maikutlo a gagwe ka Malome Tumelo a fosagetse.</p>
<p>'Tumelo,' ga rialo mme ka lentswe le le tebileng, 'Basesanyana ba me ba ikutlwae ba sa iketla fa banna ba e seng rraabona a ba tlamparela le go ba atla mo molomong. Tswee tswee, ke kopa o tlote maikutlo a bona, o ba dumedise fela ka go ba tsholeletsa seatla fa o ba dumedisa.</p>	
<p>Fa Malome Tumelo kwa bofelong a tsena ka kgoro, ga a ka a leka go tlamparela kgotsa go atla basesanyana. O ne a re fela go bona 'A re itumeleleng letsatsi La tshipi, Mapule le Lesego, mme a ba tsholeletsa seatla go ba dumedisa.</p>	<p>Ke ipotsa gore Lesego o ikutlwae jang jaanong? O tshwanetse a bo a bona fa maikutlo a gagwe a nepagetse e bile a le botlhokwa!</p>

Dipotso tsa tatelelo	Dikarabo tse di soloftsweng
Ke mang yo o dirang gore Lesego a ikutlw a sa iketla?	Malome Tumelo o dira gore Lesego a ikutlw a sa iketla.
Lesego o bolelala mang gore o ikutlw a sa iketla?	O bolelala mogoloe, e bong Mapule.
Potsa ya goreng	Dikarabo tse di soloftsweng
A re direng tshekatsek . A o akanya fa maikutlo a ga Lesego a nepagetse kgotsa a fosagetse?	<ul style="list-style-type: none">• Ke akanya gore maikutlo a Lesego a ne a nepagetse ka gonne• Ke akanya gore maikutlo a ga Lesego a ne a fosagetse ka gonne



Puisokaelo Ka Dithoph

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bottle ba na le ba tshotse **matlharetiro a puiso 9**
- 2 Tlhalosetsa barutwana bottle tirwana 1 ya Labobedi.
- 3 Bitsa setlhophya sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophya go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana tirwana ya puiso**.
- 6 Tlhalosetsa barutwana bottle tirwana 2 ya Labobedi.
- 7 Bitsa setlhophya sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophya tse o buisitseng le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tlhokang go dira mo ditlhopheng kgotsa ditirwana.

Laboraro

Ditirwana rsa go reetsa le go bua

15 metsotsos

TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua(SDTB).
- 2 Kgomaretsa mafoko mo pating ya tlotlofoko
 - pelokgale
 - itlhokomolosa
 - ka fa tlase ga

Raeme kgotsa pina	Ditiragatso
Mo mosong ke tlhana matsogo	<i>Barutwana ba bontsha go tlhana matsogo</i>
Ke tlhana matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	

GO ANELA KGANG (BEKE YA NTLHA YA THITOKGANG)

- 1 Kgaoganya barutwana ka ditlhhotshwana
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgannya.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhameitse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhophpha go tsaya tshweetso ya kgang ya setlhophpha.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamele mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoaefalo.
- 7 Kopa setlhophpha 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhophpha tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.



BEKE 9



Temogo Ya Medumopuo Le Medumopuo: 15 metsotso

Boeletsa mafoko

BOELETS A MAFOKO

- 1 Netefatsa gore dipapetlana tsa mafoko a medumopuo di baakantswe.
- 2 Emisa lefoko lengwe le lengwe mme o kope barutwana ba ba farologaneng go a buisa.
- 3 Fa morutwana a palelwa ke go buis lefoko, mo thuse go le dumisa.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



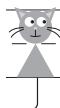
Mokwalo: 15 metsotso

Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitshokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakakgolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Malome o kgao la kgole.



Phala e phiri ke diphologolo.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsotsotso

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: Kwala ka mongwe yo o mo tshepang

TIRO: Thala setshwantsho mme o oketse ka polelo. Dirisa maina le maemedi (nna, wena, ena, yone) sentle fa o kwala

LETLHOMESO YA GO KWALA:

Ke tshepa....

Ke tshepa ena ka gonne....

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore gompieno ba ta kwala polelo go tswa mokwalong wa bona wa Mosupologo.
- 2 Tlhalosetsa barutwana gore gompieno ba ta kwala ka se ba se tshepang ka motho yo ba mo tlhophileng.
- 3 Buisetsa barutwana letlhomeso le le ntšhwa.
- 4 **Diragatsa go bontsha barutwana gore o a akanya pele o kwala.**
- 5 Bolelala barutwana kakanyo ya go kwala, jaaka: Ke tshepa nkgonne ka gonne ke kgona go mmolelela selo se sengwe le se sengwe. Ga a ke a nkatlholo. O tshwara le diphiri tsa me.
- 6 Diragatsa go thala setshwantsho sa_Wena le nkgonne le bua, le thabile, jj.
- 7 Tlhalosa gore o tlie go kwala mafoko afe. Thalela lefoko lengwe le lengwe mothalo jaana: Ke a mo tshepa ka gonne ga a nkathhole.
- 8 Phimola sekao sa gago mo patitšhokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

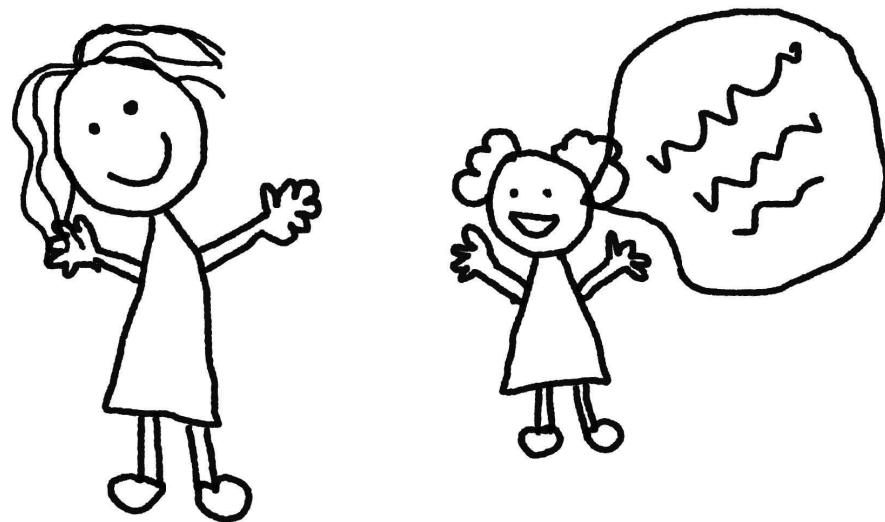
- 1 Mmogo le barutwana akanyang ka mafoko ka tshepo .
- 2 Kwala mafoko mo patitšhokong jaaka: Tshwara diphiri, ga a atlhole, ga a ntshege, jj.
- 3 Botsa barutwana jaana: Ke ka ntlha ya eng o tshepa motho yo o mo tlhophileng
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 Bitsa barutwana ba 2–3 go go bolelala gore ke ka ntlha ya eng ba tshepa motho yo ba mo tlhophileng?
- 6 Ba tshwanetse gore: Ke mo tshepa ka gonne....
- 7 Bolelala barutwana gore jaanong ba thale le go kwala dikakanyo tsa bona.

GO KWALA

- 1** Naya barutwana dibuka.
- 2** Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3** Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4** Thusa barutwana go oketsa maina.
- 5** Rotloetsa barutwana.

GADIMA O BUE

- 1** Fa go setse metsotso e ka nna 2–3 laela barutwana go bay a dipensele tsa bona.
- 2** Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3** Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke tsherd nkgonne.



Ke q mo tsherd kd gonne o q
ntlhokomel d ebile o q nthusd.



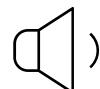
Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso.9**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go refosana puiso.
- 6 Tlhalosetsa barutwana bothle **tirwana 2 ya Laboraro**.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo: 15 metsotsos
Poeletso ya go Kgaoganya le go Kopanya

KE A DIRA.....

- 1 Dirisa mafoko a le mabedi a a dumisiwang ka go tshwana, sekao: **phala; nyala**
- 2 Bua lefoko: **phala**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: /ph/-/a/-/l/-/a/
- 4 Bua modumo o o ikemetseng wa ntlha wa lefoko: /ph/
- 5 Bua modumo wa bobedi o o ikemetseng: /a/
- 6 Bua modumo wa boraro o o ikemetseng: /l/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patitšhokong: **phala**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko: /pha/-/la/ = **phala**
- 10 Boeletsa se, ka lefoko le le latelang: **nyala**

RE A DIRA...

- 1 Dirisa mafoko a mangwe a le mabedi a a dumisiwang ka go tshwana, sekao: **tlola; tloga**
- 2 Bua lefoko: **tlola**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /tl/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /o/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /l/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /a/
- 7 Kopa barutwana go kgaoganya lefoko ka medumo: /tl/-/o/-/l/-/a/
- 8 Kwala lefoko: **tlola**
- 9 Laela barutwana go kopanya medumo le wena go bopa lefoko: /tlo/-/la/ = **tlola**
- 10 Boeletsa se, ka lefoko le le latelang: **tloga**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotso

MAANO A TEKOTLHALOGANYO: DIRA DITSHEKATSHEKO

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
<u>Lesego o ikutlwa a sa iketla</u> Lesego o ne a ntse mo go godimo ga bolao ba gagwe fela a sa iketla. Mmaagwe o ne a mmoleletse fa Malome Tumelo a tla go ja dijotshegare tsa Sontaga le bona. Lesego o ne a sa rate fa Malome Tumelo a tla kwa ga bona. O ne a sa rate mokgwa o Malome Tumelo a neng a mo tlamparela ka ona. O ne a sa rate ka moo a neng a mo atla mo molomong.	Lesego o tshwanetse a bo a dira ditshekatseko tsa gore a maikutlo a gagwe ka ga Malome Tumelo ke a nneta kgotsa a fosagetse.
Mapule, mogoloe Lesego a tsena ka mo phaposing. 'Lesego, molato ke eng?' a botsa. 'Ga se sepe,' Lesego a bua maaka. Mapule a nna go bapa le ena. 'Ke a bona, go na le sengwe se se phoso!' a rialo. 'Mpolelele!'	Lesego o tshwanetse a bo a dira ditshekatseko gore a tota a bolelele mogoloe ka maikutlo a gagwe kgotsa a a tshole e le sephiri!
'Ga ke rate fa Malome Tumelo a tla fa gae. Ke ikutlwa ke...ga ke itse,' ga rialo Lesego. 'Fela o se ke wa bolelela ope! Ga ke batle gore mme a nkgalefele!' 'Ke a itse gore o ikutlwa jang. Ga ke rate fa a nkatla mo molomong.' ga rialo Mapule. 'Ke akanya gore re tshwanetse go bolelela mme. Ke selo se se tshwenyang tota fa motho a dira gore re ikutlwe re sa iketla!'	Mapule o dira ditshekatseko gore maikutlo a bona ka ga malome wa bona ga a fosagala!
'Nnyaya! O tla re galefela fa re bua dilo tse di maswe ka kgaitсадie. Ga ke batle go mo galefisa!' Lesego a lela. 'Ke a itse gore go a tshosa, mme ka gongwe go tla re tswela mosola! Gongwe a ka re thusa gore re ikutlwe re le botoka. Mme fa go sa nne jalo, botoka ke gore re tla bo re mmolelela re le mmogo,' Mapule a rialo, a tshwere Lesego ka letsogo.	Mapule o dira ditshekatseko tsa gore maikutlo a bona a botlhokwa mme ba tshwanetse go a abelana!
Mapule le Lesego ba fitlhela mmaabona a apeile dijotshegare. 'Mma, re tlhoka go bua le wena,' Mapule a bua jalo a thatafaditse pelo. Jaanong, Mapule o ne a bolelela mmaagwe gore Malome Tumelo o dira gore ba ikutlwe ba sa iketla fa a le teng.	

Buka	Puiso ya bobedi (go akanyetsa kwa godimo)
Mme o ne a goga mowa go tswa kwa botennye. Lesego o ne a akanya gore o ipaakanyetsa go ba galefela. 'Ke itumelela gobo lo mpoleletse. Ga lo a tshwanelwa go tshola sephiri fa go na le mongwe yo o dirang gore lo ikutlwé lo sa iketla. Ke maikutlo a a botlhokwa tota a lo sa tshwanelang go a ikgatholosa. Ke tla bua le ena.' 'E bile gape, Mapule, ga ke batle gore wena le Lesego le nne le ena lo le nosi,' ga rialo mmaabona a gatelela. 'Lo nne mmogo ka dinako tsotlhe fa le na le Malome Tumelo.'	Tshekatsheko ya ga Mapule e ne e nepagetse! Maikutlo a bona a tebile e bile a botlhokwa.
Lesego le Mapule ba ne ba tswela kwa ntle go ya go tshameka. Fela Lesego o ne a bona mmaagwe ka letlhhabaphefo la phaposiboapeelo a bua mo mogaleng. Lesego o ne a tshwenyegile tota ka ga se mmaagwe o ka bo a se bua le Malome Tumelo. O ne a itse gore ga a tshwanelang go ba reetsa, fela o ne a sa kgone go itshwara. O ne a taboga mme a nna ka fa tlase ga letlhhabaphefo la phaposiboapeelo.	
'Tumelo,' ga rialo mme ka lentswe le le tebileng, 'Basesanyana ba me ba ikutlwé ba sa iketla fa banna ba e seng rraabona a ba tlamparela le go ba atla mo molomong. Tswee tswee, ke kopa o tlotle maikutlo a bona, o ba dumedise fela ka go ba tsholeletsa seatla fa o ba dumedisa.	Mmaagwe Lesego o ne a tsaya maikutlo a bona tsiya. Mo nakong e e tlang, ke akanya gore Lesego o tla dira ditshekatseko ya gore maikutlo a gagwe ga a fosagal!
Fa Malome Tumelo kwa bofelong a tsena ka kgoro, ga a ka a leka go tlamparela kgotsa go atla basesanyana. O ne a re fela go bona 'A re itumeleleng letsatsi La tshipi, Mapule le Lesego,' mme a ba tsholeletsa seatla go ba dumedisa.	

Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Ke eng se se dirang gore Lesego a ikutlwé a sa iketla?	Ke mokgwa o Malome Tumelo a mo tlampareleng le go mo atla ka teng.
Ke ka ntlha ya eng fa Lesego a ne a nna ka fa tlase ga letlhhabaphefo la phaposiboapeelo?	<ul style="list-style-type: none"> Gore a tle a utlwé fa mmaagwe a bua mo mogaleng. Gore a tle a utlwé gore mmaagwe o bolelela Malome Tumelo eng.
Potso ya goreng	Dikarabo tse di solo fetsweng
Goreng Lesego a ne sa batle go bolelela ope ka maikutlo a gagwe?	<ul style="list-style-type: none"> Ka gone o ne a se na bonneta jwa gore maikutlo a gagwe a na le bonneta. Ka gone o ne a tshaba go galefisa mmaagwe.



Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso.**⁹
- 2 Tlhalosetsa barutwana botlhe **tirwana 1 ya Labone.**
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana **ya go refosana** puiso.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labone.**
- 7 Bitsa setlhophha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosuputsela wa gago go supa ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa , go bua(SDTB)
- 2 Manega mafoko le ditshwantsho mo pating ya tlotlofoko ya thitokgang.
 - atlholo
 - dumela
 - sephiri

Raeme kgotsa pina	Ditiragatso
Mo mosong ke tlhana matsogo	<i>Barutwana ba bontsha go tlhana matsogo</i>
Ke tlhana matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitshokong
Mo kgannyeng....
Kgang e e nthuta gore
Kgang e e golagana le thitokgang ya rona “ Go tshola mmele wa rona o le phepha ebile o itekanetse” ka go nne....
- 2 Buisetsa barutwana letlhomeso.
- 3 Baya barutwana ka ditlhhotshwana tsa bona.
- 4 Bolelela barutwana gore mongwe le mongwe o tlie go tsaya karolo mo go arabeng dipotso tsa puisano.
- 5 Netefatsa gore barutwana botlhe ba go reeditse.
- 6 Kopa setlhopho se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela ditshwaelo ya barutwana.



Temogo Ya Medumopuo Le Medumopuo: 15 metsotso

Batla Lefoko

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo yotlhe e e ithutilweng mo kgweditharong e.

ph	tl	kg
a	m	e
ng	nt	ny
p	i	l
kw	mp	tsh
o	k	u
gw	tshw	tlh
g	n	n

DIRAGATSA

- 1 Boeletsa medumo yotlhe e e ikemetseng le e e pataganeng mo patitšhokong.
- 2 Tlhalosetsa barutwana gore ba na le metsotso e le 3 go dira mafoko a le mantsi a ba ka a kgonang ba dirisa medumo e e ikemetseng le e e pataganeng e e fa godimo.

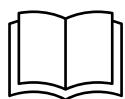
BARUTWANA BA A DIRA

- 1 Bolelela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go batla le go aga mafoko a le mantsi a ba ka a kgonang.
- 4 Letla barutwana go siamisa tiro ya bona
- 5 Kopa barutwana go abelana ka mafoko a ba a agileng, mme o a kwale mo patitšhokong.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo: Morago Ga Puiso

15 metsots

MAANO A TEKOTLHALOGANYO: BOPA SETSHWANTSHO SA MOGOPOLLO

GO ANELA KGANG

- 1 Baya barutwana mo maemong a a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a a phepa, dipensele le dikherayone.
- 2 Diragatsa go bontsha gore o bopa jang setshwantsho sa mogopollo le go bontsha ka ditshwantsho sengwe se se tswang mo setlhangweng , jaaka ke gopola fa Lesego a ne a ikutlw a sa iketla.
- 3 Thala setshwantsho sa gago mo patitshokong sa Lesego a ntse mo bolaong a sa iketla
- 4 Morago, bolelela barutwana gore ba ya go bopa setshwantsho mo mogopolong ka sengwe go tswa mo setlhangweng
- 5 Kopa barutwana go tswalela mathlo a bona mme ba repe. Ba buisetse kgang gape.
- 6 Kopa barutwana go bula matlho a bona mme ba thale dikakanyo tsa bona gore go ka diragalang
- 7 Laela barutwana go gadima ba bua mme ba abelane ka ditshwantsho tsa bona le balekane.



Puisokaelo Ka Ditlhophpha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa fa barutwana botlhe ba tshotse **matlharetiro a puiso.9**
- 2 Tlhalosetsa barutwana **tirwana1 ya Labotlhano**.
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira **tirwana ya go refosana puiso**.
- 6 Tlhalosetsa barutwana botlhe **tirwana 2 ya Labotlhano**.
- 7 Bitsa setlhophpha sa bobedi go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go supa ditlhophpha tse o buisitseng le tsona le se ba se buisitseng
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotso

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgorwa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le bothhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buositse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.

Mophato 1

KGWEDITHARO 3

Beke

10

THITOKGANG:

**Go tshola mebele ya rona e
le phepha ebile e itekanetse**



Ipaakanyetso Ya Phaposiborutelo

- 1 Kwa tshimologong ya beke, netefatsa gore phaposiborutelo ya gago e phepha ebile e makgethe.
- 2 Netefatsa gore dipati le tafole ya setlhogo sa molaetsa tsa gago di na le dilwana tsa bosheng.
- 3 Baya dilo tse di jaaka sethwantsho sa mogolo a bua le ngwana, buka ya go kwala ditiragalo tsa letsatsi le letsatsi jj
- 4 Baakanya dipapetlana tsa mafoko le ditshwantsho tse o tlileng go di tlhoka.
- 5 Batla le go baakanya dilwana tsa lebota la thitokgang le tafole e e nang le dilwana tse di nang le kgogedi mo barutwaneng jaaka: ditshwantsho tse di farologaneng tsa go ikatisa tse bana ba ka di dirang go nna ba itekanetse jj
- 6 Dira dipatliso mo inthaneteng go ipaakanyetsa thitokgang wa beke. Sekao: batlisisa ka ditsela tse di farologaneng tse re ka di dirisang go tshola mebele ya rona e itekanetse ebile e babalesegile.
- 7 Netefatsa gore dibuka tsa barutwana tsa go kwalela le Dibukatiro tsa DBE di tshwailwe ebile di beilwe fa go maleba.
- 8 Dira dipatliso mo inthaneteng jaaka: ke ditirelo dife tse di gona go thusa bana ba ba tlhokang thuso.
- 9 Netefatsa gore dibukakgolo tsotlhe tsa gago, dibuka tsa puiso le tsa laeborari ya phaposi di mo maemong a a siameng.
- 10 Rulaganya ditirwana tsa gago tsa ditlhatlhobo tse di tlhomameng le tse di sa tlhomamang tsa beke.



Ditirwana Koketso

Ditirwana tse, di ka dirwa ke barutwana ba ba fetsang tiro ka bonako kgotsa fa o tlhatlhoba barutwana ba bangwe.

Tirwana 1: Bukatiro ya DBE 2 Tsebe 46, A re kwaleng

Tirwana 2: Bukatiro ya DBE 2 Tsebe 47, Go itumedisa

Tirwana 3: Bukatiro ya DBE 2 Tsebe 48, A re buiseng & 49 A re kwaleng

Tirwana 4: Thala sethwantsho sa motho yo a go thusang go nna o itekanetse ebile o babalesegile

Mosupologo



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

BOELETSATHEITOKGANG: GO RIBILOLA DILO TSE O DI ITSENG(BEKE YA BOBEDI YA SETLHOGO)

- 1 Bontsha barutwana setshwantsho sa Hulisani a tlhapa diatla mo Bukakgolong ya rona mo kgannyeng ya: **Hulisani o nna ka pabalesego**
- 2 Bolelela barutwana gore le tsweletsa thitokgang: Go tshola mebele ya rona e le phepha ebole e itekanetse
- 3 Thala sediko go dikologa **thitokgang** mo gare ga patitshoko
- 4 Botsa barutwana jaana: *Go fitlha jaanong lo ithutile eng mo thitokgannyeng e?*
- 5 Kwala ditshwaelo tsa barutwana go dikologa mmapa wa tlhaloganyo. Kgobokanya dikakanyo tse di tsamaisanang.
- 6 Fa barutwana ka kgaratlha go araba, botsa dipotso tse di latelang go ba thusa:
 - a Go babalesega le go itekanelo di tshwana jang?
 - b Go babalesega le go itekanelo di fapano jang?
 - c O ka itekanelo o sa babalesega?
 - d O ka babalesega o sa itekanelo ?

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa , go tlhalosa le go bua go dira gore barutwana ba tlhaloganye(SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo paitng ya tlotlofoko.
 - mogare
 - anama
 - mogare

Raeme kgotsa pina	Ditiragatso
Mo mosong ke tlhapa matsogo	<i>Barutwana ba bontsha go tlhapa matsogo</i>
Ke tlhapa matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	



Mokwalo

15 metsotso

- 1 Laela barutwana go bula dibuka tsa bona tsa mokwalo.
- 2 *Biletsa barutwana medumo le mafoko a a latelang:*
 - a phaka
 - b kgama
 - c ntoma
 - d kwadisa
 - e gwama
 - f tlhoka
 - g tswaka
 - h tshisi
 - i maaka
 - j tlama
- 3 Jaanong, laela barutwana go dirisa pensele ya mmala go tshwaya tiro ya bona.
- 4 Kwala medumo sentle mo patitshong
- 5 Phutha dibuka tsa barutwana kwa bofelong ba letsatsi mme o kwale gore ke mang yo o tlhokang thuso e e oketsegileng.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____

Puisokopanelo:

15 metsotso

Pele Ga Puiso

MAANO A TEKOTLHALOGANYO:

- 1 Baya barutwana mo maemong a go reetsa ka tlhoafalo.
- 2 Bula bukakgolo mo kgannyeng ya: **Hulisani o nna ka pabalesego**
- 3 Supetsa barutwana ditshwantsho mo tsebeng nngwe le nngwe mme o ba botse se ba se akanyang ka ditiragalo.
- 4 Thusa barutwana go golaganya ditshwantsho gore ba kgone go lemoga se kgang e buang ka ga sona.
- 5 Ruta mafoko a mantshwa.
- 6 Buisa kgang yothe gangwe o sa emise.



Go kwala:

30 metsotsos

Go Rulaganya Le Kwalo Ya Ntlha

THITOKGANG: Kwala ka sengwe se o se dirang go nna o itekanetse mo meleng

TIRO: Thala setshwantsho mme o oketse ka setlhogo. E tla nna karolo ya buka ya phaphosi ya sekgutlhwana sa go go buisa

LETLHOMESO LA GO KWALA: Ke...go nna ke itekanetse

GO DIRAGATSA

- 1 Tlhalosa gore gompieno barutwana ba tla kwala ka sengwe se se tla dirang go re ba nne ba itekanetse
- 2 **Diragatsa** go bontsha barutwana gore o **a akanya pele o kwala.**
- 3 Bolelela barutwana kakanyo ya setshwantsho sa gago, jaaka: Ke dira dilo tse dintsi gore ke nne ke itekanetse, ke ikatisa mmele, ke ja poroteine le merogo. Ke tlhana diatla. Fela ke nagana gore ke tla kwala ka go ikatisa go nna ke itekanetse ebile ke na le maatla.
- 4 **Diragatsa** ka go thala setshwantsho sa gago o ikatisa kgotsa o tsholetsa ditshipi.
- 5 Tlhalosa gore o tla kwala mafoko afe mme **o thalele lefoko lengwe le lengwe mothalo jaana:** Ke ikatisa gore ke nne ke itekanetse.
- 6 Phimola sekai sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka ditsela tsa mefutafuta tse re ka di dirisang go nna re itekanetse.
- 2 Kwala mafoko mo patitshokong jaaka: Go ja dijo tse di nonotshang, merogo, maungo, poroteine, taboga, tlhana, diatla, apara sesirasefatlhego, tlhana, jj.
- 3 Laela barutwana **go akanya pele ba kwala.**
- 4 Bitsa barutwana ba le 2–3 go go bolelela gore ke eng se o se dirang se se dirang gore o nne o itekanetse?
- 5 Ba tshwanetse go bua jaana: Ke... go re ke nne ke itekanetse.
- 6 Tlhalosa gore jaanong barutwana ba tla thala ditshwantsho ba bo ba kwala maina mo go tsone!

GO KWALA

- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala, tsamayatsamaya mme o tshware **dikopanonyana.**
- 3 Kopa barutwana gore ba go bolelele se ba kwalang ka ga sona.

- 4 Thusa barutwana go kwala: ke tshogile
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3, laela barutwana go baya dipesele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke tshmekd kgwele ya dindo gore ke
nne le botsogo jo bontle.



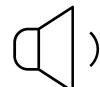
Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana bottle ba tshotse **matlharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Mosupologo**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Mosupologo**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labobedi



Temogo Ya Medumopuo Le Medumopuo: 15 metsots
Boeletsa Medumo Le Mafoko

BOELETSNA MEDUMO

- 1 Bua modumo mme o emise papetlana ya medumo yotlhe e e dirilweng mo kgweditharong: /ph/ /tl/ /kg/ /ng/ /nt/ /ny/ /kw/ /mp/ /tsh/ /gw/ /tshw/ /tlh/ /tsw/ /rr/ /tšh/ /aa/
- 2 Emisa dipapetlana tsa medumo ka tatelano e e farologaneng mme o kope barutwana go e buisa.
- 3 Kgomaretsa dipapetlana tsa medumo mo patitšhokong.
- 4 Kopa barutwana ba ba farologaneng ba ba mmalwa go tla go bopa mafoko mo patitšhokong.
- 5 Jaanong, kopa barutwana go bopa mafoko a le mantsi ka mo go ka kgonegang mme ba a kwale mo dibukeng tsa bona.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

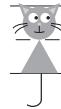


Mokwalo: 15 metsots
Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitšhokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana b aka kwalolela dipolelo ka mo dibukeng tsa bona.



Ke gwamisa segwapa.

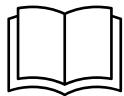


Ga ke tshwane le tshwene.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/mediumo: _____

Mafoko: _____



Puisokopanelo:

15 metsotsos

Puiso Ya Ntlha

MAANO A GO TLHALOGANYA PUISO: GO DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya ntlha(go bua dikakanyo tsa gago)
Hulisani o nna ka pabalesego 'Ke nako ya go robala, ga rialo rraagwe Hulisani, a tima TV.	
Mme Hulisani o ne a sa kgone go thulamela. Mogare o mošwa o ne o gaketse, o anama le lefatshe ka bophara. O ne a na le kitso ya gore mogare o lwatsa batho. Ka dinako tse dingwe megare e bolaya batho. Hulisani, o ne a akanya megare e mo kgomaretse mo mmeleng, e mo lwatsa.	Diphopholetso tsa kitso ya me ke gore Hulisani o tshwanetse a bo a tshogile ka ntlha ya gore ga a kgone go thulamela!
'Nna, nka se kgone go ya kwa sekolong!' Hulisani a bolelala rraagwe jalo mo mosong. 'Go na le mogare o o anameng le lefatshe ka bophara. Ga ke batle go lwala!' a rialo a rothisa keledi.	Diphopholetso tsa kitso ya me ke gore Hulisani ga a batle go ya kwa sekolong ka gonne a tshaba gore o tla lwala.
'Huli, go na le mogare o o anamang le lefatshe. Fela ga re a tshwanela go tshoga. Re ithuta ka ga gore re ka itshireletsa jang,' ga rialo rraagwe, a ntsha mogala wa gagwe mme a tlanya sengwe. 'Tlaya re dire dipatliso ka ga mogare o.'	Diphopholetso tsa kitso ya me ke gore Hulisani ga a itse gore a ka dira eng gore a nne a itekanetse ka pholo e ntle le go sireletsega. Se, se tshwanetse sa bo se dira gore a nne le letshogo le legolo.
'Go siame, selo sa ntlha se se bothhokwa ke gore o efoge go tshwara batho.' ga rialo rraagwe. 'Go tloga jaanong, leka ka thata gore o se ke wa tlamparella kgotsa wa tshwarana ka matsogo le ditsala tsa gago. 'Go siame,' ga rialo Hulisani, 'fela jaanong re dira jang ka go tsenela dithuto? Kana ke bapa le bana ba bangwe ka mo phaposing.'	Nka fopholetsa ka kitso ya me gore Hulisani ka metlha ga a tlhape diatla tsa gagwe ka tshwanelo, ka gonne o ne a sa dirisa sesepa fa a ne a tlhapa la ntlha! Ke akanya gore go a thusa mo go ena go dira patlisiso e le rraagwe!
'Go siame, go na le dilo tse dingwe tse o ka di dirang gore o nne o sireletsegile,' rraagwe Hulisani a tlhalosa. 'O tshwanelwa ke go tlhapa diatla tsa gago kgafetsa kgafetsa ka moo o ka kgonang.'	

Buka	Puiso ya ntlha(go bua dikakanyo tsa gago)
<p>Hulisani a tsamaela go ya kwa sinking mme a bulela metsi go tlhapa diatla. 'Ke fao ke tlhapile!' a rialo.</p> <p>Rraagwe a tshega. 'Huli, seo ga se go tlhapa go go bolayang megare,' a rialo, a mmiletsha gape kwa sinking. 'O tshwanetse o dirise sesepa mme o forogotlhe karolo nngwe le nngwe ya seatla sa gago go tlosa megare,' a tlhalosa jaaka a bayu kuku ya sesepa mo diatleng tsa gagwe. 'O ka nna wa opela pinanyana kgotsa wa bala go fitlha ka 20 fa o ntse o forogotlha, gore o tle o gakologelwe go tlhapa lobaka lo lo lekaneng!'</p>	
<p>Fa ba sena go tlhapa diatla tsa bona ka tshwanelo, rraagwe Hulisani a lebelela mogala wa gagwe gape.</p> <p>Tsela e nngwe ya go nna o babalesegile ke go efoga go nna o itshwaratshwara mo sefatlhegong,' a bolelala Hulisani, 'ka gonne megare e ka tsena mo mmeleng wa gago ka matlho, nko le molomo.'</p> <p>Ka yona nako eo fela, Hulisani a utlwa a babelwa mo nkong. A tsholetsa letsogo gore a ingwaye, mme a emisa ka bonako. 'Fela ke dire eng jaanong fa ke babelwa?' a botsa a tshwenyegile.</p> <p>'Go siame, o ka tlhapa diatla tsa gago pele o ingwaya! Kgotsa o dirise thišu,' a rialo a mo neeletsa thišu.</p>	<p>Diphopholetsa tsa kitso ya me ke gore Hulisani ka gale o itshwara mo sefatlhegong ntle le go akanya ka seo. Ke akanya gore go a thusa go dira dipatlisiso mabapi le ka moo motho a ka nnang a babalesegile e bile a itekanetse ka teng.</p>
<p>'Selo se sengwe se o tshwanelwang ke go se gakologelwa ke gore fa o gotlhola kgotsa o ethimola, o tshwanetse go dirisa sekongo e seng diatla tsa gago!' a rialo a mmontsha gore o raya jang. Hulisani a ikatisa go gotlholela mo sekgonong sa gagwe.</p>	
<p>Kwa sekolong, Hulisani o ne a tshwara bothata, a sa kgone go reetsa ka tlhoafalo. A bona jaaka Mashudu ena a ethimolela mo moweng fela. A bona Princess a itomakaka menwana. Letsatsi lotlhe, Hulisani o ne a akanya ka megare e mo kgomarela mo mmeleng mme e mo lwatsa.</p>	<p>Hulisani o itse gore o tshwanetse a itshireletse jang. Fela, Nka fopholetsa ka kitso ya me gore ditsala tsa gagwe kwa sekolong, bona ga ba dira dipatlisiso tse di tshwanang le tsa gagwe ka ga se.</p>
<p>Fa sekolo se tswa, a ikamatetsa kwa go morutabana, Mohumagadi Khoza.</p>	<p>Nka fopholetsa ka kitso ya me gore Hulisani o batla gore ditsala tsa gagwe di itse gore di ka nna di sireletsegile le go itekanel ka mokgwa ofe, fela jaaka ena.</p>

Buka	Puiso ya ntlha(go bua dikakanyo tsa gago)
<p>'Morutabana, a o a itse gore go na le mogare o anameng le lefatshe ka bophara? Hulisani a botsa. 'Rre o nthutile gore nka itshireletsa jang kgatlhanong le ona, ka gore ke se ke ka tshwara bana ba bangwe, ka go tlhapa diatla tsa me, ka go se itshware mo sefatlhegong le ka go gothelela mo sekgonong sa me,' ga tlhalosa Hulisani. 'Fela ga ke akanya gore barutwana-kanina ba a itse! Gongwe wena o ka ba bolelala?'</p>	
<p>'Ke na le kakanyo e e botoka,' ga rialo Mme Khoza ka monyebo.</p> <p>'Ka moso phakela, o ka ruta mongwe le mongwe ka go re ba ka itshireletsa jang kgatlhanong le mogare o. O akanya eng?</p>	
<p>Mo thapameng eo, Hulisani a tabogela kwa go rraagwe. 'A ko o akanya fela gore go ka bo go diragetse eng? Mme Khoza o nkopile gore ka moso, ke rute bana ba bangwe ka go nna ba babalesegile kgatlhanong le mogare o!' 'Ke selo se sentle seo!' ga rialo rraagwe, 'e bile ke na le selo sengwe se se maleba se o ka se rwalang!'</p> <p>Rraagwe Hulisani a ntsha sesirasefatlhego mo kgwatlheng ya gagwe. 'ke go reketse se gompieno. Go rwala maseke go tla go thusa gore o nne o babalesegile tota kgatlhanong le megare,' a rialo.</p> <p>Rraagwe Hulisani a mo thusa go rwala maseke wa gagwe. O tlogile mo gae a ipaakanyeditse go ruta barutwana ka ena ka ga go nna ba babalesegile kgatlhong le mogare o o anameng le lefatshe ka bophara.</p>	<p>Diphopholetso tsa kitso ya me ke gore go rwala sesirasefatlhego go tla thusa Hulisani go ikutlwaa le botoka tota, le go mo thusa go nna a itekanetse.</p>

Dipotso tsa tatelelo	Dikarabo tse di soloftsweng
Hulisani o ne a ikutlwaa jang ka go ya kwa sekolong?	O ne a tshogile fa a tshwanetse go ya kwa sekolong.
O ne o ka ikutlwaa jang fa o ka utlwela ka ga mogare o o anameng le lefatshe ka bophara?	Nka ikutlwaa ke ...
Potso ya goreng	Dikarabo tse di soloftsweng
Goreng Hulisani a ne a ikutlwaa a tshogile?	<ul style="list-style-type: none"> • Ka gonnie o utlwile sengwe ka ga mogare o o anameng le lefatshe ka bophara. • Ka gonnie o ne a tshaba gore o tla lwala. • Ka gonnie o ne a sa itse gore a ka itshireletsa jang. • Ka gonnie barutwana ka ena ba ne ba sa itshireletse le go itshola ba itekanetse.



Puisokaelo Ka Ditlhophha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labobedi**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labobedi**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Laboraro

Ditirwana Tsa Go Reetsa Le Go Bua

15 metsotso



TLOTLOFOKO YA THITOKGANG

- 1 Go dirisa ditshwantsho, go diragatsa, go tlhalosa, go bua gore barutwana ba tlhaloganye (SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - letshogo
 - tshedimosetso
 - batlisisa / patlisiso

Raeme kgotsa pina	Ditiragatso
Mo mosong ke tlhana matsogo	<i>Barutwana ba bontsha go tlhana matsogo</i>
Ke tlhana matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	

GO ANELA KGANG

- 1 Kgaoganya barutwana ka ditlhhotshwana tsa bona.
- 2 Naya setlhhotshwana sengwe le sengwe ditshwantsho tsa kgang.
- 3 Gopotsa barutwana gore mo bekeng e e fetileng ba itlhametse dikgang ka ditshwantsho.
- 4 Mo bekeng e, barutwana ba tshwanetse go dira ka setlhopho go tsaya tshweetso ya kgang ya setlhopho.
- 5 Gopotsa barutwana gore kgang ya bona e nne ya maitlhamele mme e tsamaisane le ditshwantsho.
- 6 Baya barutwana mo maemong a go ka reetsa ka tlhoafalo.
- 7 Kopa setlhopho 1–2 tse di farologaneng go abelana ka dikgang tsa ditlhopho tsa bona.
- 8 Akgolela barutwana ditshwaelo tsa bona.





Temogo Ya Medumopuo Le Medumopuo:

15 metsotsos

Boeletsa Mafoko

BOELETSAA MAFOKO

- 1 Netefatsa gore dipapetlana tsa mafoko a medumopuo di baakantswe.
- 2 Emisa lefoko lengwe le lengwe mme o kope barutwana ba ba farologaneng go a buisa.
- 3 Fa morutwana a palelwa ke go buis lefoko, mo thuso go le dumisa.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____

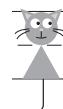


Mokwalo:

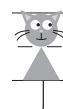
15 metsotsos

Poeletso ya ditlhaka / mafoko / dipolelo

- 1 Bontsha barutwana mo patitshokong gore dipolelo tse di khutshwane di kwadiwa jang.
- 2 Ba tlhalosetse gore polelo e simolola ka tlhakagolo mme e felela ka khutlo.
- 3 Jaanong barutwana ba ka kwalolela dipolelo ka mo dibukeng tsa bona.



Ke bone rre le rremogolo.



Maabane re dirile setlaagana.

LENANEO LA THEFOSANO YA MOKWALO

Modumo/medumo: _____

Mafoko: _____



Go kwala:

30 metsots

Go Rulaganya Le Kwalo Ya Ntlha

SETLHOGO: ka sengwe se o se dirang go re o tshole mmele wa gago o itekanetse

TIRO: Thala setshwantsho mme o oketse ka setlhogo. Se e tla nna karolo ya sekgutlhwana sa go buisa

LETLHOMESO LA GO KWALA:

Ke....go nna ke itekanetse

....ke ikutlwa ke....

GO DIRAGATSA

- 1 Tlhalosetsa barutwana gore ba tla oketsa ka polelo go tswa go mokwalo wa bona wa Mosupulogo.
- 2 Tlhalosetsa barutwana gore bat la thala ka gore ba ikutlwa jang fa ba dira sengwe se se ba dirang gore ba nne ba itekanetse.
- 3 Buisetsa barutwana letlhomeso le le ntshwa.
- 4 **Diragatsa** go bontsha barutwana gore o a **akanya pele o kwala.**
- 5 Bolelela barutwana kakanyo ya go kwala, jaaka: Ke ikutlwa ke itumetse thata fa ke ikatisa. Ke ikutlwa ke nonofile. Gape ke ikutlwa ke itumetse gonnie ke a itse gore ke dira sengwe se se dirang gore ke itumele.
- 6 Diragatsa go thala setshwantsho, jaaka: ke lebega ke itumetse, ke bua thata ke re, Ke ikutlwa ke itumetse!
- 7 Tlhalosetsa barutwana mafoko a o tlileng go a kwala, thalela lefoko lengwe le lengwe mothalo: Go ikatisa go dira gore ke ikutlwe ke nonofile e bile ke itumetse.
- 8 Phimola sekao sa gago mo patitshokong. Tlhalosetsa barutwana gore se e ne e le sekao fela, mme bona ba tshwanetse go ikwalela dikakanyo tsa bona.

DITAELO TSA MOLOMO

- 1 Mmogo le barutwana akanyang ka mafoko a maikutlo.
- 2 Kwala mafoko mo patitshokong jaaka: go itumela, nonofile, motlotlo
- 3 Botsa barutwana jaana: O ikutlwa jang fa o dira sengwe sa go itekanelo?
- 4 Laela barutwana go **akanya pele ba kwala.**
- 5 **Kopa** barutwana ba le 2–3 go go bolelela gore ba ikutlwa jang fa ba dira sengwe sa go itekanelo.
- 6 Ba tshwanetse go bua jaana: E dira gore ke ikutlwe.....
- 7 Bolelela barutwana gore jaanong ba thale setshwantsho sa bona mme ba se kwale maina!

GO KWALA

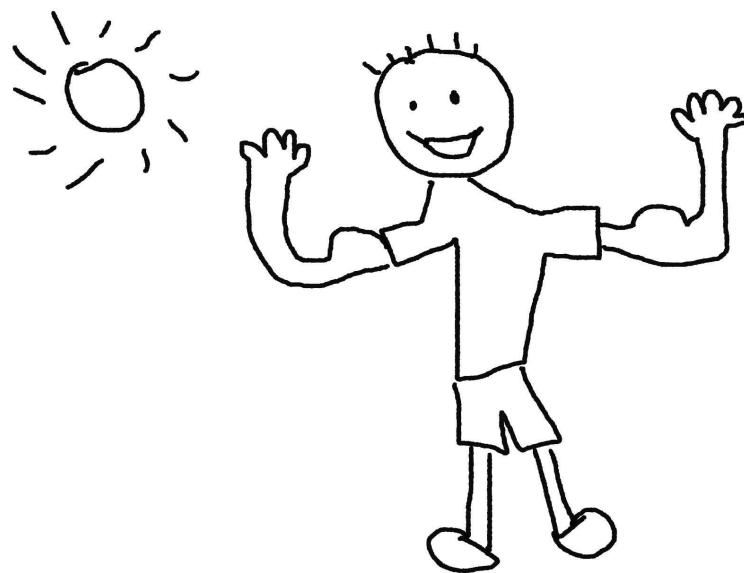
- 1 Naya barutwana dibuka.
- 2 Fa barutwana ba kwala tsamayatsamaya o feleletse go tshwara **dikopanonyana**.
- 3 Kopa barutwana go go bolelela ka se ba se kwadileng.
- 4 Thusa barutwana go oketsa maina.
- 5 Rotloetsa barutwana.

GADIMA O BUE

- 1 Fa go setse metsotso e ka nna 2–3 laela barutwana go bay a dipensele tsa bona.
- 2 Laela barutwana go **gadima ba bua** le balekane ka ditshwantsho tsa bona.
- 3 Manega tiro ya barutwana **fa ba ka kgonang go e buisa ka mo phaposing**. Se se thusa barutwana go nna le dipuisano ka ga thitokgang.



Ke tshdmekd kgwele yd dindo gore ke
nne le botsogo jo bontle.



Jgwele yd dindo e dira gore ke ikutlwe
ke tsheld sentle ebile ke kwenne.



Puisokaelo Ka Ditlhophha

30 metsots

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **mathharetiro a puiso 10**.
- 2 Tlhalosetsa barutwana tirwana 1 ya **Laboraro**.
- 3 Bitsa setlhophha sa ntlha go tla go dira le wena.
- 4 Morago ga metsots e le 15 laela setlhophha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Laboraro**.
- 7 Bitsa setlhophha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labone



Temogo Ya Medumopuo Le Medumopuo: 15 metsotso
Poeletso Ya Go Kgaoganya Le Go Kopanya

KE A DIRA.....

- 1 Dirisa mafoko a le mabedi a a dumisiwang ka go tshwana, sekao: **kwena; ntena**
- 2 Bua lefoko: **kwena**
- 3 Kgaoganya lefoko ka medumo e e ikemetseng: /kw/-/e/-/n/-/a/
- 4 Bua modumo o o ikemetseng wa nthla wa lefoko: /kw/
- 5 Bua modumo wa bobedi o o ikemetseng: /e/
- 6 Bua modumo wa boraro o o ikemetseng: /n/
- 7 Bua modumo wa bofelo wa lefoko: /a/
- 8 Kwala lefoko mo patitshokong: **kwena**
- 9 Diragatsa ka go supetsa le go kopanya medumo go bopa lefoko: /kwe/-/na/ = **kwena**
- 10 Boeletsa se, ka lefoko le le latelang: **ntena**

RE A DIRA...

- 1 Dirisa mafoko a mangwe a le mabedi a a dumisiwang ka go tshwana, sekao: **tlhapa; tlhapi**
- 2 Bua lefoko: **tlhapa**
- 3 Botsa barutwana jaana: ke modumo ofe wa ntlha mo lefokong? /tlh/
- 4 Botsa barutwana jaana: ke modumo ofe wa bobedi mo lefokong? /a/
- 5 Botsa barutwana jaana: ke modumo ofe wa boraro mo lefokong? /p/
- 6 Botsa barutwana jaana: ke modumo ofe wa bofelo mo lefokong? /a/
- 7 Kopa barutwana go kgaoganya lefoko ka medumo: /tlh/-/a/-/p/-/a/
- 8 Kwala lefoko: **tlhapa**
- 9 Laela barutwana go kopanya medumo le wena go bopa lefoko: /tlha/-/pa/ = **tlhapa**
- 10 Boeletsa se, ka lefoko le le latelang: **tlhapi**

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Puiso Ya Bobedi

15 metsotsos

MAANO A TEKOTLHALOGANYO: GO DIRA DIPHOPHOLETSO TSA KITSO

Buka	Puiso ya bobedi (Go bua dikakanyo tsa gago)
Hulisani o nna ka pabalesego 'Ke nako ya go robala, ga rialo rraagwe Hulisani, a tima TV.	
Mme Hulisani o ne a sa kgone go thulamela. Mogare o mošwa o ne o gaketse, o anama le lefatshe ka bophara. O ne a na le kitso ya gore mogare o lwatsa batho. Ka dinako tse dingwe megare e bolaya batho. Hulisani, o ne a akanya megare e mo kgomaretse mo mmeleng, e mo lwatsa.	Nka fopholetska ka kitsos ya me gore Hulisani o itse go le gonne ka ga mogare fela ga a na tshedimosetso e lekaneng. Gongwe o tshogile ka gonane ga a itse go le gontsi ka ga mogare o mošwa.
'Nna, nka se kgone go ya kwa sekolong!' Hulisani a bolelela rraagwe jalo mo mosong. 'Go na le mogare o o anameng le lefatshe ka bophara. Ga ke batle go lwala!' a rialo a rothisa keledi.	
'Huli, go na le mogare o o anamang le lefatshe. Fela ga re a tshwanelo go tshoga. Re ithuta ka ga gore re ka itshireletsa jang,' ga rialo rraagwe, a ntsha mogala wa gagwe mme a tlanya sengwe. 'Tlaya re dire dipatliso ka ga mogare o.'	Diphopholetsa tsa kitsos ya me ke gore tshedimosetso e ntsi ka ga mogare o, e ka thusa Hulisani gore a ikutlwae a sireletsegile. Ke akanya gore ke jaaka rraagwe a tsitsinya gore ba dire dipatliso.
'Go siame, selo sa ntlha se se botlhokwa ke gore o efoge go tshwara batho.' ga rialo rraagwe. 'Go tloga jaanong, leka ka thata gore o se ke wa tlamparela kgotsa wa tshwarana ka matsogo le ditsala tsa gago. 'Go siame,' ga rialo Hulisani, 'fela jaanong re dira jang ka go tsenela dithuto? Kana ke bapa le bana ba bangwe ka mo phaposing.'	Nka fopholetska ka kitsos ya me gore Hulisani o ithuta ka ga tshedimosetso e ntsi ya botlhokwa mabapi le ka moo a ka itshireletsang ka teng le go nna a itekanetse. Ke akanya gore go botlhokwa tota go nna le dintlha tse!
'Go siame, go na le dilo tse dingwe tse o ka di dirang gore o nne o sireletsegile,' rraagwe Hulisani a tlhalosa. 'O tshwanelwa ke go tlhapa diatla tsa gago kgafetsa kgafetsa ka moo o ka kgonang.' Hulisani a tsamaela go ya kwa sinking mme a bulela metsi go tlhapa diatla. 'Ke fao ke tlhapile!' a rialo.	

Beke 10 • Thitokgang: Go tshola mebele ya rona e le phepha e bile e itekanetse

Buka	Puiso ya bobedi (Go bua dikakanyo tsa gago)
Rraagwe a tshega. 'Huli, seo ga se go tlhapa go go bolayang megare,' a rialo, a mmiletsha gape kwa sinking. 'O tshwanetse o dirise sesepa mme o forogotlhe karolo nngwe le nngwe ya seatla sa gago go tlosa megare,' a tlhalosa jaaka a bayaa kuku ya sesepa mo diatleng tsa gagwe. 'O ka nna wa opela pinanyana kgotsa wa bala go fitlha ka 20 fa o ntse o forogotlha, gore o tle o gakologelwe go tlhapa lobaka lo lo lekaneng!'	
Fa ba sena go tlhapa diatla tsa bona ka tshwanelo, rraagwe Hulisani a lebelela mogala wa gagwe gape. 'Tsela e nngwe ya go nna o babalesegile ke go efoga go nna o itscharatshwara mo sefatlhengong,' a bolelela Hulisani, 'ka gonne megare e ka tsena mo mmeleng wa gago ka matlho, nko le molomo.' Ka yona nako eo fela, Hulisani a utlwa a babelwa mo nkong. A tsholetsa letsogo gore a ingwaye, mme a emisa ka bonako. 'Fela ke dire eng jaanong fa ke babelwa?' a botsa a tshwenyegile. 'Go siame, o ka tlhapa diatla tsa gago pele o ingwaya! Kgotsa o dirise thišu,' a rialo a mo neeletsa thišu.	Nka fopholetska ka kitso ya me gore go dira dipatliso le rraagwe go botlhokwa, ka gonne Hulisani o na le tšhono ya go botsa dipotsa tsotlhe tse a nang natso. Ke akanya gore go nna le dikarabo go tla mo thusa gore a ikutlwae a babalesegile e bile a itekanetsel!
'Selo se sengwe se o tshwanelwang ke go se gakologelwa ke gore fa o gotlholo kgotsa o ethimola, o tshwanetse go dirisa sekgono e seng diatla tsa gagol!' a rialo a mmontsha gore o raya jang. Hulisani a ikatisa go gotlholela mo sekgonong sa gagwe.	Ke akanya gore go tshwanetse ga bo go dira gore Hulisani a ikutlwae a sa tlhole a tshogile ka go itse le go ikatisa dilo tsotlhe tse a ka di dirang ka go mo thusa gore a itshireletse.
Kwa sekolong, Hulisani o ne a tshwara bothata, a sa kgone go reetsa ka tlhoa falo. A bona jaaka Mashudu ena a ethimolela mo moweng fela. A bona Princess a itomakaka menwana. Letsatsi lotlhe, Hulisani o ne a akanya ka megare e mo kgomarela mo mmeleng mme e mo lwatsa.	Hulisani o tshwanetse a bo a kgona go dira dipatliso tsa kitso gore barutwana ka ena ga ba na tshedimosetso e e tshwanang le ya gagwe ka go nna ba babalesegile jaaka ena. Ke akanya gore se, se tshwanetse sa bo se dira gore a nne a tshogile.
Fa sekolo se tswa, a ikamatetsa kwa go morutabana, Mohumagadi Khoza. 'Morutabana, a o a itse gore go na le mogare o anameng le lefatshe ka bophara? Hulisani a botsa. 'Rre o nthutile gore nka itshireletsa jang kgatlhanong le ona, ka gore ke se ke ka tshwara bana ba bangwe, ka go tlhapa diatla tsa me, ka go se itshware mo sefatlhengong le ka go gothelela mo sekgonong sa me,' ga tlhalosa Hulisani. 'Fela ga ke akanye gore barutwana-ka-nna ba a itse! Gongwe wena o ka ba bolelela?'	Nka fopholetska ka kitso ya me gore go dira gore Hulisani a ikutlwae a tshogile ka gore ditsala tsa gagwe ga di itse gore di tshwanetse go dira eng. Ke akanya gore o batla gore morutabana wa gagwe a netefatse fa barutwana botlhe mo phaposing ya bona ba itse ka gore ba ka itshireletsa le go nna ba itekanetse ka go dira eng.

Buka	Puiso ya bobedi (Go bua dikakanyo tsa gago)
<p>'Ke na le kakanyo e e botoka,' ga rialo Mme Khoza ka monyebo.</p> <p>'Ka moso phakela, o ka ruta mongwe le mongwe ka go re ba ka itshireletsa jang kgatlhanong le mogare o. O akanya eng?</p>	<p>Diphopholetsa tsa kitsyo me ke gore Hulisani o tla ikutlw a babalesegile fa ditsala tsa gagwe le tsona di itseng gore ba dire eng gore ba sireletsege. Ke akanya gore seo, se tla dira gore Hulisani a ikutlw botoka go abelana le bona tshedimosetso yotlh e a nang le yona.</p>
<p>Mo thapameng eo, Hulisani a tabogela kwa go rraagwe. 'A ko o akanye fela gore go ka bo go diragetse eng? Mme Khoza o nkopile gore ka moso, ke rute bana ba bangwe ka go nna ba babalesegile kgatlhanong le mogare o!</p> <p>'Ke selo se sentle seo!' ga rialo rraagwe, 'e bile ke na le selo sengwe se se maleba se o ka se rwalang!'</p> <p>Rraagwe Hulisani a ntsha sesirasefatlhego mo kgwathleng ya gagwe. 'ke go reketse se gompieno. Go rwala maseke go tla go thusa gore o nne o babalesegile tota kgatlhanong le megare,' a rialo.</p> <p>Rraagwe Hulisani a mo thusa go rwala maseke wa gagwe. O tlogile mo gae a ipaakanyeditse go ruta barutwana ka ena ka ga go nna ba babalesegile kgatlhong le mogare o o anameng le lefatshe ka bophara.</p>	
Dipotso tsa tatelelo	Dikarabo tse di solo fetsweng
Hulisani o ithutile jang ka ga go nna a babalesegile e bile a itekanetse?	Ena le rraagwe ba ne ba dirisa mogala (inthanete) go dira dipatlisiso ka ga go nna o babalesegile kgatlhanong le mogare e bile o itekanetse.
Ke fa kae fa o ka dirisang diphopholetsa tsa kitsyo me ke gore Hulisani o utlwile sengwe ka ga mogare?	Nka fopholetsa ka kitsyo me ke gore o utlwile sengwe ka ga mogare o mo TV.
Potso ya goring	Dikarabo tse di solo fetsweng
Goreng o akanya gore Hulisani o ne a bua le morutabana wa gagwe fa sekolo se tswa?	<ul style="list-style-type: none"> • Ka gone o batla go netefatsa fa morutabana wa gagwe a itseng sengwe ka ga mogare o. • Ka gone o bona barutwana ba bangwe ba dira dilo tse di ka tlisang go sa itekanelang le go sa babalesegile kgatlhanong le mogare o. • Ka gone o batla go abelana tshedimosetso e a ithutileng ka ga go nna o itekanetse le go babalesegile kgatlhanong le mogare o. • Ka gone o batla go netefatsa gore barutwana ba bangwe mo phaposing ya bona ba ithuta ka ga go nna ba itekanetse le go sireletsega kgatlhanong le megare fela jaaka ena.



Puisokaelo Ka Ditlhophha

30 metsotso

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labone.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotso e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labone.**
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.

Labotlhano



Ditirwana Tsa Go Reetsa Le Go Bua

15 metsots

TLOTLOFOKO YA THITOKGANG

- 1 Dirisa ditshwantsho, go diragatsa, go tlhalosa , go bua gore barutwana ba tlhaloganye(SDTB).
- 2 Kgomaretsa mafoko le ditshwantsho mo pating ya tlotlofoko.
 - tshasa
 - maseke
 - bontsha

Raeeme kgotsa pina	Ditiragatso
Mo mosong ke tlhana matsogo	<i>Barutwana ba bontsha go tlhana matsogo</i>
Ke tlhana matlho, tlhogo, matsogo, mmele	<i>Barutwana ba supa sefatlhego, tlhogo, matsosgo mmele</i>
Jaanong ke phepa, ke a itumela	<i>Barutwana ba a tlola tlola</i>
Sesepa le metsi, botsogo jo bontle x 2	

BUISANANG KA SETLHOGO SA BUKA YA PUISOKOPANELO

- 1 Kwala letlhomeso la puisano mo patitshokong
Mo kgannyeng eno
Kganny ye e nthuta gore...
Kganny e e golagana le thitokgang ya rona “ Go tshola mmele wa rona o le phepha
ebile o itekanetse” ka go nne....
- 2 Buisetsa barutwana letlhomeso.
- 3 Baya barutwana ka **ditlhhotshwana** tsa bona.
- 4 Bolelela barutwana gore ba refosane ka go abelana ka dikarabo tsa dipotso tsa puisano.
- 5 Bolelela barutwana gore mongwe le mongwe o tlide go tsaya karolo mo go arabeng
dipotso tsa puisano.
- 6 Kopa setlhophha se se rileng go abelana ka dikarabo tsa bona.
- 7 Fa dikarabo di fosagetse, di baakanye.
- 8 Lebogela ditshwaelo tsa barutwana.



Temogo Ya Medumopuo Le Medumopuo: 15 metsotso

Batla Lefoko

Kwala lenaane la medumo mo patitšhokong le le akaretsang medumo yotlhe e e ithutilweng mo kgweditharong e.

ph	tl	kg
a	m	e
ng	nt	ny
p	i	l
kw	mp	tsh
o	k	u
gw	tshw	tlh
g	n	n

DIRAGATSA

- 1 Boeletsa medumo yotlhe e e ikemetseng le e e pataganeng mo patitšhokong.
- 2 Tlhalosetsa barutwana gore ba na le metsotso e le 3 go dira mafoko a le mantsi a ba ka a kgonang ba dirisa medumo e e ikemetseng le e e pataganeng e e fa godimo.

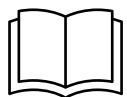
BARUTWANA BA A DIRA

- 1 Bolelela barutwana go bula dibuka tsa bona tsa go kwalela.
- 2 Laela barutwana go simolola go kwala.
- 3 Naya barutwana metsotso e le 3 go batla le go aga mafoko a le mantsi a ba ka a kgonang.
- 4 Letla barutwana go siamisa tiro ya bona
- 5 Kopa barutwana go abelana ka mafoko a ba a agileng, mme o a kwale mo patitšhokong.

LENANEO LA THEFOSANO YA MEDUMOPUO

Modumo/medumo: _____

Mafoko: _____



Puisokopanelo:

Morago Ga Puiso

15 metsotsos

MAANO A TEKOTLHALOGANYO: TSHOBOKANYO/ GO DIRA DIPHOPHOLETSO TSA KITSO

GO ANELA KGANG

- 1 Baya barutwana mo maemong a a siameng kwa mannong a bona, le dibuka tsa bona tsa go kwalela kgotsa matlhare a a phepa, dipensele le dikherayone
- 2 gore gompieno barutwana ba tla dira diphopholetsa tsa kitso le go thala ka se se tla diragalang morago fa kgang e tswelela.
- 3 **Diragatsa go bontsha barutwana fa o dira phopholetsa ya kitso ka se se tla diragalang morago, jaaka Ke akanya gore ka tsatsa le le latelang, ditsala tsa Hulisani di tla batla go apara sesirasefatlhego jaaka ena.**
- 4 Thala setshwantsho sa gago mo patitshokong sa ditsala tsa Hulisani di supa sesirasefatlhego sa gage , dira pudula ya puo e e reng, “ ke batla nngwe ya tsone”
- 5 Bolelela barutwana gore ba ya go dirisa kitso ya bona gore go ka diragalang morago
- 6 Kopa barutwana go tswalela mathlo a bona mme ba repe. Ba buisetse kgang gape.
- 7 Kopa barutwana go bula mathlo a bona mme ba thale dikakanyo tsa bona gore go ka diragalang
- 8 Laela barutwana go gadima ba bua mme ba abelane ka ditshwantsho tsa bona le balekane.



Puisokaelo Ka Ditlhophpha

30 metsotsos

DITLHOPHA: _____

- 1 Netefatsa gore barutwana botlhe ba tshotse **matlharetiro a puiso 10.**
- 2 Tlhalosetsa barutwana tirwana 1 ya **Labotlhano.**
- 3 Bitsa setlhophpha sa ntlha go tla go dira le wena.
- 4 Morago ga metsotsos e le 15 laela setlhophpha go boela kwa mannong a bona.
- 5 Dira tirwana ya go **refosana puiso**
- 6 Tlhalosetsa barutwana tirwana 2 ya **Labotlhano.**
- 7 Bitsa setlhophpha 2 go tla go dira le wena.
- 8 Tlatsa mosupatsela wa gago go bontsha ditlhophpha tse o buisitseng le tsona le se ba se buisitseng.
- 9 Kwala dintlha ka ga diphetogo tse o tshwanetseng go di dira mo ditlhopheng kgotsa ditirwana.



Poeletso ya dirutwa tsa puo ya beke

15 metsotsos

- 1 Baya barutwana mo mosemeng kwa bofelong ba letsatsi.
- 2 Dira poeletso ya beke ya thuto ya puo. O ka boeletsa puo ya gae le sekgorwa ka gangwe.
- 3 Gakologelwa gore barutwana ba ‘gadima ba bua’, mme ba abelane ka dikarabo le molekane. Jaanong tlhopha barutwana ba le mmalwa go abelana le bothhe ka mo phaposing ka dikarabo tsa bona.
- 4 Dirirsa dipotso tse go rotloetsa barutwana go bua:
 - a **Setlhogo sa moleatsa sa beke e ke eng?**
 - b Re buositse dikgang dife mmogo?
 - c **Ke mafoko afe a mantšhwa?**
 - d O ithutileng mo dikgannyeng tse re di buisitseng mo bekeng e?
 - e Re kwadile ka ga eng mo bekeng e?
 - f Go kwala ga gago go tokafetse jang mo bekeng e?
 - g Go buisa ga gago go tokafetse jang mo bekeng e?
 - h **O ipela ka eng mo bekeng e?**
- 5 Jaanong laela barutwana gore fa ba tsena kwa gae ba bolelele ba lelapa ka se ba se ithutileng mo bekeng le ditokafalo tse ba di fitlheletseng.

Ela tlhoko: Go itlhatlhoba le go ikakanya go botlhokwa mo go ithuteng ga barutwana. O se ka wa tlogela kgato eno ya beke le beke.