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Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

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2030
NDP

Moralo le Tereka ya ho Iphumana (ATP)

Puo ya Lapeng: Sesotho



Kereiti 1 Kotara 3



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Selelekela

Matitjhere a mohato o tlase a ratehang,

Sewa se seholo sa COVID 19 se re siile le phephetso e kgolo thutong. Ha re kgutlela ho ‘sekolo se tlwaelehileng’, bohole re lokela ho sebetsa ka matla le ka bohlale ho etsa bonnete hore mokgwa wa tshebetso wa rona o a iphumana. Sena ke se bohlokwa haholo mohatong o tlase wa thuto, moo bana ba ithutang tsebo ya ho bala le ho ngola. Afrika Borwa e hloka hore o etse ka matla ohle a hao o matlafatse baithuti ba hao ka tsebo ena, ele hore ha ba ithute feela ho bala, feela qetellong ba eba le bokgoni ba ho ‘balla ho ithuta’. Tokomane ena e bopetswe ho o thusa ho fihlella sena. Ka ho sebetsa ka moralo ona, re na le tshepo hore o tla kcona ho tobana le tahleheloa ya nako ya thuto le ho ruta, mme o behe baithuti ba hao boemong boo ba tshwanetseng ho ba ho bona. Re lebohela boinehelo, boikitlaetso mmoho le ho sebetsa ka thata ho hlokahalang ho tswa ho wena. O aha setjhaba sa rona ele ka nnete.

Re o lakaletsma mahlohonolo kotareng ena e tlang,

Sehlopha sa ho Iphumana le ho Tereka sa Moralo wa Thuto wa Selemo sa Lefapha la Thuto ya Motheo/NECT



Dipeelo tsa ho iphumana tsa Moralo wa Thuto wa Selemo

- Dibeke di 10 Kotareng ya 3 ya ho iphumana ya Lefapha la Thuto ya Motheo
- Dibeke tsena tse 10 di arotswe ka potoloho tse 5 tsa thuto.
- Potolohong ya beke tse ding le tse ding tse pedi, dikarolo tsohle tsa thuto ya puo di lokelwa ho akaretswa ka tsela e latelang, o sebedisa nako e nyane:

BONYANE BA CAPS TEKANYETSO YA NAKO	KEREITI 1	KEREITI 2	KEREITI 3
Ho mamela le ho bua	Metsotso e 45	Metsotso e 45	Metsotso e 45
Ho Bala le Medumo	Dihora tse 4 metsotso e 30	Dihora tse 4 metsotso e 30	Dihora tse 4 metsotso e 30
Mongolo	Hora e 1	Metsotso e 45	Metsotso e 45
Ho ngola	Metsotso e 45	Hora e 1	Hora e 1
KAKARETSO	DIHORA TSE 7	DIHORA TSE 7	DIHORA TSE 7

Tsebo ya Puo ya Lapeng

- Boiphumano ba Moralo wa Thuto wa Selemo (ATP) ya puo ya lapeng e hlophisitswe ho bontsha matitjhere hore ke tsebo efe eo ba tshwanetseng ho aha ho yona bakeng sa karolo e nngwe le enngwe ya thuto.
- Ho bohlokwa ho elellwa hore dibeke tse ding le tse ding tse pedi, tsebo e boptjwang e a tshwana karolong le karolong, e le hore ho be le pheta-pheto e ngata bakeng sa ho aha le matlafatsa tsebo.

Dikahare tsa Puo ya Lapeng

- Potoloho ya beke tse ding le tse ding tse pedi, matitjhere a lokela ho kgetha mookotaba.
- Mookotaba ona o hlalosa dikahare tsa potoloho eo.
- Mohlala, ha titjhere a kgetha mookotaba '**Lebala la dipapadi**', dikahare tsohle di lokela ho ikamahanya le mookotaba ona, di kenyelletsa le:
 - a Tlotlontswa e rutwang, mohlala: **bapala, palama, swinka, kotsi, monate, thabisa, jj.**
 - b **Diraeme kapa dipina** tse rutwang. **Ha a yo mathata**
 - c Pale e balwang ka nako ya **Ho bala ka kopanelo**, mohlala: Pale ya sehlooho sa: **Ke rata ho bapala.**
 - d **Mosebetsi wa Ho Ngola** oo baithuti ba tshwanetseng ho o phetha, mohlala: **Ngola polelo tse 2 ka seo o ratang ho se bapala lebaleng la dipapadi.**

Medumo le Ho bala ka tataiso ya sehlopha.

- Ho bala ka tataiso ya sehlopha le medumo, ke tsona feela tseo dikahare tsa tsona di sa amaneng le mookotaba.
- Bakeng sa ho ithuta ho bala, baithuti ba lokela ho rutwa medumo ya puo ka mokgwa wa tatellano, le mokgwa wa ho arola le ho kopanya medumo ena.
- Ebe, ba ikwetlisa ho bala mantswe le dipale ba sebedisa tsebo ya bona ho qapodisa mantswe.

Ha re lekoleng hore ke bokgoni le dikahare dife tse thathamitsweng Moralong wa Thuto wa Selemo (ATP) bakeng sa Kereiti 1 Kotara 3:

KAKARETSO YA BOIPHUMANO YA MORALO WA THUTO WA SELEMO: KEREITI 1 KOTARA 3	
HO MAMELA LE HO BUA	
1	Etsa thothokiso le diraeme ebole o etsa ka diketso.
2	Bua ka boiphihlelo ba hae, mohlala, o bua ditaba tse ntjha a sa di phethe.
3	Mamela tlhahlamano ya ditaelo mme a arabele ka tshwanelo.
4	Mamela ntle le tshitiso, a bontshe sebui hlompho.
5	Eba le seabo dipuisanong, a botsa ebole a araba dipotso.
6	Mamela pale ka kgahleho le ka thabo, a take setshwantsho mme a ngole le sehlooho sa sona.
7	Mamela dintlha ka botlalo dipaleng mme a arabe dipotso tse bulehileng.
8	Sebedisa tlotlontswe e ntseng e eketseha ha a bua.
9	Utlwisia le ho sebedisa puo ka nepo ya dithuto tse fapaneng.
10	Bapala maemo a fapaneng ka bonketsiane.
11	Tlhahlamanya ditshwantsho tsa pale mme a be a nepanye setshwantsho le sehlooho sa sona.
12	Hlwaya phapang le ho tshwana a sebedisa tlotlontse e nepahetseng.
MEDUMO	
Tlhokomediso ho titjhere:	
<ul style="list-style-type: none">• Etsa bonnate hore o bopa le ho qhaqholla mantswe• Ka ho utlwa (tlhokomediso ya medumo/phonemic awareness)• Ka ho utlwa le ho bona (medumo/phonics)	
1	Hlwaya dikamano tsa tlhaku le modumo ya ditlhaku tsohle
2	Bopa le arola mantswe a sebedisa medumo yohle e rutilweng, tse kenyelletsa: tumanotshi, didumiswa tse kopantsweng, ditshwantsho tsa ditumanotshi mmoho le didumiswa tse pedi.
3	Bala mantswe ho tswa thutong tsa medumo dipolelong le ditemeng tse ding.
4	Ithuta ho peleta mantswe a leshome ka beke a nkilweng dithutong tsa medumo le mantswe a hlhang kgafetsa.
5	Hlwaya modumo o qalang mmoho le senoko sa ho qetela dipateroneng tse rarahaneng
6	Hlophissa mantswe ka modumo mmoho le dihlopha tsa malapa a ona.
7	Bopa mantswe a ditlhaku tse 3 a sebedisa ka tlhaku e lenngwe
8	Elellwa le ho bala: <ul style="list-style-type: none">a Elellwa ditlhaku tse tharo tsa didumammo ho tse ikemetseng ha di hlahella mantsweng (mohl: ntlo, ntjha, mpho)b Boeletsa medumo e tswakilweng e bopilweng ka ditlhaku tse pedi (mohl: kgala, hloma, nyeka)c Elellwa medumo ya didumannotshi e tswakilweng mantsweng (mohl: hlooho, sephooko, feela)d Elellwa medumo e tshwaetsanang qalong ya mantsweng (mohl: nkgo, nka, jwang)e Sebedisa metswako ya didumammo ho bopa le ho qhaqholla mantswe (nyatsa = ny-a-ts-a)f Elellwa medumo e qalang le dinoko tse qetellong, dipaterone tse rarahaneng (tjho-tjho-se-la-ng, pha-pha-tha-ng)g Elellwa didumannotshi tse phahameng le tse tlase mantsweng a ngolwang ka ho tshwana (mohl: kopa – Ke kopa metsi, Lebanta le mo kopa hantle, bona – Ke bona setshwantsho, Ke tsamaya le bona)

MONGOLO

- 1** Bopa ditlhaku tse nyane le tse ding tse kgolo ka nepo.
- 2** Bopa dinomoro ka nepo
- 3** Kopa le ho ngola dipolelo tse kgutshwane ka nepo
- 4** Siya sebaka se lekaneng pakeng tsa mantswe polelong.
- 5** Sebebedisa disebediswa tsa ho ngola ka nepo: pensele, raba, rula.

HO BALA KA TATAISO YA SEHLOPHA

Tlhokomediso ho titjhere:

- *Dudisa bana ka dihllopha tsa bokgoni bo tshwanang ba ho bala.*
 - *Kgetha diratswana/dibuka ka boemo ba tsebo ya ho bala ya sehlopha ka seng*
 - *Mamela setho sa sehlopha ka seng ha se bala ka bo mong mme o fane ka tataiso ha ba bala.*
- 1** Sebedisa medumo, mantswe a hlhang kgafetsa, bokgoni ba ho peleta le ho qapodisa ho hlopholla maemo le sebopheho ha a bala.
 - 2** Sebedisa moeelo wa taba le tsebo ya ho hlahloba bakeng sa kutlwisiso.
 - 3** Tswela pele ho aha tloltlontswe e hlhang kgafetsa.
 - 4** Bala ka bokgeleke bo eketsehang le ka maikutlo.
 - 5** Itekola ha a bala, boemong ba ho elellwa mantswe le kutlwisiso.

HO BALA KA BOIKEMELO

- 1** Balla hodimo a balla motswalle.
- 2** Bala mongolo wa hae le wa ba bang

HO BALA KA KOPANELO

- 1** Bala buka e le baithuti kaofela padisommohong / Mamela le ho latela ha titjhere a bala buka
- 2** Hlwaya tlhahlamano ya diketsahalo.
- 3** Sebedisa bokantle ba buka le ditshwantsho ho akanya/noha.
- 4** Araba dipotso tsa monahano o phahameng ka tema e badilweng.
- 5** Fana ka maikutlo a hae ho se badilweng.
- 6** O toloka tlhahisoleseding ho tloha diphousetareng, le ditshwantshong le ho ditafole tse bonolo tse jwaloka khalendara
- 7** Sekaseka tshebediso ya ditlhaku tse kgolo le kgutlo
- 8** Hlwaya mohopolo le mophetwa wa sehlooho paleng
- 9** Hlwaya sesosa le ditlamorao paleng

HO NGOLA

Tlhokomediso ho titjhere:

- Sebedisa mesebetsi ya ho ngola ka kopanelo ho bontsha mehato ya ho ngola (mekgwaritso, ho ngola le ho phatlalatsa)
- Fana ka sebopeho (foreimi) sa ho ngola ho thusa baithuti ho ngola dipale tsa bona.

1 Ba le seabo dipuisanong ho kgetha sehlooho seo ho tla ngolwa ka sona.

2 Aha pokello ya mantswe le bukantswe/dikshenare eo a iketsedsitseng yona.

3 O phetha mesebetsi ya mongolo, e kenyelletsang mokgwaritso, ho ngola le ho phatlalatsa:

- a** Ngola polelo a sebedisa mantswe a tlwaelehileng le medumo eo a ithutileng
- b** Ngola le bontsha ka polelo e kgutshwane sehloohong se itseng ho phehisa bukeng ya sekgutlwana sa bala
- c** Ngola tema ya maikutlo e jwaloka karete ya takaletso ya bophelo bo botle, posekarete, jj.

4 O hlwaya a be a sebedise puo ka nepo, ho kenyelletsa le:

- a** Matshwao a puo: kgutlo, ditlhaku tse kgolo, masupi,
- b** Maemedi
- c** Mabitso
- d** Lekgathe lefetile

HO THEHA TLWAELO YA HO ITHUTA PUO

- E meng ya mekgwa ya ho etsa bonneta ba hore o sebedisa nako e lekanyeditsweng ka nepo ho akaretsa tsebo yohle e Moralong wa Thuto ya Selemo (ATP), ke ho theha tlwaelo ya ho ithuta puo.
- Tlwaelo e sisintsweg ya beke le beke, e ka sebediswang potolohong ya beke tse pedi e ya latela.
 - Tlwaelo ena e sebedisa **BONYANE BA NAKO** bakeng sa puo ya lapeng (dihora tse 7).
 - Tlwaelo ena e hlophisisitswe ho sebetsa dikereiting tsohle

Tlwaelo e sisintsweng ya beke bakeng sa puo ya lapeng ya motheo o tlase wa thuto

LETSATSI	KAROLO	MOSEBETSI	NAKO: KAKARETSO	NAKO: HO BUA LE HO MAMELA	NAKO: HO BALA LE MEDIUMO	NAKO: MONGOLO	NAKO: HO NGOLA
Mantaha	HO BUA LE HO MAMELA	Mesebetsi ya molomo	Metsotsso e 15	Metsotsso e 15			
	MONGOLO	Tekanyetso e seng ya semmuso	Metsotsso e 15			Metsotsso e 15	
	HO BALA LE MEDIUMO	Ho bala ka kopanelo	Metsotsso e 15			Metsotsso e 15	
HO NGOLA		Tshebetsos le ho ngola ka kopanelo	Metsotsso e 30				Metsotsso e 30
	HO BALA LE MEDIUMO	Ho bala ka tataiso ya sehlophha	Metsotsso e 30			Metsotsso e 30	
	MONGOLO	Ruta modumo le mantswe a matjha	Metsotsso e 15			Metsotsso e 15	
Labobedi	HO BALA LE MEDIUMO	Ruta tlhaku le mantswe a matjha	Metsotsso e 15			Metsotsso e 15	
	MONGOLO	Ho bala ka kopanelo	Metsotsso e 15			Metsotsso e 15	
	HO BALA LE MEDIUMO	Ho bala ka tataiso ya sehlophha	Metsotsso e 30			Metsotsso e 30	
Laboraro	HO BUA LE HO MAMELA	Mesebetsi ya molomo	Metsotsso e 15			Metsotsso e 15	
	HO BALA LE MEDIUMO	Ruta modumo le mantswe a matjha	Metsotsso e 15			Metsotsso e 15	
	MONGOLO	Ruta tlhaku le mantswe a matjha	Metsotsso e 15			Metsotsso e 15	
HO NGOLA		Tshebetsos le ho ngola ka kopanelo	Metsotsso e 30				Metsotsso e 30
	HO BALA LE MEDIUMO	Ho bala ka tataiso ya sehlophha	Metsotsso e 30			Metsotsso e 30	
	MONGOLO	Kwetlisos ya mediumo	Metsotsso e 15			Metsotsso e 15	
Labone	HO BALA LE MEDIUMO	Tshebetsos le ho ngola ka kopanelo	Metsotsso e 15			Metsotsso e 15	
	HO BALA LE MEDIUMO	Ho bala ka tataiso ya sehlophha	Metsotsso e 30			Metsotsso e 30	
	MONGOLO	Mesebetsi ya molomo	Metsotsso e 15			Metsotsso e 15	
Labohlano	HO BUA LE HO MAMELA	Kwetlisos ya mediumo	Metsotsso e 15			Metsotsso e 15	
	HO BALA LE MEDIUMO	Tshebetsos le ho ngola ka kopanelo	Metsotsso e 15			Metsotsso e 15	
	MONGOLO	Ho bala ka tataiso ya sehlophha	Metsotsso e 30			Metsotsso e 30	
				Dihora tse 7	Metsotsso e 45	Dihora tse 4 le metsotsso e 30	Hora e 1

Na o a bona hore nako e lekantsweng ya karolo e nngwe le engwe e nepahetse?

Mesebetsi e sisintsweng bakeng sa motheo o tlase wa thuto (FP) (o tobaneng le dipeelo tsa Moralo wa Thuto wa Selemo).

- Ka lebaka la hore bongata ba bokgoni bo tshwanang bo lokela ho ntlafatswa, e kaba mohopolo o motle ho etsa mesebetsi e tshwanang kapa ho e pheta beke le beke.
- Hona ho etsa bonneta ba hore o akaretsa tsebo kapa bokgoni bohle bo hlokwang Moralong wa Thuto wa Selemo.
- Ho etsa hape le hore ho ruta le ho ithuta ho hlophehe hantle, hobane hang ha baithuti mmoho le wena le tlwaetse mesebetsi, nako e ka senywang ditlhalosong e a bolokeha.
- Moralo o latelang o sisinya mesebetsi e ka etswang kgafetsa beke le beke ho fihlella dipeelo tsa Moralo wa Thuto wa Selemo.
- Moo tsebo kapa dikateng di lokelang ho akaretswa (ho ya ka Moralo wa Thuto wa Selemo) tsena le tsona di lokela ho kenyelletswa.
- Hlokomela: Matitjhere a lokela ho sebedisa mesebetsi ya buka ya mosebetsi ya DBE ha ho hloka hala.

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Mantaha	HO MAMELA LE HO BUA	Mesebetsi ya molomo	<ul style="list-style-type: none"> • Tsebisa mookotaba • Ruta mantswe a 3 a tlolontswe • Ruta pina kapa raeme
	MONGOLO	Tekanyetso eo e seng ya semmuso	<ul style="list-style-type: none"> • Fana ka tekayetso eo e seng ya semmuso ho bona hore baithuti ba hopola mantswe le medumo e rutilweng nako e fetileng • Hlahloba hape mongolo – popo ya ditlhaku, tlhaku tse kgolo, sebaka
	HO BALA LE MEDUMO	Ho bala ka kopanelo MOSEBETSI PELE HO PADISO	<ul style="list-style-type: none"> • Mosebetsi pele ho padiso • Bontsha baithuti ditshwantsho ho tswa paleng • Ba botse ho etsahalang • Ba kope ba nohe se etsahalang

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Mantaha	HO NGOLA (Potoloho ya beke 1)	Tshebetso le ho ngola ho kopaneng: HO RALA	<ul style="list-style-type: none"> • Bolella baithuti sehlooho • Bolella baithuti mosebetsi wa ho ngola oo o o kgethileng, mohlala: <ul style="list-style-type: none"> a Ngola polelo a sebedisa mantswe a tlwaelehileng le medumo eo a ithutileng b Ngola le ho bontsha ka polelo e kgutshwane sehloohong se itseng ho phehisa bukeng ya sekgutlwana sa ho bala c Ngola seratswana se le 1 sa bonyane ba dipolelo tse pedi, ka boiphihlelo ba hae d Karete ya ditakaletso tsa bophelo bo botle / posekarete • Bontsha baithuti hore ba KGWARITSE/RALE jwang mongolo wa bona ka ho taka ditshwantsho le ho kenyеletsa dihlooho tsa ditshwantsho • Kopa mehopolo ya moralo (ho ngola ka kopanelo) • Bolella baithuti ho phethela meralo ya bona (ba se kopisane) • Ebe, o ngola foreimi ya ho rala bakeng sa polelo ya pele tlapangollong, le ho bontsha baithuti hore o e phethela jwang (ho ngola ka kopanelo). • Siya foreimi ya polelo tlapangollong, mme o bolelle baithuti ho ngola dipolelo tsa bona
	HO BALA LE MEDUMO	Ho bala ka tataiso ya sehlopha DIHLOPHA TSE 2 METSOTSO E 15	<ul style="list-style-type: none"> • Efa phaposi mosebetsi wa medumo wa ho ngola (ka bobedi kapa ka ho boikemelo) • Bala ho tswa ho buka ya mosebetsi ya DBE kapa dibalwa • Bitsa sehlopha se senyane ho sebetsa le wena (ba nang le bokgoni bo lekanang ba ho bala) • Boeletsa medumo le mantswe a hlahang kgafetsa mmoho le sehlopha • Efa sehlopha tema boemong ba bona • Mamela moithuti ka mong ha a bala.

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Labobebdi	HO BALA LE MEDUMO	Ruta modumo o motjha le mantswe	<ul style="list-style-type: none"> • Sebedisa lenaneo la medumo ka mokgwa wa puo ya hao • Ruta baithuti ho bala modumo o motjha • Ba rute ho bala mantswe a sebedisang modumo o motjha le medumo e rutilweng (mantswe a qhaqhollehang) • Ba bontshe hore ba qhaqholle le ho bopa mantswe jwang (qala ka mantswe a ditlhaku tse 3 tse sebedisang modumo o le mong) • Etsa mesebetsi e loketseng ya buka ya mosebetsi ya DBE

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Labobebdi	MONGOLO	Ruta tlhaku e ntjha le mantswe	<ul style="list-style-type: none"> Ke mohopolo o motle ho tsamaisa mongolo le medumo Ruta baithuti hore ba ngole jwang tlhaku kapa modumo oo ba ithutileng Ruta baithuti hore ba ngole mantswe le dipolelo jwang ba sebedisa modumo Ruta baithuti ho kopisa polelo e kgutshwane e sebedisang modumo le mantswe ao ba ithutileng ona Ruta baithuti ho bopa dinomoro ka nepo Lokisa tshwaro ya baithuti ya pensele, boemo, popo ya tlhaku, sebaka le boholo Etsa mesebetsi e loketseng ya buka ya mosebetsi ya DBE
	HO BALA LE MEDUMO	Ho bala ka kopanelo PADISO YA PELE	<ul style="list-style-type: none"> Padiso ya pele Balla baithuti pale ka bokgeleke le ka maikutlo. Emisa o hlalose moo ho hlokalang. Supa o be o hlalose dikarolwana tsa puo, tse kenyaletsang: <ul style="list-style-type: none"> a Matshwao a puo, b Ditlhaku tse kgolo le kgutlo Kamora ho bala, botsa dipotso tse latelang. <ul style="list-style-type: none"> a Hopola (mang, kae, neng, eng, jj). b Hlwaya baphetwa ba sehlooho c Hlwaya mohopolo wa sehlooho d Tatelano (ho etsahetseng pele, hwa latela, qetellong) e Mohopolo (o ratile / o nahana eng ka / jj)
	HO BALA LE MEDUMO	Ho bala ka tataiso ya sehlopha DIHLOPHA TSE 2 METSOTSO E 15	<ul style="list-style-type: none"> Efa phaposi mosebetsi wa medumo wa ho ngola (ka bobedi kapa ka ho boikemelo) Bala ho tswa ho buka ya mosebetsi ya DBE kapa dibalwa Bitsa sehlopha se senyane ho sebetsa le wena (ba nang le bokgoni bo lekanang ba ho bala) Boeletsa medumo le mantswe a hlhang kgafetsa mmoho le sehlopha Efa sehlopha tema e boemong ba bona Mamela baithuti ka bong ha bala ka boikemelo

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Laboraro	HO MAMELA LE HO BUA	Mesebetsi ya molomo	<ul style="list-style-type: none"> Ruta mantswe a 3 a tlolontswe ya mookataba. Bina pina kapa raeme/thothokiso Etsa mosebetsi o mong, mohlala: <ul style="list-style-type: none"> a Ditaba – Kopa baithuti ba 2 ho o qoqela ditaba tse ntjha b Pheta pale ya boiqapelo – Kopa baithuti bohle ho iqapela pale ka tema e itseng mme ba phetele molekane c Supa phapang le ho tshwana ha dintho
	HO BALA LE MEDUMO	Ruta modumo o motjha le mantswe	<ul style="list-style-type: none"> Sebetsa lenaneo la medumo ka mokgwa wa puo ya hao. Ruta baithuti ho bala modumo o motjha Ba rute ho bala mantswe a sebedisang modumo o motjha le medumo e rutilweng (mantswe a qapodisehang) Ba bontshe hore ba qapodise le ho bopa mantswe jwang (qala ka mantswe a ditlhaku tse 3 tse sebedisang modumo o le mong) Etsa mesebetsi e loketseng ya buka ya mosebetsi ya DBE
	MONGOLO	Ruta tlhaku e ntjha le mantswe	<ul style="list-style-type: none"> Ke mohopolo o motle ho tsamaisa mongolo le medumo Ruta baithuti hore ba ngole jwang tlhaku kapa modumo oo ba ithutileng Ruta baithuti hore ba ngole mantswe le dipolelo jwang ba sebedisa modumo Ruta baithuti ho kopisa polelo e kgutshwane e sebedisang modumo le mantswe ao ba ithutileng ona Ruta baithuti ho bopa dinomoro ka nepo Lokisa tshwaro ya baithuti ya pensele, boemo, popo ya tlhaku, sebaka le boholo Etsa mesebetsi e loketseng ya buka ya mosebetsi ya DBE
	HO NGOLA (Potoloho ya Beke 1)	Ho ngola le tshebetso ya ho ngola ka kopanelo HO RALA	<ul style="list-style-type: none"> Hopotsa baithuti ka mosebetsi wa ho ngola Ngola moralo wa hao le polelo ya pele tlapangollong Ngola foreimi ya ho ngola tlapangollong Bontsha baithuti hore ba RALE jwang mongolo wa bona Borella baithuti hore ba sebedise moralo wa bona mmoho le foreimi ya mosebetsi ho ngola polelo Borella baithuti ho balla molekane mongolo wa bona

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Laboraro	HO BALA LE MEDUMO	Ho bala ka tataiso ya sehlopha DIHLOPHA TSE 2 METSOTSO E 15	<ul style="list-style-type: none"> Efa phaposi mosebetsi wa medumo wa ho ngola (ka bobedi kapa ka bo mong) Bala ho tswa ho buka ya mosebetsi ya DBE kapa dibalwa Bitsa sehlopha se senyane ho sebetsa le wena (ba nang le bokgoni bo lekanang ba ho bala) Boeletsa medumo le mantswe a bonwang mmoho le sehlopha. Efa sehlopha tema e boemong ba bona Mamela moithuti ka mong ha a bala ka boikemelo.

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Labone	HO BALA LE MEDUMO	Boikwetliso ba medumo	<ul style="list-style-type: none"> Boeletsa medumo e mmedi e rutilweng ka Labobedi le Laboraro Etsa mosebetsi wa medumo mmoho le phaposi, mohlala: <ul style="list-style-type: none"> a Kopanya medumo mmoho ho bopa lenseswe b Arola mantswe ka medumo c Arola mantswe ka dinoko d Arola mantswe ka qaleho le ka meretheto. Hlophisa mantswe ka sehlopha sa mantswe a lelapa e Hlophisa mantswe ka medumo e tlwaelehileng ya malapa f Etsa mesebetsi e loketseng ya buka ya mosebetsi ya DBE
	HO BALA LE MEDUMO	Ho bala ka kopanelo PADISO YA BOBEDI	<ul style="list-style-type: none"> Padiso ya bobedi Balla baithuti pale ka bokgeleke le ka maikutlo. Kamora ho bala, botsa dipotso tse kenyelletsang: <ul style="list-style-type: none"> a Tatelano (ho etsahetseng pele, hwa latela, qetellong) b Mohopolo (o ratile / o nahana eng ka / jj.) c Boemo bo hodimo (o nahana hobaneng ha o ne o ___ o ne o tla etsa / na ebe o ikamahanya le... / jj.) d Sesosa le ditlamorao Kopa baithuti ho ipopela dipotso tsa bona ka seratswana, mme ba botse molekane
	HO BALA LE MEDUMO	Ho bala ka tataiso ya sehlopha DIHLOPHA TSE 2 METSOTSO E 15	<ul style="list-style-type: none"> Efa phaposi mosebetsi wa medumo wa ho ngola (ka bobedi kapa ka ho bo mong) Bala ho tswa ho buka ya mosebetsi ya DBE kapa dibalwa Bitsa sehlopha se senyane ho sebetsa le wena (ba enang le bokgoni bo lekanang ba ho bala) Boeletsa medumo le mantswe a hlhang kgafetsa mmoho le sehlopha. Efa sehlopha tema e boemong ba bona. Mamela moithuti ha bala ka bo mong.

LETSATSI	KAROLO	MOSEBETSI	MESEBETSI E SISINYWANG
Labohlano	HO MAMELA LE HO BUA	Mesebetsi ya molomo	<ul style="list-style-type: none"> Ruta mantswe a 3 a tlotlontswe ya mookotaba Bina pina kapa o etse raeme/thothokiso Etsa mosebetsi o mong wa molomo <ul style="list-style-type: none"> a Beha baithuti ka dihlopha ho buisana ka seratswana, sebedisa foreimi (ke ratile... / ha ke a rata... / ke nahana seratswana sena se ngolletswe ho ...) b Pheta pale ka boiqapelo – Kopa baithuti ho sebetsa ka dihlopha mme ba kopanye tema ya pale.
	HO BALA LE MEDUMO	Boikwetiso ba medumo	<ul style="list-style-type: none"> Boeletsa medumo e mmedi e rutilweng ka Labobedi le Laboraro, mmoho le e meng e rutilweng kotareng ena. Etsa mosebetsi wa medumo le phaposi <ul style="list-style-type: none"> a Kopanya medumo mmoho ho bopa lenseswe b Arola mantswe ka medumo. c Bopa mantswe o sebedisa medumo (qala ka mantswe a ditlhaku tse 3 tse sebedisang modumo o le mong) d Ngola polelo ya hao o sebedisa mantswe a modumo e Etsa mosebetsi o loketseng wa buka ya mosebetsi ya DBE
	HO BALA LE MEDUMO	Ho bala ka kopanelo MOSEBETSI KAMORA PADISO	<ul style="list-style-type: none"> Mosebetsi kamora padiso Etsa mosebetsi ho kopanela le pale boemong bo tebileng, mohlala: <ul style="list-style-type: none"> a Tshwantshiso – beha baithuti ka dihlopha ho tshwantshisa pale b Pheta pale le motswalle – motswalle ka mong a qoqe pale ka tatelano e nepahetseng c Akaretsa – moithuti ka mong o phetela motswalle seo pale e neng e le ka sona ka dipolelo tse 2-3 d Taka setshwantsho ka pale mme o be o ngole sehlooho
	HO BALA LE MEDUMO	Ho bala ka tataiso ya sehlopha DIHLOPHA TSE 2 METSOTSO E 15	<ul style="list-style-type: none"> Efa phaposi mosebetsi wa medumo wa ho ngola (ka bobedi kapa ka ho bo mong) Bala ho tswa ho buka ya mosebetsi ya DBE kapa dibalwa Bitsa sehlopha se senyane ho sebetsa le wena (ba enang le bokgoni bo lekanang ba ho bala) Boeletsa medumo le mantswe a hlhang kgafetsa mmoho le sehlopha Efa sehlopha tema e boemong ba bona Mamela moithuti ka mong ha bala ka boikemelo.

Na o hlokometse hore ka hara karolo enngwe le enngwe, ditlwaelo di ya sebediswa? Sheba, ebe o eleletswe hore ditlwaelo di kenyel editswe:

MESEBETSI YA MOLOMO

- Mantaha: Tsebisa mookotaba, ruta tlotlontswe, ruta pina kapa raeme/thotokiso
Laboraro: Ruta tlotlontswe, bina pina kapa raeme, etsa mosebetsi o mong
Labohlano: Ruta tlotlontswe, bina pina kapa raeme, etsa mosebetsi o mong

MEDUMO LE HO NGOLA

- Mantaha: Fana ka tekanyetso eo e seng ya semmuso ho sheba bokgoni ba medumo le ho ngola
Labobedi: Ruta modumo o motjha le mantswe; ruta tsela ya ho ngola ditlhaku le mantswe
Laboraro: Ruta modumo o motjha le mantswe; ruta tsela ya ho ngola ditlhaku le mantswe
Labone: Etsa mosebetsi wa ho ikwetlisetsa ho sebedisa medumo e rutilweng
Labohlano: Etsa mosebetsi wa ikwetlisetsa ho sebedisa medumo e rutilweng

HO BALA KA KOPANENLO

- Mantaha: Pele ho padiso
Labobedi: Padiso ya pele
Labone: Padiso ya bobedi
Labohlano: Kamora padiso

MONGOLO

- Mantaha: Ho rala le ho thala
Laboraro: Ho thala

Na ebe sena se utlwahala? Ke diphetoho dife tseo o ka di etsang?



Medumo le ho bala ka tataiso ya sehlopha



Jwaloka titjhere ya mohato o tlase wa thuto, boikarabelo bo bohlokwa ka ho fetisa ke ho etsa bonneta ba hore baithuti ba tseba ho bala!

Ditataiso tsa motheo tseo o lokelang ho di latela ho ruta medumo ke ho:

- 1 Etsa bonneta hore o phetha lenaneo la medumo, le kenyehletsang medumo yohle ya hao.**
 - Lenaneo la medumo la NECT la Sesotho le kenyehletswe ka tlase - lokoloha ho le sebedisa, kapa o sebedise lenaneo le leng le leng le hlwailweng ke profense ya hao, setereke kapa sekolo.
- 2 Sebetsa lenaneo la hao ka mokgwa wa tatelano. Bakeng sa modumo o mong le o mong:**
 - Etsa bonneta hore baithuti ba utlwa modumo, mme ba kgona ho qoholla modumo mantsweng.
 - Ruta baithuti dikamano tsa lenseswe le modumo – kamoo modumo o shebahalang ka teng.
 - Kwetlisa ho kopanya modumo mmoho le medumo e meng e tsejwang ho bopa mantswe. Bala diratswana tse kenyehletsang mantswe a sebedisang modumo.
 - Boeletsa medumo yohle e rutilweng kgafetsa.

Ditataiso tsa motheo tseo o lokelang ho di latela ho ruta ho bala ke ho:

- 1 Hlophisa baithuti ka dihlopha tsa bokgoni ba bona ba ho bala.
- 2 Bitsa sehlopha ka seng ho o balla, bonyane hang ka beke.
- 3 Baithuti ba sokolang, leka ho ba mamela habedi kapa hararo ka beke.
- 4 Sebedisa tema e nepahetseng – ka dihlopha tse ding, o ka iphumana o sebetsa tabeng ya ho boeletsa medumo le ho etsa popo ya mantswe.
- 5 Ha o sebetsa le sehlopha, mamela moithuti ka mong a bala ka boikemelo.
- 6 Ruta baithuti ho qapodisa mantswe ao ba sa a tsebeng kamehla – ha moithuti a fihla lensesweng leo a sa tsebeng ho le bala, mo thuset ho le qapodisa. O se ke wa le feta kapa wa bitsa moithuti e mong ho bala lensesweng leo.
- 7 Ka nako ya ho bala ka tataiso ya sehlopha, beha baithuti ka bobedi ho phetha mesebetsi ya ho bala mmoho, ha o ntse o sebetsa le sehlopha se senyane.

Lenaneo la medumo: Puo ya Lapeng Sesotho

- Ho bohlokwa ho ruta baithuti medumo yohle ya puo ka mokgwa wa tatelano.
- Medumo e rutilweng lenaneong la medumo la Sesotho Puo ya Lapeng la NECT e tlhahlamantsitswe ka tlase – lokoloha ho e sebedisa jwalo ka tataiso.
- Ka lebaka ka sewa se seholo, bana ba bangata ba fetilwe ke thuto e bohlokwa ya medumo.
- Ka kopo fumana hore ke medumo efe eo baithuti ba e tsebang le eo ba sa e tsebeng, mme o sebetse lenaneo ka mokgwa wa tatelano, ho tobana le thuto eo baithuti ba sa e tholang.

Ela hloko:

- **Medumo e ka dibolokong tse putswa** ke e hlwailweng ho tswa ho ATP ya Kereiti ya 1 Kotara 3
- Etsa bonneta hore baithuti ba hao ba tseba medumo ena

MEDUMO SESOTHO				HLAHLOBA
MODUMO	MANTSWE A QAPODISEHANG			
a				
m	m-a-m-a = mama	a-m-a = ama		
o	o-n-a = ona	o-m-a = oma		
n	n-o-n-a = nona	n-a-n-a = nana	n-a-m-a = nama	
l	l-o-m-a = loma	l-o-n-a = lona	m-o-l-a = mola	
e	e-m-a = ema	e-m-e = eme	e-n-a = ena	
i	i-n-a = ina	i-l-e = ile	i-m-a = ima	
w	w-e-n-a = wena	w-o-n-a = wona	w-a-n-e = wane	
b	b-a-l-a = bala	b-a-n-a = bana	b-o-n-a = bona	
y	y-e-n-a = yena	y-o-n-a = yona	y-a-n-e = yane	
mm	mm-e = mme	mm-i-l-a = mmila	mm-o-n-e = mmone	
nn	nn-e = nne	b-a-nn-a = banna	nn-a-n-a = nnana	
ll	ll-a = lla	ll-e-l-a = llela	ll-i-l-e = llile	
u	u-l-u = ulu	b-u-l-a = bul	m-o-b-u = mobu	
k	k-a-m-a = kama	k-o-b-o = kobo	k-e-n-a = kena	
d	d-u-l-a = dula	d-i-l-a = dila	d-u-k-a = duka	
t	t-a-u = tau	t-o-l-a = tola	l-e-t-a-m-o = letamo	
s	s-e-s-a = sesa	s-o-m-o = somo	s-i-l-a = sila	
r	r-e-a = rea	r-u-a = rua	l-e-r-a-t-o = lerato	
h	h-u-l-a = hula	h-e-m-a = hema	h-o-k-o = hoko	
f	f-o-f-a = fofa	f-o-l-a = fola	f-e-l-a = fela	
p	p-a-n-a = pana	p-a-k-a = paka	p-e-p-a = pepa	
j	j-a-l-a = jala	j-e-l-e = jele	j-e-k-e = jeke	
q	q-a-l-a = qala	q-e-l-a = qela	q-o-q-a = qoqa	

MEDUMO SESOTHO				HLAHLOBA
MODUMO	MANTSWE A QAPODISEHANG			
mp	mp-a = mpa	mp-o-n-e = mpone	mp-e-h-a = mpeha	
nt	nt-a = nta	nt-a-t-e = ntate	nt-o-m-a = ntoma	
ng	ng-a-t-a = ngata	ng-o-l-a = ngola	m-o-ng-o-l-o = mongolo	
ny	ny-a-l-a = nyala	ny-e-k-a = nyeka	ny-o-k-o = nyoko	
kg	kg-o-m-o = kgomo	kg-e-n-a = kgena	kg-o-l-o = kgolo	
ph	ph-u-l-a = phula	ph-o-k-a = phoka	ph-e-m-a = phema	
tl	tl-a-l-a = tlala	tl-o-l-a = tlola	tl-a-m-a = tlama	
nk	nk-o = nko	nk-a = nka	m-o-nk-o = monko	
sh	sh-e-b-a = sheba	sh-a-p-a = shapa	sh-o-b-a = shoba	
hl	hl-a-p-a = hlapa	hl-o-l-a = hlola	hl-e-k-a = hleka	
ts	ts-o-k-a = tsoka	ts-e-k-a = tseka	l-e-ts-a-ts-i = letsatsi	
th	th-a-b-o = thabo	th-u-l-a = thula	th-i-p-a = thipa	
tj	tj-o-t-o = tjoto	tj-o-d-i-e-ts-a = tjodietsa	tj-a-l-e = tjale	
tw	tw-e-b-a = tweba	n-tw-a = ntwa	n-tw-e-n-g = ntweng	
jw	jw-a-l-a = jwala	jw-a-l-e = jwale	jw-a-n-g = jwang	
lw	lw-a-n-a = lwana	lw-a-n-e-l-a = lwanela	l-e-lw-a-l-a = lelwala	
rw	rw-a-l-a = rwala	rw-e-s-a = rwesa	m-o-rw-e-ts-a-n-a = morwetsana	
sw	sw-a-sw-a = swaswa	sw-a-b-i-l-e = swabile	m-a-sw-a-b-i = maswabi	
hw	hw-a-m-a = hwama	l-e-hw-a-t-a-t-a = lehwatata	hw-e-t-l-a = hwetla	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-kw-a-r-i-r-i = kwakwariri	
nw	nw-a = nwa	nw-e-l-e = nw-e-l-e	m-o-nw-a-n-a = monwana	
qw	qw-e-l-a = qwela	qw-a-qw-a = qwaqwa	qw-a-h-a - qwaha	
qh	qh-o-m-a = qhoma	qh-o-ts-a = qhotsa	m-a-qh-u-ts-u = maqhutsu	
aa	t-w-aa = twaa	m-aa-n-o = maano		
ee	f-ee-l-a = feela	l-ee = lee	s-e-l-ee-l-e = seleele	
oo	hl-oo-h-o = hlooho			
uu	th-uu-b-e = thuube	ph-uu! = phuu!	t-uu = tuu	
tsh	tsh-e-l-a = tshela	tsh-o-l-a = tshola	tsh-e-l-e-l-a = tshelela	
mph	mph-o-q-a = mphoqa	mph-a = mpha	mph-e-h-e-l-a = mphehela	
nkg	nkg-o = nkgo	nkg-o-n-o = nkgono	nkg-i-n-a = nkgina	
ntj	ntj-a = ntja	ntj-e-ll-a = ntjella	ntj-a-m-e-l-a = ntjamela	
nng	nng-w-e = nngwe	b-o-n-ngw-e = bonngwe	s-o-nng-w-e = sonngwe	

MEDUMO SESOTHO				HLAHLLOBA
MODUMO	MANTSWE A QAPODISEHANG			
ngw	ngw-a-n-a = ngwana	ngw-a-n-a-n-a = ngwanana	ngw-e-ts-i = ngwetsi	
nts	nts-u = ntsu	nts-e-b-a = ntseba	nts-i-p-a = ntsipa	
nth	nth-o = ntho	nth-u-l-a = nthula	nth-o-l-a = nthola	
ntl	ntl-o = ntlo	ntl-o-l-a = ntlola	ntl-e-l-a = ntlela	
tjh	tjh-a-b-a = tjhaba	tjh-e-l-e = tjhele	l-e-tjh-o-b-a = letjhoba	
tlh	tlh-a-p-a = tlhapa	tlh-a-p-i = tlhapi	tlh-o-l-o = tlholo	
tlw	n-tlw-a-n-a = ntlwana	u-tlw-a = utlwa	u-tlw-i-s-i-s-a = utlwisisa	
thw	thw-a-s-a = thwasa	d-i-thw-e-l-e = dithwele	m-o-thw-e-b-e = mothwebe	
shw	shw-e-l-e = shwele	s-e-shw-e-shw-e = seshweshwe	shw-e-shw-e = shweshwe	
qhw	qhw-a-e-l-a = qhwaela	qhw-e-ts-e = qhwetse	qhw-e-l-a = qhwela	
nqhw	nqhw-a-e-l-a = nqhwaela	nqhw-e-l-a = nqhwela	nqhw-e-ts-e = nqhwetse	
ntlh	ntlh-a = ntlha	m-a-ntlh-a = mantlha	ntlh-a-b-a = ntlhaba	
ntjh	ntjh-a = ntjha	ntjh-a-f-a-ts-a = ntjhafatsa	ntjh-e-i-l-e = ntjheile	
ntsw	ntsw-a-k-i = ntswaki	ntsw-a-k-e-l-a = ntswakela	ntsw-e-l-a = ntswela	
tlhw	tlhw-a-r-i-ts-a = tlhwaritsa	tlhw-a-r-e = tlhware	d-i-tlhw-a-r-e = ditlhware	
kgw	kgw-a-o = kgwao	kgw-a-r-i-ts-a = kgwaritsa	kgw-a-th-a = kgwatha	
hlw	hlw-a-y-a = hlwaya	l-e-hlw-a = lehlwa	hlw-a-hlw-a = hlwahlwa	
nthw	nthw-e-s-a = nthwesa	nthw-e-n-a = nthwena	nthw-a-n-a-n-y-a-n-a = nthwananyana	
tshw	tshw-a-r-a = tshwara	tshw-e-l-a = tshwela	tshw-a-y-a = tshwaya	
ntshw	ntshw-a-n-tsh-a = ntshwantsha	ntshw-e-l-a = ntshwela	ntshw-a-n-e-l-a = ntshwanelia	
nkgw	nkgwa-kg-w-a-th-o-ll-a = nkgwakgwatholla	nkgw-e-s-a = nkgwesa	nkgw-a-th-a = nkgwatha	
ntsh	ntsh-a = ntsha	ntsh-i-ts-e = ntshitse	ntsh-i-y-a = ntshiya	
tjhw	tjhw-a-tl-a = tjhwatla	tjhw-a-tl-e-h-a = tjhwatleha	tjhw-a-tl-e-h-i-l-e = tjhwatlehile	
mptjh	mptjh-e = mptjhe	mptjh-a-n-e = mptjhane		
ntlhw	ntlhw-e-l-a = ntlhwela	ntlhw-e-s-a = ntlhwesa	ntlhw-e-k-i-s-e-ts-a = ntlhwekisetsa	
ntjhw	ntjhw-a-t-l-e-l-a = ntjhwatlela	ntjhw-a-t-l-i-s-a = ntjhwatlisa	ntjhw-a-t-l-e-ts-e = ntjhwatletse	



Moralo wa mosebetsi wa Moralo le Tereka

- O ka nna wa kgetha ho sebedisa tlwaelo e hhalositsweng karolong e fetileng, kapa tjhe.
- Hore o kgetha tlwaelo efe ho e sebedisa, o lokela ho akaretsa karolo e nngwe le e nngwe ya puo ka beke.
- Hape hopola ho ela hloko nako e abetsweng karolo ka nngwe ka beke. Sheba leqepheng la 4.
- Sheba kakaretso ya boiphumano ya Moralo wa Thuto wa Selemo leqepheng la 5 bakeng sa tataiso.
- Sebedisa tereka e ka tlase ho bopa rekoto e bobewe ya mosebetsi oo o o etsang beke le beke.

Hopola, lenaneo le hlophisisitsweng la Puo ya Lapeng ya Kereiti 1- 3 la NECT le a fumaneha ho tswa webosaeteng: www.nect.org.za

Mookotaba 1:

Mosebetsi	Beke 1	Hlahloba	Beke 2
KAMOLOMO	TLOTLONTSWE:	TLOTLONTSWE:	
	PINA/RAEME:		
		MESEBETSI E MENG:	
MEDUMO	MEDUMO:	MEDUMO:	
		MESEBETSI:	
MONGOLO	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	

Mosebetsi	Bekе 1	Hlahloba	Bekе 2
HO BALAKA KOPANELO	SERATSWANA; DIPOTSO TSA KUTLWISISO;	SERATSWANA; DIPOTSO TSA KUTLWISISO;	
	MOSEBETSI KAMORA PADISO;	MOSEBETSI KAMORA PADISO;	
HO NGOLA	SEHLOOOHO LE MOSEBETSI;	SEHLOOOHO LE MOSEBETSI;	
HO BALAKA TATAISO YA SEHLOOPHA	DINTLHA;	DINTLHA;	

Mookotaba 2:

Mosebetsi	Beke 1	Hlahloba	Beke 2
KAMOLOMO	TLOTLONTSWE:	TLOTLONTSWE:	
	PINA/RAEME:		
		MESEBETSI E MENG:	
MEDUMO	MEDUMO:	MEDUMO:	
		MESEBETSI:	
MONGOLO	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	

Mosebetsi	Beke 1	Hlahloba	Beke 2	Hlahloba
HO BALA KA KOPANELO	SERATSWANA:		SERATSWANA:	
	DIPOTSO TSA KUTLWISISO:		DIPOTSO TSA KUTLWISISO:	
		MOSEBETSI KAMORA PADISO:		MOSEBETSI KAMORA PADISO:
				SEHLOOHO LE MOSEBETSI:
HO NGOLA	SEHLOOHO LE MOSEBETSI:			
HO BALA KA TATAISO YA SEHLOPHIA	DINTLHA:	DINTLHA:		

Mookotaba 3:

Mosebetsi	Beke 1	Hlahloba	Beke 2
KAMOLOMO	TLOTLONTSWE:	TLOTLONTSWE:	
	PINA/RAEME:		
		MESEBETSI E MENG:	
MEDUMO	MEDUMO:	MEDUMO:	
		MESEBETSI:	
MONGOLO	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	

Mosebetsi	Bekе 1	Hlahloba	Bekе 2
HO BALAKA KOPANELO	SERATSWANA; DIPOTSO TSA KUTLWISISO;	SERATSWANA; DIPOTSO TSA KUTLWISISO;	
	MOSEBETSI KAMORA PADISO;	MOSEBETSI KAMORA PADISO;	
HO NGOLA	SEHLOOOHO LE MOSEBETSI;	SEHLOOOHO LE MOSEBETSI;	
HO BALAKA TATAISO YA SEHLOOPHA	DINTLHA;	DINTLHA;	

Mookotaba 4:

Mosebetsi	Beke 1	Hlahloba	Beke 2
KAMOLOMO	TLOTLONTSWE:	TLOTLONTSWE:	
	PINA/RAEME:		
		MESEBETSI E MENG:	
MEDUMO	MEDUMO:	MEDUMO:	
		MESEBETSI:	
MONGOLO	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	

Mosebetsi	Beke 1	Hlahloba	Beke 2	Hlahloba
HO BALA KA KOPANELO	SERATSWANA:		SERATSWANA:	
	DIPOTSO TSA KUTLWISISO:		DIPOTSO TSA KUTLWISISO:	
		MOSEBETSI KAMORA PADISO:		MOSEBETSI KAMORA PADISO:
				SEHLOOHO LE MOSEBETSI:
				SEHLOOHO LE MOSEBETSI:
				SEHLOOHO LE MOSEBETSI:
HO NGOLA				
				DINTLHA:
				DINTLHA:
HO BALA KA TATAISO YA SEHLOPHIA				

Mookotaba 5:

Mosebetsi	Beke 1	Hlahloba	Beke 2
KAMOLOMO	TLOTLONTSWE:	TLOTLONTSWE:	
	PINA/RAEME:		
		MESEBETSI E MENG:	
MEDUMO	MEDUMO:	MEDUMO:	
		MESEBETSI:	
MONGOLO	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	MODUMO/MEDUMO, MANTSWE LE DIPOLELO:	

Mosebetsi	Beke 1	Hlahloba	Beke 2	Hlahloba
HO BALA KA KOPANELO	SERATSWANA:		SERATSWANA:	
	DIPOTSO TSA KUTLWISISO:		DIPOTSO TSA KUTLWISISO:	
		MOSEBETSI KAMORA PADISO:		MOSEBETSI KAMORA PADISO:
				SEHLOOHO LE MOSEBETSI:
HO NGOLA		SEHLOOHO LE MOSEBETSI:		DINTLHA:
HO BALA KA TATAISO YA SEHLOPHIA		DINTLHA:		



Lenaneo la tekanyetso

Tekanyetso ya ho ithuta

- **Lenane la tlhopiso** le latelang le kenyelletsa **dintlha tse bohlokwa tsa tsebo ya ho bala le ho ngola** bakeng sa baithuti ba hao hore ba tsebe ho eba le tsebo mohatong ona.
- Ena ke **tsebo ya motheo ya ho tseba ho ngola le ho bala** eo **baithuti bohole ba lokelang ho e fumana qetellong ya Kereiti 3.**
- Ha hona mokgwa o bobebwa ho latela ‘Tekanyetso ya ho ithuta’, kapa ‘Tekanyetso e thusang morutwana le titjhere ho fihlela sepheo sa thuto’.
- Ho o thusa ho etsa sena ka tsela ya maleba, o ka nna wa batla ho leka tse latelang:
 - Etsa **buka ya direkoto tsa tekanyetso**, mme o e boloke ho wena ka nako tsohle.
 - Buka ena e lokela ho ba le letshwao la LEKUNUTU.
 - Bukeng ena, **eba le karolo ya moithuti ka mong.**
 - Nakong yohle ya letsatsi, **ela hloko tshebetso ya baithuti**, mme o ngole dintlha tsa seo o se bonang mabapi le bokgoni bona.
- Ka ho qoholleha ela hloko **baithuti bao ba sa bontsheng kgatelopele**, mme o **sebetse le bona** ho tobana le diphehetso tsa bona.

Lenane la tlhopiso: Mohato o tlase Puo ya Lapeng

Bokgoni ba ho laola mosebetsi wa hae le boithati (Mesebetsi ya sehlooho)	✓
Latela ditakanyetso le ditebello ka phaposiburutelong	
Laola maikutlo a hae	
Sebetsa ka boikemelo	
Sebetsa mmoho le ba bang dithlophisong tsa sehlopha	
Tadimana le ho phethela mesebetsi nakong e lekantsweng	
Hopola le kgokahanya thuto e fetileng le thuto e ntjha	
Theha le ho boloka dikamano tse ntle	
Pheella le diphehetsong – ha a inehele	
HO MAMELA LE HO BUA	✓
Sebedisa tlotlontswe e ntseng e eketseha ha a bua	
Latela ditaelo	
Botsa dipotso	
Araba dipotso ka nepo, a sebedisa ka ho eketseha dipolelo tse ntse di thatafala le ho feta	
Sebedisa tsebo ya ho qoqa le ho buisana ka nepo	
TLHOKOMELO YA MEDUMO LE MEDUMO	✓
Arola mantswe ho ya ka medumo ya ona (ka kutlo)	
Kopanya medumo mmoho ka ho bitsa mantswe (Ka kutlo)	
Elellwa le ho bala mantswe ohle a rutilweng (o ithuta kgokahanyo ya tlhaku le modumo)	
Bopa le ho qhaqholla mantswe a ngotsweng a sebedisa medumo e rutilweng	

HO BALA	✓
Leka kamehla ho arola (qapodisa) mantswe a matjha a sebedisa tsebo ya modumo wa tlhaku.	
Bala ditema tsa leqephe la mosebetsi ka nepo le ka bokgeleke bo eketsehileng.	
KUTLWISO	✓
<i>Mohatong o tlase, bokgoni bona bo lokela ho ahwa nakong ya ho bala ka kopanelo – ha titjhere a balla seratswana se thata hodimo.</i>	
Bontsha kgahleho le ho batla ho tseba dipaleng tse balwang ka kopanelo.	
Araba dipotso tsa motheo tsa poeletso ka nepo.	
Fana ka mohopolo o nang le kelello, o tiileng ho dipotso tse ‘batlang lebaka’.	
Akaretsa diketsahalo tsa sehlooho tsa pale e balletsweng hodimo.	
Bua ka ho hlaka sepheo kapa molaetsa wa pale e badilweng.	
Hopola le ho hokanya dipale tsa nako e fetileng le tse ntjha.	
MONGOLO	✓
Tshwara pensele le disebediswa tsa ho ngola ka nepo – a sebedisa menwana e meraro ho tshwara	
Bopa ditlhaku tse rutilweng ka nepo le ka ho hlaka	
Ngola ka lebelo le hlokahalang – a qeta mosebetsi ka nako e lekantsweng	
HO NGOLA	✓
Sebedisa mongolo ho bua mohopolo wa hae (ha a kopitse)	
Ngola ka boikemelo (sebedisa maano a ho ngola ho phethela mosebetsi wa mongolo)	
Sebedisa tsebo ya nyallano ya modumo wa tlhaku ho ngola mantswe (mopeleto o qapilweng)	
Bala mongolo wa hae, a balla metswalle.	

Tekanyetso ya ho ithuta

- O ka kgetha ho iketsetsa **tekanyetso ya mosebetsi ya semmuso ya hao** (FAT) ho ya ka tataiso tse **Karolong ya Poeletso 4 ya CAPS**.
- Kapa, **mohlala wa tekanyetso ya mosebetsi ya semmuso ya Kotara 3 e kenyaleditswe ka tlase**. O ka sebedisa tekanyetso ena ya mosebetsi ya semmuso e le jwalo, kapa o ka e amahanya le maemo hore o e sebedise ka phaposiburuteleng ya hao.
- ‘Karete ya dintlha’ e kenyaleditswe moo o ka tlatsang sephetho sa tekanyetso ya baithuti ya karolo enngwe le enngwe. Re tshepa o fumane tataiso ena ya tekanyetso e le molemo.

Re tshepa o fumane tataiso ena ya tekanyetso e le molemo.

Tekanyetso ya thuto: Kareté ya dintitha	Mabitiso a baithuti	Ho mammela le ho bua	Medumo	Ho bala le kuttwisiso	Mongolo	Ho ngola	Ka kakaretso
				O ahama mantswe a sebedisa medumo e rutilweng selemoneng senia.	3.2	3.3	3.1
				O hilwaya ditschwantsho tsa diumanotschi dalongya mantswejwallowk sh-, ch-, th-	3.3	3.3	3.4
				O balla buka e boemong ba haee hodimo.	3.4	3.4	
				O sebedisa mantswe a bonwangs, medumo, tsobo ya kgetholla.			
				Araba dipitsos ka kotolloho. Araba dipitsosista boeme bo hodimo jwaloaka sesosa le ditlamoro.			
				O boopa ditthaku tse nyane ka nepoForms lower-case letters correctly.			
				O ngorla dipolelo tse 2 ka ditiba tsa haee a sebedisa popo e nepahetseng ya.			

Kereiti 1 Kotara 3: Mohlala wa Tekanyetso ya semmuso

3.1: HO MAMELA LE HO BUA/ KUTLWISISO	
SEPHEO	<p>Mamela a be a tadimane le seratswana ka ho:</p> <ul style="list-style-type: none"> Araba dipotso ka dintlha tsa seratswana Araba dipotso tse buleheling Hlwaya sesosa le ditlamorao seratswaneng
HO KENYWA TSHEBETSONG	<ul style="list-style-type: none"> Sena se ka etswa nako e nngwe le enngwe ho tloha bekeng ya 4 ho isa bekeng ya 7 Etsa sena ka bo Lahlano ka nako ya mosebetsi wa molomo: Sekaseka seratswaneng kapa ka bo Labohlano ka nako ya ho bala ka kopanelo: Mosebetsi ya kamora Padiso
MOSEBETSI	<ul style="list-style-type: none"> Sebedisa pale ya nako ya ho bala ka kopanelo ya beke e fetileng. Efa phaposi mosebetsi wa ho phethela mosebetsi. Ebe, o biletsha moithuti ka mong tafoleng ya hao ho phetha tekanyetso. Kopa baithuti ho araba mofuta wa dipotso tse 1-2 tse latelang ka seratswana: Dipotso tse otlolohileng ka dintlha <ol style="list-style-type: none"> 1 Mang..? 2 Eng...? 3 Neng...? 4 Jwang...? 5 Kae...? Dipotso tse bulehileng <ol style="list-style-type: none"> 1 O nahana...? 2 Na o ka etsa kgokahanyo...? 3 Ha o ne o le....o ne o tla etsa eng? Hobaneng? Sesosa le ditlamorao <ol style="list-style-type: none"> 1 E bakilwe ke eng ...? 2 Ho etsahetseng ha / ka lebaka la...? Hlahloba moithuti ka mong o sebedisa rubiriki e ka tlase.

RUBIRIKI	BOEMO BA 1 TEKANYETSO 1-2	BOEMO BA 2 TEKANYESO 3-4	BOEMO BA 3 TEKANYETSO 5-6	BOEMO BA 4 TEKANYETSO 7
Dipotso tse otlolohileng ka dintlha	Moithuti ha a kgone ho hopola dintlha ho tswa paleng.	Moithuti o hopola dintlha tse itseng tsa pale ka nepo, ka tlhotlhelletso e itseng.	Moithuti o hopola dintlha kaofela tsa pale ka nepo, ka tlhotlhelletso e itseng.	Moithuti o hlwaya dintlha kaofela tsa pale ka potlako, ka bokgeleke le ka nepo.
Dipotso tse bulehileng	Moithuti ha a kgone ho araba potso e bulehileng ka tema.	Moithuti o araba potso e bulehileng ka tema ka tshehetso e itseng.	Moithuti o araba potso e bulehileng ka tema, feela ha a kgone ho fana ka lebaka karabong ya hae.	Moithuti o araba potso e bulehileng ka tema ka nepo, mme o kgora ho fana ka lebaka.
Sesosa le ditlamorao	Moithuti ha a kgone ho fumana sesosa kapa ditlamorao ya ketso kapa ketsahalo.	Moithuti o kgora ho fumana sesosa kapa ditlamoraro tsa ketso kapa ketsahalo, ka tshehetso e itseng.	Moithuti o kgora ho fumana ka ho ikemela sesosa kapa ditlamorao tsa ketso kapa ketsahalo.	Moithuti o kgora ho fumana sesosa le ditlamorao tsa ketso kapa ketsahalo.

3.2: MEDUMO	
SEPHEO	<ul style="list-style-type: none"> Bopa mantswe o sebedisa medumo e rutilweng
HO KENYA TSHEBETSONG	<ul style="list-style-type: none"> Etsa sena bekeng ya 5 kapa 6, ka Mantaha ka nako ya thuto ya mongolo
MOSEBETSI	<ul style="list-style-type: none"> Bolella baithuti ho phetla leqephe le hlwekileng mme ba ngole sehlooho: Teko ya medumo Ebe, o bontsha baithuti hore ba mene leqephe ka lehare jwang dibukeng tsa bona, mme ba nomore ho tloha 1-5 ka thoko, mme ho tloha ho 6 – 10 e be mahareng a leqephe. Hlalosetsa baithuti hore o tlie ho bitsa nomoro ebe o bitsa modumo kapa lentswe Ha baithuti ba sa tsebe ho ngola modumo kapa lentswe, ba tshwanetse ba take mola o monyane pela nomoro. Kwetlisa baithuti ho kgutsa ka nako ya diteko, mme ba seke ba sheba mosebetsi wa mang kapa mang. Bokeletsa lenane la medumo e 5 le mantswe a 5 ao o tla a bitsa – o etse bonnete ba hore medumo eo ya teko ke rutilweng. Pheletsong ya teko, kgobokanya dibuka tsa baithuti tsa teko mme o tshwaye teko. Hlahloba moithuti ka mong o sebedisa rubiriki e ka tlase.

RUBIRIKI	BOEMO BA 1 TEKANYETSO 1-2 MATSHWAO 1-2	BOEMO BA 2 TEKANYETSO 3-4 MATSHWAO 3-5	BOEMO BA 3 TEKANYETSO 5-6 MATSHWAO 6-8	BOEMO BA 4 TEKANYETSO 7 MATSHWAO -9-10
	Moithuti o nepile medumo e pakeng tsa 1-2.	Moithuti o nepile medumo e pakeng tsa 3-5.	Moithuti o nepile medumo e pakeng tsa 6-8.	Moithuti o nepile medumo e pakeng tsa 9-10.

3.3: MEDUMO / HO BALA	
SEPHEO	<ul style="list-style-type: none"> Hlwaya ditumanotshi tse tlwaelehileng ha di hlahella qalong ya lentswe, jwaloka: sh-, ch-, th-. O balla buka e boemong ba hae hodimo. O sebedisa mantswe, medumo, tsebo ya ho hlahloba moeelo le ho kgetholla mantswe.
HO KENYWA TSHEBETSONG	<ul style="list-style-type: none"> Sena se ka etswa nako enngwe le enngwe ho tloha bekeng ya 6 ho isa bekeng ya 8 Etsa sena ka nako ya ho bala ka tataiso ya sehlopha
MOSEBETSI	<ul style="list-style-type: none"> Ka nako ya ‘ho bala ka tataiso ya sehlopha’ bitsa setho ka seng sa sehlopha ho tla mme se o balle ka boikemelolo. Qala ka ho botsa moithuti hore ao balle lenane la medumo le mantswe a sebedisang ditumanotshi tseo a tshwanetseng hore a be a di tseba, mohlala: sh-, ch-, th-, Ebe, o kopa moithuti ho o balla hodimo seratswana se boemong ba hae. Etsa bonnete hore seratswana se kenyelotsa mantswe a kgethollehang Hlahloba moithuti ka mong o sebedisa rubiriki e latelang.

RUBIRIKI	BOEMO BA 1 TEKANYETSO 1-2	BOEMO BA 2 TEKANYESO 3-4	BOEMO BA 3 TEKANYETSO 5-6	BOEMO BA 4 TEKANYETSO 7
ELELLWA LE HO BALA MANTSWE A DITUMANOTSHI TSE TLWAELEHILENG QALONG YA MANTSWE	Moithuti o sokola ho bala medumo le mantswe ohle ka nepo.	Mothuti o bala a mang a mantswe le medumo ka nepo.	Moithuti o bala boholo ba mantswe le medumo ka nepo.	Moithuti o bala mantswe le medumo yohle ka nepo.
BOKGELEKE	Moithuti o bala ka ho qeya-qeya, a kgutse ha fihla mantsweng ao a sa a tsebeng, a phete mantswe kapa polelwana.	Moithuti o a bala a kgutse nakwana kapa a qeye-qeye. Moithuti o na le ‘matheba a makukuno’ ao a leng thata ho feta ho ona.	Moithuti o bala a kgefutsa ha nakwana morethethong wa hae wa ho bala. Moithuti thatafallwa ke mantswe a itseng mme / kapa dibopeho tsa dipolelo.	Moithuti o bala ka bokgabane a kgefutsa. Moithuti o kgona ho itokisa ha a bala mantswe a thata mme / kapa dibopeho tsa dipolelo.
TSEBO YA HO KGETHOLLA	Moithuti o hloka tshehetso e ngata ka medumo ho tswa ho titjhere ho bala lenseswe leo a sa le tsebeng. Moithuti o sokola ho arola mantswe ka dinoko ka medumo ya lona. Moithuti o tseba mantswe a mmalwa a bonwang / a phetwang kgafetsa.	Moithuti o leka ho sebedisa medumo ho bala mantswe ao a sa a tsebeng empa o hloka tshehetso ho tswa ho titjhere. Moithuti o kgona ho arola mantswe ka dinoko kapa medumo ya ona ka tshehetso ho tswa ho titjhere. Moithuti o tseba mantswe a mang a bonwang / mantswe a phetwang kgafetsa.	Moithuti o sebedisa medumo le lethathamo ho qapodisa mantswe ao a sa a tsebeng, empa o hloka thuso moo le moo ho kopanya medumo ho bopa lenseswe. Moithuti o tseba mantswe a mangata a bonwang / mantswe a phetwang kgafetsa.	Moithuti o sebedisa medumo le lethathamo ho qapodisa mantswe ao a sa tsebeng, mme o kgona ho kopanya medumo ho bopa lenseswe. Moithuti o tseba mantswe ohle a bonwang ao a rutilweng / mantswe a phetwang kgafetsa.

3.4: MONGOLO / HO NGOLA

SEPHEO	<ul style="list-style-type: none"> Bopa mantswe a dithlaku tse nyane ka nepo. Ngola polelo tse 2 ka ditaba tsa hae a sebedisa sebopetho se nepahetseng sa polelo.
HO KENYA TSHEBETSONG	<ul style="list-style-type: none"> Etsa sena o sebedisa thuto ya mongolo bakeng sa beke 3-4, beke 5-6, kapa beke 7-8.
MOSEBETSI	<ul style="list-style-type: none"> Etsa thuto ya mongolo jwaloka tlwaelo. Kgobokanya dibuka tsa baithuti pheletsong ya potoloho ya mongolo. Hlahloba mongolo le ho ngola ha moithuti ka mong o sebedisa rubiriki e latelang.

RUBIRIKI	BOEMO BA 1 TEKANYETSO 1-2	BOEMO BA 2 TEKANYESO 3-4	BOEMO BA 3 TEKANYETSO 5-6	BOEMO BA 4 TEKANYETSO 7
MONGOLO: POPO YA DITLHAKU TSE NYANE	Ditlhaku tse ka tlasenyana feela ho 15 di bopilwe ka nepo.	Ditlhaku tse ka tlasenyana feela ho 20 di bopilwe ka nepo.	Bonyane ditlhaku tse nyane tse 20 di bopilwe ka nepo.	Ditlhaku tse nyane tse fetang 20 di bopilwe ka nepole ka makgethe.
HO NGOLA: BONNETE	Mohoplo o boima hore a o utlwise, kapa ha se wa nnate – o kopisa mohlala wa titjhere.	Mohopolo o a utlwiseha mme ke wa nnate, le ha o tshwana le mohlala.	Mohopolo ke wa nnate ebile ke wa botho.	Mohopolo ke wa nnate, ke wa botho ebile ke boiqapelo.
HO NGOLA: SEBOPETHO LE BOLELELE BA POLELO	Moithuti o ngotse mantswe a mmalwa kapa seratswana.	Moithuti o ngotse mantswe a mabedi kapa diratswana, empa dibopetho ha di ya nepahala.	The learner has written one correctly structured sentence.	Moithuti o ngotse dipolelo tse pedi ka sebopetho se nepahetseng.