



basic education

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Basic Education
REPUBLIC OF SOUTH AFRICA

NATIONAL
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2030
NDP

Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

Puo ya Gae: Setswana



Mophato 3 Kgweditharo 4



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Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotlhe go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go ‘ithuta go buisa.’

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

Setlhophapha sa NECT sa Puo ya Gae

Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 4 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse di 10 tse, di kgaogantswe ka ditsheko tsa go ithuta tse 5.
- Mo tshekong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PAOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	Mophato 3	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

Diteng tsa Puo ya Gae

- Tsheko nngwe le nngwe ya dibeke tse pedi, barutabana ba tshwanetse go tlhopha thitokgang.
- Thitokgang e, e tlhalosa diteng tsa modikologo oo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
 - a Tlotlofoko** e e rutilweng, sekai: **buisa, golaganya, ithuta, China, mophato wa boraro jalojalo**, jalojalo.
 - b Diraeme kgotsa dipina** tse di rutilweng, sekai: **Ke rata go buisa le go kwala**
 - c** Kgang ya **puisokanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa boraro mo Aforika Borwa le China**
 - d** **Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala ditemana tse 2 ka se barutwana ba se dirang mo Aforika Borwa le kwa China.**

Medumopuo le Puisokaelo ka Ditlhophpha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhophpha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.
- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlaya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 3 Kgweditharo 4:

TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 3 KGWEDITHARO 4	
GO REETSA LE GO BUA	
1	Tsaya karolo mo metlotlong go bontsha dikgono tsa go buisana le batho ba bangwe/botsalano, o amogela le go tlota mokgwa o ba bangwe ba buang ka ona
2	O tshitsinya tharabololo ya bothata
3	Buisana ka ditharabololo tsa mathata o dirise dikgono tsa maemo a a kwa godimo tsa go akanya
4	Reetsa dintlha ka botlalo mo dikgannnyeng le go araba dipotso tse di bulegileng
5	O dirisa tlotlofoko e e oketsegang nako le nako fa o bua
6	Anela kgang e e nang le tshimologo, bogare le bokhutlo
7	Rulaganya le go dira ditlhagiso tsa molomo: go tlota dikgang tsa gago, tlhalosa maitemogelo a sengwe, gakologelwa tiragalo
8	Anela kgang o dirise puo ya tlhaloso, mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego
9	Dirisa puo ka boikakanyetsi, o dire metlae le go tlhaba dithamalakwane o dirisa modumo le segalo se se maleba
10	O dirisa segalo le modumo o o tshwanetseng
11	Tlhagisa maikutlo le dikakanyo ka ga setlhangwa o bo a neele mabaka
12	O batla setlhola le ditlamorago mo kgannyeng.
13	Dirisa mareo a a jaaka lediri, sediriswa, potso, polelo, taelo, lekaelagongwe, letshwao la tsiboso fa a buisana ka setlhangwa
14	Tlhaloganya le go dirisa puo ya dirutwa tse di farologaneng
MEDUMOPUO	
<i>Ntlha go morutabana:</i>	
<ul style="list-style-type: none">• Netefatsa gore o aga le go kgaoganya mafoko:<ul style="list-style-type: none">• Ka kutlo (temogo ya medumopuo)• Ka kutlo le ka pono (medumopuo)	
1	Aga mafoko o dirisa dikgono tsa meduopuo tse o di ithutileng monongwaga
2	Kgaoganya mafoko a dinokontsi go ya ka dinoko tsa ona: se-ru-ru-be-le
3	Lemoga le go dirisa ditumanosi le ditumammogo tsotlhe tse di pataganeng tse o di rutilweng go fitlha ga jaana
4	Peleta mafoko ka nepagalo o dirise kitso ya medumopuo mo ditekong tse di sa tlhomamang, mo piletong le mo ditirwaneng tsotlhe tse di kwalwang
5	Dirisa mafoko a a dumisiwang le go kwalwa ka go tshwana, mme a na le bokao jo bo farologaneng, jaaka ‘tshela’ go tshela botshelo le go tshela jj
6	Lemoga le go dirisa makaelagongwe: ‘dula fa fatshe’ e ntse e bua selo se le sengwe le ‘nna fa fatshe’ le Malatodi: selelo ke lelatodi la setshego
7	O lemoga le go buisa: <ul style="list-style-type: none">a Medumopuo yotlhe e e rutilweng ga jaanab Lemoga le go dirisa dipataterone tsa mopelelo jaaka: mme; mmuc Lemoga le go dirisa ditlhogo, jaaka ba- (batho); le megatlana jaaka -ana (ntlwana)d Lemoga medumo e e thata, sk. ‘kg’ le ‘tlh’ mo go ‘kgomo’ le mo go ‘tlhapa’ le medumopuo e e bonolo, jaaka ‘s’ mo go ‘sona’

MOKWALO

- 1 Dirisa mokwalo o o tshwaraganeng mo gotlhe mo go kwaleng
- 2 Kopolola ka nepagalo setlhangwa se se kwadilweng go tswa mo patitšhokong, dibukakgakololo, dikarata tsa ditirwana o etse tlhoko popo ya mafoko le diphatlha tse di siameng fa gare ga mokwalo o sa tshwaraganang kgotsa o o tshwaraganeng
- 3 Kwala mokwalo o o tshwaraganeng ka lebelo, le go itshepa, o buisege le go nna phepa
- 4 Lekeletska ka go dirisa pene go kwala

PUISOKAELO KA DITLHOPHA

Ntlha go morutabana:

- Baya barutwana ka ditlhophpha tsa bokgoni jwa bona jwa go buisa.
- Tlhophpha ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhophpha.
- Reetsa mongwe le mongwe wa setlhophpha a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.

- 1 Buisetsa kwa godimo le ka setu go tswa mo bukeng ya gago mo setlhopheng sa puisokaelo le morutabana, ke gore, setlhophpha sotlhe se buisa kgang e e tshwanang go ya ka maemo a puiso ya setlhophpha
- 2 Buisa ka thelelo, ka lebelo le le oketsegang le ka go tlhagisa maikutlo
- 3 Dirisa medumopuo, dikgono tsa tshekatsheko tsa go ribolola bokao, tiriso le popego le dikgono tsa go tlhaloganya go itirela bokao
- 4 Itekole fa o buisa mo lekaleng la temogo ya mafoko mmogo le go a tlhaloganya
- 5 Dirisa mefuta e e farologaneng ya go itshwaya diphoso fa o buisa: o buise o boeletsa, o buise o kgaotsa le go ikatisa ka lefoko pele o le buisetsa kwa godimo
- 6 Tshameka metshameko ya mafoko, e e tswang mo kitsong ya dikgono tsa puiso le tlotlofoko

PUISO KA NOSI

- 1 Buisa mokwalo wa gago le wa ba bangwe
- 2 Buisetsa morutwana-ka-wena kwa godimo
- 3 Buisa ka nosi mo maemong a a raraaneng o buisetsa tshedimosetso le go ijesa monate go tswa mo ditlhawngweng tse di farologaneng tse di leng teng: dimakasine le dikhomiki, dibuka tse di bonolo tsa ditiragalo tse di senang nneta le tse di nang le nneta, dibuka go tswa mo ditsong tse di farologaneng, le dibuka tse di buisitsweng ka nako ya puisokopanelo

PUISOKOPANELO

- 1 Buisang ditlhawngwa tse di kwadilweng, botlhe le morutabana (puisokopanelo) le go buisana ka baanelwa, bothata mo kgannyeng, poloto le melaetsa mo setlhawngweng
- 2 Dirisa matshwaopono go buisa ditlhawngwa tse di supilweng ka ditshwantsho le go simolola go sekaseka setlhawngwa go ya ka maikutlo (baamogedi ba tshedimosetso) le se o se akanyang ka setlhawngwa se, sk. "Papatso e lebisitswe go bomang? Goreng o akanya jalo?"
- 3 Araba mefuta ya dipotso tsa maemo a a kwa godimo tse di ikaegileng ka temana e a e buisitseng, sk. "Fa rralebenkele a ka bo a tlogetse lebenkele le sa tswalwa a bo a ya gae bosigo joo, go ka bo go diragetse eng?"

GO KWALA

Ntlha go morutabana:

- Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).
- Naya letlhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.

- 1 Dirisa ditogamaano tsa pele ga go kwala go kokoanya tshedimosetso le go rulaganyetsa go kwala: bua le morutwana-kawena, tlhama mmepe wa dikakanyo le letlhomeso
- 2 Kwala ditlhengwa tse dikhutshwane tse di tlhophetsweng maitlhomo a a farologaneng a jaaka go tlota ka tiragalo le mmuisano
- 3 Kwala ka maitemogelo a gago ka mekgwa e e farologaneng jaaka athikele e khutshwane ya lekwalodikgang
- 4 Ditlhengwa tsa ntlha, go kwala, tseleganya le go phasalatsa/tlhagisa kgang ya gago ya bonnye ditemana di le pedi (bonnye dipolelo di le 12)
- 5 Dirisa dipopego tsa ditlhengwa tsa tshedimosetso fa ba kwala, jaaka, go kwala ditekelelo le diresepi
- 6 Tlhomaganya tshedimosetso o be o e baya ka fa tlase ga ditlhogo
- 7 Dirisa matshwao a puiso ka nepagalo: ditlhakakgolo, dikhutlo, diphegelwana, matshwao a potso, matshwao a tsiboso le ditsejwana
- 8 Dirisa makopanyi go bopa dipolelopate
- 9 Dirisa kitso ya medumopuo le melawana ya mopeleto go kwala mafoko a marara/thata
- 10 Aga lenaane la mafoko le go itlhamela thanodi ya gago
- 11 Dirisa thanodi go batla tlollofoko e ntšhwa le go lebelela mopeleto wa mafoko
- 12 Buisana ka mokwalo wa gago le wa ba bangwe, o amogele le go neela pegelo
- 13 Itirela dibuka tsa gago le go nna le seabe mo go kgobokanyeng dibuka tsa phaposiborutelo

Dira tsamaiso ya ka metlha go ithuta puo

- Tsela e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e akantsitsweng mme e ka dirisiwa mo modikologong wa dibeke di le pedi.
 - Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
 - Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

Tsamaiso ya beke le beke e e akantshtsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Thathobo e sa tlhomamang	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka dithlophra	30 metsotso	30 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwale mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntšhwale mafoko	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka dithlophra	30 metsotso	30 metsotso			
Laboraro	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwale mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntšhwale mafoko	15 metsotso	15 metsotso			15 metsotso
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka dithlophra	30 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso				15 metsotso
Labone	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka dithlophra	30 metsotso	30 metsotso			30 metsotso
	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka dithlophra	30 metsotso	30 metsotso			
			7 diura	45 metsotso	4 diura	45 metsotso	1 ura

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
 - Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
 - E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsa ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa (go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanelo.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Itsise thitokgang • Ruta mafoko a 3 a tlolofoko ya thitokgang • Ruta pina kgotsa raeme • Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlolofoko
	MOKWALO	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> • Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola medumo le mafoko a a rutilweng. • Gape lekola mokwalo – mokwalo o o tshwaraganeng, go bopa tlhaka, ditlhakakgolo le diphatlha mo gare ga mafoko. • Kopa barutwana go kwala mafoko a 10 a a tswang mo dithutong tsa mediumopuo le mafoko a pono
	PUISO & MEDUMOPUO	Puisokopanelo PELE GA PUISO	<ul style="list-style-type: none"> • Puiso ya pele • Bontsha barutwana ditshwantsho tsa kgang. • Ba kope go bua se se diragalang. • Ba kope go dira ponelopele. • Ba kope fa ba ka se lemoge lefelo la kgang.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> • Bolelela barutwana setlhogo sa go kwala. • Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> a Poeletso b Puisano c Athikele ya lekwalodikgang d Resepi e Tekeletso f Tshedimisetso ya dintlha ka tatelano le setlhogo g Kgang ya gagwe ya ditemana tse 2 (dipolelo tse 12) h Kgang ya go abelana mo bukeng ya phaposi • Ruta barutwana fomete ya mekgwa e e farologaneng ya go kwala pele ba e dirisa • Bontsha barutwana go RULAGANYA kwalo ya bona ba dirisa ditogamaano tse di farologaneng tsa pele ga go kwala. Sekai.: <ul style="list-style-type: none"> a Bua le molekane b Go dira mmapa wa tlhaloganyo c Dirisa letlhomeso la go rulaganya • Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa)
	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO SIAMISA	<ul style="list-style-type: none"> • Kwala kwalo ya ntlha ya gago mo patitshokong. • Kwala lenaane la go siamisa mo patitshokong. • Ruta barutwana gore ba ka dirisa jang dikarowlana tsa puo tse di latelang mme o di akaretse mo go siamiseng: <ul style="list-style-type: none"> a Tlotlofoko e e farologaneng b Mefuta e e farologaneng ya dipolelo c Matshwao a puo a a nepagetseng d Dirisa makopanyi go bopa dipolelopate e Ditsejwana mo mafokong a a khutshwafaditsweng • Bontsha barutwana gore ba SIAMISE jang go kwala ga bona ba dirisa lenaanetekolo (go kwala ga kopanelo) • Bolelela barutwana go buisa le go siamisa tiro ya bona kgotsa ya molekane mme ba neye pegelo.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhawngweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhophpha. • Naya setlhophpha setlhawngwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Ruta modumo o montšhwala le mafoko	<ul style="list-style-type: none"> Dira ka go latela lenaneo la medumopuo ya puo ya gago. Ruta barutwana go buisa modumo o montšhwala. Ba rute go buisa mafoko a a nang le modumo o montšhwala le medumopuo e e rutilweng (mafoko a a dumisegang) Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwala le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> Puiso ya ntlha Buisetsa barutwana kgang ka thelelo le ka maikutlo. Ema go tlhalosa fa go tlhokega. Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> a Matshwao a puo b Makopanyi go bopa dipolelopate c Ditsejwana mo mafokong a a khutshwafaditsweng d Matshwao a puo a a nepagetseng Morago ga puiso, botsa mefuta ya dipotso e e latelang: <ul style="list-style-type: none"> a Lemoga kakanyokgolo, baanelwa bagolo le lefelo b Kakanyo (a o ratile / ke eng se o se gopotseng ka / jj) le lebaka la kakanyo ya gagwe jaaka: Goreng? c Setlhola le ditlamorago

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhophana go dira le wena (setlhophana sa bokgoni jo bo tshwanang) Boletsa medumopuo le mafoko a pono le setlhophana. Naya setlhophana setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.
Laboraro	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> Ruta mafoko a tlotlofoko ya thitokgang a 3 Opela pina kgotsa bua raeme Dira tirwana ya molomo e nngwe sekao: <ul style="list-style-type: none"> a Akantsha ka ditharabololo tsa bothata ba setlhangwa b Buisana ka ditharabololo tsa bothata ba dirisa dikgono tsa go akanya tse maemo a a kwa godimo. c Anela kgang e e nang le tshimologo, bogare/ mmele le bokhutlo d Dira ditlhagiso tsa molomo, o anela kgang kgotsa o bua ka maitemogelo a gagwe ka tatelano ya ditiragalo e O anela kgang a dirisa puo e e tlhalosang, go bua ka matsogo le tiriso ya sefatlhego f Dirisa puo ka boikakanyetsi a dira metlae le go tlhaba dithamalakwane g Kgang ya boitlhamedu – Kopa barutwana go itlhambela dikgang ka dithitokgang mme ba abelane le molekane h Barutwana ba oketsa ka mafoko a mantšhwa mo dibukeng tsa bona tsa tlotlofoko
	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> Dira ka go latela lenaneo la medumopuo ya puo ya gago. Ruta barutwana go buisa modumo o montšhwa. Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Kwala thulaganyo ya gago mo patitšokong. Kwala letlhomeso la go kwala mo patitšokong. Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo) Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso go dira kwalo ya ntlha ya bona.
	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala PHASALATSO LE KABELANO	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Kwala kwalo ya gago ya ntlha le ditshiamiso mo patitšokong. Lebelela ditshiamiso gape. Bontsha barutwana gore ba ka PHASALATSA jang se ba se kwadileng ka go se kwala gape ka makgethe kwantle ga diphoso le go tsenya sethwantsho. Bolelela barutwana go phasalatsa tiro ya bona. Bolelela barutwana go abelana ka se ba se kwadileng le molekane – ba buisetsane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophha DITLHOPHA 2 X15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhaweng kgotsa mo Bukatirong ya DBE. Bitsa setlhophwa go dira le wena (setlhophwa sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhophha. Naya setlhophwa setlhaweng sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro. Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko b Kgaoganya mafoko ka medumo. c Kgaoganya mafoko ka dinoko d Kgaoganya mafoko ka modumo wa ntlha wa lefoko le noko ya bofelo ya lefoko. e Baya mafoko a a tsamayang mmogo ka setlhophpha. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> Puiso ya bobedi Buisetsa barutwana kgang ka thelelo le maikutlo. Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> a Tatelano (ke eng se se diragetseng la ntlha, se se latelang, bokhutlo) b Kakanyo (a o ratile / ke eng se o se akantseng / jj) le go naya lebaka la kakanyo ya gago c Maemo a kwa godimo (go akaretsa setlhola le ditlamorago) d Dirisa dikgono tsa tshekatsheko tsa go ribolola bokao, tiriso le popego le dikgono tsa go tlhaloganya go itirela bokao e Buisana ka bothata jwa kgang, ditiragalo le maitseo mo setlhangweng Kopa barutwana go itlhamele dipotso tsa bona ka setlhangwa, mme ba botse molekane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Bayu barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhotshwana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhophpha. Naya setlhophpha setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a 3 a tlotofoko ya thitokgang. • Opela pina kgotsa o bue raeme. • Dira tirwana ya molomo e nngwe sekai: <ul style="list-style-type: none"> a Baya barutwana ka ditlhophha go buisana ka setlhangwa, ba dirisa letlhomeso (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...) b Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhophha mme batle ka kgang e le nngwe ya thitokgang. c Anela kgang e e nang le tshimologo, bogare le bokhutlo d Dira dithagiso tsa molomo, o anela kgang kgotsa o bua ka maitemogelo a gagwe ka tatelano ya ditragalo e O anela kgang a dirisa puo e e tlhalosang, go bua ka matsogo le tiriso ya sefatlhego f Dirisa puo ka boikakanyetsi a dira metlae le go tlhaba dithamalakwane
	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e. • Dira tirwana ya medumopuo le barutwana botlhe sekai: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko. b Kgaoganya mafoko ka medumo le dinoko. c Aga mafoko o dirisa medumo – Batla Lefoko d Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo. e Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA MORAGO	<ul style="list-style-type: none"> • Puiso ya morago • Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai: <ul style="list-style-type: none"> a Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. b Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2 – 3 gore kgang e ne e bua ka ga eng. c O dira jaaaka ekete o dira dipotsotherisano le moanelwa mo kgannyeng. d O bua ka kgang e O oketsa ka mafoko le ditlhaloso mo thanoding. • O dira ditlhagiso tsa molomo ka kgang • O anela kgang a dirisa puo e e tlhalosang, mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego • Tlhagisa maikutlo le dikakanyo ka ga setlhangwa o bo a neele mabaka
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhophpha. • Naya setlhophpha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

DITIRWANA TSA MOLOMO

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

MEDUMOPUO & MOKWALO

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

PUISOKOPANELO

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

GO KWALA

Beke 1 Mosupologo: Go rulaganya

Beke 1 Laboraro: Kwalo ya ntlha

Beke 2 Mosupologo: Go siamisa

Beke 2 Laboraro: Go phasalatsa le kabelano

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



Medumopuo le Puisokaelo ka ditlhophha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgon a go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

1 Go netefatsa gore o na le lenaneo la medumopuo le feletseng, le akaretsa medumo yotlhe ya puo ya gago.

- Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.

2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:

- Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
- Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
- Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
- Buisa setlhlangwa se se akaretsang mafoko a a dirisang modumo.
- Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

1 Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.

2 Bitsa setlhophpha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.

3 Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa gararo mo bekeng.

4 Dirisa setlhlangwa sa maemo a a tshwanetseng – ka ditlhophha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.

5 Fa o dira le setlhophpha, reetsa morutwana mongwe le mongwe a buisa ka nosi.

6 Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.

7 Ka nako ya puisokaelo ka ditlhophha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhophpha se se nnye.

Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go botlhokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.
- Ka ntlha ya leroborobo, barutwana ba le bantsi ba latlhegetswe ke ditaelo tse di botlhokwa tsa medumopuo.
- Ka kopo batlisisa gore ke medumo efe e barutwana ba e itseng le e ba sa e itseng mme o dirisa lenaneo ka tatelano go baakanya nako e e latlhgileng ya go ithuta.

Ela tlhoko:

- Kwa bofelong jwa mophato wa 3, barutwana ba tshwanetse go itse le go kgona go dirisa medumopuo yotlhe e e leng mo lenaaneng le.
- Medumo e e leng mo bolokong jo bo setlha e tlhalosiwa ke TRN(ATP) ke ya Mophato 3 Kgweditharo 3 (ke medumo e e sa pataganang yotlhe)
- Leka go netefatsa gore barutwana ba gago ba itse medumo e.
- Mo godimo ga moo, ka kopo ruta barutwana ba gago go dirisa ditlhogo, jaaka ba- (batho)
- Gape ruta barutwana ba gago go dirisa megatlana jaaka -ana (ntlwana)

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-ts-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhana	tlh-o-k-a = tlhoka	tlh-o-l-a = tlholo	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tlh-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-kw-a-n-e = lookwane	m-oo-n-o = moono	
ii	t-ii-l-e = tiile	s-ii-lw-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seeleele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlw	tlw-a-e-ts-e = tlwaetse	
ntlh	ntlh-o-k-a = nthoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-ng = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-ng = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwaa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentswe	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-ny-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlh-w-a = tlhwatlhwa	m-o-tlhw-a motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntwa	ntw-e-l-a = ntwela	ntw-a-ntsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi wa kharikhulamo le Mosupatsela o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

ATP/TRN

- Go na le Morulaganyi le Mosupatsela x5 tse di sa kwalelang mme o ka di dirisetsa go rulaganya le go bona gore o dirile kharikhulamo ya kgweditharo go fitlha fa kae.
- O ka itlhophela go dira poeletso mo dibekeng tsa 9 & 10.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1-3 la NECT le teng go ka itseelwa mo go: www.nect.org.za

Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO.		TLOTLOFOKO.	
	PINA/RAEUME;		DITIRWANA TSE DINGWE;	
MEDUMOPUO	MEDUMO;		MEDUMO;	
			DITIRWANA;	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO;		MODUMO/MEDUMO, MAFOKO LE DIPOLELO;	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA;		SETLHANGWA;	
	DIPOTSO TSA GO TLHALOGANYA;			
		TIRWANA YA MORAGO GA PUISO;		
GO KWALA		SETLHOGO LE TIRO;		
PUISOKAELO KA DITLHOPHA		DINTLHA;		

Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO.		TLOTLOFOKO.	
	PINA/RAEUME;		DITIRWANA TSE DINGWE;	
MEDUMOPUO	MEDUMO;		MEDUMO;	
			DITIRWANA;	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO;		MODUMO/MEDUMO, MAFOKO LE DIPOLELO;	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA;		SETLHANGWA;	
	DIPOTSO TSA GO TLHALOGANYA;		DIPOTSO TSA GO TLHALOGANYA;	
			TIRWANA YA MORAGO GA PUISO;	
			SETLHOGO LE TIRO;	
GO KWALA				DINTLHA;
				DINTLHA;
PUISOKAELO KA DITLHOPHA				

Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO.		TLOTLOFOKO.	
	PINA/RAEUME;		DITIRWANA TSE DINGWE;	
MEDUMOPUO	MEDUMO;		MEDUMO;	
			DITIRWANA;	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO;		MODUMO/MEDUMO, MAFOKO LE DIPOLELO;	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA;		SETLHANGWA;	
	DIPOTSO TSA GO TLHALOGANYA;		DIPOTSO TSA GO TLHALOGANYA;	
			TIRWANA YA MORAGO GA PUISO;	
			SETLHOGO LE TIRO;	
GO KWALA				DINTLHA;
				DINTLHA;
PUISOKAELO KA DITLHOPHA				

Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO.		TLOTLOFOKO.	
	PINA/RAEUME;		DITIRWANA TSE DINGWE;	
MEDUMOPUO	MEDUMO;		MEDUMO;	
			DITIRWANA;	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO;		MODUMO/MEDUMO, MAFOKO LE DIPOLELO;	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA;		SETLHANGWA;	
	DIPOTSO TSA GO TLHALOGANYA;		DIPOTSO TSA GO TLHALOGANYA;	
			TIRWANA YA MORAGO GA PUISO;	
			SETLHOGO LE TIRO;	
GO KWALA				DINTLHA;
				DINTLHA;
PUISOKAELO KA DITLHOPHA				

Thitokgang 5: Poeletso

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO.		TLOTLOFOKO.	
	PINA/RAEUME:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:	MEDUMO:	DITIRWANA:	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA;		SETLHANGWA;	
	DIPOTSO TSA GO TLHALOGANYA;		DIPOTSO TSA GO TLHALOGANYA;	
			TIRWANA YA MORAGO GA PUISO;	
			SETLHOGO LE TIRO;	
GO KWALA				DINTLHA;
				DINTLHA;
PUISOKAELO KA DITLHOPHA				



Lenaneo la tlhatlhobo

Tlhatlhobo ya go ithuta

- Lenaanetekolo le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kgatong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela ‘Tlhatlhobo ya go Ithuta,’ kgotsa ‘Tlhatlhobo e e Tlhomameng.’
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
 - a Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
 - b Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
 - c Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
 - d Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlhlo tsa bona.

Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

DIKGONO TSA TLHALOGANYO	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhophya.	
O tlhoma mogopololo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
GO REETSA LE GO BUJA	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
TEMOGO YA MEDUMOPUO LE MEDUMOPUO	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhе e rutilweng (o ithuta kamano ya dithhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

PUISO	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
GO TLHALOGANYA	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhengwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
MOKWALO	✓
O tshwara phen sele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
GO KWALA	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

Tlhatlhobo ya go Ithuta

- O ka itlhophela go **dira tlhatlhobo e e tlhomameng ya gago** (Tiro ya Tlhatlhobo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhobo e e Tlhomameng** ya Kgweditharo 4 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akarereditswe mo o ka tsenyang dipholo tsa barutwana tsa tlhatlhobo tsa karolwana nngwe le nngwe ya puo.

Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se, se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhoba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
 - a** O ka itlhophela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhobo.
 - b** Kgotsa, o ka itlhophela go naya morutwana mongwe le mongwe maduo.

SEKAI:

- a** Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b** O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3-4. Fela, o na le MAEMO 1 / SELEKANYO 1-2 maduo. Ka jalo, o mo naya **Selekanyo sa 3.**
- c** Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3.**

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
TEKANYETSO 1	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhannwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang. (2) X	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4-5)
TEKANYETSO 2	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) X	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4-5)
TEKANYETSO 3	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujtwana ga a utlwagale. (1) X	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

Go fetola

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1-7 ka go arola ka 2.

Re solo fela fa kaedi e ya tlhatlhobo e tla go tswela mosola

- Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.
- Ka kopo ikobele melao ya ditlhokego tsa tlhatlhobo ya porofense kgotsa kgaolo ya gago.

Maina a Barutwana	Go reetsa le go bua	Medumopuo	Puiso le Go tlhaloganya	Mokwalo	Go kwala	Gotlhe
			O busiesta kwa godimo go tswa mo bukeneng ya gagwe. O dirisa mafoko a pono, medumopuo, dilkgonio tsas go dumisa mafoko e bile o a itekola fa a busisa.	4.4	4.5	4.6
			O busiana ka kakanyokgolo le banneila bagolo mo kgeannyenq. O bua ka matiseo a lenq mo setlhanyengweneq	4.5	4.7	
			O kopolola le go kwala ka mokwalo o tshwaraganeeng, a bula diphattha mo magarenq	4.6		
			O dirisa ditogamano tsas pele ga kwalo go rulaganaya kwalo ya gagwe. O kwala ka matitemogelo a gagwe mme o bopa dipolelo poo le makopanyi	4.7		

Mophato 3 Kgweditharo 4: Sekai sa Tlhatlhobo e e Thomameng

4.1: GO REETSA LE GO BUA	
MAIKAELELO	Anela kgang o dirise puo ya tlhaloso, mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego
TIRISO	<ul style="list-style-type: none"> Se, se ka diriwa ka nako nngwe le nngwe go simolola ka beke ya 3 go ya go beke ya 5 Dira se ka Laboraro kgotsa Labothano ka nako ya Tirwana ya Molomo Kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya Morago ga Puiso Dirisa puo e e tlhalosang Dirisa mekgwa e e farologaneng ya puo ya matsogo le tiriso ya sefatlhego
TIRWANA	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng go feleletsa tirwana ya kanelokgang ya boitlhamelo – barutwana ba tshwanetse go dira ka bobedi go ithamela dikgang tsa bona ka thitokgang. Go tsweng foo, biletsha bobedi bongwe le bongwe kwa tafoleng ya gago go feleletsa tlhatlhobo Bolelela barutwana go refosana go go anela dikgang tsa bona. Ba tshwanetse go netefatsa gore ba: <ul style="list-style-type: none"> a Anela kgang ka tatelano e e nepagetseng b Akaretsa tshimologo, bogare le bokhutlo c Seka ba boeletsa dikarolo tsa kgang Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
BOITLHAMEDI JWA KGANG	Kgang e kopisitswe go tswa mo kgannyeng ya puisokopanelo kgotsa go tswa mo kgannyeng ya Bukatiro ya DBE. (1)	Kgang ga e a kopisiwa fela e tshwana le dikgang tse dingwe kgotsa kgang e itlhametswe fela ga e na tlhaloganyo. (2)	Kgang e itlhametswe fela ga e fe tlhaloganyo e e tletseng. (3)	Kgang e itlhametswe e bile e na le tlhaloganyo. (4)
POPEGO YA KGANG	Kgang ga e na tshimologo e e itlhalosang, bogare le bokhutlo. Dikarolo tse dingwe tsa kgang di a tlhaela mme le tatelano e tlhakatlhakane. (1)	Kgang e na le tshimologo, bogare le bokhutlo, fela tatelano ya kgang e tlhakatlhakane. (2)	Kgang e na le tshimologo, bogare le bokhutlo. Bontsi jwa tatelano ya kgang bo nepagetse. (3)	Kgang e na le tshimologo, bogare le bokhutlo jo bo itlhalosang. Tatelano ya kgang e nepagetse. (4)
PUO E E TLHALOSANG	Morutwana o kgaratlha go dirisa puo e e tlhalosang kwantle ga tshegetso (1)	Morutwana o dirisa bongwe jwa puo e e tlhalosang mme puo e a e tlhophang e kgona go bonelwa kwa pele(2)	Morutwana o dirisa bongwe jwa puo e e tlhalosang mme e kgatlhisae bile a itlhametse yona ka tsela e e siameng(3)	Morutwana o dirisa bongwe jwa puo e e tlhalosang mme e kgatlhisae bile a itlhametse yona ka tsela e e itumedisang (4)
TIRISO YA MATSOGO LE SEFATLHEGO	Morutwana o kgaratlha go dirisa matsogo kgotsa sefatlhego kwantle ga tshegetso (.5)	Morutwana o dirisa matsogo le sefatlhego nako le nako (1)	Morutwana o dirisa matsogo le sefatlhego ka dinako tse di maleba sentle (1.5)	Morutwana o dirisa matsogo le sefatlhego ka dinako tse di maleba mo go itumedisang (2)

4.2: GO REETSA LE GO BUA / GO TLHALOGANYA

MAIKAELELO	Rulaganya le go dira ditlhagiso tsa molomo a dirisa sethusapono
TIRISO	<ul style="list-style-type: none"> • Dira tirwana e pele mo mosong jaaka ‘dikgang tse di kgethegileng’ • Bitsa barutwana ba 1-2ka letsatsi go dira ditlhagiso tsa bona • Gopotsa barutwana letsatsi pele ga ditlhagiso tsa bona.
TIRWANA	<ul style="list-style-type: none"> • Tlhalosetsa barutwana tirwana jaana: <ul style="list-style-type: none"> a Ba tshwanetse go abelana ka kgang ya maitemogelo a bona. b Ba tshwanetse go tla ka sethusapono go ba thusa go dira ditshwantsho tsa kgang kgotsa maitemogelo a bona. c Ba tshwanetse go abelana kgang kgotsa maitemogelo a bona ka tatelano e e nepagetseng d Kgang ya bona e nne le tshimologo, bogare le bokhutlo e Ba seka ba boeletsa se ba se buileng f Ba dirise puo e e tlhalosang go dira kgang kgotsa maitemogelo a bona gore a khatlhise g Ba bontshe sethusapono sa bona le go se tlhalosa • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
POPEGO	Kgang ga e na tshimologo, bogare le bokhutlo jo bo utlwagalang. Go tlhaela dikarolo dingwe tsa kgang le tatelano ya dintlha e tlhakatlhakane. (1)	Kgang e na le tshimologo, bogare le bokhutlo fela tatelano ya dintlha tsa kgang e tlhakatlhakane (2)	Kgang e na le tshimologo, bogare le bokhutlo. Bontsi jwa tatelano ya dintlha bo nepagetse. (3)	Kgang e na le tshimologo, bogare le bokhutlo jo bo utlwagalang. Tatelano ya dintlha tsa kgang e nepagetse. (4-5)
THELELO LE PUO E E TLHALOSANG	Morutwana o ikhutsa kgafetsa e bile o a okaoka le go boeletsa mafoko kgotsa dipolelwana. Morutwana o kgaratlha go dirisa puo nngwe le nngwe e e tlhalosang kwantle ga tshegetso. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, o a okaoka le go boeletsa mafoko kgotsa dipolelwana (2). Morutwana o dirisa bongwe jwa puo e e tlhalosang fela puo e a e tlhophileng e kgon a go bonelwa kwa pele. (2)	Morutwana o bua ka thelelo, o ikhutsa kgotsa go okaoka gangwe kgotsa gabedi. Morutwana o dirisa puo e e tlhalosang e a itshimoletseng yona mme e na le bokao jo bo kgatlhisa. (3)	Morutwana o bua ka thelelo le go itshepa. Morutwana o dirisa puo e e tlhalosang e a itshimoletseng yona mme e na le bokao jo bo kgatlhisa. (4-5)
SETHUSAPONO	Morutwana ga a tla le sethusapono kgotsa sethusapono ga se amane le kgang. (1)	Morutwana o tlile le sethusapono mme ga se amane thata le kgang. (2)	Morutwana o tlile ka sethusapono se se maleba go se dirisa. (3)	Morutwana o tlile ka sethusapono se se maleba e bile se kgatlhisa go ka dirisiwa. (4)

4.3: MEDUMOPUO

MAIKAELELO	<ul style="list-style-type: none"> O dirisa kitso ya medumopuo go peleta mafoko ka nepagalo le go feleletsa piletso. Lemoga le go dirisa makaelagongwe le malatodi
TIRISO	<ul style="list-style-type: none"> Dira se ka beke 6 kgotsa 7, ka nako ya thuto ya Mokwalo ka Mosupologo.
TIRWANA	<ul style="list-style-type: none"> Bolelela barutwana go bula letlhare le le phepa mme ba kwale sethogo: Mopeleto le Piletso Morago bontsha barutwana go mena letlhare mo dibukeng tsa bona ka halofo mme ba kwale dinomoro go simolola ka 1–10 mo mothalong o o ka fa molemeng, mme 11–20 mo bogareng ba lethhare. Tlhalosetsa barutwana gore o tlie go bitsa nomoro, e latelwe ke modumo kgotsa lefoko. Ba tshwanetse go kwala modumo kgotsa lefoko fa thoko ga nomoro e e nepagetseng. Fa barutwana ba sa itse go kwala modumo kgotsa lefoko, ba tshwanetse go thala mothalo o monnye fa thoko ga nomoro Katisa barutwana go nna ka tidimalo ka nako ya diteko mme ba sekba lebelela tiro ya ba bangwe. Rulaganya lenaane la mafoko a le 16 go a bitsa. Netefatsa gore o akaretsa mafoko a a latelang: thuul!, maaka, mooki, tiile. Go tsweng foo, bolelela barutwana gore o ya go bitsa mafoko a 2, mme o batla gore ba kwale MAKELAGONGWE a mafoko a sekai.: mafoko a bokao jo bo tshwanang. Bitsa madiri kgotsa matlhalosi a a bonolo jaaka: taboga, jaaka (itumedisa, rata) Se se latelang,bolelela barutwana gore o ya go bitsa mafoko a 2, mme o batla gore ba kwale MALATODI a mafoko a, sekao.: mafoko a a nang le bokao jo bo farologaneng. Bitsa matlhalosi a a bonolo kgotsa maina jaaka: itumela (hutsafetse, tsididi (bothitho, mogote), jalojalo. Go tsweng foo, rulaganya dipolelo tse 2 mafoko a 5 polelo nngwe le nngwe tsa piletso. Tsenya leinatota mo polelong nngwe le nngwe. Go tsweng foo, ba biletse dipolelo tse pedi tsa piletso, o dirisa medumo le mafoko a barutwana ba a rutilweng. Kwa bofelong ba teko, phutha dibuka tsa barutwana mme o tshwaye teko. Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
MOPELETO	Morutwana o dirile diphoso tse di fetang 5. (1)	Morutwana o dirile diphoso tse 4-5. (2)	Morutwana o dirile diphoso tse 2-3. (3)	Morutwana o dirile diphoso e 1kgotsa 0. (4-5)
MAKELAGONGWE LE MALATODI	Morutwana o nepile sekai se le 1.(1)	Morutwana o nepile dikai tse 2.(2)	Morutwana o nepile dikai tse 3.(3)	Morutwana o nepile dikai tse 4.(4)
PILETSO	Morutwana o dirile diphoso tse di fetang 5 tsa mopeleto kgotsa matshwao a puo. (1)	Morutwana o dirile diphoso tse 4- 5 tsa mopeleto kgotsa matshwao a puo (2)	Morutwana o dirile diphoso tse 2-3 tsa mopeleto kgotsa matshwao a puo (3)	Morutwana o dirile diphoso tse di sa feteng 1 tsa mopeleto le matshwao a puo. (4-5)

4.4: PUISO

MAIKAELELO	<ul style="list-style-type: none">• O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa.• O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgono tsa go dumisa mafoko.• O a itekola fa a buisa
TIRISO	<ul style="list-style-type: none">• Se se ka diriwa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 8• Dira se ka nako ya puisokaelo ka ditlhophpha
TIRWANA	<ul style="list-style-type: none">• Ka nako ya puisokaelo ka ditlhophpha, bitsa morutwana mongwe le mongwe wa setlhophpha go tla go go buisetsa ka nosi.• Kopa morutwana go buisetsa kwa godimo go tswa mo setlhaweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhaweng se akaretsa mafoko a a dumisegang.• Botsa barutwana gore ke eng se se neng se le bonolo le se se neng se le marara. Ba botse gore ba ikutlwile jang ka puiso ya bona.• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
THELELO	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswelela. (2)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwethlo ka mafoko a a rileng kgotsa popego ya polelo. (3)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (4-5)
DIKGONO TSA GO DUMISA MAFOKO	Morutwana o tlhoka tshegetso e ntsi ya medumopuo mo go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. Morutwana o itse mafoko a le mmalwa a pono le a a tlhagelelang kgapetsa. (1)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana. Morutwana o itse mangwe a mafoko a pono le a a tlhagelelang kgapetsa. (2)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinako dingwe go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a le mantsi (3)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a a rutilweng otlhe (4-5)
TEKOLO YA DIKGONO TSA GO DUMISA MAFOKO	Morutwana o na le temogo e nnye ka dikgonotsa go buisa le tswelopele ya gagwe. Morutwana ga a ise a simolole go lekola dikgono tsa gagwe tsa go dumisa maf*o+ko. (1)	Morutwana o na le temogo ya dikgono dingwe tsa gagwe tsa go buisa le tswelopele. Morutwana o simolola go lekola dikgono tsa go dumisa mafoko tsa gagwe e bile o kgona go abelana ka ntlha kgotsa di le pedi ka tswelopele kgotsa dikgwethlo tsa gagwe. (2)	Morutwana o na le temogo e e siameng ya dikgono tsa gagwe tsa go buisa le tswelopele. Morutwana o lekola dikgono tsa go buisa tsa gagwe e bile o abelana ka dintlha tse di maleba ka tswelopele kgotsa dikgwethlo tsa gagwe. (3)	Morutwana o na le temogo e e siameng thata ya dikgono tsa gagwe tsa go buisa le tswelopele. Morutwana o lekola dikgono tsa go buisa le go tlhalogany tsa gagwe e bile o kgona go abelana ka dintlha tse di maleba ka tswelopele kgotsa dikgwethlo tsa gagwe. (4)

4.5: GO TLHALOGANYA

MAIKAELELO	<p>Reetsa le go dira ka setlhangwa le go:</p> <ul style="list-style-type: none"> • Buisana ka kgangkgolo, baanelwabagolo le ditiragalo tsa kgang • Buisana ka maitseo a a leng mo setlhangweng
TIRISO	<ul style="list-style-type: none"> • Se, se ka dirwa nako nngwe le nngwe go simolola ka beke ya 6 go ya go ya 8 • Dira se ka Labotlhano ka nako ya Tirwana ya Molomo: Puisano ya Puisokopanelo kgotsa ka Labotlhano ka nako ya puisokopanelo: Tirwana ya morago ga puiso
TIRWANA	<p>1 Dirisa kgang ya puisokopanelo ya beke e e fetileng 2 Ritibatsa barutwana gore ba fetse tiro e 3 Go tsweng foo, biletsha barutwana ka bongwe kwa tafoleng ya gago go dira tlhatlhobo. 4 Kopa barutwana go araba 1 – 2 ya nngwe le nngwe ya mefuta ya dipotso ka ga setlhangwa:</p> <p>Kakanyokgolo le baanelwa</p> <p>1 Kgang e ne e le ka ga eng? 2 Kakanyokgolo ya kgang ke eng? 3 Baanelwabagolo ke bomang? 4 Tlhalosa moanelwa yo.</p> <p>Ditiragalo</p> <p>1 Go diragetse eng kwa tshimologong ya kgang? 2 Go diragetse eng kwa bokhutlong jwa kgang? 3 A o ratile kgang e? Goreng o e ratile kgotsa o sa e rata? 4 A o akanya gore kgang e fedile sentle? Goreng o rialo?</p> <p>Maitseo</p> <p>1 O akanya gore goreng kgang e, e kwadilwe – re tshwanetse go ithuta eng go tswa mo go yona? 2 O ithutile eng go tswa mo kgannyeng e? 3 A o akanya gore ____ go ne go siame fa a...? Goreng o rialo? 4 O ka bo o dirile eng? Goreng? • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase</p>

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
DIKAKANYOKGOLO LE BAANELWA	Morutwana o kgaratlha go lemoga kakanyokgolo kgotsa go tlhalosa baanelwabagolo (1)	Morutwana o lemoga kakanyokgolo le moanelwa ka nepagalo kgotsa o tlhalosa baanelwabagolo ka nepagalo (2)	Morutwana o gopola dintlha tsotlhe tsa kgang fa a botsolotswa. (3)	Morutwana o lemoga dintlha tsotlhe tsa kgang ka bonako, ka thelelo le ka nepagalo. (4-5)
DITIRAGALO	Morutwana ga a kgone go gopola ditiragalo tsa kgang fa a sa botsolotswe. Morutwana ga a kgone go bona se se diragalang mo kgannyeng (1)	Morutwana o gopola ditiragalo tsa kgang fela o tlhakatlhakanya tatelano ya ditiragalo. Morutwana o abelana ka kakanyo ya ditiragalo fela ga a buelele kakanyo ya gagwe ka botlalo. (2)	Morutwana o gopola ditiragalo tsa kgang ka tatelano e e nepagetseng. Morutwana o abelana ka kakanyo ya ditiragalo fela ga a buelele kakanyo ya gagwe ka botlalo. (3)	Morutwana o gopola ditiragalo tsa kgang ka tatelano e e nepagetseng. Morutwana o abelana ka kakanyo ya ditiragalo e bile o buelela kakanyo ya gagwe ka botlalo. (4-5)
MAITSEO	Morutwana o kgaratlhela go bona maitseo a a leng mo kgannyeng le fa a newa tshegetso (1)	Morutwana o kgora go bona maitseo a a leng mo kgannyeng fela o tlhoka tshegetso. (2)	Morutwana o kgora go bona maitseo a a leng mo kgannyeng kwantle ga tshegetso fela ga a buelele karabo ya gagwe ka botlalo. (3)	Morutwana o kgora go bona maitseo a a leng mo kgannyeng kwantle ga tshegetso e bile o buelela karabo ya gagwe ka botlalo. (4).

4.6: MOKWALO

MAIKAELELO	<ul style="list-style-type: none"> Kopolola le go kwala ka mokwalo o o tshwaraganeng a ela tlhoko go bopa ditlhaka le go tlogela diphatlha magareng ka nepagalo.
TIRISO	<ul style="list-style-type: none"> Dira se o dirisa thuto ya mokwalo ya dibeke 5 - 6 kgotsa dibeke 7 - 8
TIRWANA	<ul style="list-style-type: none"> Dira dithuto tsa mokwalo jaaka metlha. Fa barutwana ba kopolola go tswa mo patitšhokong, tsamayatsamaya mme o ba ele tlhoko. Phutha dibuka tsa barutwana kwa bofelong ba thuto. Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
MOKWALO	Morutwana o kgaratlha go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane ebile popo ya ditlhaka ga e a nepagala. Ga a bule diphatlha magareng ga mafoko ka dinako tsotlhe (1-2)	Morutwana o kgaratlha ka dinako dingwe go kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Ka dinako dingwe bogolo ba ditlhaka tsa mokwalo wa gagwe ga bo lekane le popo ya ditlhaka ga e a nepagala ka dinako dingwe. Ga a bule diphatlha magareng ga mafoko ka dinako dingwe. (3-4)	Morutwana go le gantsi o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ditlhaka tsa gagwe di a tshwana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (5-6)	Morutwana o kwala ka mokwalo o o tshwaraganeng ka bophepa le ka nepagalo. Bogolo le popo ya ditlhaka tsa gagwe di a tshwana e bile di nepagetse. O tlogela diphatlha mo magareng ga mafoko ka dinako tsotlhe. (7)

4.7: GO KWALA

MAIKAELELO	<ul style="list-style-type: none"> • O dirisa togamaano ya pele ga kwalo go dira paakanyo ya go kwala. • Kwala ka maitemogelo a gagwe. • Dirisa matshwao a puo, makopanyi e bile o bopa dipolelo ka nepagalo.
TIRISO	<ul style="list-style-type: none"> • Dira se o dirisa thuto ya go kwala ya dibeke 3-4, dibeke 5-6, kgotsa dibeke 7-8.
TIRWANA	<ul style="list-style-type: none"> • Dira thuto ya go kwala jaaka metlha. • Phutha dibuka tsa barutwana kwa bofelong ba tsheko ya go kwala. • Tlhatlhoba mokwalo le go kwala ga morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
THULAGANYO	Ga go na bosupi jwa tiriso ya togamaano ya go rulaganya (1)	Go na le bosupi jo bonnye jwa tiriso ya togamaano ya go rulaganya fela thulaganyo ga e a felela. (2)	Go na le bosupi jwa tiriso ya togamaano ya go rulaganya e bile thulaganyo e feletse. (3)	Go na le bosupi jwa tiriso ya togamaano ya go rulaganya, thulaganyo e feletse e bile e na le dintlha ka bottlalo. (4)
GO LATELA SETLHOGO	Morutwana o kgarathla go kwala ka maitemogelo a gagwe. Kakanyo e bothata go e tlhaloganya kgotsa ga a itlhamele yona – o kopisitse sekai sa morutabana. (1)	Morutwana a ka kwala ka maitemogelo a gagwe. Kakanyo ya gagwe e a tlhaloganyesega e bile o itlhamele yona mme e batlile e tshwana le sekai. (2)	Morutwana o kwala ka maitemogelo a gagwe. Kakanyo ke ya gagwe e bile o itlhamele yona. (3)	Morutwana o kwala ka maitemogelo a gagwe. Kakanyo ke ya gagwe e bile o itlhamele yona, e tshwana e le nosi e bile ke ya nnete (4)
POPEGO YA POLELO LE TIRISO YA MAKOPANYI	Morutwana o kgarathla go kwala polelo e e bonolo ka nepagalo e bile ga go na polelopate (1)	Morutwana o kwala polelo e e bonolo ka nepagalo fela ga go na tiriso ya polelopate. (2)	Morutwana o kwala polelo e e bonolo ka nepagalo e bile o bopa polelopate e le 1 ka nepagalo (3)	Morutwana o kwala polelo e e bonolo ka nepagalo e bile o bopa dipolelopate tse 2 ka nepagalo. (4)
MATSHWAO A PUO	Morutwana o kgarathla go dirisa ditlhakakgolo le dikhutlo ka dinako tsotlhе le ka nepagalo. (.5)	Morutwana o dirisa ditlhakakgolo le dikhutlo ka nepagalo mme o na le bothata ka matshwao a mangwe a puo. (1)	Morutwana o dirisa matshwao otlhе a puo a a rutilweng ka bottlalo fela o dira diphoso ka dinako dingwe. (1.5)	Morutwana o dirisa matshwao otlhе a puo a a rutilweng ka bottlalo e bile o dira diphoso ka sewelo. (2)